

## Lymphoma Updates From ASH 2018

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### Objectives

- Discuss results of the ASH 2018 Lymphoma abstracts
- Role of brentuximab vedotin in patients with CD30+ Peripheral T Cell Lymphoma
- Recognize that a short course of RCHOP chemotherapy alone may be effective in treatment of young patients with low risk DLBCL.
- Recognize that the optimal treatment for ABC/non-GCB type DLBCL is still R-CHOP, but the addition of ibrutinib to RCHOP may benefit some younger patients
- Recognize the increasing role of check point inhibitors in Hodgkin lymphoma



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### Three interesting RCT

- Echelon 2 Trial
  - Phase III of Brentuximab vedotin + CHP versus Placebo + CHOP in CD30+ PTCL
- Flyer Trial
  - 6 vs. 4 Cycles RCHOP-21 in Young Patients with Low Risk DLBCL
- Ibrutinib + R-CHOP vs. Placebo + R-CHOP in non-GCB DLBCL

### One phase I/II Trial

- Ipilimumab, nivolumab and brentuximab vedotin in rel/ref HL



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Echelon 2 Trial  
Brentuximab Vedotin + CHP in CD30+ PTCL

- Peripheral T-cell lymphoma (PTCL) is a rare heterogeneous group of lymphoid malignancies
- Frontline standard of care is CHOP/CHOP-like regimen with curative intent
  - Poor or inadequate outcomes for PTCL patients<sup>1-3</sup>
  - ALK+ systemic ALCL (sALCL) is exception, with more favorable outcomes dependent upon age and IPI<sup>4</sup>
  - High unmet need for new therapies; high risk for disease relapse or progression
- Across subtypes, approximately 50% of patients express CD30
  - sALCL universally express CD30
  - Variable CD30 expression among other PTCL subtypes<sup>4,5</sup>
- Brentuximab vedotin, antibody-drug conjugate targeting CD30, FDA approved for
  - HL – relapsed/refractory
  - CD30+ CTCL
  - relapsed/refractory sALCL
  - Previously untreated systemic anaplastic large cell lymphoma (sALCL) or other CD30-expressing peripheral T-cell lymphomas (PTCL), including angioimmunoblastic T-cell lymphoma and PTCL not otherwise specified, in combination with cyclophosphamide, doxorubicin, and prednisone

1. Savage KJ, et al., Ann Oncol 15(10): 1467-75; 2004

2. Savage KJ, et al., Blood 111(12):5496-504; 2008

3. Simon A, et al., Br J Haematol 151(2): 159-66;

4. Bossard et al., Blood 124(19):2983-6; 2014

5. Sabatini et al., Haematologica 98(8): e81-82; 2013

Modified Slide courtesy of Steven Horwitz

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ECHELON-2 Study Design (NCT01777152)

Key Eligibility Criteria

- Age ≥18 years
- CD30-expression (≥10% cells)
- Previously-untreated PTCL:
  - Systemic ALCL (sALCL)\* including ALK(+) sALCL with IPI 2-4, ALK(-) sALCL
  - PTCL-NOS, ATLL, ATLL, EATL, HTCL

\*targeting 75% (±5%) ALCL per EU regulatory commitment

Stratification Factors

- IPI score (0-1 vs. 2-3 vs. 4-5)
- Histologic subtype (ALK-positive sALCL vs. all other histologies)

N=226

R (1:1)

N=226

A+CHP

(A) brentuximab vedotin 1.8 mg/kg + (C) cyclophosphamide 750 mg/m<sup>2</sup> + (H) doxorubicin 50 mg/m<sup>2</sup> + (P) prednisone 100 mg (Days 1-5) + placebo vincristine

Q3W for 6 to 8 cycles

CHOP

(C) cyclophosphamide 750 mg/m<sup>2</sup> + (H) doxorubicin 50 mg/m<sup>2</sup> + (O) vincristine 1.4 mg/m<sup>2</sup> + (P) prednisone 100 mg (Days 1-5) + placebo brentuximab vedotin

Q3W for 6 to 8 cycles

EOT

PET

Per investigator discretion:  
GCSF primary prophylaxis, consolidative RT and SCT

ATLL, angioimmunoblastic T-cell lymphoma; ALCL, anaplastic large-cell lymphoma; ALK, anaplastic lymphoma kinase; ATLL, adult T-cell leukemia-lymphoma; EATL, enteropathy-associated T-cell lymphoma; EOT, end of treatment; G-CSF, granulocyte colony-stimulating factor; HTCL, hairy-cell lymphoma; PTCL, peripheral T-cell lymphoma; IPI, international prognostic index.

Blood 2018 132:997.

Slide courtesy of Steven Horwitz

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Baseline Characteristics

	A+CHP (N=226)	CHOP (N=226)
Male, n (%)	133 (59)	151 (67)
Age in years, median (range)	58 (18-85)	58 (18-83)
IPI score, n (%)		
0-1	53 (23)	48 (21)
2-3	140 (62)	144 (64)
4-5	33 (15)	34 (15)
Stage III/IV, n (%)	184 (81)	180 (80)

	A+CHP (N=226)	CHOP (N=226)
Disease diagnosis, n (%)		
sALCL	162 (72)	154 (68)
ALK+	49 (22)	49 (22)
ALK-	113 (50)	105 (46)
PTCL-NOS	29 (13)	43 (19)
ATLL	30 (13)	24 (11)
ATLL	4 (2)	3 (1)
EATL	1 (0)	2 (1)

Blood 2018 132:997.

Slide courtesy of Steven Horwitz

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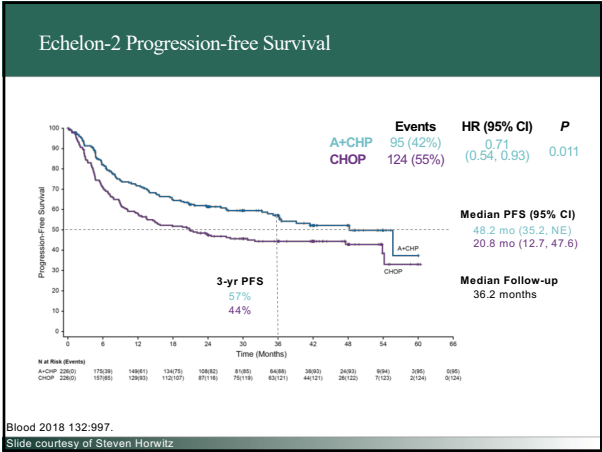
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For Educational Use Only

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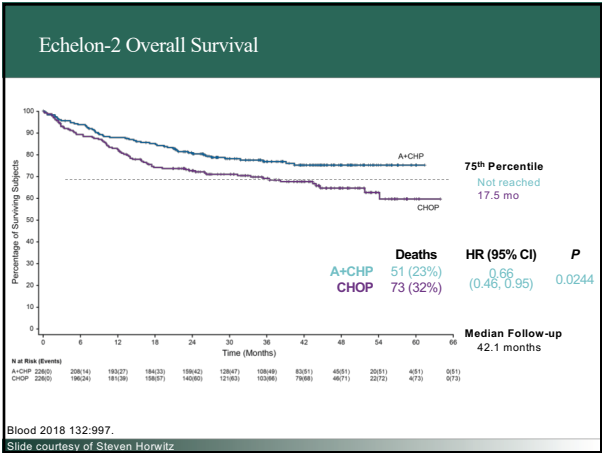
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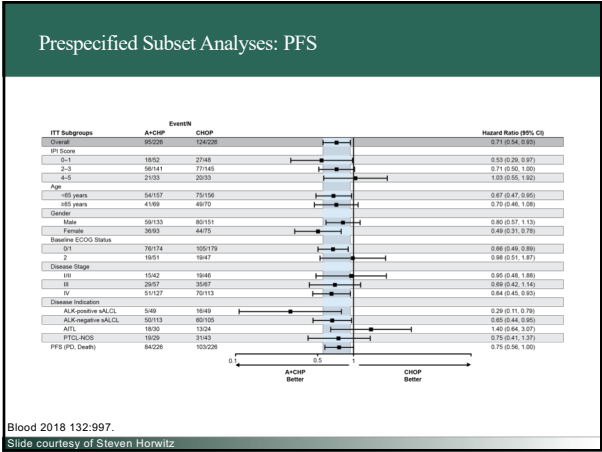
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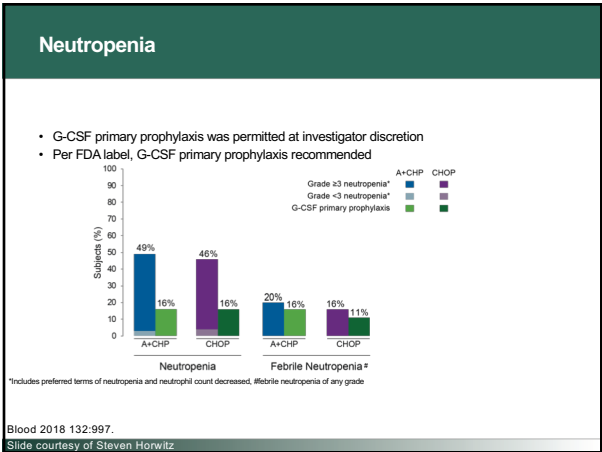
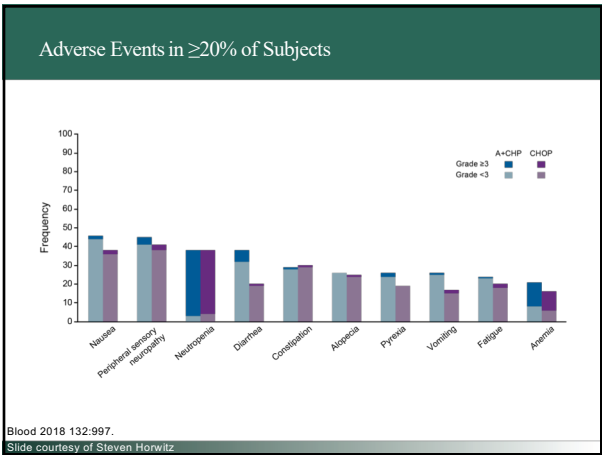
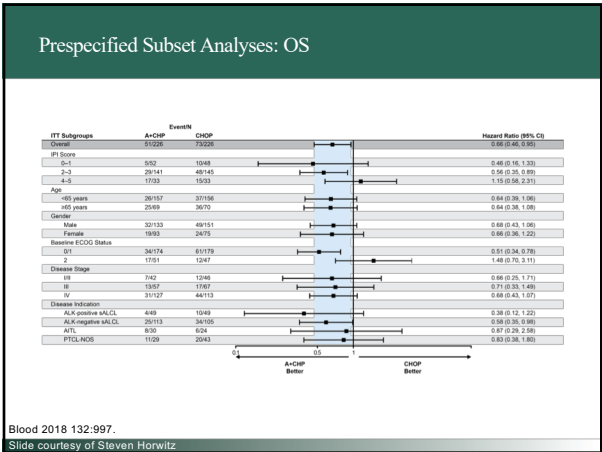
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### Summary and Conclusions

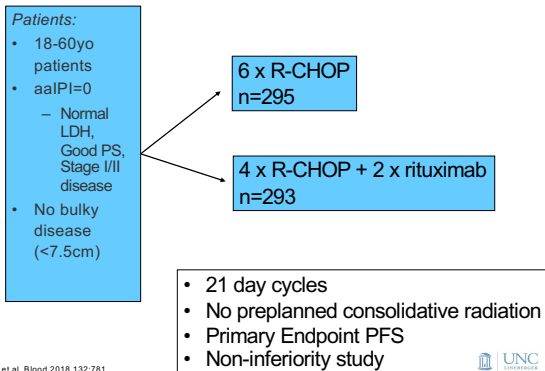
- ECHELON-2 first prospective trial in PTCL to show OS benefit over CHOP
- A+CHP provided clinically meaningful improvement in PFS and OS versus CHOP
  - 29% reduction in the risk of a progression event
    - 3-yr PFS: A+CHP 57% versus CHOP 44%
  - 34% reduction in the risk of death
- A+CHP has a comparable safety profile to CHOP
- FDA approved brentuximab vedotin in combination with CHP for adults with previously-untreated sALCL or other CD30-expressing PTCL, including AITL and PTCL-NOS

Blood 2018 132:997.

Slide courtesy of Steven Horwitz

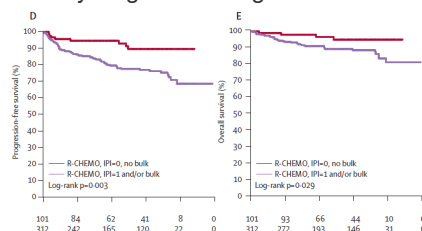
### Flyer Trial

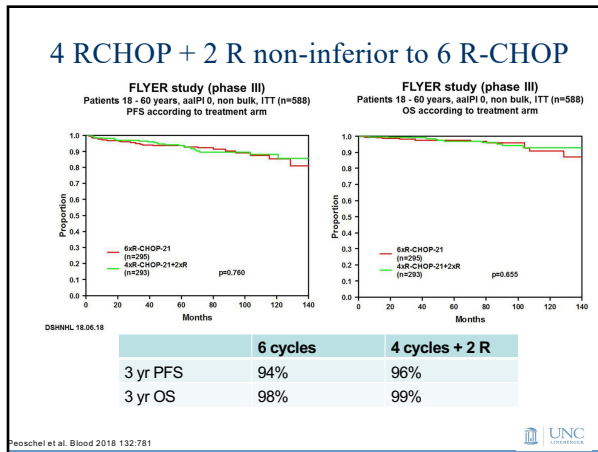
Less Chemotherapy in Young Patients with Low Risk DLBCL



### Flyer Trial Background

- MinT Trial: 6 cycles CHOP +/- rituximab
  - 18-60yo patients
  - Bulky stage I and Stage II-IV






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## Conclusion of Flyer

- In young patients with non-bulky limited stage disease, normal LDH and good performance status:
  - 4 cycles RCHOP + 2 cycles R have excellent long term survival and low chance of relapse
  - It does not address the question of radiation or not
  - Late relapses are occurring in both arms




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## Current NCCN Recommendations for Stage I/II DLBCL

- R-CHOP-14 x 4-6 cycles +/- ISRT
- R-CHOP-21 x 6 cycles +/- ISRT
- R-CHOP x 3 + ISRT
  - This is a category one recommendation




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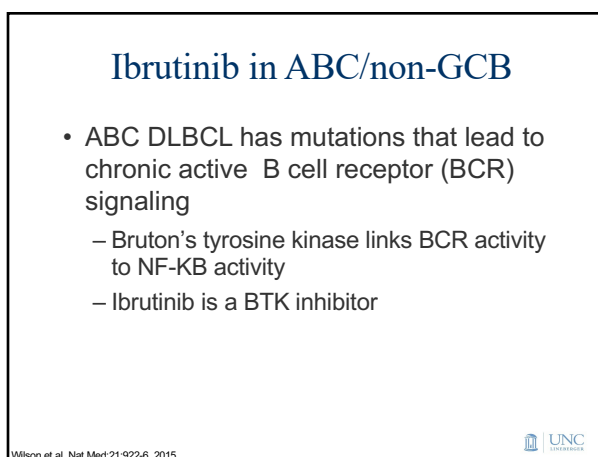
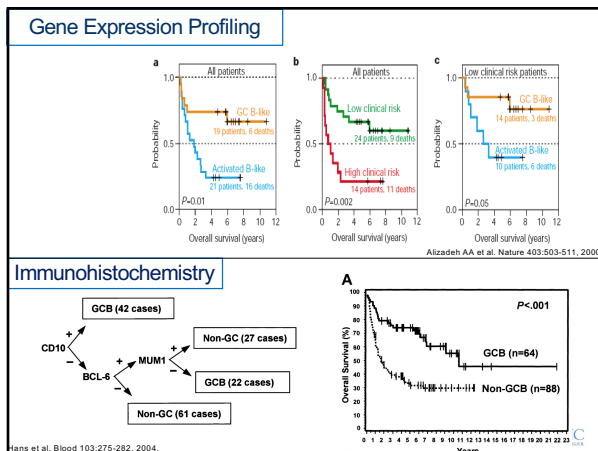
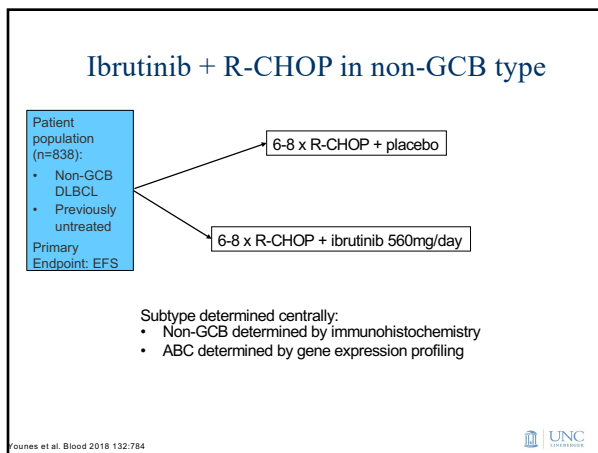
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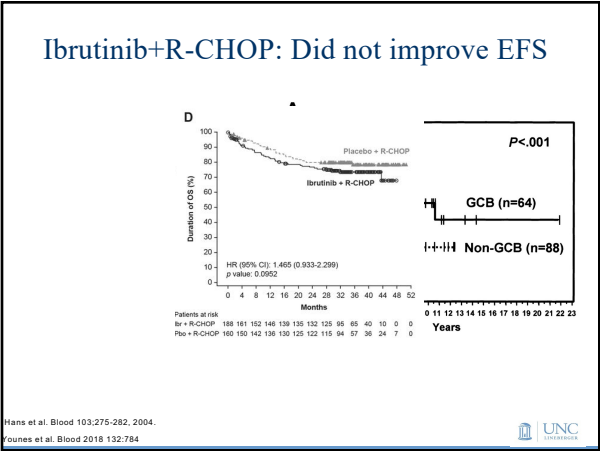
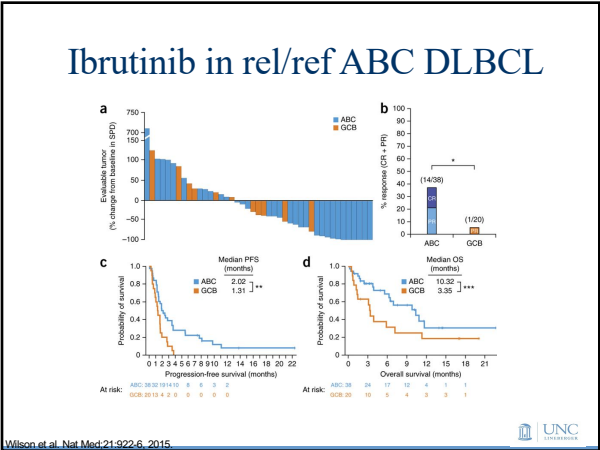
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### Ibrutinib Increases Toxicity

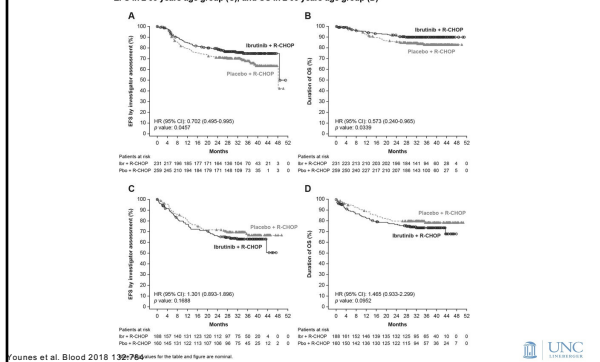
	Ibr-RCHOP	Pbo-RCHOP
Received ≥6 cycles	80.8%	90.7%
• ≥65yo received ≥6 cycles	• 69%	• 90%
• <65yo received ≥6 cycles	• 90%	• 91%
Discontinued due to AEs (mostly febrile neutropenia and pneumonia)	12.2%	5.3%
Grade ≥3 AEs	89.9%	87.1%
Serious AEs	53.1%	34%
• ≥65yo	• 67.4%	• 40.6%
• <65yo	• 41.5%	• 29.8%

Founes et al. Blood 2018 132:784



### Ibrutinib+R-CHOP in Younger Patients

Figure: Kaplan-Meier plot of EFS in < 65 years age group (A), OS in < 65 years age group (B), EFS in ≥ 65 years age group (C), and OS in ≥ 65 years age group (D).



### Conclusions Ibrutinib + R-CHOP

- In patients with non-GCB DLBCL, 1<sup>st</sup> line ibrutinib + R-CHOP did not prolong EFS in the ITT population
  - May improve outcomes in patients <65 with ABC/non-GCB type DLBCL but a prospective trial is needed
  - Even the older pts, on either arm, did much better than historical expectations



### Triple drug therapy for rel/ref HL

- Phase I/2 trial ipilimumab, nivolumab and brentuximab vedotin

Nivo 3mg/kg every 21 days x 32 cycle  
+  
BV (1.2mg/kg or 1.8mg/kg) every 21 days x 16 cycle  
+  
Ipi 1mg/kg every 12 weeks

3+3 design for the two BV dose levels (7 and 6 patients)  
9 patient dose expansion at the 1.8mg/kg dose



Diefenbach et al. Blood 2018;132:679

## Patients

- n=22
- Rel/ref HL
- Median of 2 prior therapies (range, 1-5)
- 9 with prior SCT
- 1 with prior BV

Diefenbach et al. Blood 2018;132:679



## Toxicity

- 3 DLTs:
  - Grade 3 diabetic ketoacidosis
  - Grade 3 AST elevation
  - Grade 4 Steven Johnson syndrome with rash and GVHD in a post Allo-SCT patient
- Significant Grade 3 AEs: rash, colitis, gastritis, pancreatitis, arthritis

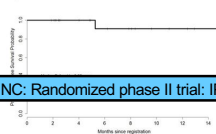
Diefenbach et al. Blood 2018;132:679



## Ipi + Nivo + BV Response

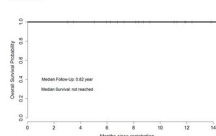
- ORR 82% and CR 68%

Figure 1: PFS



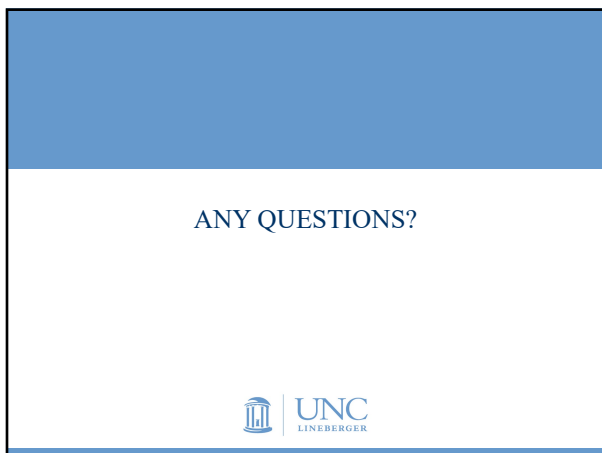
Opening soon at UNC: Randomized phase II trial: IPI/Nivo/BV vs. Nivo/BV

Figure 2: OS



Diefenbach et al. Blood 2018;132:679






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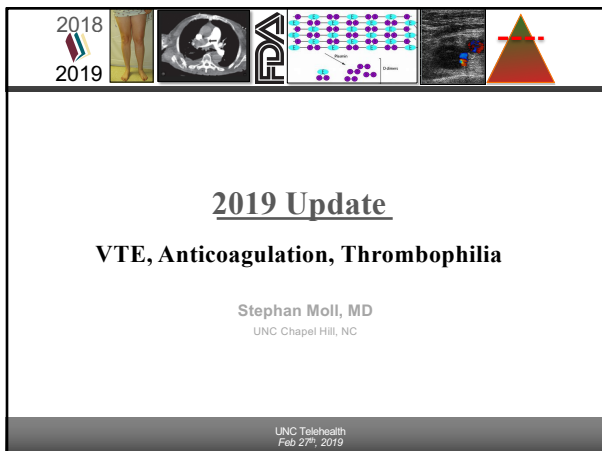
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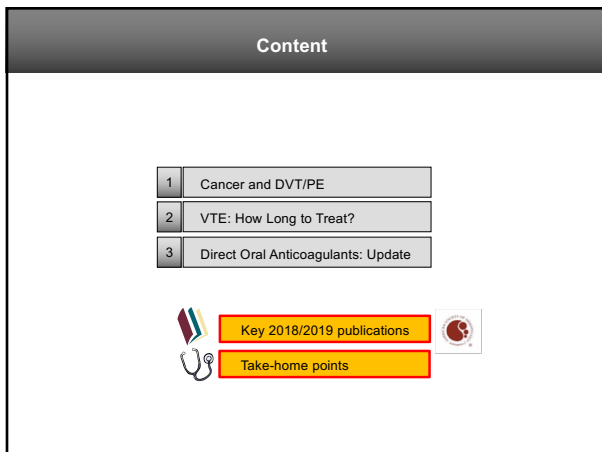
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Cancer and VTE

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Cancer and VTE Treatment

Guidelines

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ASCO 2015:  
• LMHW recommended. DOACs not currently recommended"  
[Lyman GH, et al. J Clin Oncol. 2015;33(8):854-656]

2

ACCP 2016:  
• Suggest LMWH over DOAC or warfarin"  
[Kearon C, et al. Chest. 149(2):315-352]

3

ACF 2016:  
• "Suggest LMWH"  
[Khorana A, et al. J Thromb Thrombolysis. 2016;41(1):81-91]

ACCP, American College of Clinical Pharmacy; ACF, Antithrombotic Forum; ASCO, American Society of Clinical Oncology

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Cancer and VTE

Completed prospective randomized trials

	New Drug	Comparator	n	
HOKUSAI	Edoxaban	Dalteparin	1046	[Rascob GE, et al. N Engl J Med. 2017;378(7):1615-624] 2017
SELECT-D	Rivaroxaban	Dalteparin	406	[Young AM, et al. J Clin Oncol. 2018;36(20):2017-2023] 2018
ADAM	Apixaban	Dalteparin	287	[McBlane RD, et al. Blood. 2018;132: Abstract 421] 2018

Ongoing prospective randomized trials

	New Drug	Comparator	n	
CARAVAGGIO	Apixaban	Dalteparin	1161 (547)	[ClinicalTrials.gov NCT03045408, https://clinicaltrials.gov/ct2/show/NCT03045408. Accessed Feb 7th, 2019] 2019

\* Last updated 2/7/2019

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Edoxaban

Cancer and VTE

Outcome	Edoxaban (N=525)	Dalteparin (N=524)	Hazard Ratio (95% CI)	P Value
<b>Primary outcome</b>				
Recurrent venous thromboembolism or major bleeding — no. (%)	6 (1.1)	7 (1.3)	0.97 (0.70–1.34)	0.006 for noninferiority 0.87 for superiority
<b>Secondary outcomes</b>				
Recurrent venous thromboembolism — no. (%)	4 (0.8)	5 (1.0)	0.71 (0.48–1.06)	0.09
Recurrent deep vein thrombosis — no. (%)	3 (0.6)	5 (1.0)	0.56 (0.12–2.67)	
Recurrent pulmonary embolism — no. (%)	2 (0.4)	2 (0.4)	1.00 (0.59–1.69)	
Major bleeding — no. (%)	7 (1.3)	7 (1.3)	1.77 (1.03–3.04)	0.04
Severity of major bleeding among those with major bleeding — no. (%)				
Category 1	0	0		
Category 2	24 (56.7)	8 (21.1)		
Category 3	12 (36.4)	12 (33.3)		
Category 4	0	1 (2.8)		
Clinically relevant nonmajor bleeding — no. (%)	75 (14.3)	38 (7.1)	1.38 (0.98–1.94)	
Major or clinically relevant nonmajor bleeding — no. (%)	82 (15.6)	45 (8.5)	1.46 (1.03–2.09)	
Death from any cause — no. (%)	206 (39.3)	192 (36.6)	1.12 (0.92–1.37)	
Event-free survival — no. (%)	287 (54.9)	296 (56.5)	0.93 (0.77–1.11)	

[Rascob GE, et al. *N Engl J Med*. 2018;378(7):615-624]

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2018

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Rivaroxaban

Cancer and VTE

SELECT-D trial

Rivaroxaban vs dalteparin

n = 406

Fig 2. Time to venous thromboembolism (VTE) recurrence within 6 months.

Fig 3. Time to major bleed within 6 months.

[Young AM, et al. *J Clin Oncol*. 2018;36(20):2017-2023]

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2018

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Apixaban

Cancer and VTE

ADAM-trial

Apixaban vs dalteparin

n = 287

publication pending

	Apixaban (N=145)	Dalteparin (N=142)	Hazard Ratio (95% CI)	p value
<b>Primary Safety Endpoint</b>				
Major Bleed	0 (0)	2 (1.4)	0.0 (0.0 – )	0.9955
<b>Secondary Safety Endpoint</b>				
Major plus CRNM Bleeding n (%)	6 (2)	6 (3)	0.9 (0.41 – 1.94)	0.8818
Major Bleed	0 (0)	3 (2.1)		
Clinically Relevant Non-Major Bleed	6 (4.2)	3 (4.2)		
<b>Secondary Efficacy Endpoint</b>				
Thromboembolism n (%)	5 (3.4)	20 (14.1)	0.21 (0.09 – 0.47)	0.0182
Pulmonary Embolism	4 (2.8)	4 (2.8)		
Lower Extremity DVT	0 (0)	8 (4.0)		
Upper Extremity DVT	0 (0)	5 (2.5)		
Splanchnic VT	0 (0)	3 (1.5)		
Cerebral VT	1 (0.7)	1 (0.7)		

[McBane RD, et al. *Blood*. 2018;132: Abstract 421]

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DOACs

## Cancer and VTE

Take-home points

- Reasonable to use edoxaban (evidence-based).
- Looks like it's ok to use apixaban or rivaroxaban.

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## VTE Prevention in Ambulatory Patients With Cancer

a

AVERT trial

b

CASSINI trial

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## AVERT Trial - Apixaban

Khorana score: 2 or more

- Type of cancer
  - 2: Pancreas, gastric, brain
  - 1: Lung, lymphoma, gyn, bladder, testicular
  - 0: others
- Hgb < 10 g/dL
- WBC > 11 x 10<sup>9</sup>/L
- Plts > 350 x 10<sup>9</sup>/L
- BMI > 35 kg/m<sup>2</sup>

Table 1. Demographic and Clinical Characteristics of the Patients at Baseline.\*

Characteristic	Apixaban (N = 291)	Placebo (N = 283)
Age — yr	61.2±12.4	61.7±11.3
Male sex — no. (%)	121 (41.6)	119 (42.0)
Weight — kg	80.0±22.3	82.6±21.4
Creatinine clearance >50 mL/min — no. (%)	275 (94.5)	263 (93.6)
Tumor type — no. (%)		
Brain	14 (4.8)	12 (4.3)
Bladder	1 (0.3)	4 (1.4)
Lung	31 (10.7)	28 (9.9)
Testicular	2 (0.7)	1 (0.4)
Stomach	25 (8.6)	19 (6.7)
Pancreatic	17 (12.7)	41 (14.5)
Lymphoma	74 (26.1)	69 (24.4)
Myeloma	7 (2.4)	8 (2.8)
Gynecologic	74 (25.4)	74 (26.1)
Colon	3 (1.0)	8 (2.8)
Prostate	0	1 (0.4)
Other	21 (7.2)	20 (7.1)

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Apixaban in Venous Thromboembolism in Patients with Cancer

AVERT Trial - Apixaban

Outcome	Apixaban (N=288)	Placebo (N=275)	Hazard Ratio (95% CI) <sup>a</sup>	P Value
Venous thromboembolism — no. (%)	<b>NNT: 17</b> 12 (4.2)	25 (9.1)	0.41 (0.26-0.65)	<b>&lt;0.001</b>
Deep-vein thrombosis — no. (%)	7 (2.4)	11 (4.0)		
Pulmonary embolism — no. (%) <sup>‡</sup>	5 (1.7)	16 (5.8)		
Incidental pulmonary embolism — no./total no.	3/5	6/16		
Major bleeding episode				
Any episode — no. (%)	<b>NNH: 59</b> 10 (3.5)	3 (1.1)	2.00 (1.01-3.95)	<b>0.046</b>
Severity of episode — no./total no. (%) <sup>§</sup>				
Category 1	1/10 (10)	0		
Category 2	8/10 (80)	3/3 (60)		
Category 3	1/10 (10)	2/5 (40)		
Category 4	0	0		
Clinically relevant nonmajor bleeding — no. (%) <sup>¶</sup>	21 (7.3)	15 (5.5)	1.28 (0.89-1.84)	
Outcome occurred during the treatment period — no. (%)				
Venous thromboembolism	3 (1.0)	20 (7.3)	0.14 (0.05-0.42)	
Major bleeding episode	6 (2.1)	3 (1.1)	1.89 (0.39-9.24)	
Death from any cause — no. (%)	15 (12.2)	27 (9.8)	1.29 (0.98-1.71)	

[Carrier M, et al. N Engl J Med. 2018 Dec 4;Epub ahead of print]

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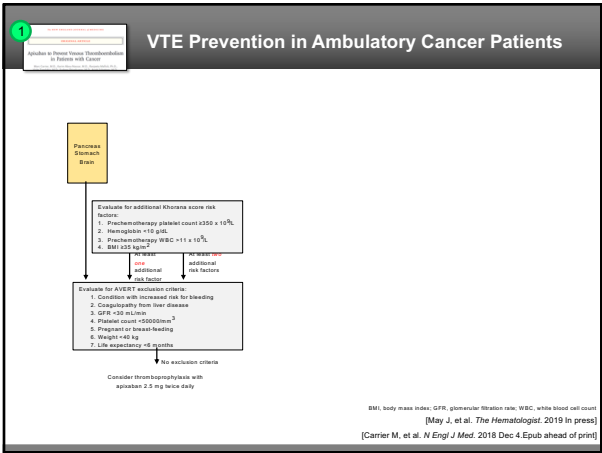
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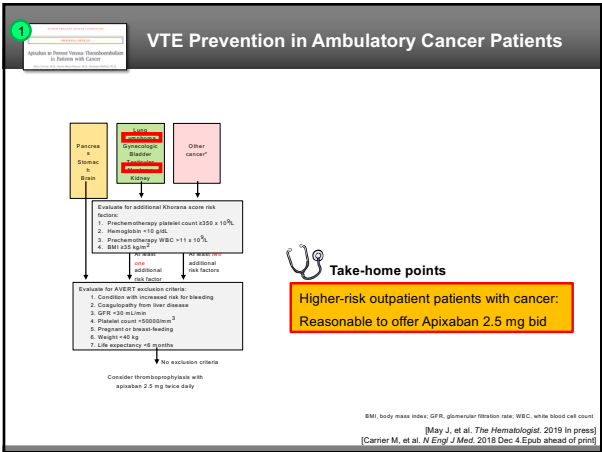
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**2**  **CASSINI Trial - Rivaroxaban**

**Methods**

- Outpatients with cancer
- Khorana score 2 or more
- Placebo vs rivaroxaban 10 mg qd
- Double blind, randomized
- Pre-randomization v

**Endpoints**

- Composite of
  - Symptomatic distal or proximal leg DVT
  - Asymptomatic proximal leg DVT
  - Symptomatic or asymptomatic upper extremity DVT
  - PE
  - VTE-related death
- During 6 months of follow-up (intention to treat)

[Khorana A, et al. Blood. 2018;132: Abstract LBA-1]

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**2**  **CASSINI Trial**

**Secondary Analyses**

- Primary endpoint in the on-treatment group
- Primary endpoint PLUS splanchnic and arterial thrombosis
- Primary endpoint PLUS asymptomatic distal DVT

**Safety Analyses**

- Primary: Major bleeding
- Secondary: Clinically relevant non-major bleeding

[Khorana A, et al. Blood. 2018;132: Abstract LBA-1]

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**2**  **CASSINI Trial**

**Results**

- a) 4.53 % had DVT on baseline screening
- b) Study drug discontinuation was high (47%)
- c) Primary efficacy endpoint: 5.95 % (riva) vs 8.79 (placebo);  $P = .101$
- d) Primary endpoint ON treatment: 2.62 (riva) vs 6.41 (placebo);  $P = .007$
- e) Major bleeding: 1.98 (riva) vs 0.99 (placebo);  $P = .265$
- f) Clinically relevant non-major bleeding: 2.72 (riva) vs 1.98 (placebo);  $P = .532$

**Conclusions**

- Riva did NOT decrease primary endpoint (intention to treat)
- Riva did decrease primary endpoint while on treatment
- High study discontinuation rate
- Riva did not significantly increase major bleeding rate

[Khorana A, et al. Blood. 2018;132: Abstract LBA-1]

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CASSINI Trial

 **Take-home points**

- High rate of leg DVT (5 %) upon screening
- Outpatients with cancer treated with rivaroxaban 10 mg qd: Beneficial (and safe) while being taken
- Wait for full publication

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VTE – How Long to Treat?

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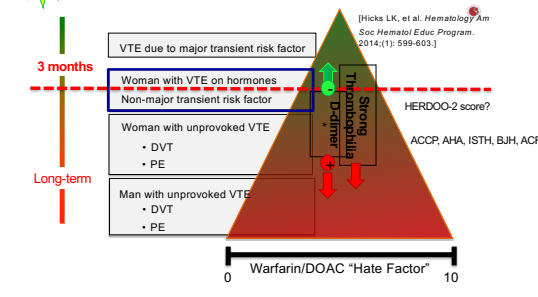
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2019

Duration of Anticoagulation



[Hicks LK, et al. Hematology Am Soc Hematol Educ Program. 2014;(1): 599-603.]

HERDOO-2 score?  
ACCP, AHA, ISTH, BJH, ACF

Warfarin/DOAC "Hate Factor" 0 10

\* [Verhovsek M, et al. Ann Intern Med. 2008;149(7):481-490.]

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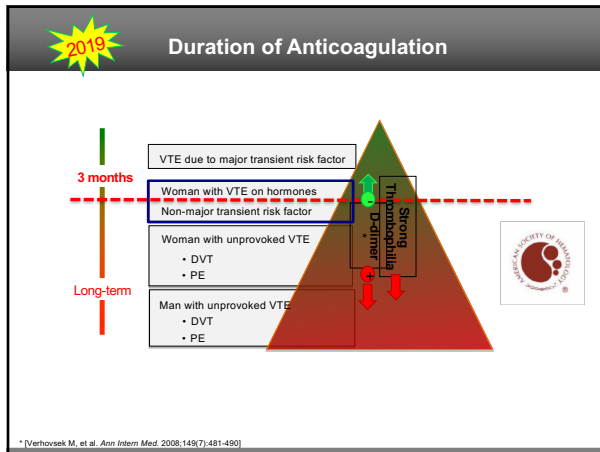
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**How Long to Anticoagulate?**

**Take-home points**

- Try the "Recurrence Triangle"
- D-Dimer predicts recurrence
- Repeated positive APLA predict recurrence

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**DOAC Update**

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DOACs

	Dabigatran	Rivaroxaban	Apixaban	Edoxaban	Betrixaban
Atrial fibrillation	FDA approved	FDA approved	FDA approved	FDA approved	No FDA activity
VTE treatment	FDA approved	FDA approved	FDA approved	FDA approved	No FDA activity
VTE prevention	Ortho FDA approved	Ortho FDA approved	Ortho FDA approved	No FDA activity	Medical FDA approved
Reversal agent	Idarucizumab	Andexanet			2018

[last updated: Feb 7th, 2019]

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DOACs in Special Populations



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Apixaban and Renal Failure

2017

Patients with End-Stage Renal Disease on Dialysis

Clinical efficacy and safety studies with ELIQUIS did not enroll patients with end-stage renal disease (ESRD) on dialysis. In patients with ESRD maintained on intermittent hemodialysis, administration of ELIQUIS at the usually recommended dose [see Dosage and Administration (2.1)] will result in concentrations of apixaban and pharmacodynamic activity similar to those observed in the ARISTOTLE study [see Clinical Pharmacology (12.3)]. It is not known whether these concentrations will lead to similar stroke reduction and bleeding risk in patients with ESRD on dialysis as was seen in ARISTOTLE.

[Apixaban package insert 2/2017: [https://packageinserts.bms.com/pi/pi\\_eliquis.pdf](https://packageinserts.bms.com/pi/pi_eliquis.pdf). Accessed January 24, 2019]

Dosing in HD (package insert):

- 5 mg q 12 hrs
- 2.5 mg q 12 hrs if ≥ 80 yrs or ≤ 60 kg

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**Rivaroxaban and Renal Failure**

**2017**

Patients with End-Stage Renal Disease on Dialysis  
 Clinical efficacy and safety studies with rivaroxaban did not enroll patients with end-stage renal disease (ESRD) on dialysis. In patients with ESRD maintained on intermittent hemodialysis, administration of rivaroxaban 15 mg once daily will result in concentrations of rivaroxaban and pharmacodynamics activity similar to those observed in the ROCKET AF study [see Clinical Pharmacology (12.2, 12.3)]. It is not known whether these concentrations will lead to similar stroke reduction and bleeding risk in patients with ESRD on dialysis as was seen in ROCKET AF.

(Rivaroxaban [package insert 10/2017]; www.xareltop.com/shared/product/xareltop/prescribing-information.pdf. Accessed January 24, 2019)

**Dosing in HD (package insert):**

15 mg once daily

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**Severe Obesity and DOACs**

**isth**

1. Ok to use DOAC up to BMI 40 kg/m<sup>2</sup> or 120 kg
2. Suggest **NOT** to use DOAC if BMI >40 kg/m<sup>2</sup> or >120 kg
3. If DOAC is used in a patient with BMI >40 kg/m<sup>2</sup> or >120 kg, then obtain **peak and trough level**. If level below expected range: switch to warfarin

[Martin K, et al. J Thromb Haemost. 2016;14(6):1308-1313]

[Moll S, et al. Direct oral anticoagulants in extremely obese patients: OK to use? Res Pract Thromb Haemost. 2019;1-4]

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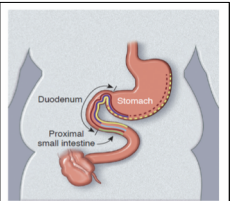
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**Bariatric Surgery and DOACs**

**2017**



Apixiban	Main absorption
Disigatran	Some absorption
Rivaroxaban	
Warfarin	

[Martin KA, et al. Am J Med. 2017;130(5):517-524]

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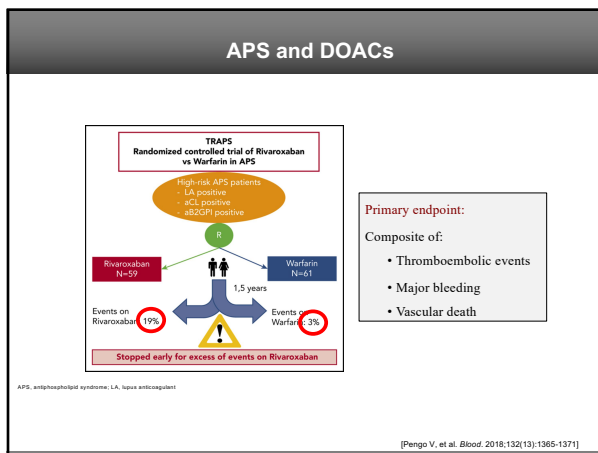
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### DOACs and Special Populations

**Take-home points**

- **Renal impairment/ hemodialysis:** May be apixaban, may be rivaroxaban; but: Be carefull Dosing?
- **Severe obesity** (BMI >40 kg/m<sup>2</sup>): Suggest warfarin; or DOAC with trough level testing.
- **Bariatric surgery:** Suggest warfarin; or DOAC with (repeated) level testing.
- **Antiphospholipid Syndrome:** Triple positive—cave DOACs
- **Cancer and VTE:** Edoxaban good choice. Others: probably, too.

[Marin K, et al. J Thromb Haemost. 2016;14(6):1308-1313]  
[Moi S, et al. Direct oral anticoagulants in extremely obese patients: OK to use? Res Pract Thromb Haemost. 2019;1-4]  
[Martin KA, et al. Am J Med. 2017;130(5):517-524]

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### The 20 VTE Teaching Points

How to Approach the Patient with Venous Thrombosis  
20 Practical Clinical Points  
Stephen Hull, MD

**A. HISTORY**

1. **Defining the clot:** When taking a history of a patient with venous thromboembolism (VTE), it is advisable to define the clot: (a) was it a superficial thrombophlebitis or a deep vein thrombosis (DVT)? To help with the determination when no imaging report is available, a detailed review of the extremity symptoms at the time of the clot is often helpful: (b) was it a distal or proximal DVT; (c) was the pulmonary embolism (PE) a massive, submassive, or low-risk PE?
2. **Anatomy, terminology:** Confusion as to which veins are superficial and which deep can lead to misclassification of superficial thrombophlebitis and DVT and, thus, to incorrect treatment decisions. Key terminology: (a) In the arm: Basilic and cephalic veins are superficial veins; brachial vein is a deep vein; (b) In the leg: Greater and lesser saphenous veins are superficial

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Comments?

Questions?



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UNC

SCHOOL OF MEDICINE

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of NORTH CAROLINA  
at CHAPEL HILL

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