

# **Disclosures**

Research funding: GSK, Novartis, Genentech/Roche



# **Epidemiology of Metastatic Breast Cancer**

Approximately 40,000 deaths per year from breast cancer, but declining because of advances in HER2+ disease

Median survival 2-3 years, but highly variable

Prevalent population in U.S. ≈200,000 women

Any general oncologist by necessity is also a breast cancer specialist





# **New Patients With Metastatic Breast Cancer in U.S.**

<u>Subtype</u> <u>Percentage</u>

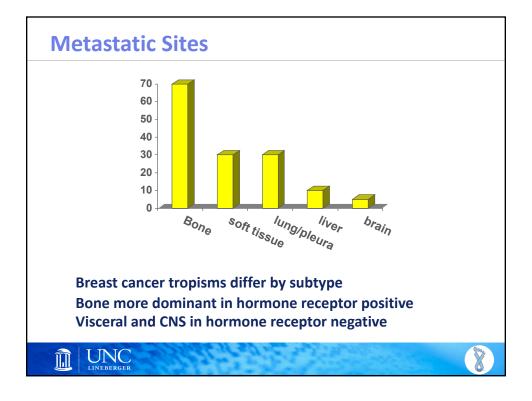
HER2+ ~15-20% (↓ing)

**Triple Neg** ~ **15-20%** 

ER/PR+ and HER2- ~ 60-70%







# **Heterogeneity of Metastatic Breast Cancer**

#### Disease Characteristics

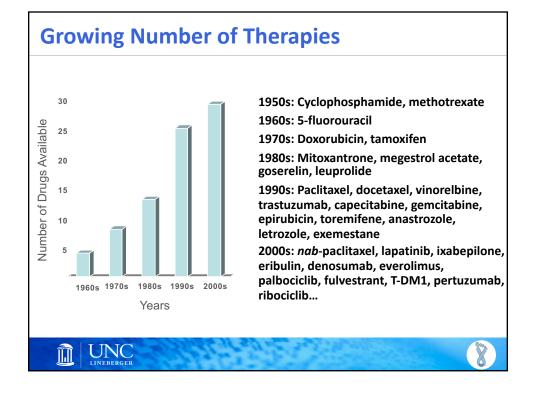
- Disease-free interval
- Sites and volume of disease
- Tempo of disease
- Prior therapy
- ER and PR status
- HER-2 status

#### **Patient Characteristics**

- Performance status
- Comorbidity
- Host factors
  - ? Immune response
  - ? Drug metabolism







### **Metastatic Breast Cancer 2018**

### All therapy is palliative

Survival has increased

Survival depends mostly on tempo

• Biology of tumor is key

#### Goals of treatment

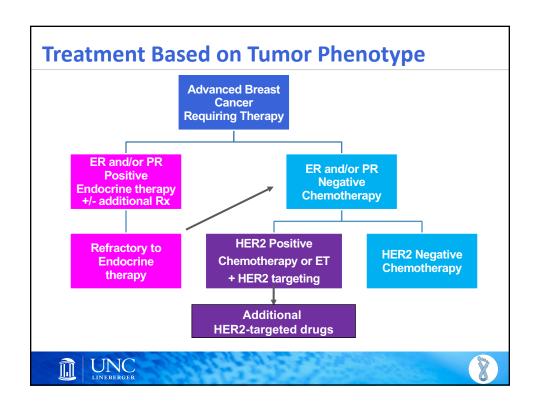
- Control of disease and symptoms
- · Maximizing quality of life
- Minimize treatment toxicity

You can't improve on being asymptomatic!









### **ASCO/ESMO Clinical Practice Guidelines**

Chemotherapy and Targeted Therapy for Women With HER2– Negative (or unknown) ABC.

Systemic Therapy for Patients With Advanced Human Epidermal Growth Factor Receptor 2–Positive Breast Cancer.

Endocrine Therapy for Hormone Receptor Positive Metastatic Breast Cancer.

ESO-ESMO Consensus Conference Advanced Breast Cancer (ABC3)

**ABC4** coming this fall!



Partridge A et al, JCO 2014; Giordano S et al, JCO 2014; Rugo H et al, JCO 2016; Cardoso F et al, Ann Oncol 2017



# **ASCO Guidelines: General Principles**

#### HR+ HER2-

- Endocrine (usually) preferable to chemotherapy in 1<sup>st</sup> line
- Targeted agents added to ET (CDK4/6, mTOR, PI3K inhibitors)

#### Any HER2- receiving chemotherapy

- · Single agent chemotherapy preferable to combination
  - Exception: symptomatic, immediately life-threatening
- Longer duration ↑ outcome but must be balanced against ↑ toxicity.
- No single optimal 1st or later chemotherapy
  - Factors: prior Rx, toxicity, performance status, comorbidity, patient preference.

#### HER2+

- HER2-directed Rx is mainstay
- First-line taxane + trastuzumab + pertuzumab, 2<sup>nd</sup> line T-DM1
- HR+ HER2+ may consider ET + HER2-Rx or ET alone in selected cases



Partridge A et al, JCO 2014; Rugo H et al, JCO 2016



# **Endocrine Therapy Options**

- Premenopausal
  - Tamoxifen
  - Oophorectomy (OA)/LHRH agonist (OS)
  - OA/OS + the postmenopausal options
- Postmenopausal
  - Nonsteroidal aromatase inhibitor (AI\*)
  - Al plus palbo-, abema- or ribociclib
  - Fulvestrant
  - Fulvestrant + palbo/abema/ribociclib
  - Fulvestrant + alpelisib (PIK3CAmt)
  - Steroidal Al
  - Steroidal AI + everolimus
  - Tamoxifen
  - Estradiol

\*Nonsteroidal AI = letrozole, anastrozole; Steroidal AI = exemestane





#### Ovarian Suppression (or Ablation) in MBC **Tamoxifen** Median f/u 7.3 years 161 pts. with ER+ Buserelin 76% of patients DOD and MBC Combination **RR PFS** OS 5-yr OS **Tamoxifen** 28% 5.6m 2.9<sub>y</sub> 18% **Buserelin** 34% 6.3m 14% 2.5y Combination 48% 9.7m 3.7y 34% P-value 0.11 0.03 0.01 Klijn JGM et al, JNCI 2000

OS/OA is itself therapeutic, and opens door for highly effective postmenopausal drugs. Standard of care.





# Al vs Tamoxifen: 1st Line Postmenopausal

	Anastrozole	Letrozole	Exemestane
N	353	907	371
CR+PR	21% vs 17%	30% vs 20%	45% vs 30%
CR+PR+SD	59% vs 46%	49% vs 38%	
TTP (mo)	11.1 vs 5.6	9.4 vs 6.0	9.9 vs 5.8

Al at least as good as tamoxifen Anastrozole = Letrozole = Exemestane Limited data including CDK4/6i or mTORi



Nabholtz JM et al, JCO 2000; Mouridsen H et al, JCO 2003; Paridaens RJ et al, JCO 2008



# Fulvestrant vs AI: 1st Line

#### **FALCON study: Phase III trial**

	Fulvestrant	Anastrozole	P-value
CR+ PR	46%	45%	NS
CBR	78%	74%	NS
PFS*	17m	14m	0.049

Full-estrant 500 mg (n-230)

Anastrockle 1 mg (n-222)

Robertson JFR et al, Lancet 2016

ET-naïve!

OS 5.5m improvement in phase II FIRST trial

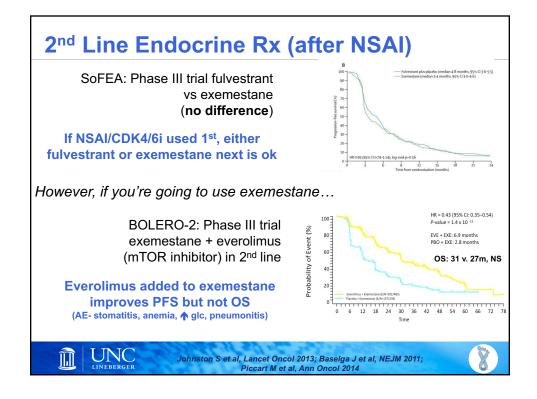
Fulvestrant as single agent =/> Al in 1st line endocrine Rx

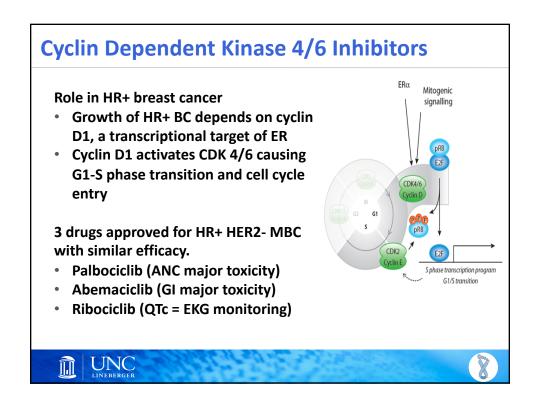
#### **Considerations:**

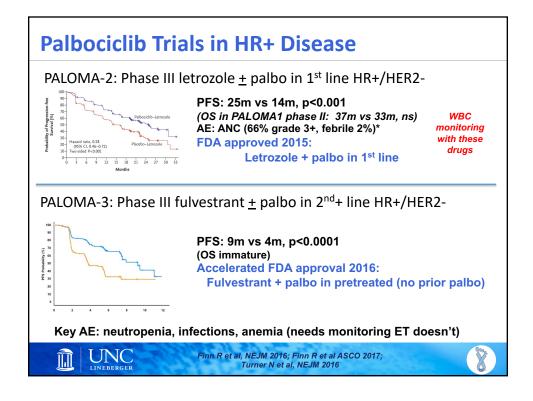
- 1. Prior adjuvant AI (if anything) should augment difference
- 2. CDK 4/6i trials usually Al 1st line, fulvestrant later

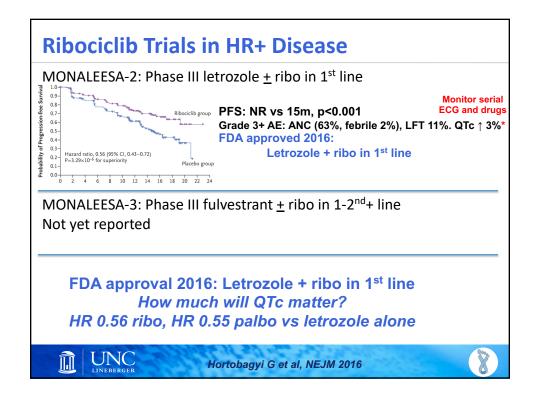


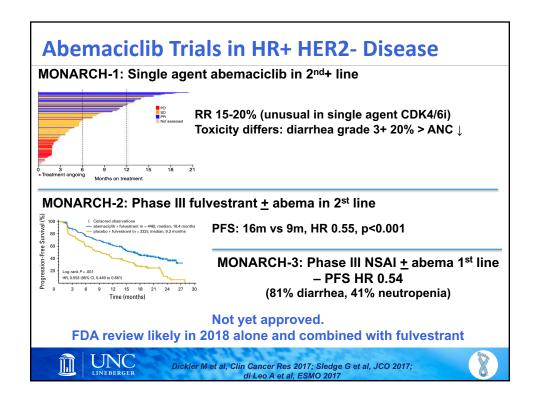


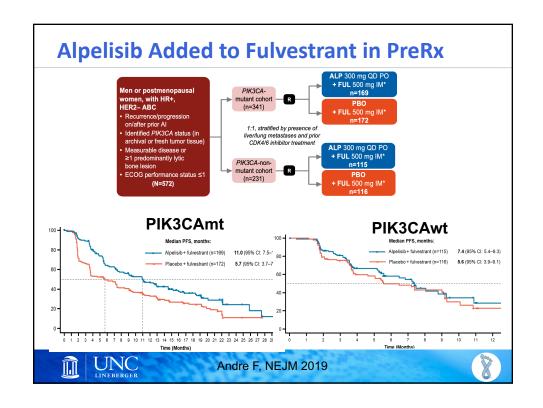


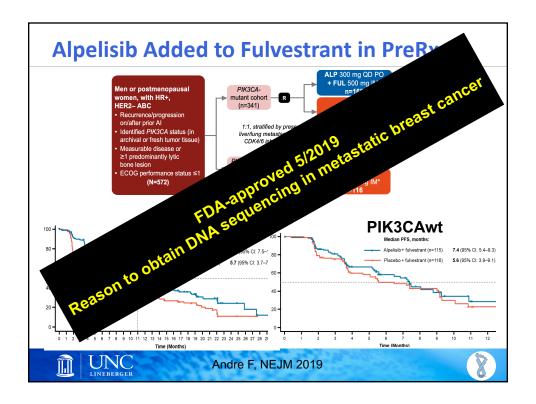


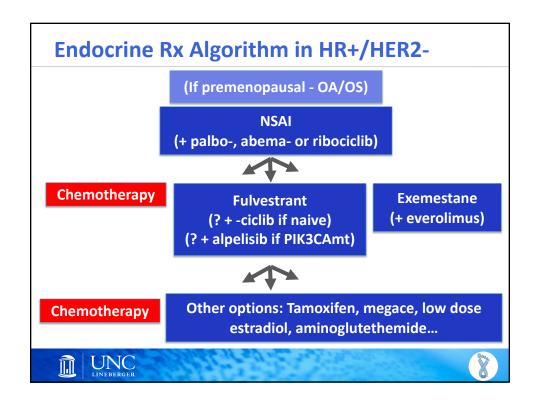


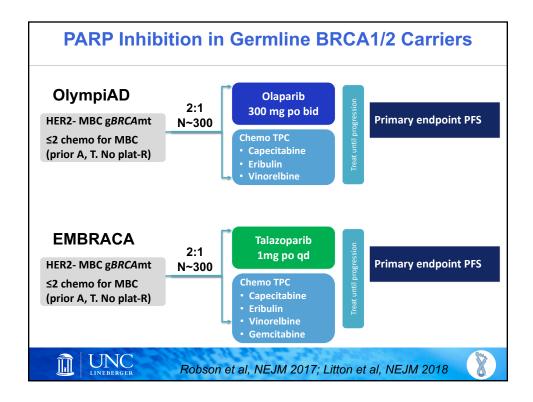


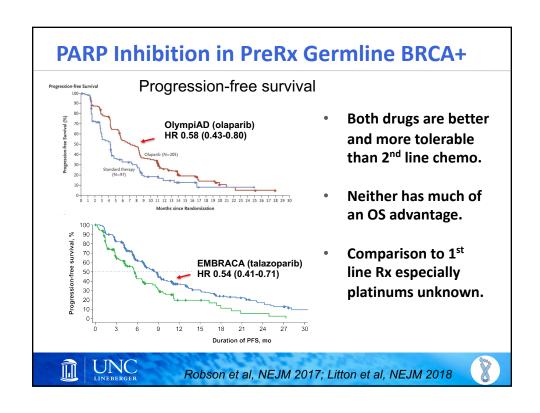


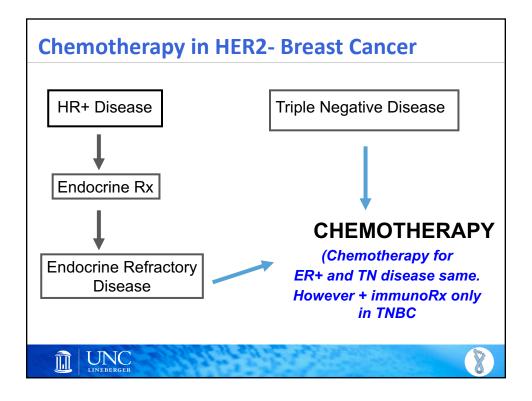


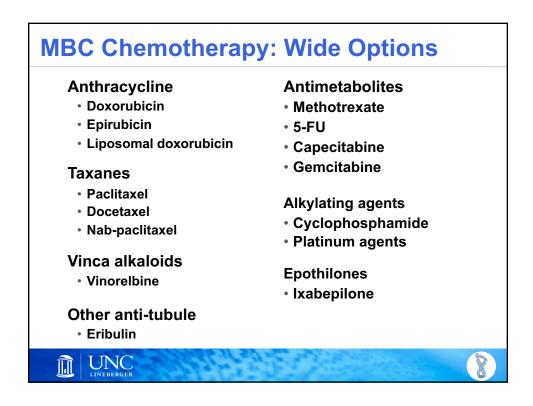


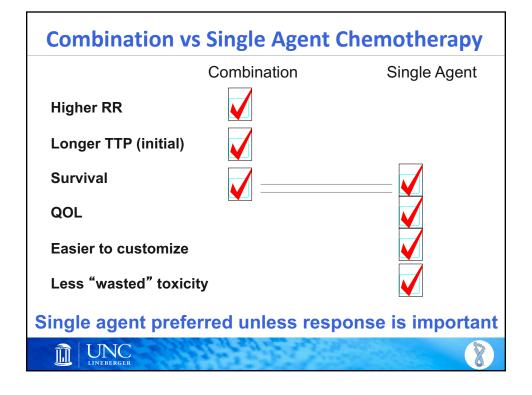










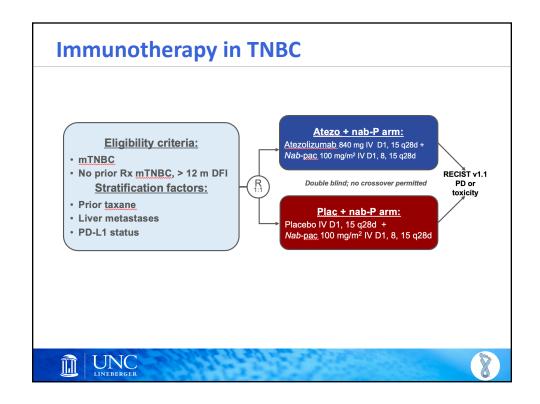


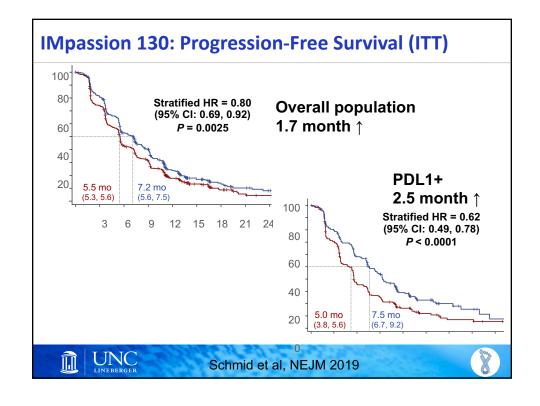
# Is There a Standard 1st Line Agent?

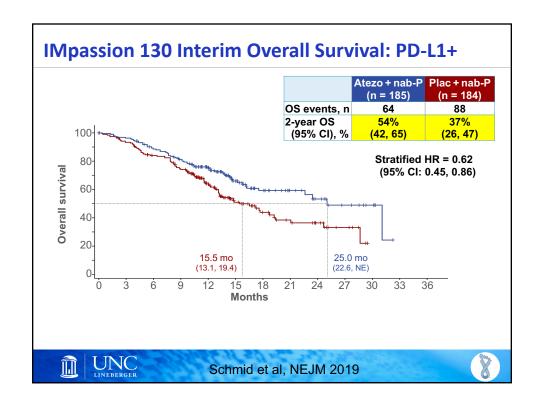
- Anthracyclines and taxanes 1<sup>st</sup> line agents; may be less appealing in relapse soon post adjuvant Rx
- No evidence that sequence of therapies affects OS or QOL
- Response more influenced by line of therapy than specific agent
- Treatment decisions often individualized to patient
- NCCN/ASCO guidelines generally avoid specific recommendations first-line agents

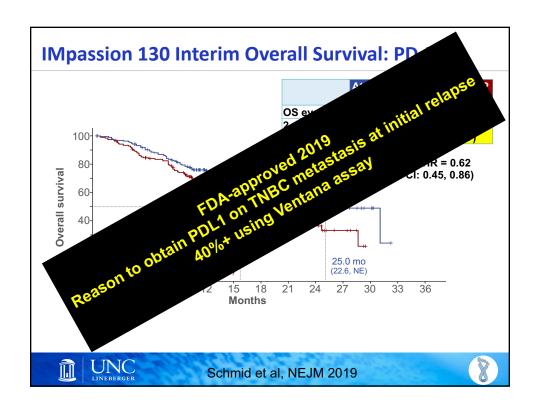


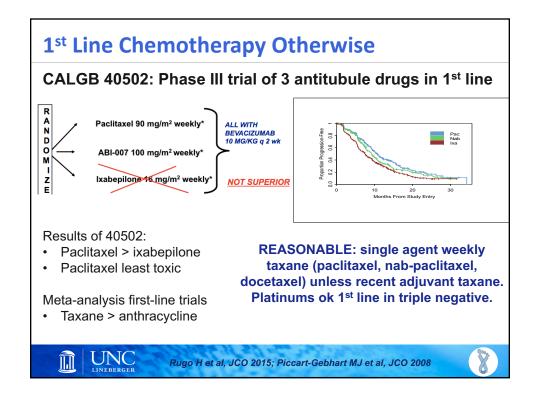


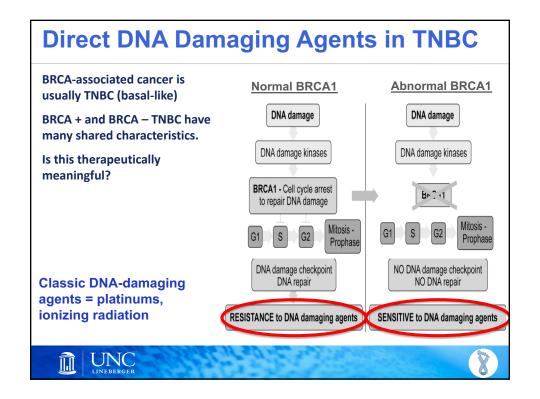


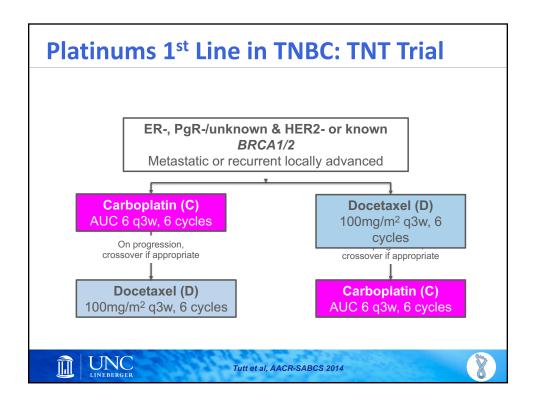


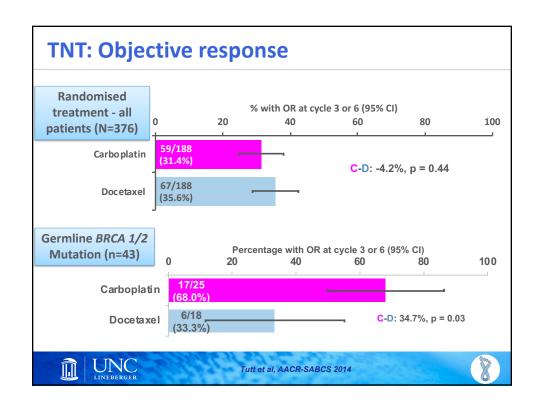


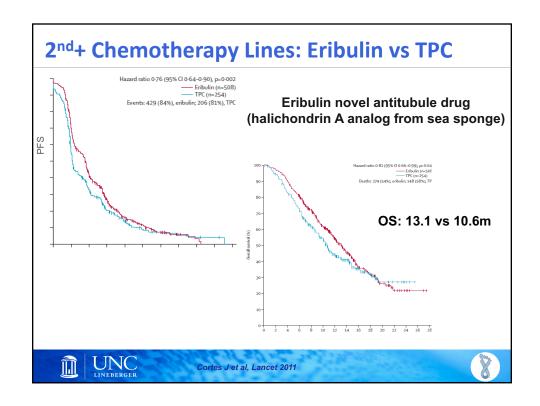


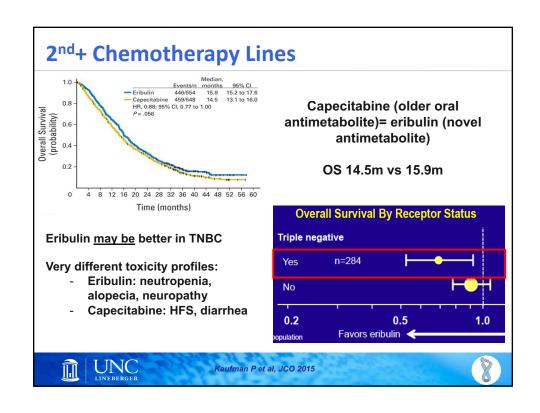


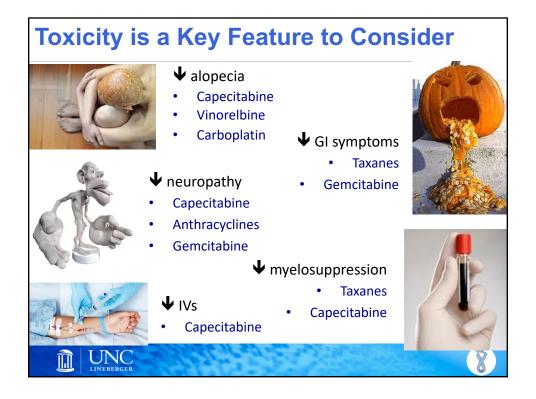


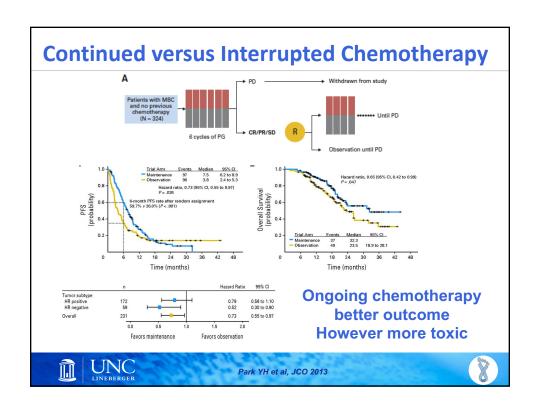


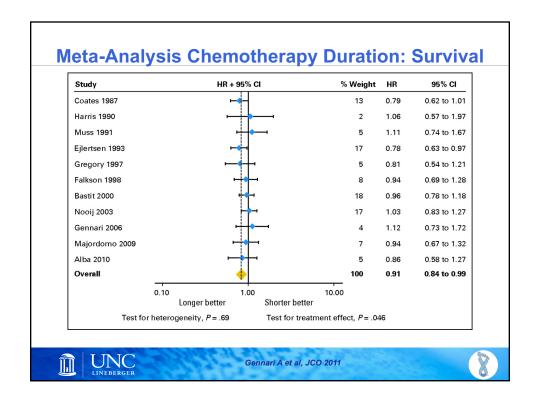


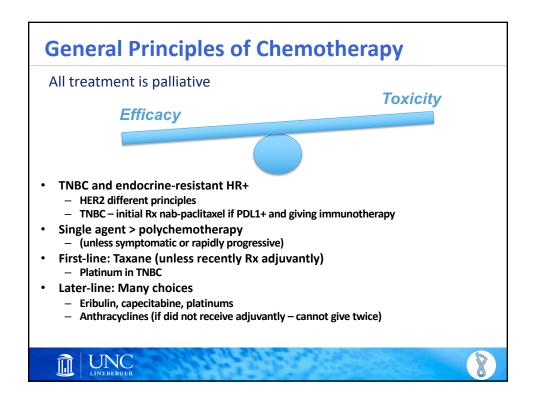


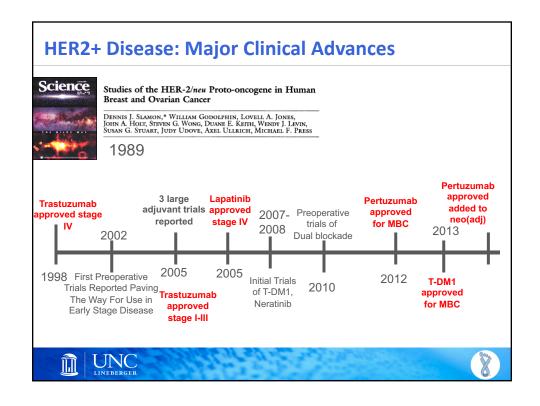


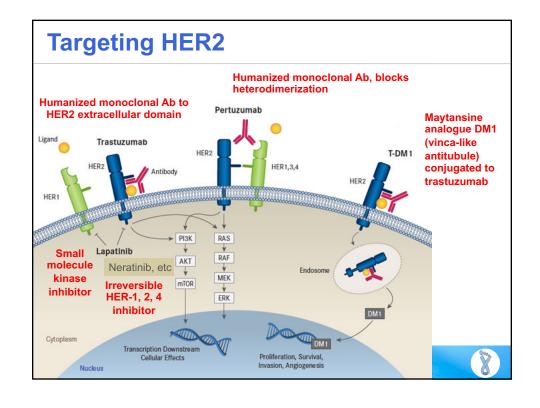


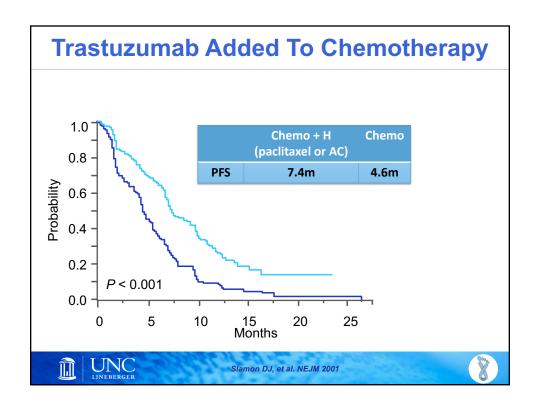


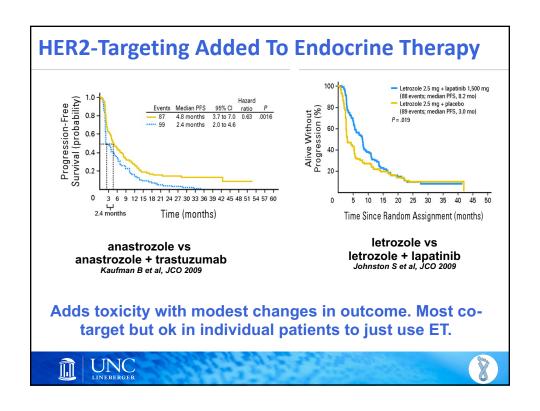












# **HER2-Targeting: The First Generation**

#### Post-trastuzumab progression, ongoing HER2-targeting works

- Lapatinib
- TDM1
- Trastuzumab!

#### Multiple chemotherapy partners for HER2-targeting

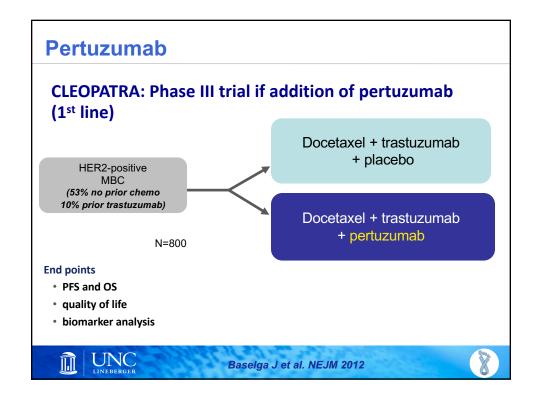
- · Platinums, vinorelbine, gemcitabine, capecitabine
- What is optimal?

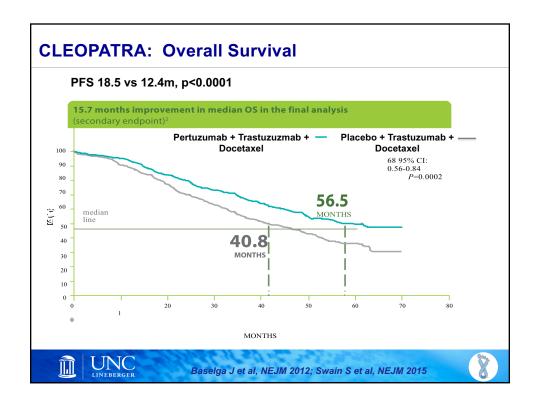
#### ER+ HER2+ disease benefits from dual targeting

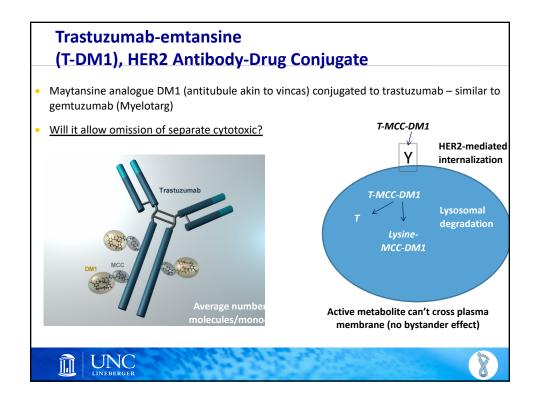
- · AI + either trastuzumab or lapatinib
- Ok to omit HER2-targeting in strongly ER+, indolent, asymptomatic.

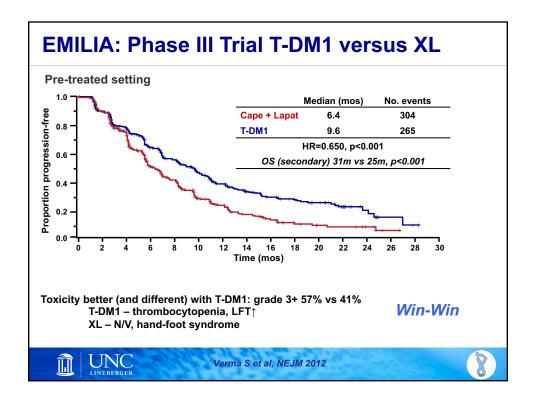




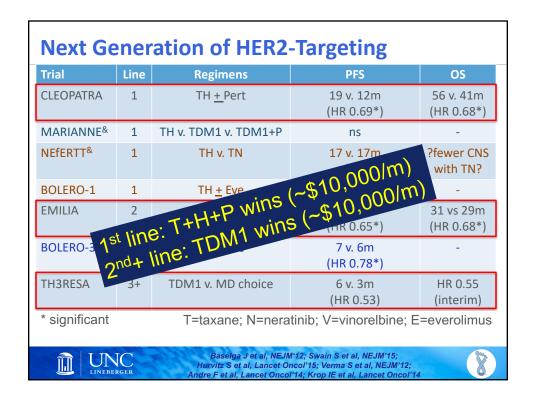




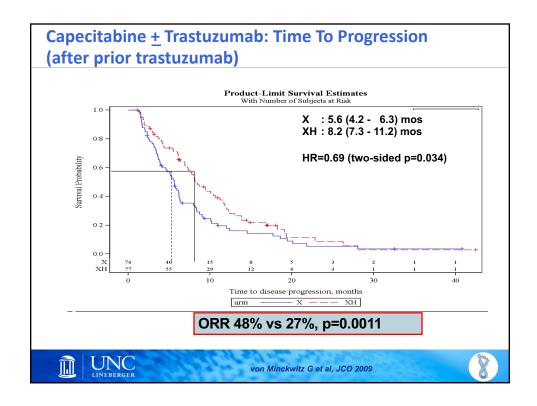


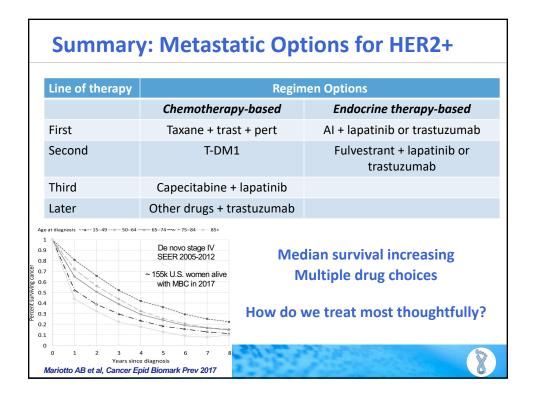


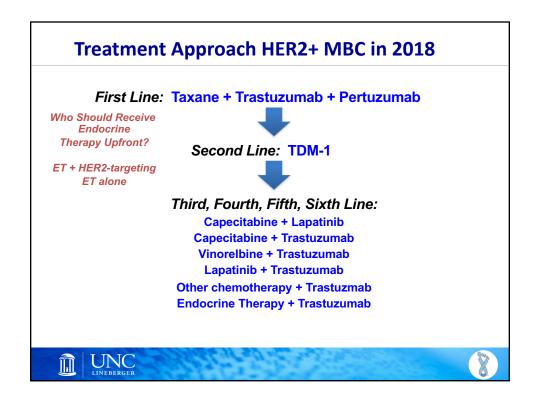
Trial	Line	Regimens	PFS	OS
CLEOPATRA	1	TH <u>+</u> Pert	19 v. 12m (HR 0.69*)	56 v. 41m (HR 0.68*)
MARIANNE <sup>&amp;</sup>	1	TH v. TDM1 v. TDM1+P	ns	-
NEfERTT <sup>&amp;</sup>	1	TH v. TN	17 v. 17m (ns)	?fewer CNS with TN?
BOLERO-1	1	TH <u>+</u> Eve	15 v. 14m	-
EMILIA	2	TDM1 v. XL	10 v. 6m (HR 0.65*)	31 vs 29m (HR 0.68*)
BOLERO-3	2	VH <u>+</u> Eve	7 v. 6m (HR 0.78*)	-
TH3RESA	3+	TDM1 v. MD choice	6 v. 3m (HR 0.53)	HR 0.55 (interim)
* significant		T=taxane; N=nerat	tinib; V=vinorelbine; E	=everolimus













### **Local Therapy of Metastatic Breast Cancer**

#### Role of surgery or radiation

- Regional recurrence e.g. chest wall lesion, regional LN curative intent R
- Distant disease e.g. isolated pulmonary nodule, hepatic met not standard, used for symptomatic relief
- Local Rx of oligometastatic disease controversial not standard

#### **Exception #1: symptomatic or locally threatening disease**

#### **Exception #2: brain metastases**

- · Survival advantage associated with local therapy
  - Surgery
  - Radiosurgery
  - Coordinated multidisciplinary management is key





# When Else to Consider Local Therapy

### Disease is truly localized

Local symptoms are present and low chance of palliation with systemic rx

Impending localized complication (spinal cord compression, fracture)





# **Breast Surgery in Metastatic Disease**

Multiple retrospective, a few prospective studies – remains controversial

Patients who undergo breast surgery typically live longer than those who do not – but many uncontrolled variables

Underlying hypothesis is the breast serves as a site of ongoing tumor cell dissemination

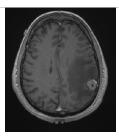
Recently completed randomized trial in U.S.

RECOMMENDATION: option but not standard. Consider if local complications exist or oligometastatic.





# **Diagnosis of Brain Metastases**

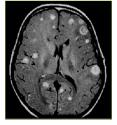


#### **Presentation**

- Headaches, seizures, neurologic deficit
- More found incidentally
- Routine screening not recommended
- 4x more common in HER2+ (often isolated) and TNBC (usually with progression elsewhere)



• 50% multiple, 50% 1-3 lesions



11% false + if single lesion (Patchell RA et al, NEJM 1990)

• DDx: Primary brain tumors, infections, infarcts, MS, hemorrhage

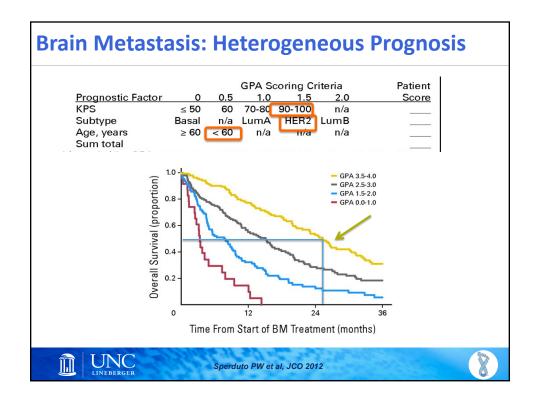
#### Rx

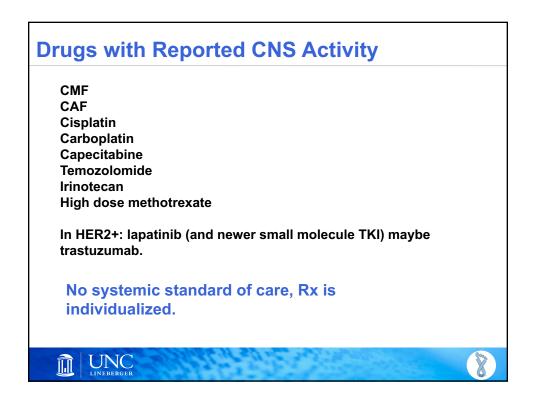
- 1-3 metastases: SRS or surgery then consideration of whole brain RT (may defer in good prognosis patients)
- multiple intraparenchymal = WBRT, then systemic Rx
- Leptomeningeal poor px = consider craniospinal RT, IT Rx

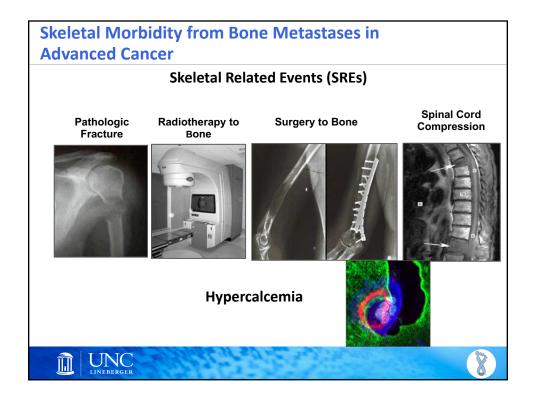


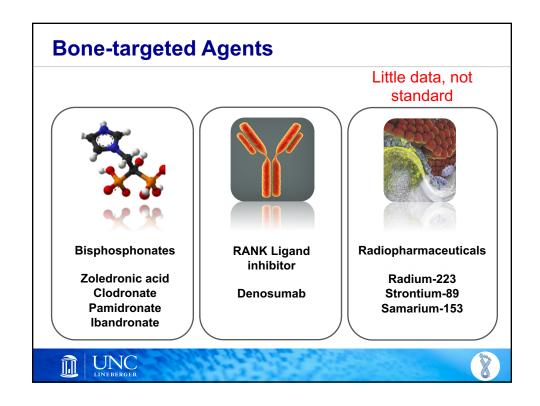


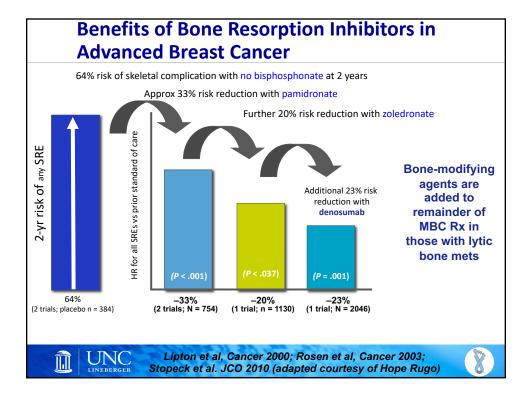












### **Treatment of MBC: Where Now?**

Major progress in MBC management:

- Multiple HR- and HER2-targeted options
- Immunotherapy in some TNBC
- PARP inhibition mainstay in germline carriers.

Chemotherapy still primary or key for many – optimize!

Consider entire menu of Rx, toxicity, and patient preference.

Involve Palliative Care / Symptom Management colleagues early.

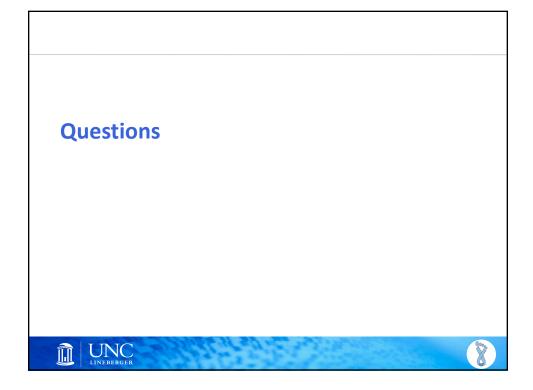
Goals of therapy in MBC:

- 1. Disease control
- 2. Quality of life









# **Question 1**

Which of the following regimens represent acceptable first-line treatment for a postmenopausal women with hormone receptor positive breast cancer?

- A. Letrozole
- B. Anastrozole
- C. Exemestane
- D. Low dose estradiol
- E. Megesterol acetate
- F. Tamoxifen





# **Choices**

- 1) A only
- 2) A, B, and C
- 3) All of the above
- 4) A, B, C, F





# **Question 1: Explanation**

Answer = 4

The aromatase inhibitors (letrozole, anastrozole, and exemestane) represent appropriate first-line drugs. A CDK4/6 inhibitor (palbociclib, ribociclib, abemaciclib) can be added in first-line with the nonsteroidal AI (letrozole, anastrozole).

Fulvestrant, an ER downregulator, is at least as effective as AI in the first-line but has only been combined with CDK4/6 inhibitors in pretreated setting.

Tamoxifen is an acceptable alternative, generally in those who have already received AI and fulvestrant.

Neither low dose estradiol nor megesterol acetate are appropriate first-line treatments as each has more toxicity and is likely less effective than the other options.





### **Question 2**

When chemotherapy is administered in the first- or second-line setting, combination therapy should usually be used.

- A. True
- B. False





# **Question 2: Explanation**

False. Although combination chemotherapy is associated with higher response rates and longer time to progression than single agents, combination therapy does not improve survival when cross-over is allowed and has greater toxicity.

Combination therapy is appropriate for symptomatic disease or impending visceral crisis, when higher response rate is desired.

Either combination therapy or single agent treatment represents appropriate clinical care, and the approach can be individualized to the patient's disease status and preferences.





### **Question 3**

In a patient progressing on antiHER2 therapy with trastuzumab, subsequent treatments should also include antiHER2 therapy.

- A. True
- B. False





# **Question 3: Explanation**

Unlike most cancer treatments, randomized controlled trials suggest benefit from continuing anti-HER2 therapy after disease progression on trastuzumab.

This has been seen in studies with regimens including trastuzumab, lapatinib, pertuzumab, and trastuzumab emtansine (T-DM1).



