Developing Comprehensive Exercise Programming for People Affected by Cancer

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Webinar Description
Attendees will learn about the benefits of exercise during and after cancer treatment, designing programs that provide maximum benefits, and how to engage patients in increasing their physical activity during and after treatment.

Learning Objectives
• Define the role of a variety of modalities of exercise for the benefit of cancer survivors
• Describe the parameters for safety of exercise during and after cancer treatment
• Identify 2 ways to help patients engage in exercise during and after cancer treatment

This program co-provided with UNC Digital and Lifelong Learning

Advanced Practice Provider webinars created and coordinated by Tammy Triglilano, DNP, ANP-BC, AOCNP, in partnership with UNC Lineberger Cancer Network.