



UNC
CANCER CARE

Cancer Resources
supporting
Cancer Patients and their Caregivers

Patient Support Resources
During and After Treatment

Cancer Resources

General Cancer Information

American Cancer Society (ACS)

1-800- 227-2345

<http://www.cancer.org>

American Joint Committee on Cancer

TNM Staging: The Common Language of Cancer

<http://www.cancerstaging.org>

CancerCare

<http://www.cancercare.org>

Cancer Care Connection

1-866-266-7008

<http://www.cancercareconnection.org>

Cancer.net

Financial assistance, counseling, support groups, education

www.cancer.net

Cancer Support Community...so that no faces cancer alone

1-888-793-9355

www.cancersupportcommunity.org

Centers for Disease Control and Prevention (CDC)

1-800-232-4636

<http://www.cdc.gov>

My Cancer Advisor

<http://www.mycanceradvisor.com>

National Brain Tumor Society

1-800-770-8287

<http://www.braintumor.org>

National Cancer Institute

<http://www.cancer.gov/cancertopics/types/commoncancers>

North Carolina Comprehensive Cancer Program

919-707-5300

North Carolina Health Info – Cancer

http://nchealinfo.org/health_topics/diseases_conditions/cancer/Cancer.cfm

Cancer Disease Specific Information

Breast Cancer

Avon Foundation for Women

<http://www.avonfoundation.org/resources/>

Breast Cancer Resource

<http://www.breastcancer.org>

National Breast Cancer Foundation

<http://www.nationalbreastcancer.org>

North Carolina Breast and Cervical Cancer Program

919-707-5300

<http://bcccp.ncdhhs.gov>

Pretty in Pink Foundation

<http://www.prettyinpinkfoundation.org>

Sisters Network

<http://www.sistersnetworkinc.org>

SNI Young Sisters Network (Support for women under 45 years old)

<http://www.sniyoungsisters.org>

Susan G. Komen for the Cure®

1-877-465-6636

<http://ww5.komen.org>

Metastatic Breast Cancer

Metastatic Breast Cancer Network

<http://mbcn.org/>

Advanced Breast Cancer

www.bcmets.org

Brain Mets Breast Cancer

www.brainmetsbc.org

Living Beyond Breast Cancer

<http://www.lbbc.org/node/1578>

Susan G. Komen

Susan G. Komen has added a section to their website on Metastatic Breast Cancer. Click on understanding breast cancer>metastatic breast cancer.

<http://ww5.komen.org>

Gastrointestinal Cancer

Agency for Healthcare Research and Quality (AHRQ)
Toolkit for Physicians System Approach of Colorectal Cancer Intervention
<http://www.ahrq.gov/research/crctoolkit/crctoolkit.pdf>

American Cancer Society
Colorectal Cancer Toolkit
<http://www.anthc.org/chs/epicenter/upload/colcanc10.pdf>

American Cancer Society
How to Increase Colorectal Cancer Screening Rates in Practice: A Primary Care Clinician's Evidence-based Toolbox and Guide
<http://www.cancer.org/acs/groups/content/documents/document/acspc-024588.pdf>

Colon Cancer Alliance
1-877-422-2030
<http://www.ccalliance.org>

Colon Cancer Alliance Blue Note Fund
1-877-422-2030
<http://www.ccalliance.org/bluenotefund/index.html>

Colonoscopy Assist
847-986-8999
www.cheapcolonoscopy.com

Fight Colorectal Cancer
<http://www.fightcolorectalcancer.org>

Pancreatic Cancer Action Network
1-877-272-6226
<http://www.pancan.org>

Stop Colon Cancer Now – free screening colonoscopies
<http://stopcoloncancer.com>

United Ostomy Associations of America (UOAA)
1-800-826-0826
<http://www.ostomy.org>

United States Public Health Service Screening Recommendations
Options for Increasing Colorectal Cancer Screening Rates in North Carolina Community Health Centers
<http://ncchca.affiniscape.com/associations/11930/files/Colorectal%20Cancer%20Screening%20Toolkit%20for%20Community%20Health%20Centers.pdf>

Genitourinary Cancer

American Urological Association Foundation (AUAF)
(The Official Foundation of the American Urological Association)

1-800-828-7866
<http://www.urologyhealth.org>

Bladder Cancer Advocacy Network
1-888-901-2226
<http://www.bcan.org>

Kidney Cancer Association and National Kidney Foundation
<http://www.kidneycancer.org>

North Carolina Region Kidney Foundation
<http://www.kidneync.org>

Prostate Cancer Coalition of North Carolina
919- 321-0365
<http://www.pccnc.org>

Prostate Cancer Foundation
<http://www.prostatecancerfoundation.org>

Prostate Cancer Hotline
1-800-808-7866

United Ostomy Associations of America (UOAA)
1-800-826-0826
<http://www.ostomy.org>

Us TOO International *Prostate Cancer Education and Support Network*
1-800-808-7866
<http://www.ustoo.org>

Gynecologic Cancer

Cervical Cancer-Free NC
<http://www.ccfnc.org>

Foundation for Women's Cancer
(formerly Gynecologic Cancer Foundation)
<http://www.foundationforwomenscancer.org>

North Carolina Breast and Cervical Cancer Program
919-707-5300
<http://bcccp.ncdhhs.gov>

Head and Neck Cancer

Head and Neck Cancer Alliance
(formerly Yul Brynner Head and Neck Cancer Foundation)
<http://www.headandneck.org>

International Association of Laryngectomees (IAL)
1-866-425-3678
<http://www.theial.com>

S P O H N C – Support for People with Oral and Head and Neck Cancer

1-800-377-0928
<http://www.spohnc.org>

Hematologic Cancer

International Myeloma Foundation
Hotline: 1-800-452-2873
<http://myeloma.org/Main.action>

Leukemia and Lymphoma Society (LLS)
1-800-955-4572
<http://www.lls.org>

Thoracic Cancer

Dusty Joy Foundation
<http://www.dustyjoy.org>

Free to Breathe
<http://www.freetobreathe.org>

Hope Lung Cancer 5k
<http://www.hopelungcancer5k.org>

Lung Cancer Alliance
<http://www.lungcanceralliance.org>

Lung Cancer Initiative of North Carolina
www.lungcancerinitiativenc.org
919-784-0410

Resources for Tobacco Cessation –

NC Quit Line; open 24 hours a day, 7 days a week
1-800-QUIT-NOW (1-800-784-8669)
<http://www.quitlinenc.com>

American Cancer Society Smoking Cessation Program
1-800-227-2345

American Lung Association
1-866-784-8937
<http://www.lung.org>

American Lung Association Freedom from Smoking Online Program
<http://www.ffsonline.org>

Ex – Plan (re-learn life without cigarettes)
Free quit smoking program
<http://www.becomeanex.org>

Caregiver Support

American Association for Marriage and Family Therapy

www.aamft.org

Referrals provided to local marriage and family therapists. The site also contains educational materials on helping couples live with illness, as well as other issues related to families and health.

www.therapistlocator.net

Cancer Hope Network

1-877-467-3638

www.cancerhopenetwork.org

Volunteers provide free and confidential one-on-one telephone support for people with cancer and family members.

Cancer Care

1-800-813-4673

www.cancercare.org

Free professional support, such as phone counseling, online support groups and educational materials, for people with cancer, their loved ones and caregivers.

Cancer Care for Kids

www.cancercareforkids.org

A program for kids with a parent, sibling, or other family member who has cancer. It offers practical support, education and counseling for parents and children.

Cornucopia Cancer Support Center

<http://www.cancersupport4u.org/>

Cancer support resources for patients and their caregivers living in the Durham, Chapel Hill and Raleigh vicinity.

Family Caregiver Alliance (FCA)/ National Center on Caregiving

1-800-445-8106

www.caregiver.org

Provides information and resources on long-term caregiving (Spanish available)

Lotsa Helping Hands

www.lotsahelpinghands.org

Volunteer coordination service for friends, family, colleagues and neighbors to help loved ones in need. You can set up a free online program that allows volunteers to sign up to help with meals, rides and other tasks on an easy-to-use, private group calendar.

National Alliance for Caregiving (NAC)

www.caregiving.org

A national coalition of organizations focused on caregiving issues.

Caregiver Action Network

www.caregiveraction.org

The nation's leading family caregiver organization working to improve the quality of life for the more than 90 million Americans who care for loved ones with chronic conditions, disabilities, disease, or the frailties of old age.

National Respite Locator Service

www.respitelocator.org

Helps caregivers and professionals find respite services in their state and local areas.

Well Spouse Association (WSA)

1-800-838-0879

www.wellspouse.org

A national, non-profit membership organization (dues are charged) which provides emotional support to spouses and partners of chronically ill and/or disabled people. They also offer Regional Respite Week-ends for spousal caregivers

Childhood; Adolescents and Young Adults

After effects of Cancer Treatment for Survivors of Childhood and Adolescent Caners

Cure Search

1-800-458-6223

<http://www.curesearch.org>

Fertile Hope

<http://www.fertilehope.org>

Fertility Preservation

<http://www.fertilitypreservation.com>

I'm Too Young for This! Cancer Foundation

<http://www.stupidcancer.org>

Life After Treatment – Cancer in Young Adults & Teens

American Society of Clinical Oncology

Contact Number: (571) 483-1300

www.acso.org

LIVESTRONG: A Podcast Series for Young Adults with Cancer

LIVESTRONG

1-866-673-7205

www.livestrong.org

Planet Cancer

<http://myplantet.planetcancer.org>

Post-Treatment-Breast Cancer in Young Women

Young Survival Coalition

<http://www.youngsurvival.org>

Financial Resources

Assurance Wireless Cell Phone Assistance Program

<http://www.assurancewireless.com>

Blue Note Fund for Colon Cancer

One time \$300.00 grant

<http://www.ccalliance.org/bluenotefund/index.html>

877-422-2030

Call 211. Many communities have a 211 information and referral service funded by the United Way. Call 211 or go to www.211.org for help with food, housing, employment, health care, counseling and more. Available in English and Spanish.

Cancer & Careers

646-929-8031

www.cancerandcareers.org

CancerCare

800-813-4673

www.cancercare.org

Funding is available for transportation, home care and child care. Counseling support is available. State specific resource guide for people living with cancer.

CancerCare Co-Payment Assistance Foundation

866-552-6729

<http://www.cancercarecopay.org>

Cancer Financial Assistance Coalition

www.cancerfac.org

Provides a database of resources available to patients based upon the diagnosis and zip code.

Cancer Legal Resource Center

866-843-2572

212-736-1455

www.disabilityrightslegalcenter.org

Cancer Support Community

www.cancersupportcommunity.org

“Frankly Speaking About Cancer: Coping with the Cost of Care”

A free booklet that discusses how to navigate health insurance; employment, disability, income and debt issues; paying for medication; and includes a comprehensive list of national resources and support organizations for cancer patients.

Catholic Charities

703-549-1390

<http://www.catholiccharitiesusa.org/NetCommunity/>

Cornucopia House

919-401-9333

www.cancersupport4u.org

Counseling, gas cards, meals & more

HealthWell Foundation

800-675-8416

<http://healthwellfoundation.org>

Helene Foundation

<http://helenefoundation.org/>

Financial assistance for mothers, with children living in the home & undergoing ACTIVE cancer treatments and reside in North Carolina

Help Now Fund provides emergency financial assistance including rent and utilities, for patients in active treatment.

www.thebreastcancercharities.org/help-now-fun/

Job Accommodation Network

800-526-7234

<http://askjan.org>

National State Health Insurance Assistance Programs (SHIP) Resource Center

800-253-7154m option 2

<https://shiptalk.org/>

Navigate Cancer Foundation

919-267-3657

<http://www.navigatecancerfoundation.org>

Patient Advocate Foundation

Co-pay relief; access to care, maintenance of employment and preservation of financial stability as it relates to a chronic, life-threatening or debilitating disease.

800-532-5274

www.patientadvocate.org/gethelp

Patient Access Network Foundation provides co-pay, deductible and medication financial assistance.

www.panfoundation.org

Patient Services, Inc

800-366-7741

www.patientservicesinc.org

Salvation Army

www.salvationarmylacrosse.org/la_crosse/assistance

***may provide assistance with utility bills**

Social Security Disability Option

800-772-1213

www.ssa.gov

Stomp the Monster

One time financial assistance for financially eligible patients in active treatment.

Transportation, lodging, utilities and food.

<http://stompthemonster.org/>

Working During and After Treatment

American Cancer Society

800-227-2345

www.cancer.org

Nutrition

Eating Hints for Cancer Patients Before, During & After Treatment
National Cancer Institute
800-422-6237
www.cancer.gov

Nutrition After Cancer Treatment
American Institute for Cancer Research
800-843-8114
www.aicr.org

Nutrition During and After Cancer
American Cancer Society
800-227-2345
www.cancer.org

Nutrition for Wellness
Cancer Support Community
202-659-9709
www.thewellnesscommunity.org

Physical Activity

Get Active-Be Healthy After Treatment
American Cancer Society
800-227-2345
www.cancer.org

LIVESTRONG at the YMCA
LIVESTRONG
866-673-7205
www.livestrong.org
*12 week programs designed for adult cancer survivors.

Physical Activity: Suggestions and Tips
American Society of Clinical Oncology
888-651-3038
www.asco.org

Physical Activity and Weight Management Guidelines for Cancer Survivors
American Institute for Cancer Research
800-843-8114
www.aicr.org

Patient Support

American Cancer Society Look Good Feel Better
<http://www.lookgoodfeelbetter.org>

American Cancer Society
Treatment Decision Tools
http://www.cancer.org/docroot/ETO/eto_1_1a.asp?from=fasat

American College of Physicians
Home Care Guide for Advanced Cancer
http://www.acponline.org/patients_families/end_of_life_issues/cancer

Cancer.Net (American Society for Clinical Oncology)
<http://www.cancer.net/portal/site/patient>

Caring Bridge
<http://www.caringbridge.org>

Imerman Angels
877-274-5529
www.imermanangels.org
*A free service that matches patients with a survivor.

Lotsa Helping Hands create community
<http://www.lotsahelpinghands.com>

Navigate Cancer Foundation
919-267-3657
<http://www.navigatecancerfoundation.org>

National Comprehensive Cancer Network (NCCN)
Guidelines for Patients
<http://www.nccn.com/patient-guidelines.html>

Patient Advocate Foundation
800-532-5274
<http://www.patientadvocate.org>

Patient Resource Cancer Guide
<http://www.patientresource.com>

Sexual Health

LIVESTRONG
<http://www.livestrong.org/>
Female Sexual Health After Cancer
Male Sexual Health After Cancer

Oncolink
<http://www.oncolink.org>
Men's Guide to Sexuality During and After Cancer Treatment
Women's Guide to Sexuality During and After Cancer Treatment

Resources for Combatting Sexual Dysfunction after Cancer

<http://www.ascopost.com/issues/april-15-2013/resources-for-combating-sexual-dysfunction-after-cancer>

Survivorship Information

***Information on late effects of cancer treatment as well as post treatment & survivor resources**

After Treatment Ends: Tools for the Adult Survivor
CancerCare
800-813-4673
www.cancer.org

American Cancer Society
Nutrition and Physical Activity Guidelines for Cancer Survivors
<http://www.cancer.org/acs/groups/cid/documents/webcontent/002577-pdf.pdf>

Cancer.Net
Cancer.net brings the expertise and resources of ASCO to people living with cancer and those who care for and about them to help patients and families make informed health care decisions.
www.cancer.net

Cancer Support Community
<http://www.cancersupportcommunity.org>

Cancer Survivor Toolbox
<http://www.canceradvocacy.org/toolbox>

Emotional Health & Well Being
Cancer Support Community
202-659-9709
www.thewellnesscommunity.org

LIVESTRONG
855-220-7777
www.livestrong.org

Livestrong at the YMCA: Healing the Whole Person
This is a 12 week physical activity and well-being program designed to help adult cancer survivors achieve their holistic health goals. Contact your local YMCA to learn more about this program and if it's available in your area.
www.ymca.net

Facing Forward: Life After Cancer Treatment
National Cancer Institute
1-800-422-6237
www.cancer.gov

Follow-up Care After Treatment
National Cancer Institute

800-422-6237
www.cancer.gov

Journey Forward
Survivorship Care Planning Tools
1-707-636-5900
www.journeyforward.org

National Coalition for Cancer Survivorship
<http://www.canceradvocacy.org>

National Coalition for Cancer Survivorship
Pocket Cancer Care Guide App
<http://www.canceradvocacy.org/resources/pocket-care-guide>

Transportation Help

American Cancer Society, Road to Recover Program
<http://www.cancer.org/treatment/supportprogramsservices/road-to-recovery>

Air Charity Network
1-877-621-7177
www.aircharitynetwork.org

Volunteer pilots provide free air transportation to specialized health care facilities for people in need or who are otherwise unable to travel on public transportation.

CancerCare
www.cancercare.org
Funding is available for transportation, home care and child care. Counseling support is available. State specific resource guide for people living with cancer.

Corporate Angel Network
1-866-328-1313
info@corpangelnetwork.org
Free flights on corporate jets for all cancer patients, bone marrow donors and bone marrow recipients who are able to walk up and down the steps to a private plane without assistance and do not require oxygen, IV or any other form of life support. Eligibility is not based upon need.

National Patient Travel Center
1-800-296-1217
www.patienttravel.org
Provides information about all forms of charitable, long-distance medical transportation and helps with referrals.

Additional Resources/Notes . . .

For updates contact UNC Cancer Network:
919-962-1582

Disclaimer:

This list is not comprehensive. The information provided was the most current information available at the time of the publication. Some material may change or become dated without notice since the content was gathered from many sources. The sponsors and individuals listed assume no responsibility for time sensitive information. It is the responsibility of the individual user to verify the accuracy of pertinent content.

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