

ADVANCED PRACTICE PROVIDER



January 18

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The Value of Integrative Medicine in Oncology Care



Denise Spector, PhD, MPH, ANP, E-RYT

Oncology Nurse Practitioner and Integrative Medicine Clinician

UNC Health – The NC Basnight Cancer Hospital

UNC Lineberger Comprehensive Cancer Center

UNC School of Medicine

University of North Carolina at Chapel Hill

Webinar Description

Denise Spector, PhD, MPH, ANP, RYT, will provide an overview of integrative oncology which includes evidence-based strategies for helping to mitigate common cancer symptoms and cancer treatment-related side effects, as well as strategies that may improve one’s overall health and well-being along the cancer care continuum.

Learning Objectives

- Define integrative oncology.
- State three reasons why a patient affected by cancer might seek out integrative medicine approaches to care.
- Describe three evidence-based integrative medicine strategies for cancer-related fatigue.
- Identify three integrative medicine modalities that may improve mood and reduce anxiety.

This program co-provided with **UNC Digital and Lifelong Learning**



Advanced Practice Provider webinars created and coordinated by **Tammy Triglianos, DNP, ANP-BC, AOCNP**, in partnership with **UNC Lineberger Cancer Network**.

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ACCREDITATION

NCPD/CNE: The University of North Carolina at Chapel Hill is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation. To successfully complete this program and be awarded 1 contact hour you must attend at least 50 minutes of the seminar and complete the online evaluation.