



RESEARCH TO PRACTICE
Live Webinar
Michael Galgano, MD, FAANS
Current Concepts in Spinal Oncology
April 24

Sound Check



Start Time



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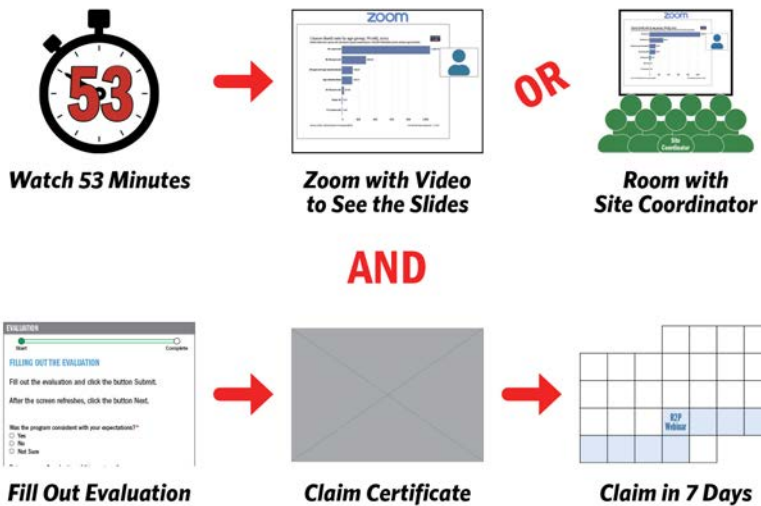
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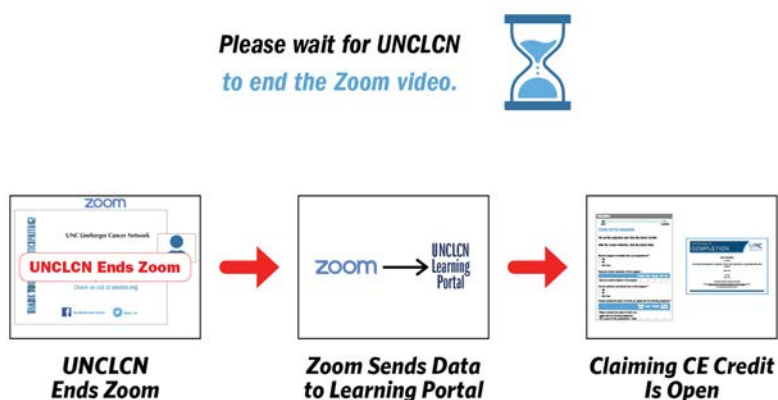
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**RESEARCH
TO PRACTICE**
Live Webinar



Michael Galgano,
MD, FAANS

Current Concepts in Spinal Oncology April 24

7

Our Presenter



Michael Galgano,
MD, FAANS

Dr. Michael Galgano is a board-certified neurosurgeon specializing in complex spinal surgery.

While Dr. Galgano treats a variety of spinal conditions such as trauma, degenerative disease, and infections, his clinical and academic interest has focused on spinal oncology and deformity surgery.

Dr. Galgano first developed an interest in spinal conditions while working as a nurse attendant on the spinal cord and traumatic brain injury unit at Burke Rehabilitation Hospital in White Plains, NY. He then became a clinical research associate there, engaging in research projects focusing on both stroke and spinal cord injury rehabilitation with robotic applications.

After attending medical school at St. George's University, Dr. Galgano completed his neurosurgical residency at Upstate Medical University. During his final year of training, Dr. Galgano completed a complex and oncological spine surgery fellowship under the world-renowned spinal tumor surgeon, Dr. Ziya Gokaslan at Brown University.

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Our Presenter

9

Our Presenter

5. Michael Galgano, MD, FAANS, was a nurse attendant for TBI/SCI patients prior to medical school.
4. He has a very robust surgical video library.

10

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2. Dr. Galgano is a part time basketball coach for 7th/8th grade girls. He has been a basketball junkie his entire life.

13

Our Presenter

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3. He enjoys going on tropical hikes & kayaking.
2. Dr. Galgano is a part time basketball coach for 7th/8th grade girls. He has been a basketball junkie his entire life.
1. His favorite part of the day is coming home to his beautiful wife Jessica & 4 kids (Caroline, Bella, Charlotte, and Mikey)!

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Sample Poll Everywhere Question

A spinal tumor is an abnormal mass of tissue within or surrounding the spinal cord and/or spinal column.

True 0%

False 0%

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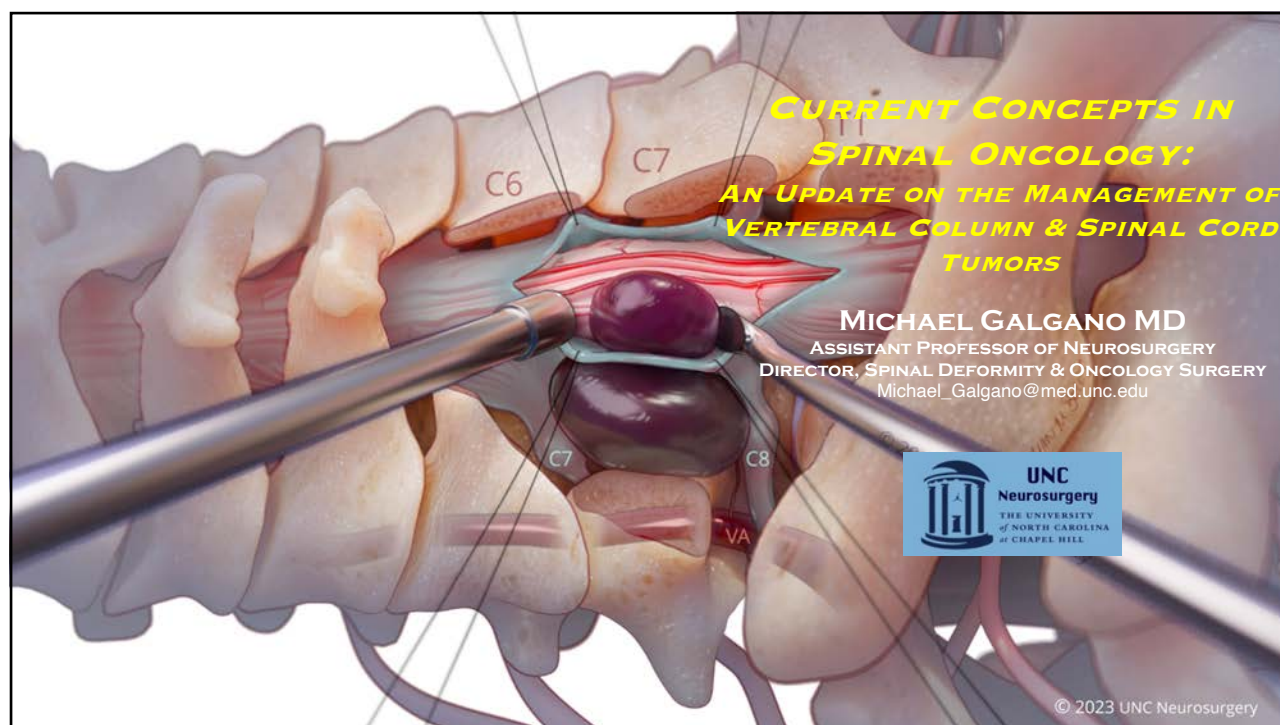
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A spinal tumor is an abnormal mass of tissue within or surrounding the spinal cord and/or spinal column.

Response	Percentage
True	0%
False	0%

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- 2006 – 2010: St. George's University
 - MD
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 - Neurosurgery Faculty
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ZIYA GOKASLAN MD



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Spine Tumor Program



Scan the QR code to visit the spine tumor program's page on our website. Learn about our multidisciplinary team, read about spine tumors, and watch our spine tumor program video that was created by the program's director, Dr. Michael Galgano.



Questions? Call our spine surgery nurse coordinator, Katie McDaniel, at 984-974-6225.

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Objectives

- **UNDERSTAND THE DIFFERENT MANAGEMENT STRATEGIES FOR SPINAL CORD & VERTEBRAL BODY TUMORS AS THEY RELATE TO LOCATION, NEUROLOGICAL EXAM, HISTOLOGY, AND OVERALL PROGNOSIS**
- **RECOGNIZE THE MULTI-FACETED PROCESS OF EXECUTING A PATIENT-SPECIFIC TREATMENT PLAN**
- **UNDERSTAND THE CONTRIBUTION OF CO-MORBIDITIES AND FRAILITY TO THE MANAGEMENT OF PATIENTS WITH SPINAL TUMORS**

30

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33

Are primary vertebral column tumors more or less common than metastatic vertebral column tumors?

Option	Percentage
More common	0%
Less common	0%

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METASTATIC VERTEBRAL COLUMN TUMORS

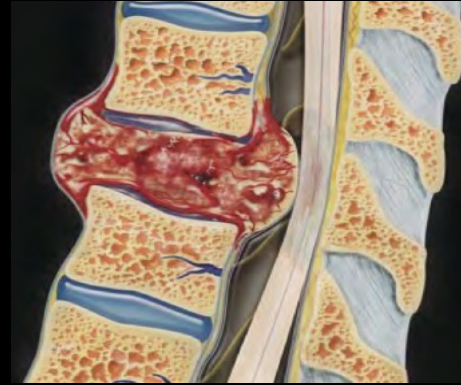
PALLIATIVE

PRESERVE NEUROLOGICAL FUNCTION

STABILIZE SPINE

RELIEVE MECHANICAL PAIN

MAINTAIN / REGAIN FUNCTIONALITY



35

NOMS

- **N**eurologic
- **O**ncologic
- **M**echanical Stability
- **S**ystemic Disease

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Neuro-Oncology

The NOMS Framework: Approach to the Treatment of Spinal Metastatic Tumors

ILYA LAUFER,^{1,2} DAVID G. RUBIN,³ ERIC LIS,⁴ BRETT W. COX,⁵ MICHAEL D. STUBBLEFIELD,⁶ YOSHIYA YAMADA,⁷ MARK H. BILSKY^{1,2}
 Departments of ¹Neurosurgery, ²Radiology, ³Radiation Oncology, and ⁴Rehabilitation Medicine, Memorial Sloan-Kettering Cancer Center, New York, New York, USA; ⁵Department of Neurological Surgery, Weill Cornell Medical College, New York, New York, USA
 Disclosures of potential conflicts of interest may be found at the end of this article.

ABSTRACT

Background. Spinal metastases frequently arise in patients with cancer. Modern oncology provides numerous treatment options that include effective systemic, radiation, and surgical options. We delineate and provide the evidence for the neurologic, oncologic, mechanical, and systemic (NOMS) decision framework, which is used at Memorial Sloan-Kettering Cancer Center to determine the optimal therapy for patients with spine metastases.

Methods. We provide a literature review of the integral publications that serve as the basis for the NOMS framework and report the results of systematic implementation of the NOMS-guided treatment.

Results. The NOMS decision framework consists of the neurologic, oncologic, mechanical, and systemic considerations and incorporates the use of conventional external beam radiation, spinal stereotactic radiosurgery, and minimally invasive and open surgical interventions. Review of radiation oncology and

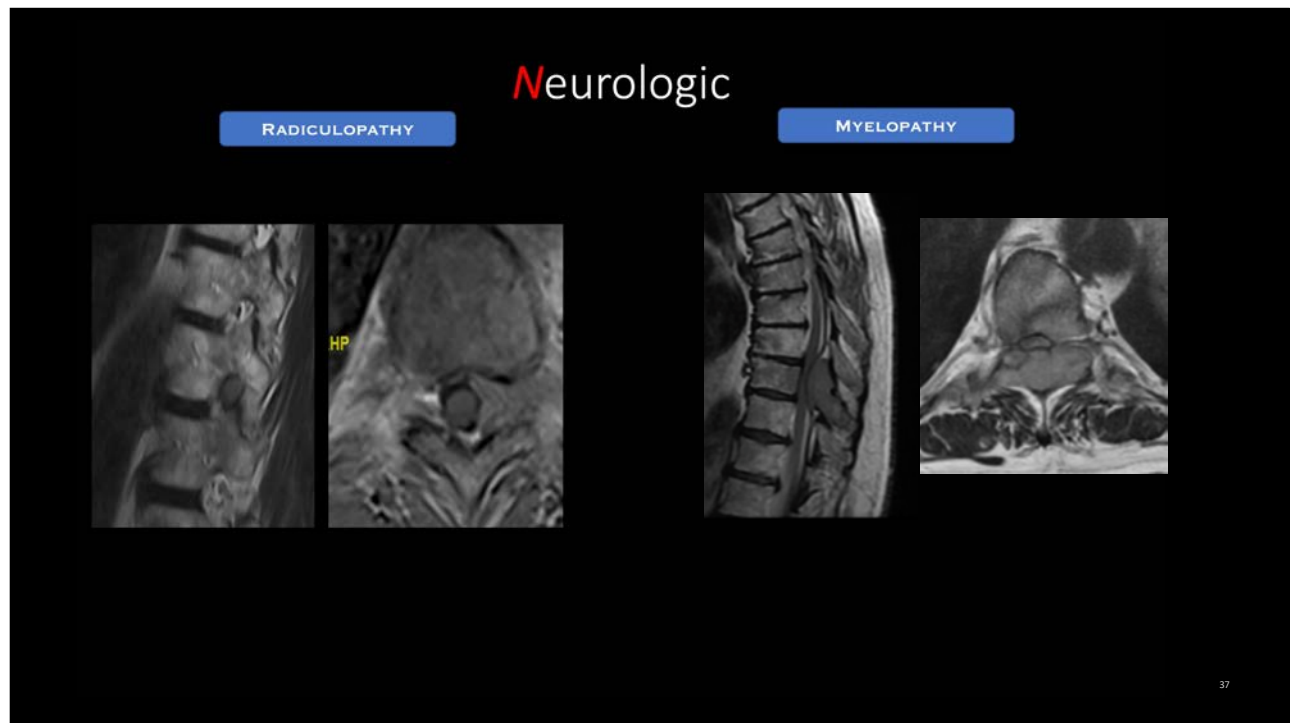
surgical literature that examine the outcomes of treatment of spinal metastatic tumors provides support for the NOMS decision framework. Application of the NOMS paradigm integrates multimodality therapy to optimize local tumor control, pain relief, and restoration or preservation of neurologic function and minimizes morbidity in this often systemically ill patient population.

Conclusion. NOMS paradigm provides a decision framework that incorporates sentinel decision points in the treatment of spinal metastases. Consideration of the tumor sensitivity to radiation in conjunction with the extent of epidural extension allows determination of the optimal radiation treatment and the need for surgical decompression. Mechanical stability of the spine and the systemic disease considerations further help determine the need and the feasibility of surgical intervention. *The Oncologist* 2013;18:744–751

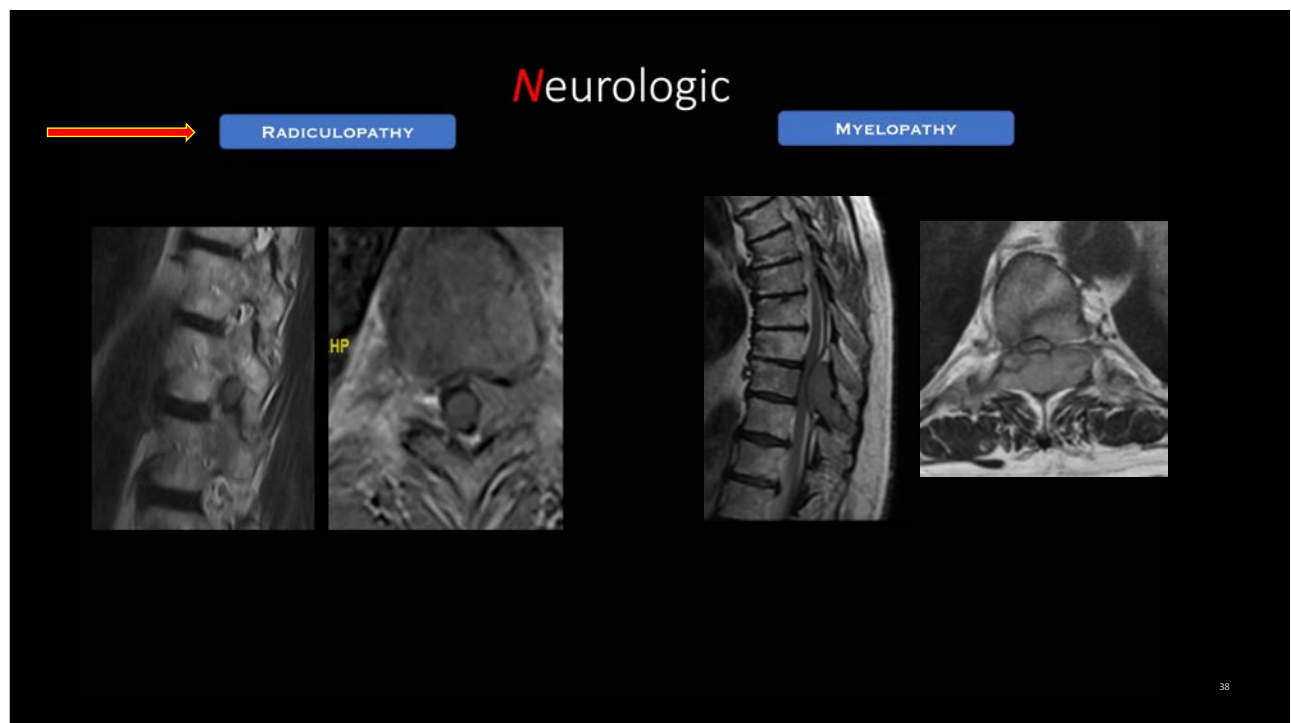
Implications for Practice: Treatment of spinal metastatic tumors requires a multidisciplinary approach which integrates radiation and medical oncology, surgery, and interventional radiology. The NOMS framework described in this manuscript incorporates the neurologic, oncologic, mechanical, and systemic considerations to facilitate decision making in the care of patients with spinal metastases. Furthermore, this framework allows dynamic integration of novel systemic and radiation options which is crucial in these rapidly evolving disciplines. The article summarizes the supporting literature for this framework and provides the results of implementation of the NOMS paradigm in the care of cancer patients.

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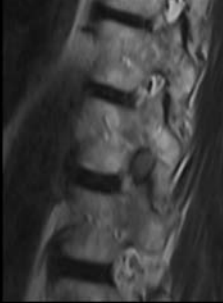
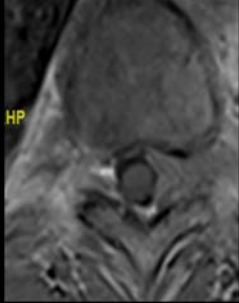

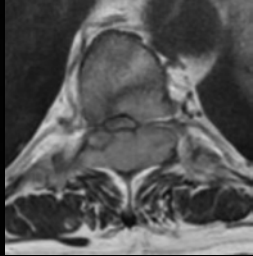


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Neurologic

RADICULOPATHY

MYELOPATHY

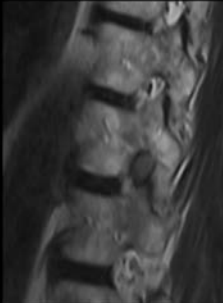
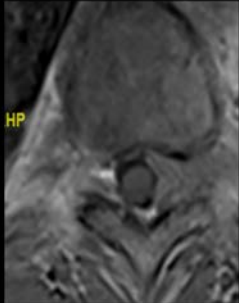

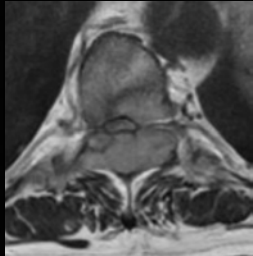
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Neurologic

RADICULOPATHY

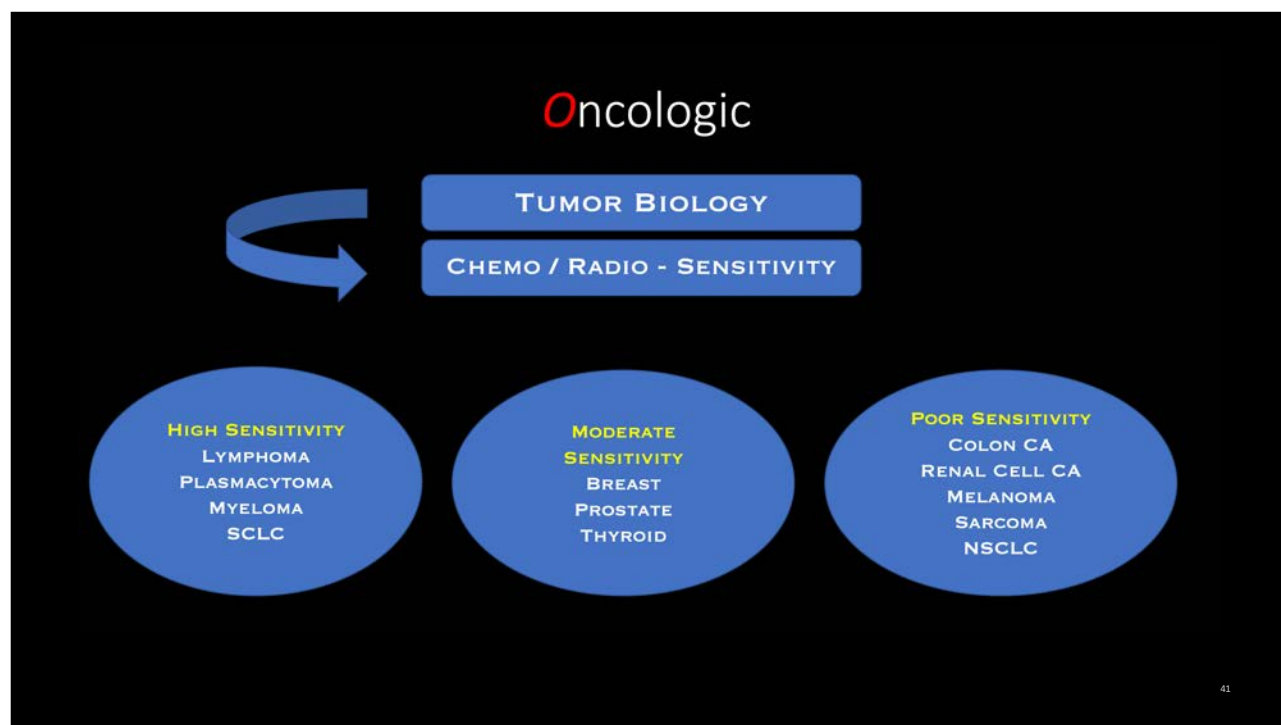
MYELOPATHY

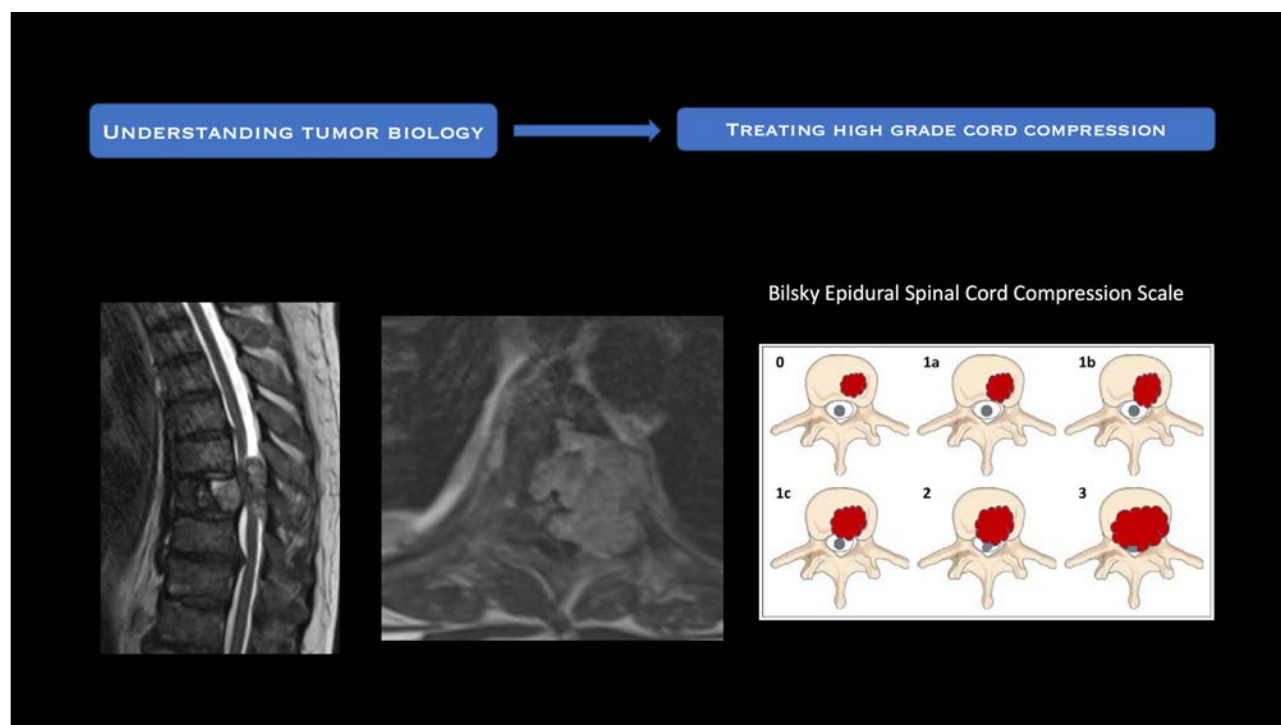
HOW LONG HAS THE DEFICIT BEEN PRESENT?

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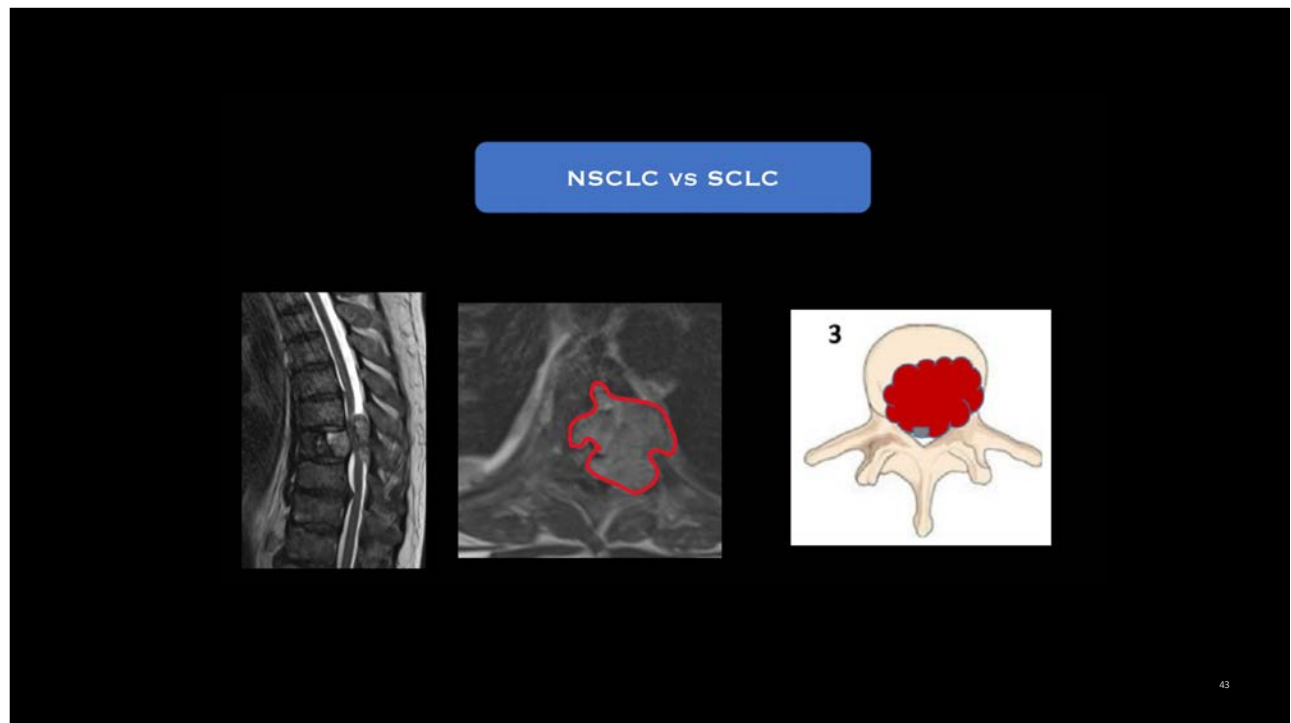
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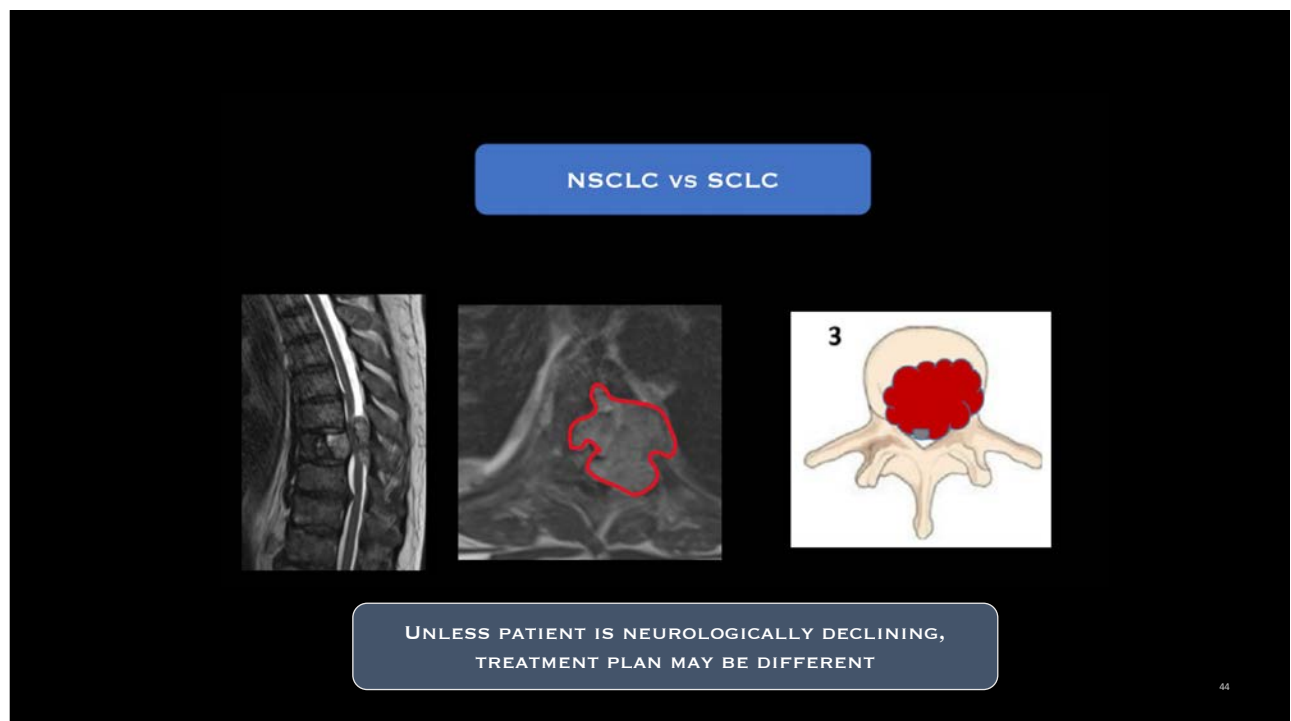
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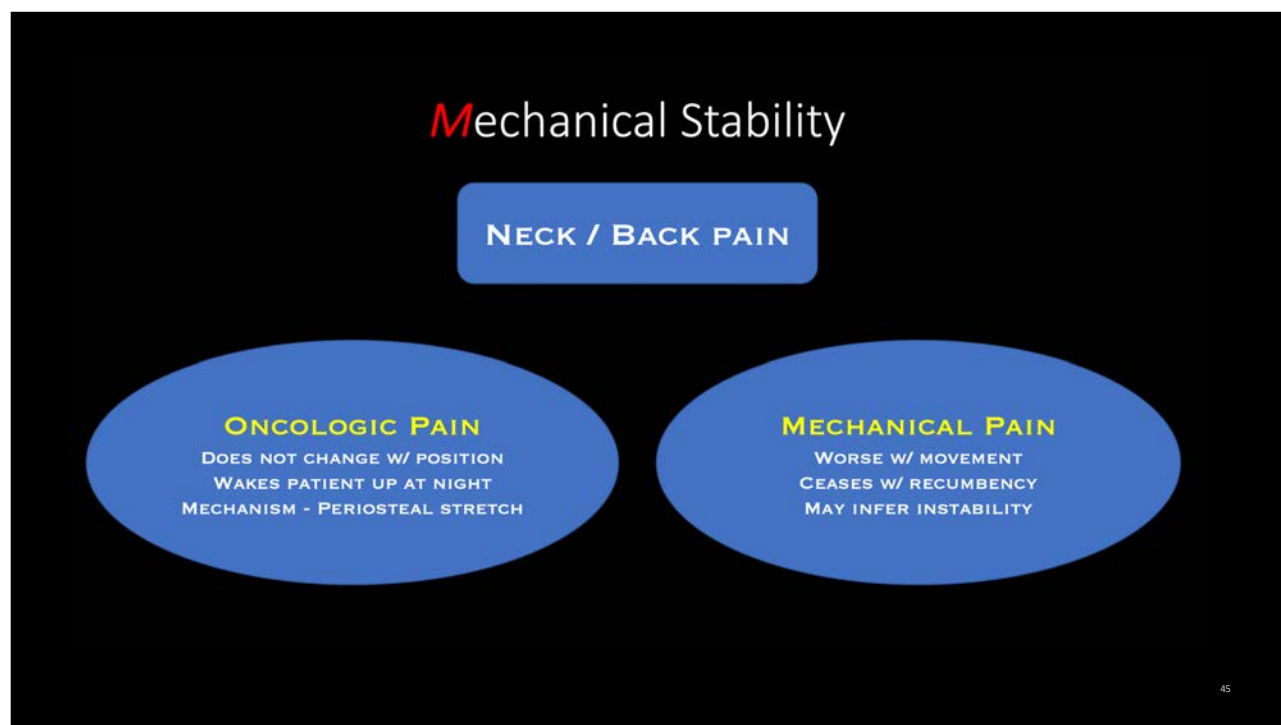
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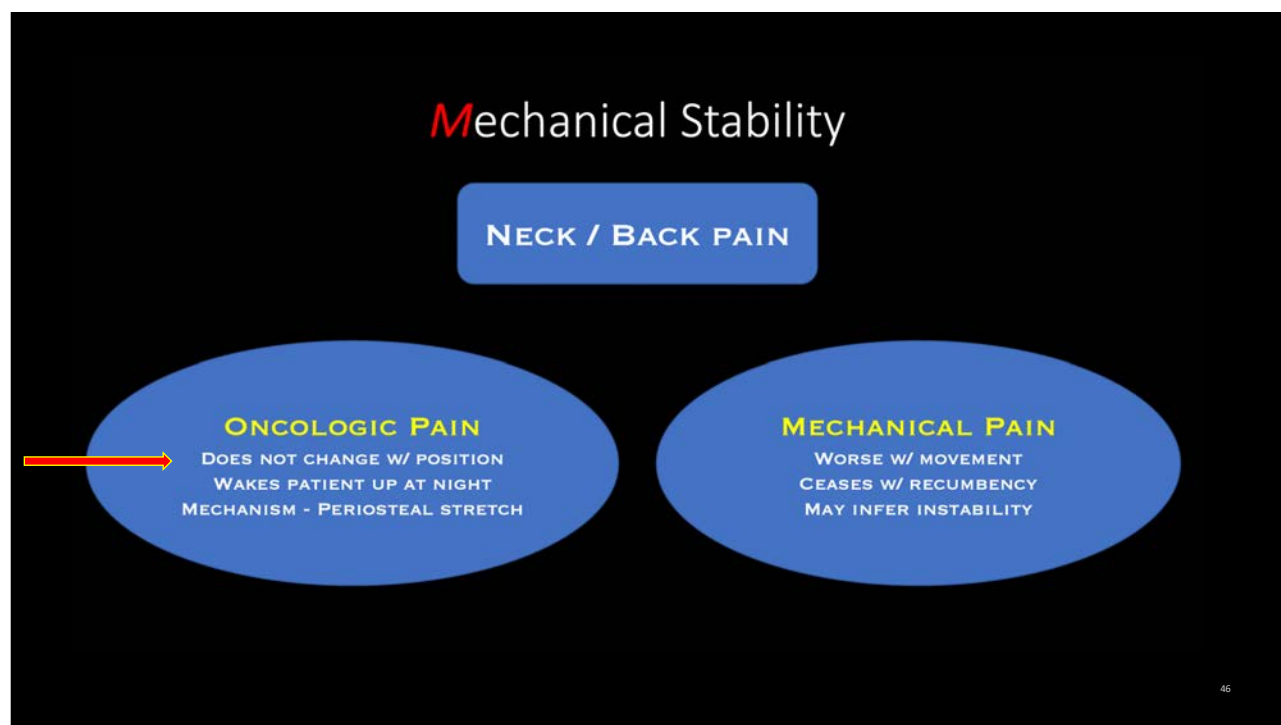
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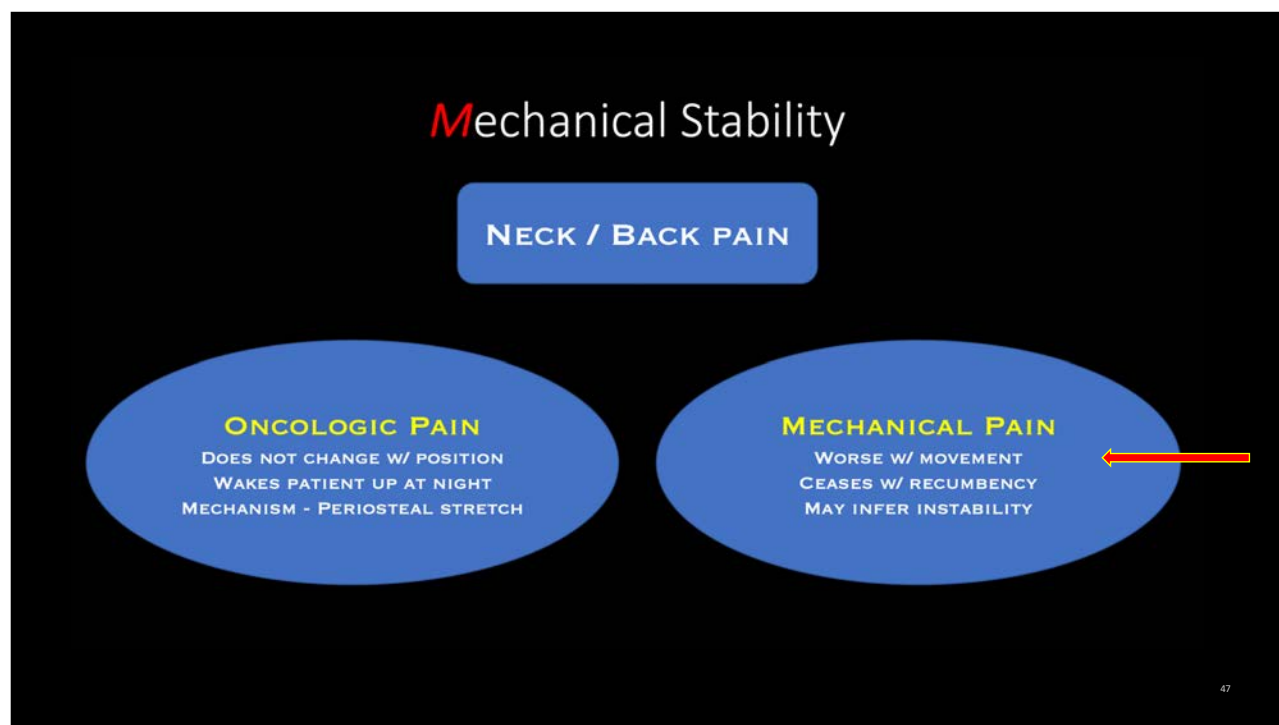
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Original Article

AOSPINE

Global Spine Journal
2017; Vol. 7(8) 744-748
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**Spinal Instability Neoplastic Score (SINS):
Reliability Among Spine Fellows and
Resident Physicians in Orthopedic
Surgery and Neurosurgery**

Shandy Fox, MD¹, Michael Spiess, MD, FRCSC¹,
Luke Hnenny, MD, FRCSC¹, and Daryl R. Fournery, MD, FRCSC, FACS¹

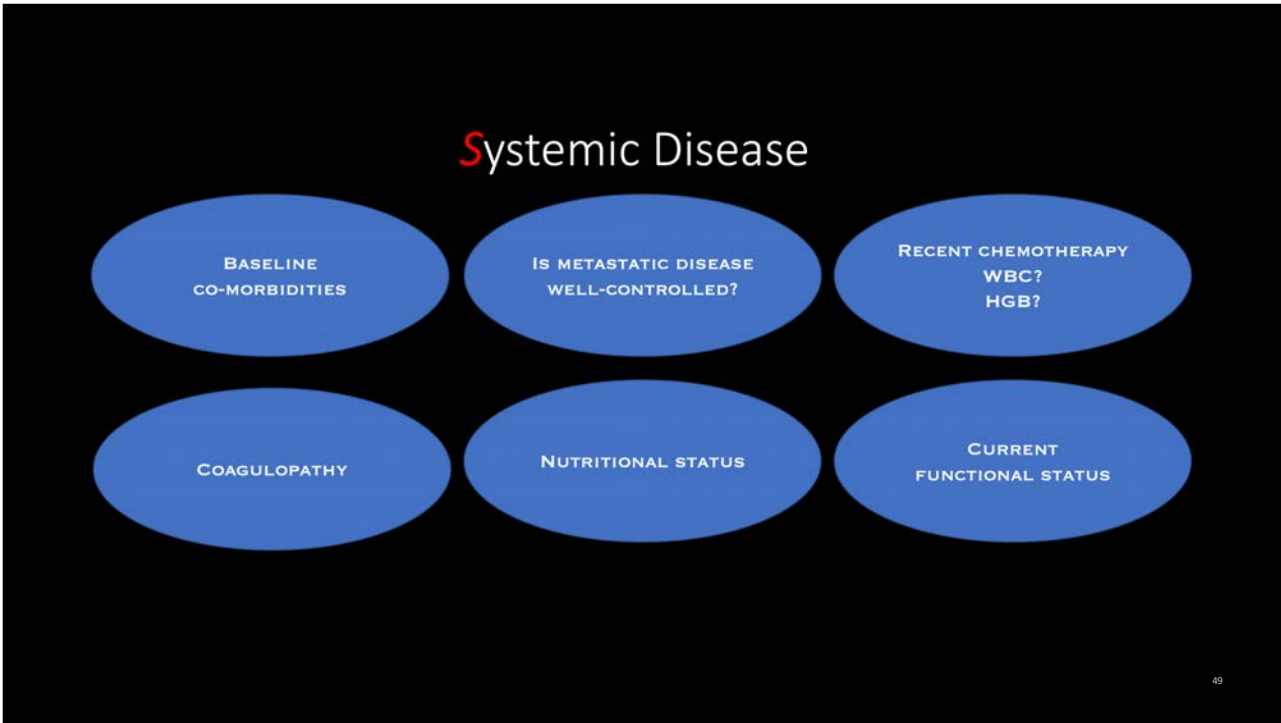
Table 1. Spinal Instability Neoplastic Score (SINS) System.^a

Component	Score
Location	
Junctional (O-C2; C7-T2; T11-L1; L5-S1)	3
Mobile spine (C3-6; L2-4)	2
Semirigid (T3-10)	1
Rigid (S2-S5)	0
Mechanical pain	
Yes	3
No	2
Pain free lesion	1
Bone lesion	
Lytic	2
Mixed (lytic/blastic)	1
Blastic	0
Radiographic spinal alignment	
Subluxation/translation present	4
Deformity (kyphosis/scoliosis)	2
Normal	0
Vertebral body collapse	
>50% collapse	3
<50% collapse	2
No collapse with >50% body involved	1
None of the above	0
Posterolateral involvement	
Bilateral	3
Unilateral	1
None of the above	0

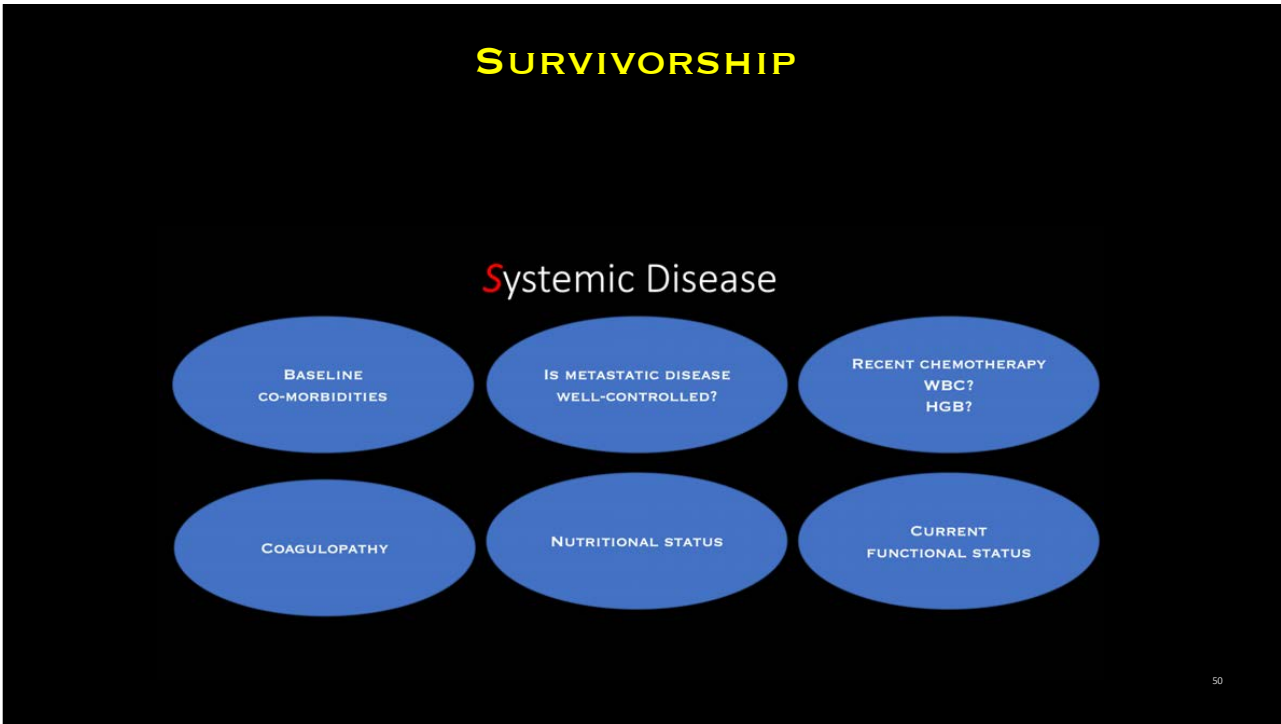
^aData adapted from Fischer et al.⁹

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**WHY DO WE CARE ABOUT
ACCURATE SURVIVORSHIP PREDICTION?**

51

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ACCURATE SURVIVORSHIP PREDICTION?**

**STRATIFY TREATMENT OPTIONS FROM
AGGRESSIVE TO PALLIATION**

52

WHY DO WE CARE ABOUT ACCURATE SURVIVORSHIP PREDICTION?

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WHY DO WE CARE ABOUT ACCURATE SURVIVORSHIP PREDICTION?



PROVIDE MEANINGFUL
RECOVERY FOR OUR PATIENTS

54

WHY DO WE CARE ABOUT ACCURATE SURVIVORSHIP PREDICTION?

PROVIDE MEANINGFUL
RECOVERY FOR OUR PATIENTS

REAP THE BENEFITS OF OUR
INTERVENTION

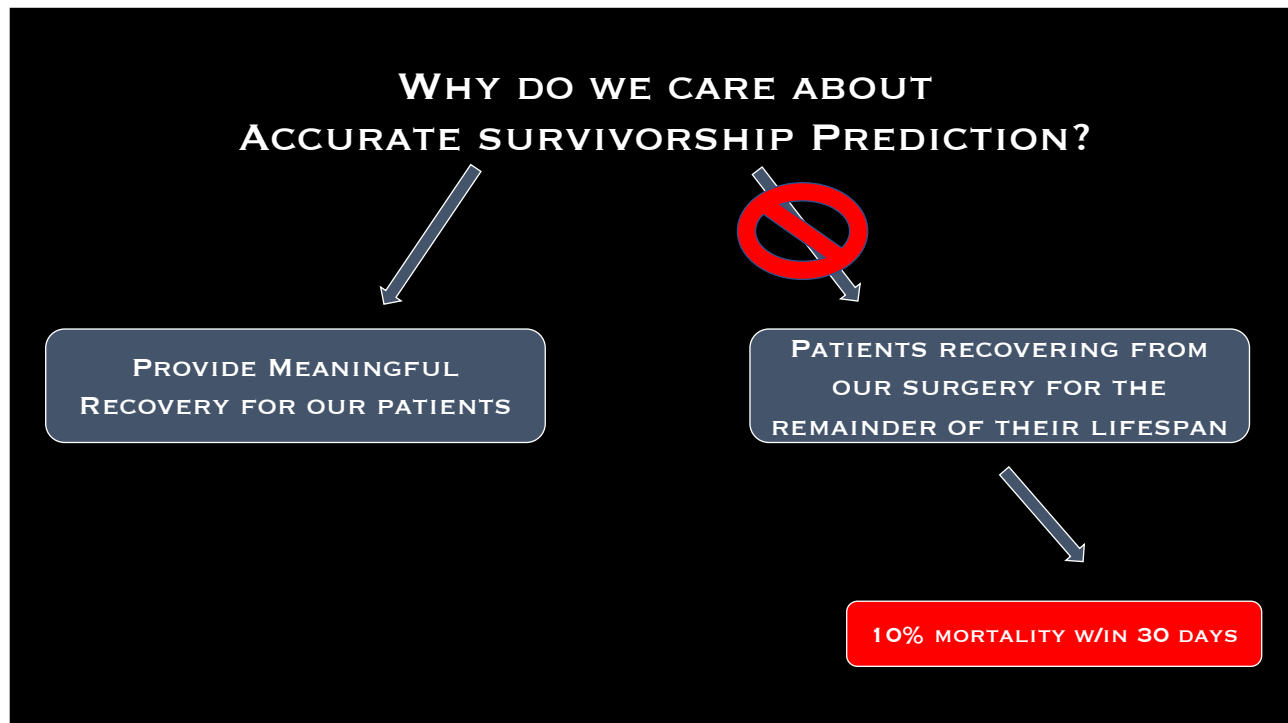
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WHY DO WE CARE ABOUT ACCURATE SURVIVORSHIP PREDICTION?

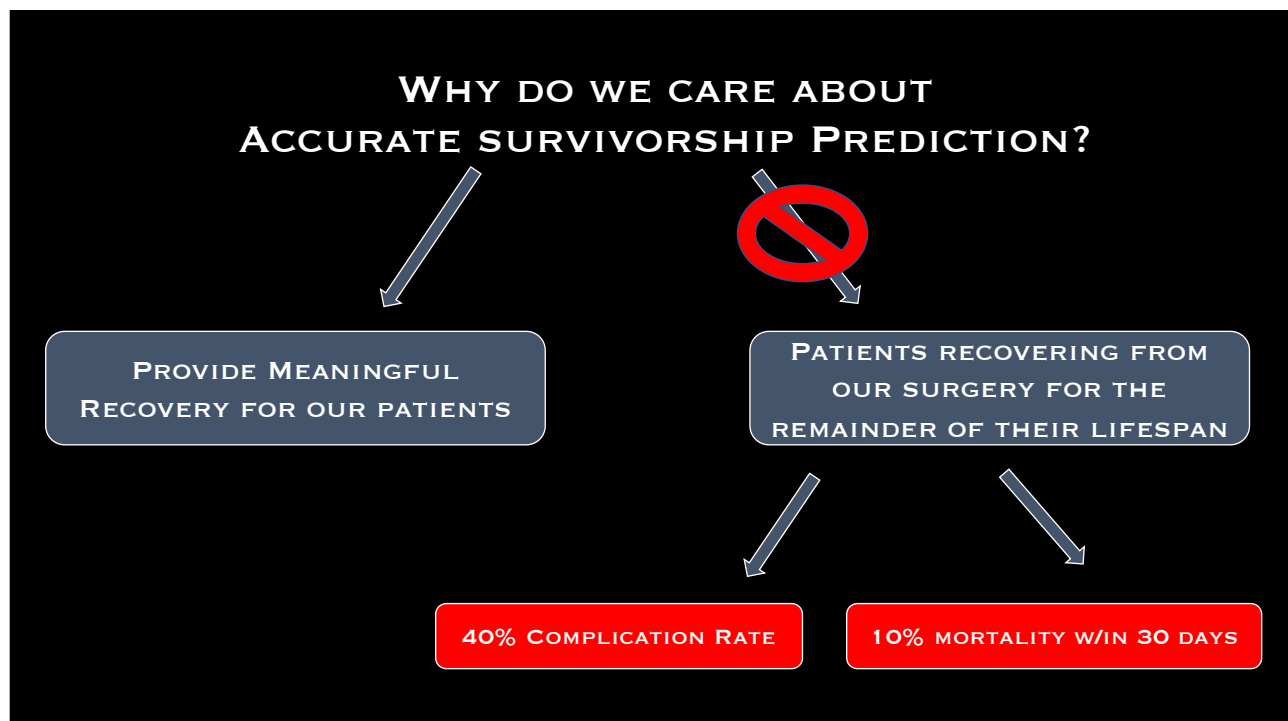
PROVIDE MEANINGFUL
RECOVERY FOR OUR PATIENTS

PATIENTS RECOVERING FROM
OUR SURGERY FOR THE
REMAINDER OF THEIR LIFESPAN

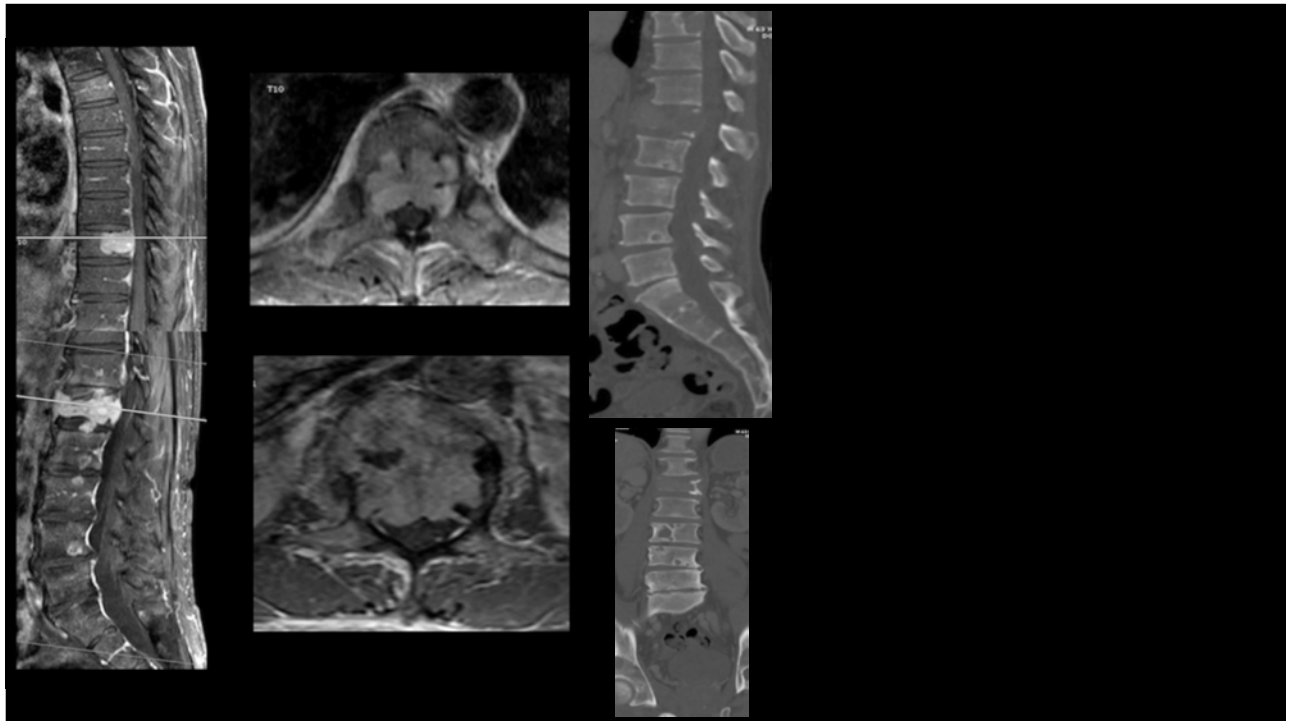
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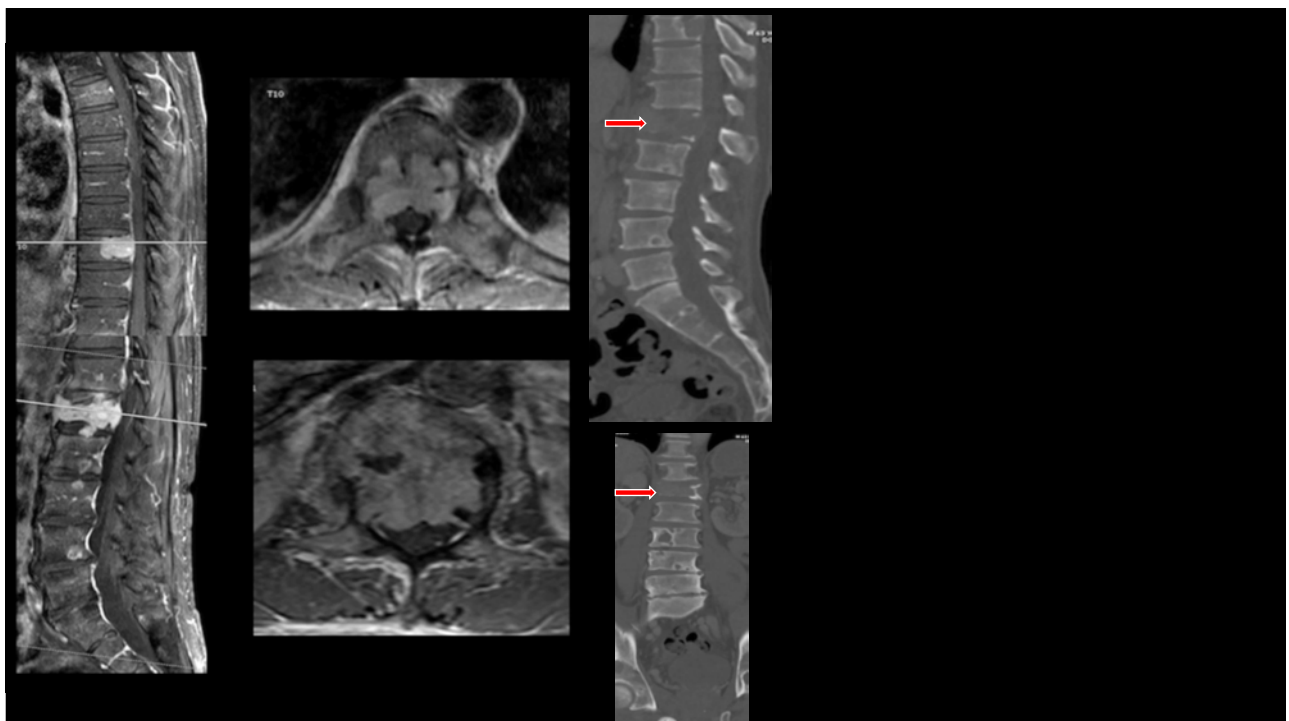
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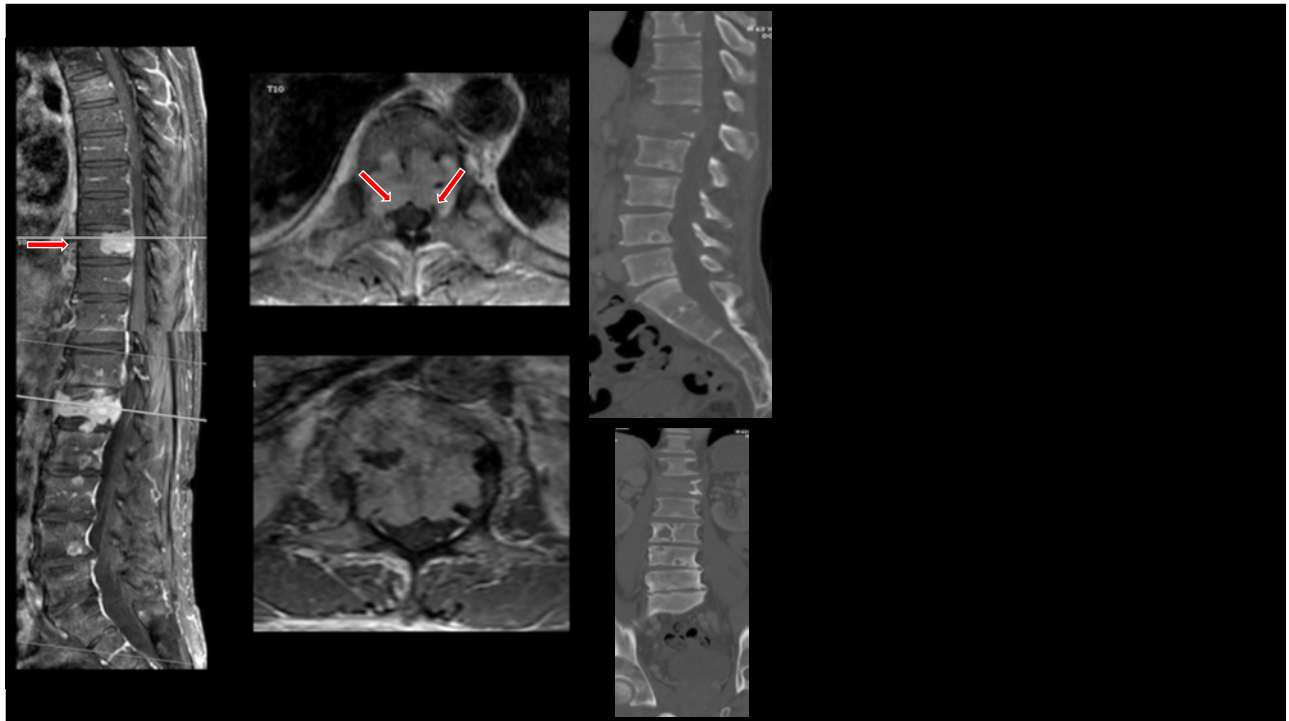
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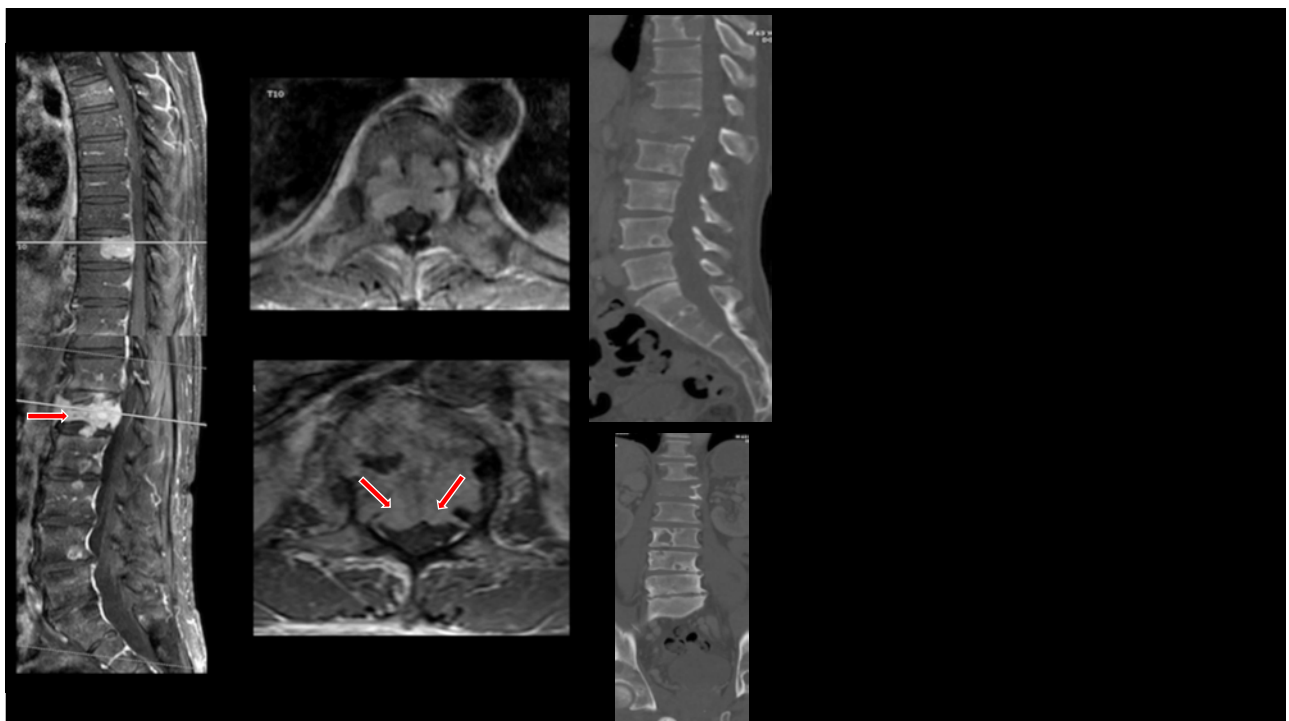
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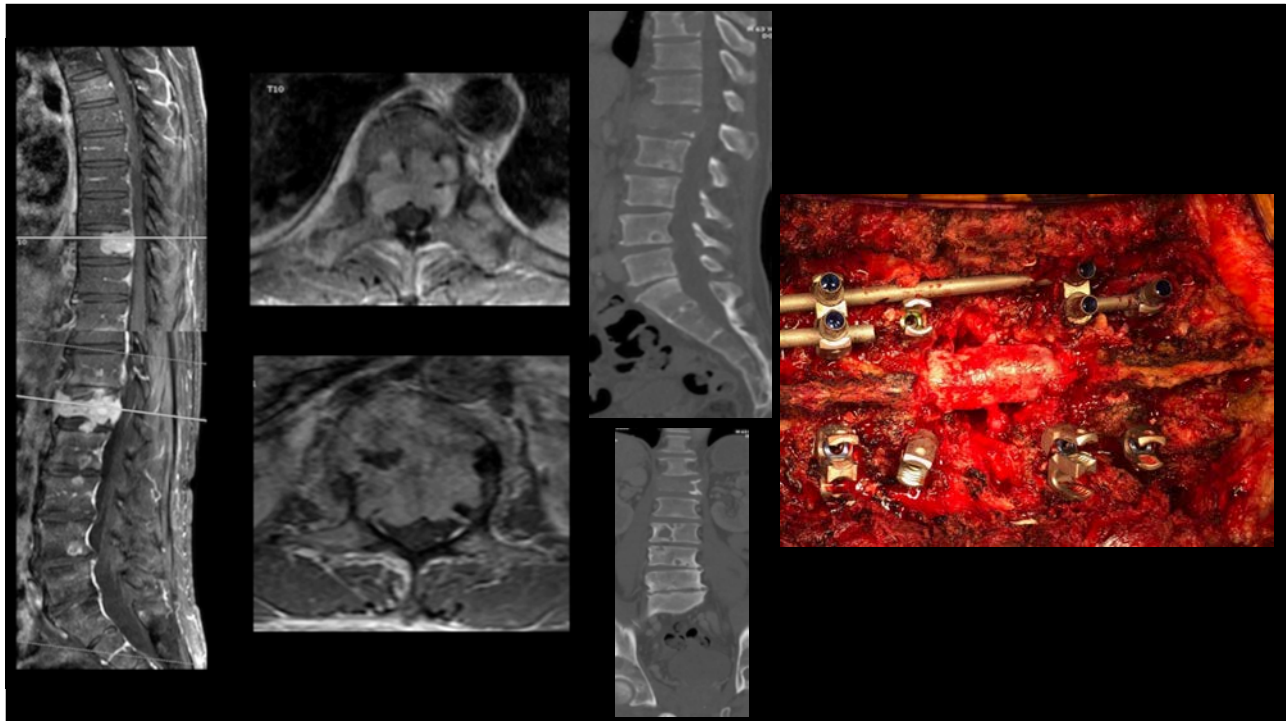
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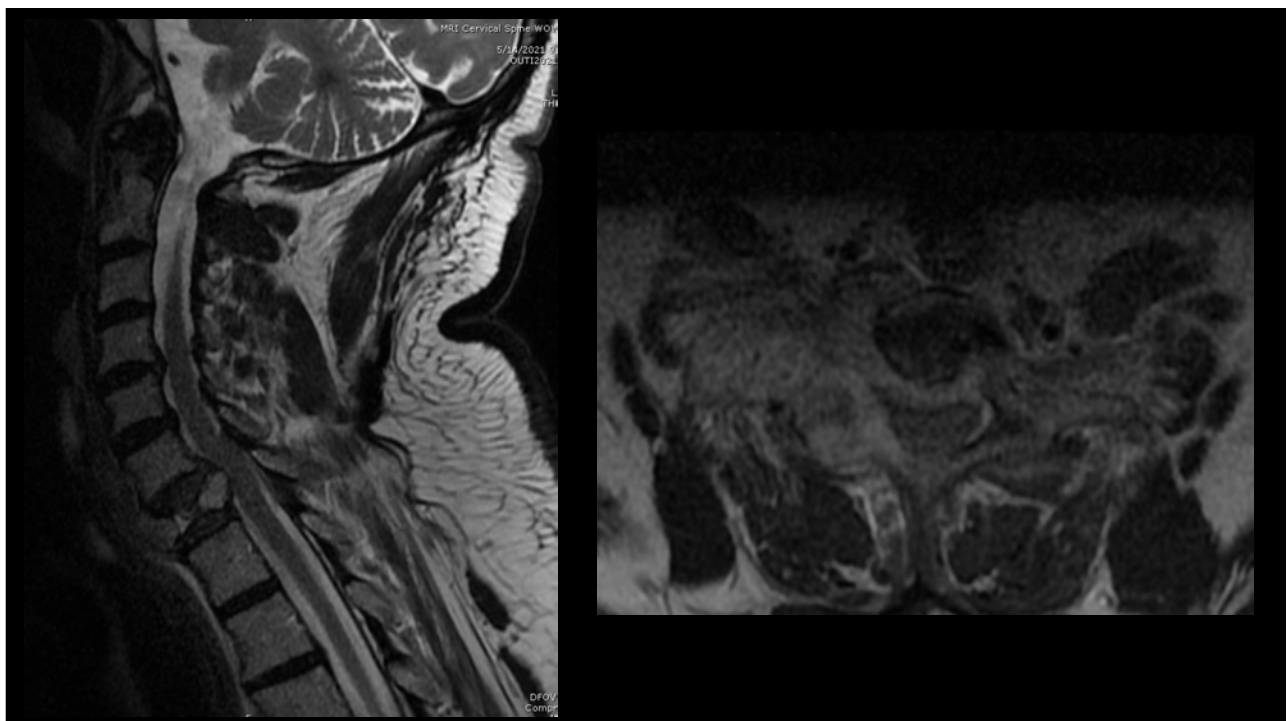
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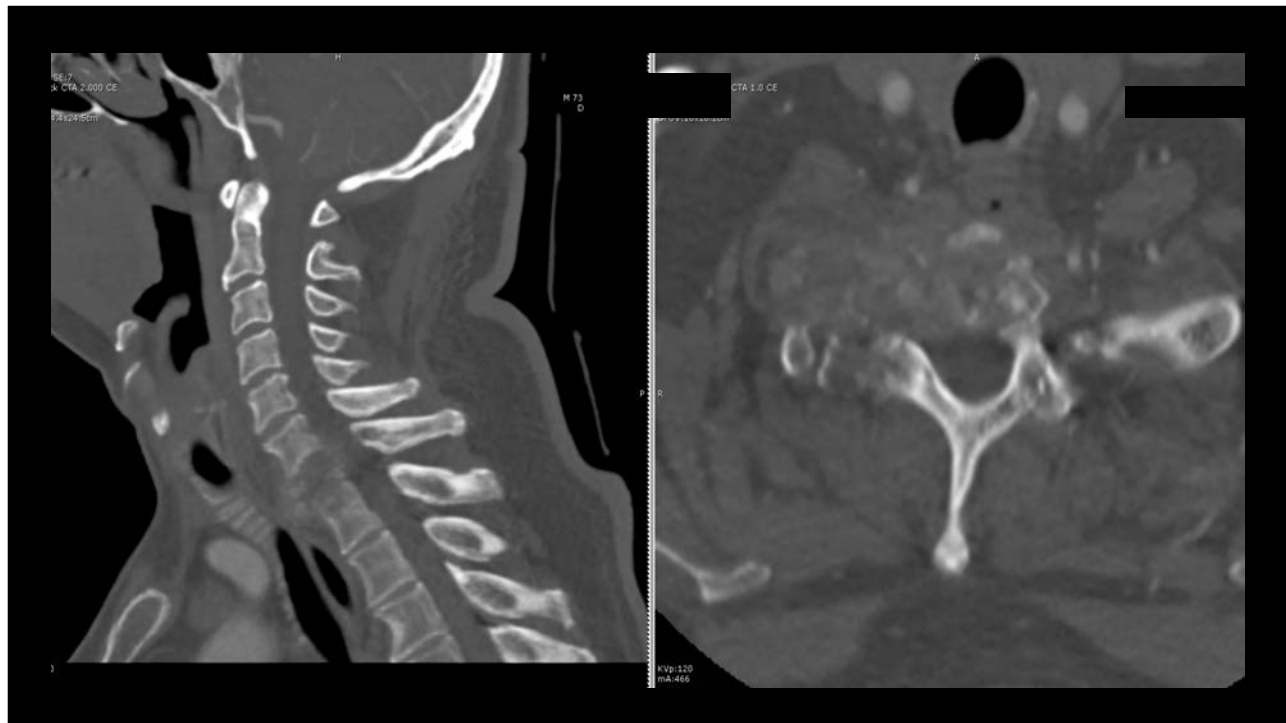
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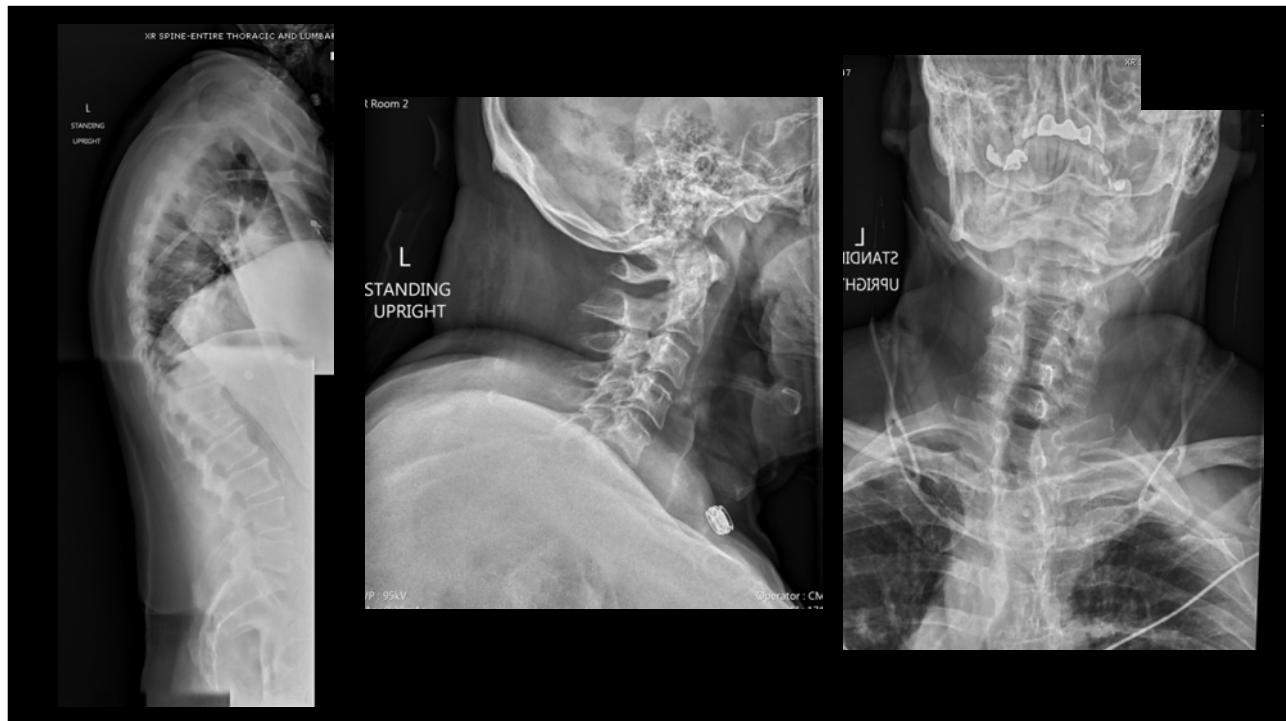
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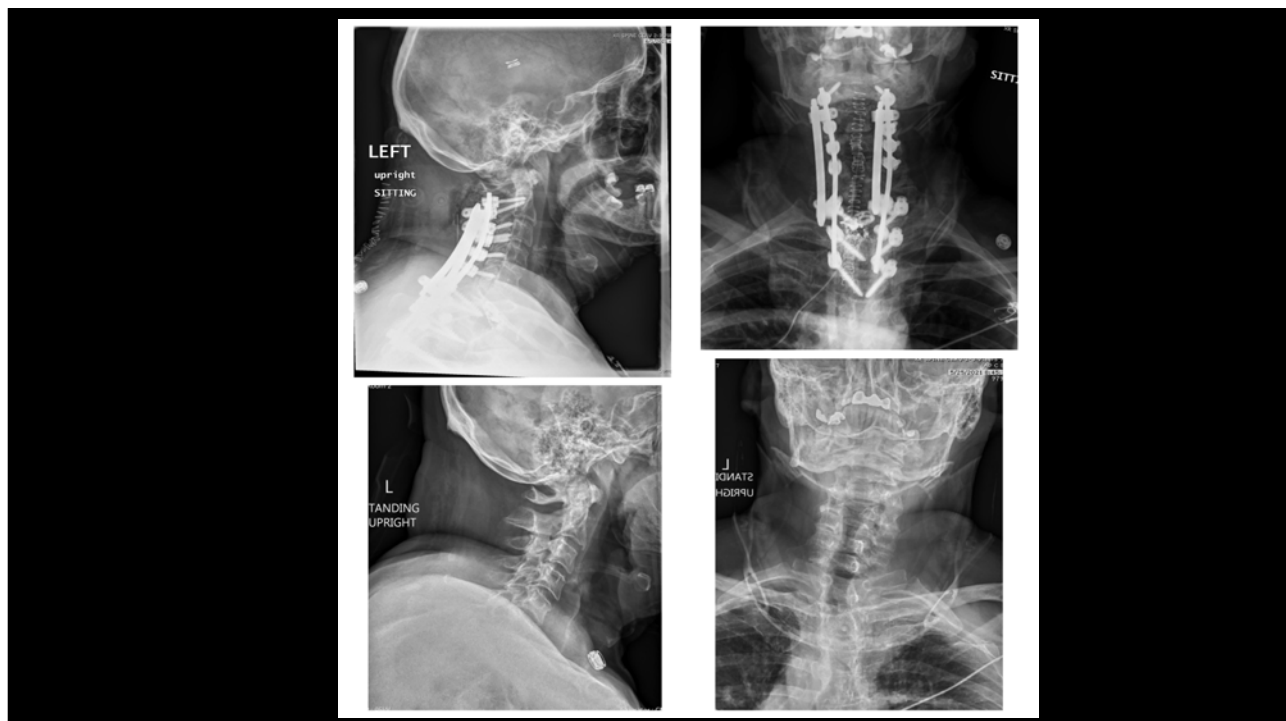
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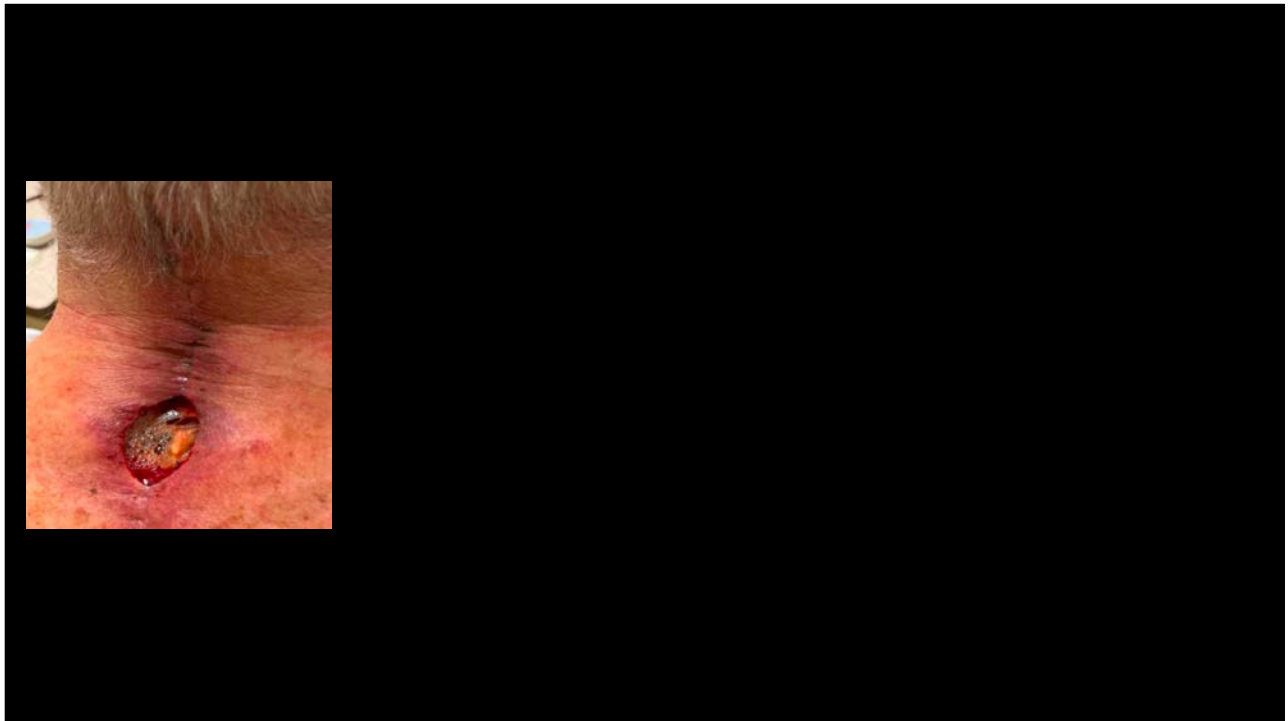
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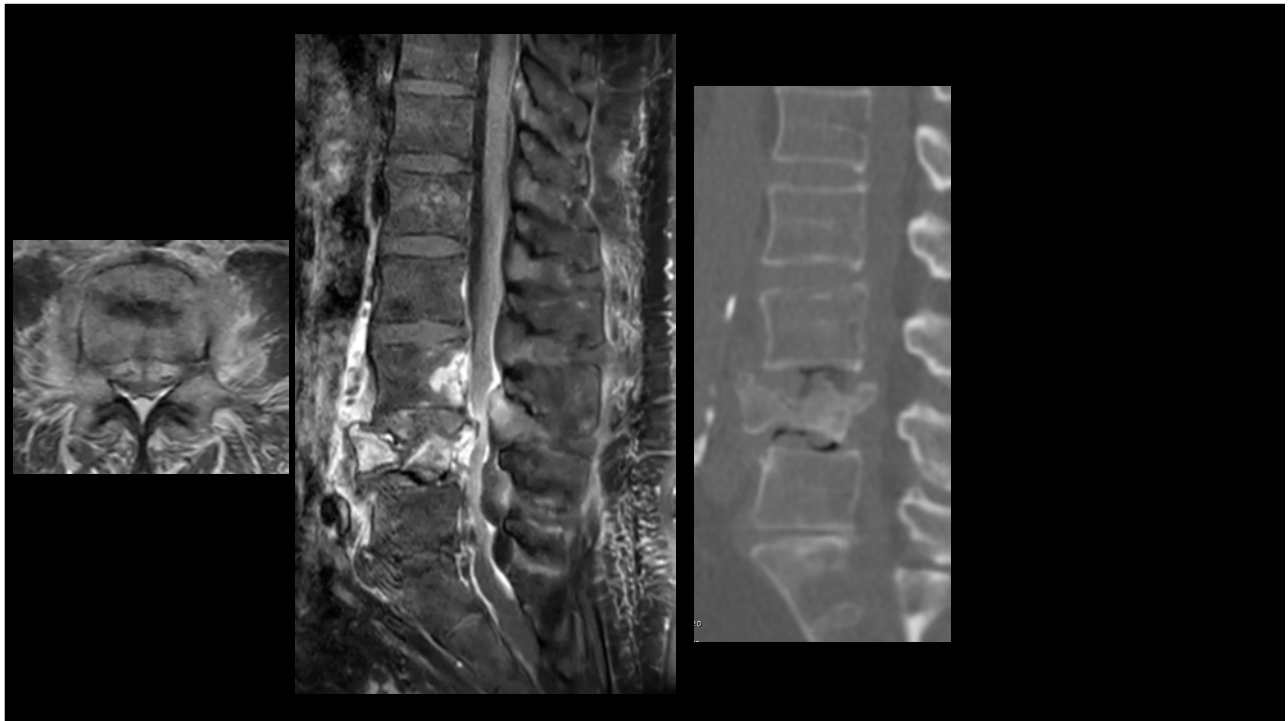
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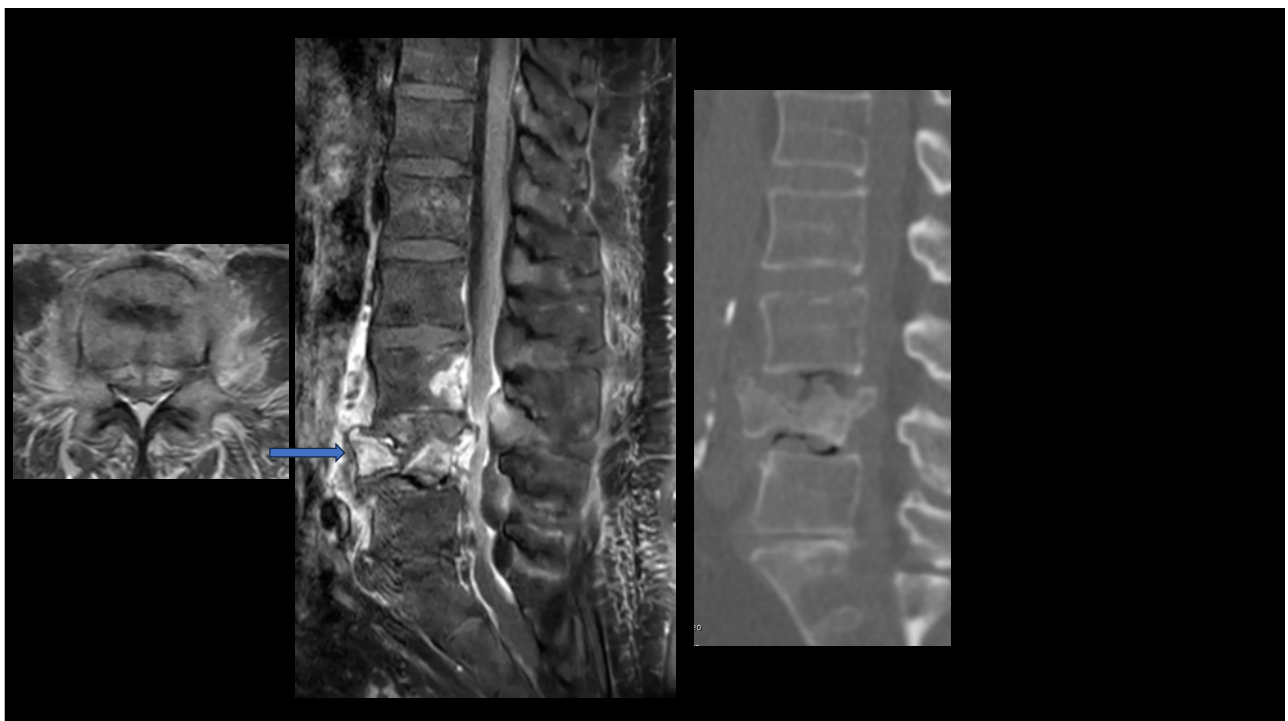
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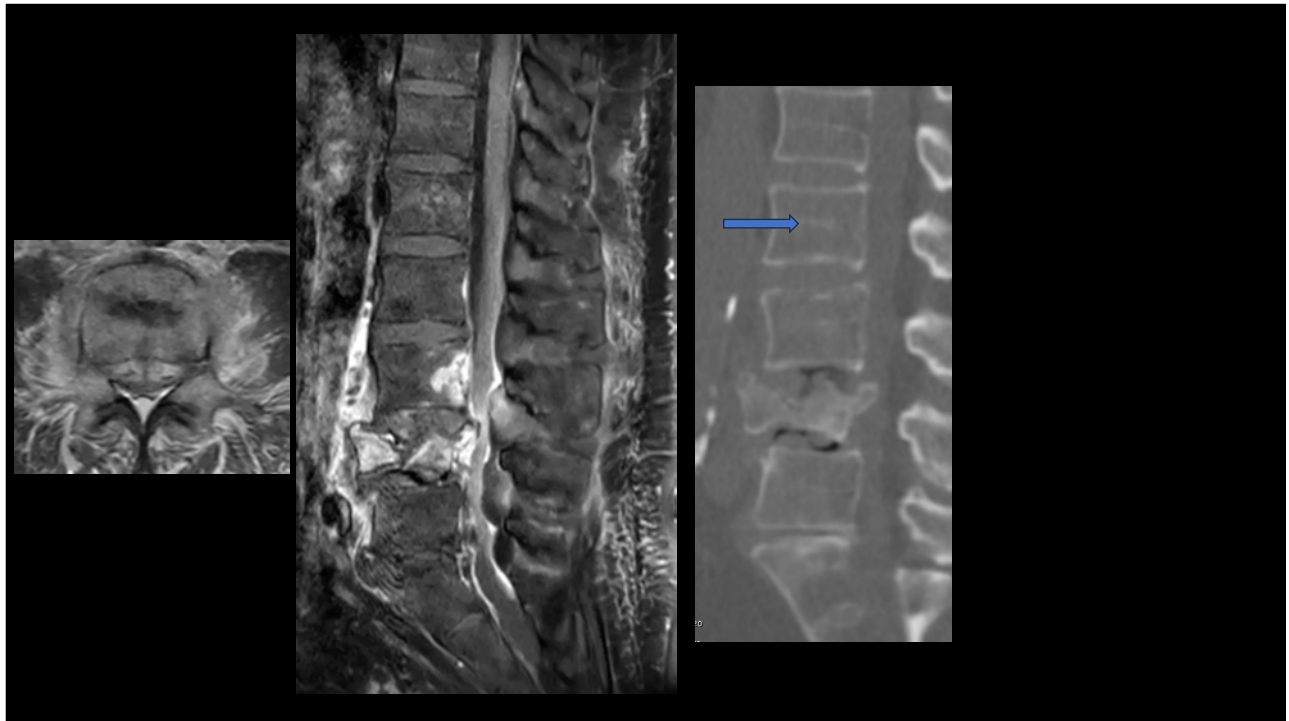
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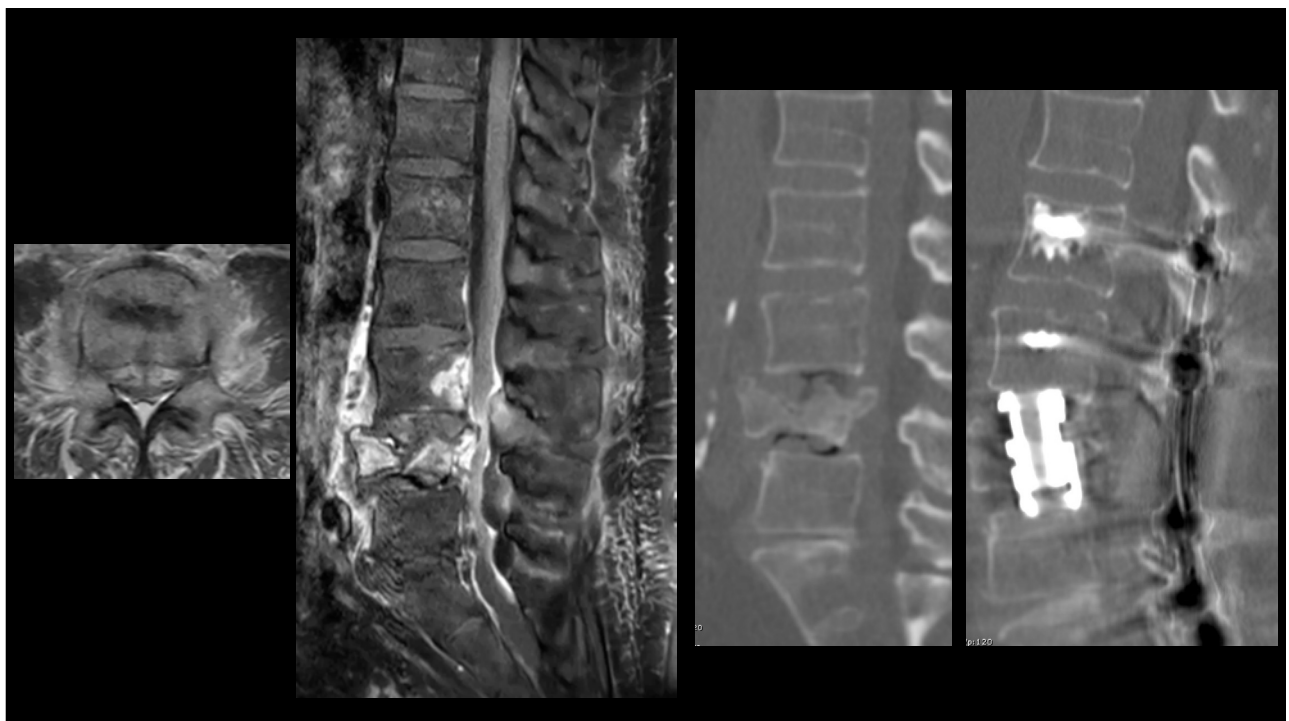
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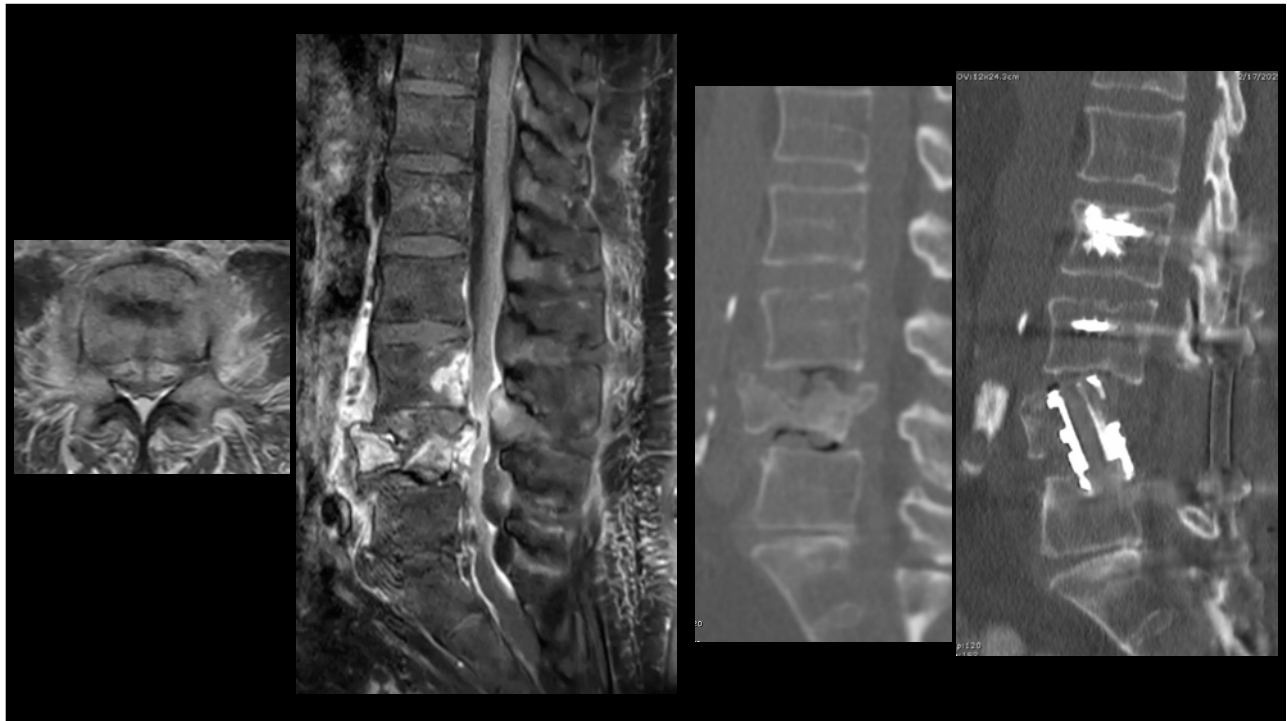
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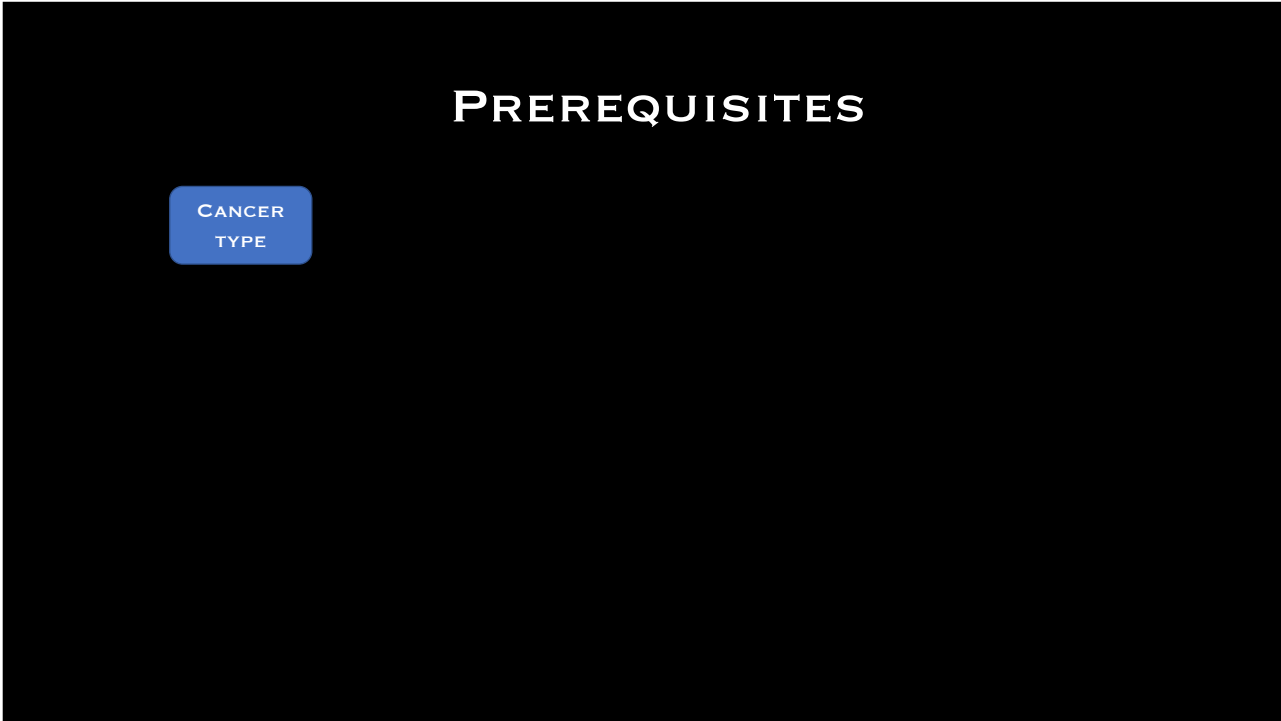
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HOW DO WE PREDICT PATIENT MORTALITY?

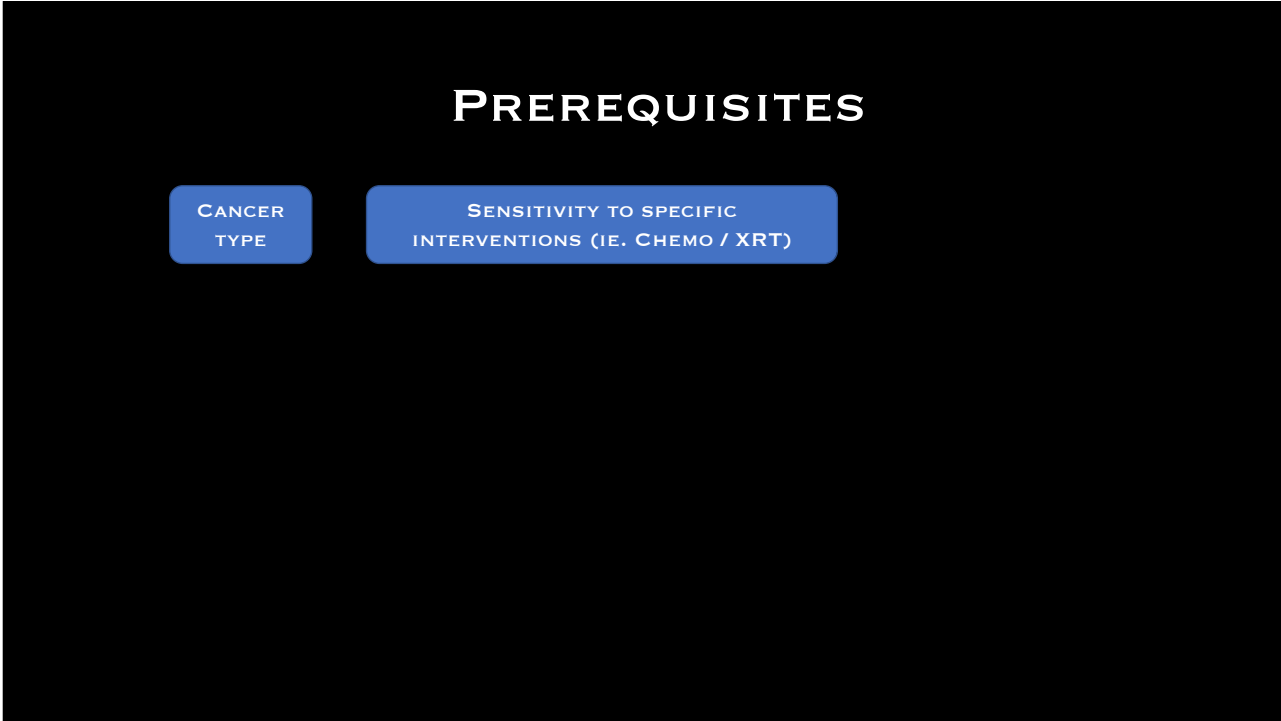
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PREREQUISITES

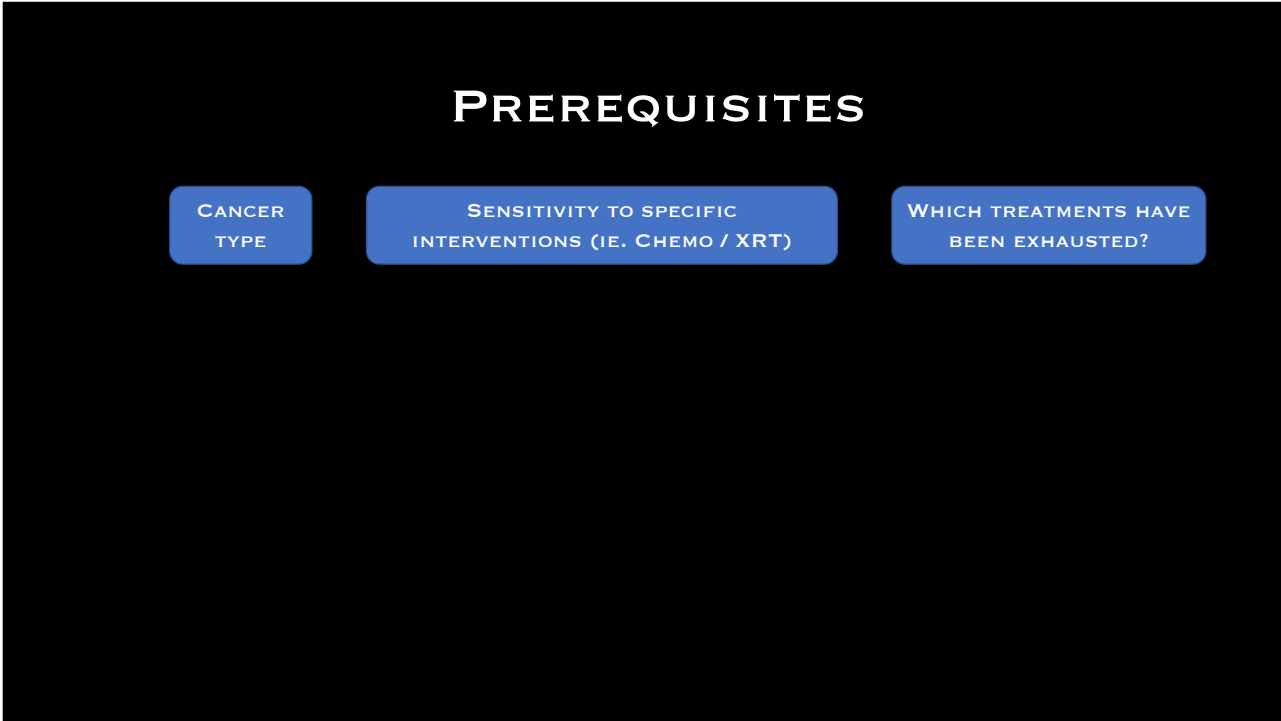
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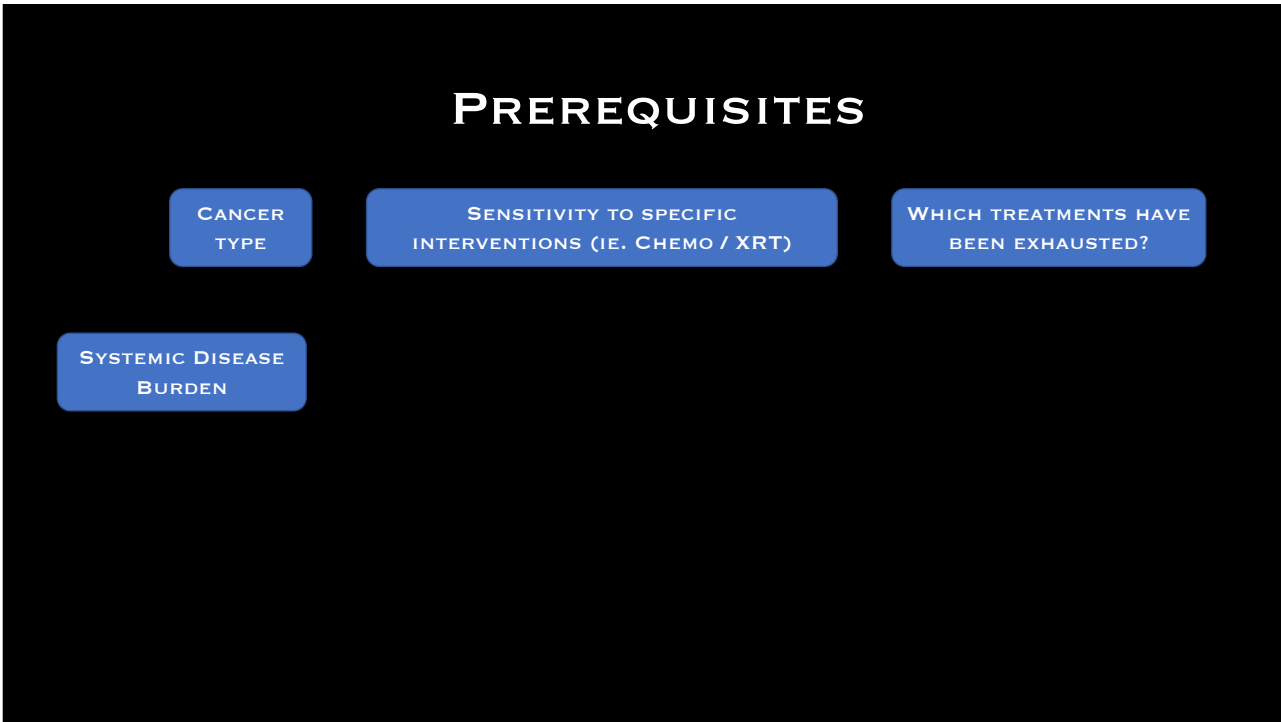
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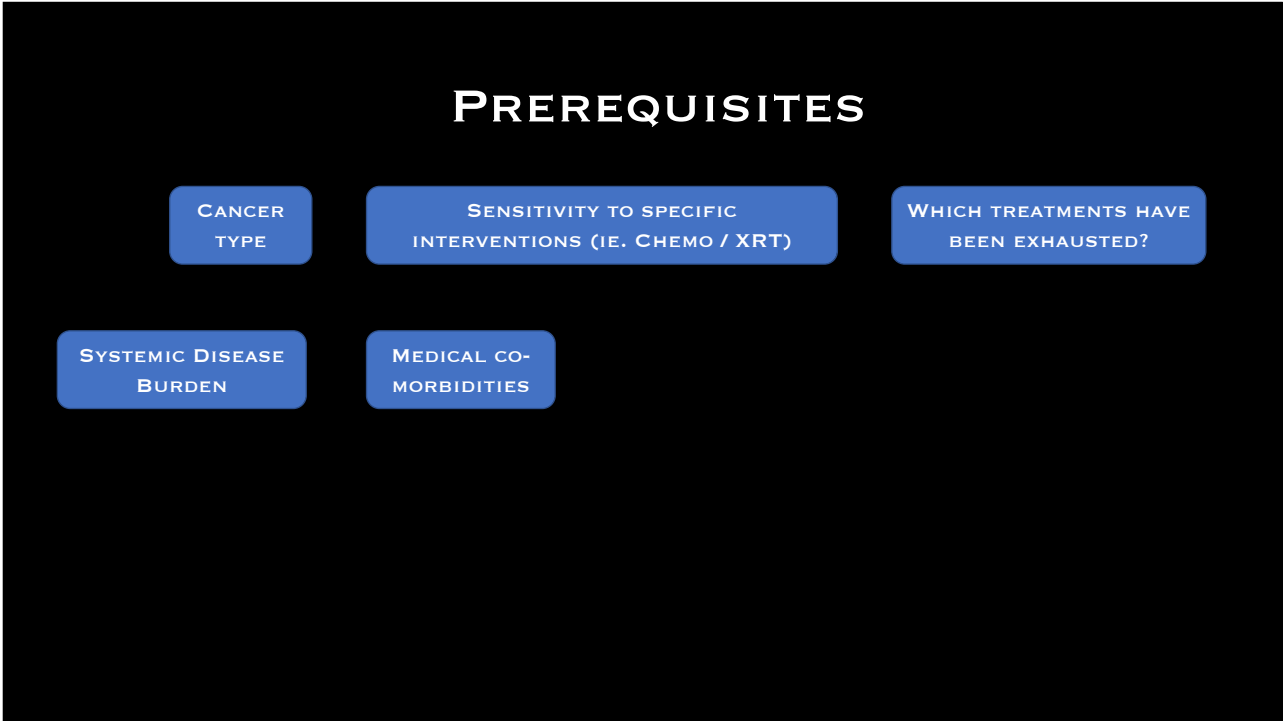
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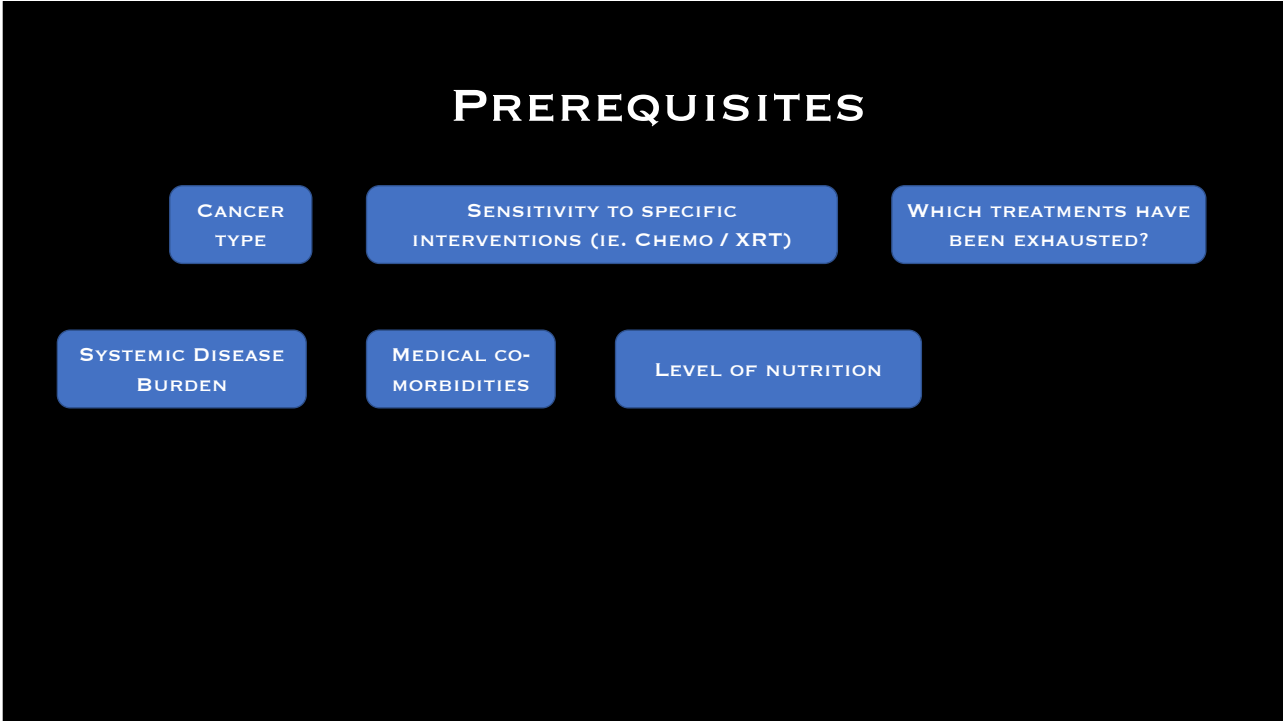
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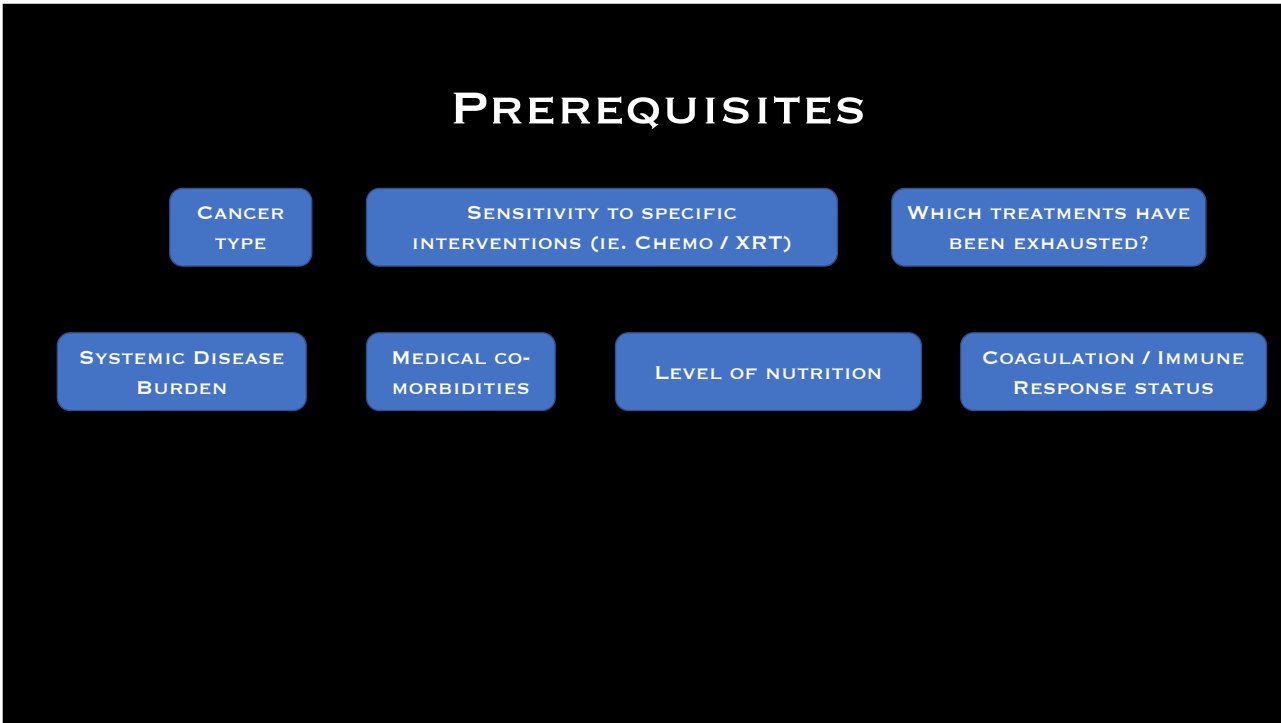
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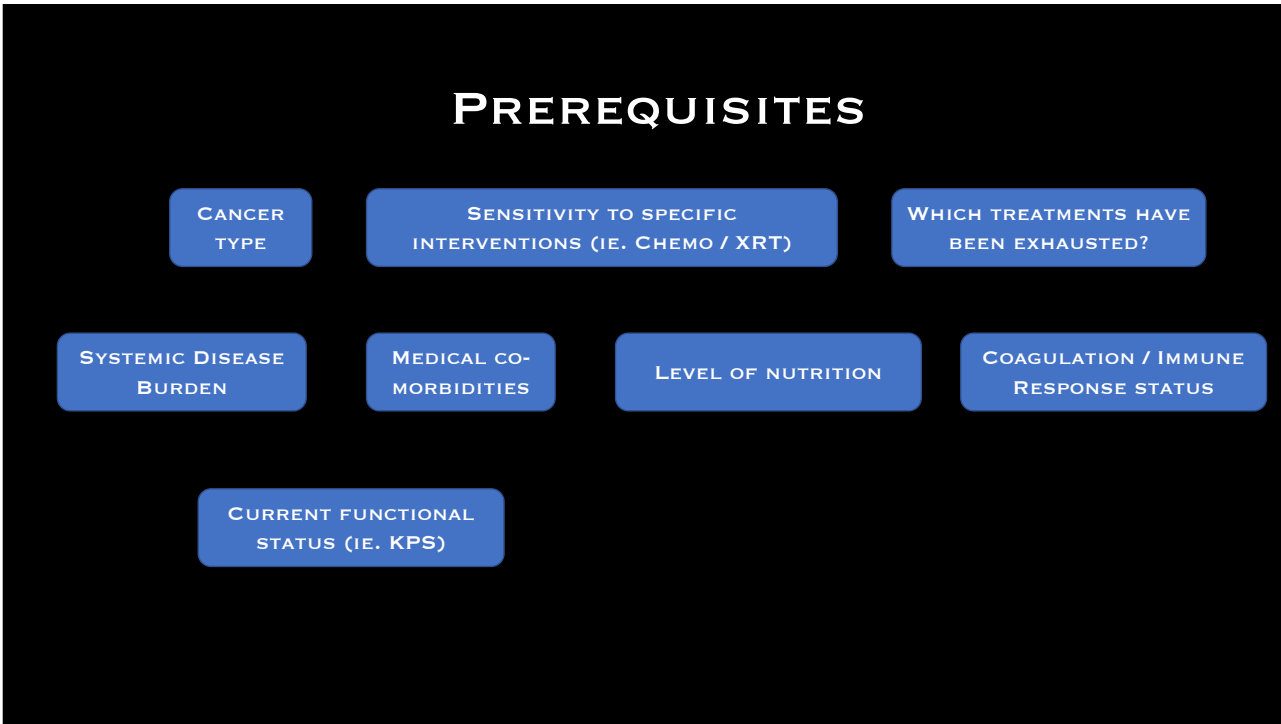
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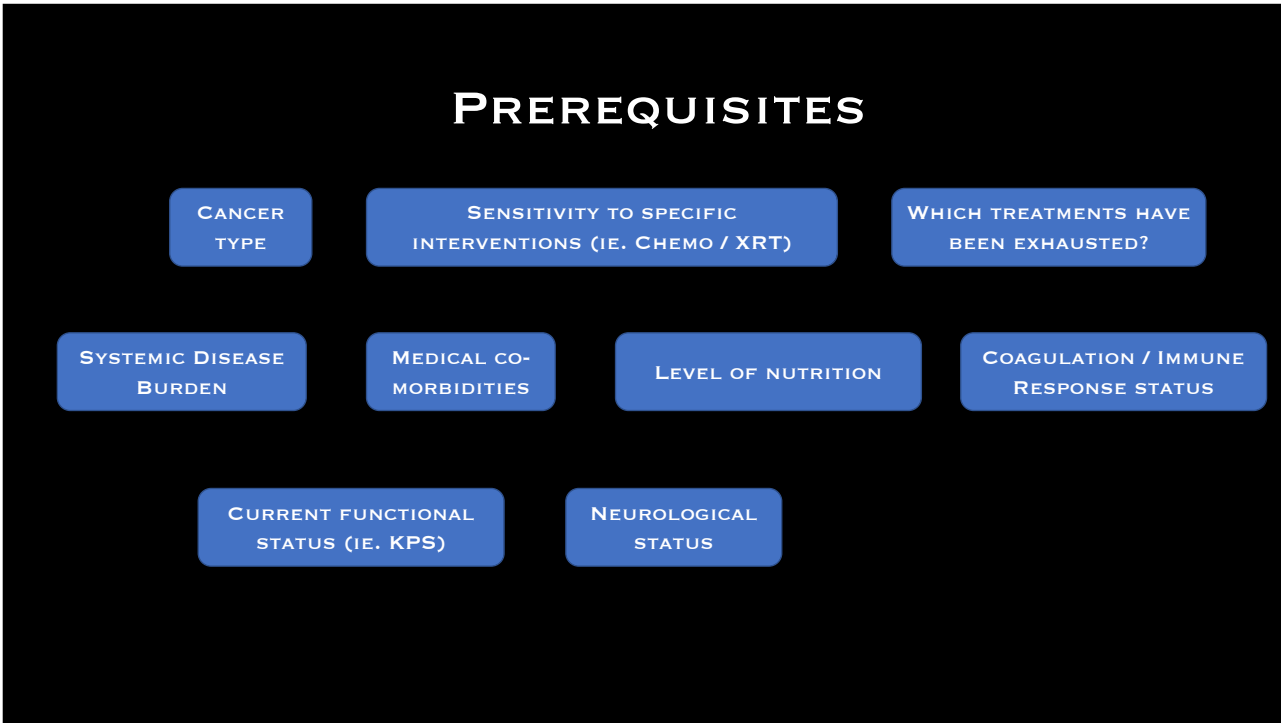
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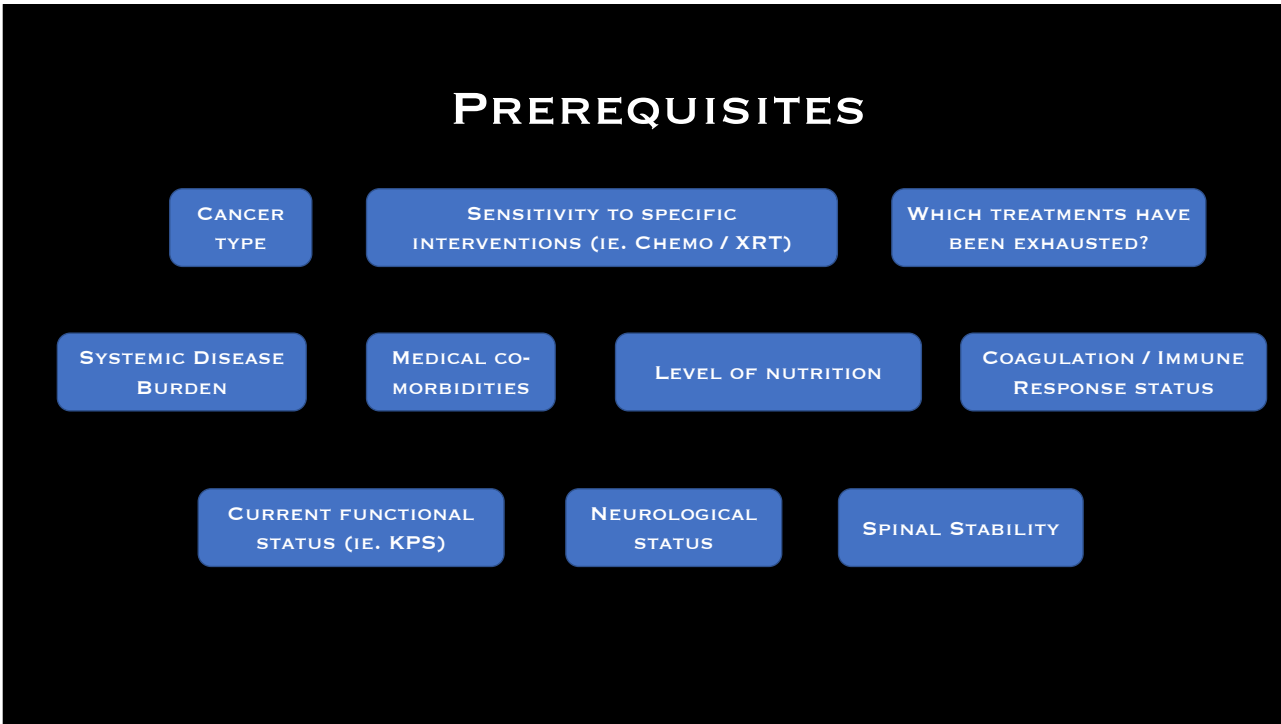
89



90



91



92





95

Points **Positive Prognostic Factors**

1	No visceral metastases
1	No lung cancer
1	Primary = breast, kidney, lymphoma or myeloma
1	Solitary skeletal metastases

(B) Score Interpretation

Score	Treatment Goal	Surgical Strategy
0-1	Supportive care	No surgery
2	Short-term palliation	Dorsal
3-4	Middle-term local control	Venterodorsal

The Modified Bauer Score. (A) Score Calculation

Characteristic	Score
General condition (performance status)	
Poor (PS 10%-40%)	0
Moderate (PS 50%-70%)	1
Good (PS 80%-100%)	2
No. of extraspinal bone metastases foci	
≥3	0
1-2	1
0	2
No. of metastases in the vertebral body	
≥3	0
2	1
1	2
Metastases to the major internal organs	
Unremovable	0
Removable	1
No metastases	2
Primary site of the cancer	
Lung, osteosarcoma, stomach, bladder, esophagus, pancreas	0
Liver, gallbladder, unidentified	1
Others	2
Kidney, uterus	3
Rectum	4
Thyroid, breast, prostate, carcinoid tumor	5
Palsy	
Complete (Frankel A, B)	0
Incomplete (Frankel C, D)	1
None (Frankel E)	2

Criteria of predicted prognosis: Total Score (TS) 0-6 = > 60MO; 7-10 = 12-18 = > 1 yr.

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Criteria of predicted prognosis: Total Score (TS) 0-6 = > 6 MO; TSS 11 = < 6 MO; TS 12-15 = < 1 yr.

Scoring System			Prognostic Score	Treatment Goal	Surgical Strategy	
Point	Primary Tumor	Visceral Metastases	Bone Metastases			
1	slow growth	solitary or isolated	solitary or isolated	2	Long-term local control	Wide or Marginal excision
2	moderate growth	multiple	multiple	4	Middle-term local control	Marginal or Intralesional excision
3	rapid growth	multiple	multiple	6	Short-term palliation	Palliative surgery
4	rapid growth	multiple	multiple	8	Terminal care	Supportive care

• No visceral mets. = 0 point • Bone mets. including spinal mets.

PROGNOSTIC SCALES THEMSELVES HAVE A FINITE LIFESPAN OF RELEVANCE AND ACCURACY

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PROGNOSTIC SCALES THEMSELVES HAVE A FINITE LIFESPAN OF RELEVANCE AND ACCURACY

WHEN DO THEY STOP REFLECTING THE CURRENT TRENDS IN SYSTEMIC CANCER CARE?

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JNS SPINE

CLINICAL ARTICLE
J Neurosurg Spine 35:527–534, 2021

Are spine metastasis survival scoring systems outdated and do they underestimate life expectancy? Caution in surgical recommendation guidance

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RESULTS In this series, the median survival time for all patients from an SPM diagnosis was 17.03 ± 1.5 months. Sensitivity and specificity were estimated using the area under the curve (AUC). The AUC of Tomita's prognosis score was the lowest and poorest (0.4 ± 0.023 , range 0.35–0.44), whereas the AUC of the Tokuhashi score was the highest (0.825). The Lei score presented an AUC of 0.686 ± 0.022 (range 0.64–0.7), and the Rades score showed a weaker AUC (0.583 ± 0.020 , range 0.54–0.63). Differences among AUCs were all statistically significant ($p < 0.001$). The modified Bauer score and the Rades score had the highest rate of agreement in predicting survival, with a weighted Cohen's kappa of 0.54 and 0.41, respectively, indicating a moderate agreement. The revised Tokuhashi and Lei scores had a fair rate of agreement (weighted Cohen's kappa = 0.24 and 0.22, respectively). The van der Linden and Tomita scores demonstrated the worst performance, with only a "slight" rate of agreement (weighted Cohen's kappa = 0.19 and 0.16, respectively) between what was predicted and the actual survival.

CONCLUSIONS The use of prognostic scoring systems in the estimation of survival in patients with SPM has become obsolete and therefore underestimates survival. Surgical treatment decisions should no longer be based on survival estimations alone but must also take into account patient symptoms, spinal instability, and quality of life.

<https://thejns.org/doi/abs/10.3171/2020.12.SPINE201741>

KEYWORDS prognostic score; cancer; survival; spine metastasis; ROC curves; area under the curve; oncology

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Tomita ⁴	189	25.6	0.16	0.04	Slight
Modified Bauer ²	431	61.0	0.54	0.09	Moderate
van der Linden ¹	350	47.4	0.19	0.018	Slight
Lei ⁵	310	41.9	0.22	0.019	Fair
Rades ⁶	223	30.2	0.41	0.022	Moderate

Weighted Cohen's kappa: 1 = perfect agreement, 0 = agreement equivalent to chance, < 0 = less than chance agreement, 0.01–0.2 = slight agreement, 0.21–0.4 = fair agreement, 0.41–0.6 = moderate agreement, 0.61–0.8 = substantial agreement, 0.81–0.99 = almost perfect agreement.

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LEI – 206
BAUER – 208

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HETEROGENEITY OF TUMORS → EACH SUBGROUP NOT WELL-REPRESENTED

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Weighted Cohen's kappa: 1 = perfect agreement, 0 = agreement equivalent to chance, < 0 = less than chance agreement, 0.01–0.2 = slight agreement, 0.21–0.40 = fair agreement, 0.41–0.60 = moderate agreement, 0.61–0.80 = substantial agreement, 0.81–0.99 = almost perfect agreement.

SMALL # OF PATIENTS

TOMITA – 67
TOKUHASHI – 128
LEI – 206
BAUER – 208

HETEROGENEITY OF TUMORS → EACH SUBGROUP NOT WELL-REPRESENTED

SCORES GENERATED FROM RETROSPECTIVE DATA

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JNS SPINE

CLINICAL ARTICLE

J Neurosurg Spine 35:527-534, 2021

Are spine metastasis survival scoring systems outdated and do they underestimate life expectancy? Caution in surgical recommendation guidance

Gaston Tabourel, MD,^{1,2} Louis-Marie Terrier, MD,¹ Arnaud Dubory, MD, PhD,³ Joseph Cristini, MD,² Louis-Romée Le Nail, MD,⁴ Ann-Rose Cook, MD,¹ Kévin Buffenoir, MD, PhD,² Hugues Pascal-Moussellard, MD, PhD,⁵ Alexandre Carpentier, MD, PhD,⁶ Bertrand Mathon, MD,⁶ and Aymeric Amelot, MD, PhD¹

¹Department of Neurosurgery, Bretonneau Hospital, Tours; ²Department of Neurosurgery/Neurotraumatology, Hôtel-Dieu Hospital, Nantes; ³Department of Orthopedic Surgery, Mondor Hospital-APHF, Créteil; ⁴Department of Orthopedic Surgery, Troussseau Hospital, Tours; and Departments of ⁵Orthopedic Surgery and ⁶Neurosurgery, La Pitié-Salpêtrière Hospital-APHF, Paris, France

OBJECTIVE Survival scoring systems for spine metastasis (SPM) were designed to help surgical practice. The authors sought to validate the prognostic accuracy of the main preoperative scoring systems for SPM.

METHODS It was hypothesized that true patient survival in SPM was better than that predicted using prognosis scores. To investigate this hypothesis, the authors designed a French national retrospective study of a prospectively collected multicenter database involving 739 patients treated for SPM between 2014 and 2017.

RESULTS In this series, the median survival time for all patients from an SPM diagnosis was 17.03 ± 1.5 months. Sensitivity and specificity were estimated using the area under the curve (AUC). The AUC of Tomita's prognosis score was the lowest and poorest (0.4 ± 0.023, range 0.35–0.44), whereas the AUC of the Tokuhashi score was the highest (0.825). The Lei score presented an AUC of 0.686 ± 0.022 (range 0.64–0.7), and the Rades score showed a weaker AUC (0.583 ± 0.020, range 0.54–0.63). Differences among AUCs were all statistically significant (p < 0.001). The modified Bauer score and the Rades score had the highest rate of agreement in predicting survival, with a weighted Cohen's kappa of 0.54 and 0.41, respectively, indicating a moderate agreement. The revised Tokuhashi and Lei scores had a fair rate of agreement (weighted Cohen's kappa = 0.24 and 0.22, respectively). The van der Linden and Tomita scores demonstrated the worst performance, with only a "slight" rate of agreement (weighted Cohen's kappa = 0.19 and 0.16, respectively) between what was predicted and the actual survival.

CONCLUSIONS The use of prognostic scoring systems in the estimation of survival in patients with SPM has become obsolete and therefore underestimates survival. Surgical treatment decisions should no longer be based on survival estimations alone but must also take into account patient symptoms, spinal instability, and quality of life.

<https://thejns.org/doi/abs/10.3171/2020.12.SPINE201741>

KEYWORDS prognostic score; cancer; survival; spine metastasis; ROC curves; area under the curve; oncology

TABLE 2. Predictive accuracy of survival and rate of agreement

Scoring System	Survival Predictive Accuracy		Rate of Agreement		
	Correct Survival Prediction, n	% Correct	Weighted Cohen's Kappa	SD	Degree of Agreement
Revised Tokuhashi ⁸	316	42.8	0.24	0.018	Fair
Tomita ¹¹	189	25.6	0.16	0.04	Slight
Modified Bauer ⁷	451	61.0	0.54	0.09	Moderate
van der Linden ⁴	350	47.4	0.19	0.018	Slight
Lei ¹⁰	310	41.9	0.22	0.019	Fair
Rades ⁹	223	30.2	0.41	0.022	Moderate

Weighted Cohen's kappa: 1 = perfect agreement, 0 = agreement equivalent to chance, < 0 = less than chance agreement, 0.01–0.2 = slight agreement, 0.21–0.40 = fair agreement, 0.41–0.60 = moderate agreement, 0.61–0.80 = substantial agreement, 0.81–0.99 = almost perfect agreement.

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SELECTION BIAS WITH SCORE GENERATION

→ SURGICAL SERIES ALONE

→ NON-SURGICAL SERIES ALONE

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The Spine Journal 21 (2021) 28–36

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Modified Bauer Score ≥ 3	2
2. Ambulatory function	
Dependent ambulator/nonambulatory	0
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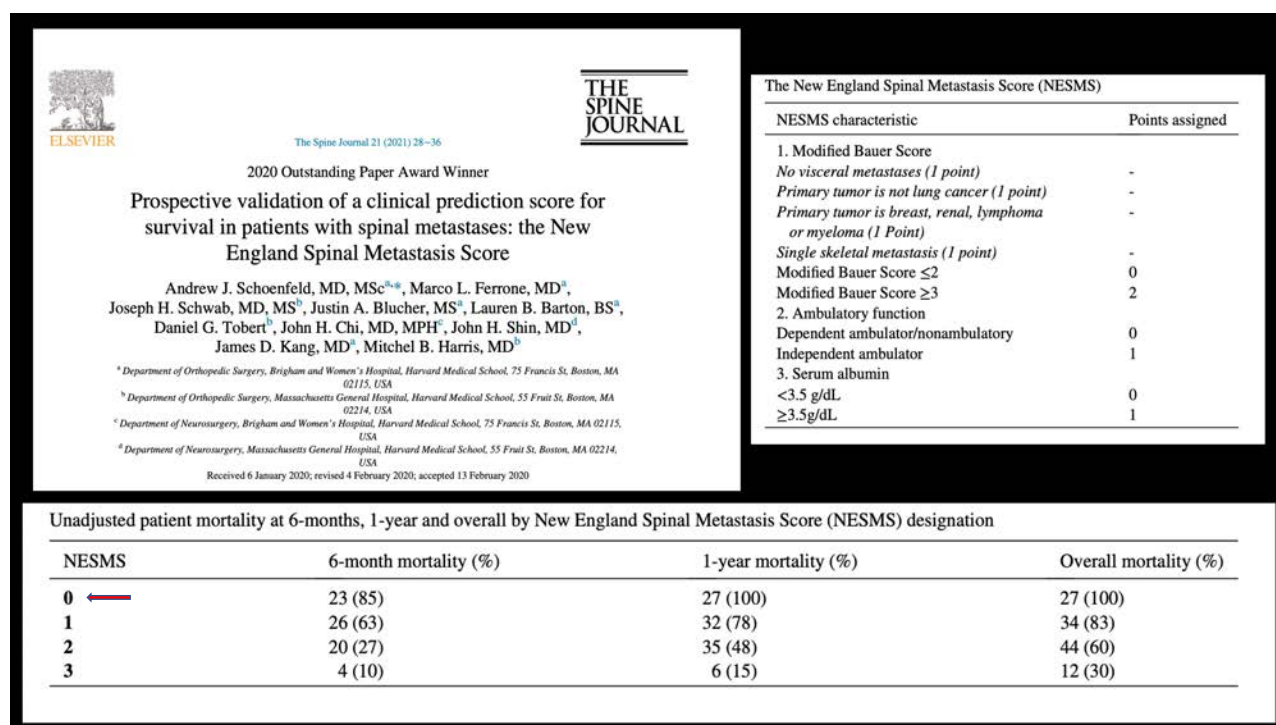
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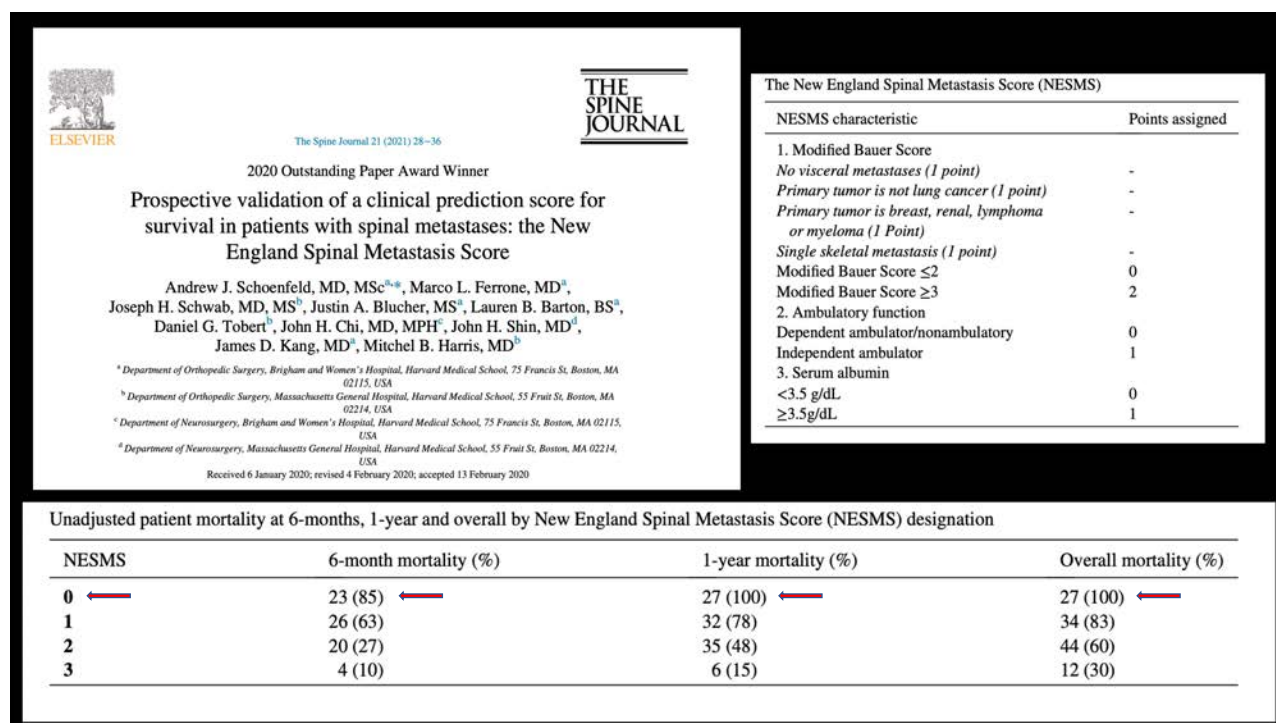
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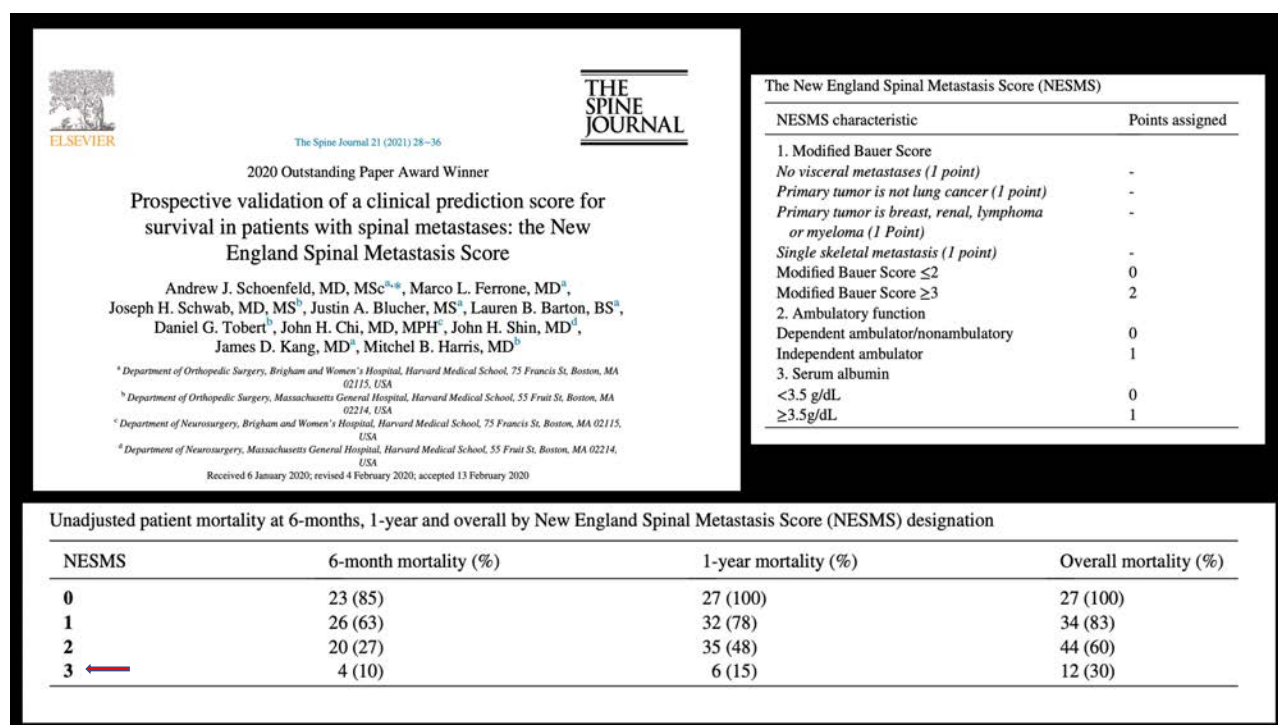
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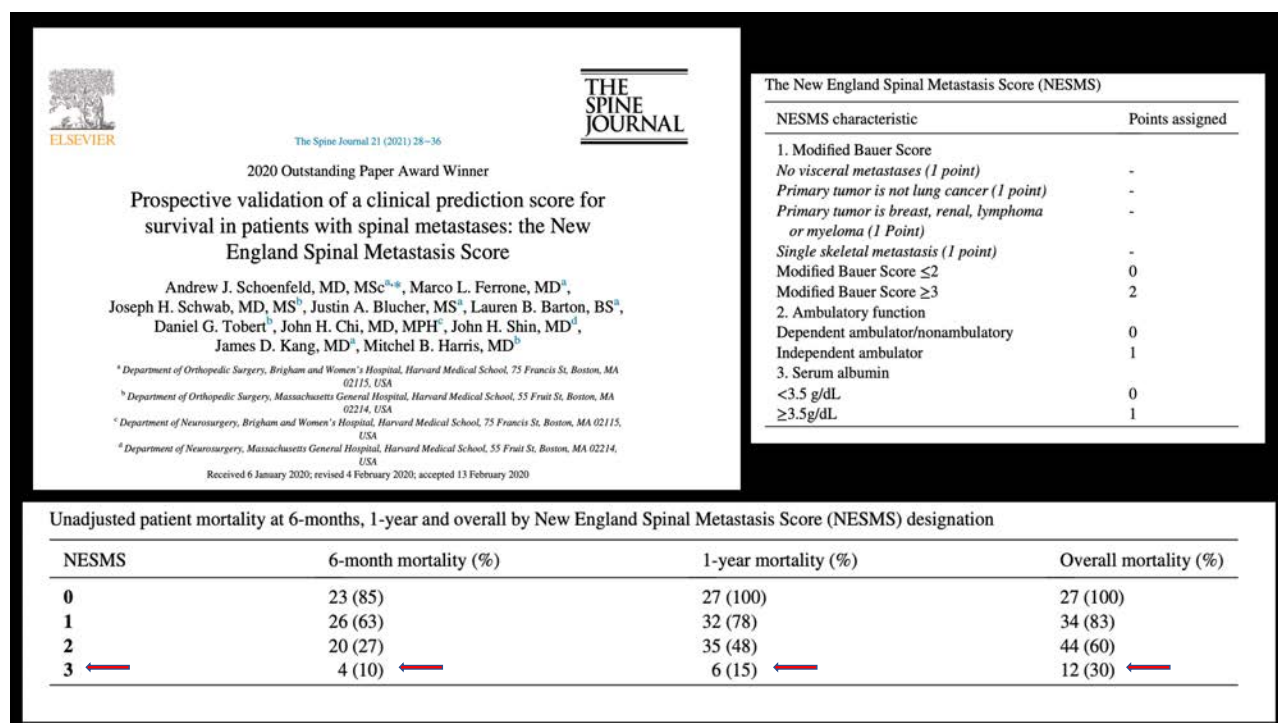
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SYSTEMIC CA BURDEN

AMBULATORY STATUS → PROXY FOR PRE-TREATMENT FUNCTION

ALBUMIN LEVEL → PROXY FOR GENERAL HEALTH & ABILITY TO TOLERATE TREATMENT

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PROSPECTIVELY VALIDATED AT 3 ACADEMIC CENTERS

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PREDICTIVE FACTORS LEADING TO SURVIVORSHIP AT 1 YEAR

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HIGHER PERFORMANCE STATUS

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2020 Outstanding Paper Award Winner

Prospective validation of a clinical prediction score for survival in patients with spinal metastases: the New England Spinal Metastasis Score

Andrew J. Scherfeld, MD, MSc^{1,2}, Marco L. Forrester, MD³, Joseph H. Schwab, MD, MS⁴, Justin A. Blucher, MS⁵, Lauren B. Barlow, BS⁶, Daniel G. Tator⁷, John H. Chi, MD, MPH⁸, John H. Shin, MD⁹, James D. Kang, MD¹⁰, Michel B. Harris, MD¹¹

¹Department of Orthopaedic Surgery, Brigham and Women's Hospital, Harvard Medical School, 75 Francis St, Boston, MA 02115, USA

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The New England Spinal Metastasis Score (NESMS)

NESMS characteristics

NESMS characteristic	Points assigned
1. Modified Bauer Score	-
No visceral metastases (1 point)	-
Primary tumor is not lung cancer (1 point)	-
Primary tumor is breast, renal, lymphoma or myeloma (1 point)	-
Single skeletal metastasis (1 point)	-
Modified Bauer Score ≤2	0
Modified Bauer Score ≥3	2
2. Ambulatory function	-
Dependent ambulation/ambulatory	0
Independent ambulation	1
3. Serum albumin	-
<3.5 g/dL	0
≥3.5 g/dL	1

Unadjusted patient mortality at 6-months, 1-year and overall by New England Spinal Metastasis Score (NESMS) designation

NESMS	6-month mortality (%)	1-year mortality (%)	Overall mortality (%)
0	23 (85)	27 (100)	27 (100)
1	26 (63)	32 (78)	34 (83)
2	20 (27)	35 (48)	44 (60)
3	4 (10)	6 (15)	12 (30)

PRIMARY TUMOR BEHAVIOR


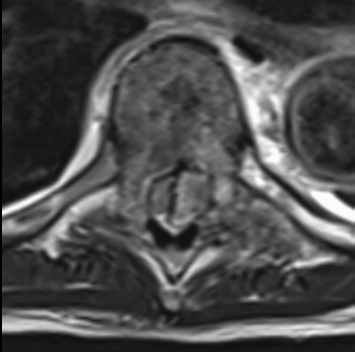


SYSTEMIC CA BURDEN

AMBULATORY STATUS → PROXY FOR PRE-TREATMENT FUNCTION

ALBUMIN LEVEL → PROXY FOR GENERAL HEALTH & ABILITY TO TOLERATE TREATMENT

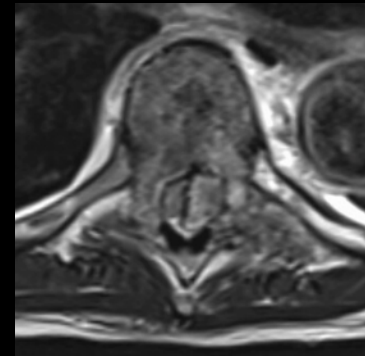
125

81M, Hx of Prostate CA



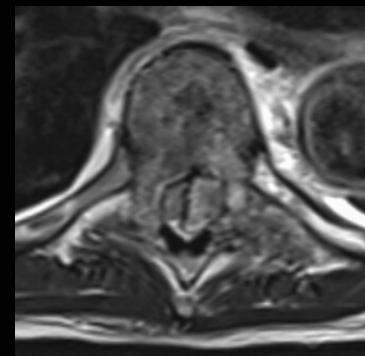
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Non-ambulatory x 48 hours, 1/5 BLE Motor

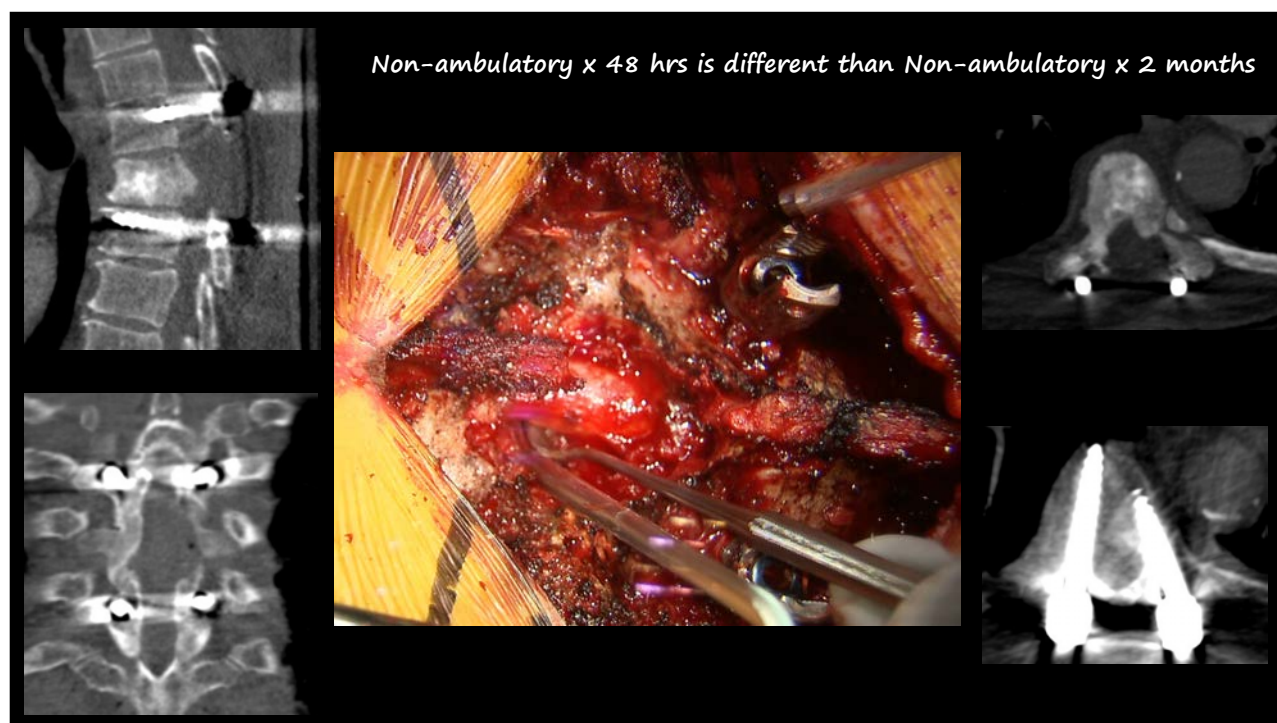


127

2 wks prior – jogging 3miles / day



128



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Journal of Advanced Research 20 (2018) 153–158

Contents lists available at ScienceDirect

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journal homepage: www.elsevier.com/locate/jare

Original article

Changes in life expectancy for cancer patients over time since diagnosis

Laura Botta ^{a,*}, Luigino Dal Maso ^{b,c}, Stefano Guzzinati ^c, Chiara Panato ^b, Gemma Gatta ^d, Annalisa Trama ^e, Massimo Rugge ^f, Giovanna Tagliabue ^g, Claudia Casella ^h, Bianca Caruso ⁱ, Maria Michiara ^j, Stefano Ferretti ^k, Flavio Sensi ^l, Rosario Tumino ^m, Federica Toffolutti ⁿ, Antonio Giampiero Russo ^o, Anna Luisa Calazzo ^p, Lucia Mangone ^q, Walter Mazzucco ^r, Silvia Iacovacci ^s, Paolo Ricci ^t, Gemma Gola ^u, Giuseppe Candela ^v, Antonella Suter Sardo ^w, Roberta De Angelis ^x, Carlotta Buzzoni ^{y,z}, Riccardo Capocaccia ^{aa}, the AIRTUM Working Group ¹

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^j Cancer Registry for the Province of Caltanissetta and Ragusa, Dipartimento di Prevenzione Medica, Azienda Sanitaria Provinciale (ASP) Ragusa, 97100 Ragusa, Italy

^k Cancer Registry of Milan, Epidemiology Unit, Agency for Health Protection of Milan, 20122 Milan, Italy

^l Cancer Registry of Salerno Province, Azienda Sanitaria Provinciale (ASP) Salerno, 84014 Nocera Inferiore, Italy

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^p Piemonte Cancer Registry, Epidemiology Unit, Agente di Tutela della Salute (ATS) Valle d'Aosta, 10100 Aosta, Italy

^q Cancer Registry, UOC Epidemiologia-ASL, 21100 Varese, Italy

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^t Unit of Cancer Epidemiology and Control, Department of Oncology and Molecular Medicine, Istituto Nazionale Tumori "G. Barlesi", 20133 Milan, Italy

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^w Editorial Board "Epidemiologia e Prevenzione", 20148 Milano, Italy

• MD Anderson Spine Tumor Database

– Median survival after treatment

- Lung CA → 4 months
- Breast CA → 24-36 months
- Prostate CA → 12 months
- Renal cell CA → 12-13 months
- Melanoma → 4 months
- Sarcoma → 8-12 months
- Lymphoma → > 48 months
- Myeloma → > 48 months
- Thyroid CA → > 48 months

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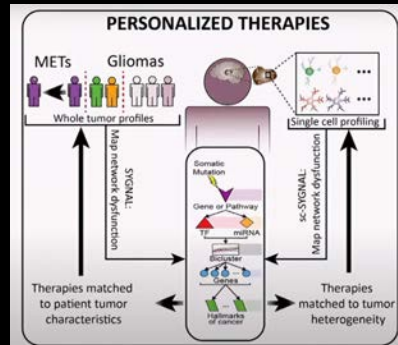
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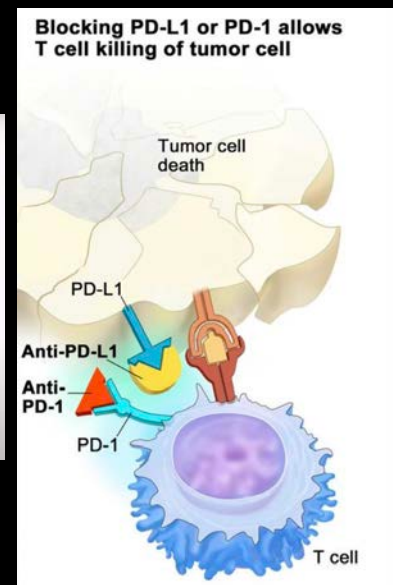
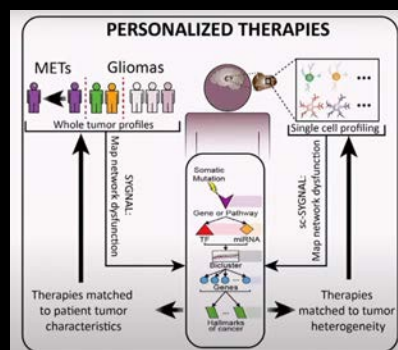
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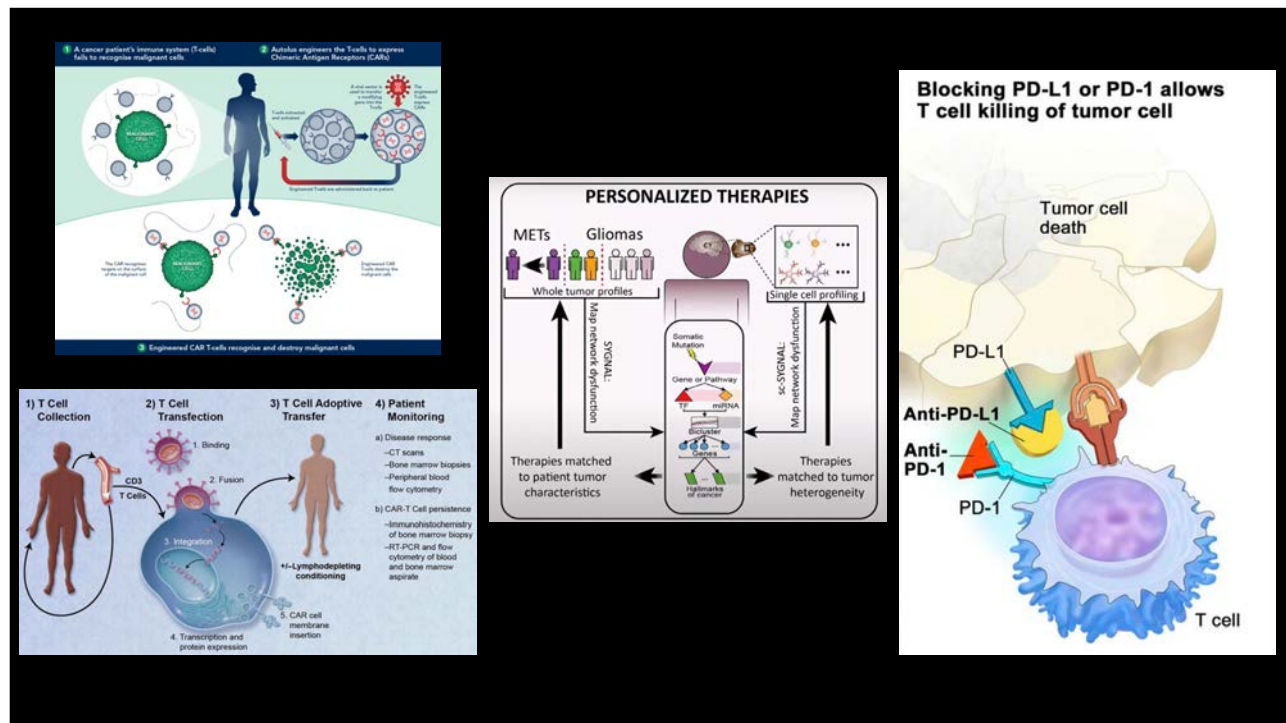
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FAVORABILITY OF MUTATIONS / MOLECULAR MARKERS

TUMORS W/ MUTATIONS AMENABLE TO
TARGETED THERAPY TEND TO BE
ASSOCIATED WITH LONGER SURVIVAL

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HARBORING FAVORABLE AND ACTIONABLE
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A MORE SUITABLE SURGICAL CANDIDATE

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RESPONSIVENESS TO TARGETED THERAPY
SUGGESTS THAT PATIENTS HAVE OPTIONS IN
THE POST-OP PERIOD TO CONTROL THEIR
SYSTEMIC DISEASE

141

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CERTAIN TARGETED THERAPIES MAY
NEGATE THE NEED FOR SURGERY >>
SOME TREATMENTS CAN RAPIDLY
STABILIZE THE DISEASE AND BUY TIME
FOR OTHER TREATMENT OPTIONS

Adapted from Dr. Rory Goodwin's Lecture at Spine Section 2024

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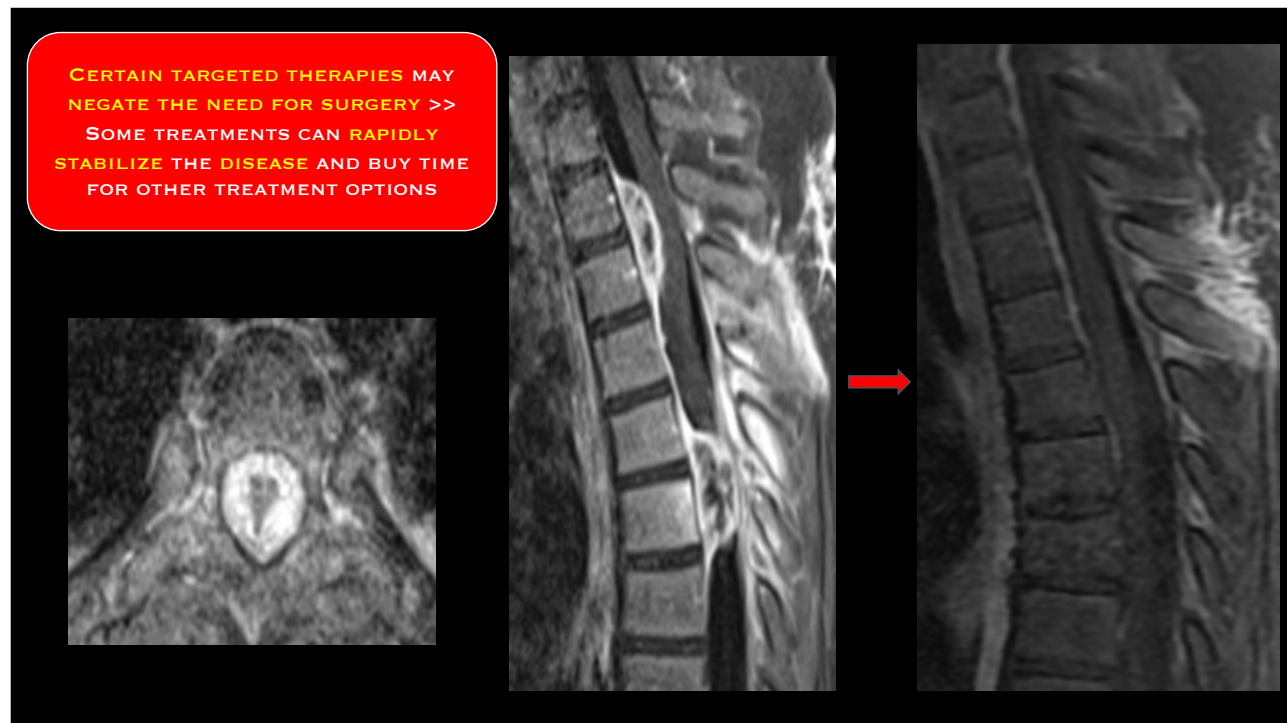
Adapted from Dr. Rory Goodwin's Lecture at Spine Section 2024

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CERTAIN TARGETED THERAPIES MAY
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SOME TREATMENTS CAN RAPIDLY
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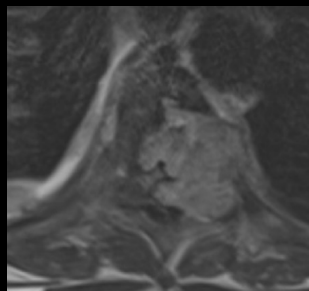


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WHAT LINE OF THERAPY IS THE PATIENT CURRENTLY ON?

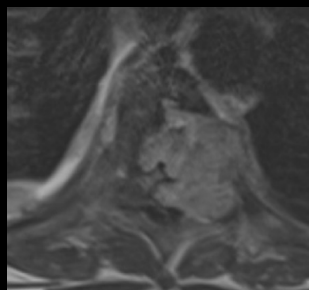
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WHAT **LINE OF THERAPY** IS THE PATIENT CURRENTLY ON?



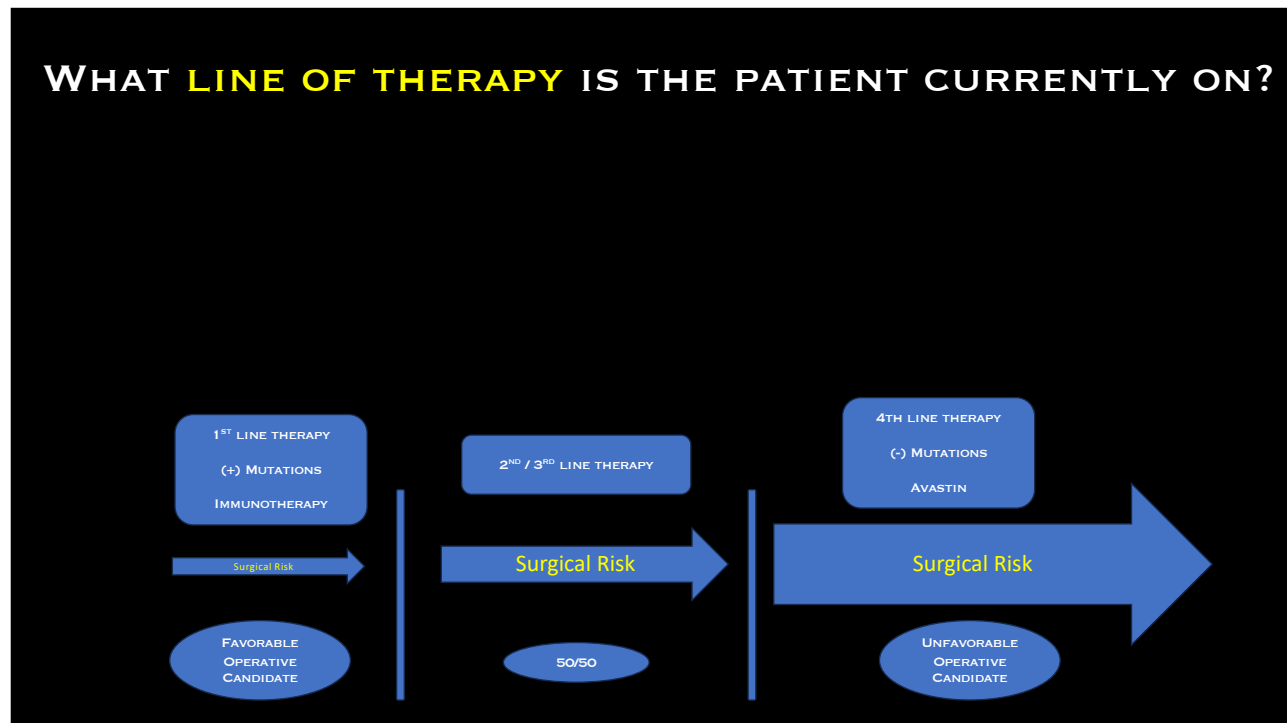
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WHAT **LINE OF THERAPY** IS THE PATIENT CURRENTLY ON?



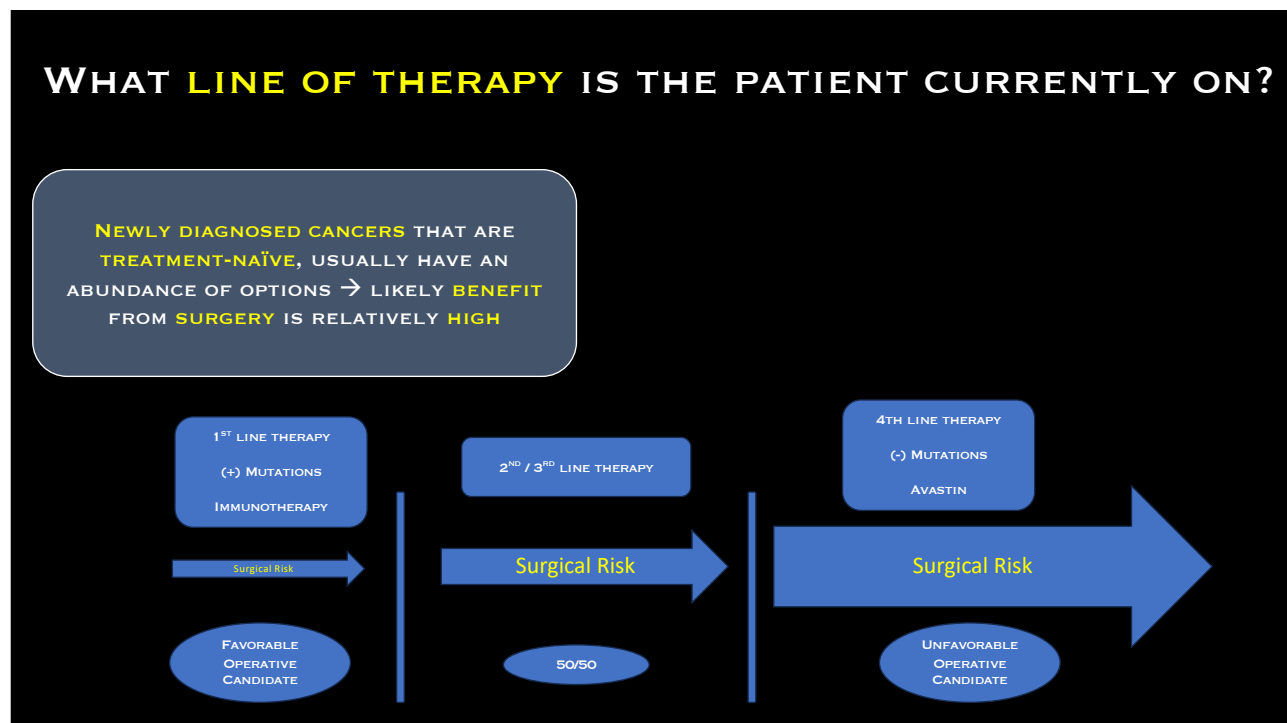
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WHAT LINE OF THERAPY IS THE PATIENT CURRENTLY ON?



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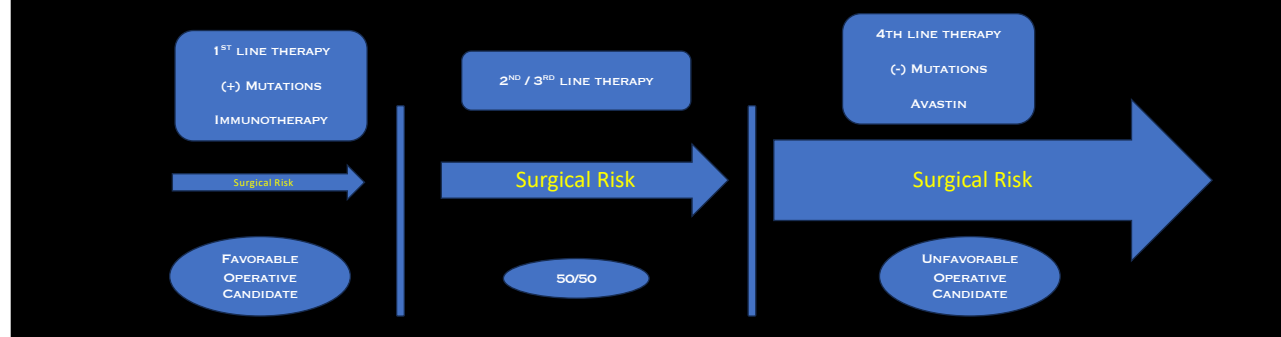
WHAT LINE OF THERAPY IS THE PATIENT CURRENTLY ON?



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WHAT LINE OF THERAPY IS THE PATIENT CURRENTLY ON?

NEWLY DIAGNOSED CANCERS THAT ARE TREATMENT-NAÏVE, USUALLY HAVE AN ABUNDANCE OF OPTIONS → LIKELY BENEFIT FROM SURGERY IS RELATIVELY HIGH

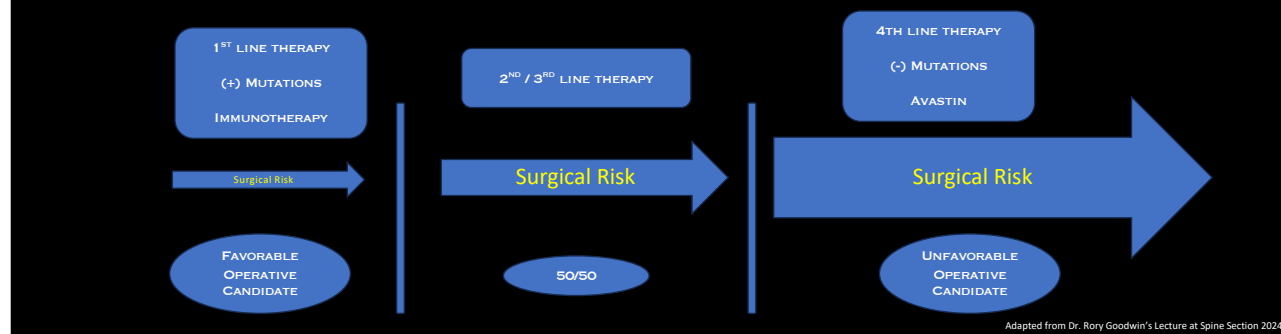


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WHAT LINE OF THERAPY IS THE PATIENT CURRENTLY ON?

NEWLY DIAGNOSED CANCERS THAT ARE TREATMENT-NAÏVE, USUALLY HAVE AN ABUNDANCE OF OPTIONS → LIKELY BENEFIT FROM SURGERY IS RELATIVELY HIGH

PATIENTS ON 4TH OR 5TH LINE OF THERAPY WHO HAVE UNDERGONE MULTIPLE DRUG REGIMENS, GENERALLY HAVE A MORE LIMITED LIFE EXPECTANCY



Adapted from Dr. Rory Goodwin's Lecture at Spine Section 2024

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IF A PATIENT IS ON **TARGETED THERAPY**, ARE THERE **ASSOCIATED RISKS** THAT COULD **HEIGHTEN** THE **CHANCES OF SURGICAL COMPLICATIONS**?

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IF A PATIENT IS ON **TARGETED THERAPY**, ARE THERE **ASSOCIATED RISKS** THAT COULD **HEIGHTEN** THE **CHANCES OF SURGICAL COMPLICATIONS**?

WOUND / HEALING COMPROMISE

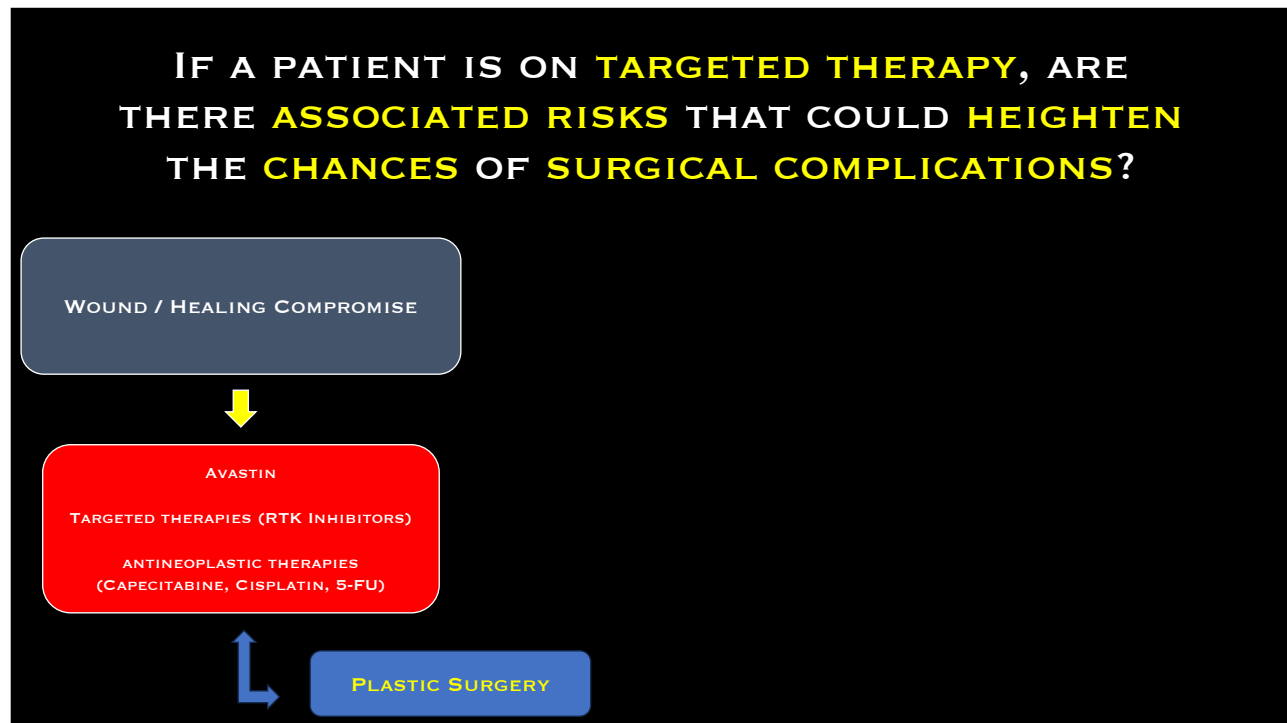


AVASTIN

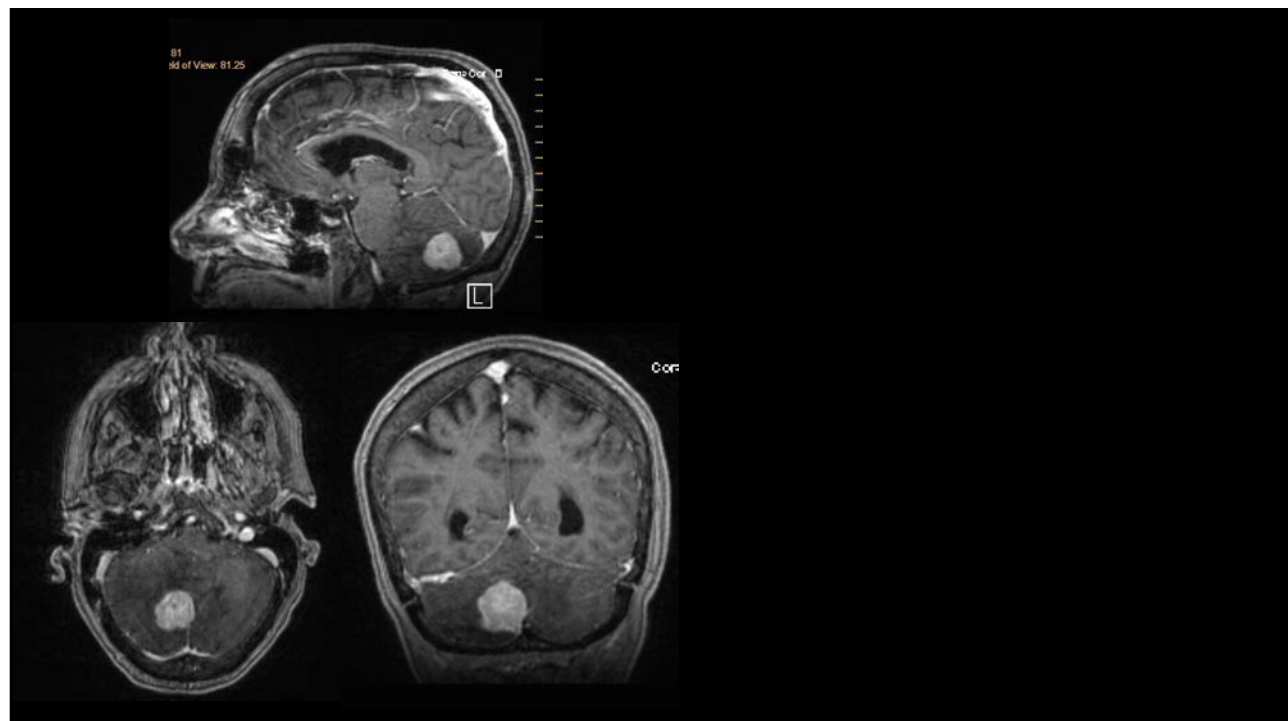
TARGETED THERAPIES (RTK INHIBITORS)

ANTINEOPLASTIC THERAPIES
(CAPECITABINE, CISPLATIN, 5-FU)

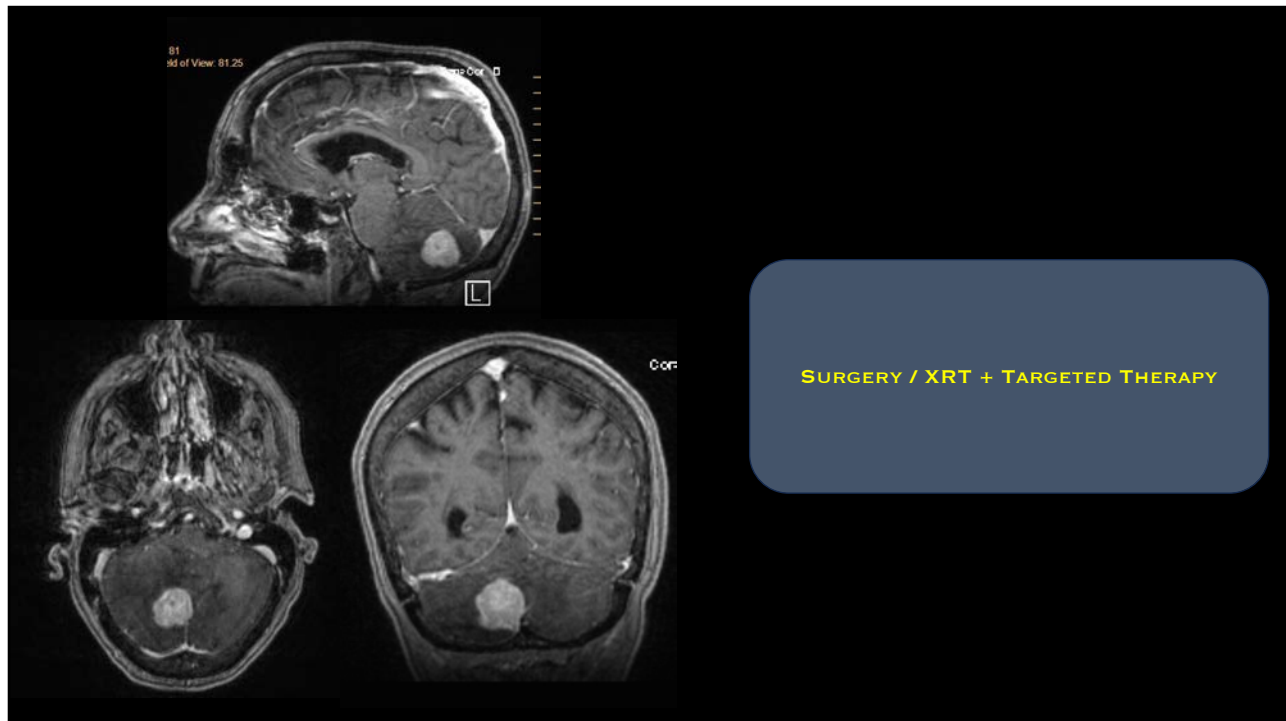
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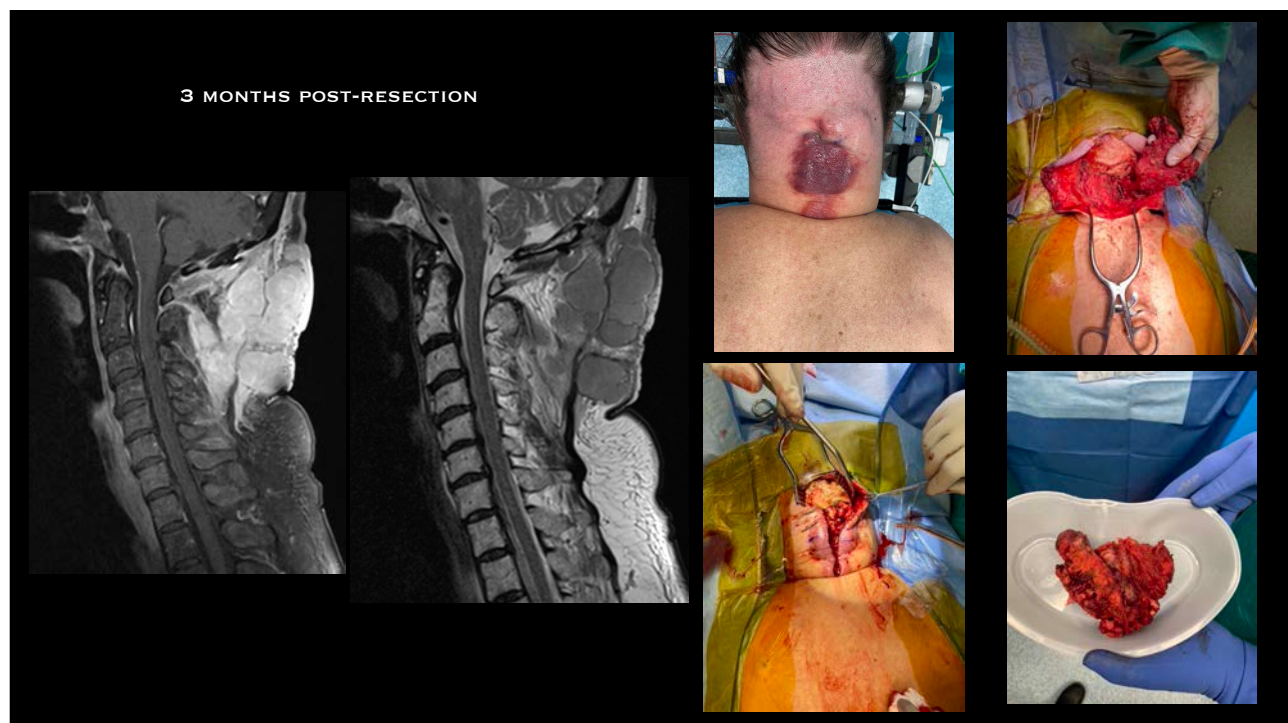
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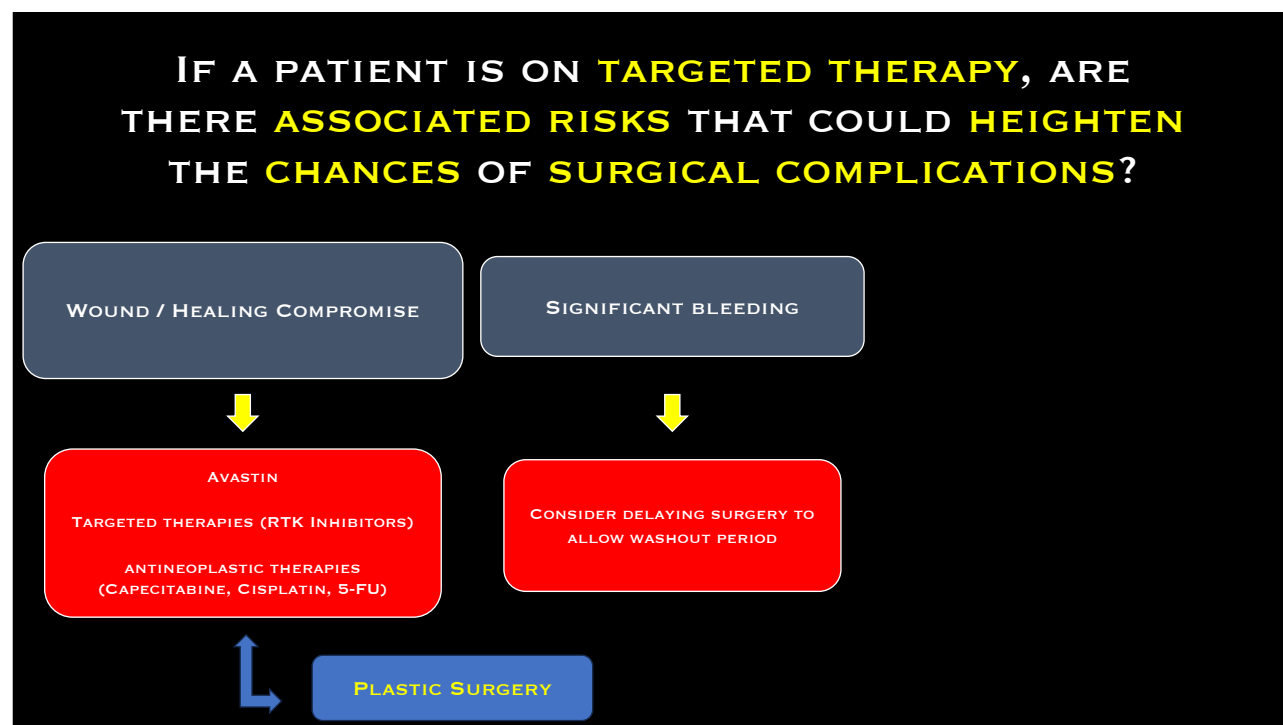
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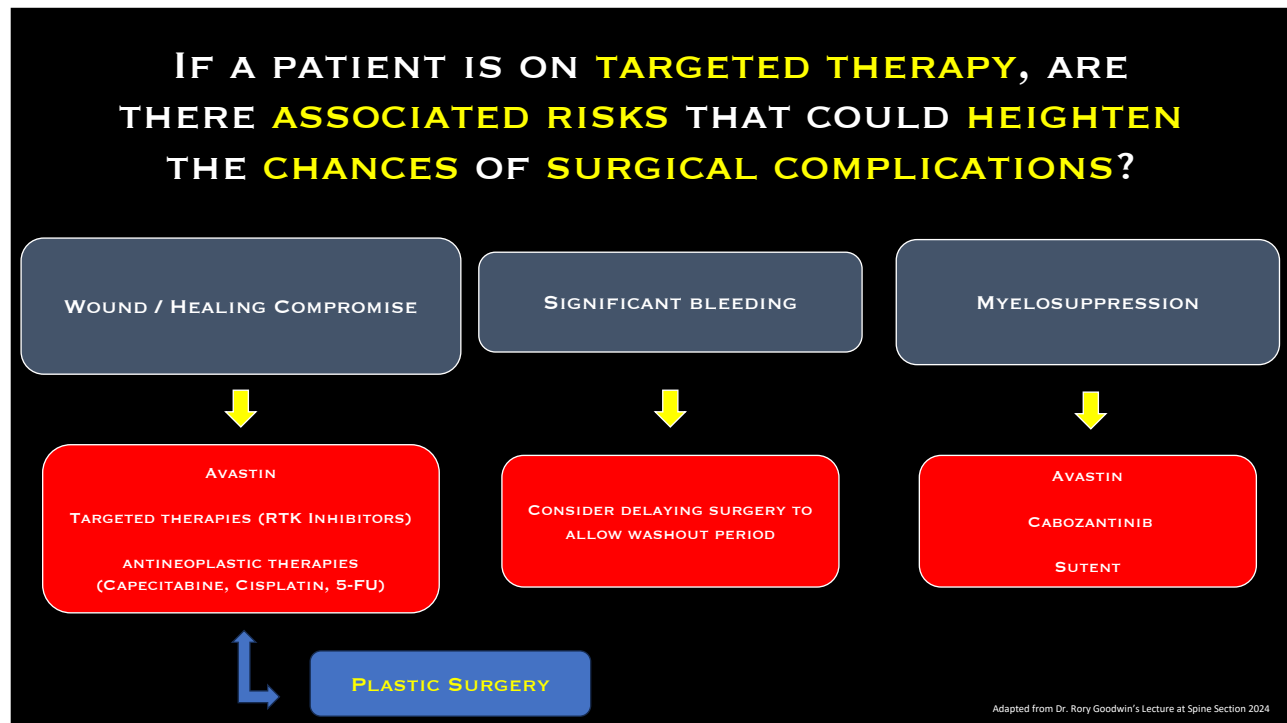
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JNS SPINE
CLINICAL ARTICLE
J Neurosurg Spine 37:263-273, 2022

Evaluating frailty, mortality, and complications associated with metastatic spine tumor surgery using machine learning-derived body composition analysis

Elie Massaad, MD, MMSc¹; Christopher P. Bridge, DPhil^{1,2}; Ali Klapour, PhD, MMSc¹; Mitchell S. Fourman, MD, MPH¹; Julia B. Duval, BS¹; Ian D. Connolly, MD, MS¹; Muhammed Hadzagic, MD, PhD¹; Ganesh M. Shankar, MD, PhD¹; Katherine P. Andriole, PhD^{1,3}; Michael Rosenblatt, MD, PhD^{1,4}; Andrew J. Schoenfeld, MD, MSc¹; Mark H. Bilsky, MD¹; and John H. Shin, MD¹

¹Department of Neurosurgery, Massachusetts General Hospital, Harvard Medical School, Boston; ²Massachusetts General Hospital and Brigham and Women's Hospital Center for Clinical Data Science, Harvard Medical School, Boston; ³Department of Orthopedic Surgery, Massachusetts General Hospital, Harvard Medical School, Boston; ⁴Department of Radiology, Brigham and Women's Hospital, Harvard Medical School, Boston; ⁵Department of Radiology, Dana-Farber Cancer Institute, Boston; ⁶Department of Orthopedic Surgery, Brigham and Women's Hospital, Harvard Medical School, Boston, Massachusetts; and ⁷Department of Neurosurgery, Memorial Sloan-Kettering Cancer Center, New York, New York

OBJECTIVE: Cancer patients with spinal metastases may undergo surgery without clear assessments of prognosis, thereby impacting the optimal palliative strategy. Because the morbidity of surgery may adversely impact recovery and initiation of adjuvant therapies, evaluation of risk factors associated with mortality risk and complications is critical. Evaluation of body composition of cancer patients as a surrogate for frailty is an emerging area of study for improving preoperative risk stratification.

METHODS: To examine the associations of muscle characteristics and adiposity with postoperative complications, length of stay, and mortality in patients with spinal metastases, the authors designed an observational study of 484 cancer patients who received surgical treatment for spinal metastases between 2010 and 2019. Sarcopenia, muscle radiodensity, visceral adiposity, and subcutaneous adiposity were assessed on routinely available 3-month preoperative CT images by using a validated deep learning methodology. The authors used k-means clustering analysis to identify patients with similar body composition characteristics. Regression models were used to examine the associations of sarcopenia, frailty, and clusters with the outcomes of interest.

RESULTS: Of 484 patients enrolled, 303 had evaluable CT data on muscle and adiposity (mean age 62.00 ± 11.91 years, 57.8% male). The authors identified 2 clusters with significantly different body composition characteristics and mortality risks after spine metastases surgery. Patients in cluster 1 (high-risk cluster) had lower muscle mass index (mean ± SD: 41.18 ± 7.89 vs 50.13 ± 10.45 cm²/m²), lower subcutaneous fat area (747.62 ± 57.80 vs 288.83 ± 109.31 cm²), lower visceral fat area (32.28 ± 44.96 vs 239.26 ± 88.40 cm²), higher muscle radiodensity (35.67 ± 8.94 vs 31.13 ± 9.57 Hounsfield units [HU]), and significantly higher risk of 1-year mortality (adjusted HR 1.43, 95% CI 1.05–2.01, p = 0.02) than individuals in cluster 2 (low-risk cluster). Decreased muscle mass, muscle radiodensity, and adiposity were not associated with a higher rate of complications after surgery. Prolonged length of stay (> 7 days) was associated with low muscle radiodensity (mean 30.67 vs 35.23 HU, 95% CI 1.98–6.73, p < 0.001).

CONCLUSIONS: Body composition analysis shows promise for better risk stratification of patients with spinal metastases under consideration for surgery. Those with lower muscle mass and subcutaneous and visceral adiposity are at greater risk for inferior outcomes.

https://jns.sagepub.com/doi/10.3171/2022.1.SPINE211284

KEYWORDS: body composition; frailty; sarcopenia; predictive analytics; machine learning; spine metastasis; spine surgery; spine fusion; oncology

THE SPINE JOURNAL
Clinical Study
Sarcopenia, but not frailty, predicts early mortality and adverse events after emergent surgery for metastatic disease of the spine

Étienne Bourassa-Moreau, MD, MSc^{1,2}; Anne Versteeg, MD, PhD³; Eryck Moskvew, MD⁴; Raphaële Charest-Morin, MD⁵; Alana Flexman, MD⁶; Tamir Ailon, MD, MPH⁷; Turker Dalkilic, MD⁸; Charles Fisher, MD, MHSc⁹; Nicolas Dea, MD, MSc¹⁰; Michael Boyd, MD¹¹; Scott Paquette, MD, MEd¹²; Brian Kwon, MD, PhD¹³; Marcel Dvorak, MD¹⁴; John Street, MD, PhD¹⁵

¹Hôpital du Sacré-Cœur de Montréal, 1400 Boulevard Gauthier (Ouest), Montréal, Québec, H4W 1C5, Canada; ²University Medical Center Utrecht, Heidelberglaan 100, 3584 CX Utrecht, The Netherlands; ³Vancouver General Hospital, Vancouver Spine Surgery Institute, 615 West 10th Avenue, Vancouver, British Columbia, V5Z 1M9, Canada; ⁴University of Saskatchewan, Regina General Hospital, 3rd Floor Medical office wing, 1400 14th Ave. Regina, S4P 0W5, Canada; ⁵Received 23 March 2019; revised 22 August 2019; accepted 23 August 2019

Abstract

BACKGROUND CONTEXT: Frailty and sarcopenia variably predict adverse events (AEs) in a number of surgical populations.

PURPOSE: The aim of this study was to investigate the ability of frailty and sarcopenia to independently predict early mortality and AEs following urgent surgery for metastatic disease of the spine.

STUDY DESIGN: A single institution, retrospective cohort study.

PATIENT SAMPLE: One hundred eight patients undergoing urgent surgery for spinal metastases from 2009 to 2015.

OUTCOME MEASUREMENTS: The incidence of AEs including 1- and 3-month mortality.

METHODS: Sarcopenia was defined using the L3 Total Psoas Area/Vertebral body Area (L3-TPA/Vb) technique on CT. The modified Frailty Index (mFI), Muscular Frailty Index (MFI), and the Bodily prognostic index were calculated for each patient. Additional data included demographics, tumor type and burden, neurological status, the extent of surgical treatment and the use of radiotherapy. Spearman correlation test, logistic regression and Kaplan-Meier were used to study the relation between the outcomes measures and potential predictors (L3-TPA/Vb, MFI, mFI, and the Bodily prognostic index).

RESULTS: Eighty-five percent of patients had at least one acute AE. Sarcopenia predicted the occurrence of at least one postoperative AE (L3-TPA/Vb, 1.075:0.46 vs. 1.25:0.52; p = 0.01). Sarcopenia (L3-TPA/Vb) and the degree of neurological impairment were predictive of postoperative AE but MFI or MFI-Vb were not. Sarcopenia predicted 3-month mortality, independent of primary tumor type (L3-TPA/Vb: 0.86:0.27 vs. 1.12:0.41; p = 0.001). Kaplan-Meier analysis showed L3-TPA/Vb and the Bodily Scale to significantly discriminate patient survival.

ORTHOPEDICS
Impact of preoperative sarcopenia in patients undergoing sacral tumor resection

Spine J. Brinkman MD, Denis L. Wenger MD, Joshua D. Johnson MD, Syed M. Karim MD, Daniel J. Bishop PhD, Peter S. Kline MD, Matthew T. Hoskins MD

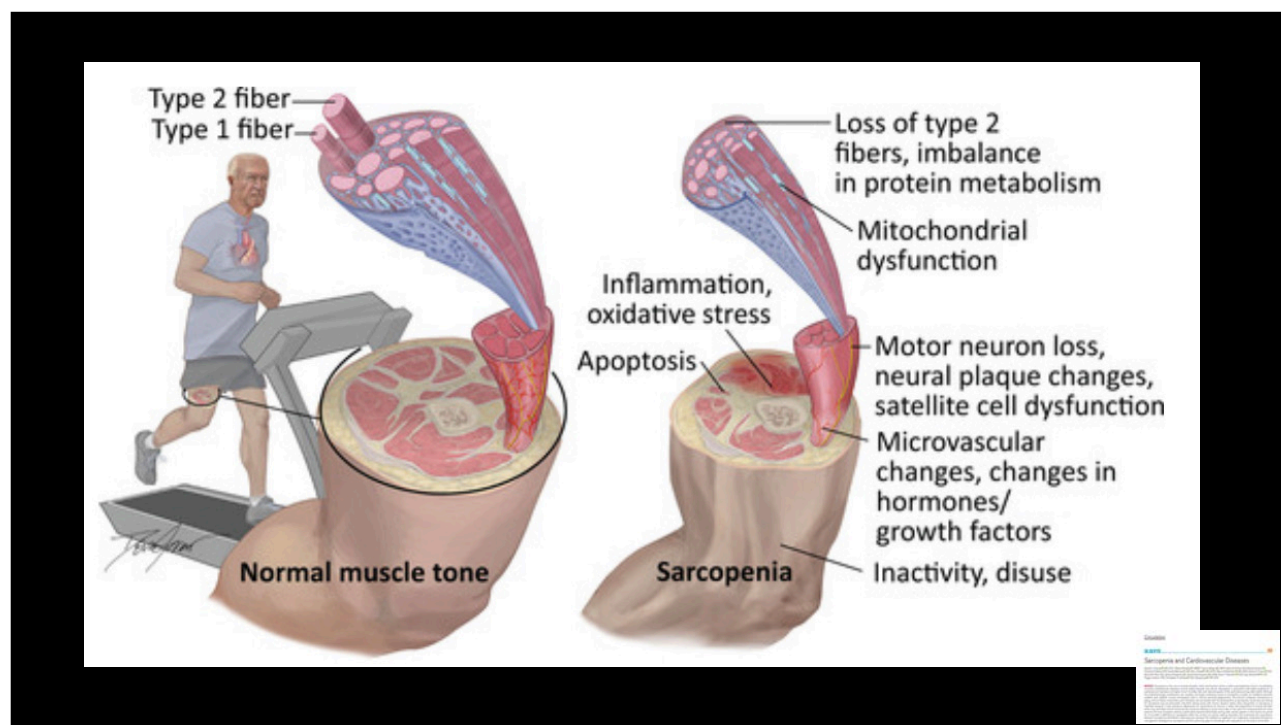
First published: 21 December 2021 | <https://doi.org/10.1002/jso.26776>

The Spine Journal
Available online 26 April 2023
In Press, Journal Pre-proof

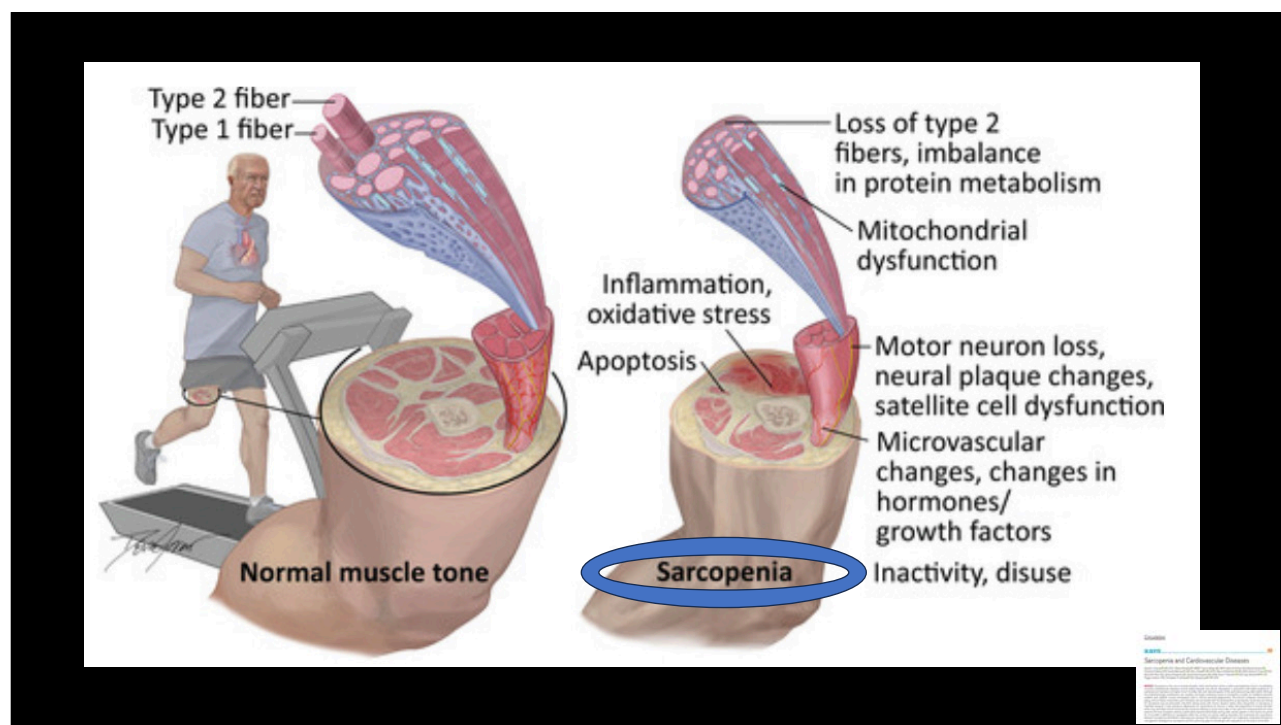
Clinical Study
A novel scoring system incorporating sarcopenia to predict post-operative survival in spinal metastasis

Fergus J. McCabe¹, R. R. John P. McCabe¹, Odhrán Murray¹

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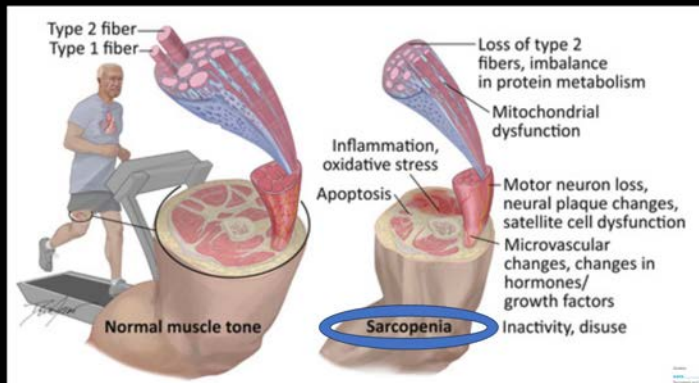


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SARCOPENIA

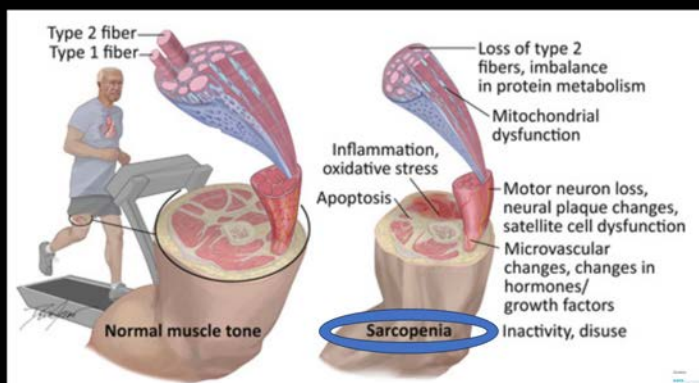


LOSS OF MUSCLE MASS

LOSS OF MUSCLE FUNCTION

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SARCOPENIA

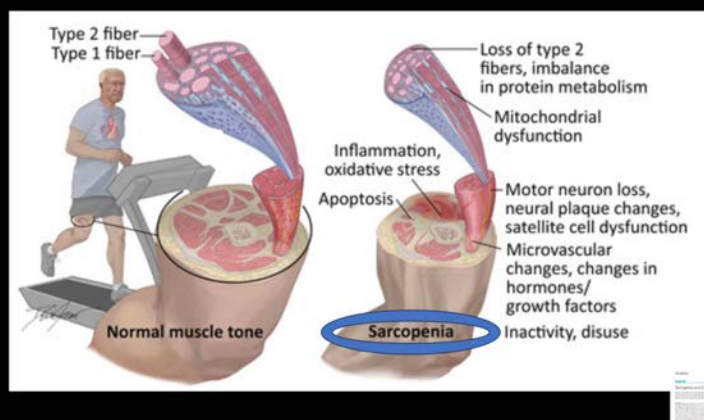


LOSS OF MUSCLE MASS

LOSS OF MUSCLE FUNCTION

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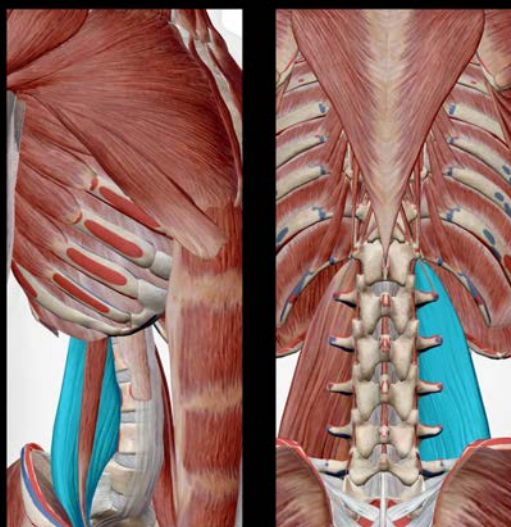
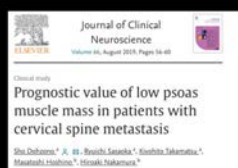
SARCOPENIA



LOSS OF MUSCLE MASS

LOSS OF MUSCLE FUNCTION

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SARCOPENIA

Accurate predictor of overall health and ability to survive malignancy

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Journal of Clinical Neuroscience
Volume 66, August 2020, Pages 56-60
Original study
Prognostic value of low psoas muscle mass in patients with cervical spine metastasis
Jin-Dobaeun^{a,*}, Ji, HJ, Hyeon-Sun^a, Gyeong-Ho Jeon^{a,b}, Hyeon-Ho Jeon^a, Hyeon-Ho Jeon^a, Hyeon-Ho Jeon^a

Clinical Nutrition
Volume 41, Issue 1, March 2022, Pages 620-629
Original article
Decreased psoas muscle area is a prognosticator for 90-day and 1-year survival in patients undergoing surgical treatment for spinal metastasis
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January 2022
Performance assessment and external validation of specific thresholds of total psoas muscle cross-sectional area as predictors of mortality in oncologic spine surgery for spinal metastases
Rafael De la Garza-Perez^{1,2}, Jessica Berthel, Mónica R. Hernandez, Benjamín Pérez, Mariana Delgado, Salvador Martínez & María José Varela

SARCOPENIA
Accurate predictor of overall health and ability to survive malignancy

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RESEARCH—HUMAN—CLINICAL STUDIES	RESEARCH—HUMAN—CLINICAL STUDIES
<p>Hesham Mostafa Zakaria, MD* Jessy T. L'Amoreaux, BS, MS* Edwin Telami, MD* Matthew Chuang, BS* Brandon Wilkinson, BS* Anshu Chandra, BS, MS* David Boyce-Barnes, BS* Erinna Epps, BS* Lonni Schultz, PhD* Priya Sridindhi, MD, PhD* Brent Griffith, MD* Steven N. Kalkanis, MD* Ian Yu Lee, MD* Victor Chang, MD*</p> <p><small>*Department of Neurosurgery, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan; *Department of Public Health, Science, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan; *Department of Radiology, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan; *Department of Radiation Oncology, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan; *Department of Radiation Oncology, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan</small></p> <p><small>This work has been previously presented at the annual meeting of the 2018 AANS/CNS Super Congress, March 15-19, 2018, in Orlando, Florida, on March 16, 2018, and at the 2018 Neurological Society of America Meeting in New Orleans, Louisiana, on April 23, 2018.</small></p> <p>Correspondence: Victor Chang, MD, Department of Neurosurgery, Henry Ford Hospital, 2799 W. Warren Blvd, Detroit, MI 48202. Email: victor.chang@hfhs.org</p> <p>Received: October 16, 2018. Accepted: March 13, 2019. Published online: June 24, 2019.</p> <p><small>Copyright © 2019 by the Congress of Neurological Surgeons</small></p>	<p>Hesham Mostafa Zakaria, MD* Brandon Michael Wilkinson, BS* Zach Pennington, BS, MS* Yamane S. Saadiah, MD* Darryl Lau, MD* Anshu Chandra, BS, MS*† A. Karim Ahmed, BS* Muhammad Marki, MD* Muhammad A. Abouelwail, BS* Jibrán A. Fathi, BS* Jonathan N. Rick, BS* Ramin A. Mousheid, MD* Hansen Deng, BS* Kai-Yen Chen, MD*† Adam Robins, MD* Ian Y. Lee, MD* Steven Kalkanis, MD* Dean Chao, MD* Paul Park, MD* Daniel M. Scholze, MD*† Victor Chang, MD*†</p> <p><small>*Department of Neurosurgery, Henry Ford Hospital, Detroit, Michigan; *Department of Radiation Oncology, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan; *Department of Radiation Oncology, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan; *Department of Radiation Oncology, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan; *Department of Radiation Oncology, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan; *Department of Radiation Oncology, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan; *Department of Radiation Oncology, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan; *Department of Radiation Oncology, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan; *Department of Radiation Oncology, Neurosciences Institute, Henry Ford Hospital, Detroit, Michigan</small></p> <p><small>This work has been previously presented at the annual meeting of the 2018 AANS/CNS Super Congress, March 15-19, 2018, in Orlando, Florida, on March 16, 2018, and at the 2018 Neurological Society of America Meeting in New Orleans, Louisiana, on April 23, 2018.</small></p> <p>Correspondence: Victor Chang, MD, Department of Neurosurgery, Henry Ford Hospital, 2799 W. Warren Blvd, Detroit, MI 48202. Email: victor.chang@hfhs.org</p> <p>Received: October 16, 2018. Accepted: March 13, 2019. Published online: June 24, 2019.</p> <p><small>Copyright © 2019 by the Congress of Neurological Surgeons</small></p>
<p>Neurosurgery</p> <p>VOLUME 87 NUMBER 5 MAY 2019 798</p>	<p>Neurosurgery</p> <p>VOLUME 87 NUMBER 5 NOVEMBER 2019 1028</p>

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CONCLUSION: In patients with spine metastases, psaos muscle size as a hallmark of frailty/sarcopenia is an objective, simple, and effective way to identify patients who are at risk for shorter survival, regardless of tumor histology. This information can be used to help with surgical decision making in patients with advanced cancer, as patients with small psaos sizes are at higher risk of death.

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CONCLUSION: In patients undergoing surgery for spine metastases, PS as a surrogate for frailty/sarcopenia predicts 90-d and overall mortality, independent of demographic, functional, oncological, and surgical characteristics. The frailty/sarcopenia paradigm is a stronger predictor of survival at these time points than other standards. PS can be used in clinical decision-making to select which patients with metastatic spine tumors are appropriate surgical candidates.

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HOW CAN WE QUANTIFY SARCOPENIA?



FIGURE 1. Methodology for psoas measurements. **A.** Example patient without sarcopenia and within the third tertile for psoas size. **B.** Example patient with sarcopenia and within the first tertile for psoas size.



VIDEO. Shows illustrating the technique used to measure psoas muscle area using the electronic image viewing system. After opening a computed tomography (CT) scan, a pre-defined region of interest was selected and used to outline the psoas muscle at the L3/L4 disc space or the L4/L5 pedicle, which calculates the cross-sectional area (Video). The CT scan should use the one closest to the date of surgery and measurements obtained ~200 days from surgery were included.

Measurements of the PS (a continuous variable) were divided into 3 equal tertiles to provide a clinically meaningful interpretation of the associated odds ratio (OR) and HR. To account for differences in gender differences, the 3 tertiles were calculated independently for males and females. The male mean PS \pm standard deviation, with minimum and maximum (range), were $8.59 \text{ cm}^2 \pm 1.31$, $5.45\text{-}10.47 \text{ cm}^2$ for tertile 1 (T1); $11.99 \text{ cm}^2 \pm 0.80$, $10.50\text{-}13.36 \text{ cm}^2$ for tertile 2 (T2); and $15.50 \text{ cm}^2 \pm 1.87$, $13.37\text{-}21.08 \text{ cm}^2$ for tertile 3 (T3). For females, measurements were $6.13 \text{ cm}^2 \pm 0.80$, $4.20\text{-}7.22 \text{ cm}^2$ for T1; $8.04 \text{ cm}^2 \pm 0.51$, $7.24\text{-}9.05 \text{ cm}^2$ for T2; and $10.68 \text{ cm}^2 \pm 1.61$, $9.06\text{-}14.95 \text{ cm}^2$ for T3. Table 1 compares the 3 psoas tertiles

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HOW CAN WE QUANTIFY SARCOPENIA?

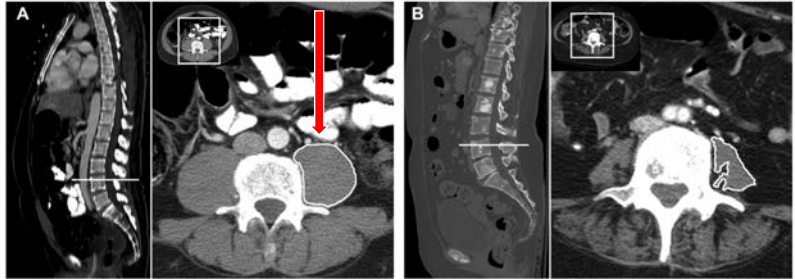


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HOW CAN WE QUANTIFY SARCOPENIA?

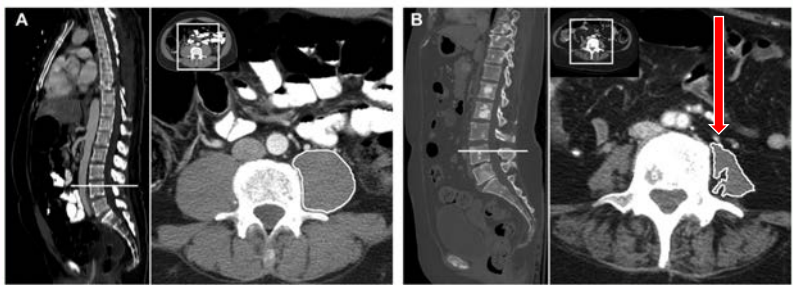


FIGURE 1. Methodology for psoas measurements. **A.** Example patient without sarcopenia and within the third tertile for psoas size. **B.** Example patient with sarcopenia and within the first tertile for psoas size.





FIGURE 2. Screenshot illustrating the technique used to measure psoas muscle area using the electronic image viewing system. After segmenting a computed tomography (CT) scan, the desired region of interest (ROI) was selected and used to measure the psoas muscle at the L3/L4 disc space on the 1st patient, which indicates the measurement area (Table 1). The CT scan showed the ROI (red line) at the site of surgery and measurements showed ~200 days from surgery were included.

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IS THERE A MORE GRANULAR APPROACH TO MEASURING SARCOPENIA?



CLINICAL ARTICLE
J Neurosurg Spine 37:203-215, 2022

Evaluating frailty, mortality, and complications associated with metastatic spine tumor surgery using machine learning-derived body composition analysis

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OBJECTIVE: Cancer patients with spinal metastases may undergo surgery without clear assessments of prognosis, thereby impacting the optimal palliative strategy. Because the morbidity of surgery may adversely impact recovery and initiation of adjuvant therapies, evaluation of risk factors associated with mortality risk and complications is critical. Evaluation of body composition of cancer patients as a surrogate for frailty is an emerging area of study for improving preoperative risk stratification.

METHODS: To examine the associations of muscle characteristics and adiposity with postoperative complications, length of stay, and mortality in patients with spinal metastases, the authors designed an observational study of 484 cancer patients who received surgical treatment for spinal metastases between 2010 and 2019. Sarcopenia, muscle radiodensity, visceral adiposity, and subcutaneous adiposity were assessed on routinely available 3-month preoperative CT images by using a validated deep learning methodology. The authors used k-means clustering analysis to identify patients with similar body composition characteristics. Regression models were used to examine the associations of sarcopenia, frailty, and clusters with the outcomes of interest.

RESULTS: Of 484 patients enrolled, 303 had evaluable CT data on muscle and adiposity (mean age 62.00 \pm 11.91 years; 57.8% male). The authors identified 2 clusters with significantly different body composition characteristics and mortality risks after spine metastases surgery. Patients in cluster 2 (high-risk cluster) had lower muscle mass index (mean \pm SD 41.16 \pm 7.59 vs 50.13 \pm 10.43 cm²/m²), lower subcutaneous fat area (147.62 \pm 57.80 vs 280.83 \pm 109.31 cm²), lower visceral fat area (82.28 \pm 48.96 vs 239.26 \pm 98.40 cm²), higher muscle radiodensity (35.67 \pm 9.94 vs 31.13 \pm 9.07 Hounsfield units [HU]), and significantly higher risk of 1-year mortality (adjusted HR 1.45, 95% CI 1.05-2.01, p = 0.02) than individuals in cluster 1 (low-risk cluster). Decreased muscle mass, muscle radiodensity, and adiposity were not associated with a higher rate of complications after surgery. Prolonged length of stay (> 7 days) was associated with low muscle radiodensity (mean 30.87 vs 35.23 HU, 95% CI 1.69-6.73, p < 0.001).

CONCLUSIONS: Body composition analysis shows promise for better risk stratification of patients with spinal metastases under consideration for surgery. Those with lower muscle mass and subcutaneous and visceral adiposity are at greater risk for inferior outcomes.

<https://jns.org/doi/10.3171/2022.1.SPINE21284>

KEYWORDS: body composition; frailty; sarcopenia; predictive analytics; machine learning; spine metastasis; spine surgery; spine fusion; oncology

BODY COMPOSITION

SKELETAL MUSCLE MASS

SKELETAL MUSCLE RADIODENSITY
→ MUSCLE QUALITY

VISCERAL ADIPOSITY

SUBCUTANEOUS ADIPOSITY

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IS THERE A MORE GRANULAR APPROACH TO MEASURING SARCOPENIA?

JNS SPINE

CLINICAL ARTICLE
J Neurosurg Spine 37:263-275, 2022

Evaluating frailty, mortality, and complications associated with metastatic spine tumor surgery using machine learning-derived body composition analysis

Elie Massaad, MD, MMSc,¹ Christopher P. Bridge, DPhil,^{1,2} Ali Klapour, PhD, MMSc,¹ Mitchell S. Fourman, MD, MPH,¹ Julia B. Duval, BS,¹ Ian D. Connolly, MD, MS,¹ Mohamed Haddipasic, MD, PhD,¹ Ganesh M. Shankar, MD, PhD,¹ Katherine P. Andriole, PhD,^{1,4} Michael Rosenthal, MD, PhD,^{1,5} Andrew J. Schoenfeld, MD, MS,¹ Mark H. Bilsky, MD,¹ and John H. Shin, MD¹

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<https://thejns.org/doi/10.3171/2022.1.SPINE212184>

KEYWORDS body composition; frailty; sarcopenia; predictive analytics; machine learning; spine metastasis; spine surgery; spine fusion; oncology

DECREASED 1-YEAR SURVIVAL

BODY COMPOSITION

SKELETAL MUSCLE MASS

SKELETAL MUSCLE RADIO-DENSITY
→ MUSCLE QUALITY

VISCERAL ADIPOSITY

SUBCUTANEOUS ADIPOSITY

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IS THERE A MORE GRANULAR APPROACH TO MEASURING SARCOPENIA?

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180

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<https://jns.org/doi/10.3171/2022.1.SPINE212384>

KEYWORDS body composition; frailty; sarcopenia; predictive analytics; machine learning; spine metastasis; spine surgery; spine fusion; oncology

DECREASED 1-YEAR SURVIVAL

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SKELETAL MUSCLE RADIO-DENSITY
→ MUSCLE QUALITY

VISCERAL ADIPOSITY

SUBCUTANEOUS ADIPOSITY

QUANTIFICATION OF CACHEXIA

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INTERNATIONAL SOCIETY for the ADVANCEMENT of SPINE SURGERY

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Artificial Intelligence and Machine Learning Applications in Spine Surgery

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ABSTRACT

The complexity of patients with spine pathology and high rates of complications has driven extensive research toward optimizing outcomes and reducing complications. Traditional statistical analysis has been limited both in validity and in the number of predictive variables considered. Over the past decade, artificial intelligence and machine learning have taken center stage as the possible solution to creating more accurate and applicable patient-centered predictive models in spine surgery. This review discusses the current published machine learning applications on preoperative optimization, risk stratification, and predictive modeling for the cervical, lumbar, and adult spinal deformity populations.

Focus Issue Article

Keywords: machine learning; artificial intelligence; cervical spine; lumbar spine; adult spinal deformity; predictive model

INTRODUCTION

The development of predictive models is not a novel concept in spine surgery. For decades, surgeons have relied on various statistical analyses to identify risk factors for complications with the hope of creating a valid model. A popular technique is the use of multivariate logistic regression (LR), which produces odds ratios for independent variables on the outcomes of interest. The advantage of such analysis includes the relative ease of interpretation and application. However, an important limitation of predictive models is the limited number of predictive variables included. Furthermore, these traditional analyses are static in nature, assume a "linear" relationship between the input and output variables, and may have limited applicability for addressing the intricacies of patient-specific needs as new data are introduced.

Over the past decade, health care providers have gained access to an immense amount of patient information through the digitization of electronic medical records. As a result, artificial intelligence (AI) and machine learning (ML) have taken center stage as the potential solution for implementing more accurate and generalizable predictive models. The major reasons for the increasing attraction toward AI and ML include the potential to process large amounts of data quickly, create models that adapt to new data, and understand complex, nonlinear relationships that conventional regression models might fail to comprehend. Spine studies are already showing promise in the ability of ML methods

to provide improved preoperative risk stratification and diagnostics as well as leverage imaging data for better clinical prognostication.¹⁻³ The purpose of this review is to highlight the current applications of ML in spine surgery, compare the performance of common ML models, and explore the potential of ML in future studies.

WHAT IS ARTIFICIAL INTELLIGENCE AND MACHINE LEARNING?

AI is the broader concept of applying systems to simulate human learning and thinking. One of the main applications of AI is ML, which utilizes various computational techniques to continuously learn and self-adjust from past data in order to determine mathematical relationships inherent in the data. The majority of prior outcomes research in spine have involved statistical analyses to characterize relationships between independent and dependent variables. By doing so, the focus of these statistical analyses has been to identify the parameters of a model and understand how each impacts the prediction. Although these analyses are valuable and often offer the researcher an ease of interpretability, they are static in nature and are often subject to selection bias and limited external validity. In contrast, the focus of ML is less about the parameters of a model and more about the prediction. This often leads to "black box" algorithms, which may be difficult to conceptualize. However, ML has the potential to process an inordinate amount of data, learn and adapt to varying

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INTERNATIONAL

SOCIETY for the ADVANCEMENT of

SPINE SURGERY

THE INNOVATION SOCIETY

Artificial Intelligence and Machine Learning Applications

in Spine Surgery

NATHAN J. LEE, MD¹, JOSEPH M. LOMBARDE, MD², AND RONALD A. LEHMAN, MD¹

¹Department of Orthopaedics, Columbia University Medical Center, The Orthopaedic Hospital at New York-Presbyterian, New York, NY, USA

ABSTRACT

The complexity of patients with spine pathology and high rates of complications has driven extensive research directed toward optimizing outcomes and reducing complications. Traditional statistical analysis has been limited both in validity and in the number of predictive variables considered. Over the past decade, artificial intelligence and machine learning have taken center stage as the possible solution to creating more accurate and applicable patient-centered predictive models in spine surgery. This review discusses the current published machine learning applications on preoperative optimization, risk stratification, and predictive modeling for the cervical, lumbar, and adult spinal deformity populations.

Focus Issue Article

Keywords: machine learning, artificial intelligence, cervical spine, lumbar spine, adult spinal deformity, predictive model

INTRODUCTION

The development of predictive models is not a novel concept in spine surgery. For decades, surgeons have relied on various statistical analyses to identify risk factors for complications with the hope of creating a valid model. A popular technique is the use of multivariate logistic regression (LR), which produces odds ratios for independent variables on the outcomes of interest. The advantage of such analysis includes the relative ease of interpretation and application. However, an important limitation of predictive models is the limited number of predictive variables included. Furthermore, these traditional analyses are static in nature, assume a "linear" relationship between the input and output variables, and may have minimal applicability for addressing the intricacies of patient-specific needs as new data are introduced.


Over the past decade, health care providers have gained access to an immense amount of patient information through the digitization of electronic medical records. As a result, artificial intelligence (AI) and machine learning (ML) have taken center stage as the potential solution for implementing more accurate and generalizable predictive models. The major reasons for the increasing attraction toward AI and ML include the potential to process large amounts of data quickly, create models that adapt to new data, and understand complex, nonlinear relationships that conventional regression models might fail to comprehend. Spine studies are already showing promise in the ability of ML methods

to provide improved preoperative risk stratification and diagnostics as well as leverage imaging data for better clinical prognostication.¹⁻³ The purpose of this review is to highlight the current applications of ML in spine surgery, compare the performance of common ML models, and explore the potential of ML in future studies.

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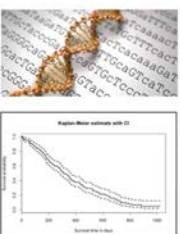
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NSCLC

Breast

Prostate

RCC



Univariate Analysis

Oncocast

500 Spine tumor samples with IMPACT

Primary tumor samples excluded

Low purity samples excluded

285 samples included

Characteristic	Breast, N = 84	Lung, N = 56	Other, N = 80	Prostate, N = 49	Renal, N = 16
Age	57 (50, 66)	67 (58, 72)	58 (46, 69)	70 (63, 74)	61 (58, 68)
Surgery / Biopsy					
Biopsy	70 (83%)	30 (54%)	33 (41%)	42 (86%)	6 (38%)
Surgery	14 (17%)	26 (46%)	47 (59%)	7 (14%)	10 (62%)
Spinal Level					
Lumbar	25 (30%)	16 (29%)	27 (34%)	16 (33%)	5 (31%)
Cervical	2 (2.4%)	5 (8.9%)	14 (18%)	0 (0%)	1 (6.2%)
Sacral	16 (19%)	4 (7.1%)	9 (11%)	13 (27%)	0 (0%)
Thoracic	41 (49%)	31 (55%)	30 (38%)	20 (41%)	10 (62%)

Memorial Sloan Kettering Cancer Center

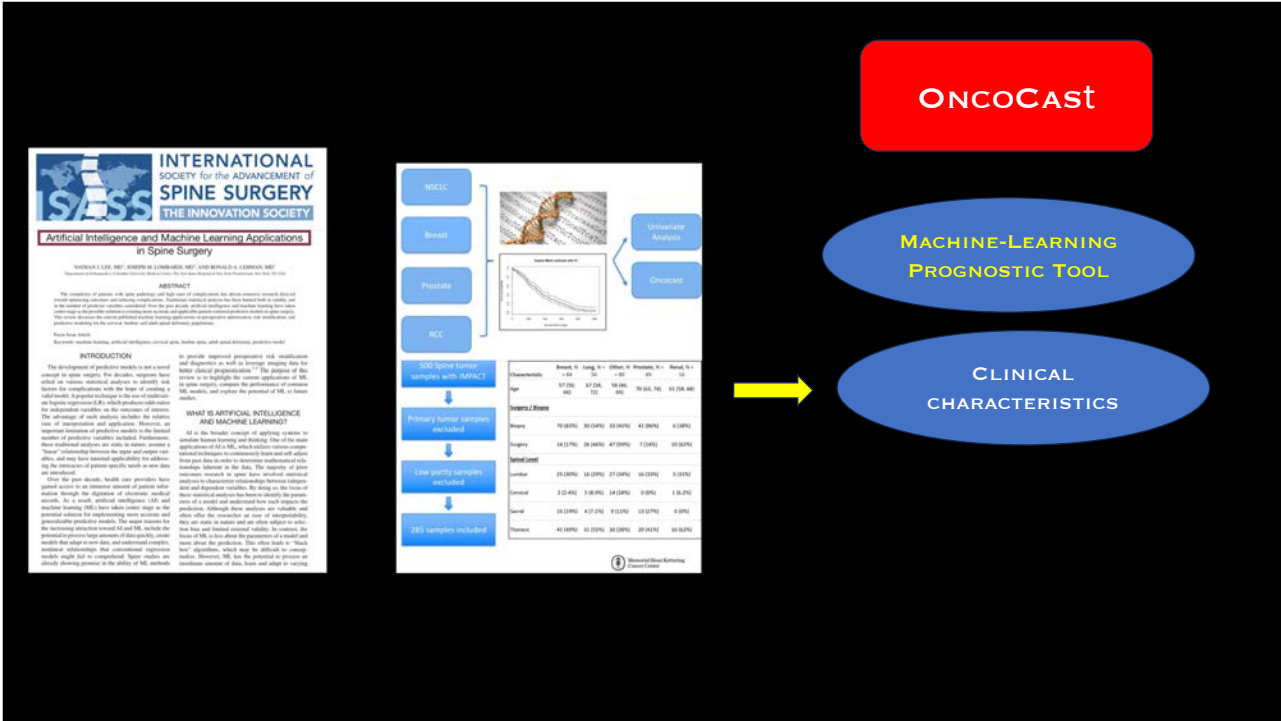
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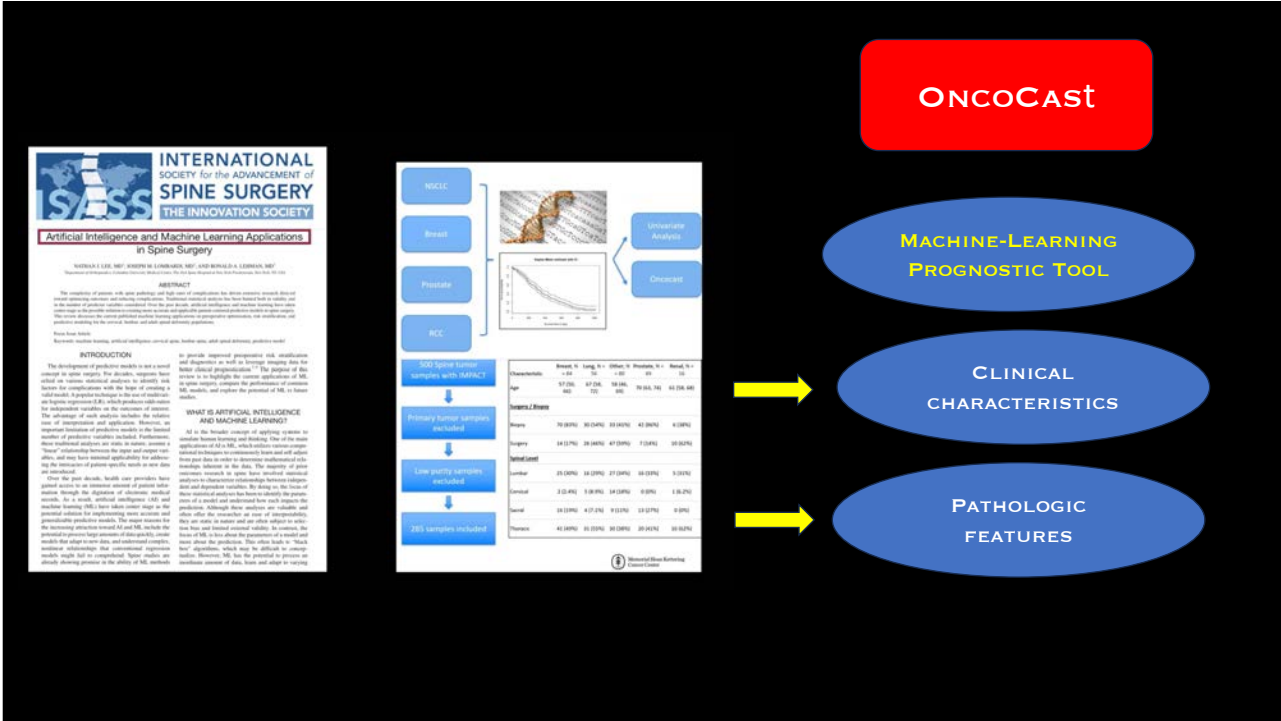
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ONCOCast

**MACHINE-LEARNING
PROGNOSTIC TOOL**

**CLINICAL
CHARACTERISTICS**

**PATHOLOGIC
FEATURES**

**MOLECULAR
PROFILING**

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Robert J. Rothrock, MD

Ori Barzilai, MD

Anne S. Reiner, MPH

Eric Li, MD

Adam M. Schmitt, MD

Daniel S. Higgins, MD

Yoshiya Yamada, MD

Mark H. Bilsky, MD

Riya Lauder, MD

*Department of Neurosurgery, Memorial Sloan-Kettering Cancer Center, New York, New York; †Department of Neurosurgery, Weill Cornell Medical College, New York, New York; ‡Department of Epidemiology and Biostatistics, Memorial Sloan-Kettering Cancer Center, New York, New York; §Department of Neurosurgery, Memorial Sloan-Kettering Cancer Center, New York, New York; ¶Department of Radiation Oncology, Memorial Sloan-Kettering Cancer Center, New York, New York.

Correspondence: Riya Lauder, MD, Department of Neurosurgery, Memorial Sloan-Kettering Cancer Center, 1275 York Ave, New York, NY 10021, USA. Email: lauderriya@mskcc.org

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RESEARCH—HUMAN—CLINICAL STUDIES

Survival Trends After Surgery for Spinal Metastatic Tumors: 20-Year Cancer Center Experience

BACKGROUND: Over the last 2 decades, advances in systemic therapy have increased the expected overall survival for patients with cancer. It is unclear whether the same survival benefit has been conferred to patients requiring surgery for metastatic spinal disease.

OBJECTIVE: To examine trends in postoperative survival over a 20-yr period for patients surgically treated for spinal metastatic disease.

METHODS: Data were obtained for 1515 patients who underwent surgery for metastatic epidural spinal cord compression or tumor-related mechanical instability. Postoperative overall survival was calculated for all included patients using Kaplan-Meier methodology from date of surgery until death or last follow-up for those who were censored. Trends were analyzed using Cox proportional hazards modeling.

RESULTS: Patients with renal, breast, lung, and colon cancers experienced a statistically significant improvement in survival over time based on the year of surgery (40%-100% improvement over the study period), whereas the overall survival trend for the entire cohort did not reach statistical significance ($P = .32$, median survival 0.71 yr, 95% CI 0.63-0.78). Patients presenting with synchronous metastatic disease had better survival compared to those presenting with metachronous disease [median overall survival: 0.94 vs 0.63 yr, respectively; log-rank P -value = .00001].

CONCLUSION: The postoperative survival among patients with spinal metastases has improved over the past 20 yr, particularly in patients with kidney, breast, lung, and colon tumors metastatic to the spine. The observed survival improvement emphasizes the need for long-term outcome consideration in treatment decisions for patients undergoing surgery for spinal metastatic tumors.

KEY WORDS: Survival for spinal metastases, Trends in survival, Separation surgery, Hybrid therapy

Neurosurgery 88:402–412, 2021 DOI:10.1226/NEU.2020.88.402 www.neurosurgery-online.com

Over the last 2 decades, advances in treatment and early diagnosis have increased the expected overall survival for patients with cancer.¹ The 5-yr relative survival among patients diagnosed with cancer improved from 35% in 1950 to 70% for the 2009 to 2015 time interval.² However, these composite survival statistics include patients with local, regional, and metastatic stages of cancer, with less information available for the survival trends specific to patients with metastatic cancer.

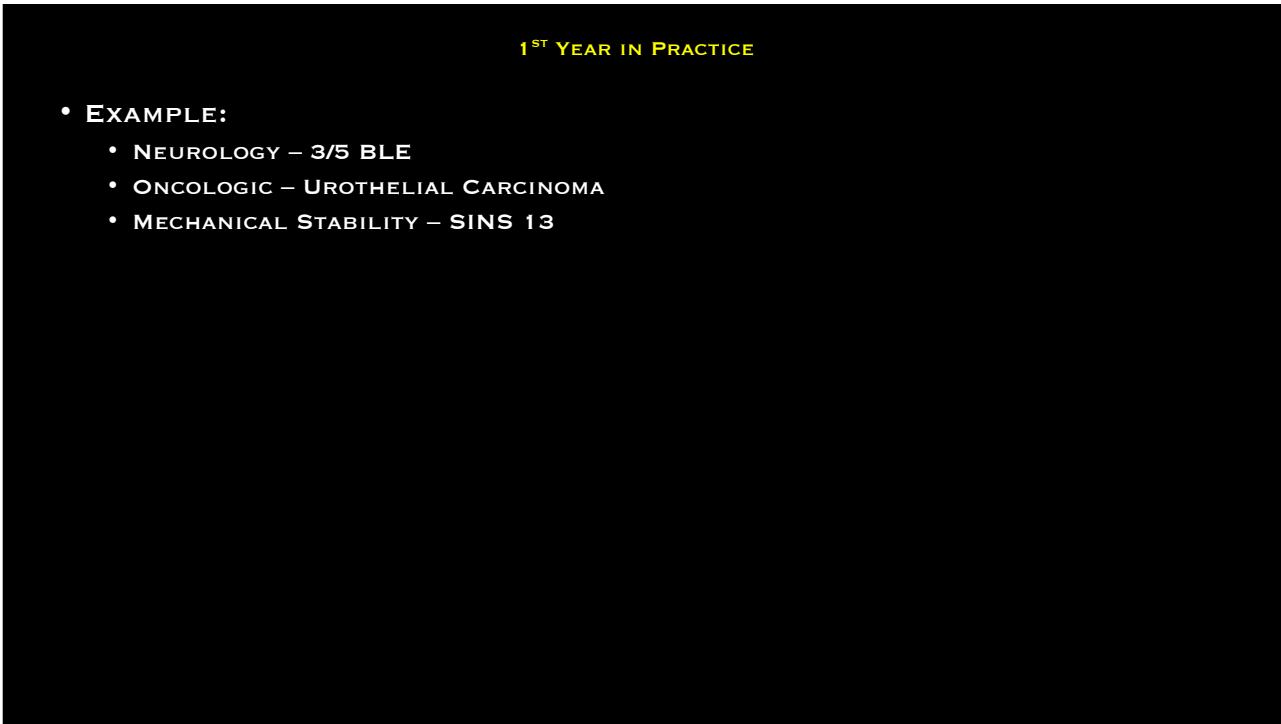
The spine represents one of the most common sites of metastatic disease. Decisions regarding treatment strategy selection require consideration of the expected survival. Although the general cancer statistics indicate that patients diagnosed with cancer live longer, it is unclear whether the same survival benefit has been conferred to patients requiring surgery for metastatic spinal disease because these patients present at various stages of treatment.³ As more therapeutic agents and potential salvage therapies become available for patients with metastatic cancer, it has been assumed that longer overall survival for cancer patients has translated into longer postoperative survival, leading to greater emphasis on the maintenance of quality of life (QOL) and durable local tumor control in the treatment of spinal metastatic disease.^{4–6}

ABBREVIATIONS: CI, confidence interval; OS, overall survival; RPA, recursive partitioning analysis. Supplemental digital content is available for this article at www.neurosurgery-online.com.

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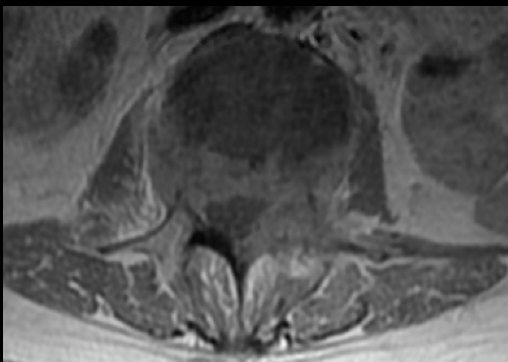


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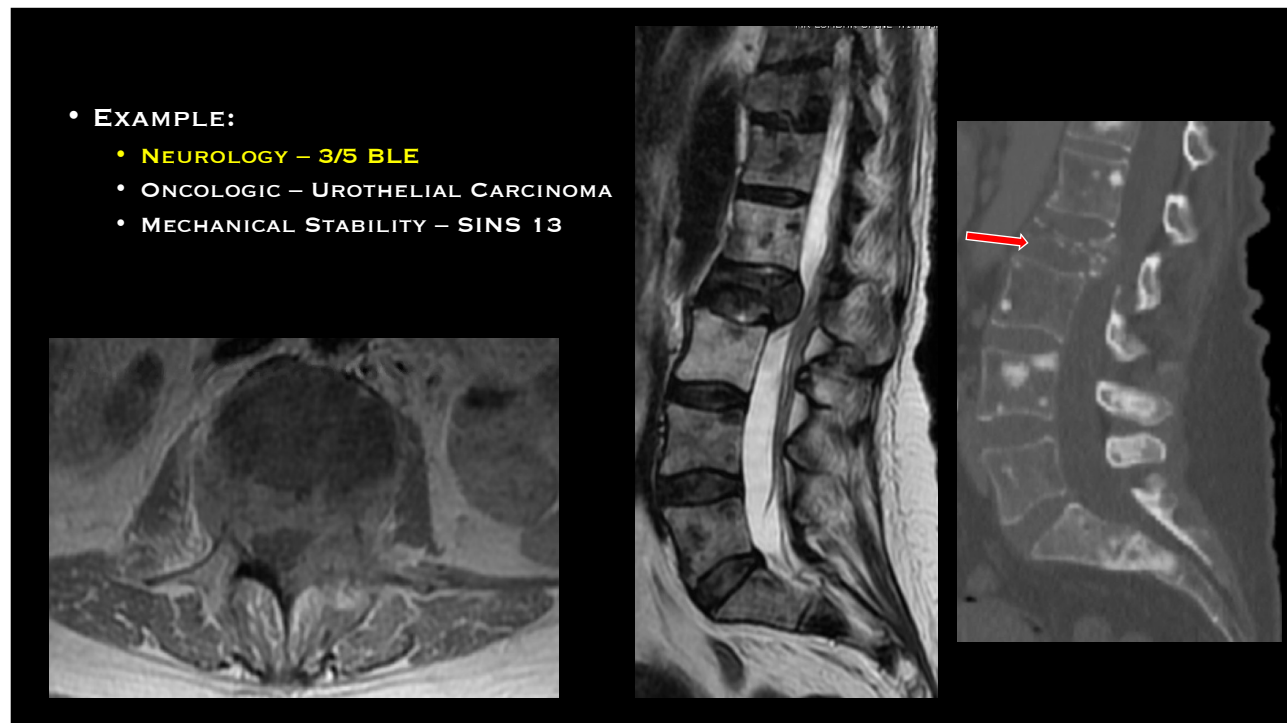
- **EXAMPLE:**
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 - **ONCOLOGIC – UROTHELIAL CARCINOMA**
 - **MECHANICAL STABILITY – SINS 13**

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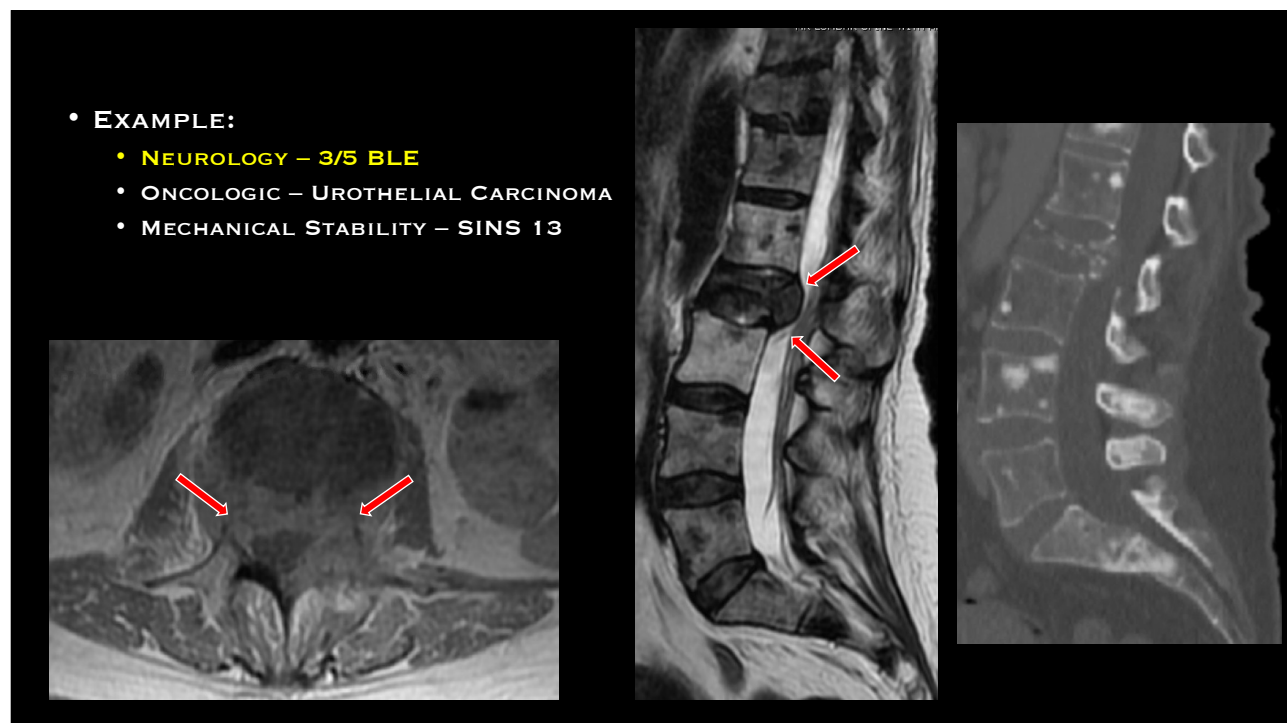
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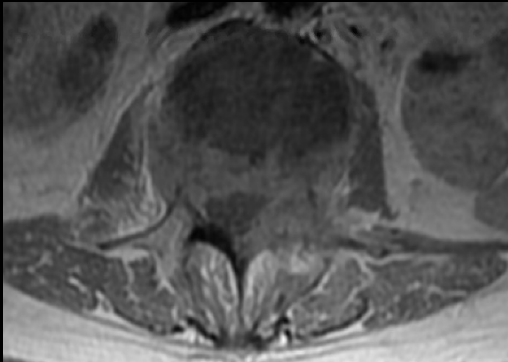
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- **EXAMPLE:**

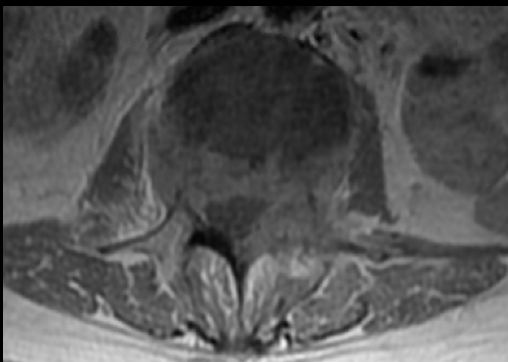
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Table 1. Spinal Instability Neoplastic Score (SINS) System.^a

Component	Score
Location	
Junctional (C2-C3, C7-T2, T11-L1, L5-S1)	3
Middle spine (C3-6, L3-4)	2
Semi-rigid (T3-10)	1
Rigid (C2-5)	0
Mechanical pain	
Yes	3
No	2
Pain free lesion	1
Bone lesion	
Lytic	2
Mixed (lytic/blastic)	1
Blastic	0
Radiographic spinal alignment	
Subluxation/translation present	4
Deformity (kyphosis/scoliosis)	2
Normal	0
Vertebral body collapse	
>50% collapse	3
<50% collapse	2
No collapse with >50% body involved	1
None of the above	0
Posterolateral involvement	
Bilateral	3
Unilateral	1
None of the above	0

^aData adapted from Fischer et al.⁹

Table 2. Total Spinal Instability Neoplastic Score: Determination of Stability.^a

	Score (Total = 0-18)		
	1-6	7-12	13-18
Clinical categories	Stable	Potentially unstable	Unstable
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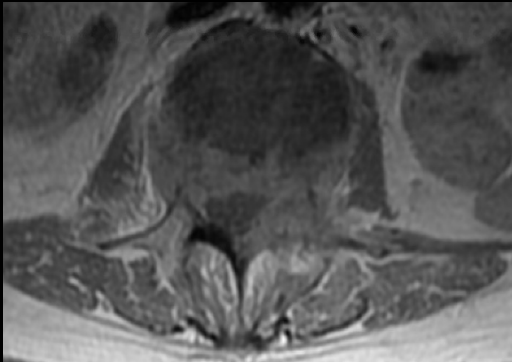
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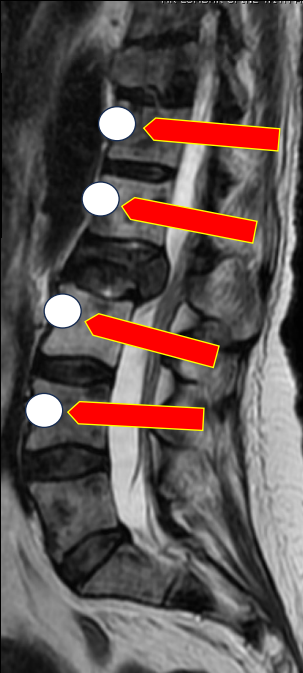
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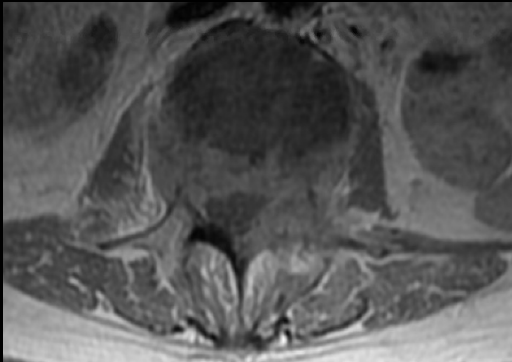
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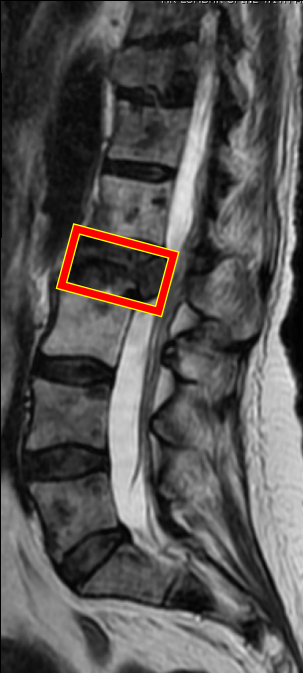
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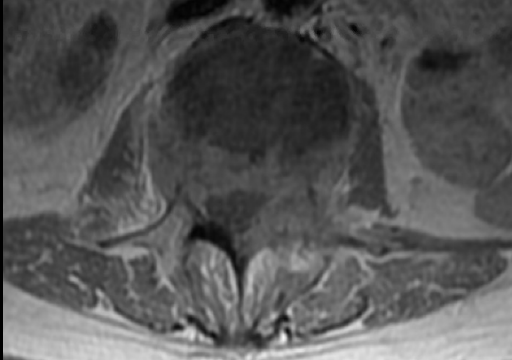
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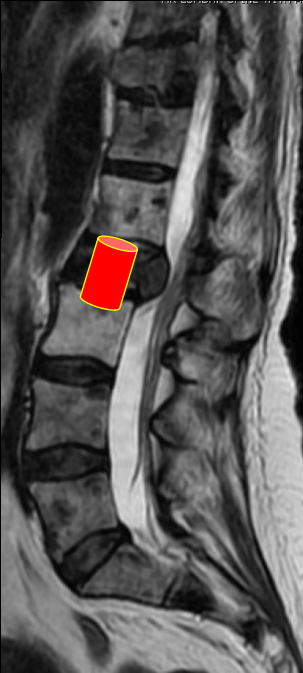
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^aData adapted from Fischer et al.⁸







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2020 Distinguished Paper Award Winner

Prospective validation of a clinical prediction score for survival in patients with spinal metastases: the New England Spinal Metastasis Score

Andrew J. Schmitt, MD, PhD¹, Marc L. Frymoyer, MD², Joseph H. Schwab, MD, PhD³, Justin A. Blumenthal, MD⁴, Lauren B. Barton, BS⁵, Daniel C. Rymer, John H. Cho, MD, MPH⁶, John H. Suh, MD⁷, James D. Kang, MD⁸, Michael H. Harris, MD⁹

¹Department of Orthopedic Surgery, Brigham Young University, School of Medicine, 1730 East 15th Avenue, Salt Lake City, UT 84143, USA

²Department of Orthopedic Surgery, Brigham Young University, School of Medicine, 1730 East 15th Avenue, Salt Lake City, UT 84143, USA

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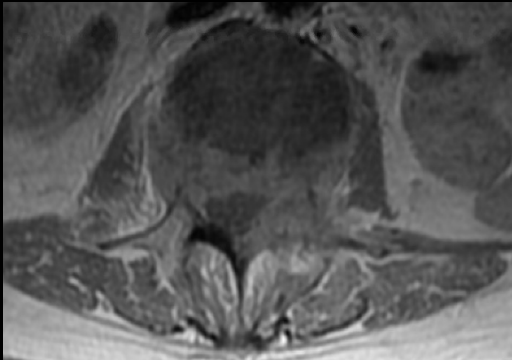
The New England Spinal Metastasis Score (NESMS)


NESMS characteristics


NESMS characteristic	Points assigned
1. Modified Basset Score	
No visceral metastases (1 point)	1
Primary tumor is not lung cancer (1 point)	1
Primary tumor is breast, renal, lymphoma, or melanoma (2 points)	2
Single distal metastasis (1 point)	1
Modified Basset Score ≥5	2
2. Ambulatory function	
Dependent ambulation/nonambulatory	0
Independent ambulation	1
3. Bone density	
<5.0 g/dL	0
≥5.0 g/dL	1

Unadjusted patient mortality at 6 months, 1 year and overall by New England Spinal Metastasis Score (NESMS) designation

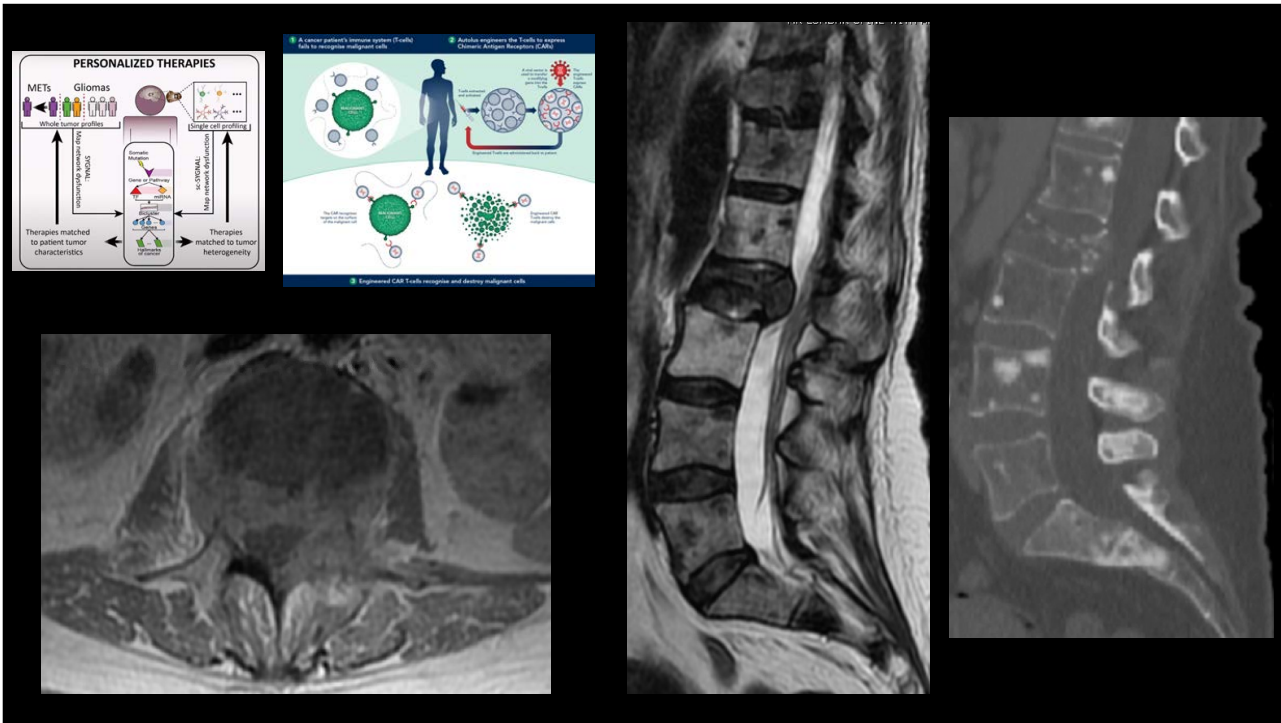
NESMS	6-month mortality (%)	1-year mortality (%)	Overall mortality (%)
0	23 (85)	27 (100)	27 (100)
1	26 (63)	32 (76)	34 (83)
2	20 (27)	35 (48)	44 (60)
3	4 (10)	6 (15)	12 (30)



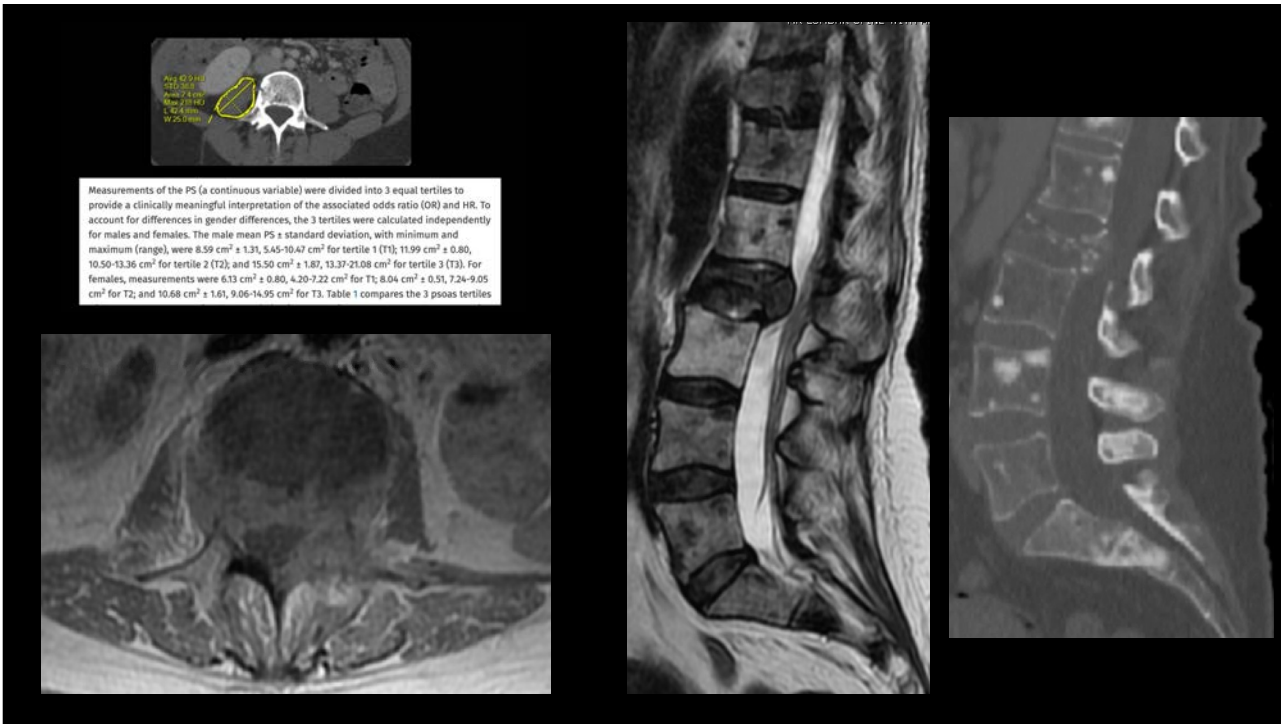




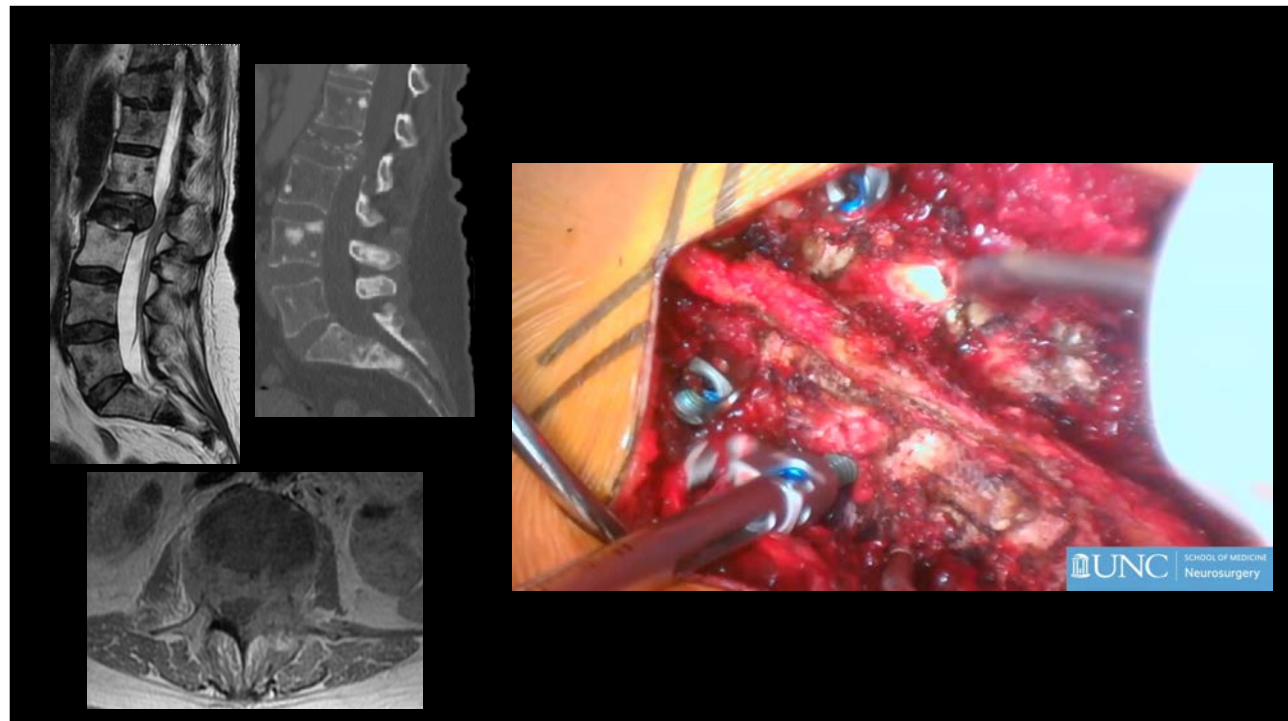
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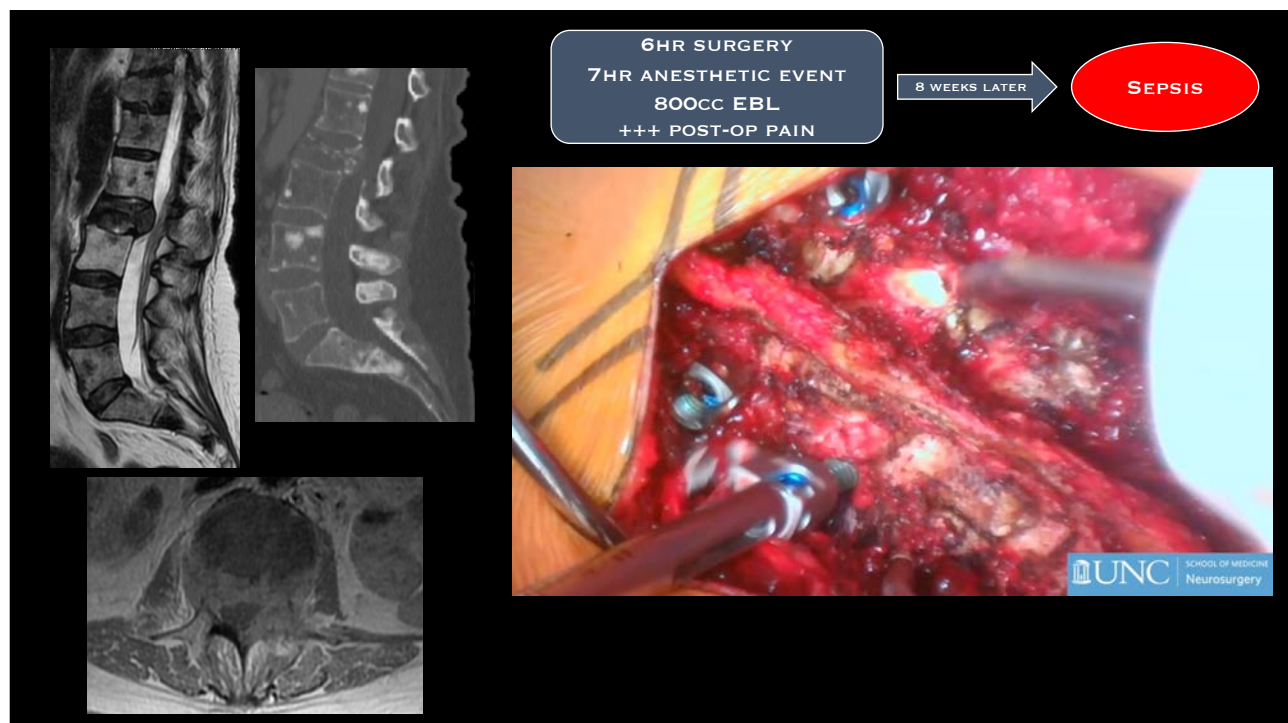
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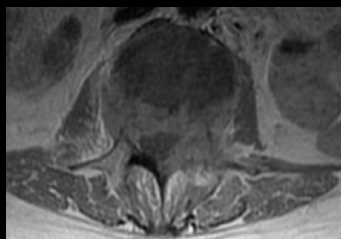
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- **EXAMPLE:**

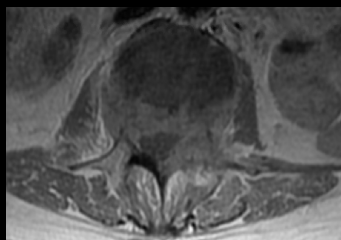
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- **SYSTEMIC DISEASE – NESMS SCORE 0**



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- **EXAMPLE:**
 - **NEUROLOGY – 3/5 BLE**
 - **ONCOLOGIC – UROTHELIAL CARCINOMA**
 - **MECHANICAL STABILITY – SINS 13**
 - **SYSTEMIC DISEASE – NESMS SCORE 0**



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The Spine Journal 21 (2021) 28–36

2020 Outstanding Paper Award Winner

Prospective validation of a clinical prediction score for survival in patients with spinal metastases: the New England Spinal Metastasis Score

Andrew J. Schoenfeld, MD, MSc^{a,*}, Marco L. Ferrone, MD^a, Joseph H. Schwab, MD, MS^b, Justin A. Blucher, MS^b, Lauren B. Barton, BS^a, Daniel G. Tobert^b, John H. Chi, MD, MPH^c, John H. Shin, MD^d, James D. Kang, MD^d, Mitchel B. Harris, MD^b

^a Department of Orthopedic Surgery, Brigham and Women's Hospital, Harvard Medical School, 75 Francis St, Boston, MA 02115, USA

^b Department of Orthopedic Surgery, Massachusetts General Hospital, Harvard Medical School, 55 Fruit St, Boston, MA 02115, USA

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^d Department of Neurosurgery, Massachusetts General Hospital, Harvard Medical School, 55 Fruit St, Boston, MA 02114, USA

Received 6 January 2020; revised 4 February 2020; accepted 13 February 2020

THE SPINE JOURNAL

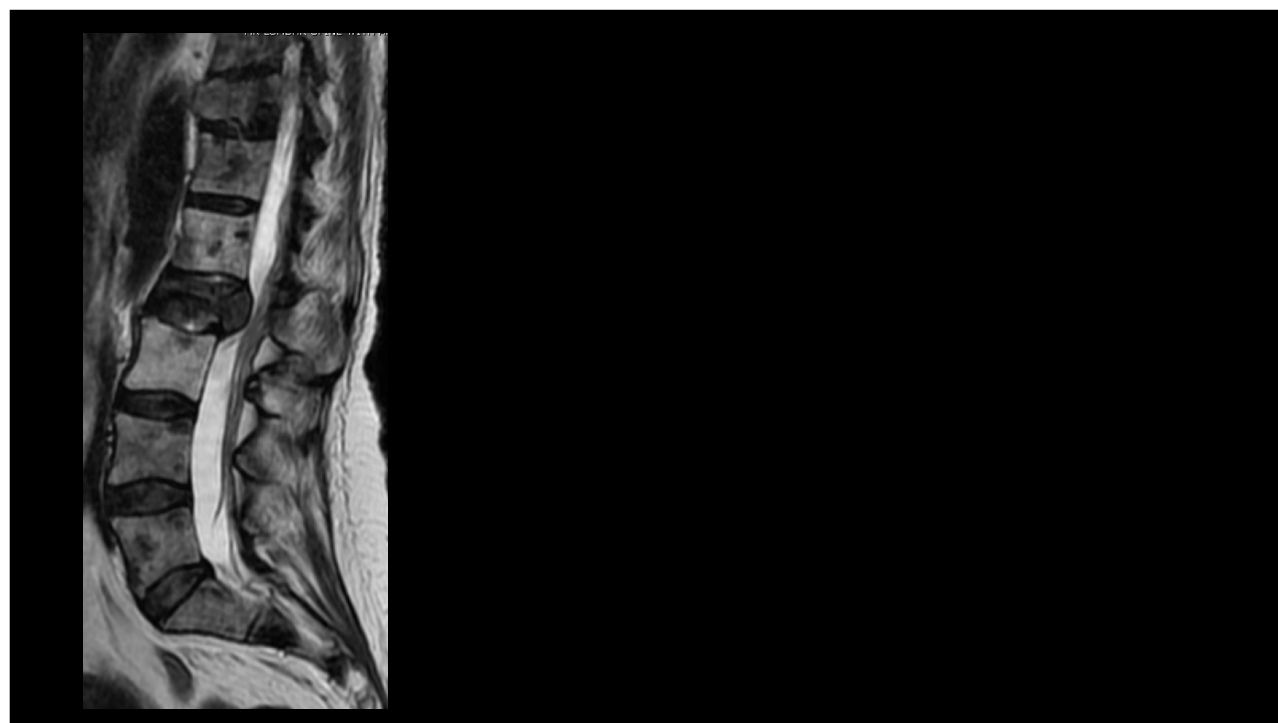
The New England Spinal Metastasis Score (NESMS)

NESMS characteristic	Points assigned
1. Modified Bauer Score	
No visceral metastases (1 point)	-
Primary tumor is not lung cancer (1 point)	-
Primary tumor is breast, renal, lymphoma or myeloma (1 Point)	-
Single skeletal metastasis (1 point)	-
Modified Bauer Score ≤2	0
Modified Bauer Score ≥3	2
2. Ambulatory function	
Dependent ambulator/nonambulatory	0
Independent ambulator	1
3. Serum albumin	
<3.5 g/dL	0
≥3.5 g/dL	1

Unadjusted patient mortality at 6-months, 1-year and overall by New England Spinal Metastasis Score (NESMS) designation

NESMS	6-month mortality (%)	1-year mortality (%)	Overall mortality (%)
0	23 (85)	27 (100)	27 (100)
1	26 (63)	32 (78)	34 (83)
2	20 (27)	35 (48)	44 (60)
3	4 (10)	6 (15)	12 (30)

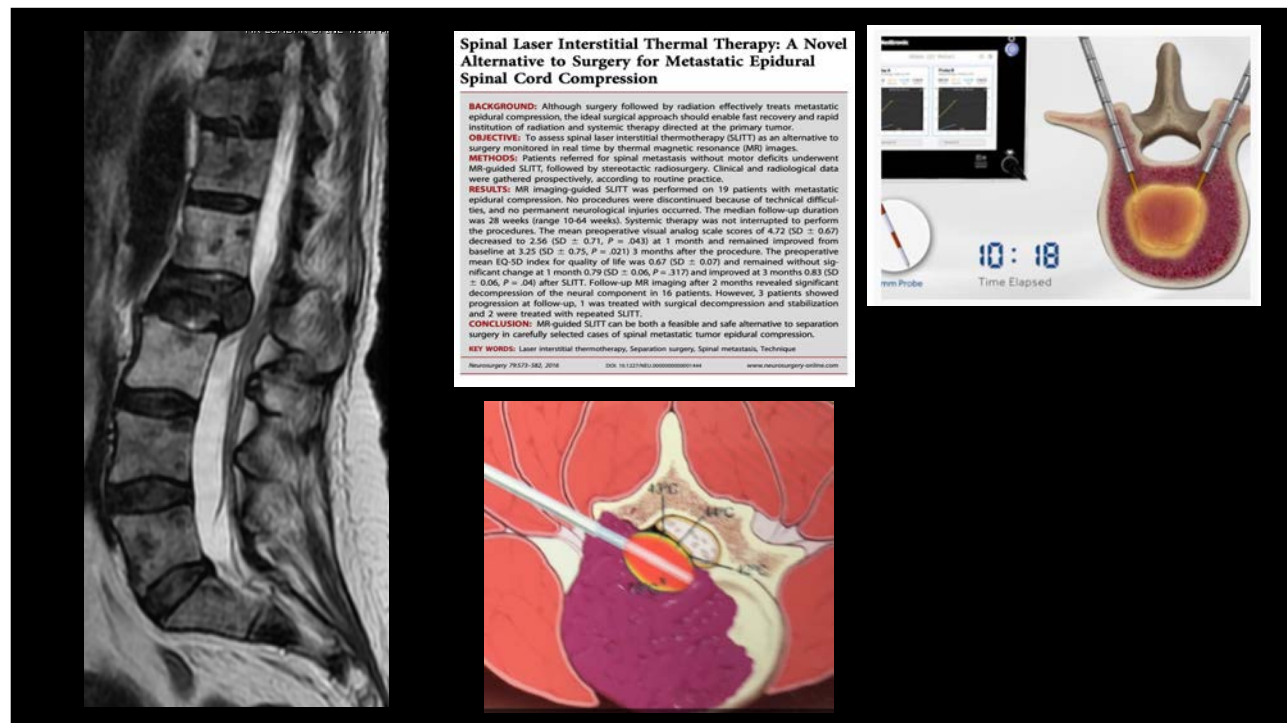
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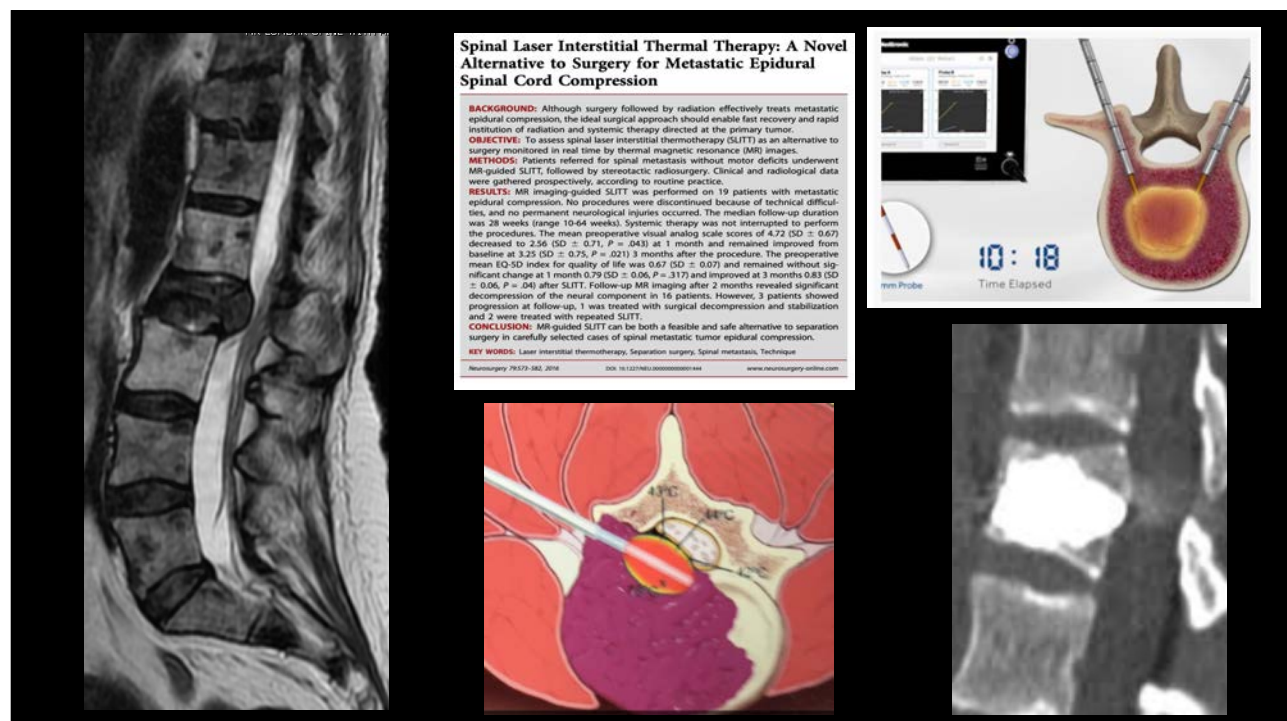
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Journal of Neuro-Oncology (2022) 157:277–283
https://doi.org/10.1007/s11060-022-03982-0

TOPIC REVIEW

Evolution of surgical treatment of metastatic spine tumors

Patricia Zadnik Sullivan¹ · Tianyi Niu¹ · Jose Fernandez Abinader¹ · Sohail Syed¹ · Prakash Sampath¹ · Albert Telfeian¹ · Jared Fridley¹ · Petra Klinge¹ · Joaquin Camara¹ · Adetokunbo Oyelese¹ · Ziya L. Gokaslan¹

Received: 31 December 2021 / Accepted: 4 March 2022 / Published online: 20 March 2022
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Abstract
Purpose The treatment of cancer has transformed over the past 40 years, with medical oncologists, radiation oncologists and surgeons working together to prolong survival times and minimize treatment related morbidity. With each advancement, the risk–benefit scale has been calibrated to provide an accurate assessment of surgical hazard. The goal of this review is to look back at how the role of surgery has evolved with each new medical advance, and to explore the role of surgeons in the future of cancer care.
Methods A literature review was conducted, highlighting the key papers guiding surgical management of spinal metastatic lesions.
Conclusion The roles of surgery, medical therapy, and radiation have evolved over the past 40 years, with new advances requiring complex multidisciplinary care.

REVIEWS

Paradigm changes in spine surgery —evolution of minimally invasive techniques

Zachary A. Smith and Richard G. Fessler

Abstract | Minimally invasive spine surgery (MISS) techniques were developed to address morbidities associated with open spine surgery approaches. MISS was initially applied for indications such as the microendoscopic decompression of stenosis (MEDS)—an operation that has become widely implemented in modern spine surgery practice. Minimally invasive surgery for MEDS is an excellent example of how an MISS technique has improved outcomes compared with the use of traditional open surgical procedures. In parallel with reports of surgeon experience, accumulating clinical evidence suggests that MISS is favoured over open surgery, and one could argue that the role of MISS techniques will continue to expand. As the field of minimally invasive surgery has developed, MISS has been implemented for the treatment of increasingly difficult and complex pathologies, including trauma, spinal malignancies and spinal deformity in adults. In this Review, we present the accumulating evidence in support of minimally invasive techniques for established MISS indications, such as lumbar stenosis, and discuss the need for additional level I and level II data to demonstrate the benefit of MISS over traditional open surgery. The expanding utility of MISS techniques to address an increasingly broad range of spinal pathologies is also highlighted.




Smith, Z. A. & Fessler, R. G. *Nat. Rev. Neuro.* 8, 403–405 (2012). doi:10.1038/nrn.2012.119

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RELEVANCE OF SEPARATION SURGERY & CF INSTRUMENTATION



RADIOLUCENT HARDWARE



218

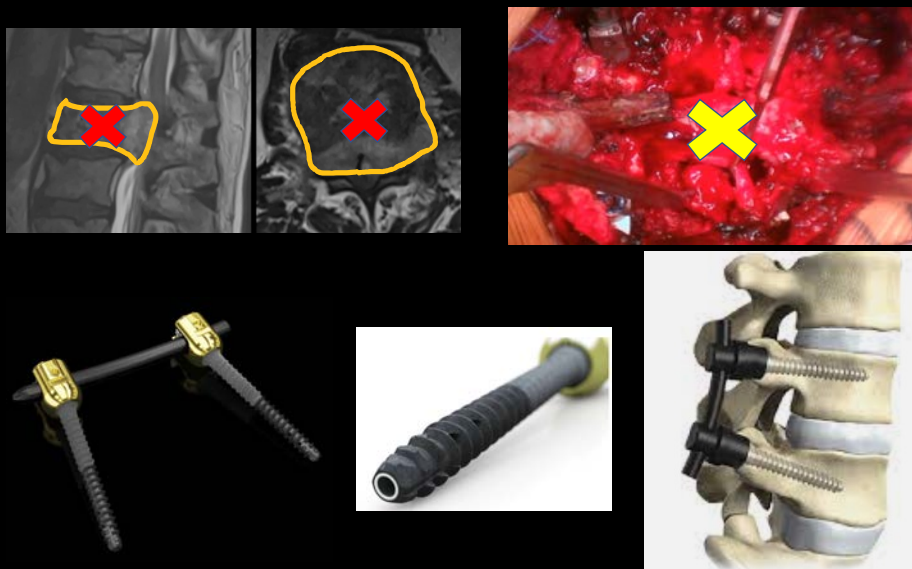
RELEVANCE OF SEPARATION SURGERY & CF INSTRUMENTATION



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RELEVANCE OF SEPARATION SURGERY & CF INSTRUMENTATION



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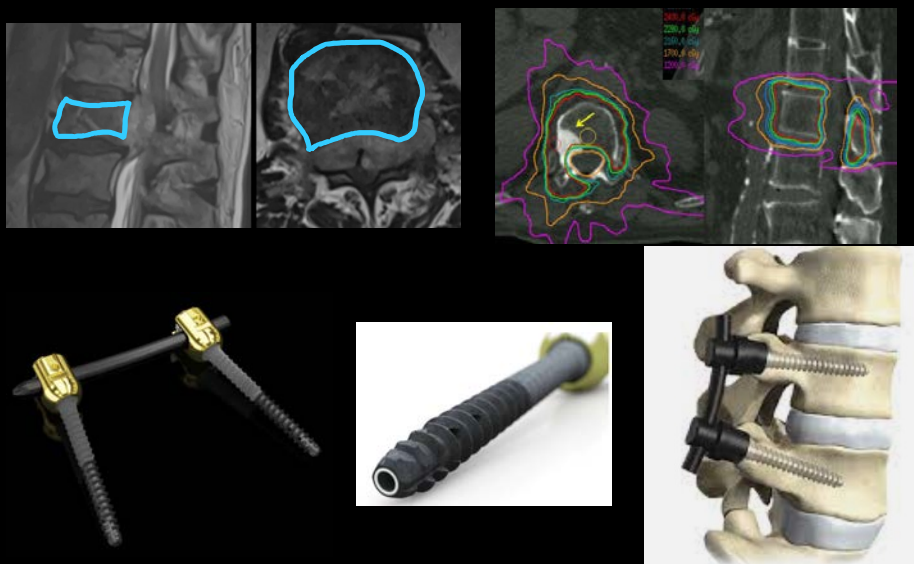
RELEVANCE OF SEPARATION SURGERY & CF INSTRUMENTATION



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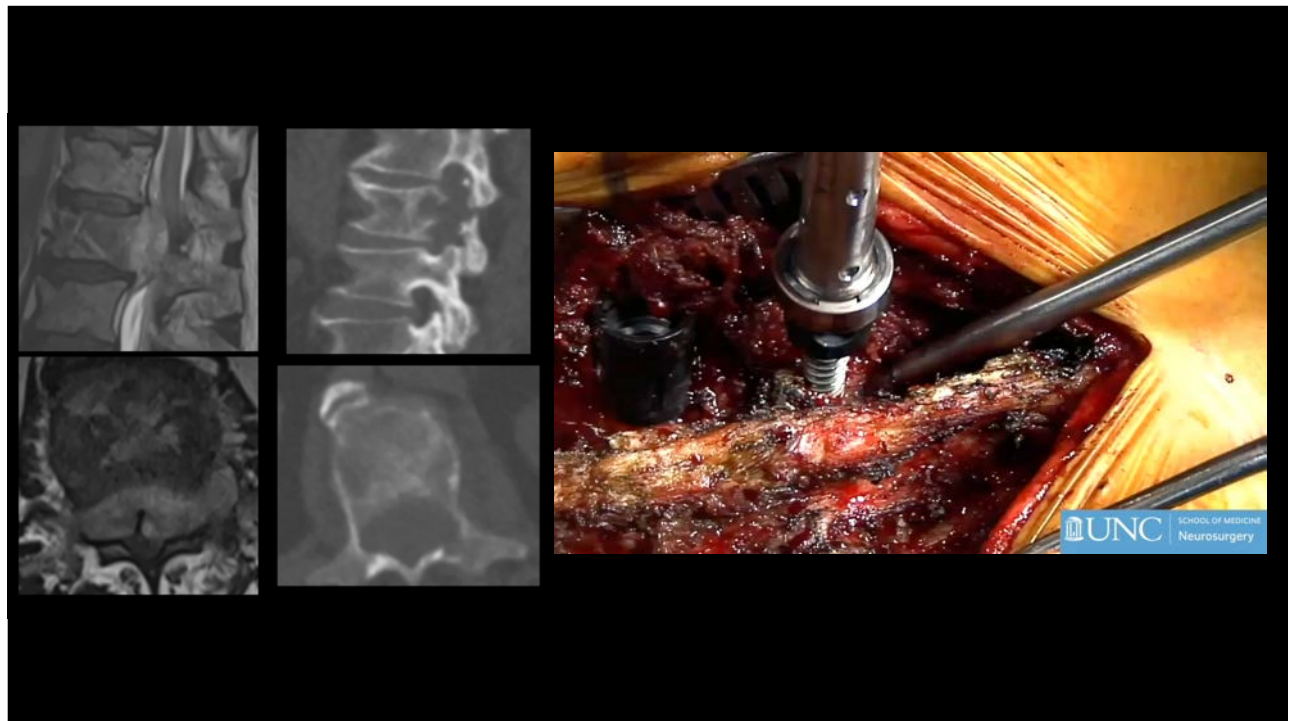
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RELEVANCE OF SEPARATION SURGERY & CF INSTRUMENTATION

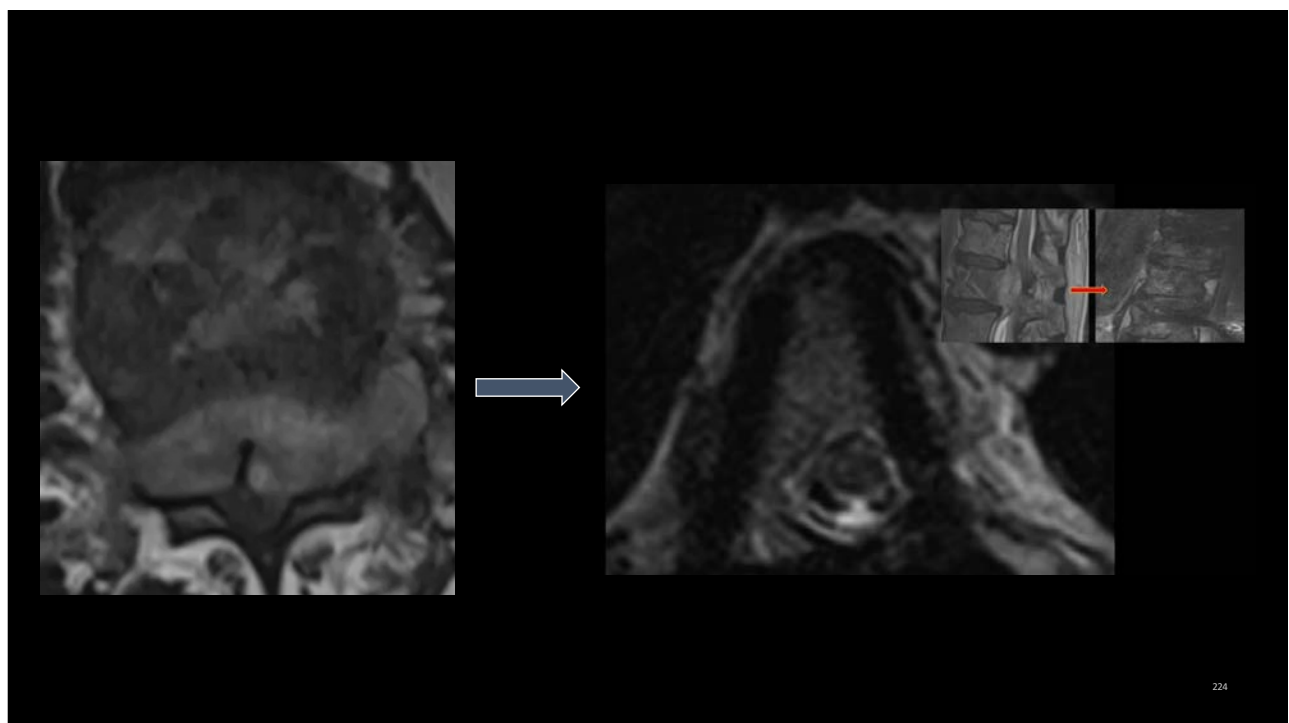


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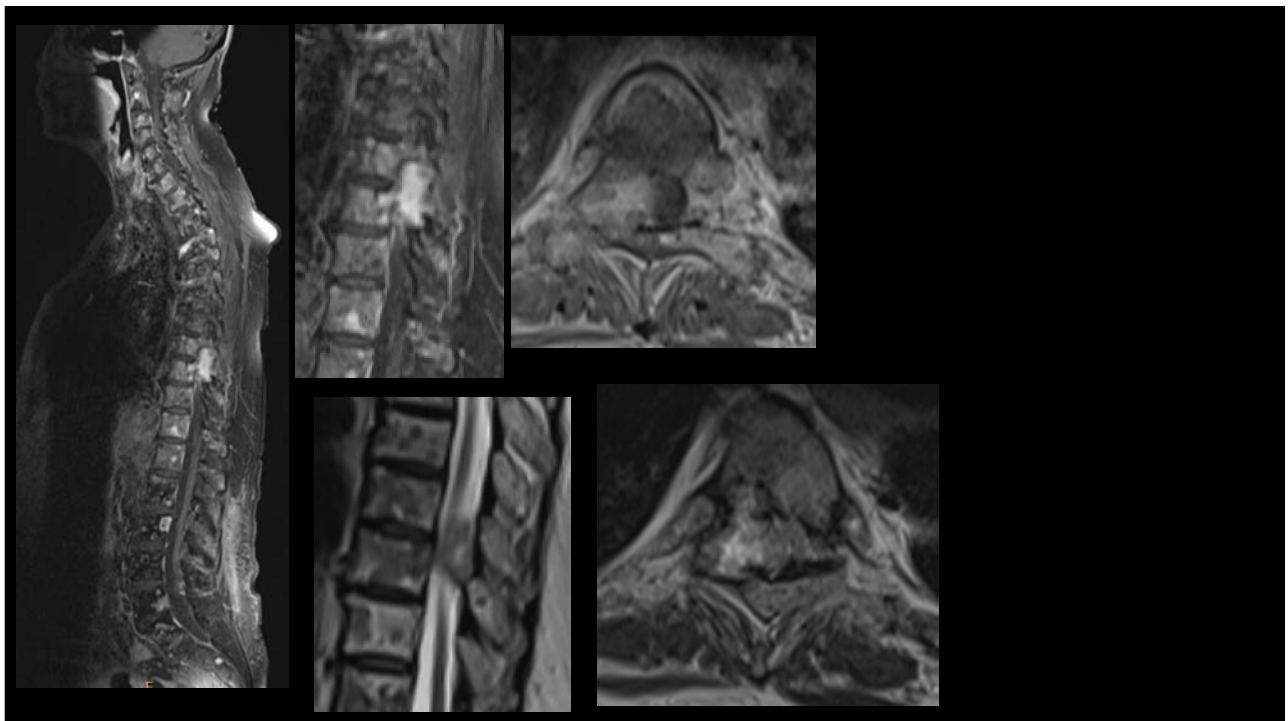
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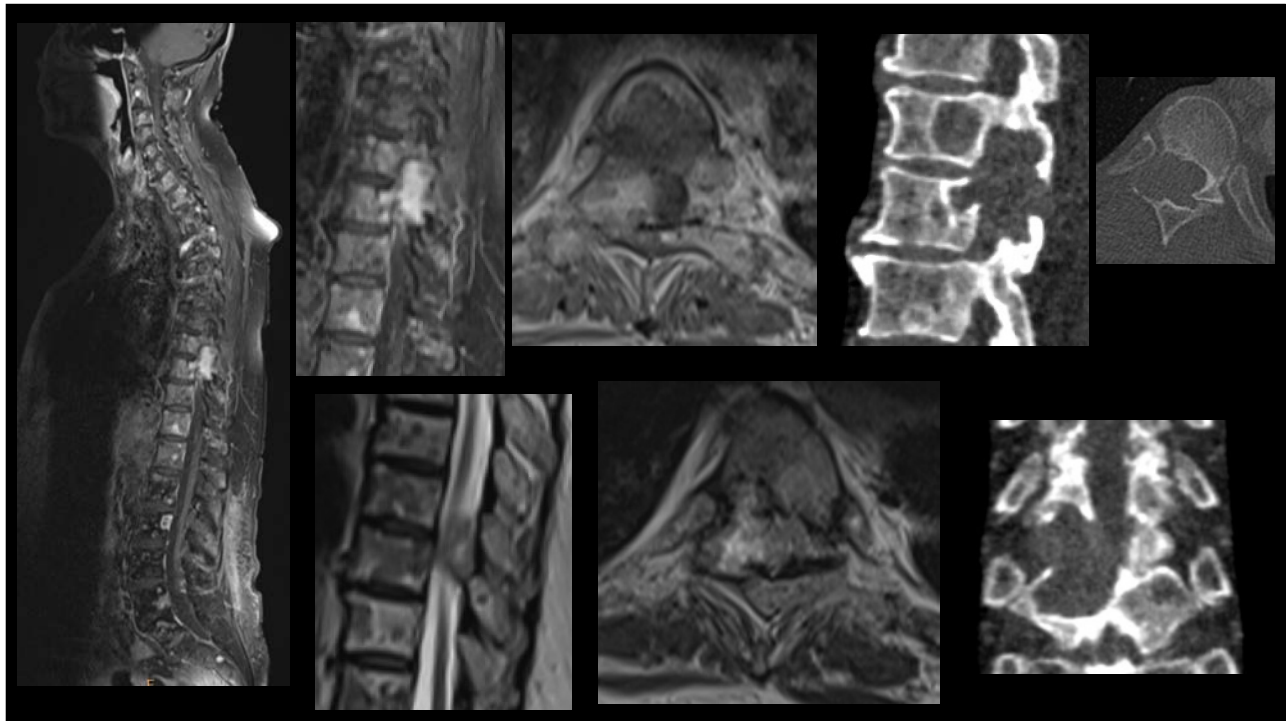
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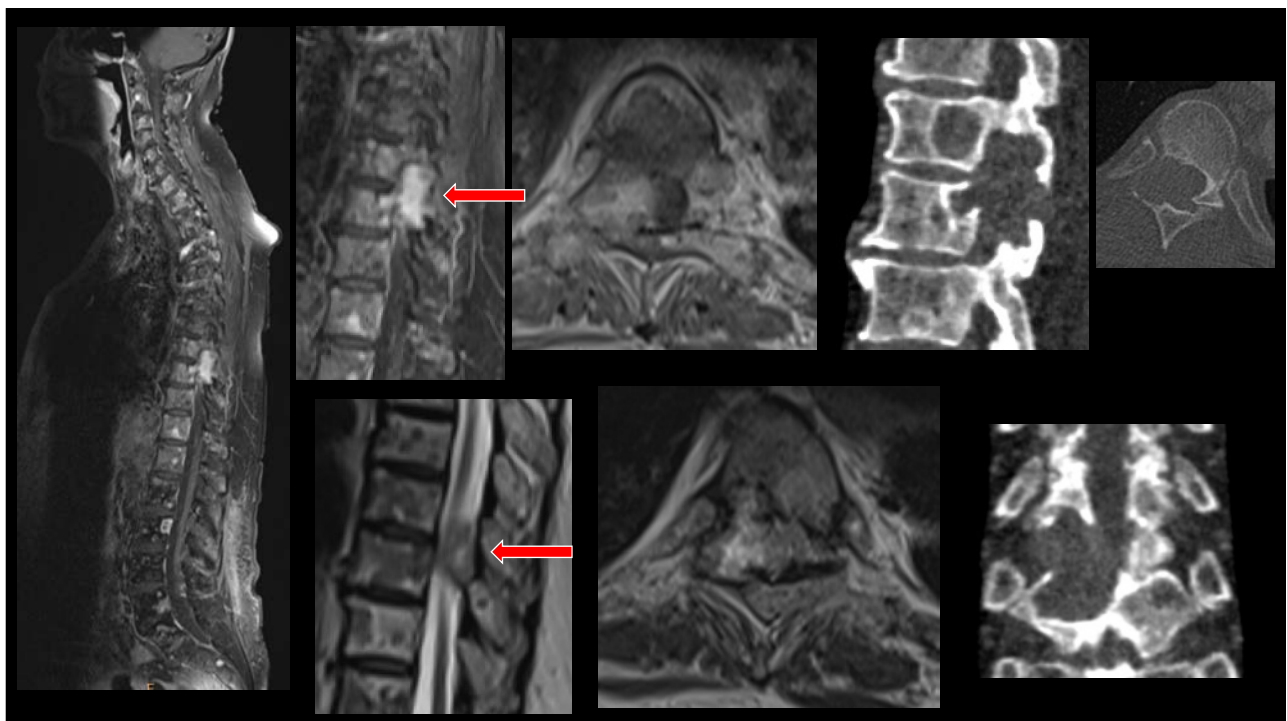
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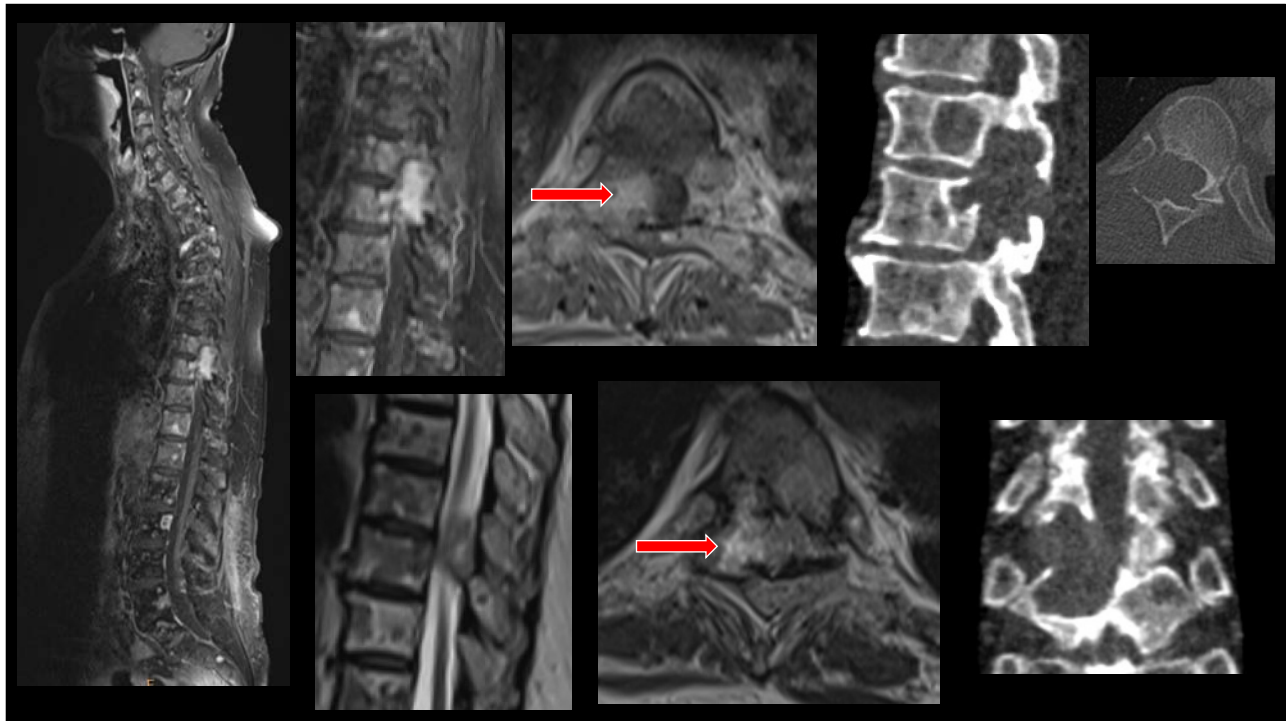
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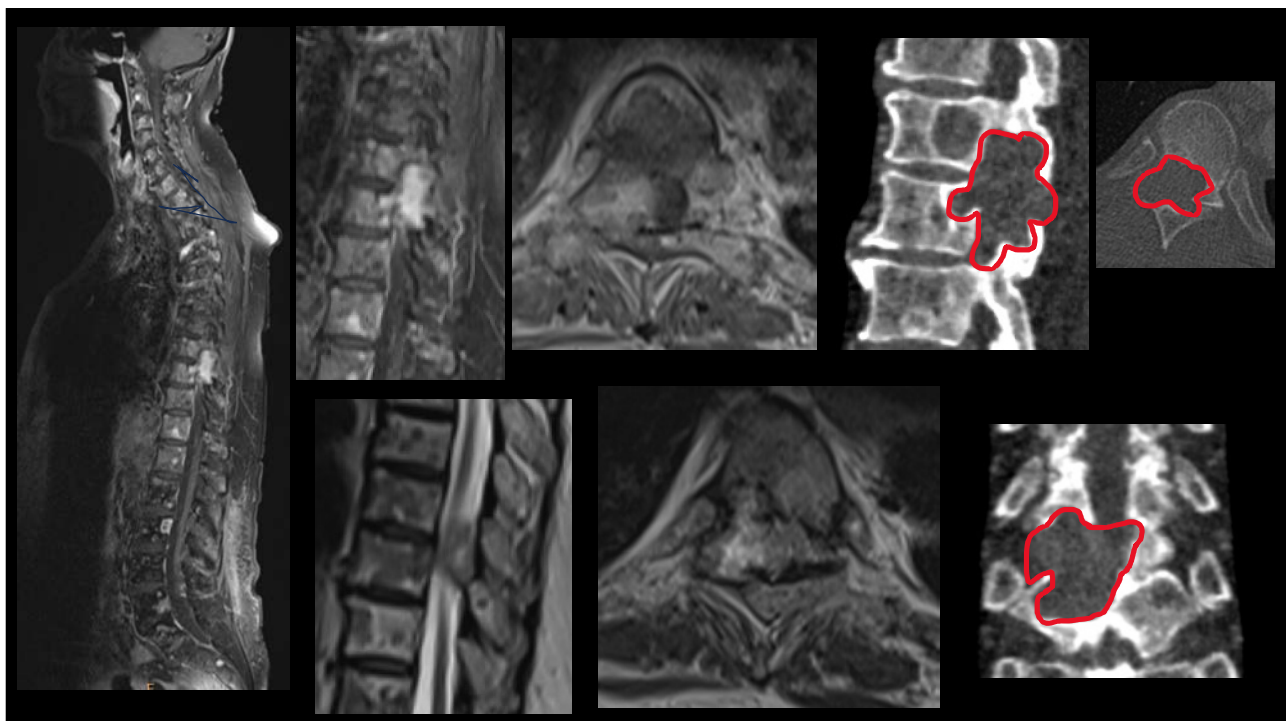
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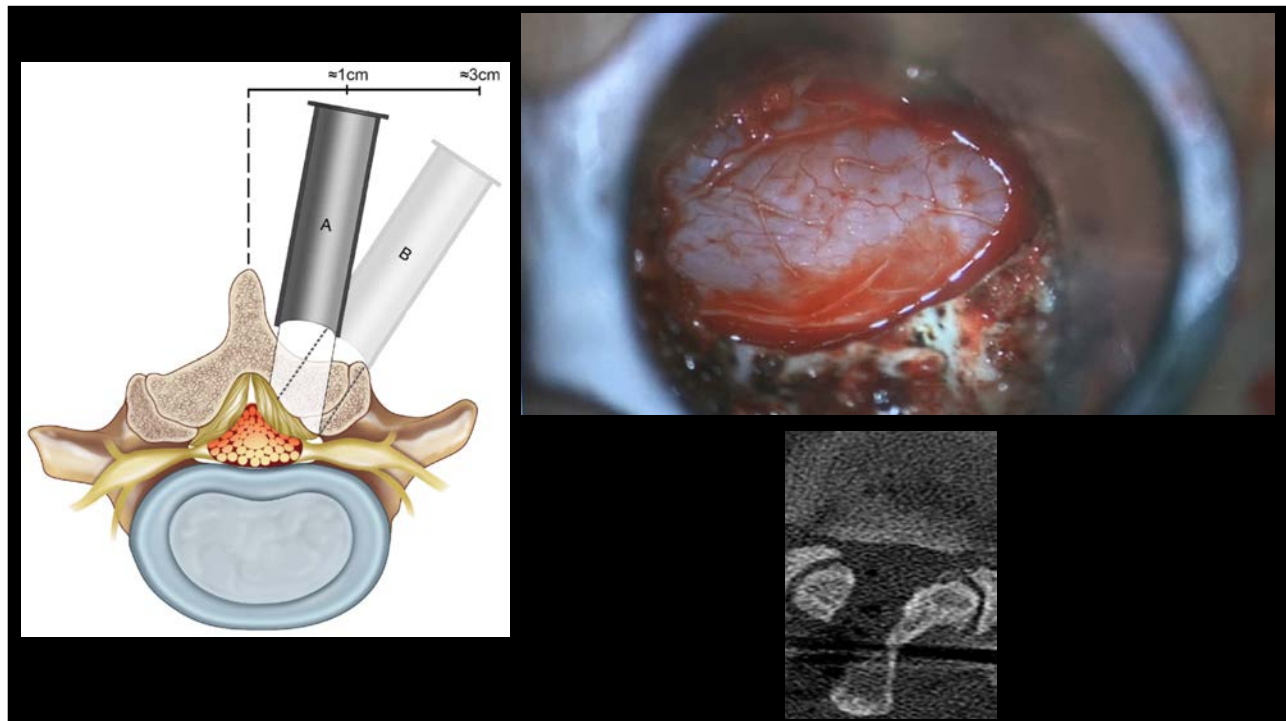
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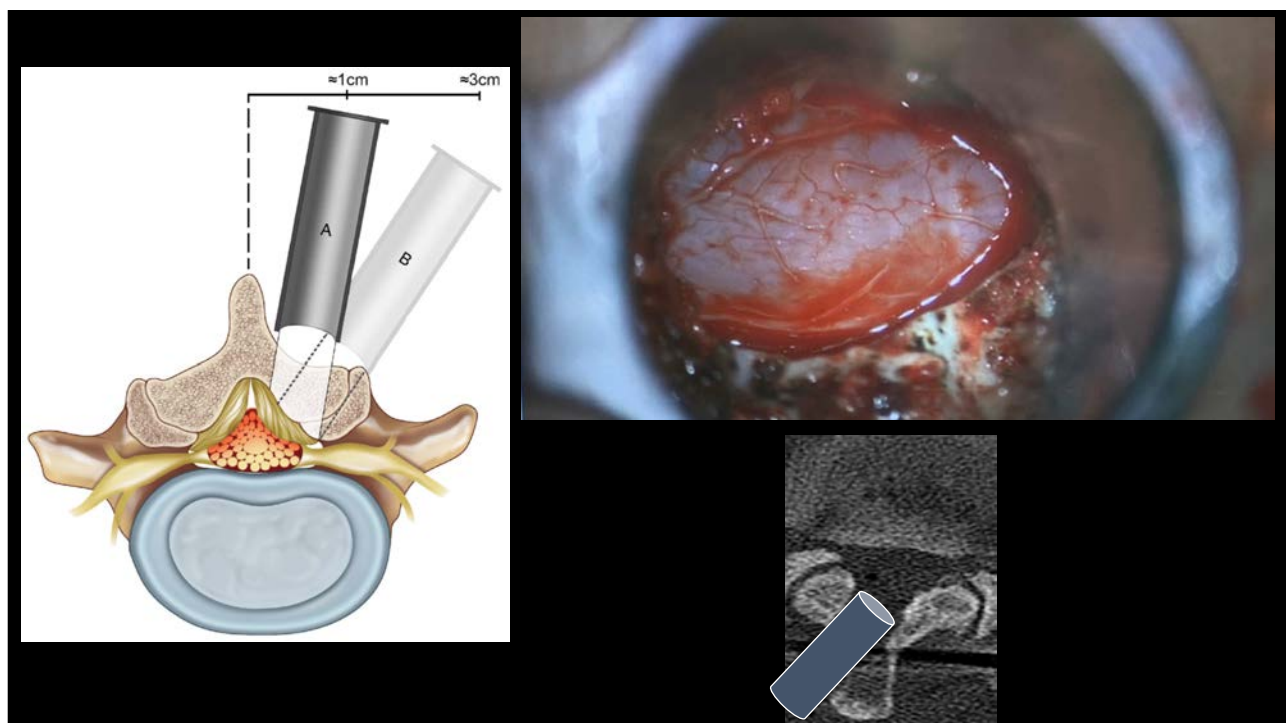
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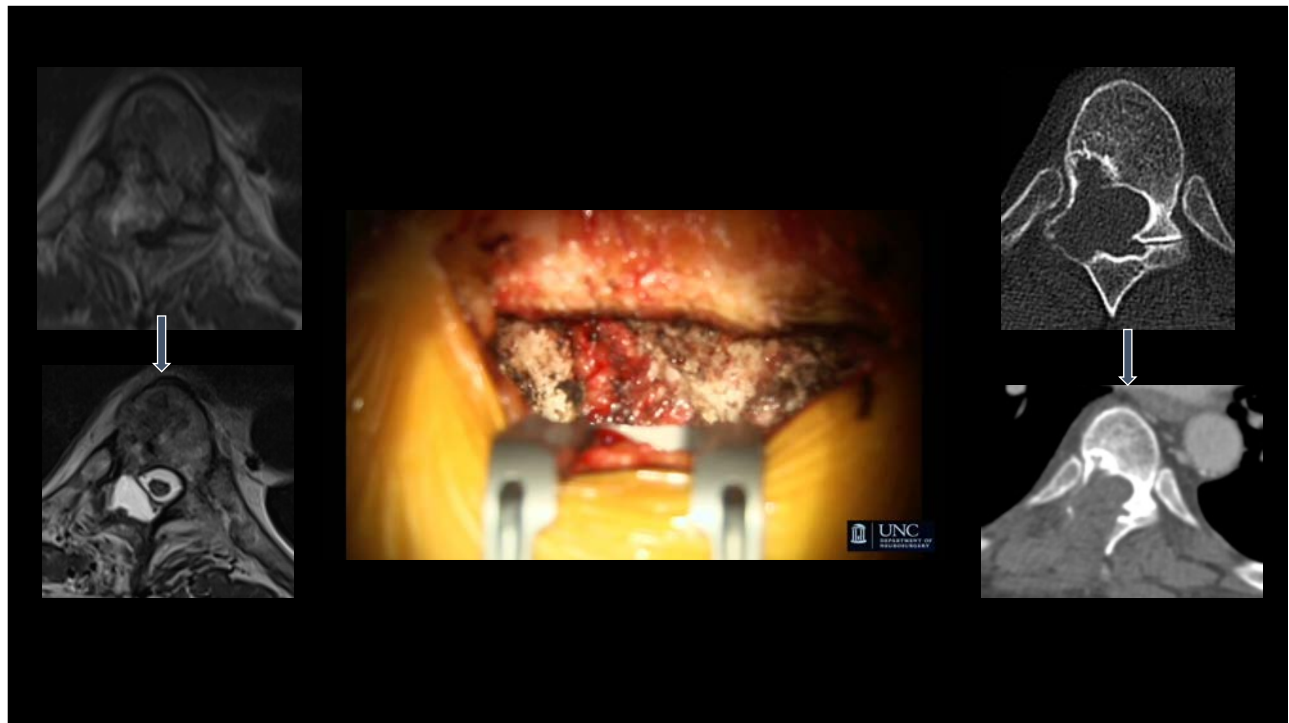
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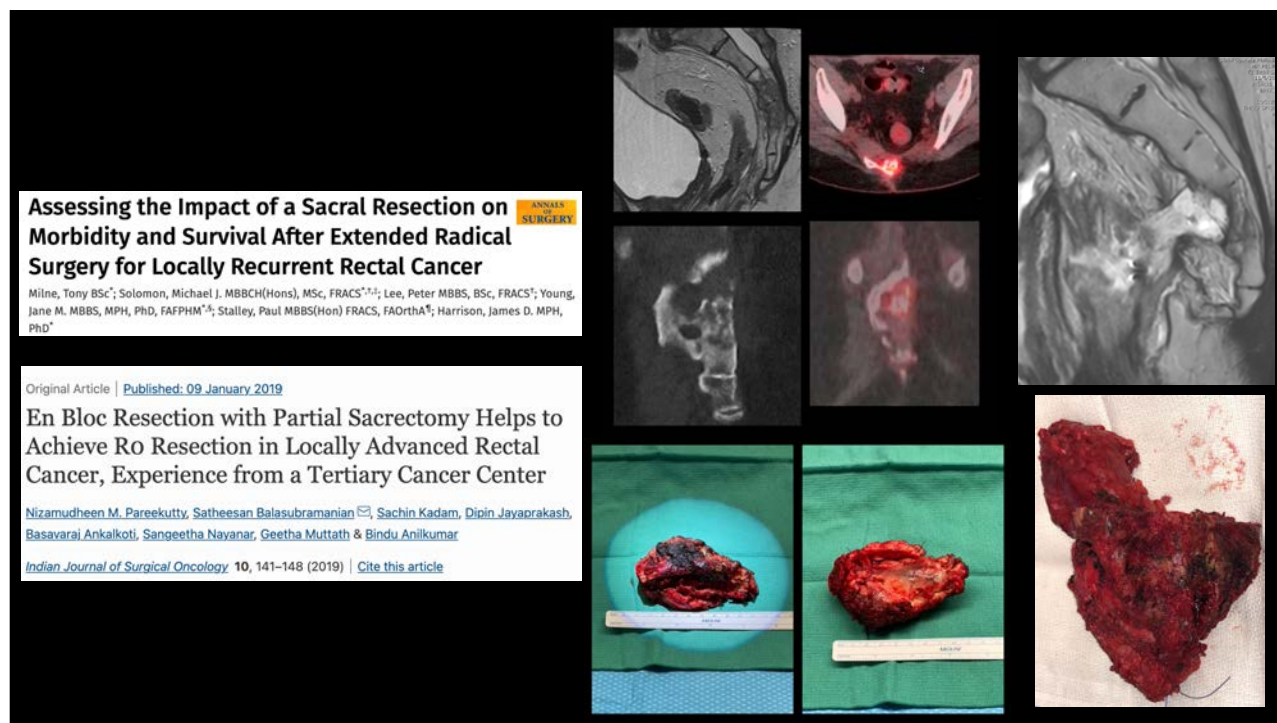
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CAN SURGERY EVER INFLUENCE THE METASTATIC POTENTIAL OF CANCER?

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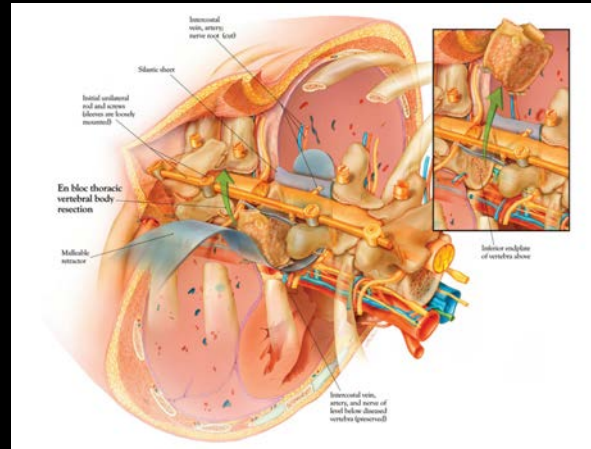
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PRIMARY VERTEBRAL COLUMN TUMORS

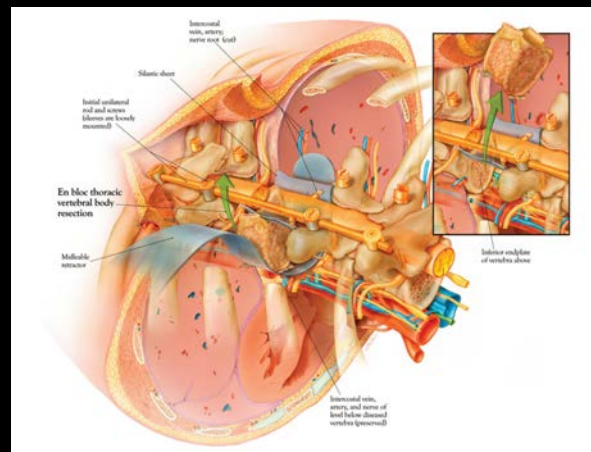
- Osteochondroma
- Aneurysmal Bone Cyst (ABC)
- Hemangioma
- Osteoid osteoma
- Osteoblastoma
- Chondromyxoid fibroma
- *Giant Cell Tumor*
- Osteogenic sarcoma
- Ewing's sarcoma
- Plasmacytoma / Myeloma
- Chordoma
- Chondrosarcoma



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PRIMARY VERTEBRAL COLUMN TUMORS

- Osteochondroma
- Aneurysmal Bone Cyst (ABC)
- Hemangioma
- Osteoid osteoma
- Osteoblastoma
- Chondromyxoid fibroma
- *Giant Cell Tumor*
- Osteogenic sarcoma
- Ewing's sarcoma
- Plasmacytoma / Myeloma
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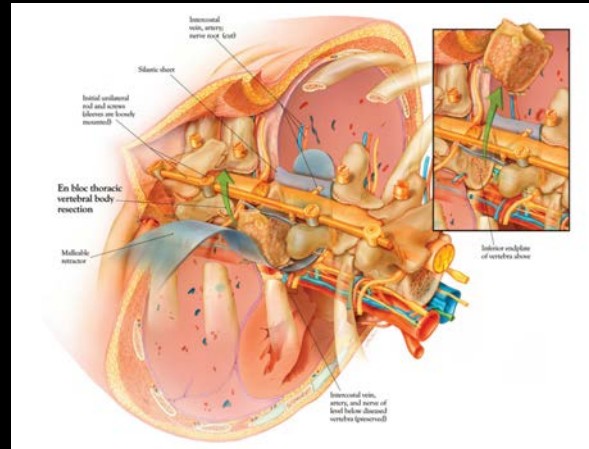


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PRIMARY VERTEBRAL COLUMN TUMORS

- Osteochondroma
- Aneurysmal Bone Cyst (ABC)
- Hemangioma
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- Chondromyxoid fibroma
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- Osteogenic sarcoma
- Ewing's sarcoma
- Plasmacytoma / Myeloma
- Chordoma
- Chondrosarcoma

Locally-Aggressive



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CHONDROMYXOID FIBROMA

Arch Orthop Trauma Surg (2000) 120:42–47

ORIGINAL ARTICLE

H. R. Dürr · A. Lienemann · A. Nerlich
B. Stumpfenhausen · H. J. Refior

Chondromyxoid fibroma of bone

Chondromyxoid Fibroma: First Report of Occurrence of This Tumor in Vertebral Column

Walter R. Benson, M.D., Spencer Bass, Jr., M.D.

American Journal of Clinical Pathology, Volume 25, Issue 11, 1 November 1955, Pages 1290–1292, <https://doi.org/10.1093/ajcp/25.11.1290>

Eur Spine J (2012) 21 (Suppl 4):S458–S462
DOI 10.1007/s00586-011-2078-4

CASE REPORT

Chondromyxoid fibroma of the lumbar spine: case report and literature review

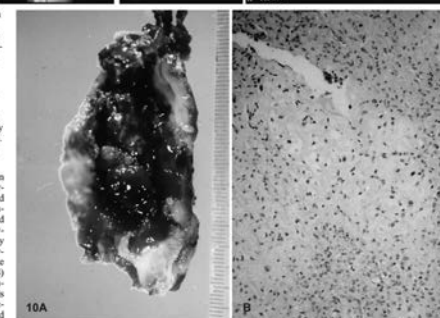
Raquel Gutiérrez-González · Laura De Reina ·
Amar Suab · José Jiménez-Heffernan ·
José García-Uría



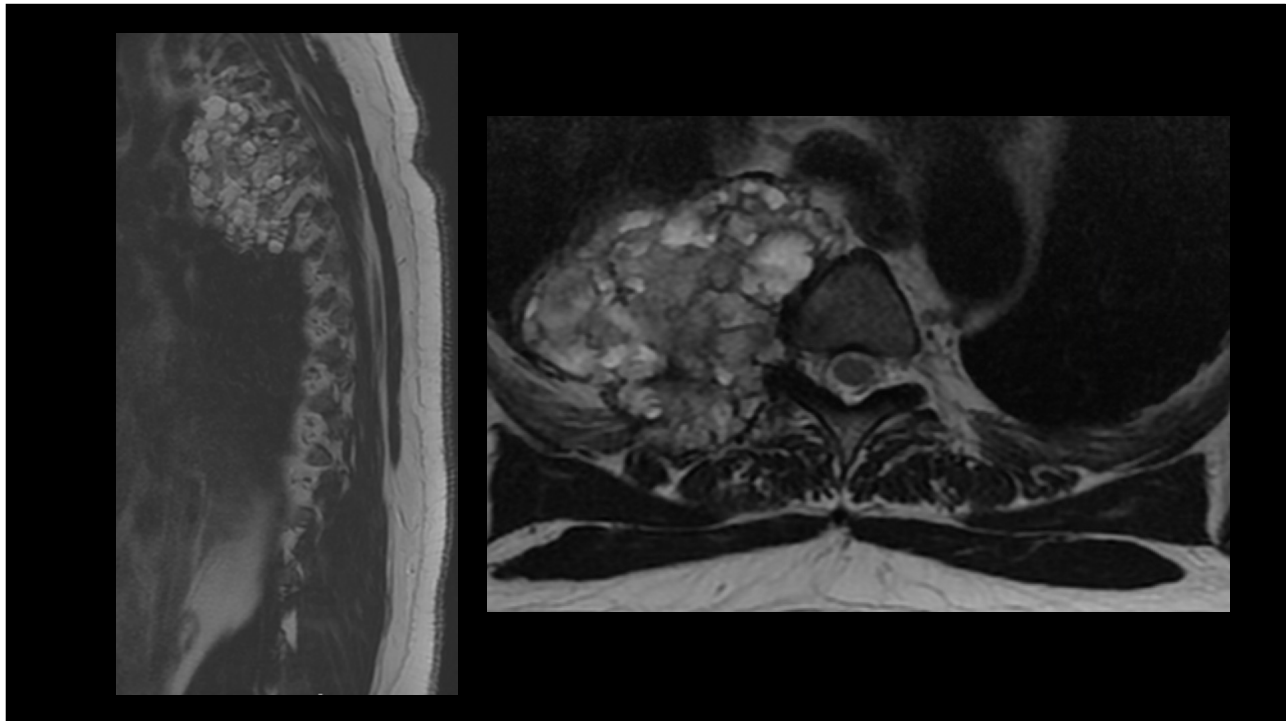
Fig. 7 A 10-year-old boy with CMF. This radiograph shows the typical site and appearance of the lesion in the upper metaphysis of the tibia. According to Lodwick, the lytic pattern classifies as 1 C.

Fig. 8 The 3D surface reconstruction of the same patient reveals the web-like character of the outer surface due to partly interrupted, newly formed bone. The tumor itself is well below the epiphyseal line.

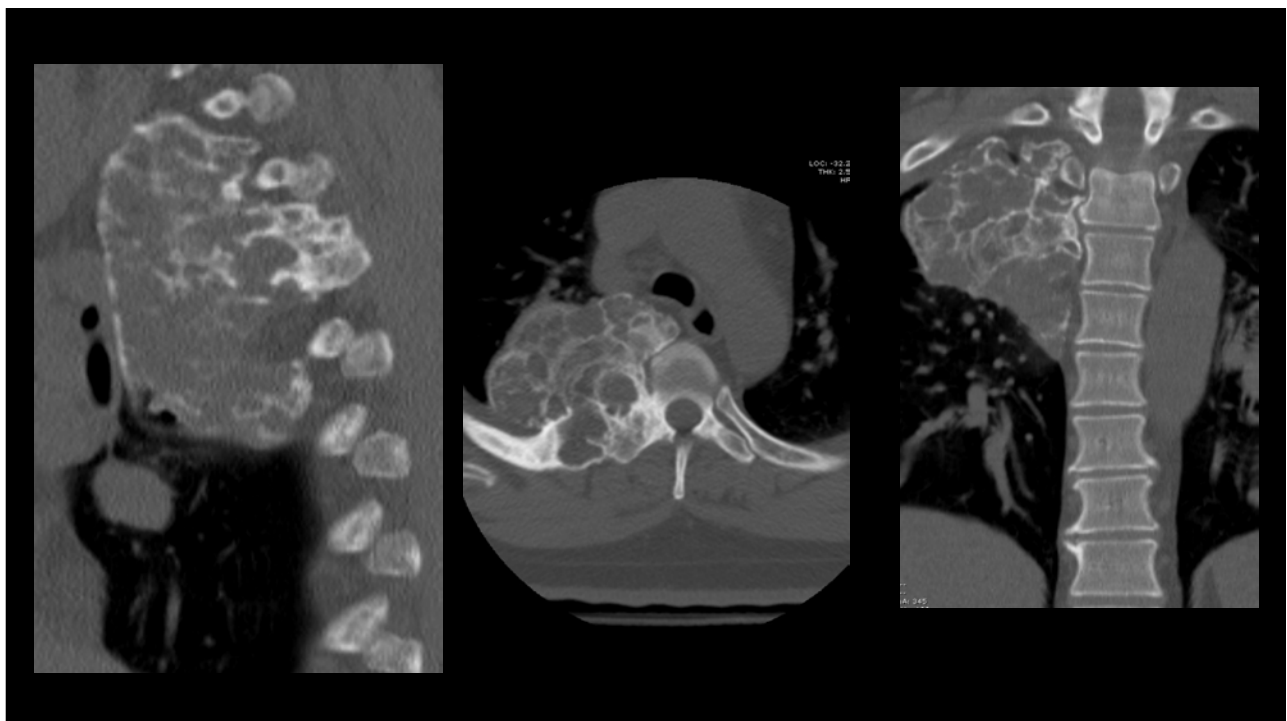
Fig. 9A, B On MRI, the lesion has a well-structured appearance. The coronal T1-weighted image after gadolinium-diethylenetriamine penta-acetic acid (Gd-DTPA) (A) shows a hypointense tumor surrounded by a border of tissue with moderate to high enhancement. The axial T2-weighted image (B) exhibits a hyperintense, lobulated center. This corresponds to the histopathological structure of myxoid material and richly vascularized connective tissue.



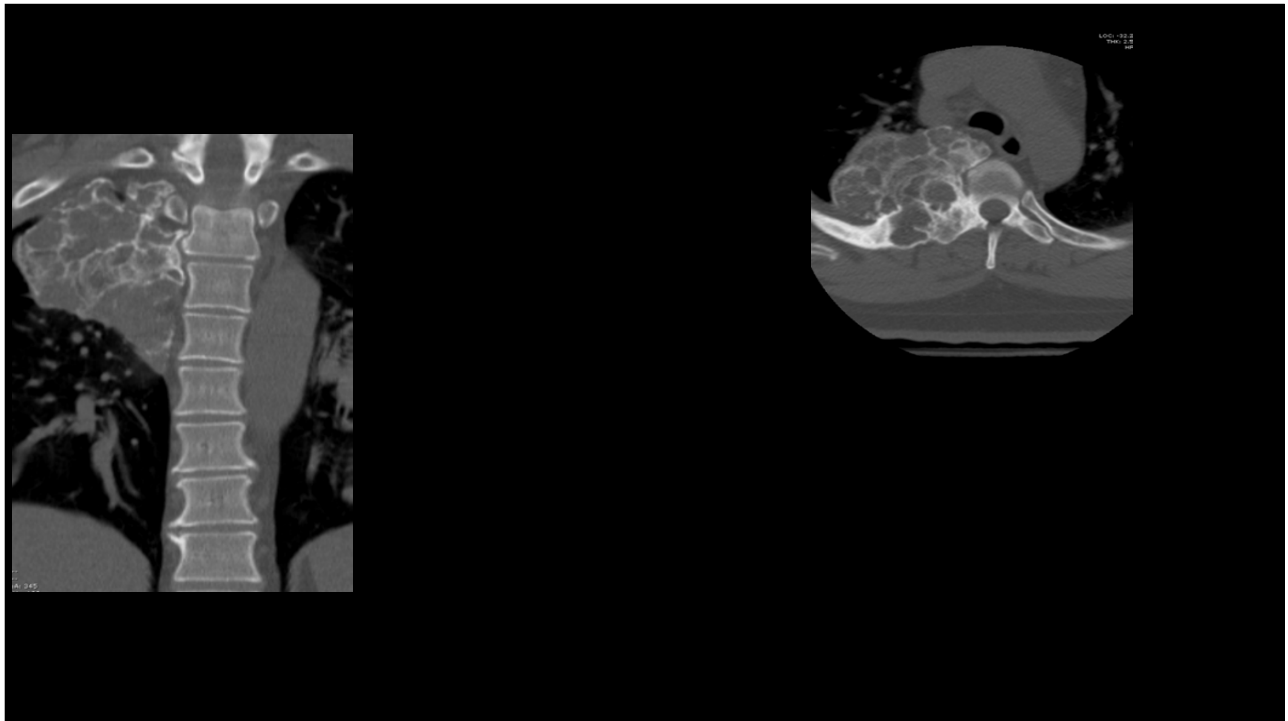
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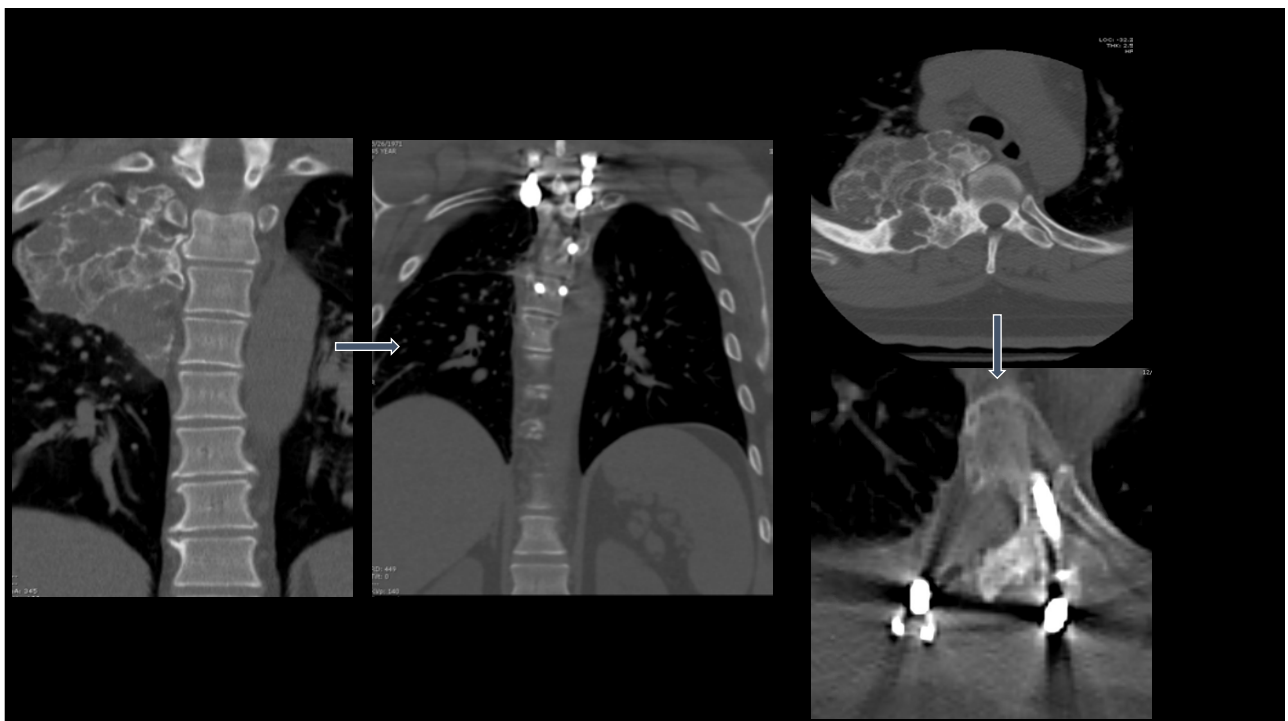
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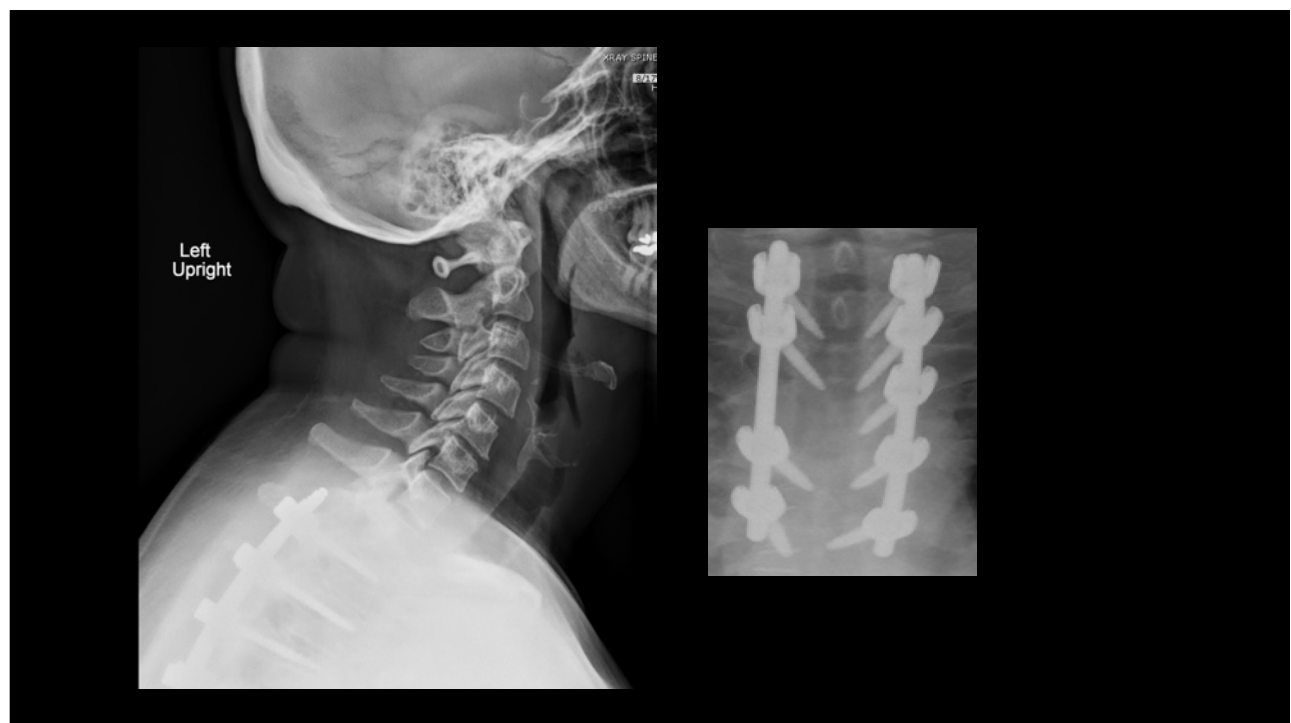
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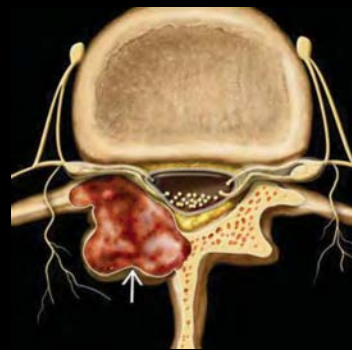
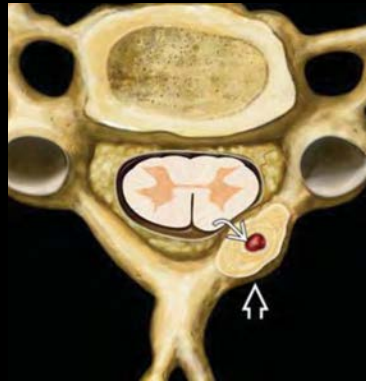


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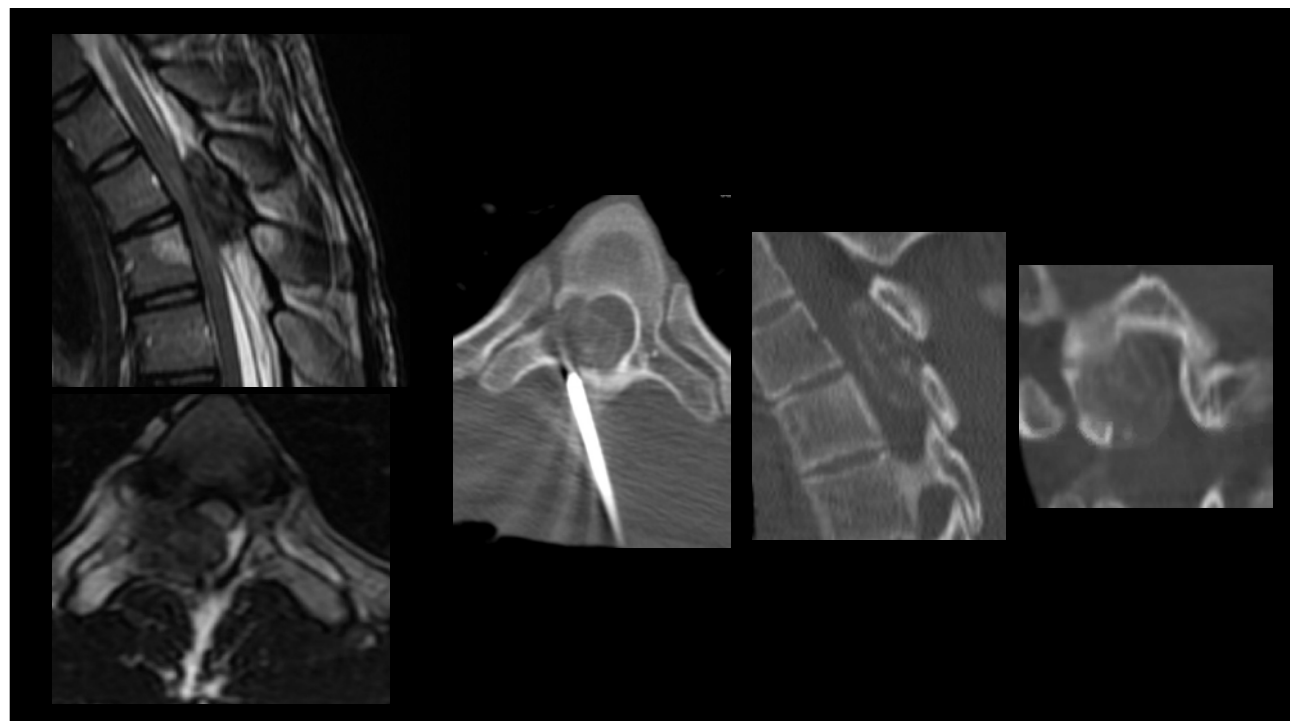


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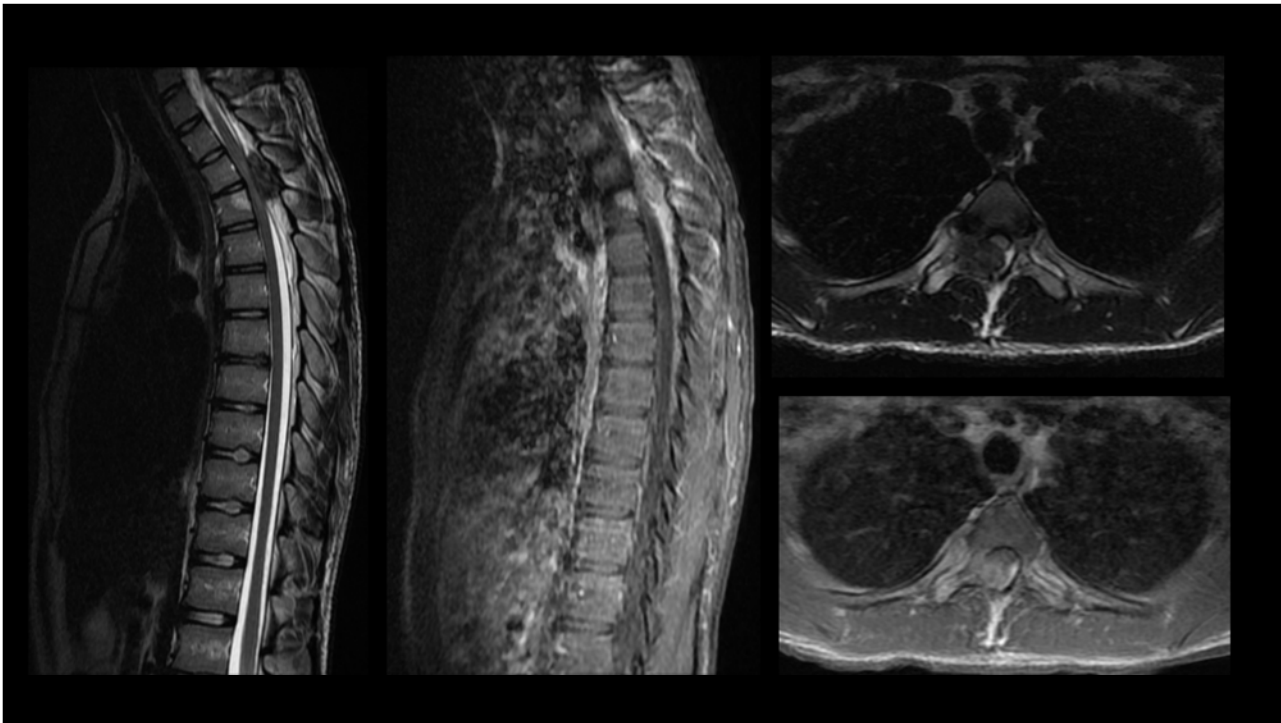
OSTEOID OSTEOMA / OSTEOLASTOMA



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NEUROSURGICAL
FOCUS

Neurosurg Focus 41 (2) E4, 2018

Osteoblastomas of the spine: a comprehensive review

Michael A. Galgano, MD,¹ Carlos R. Goulart, MD,¹ Hans Iwenofu, MD,² Lawrence S. Chin, MD,¹ William Lavelle, MD,² and Ehud Mendel, MD¹

Departments of ¹Neurological Surgery and ²Orthopedics, State University of New York, Upstate Medical University, Syracuse, New York, and Departments of ¹Neurological Surgery and ²Pathology, Ohio State University Wexner Medical Center, Columbus, Ohio

Osteoblastomas are primary bone tumors with an affinity for the spine. They typically involve the posterior elements, although extension through the pedicles into the vertebral body is not uncommon. Histologically, they are usually indistinguishable from osteoid osteomas. However, there are different variants of osteoblastomas, with the more aggressive type causing more pronounced bone destruction, soft-tissue infiltration, and epidural extension. A bone scan is the most sensitive radiographic examination used to evaluate osteoblastomas. These osseous neoplasms usually present in the 2nd decade of life with dull aching pain, which is difficult to localize. At times, they can present with a painful scoliosis, which usually resolves if the osteoblastoma is resected in a timely fashion. Neurological manifestations such as radiculopathy or myelopathy do occur as well, most commonly when there is mass effect on nerve roots or the spinal cord itself. The mainstay of treatment involves surgical intervention. Curettage has been a surgical option, although marginal excision or wide en bloc resection are preferred options. Adjuvant radiotherapy and chemotherapy are generally not undertaken, although some have advocated their use after less aggressive surgical maneuvers or with residual tumor. In this manuscript, the authors have aimed to systematically review the literature and to put forth an extensive, comprehensive overview of this rare osseous tumor.

http://journals.lww.com/neurosurgfocus/abstract/2018/05/01/osteoblastomas_of_the_spine_a_comprehensive_review.aspx

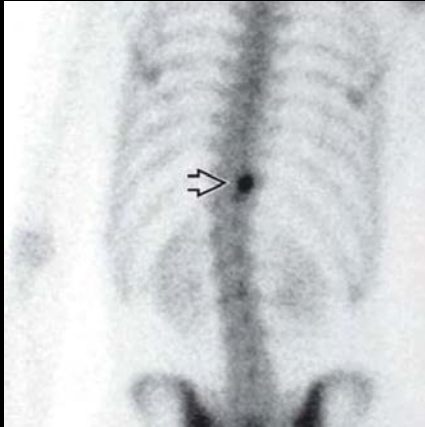
KEY WORDS osteoblastoma; spine; neurosurgery; en bloc resection; primary spine tumors

seen, involves an expansile lesion with a multitude of small calcifications and a prominently sclerotic rim (Fig. 1).

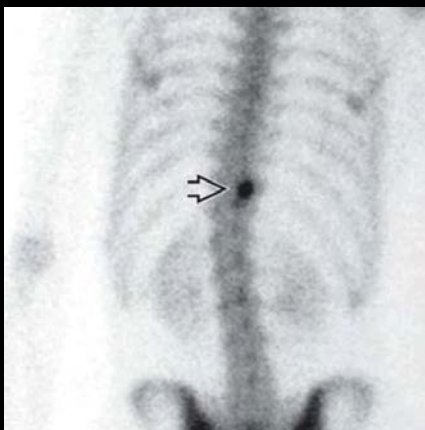
The most aggressive variant displays an expansile pattern, with matrix calcifications, cortical bone destruction, and paravertebral and epidural extension.^{11,20} These more aggressive types of osteoblastomas may radiographically mimic aneurysmal bone cysts, osteosarcomas, or bone metastases.^{70,97}

Technetium-99 bone scanning reveals avid uptake at the site of the lesion.^{11,22} Bone scintigraphy is the most sensitive radiographic scan for osteoblastomas.^{57,69} They display an intermediate to low signal on T1-weighted MRI, whereas T2-weighted MRI depicts an intermediate to high signal.⁷⁶ A variable enhancement pattern has been noted on MRI.^{6,56} The reactive area surrounding the osteoblastoma often enhances on MRI, which may confound the interpreted boundaries of the lesion.¹¹ A “flare phenomenon” has been described in spinal osteoblastomas. These osseous tumors have the potential to cause a diffuse reactive inflammatory response within adjacent vertebrae, surrounding paraspinal soft tissues, and ribs within proximity. This radiographic appearance can be somewhat confusing to the radiographic examiner, who may interpret these tumors as entities such as Ewing’s sarcoma or lymphoma.²¹ Adjacent bone remodeling at the level of the articular facet may present as facet hypertrophy. This may be a secondary inflammatory reaction to the osteoblastoma.⁷⁸

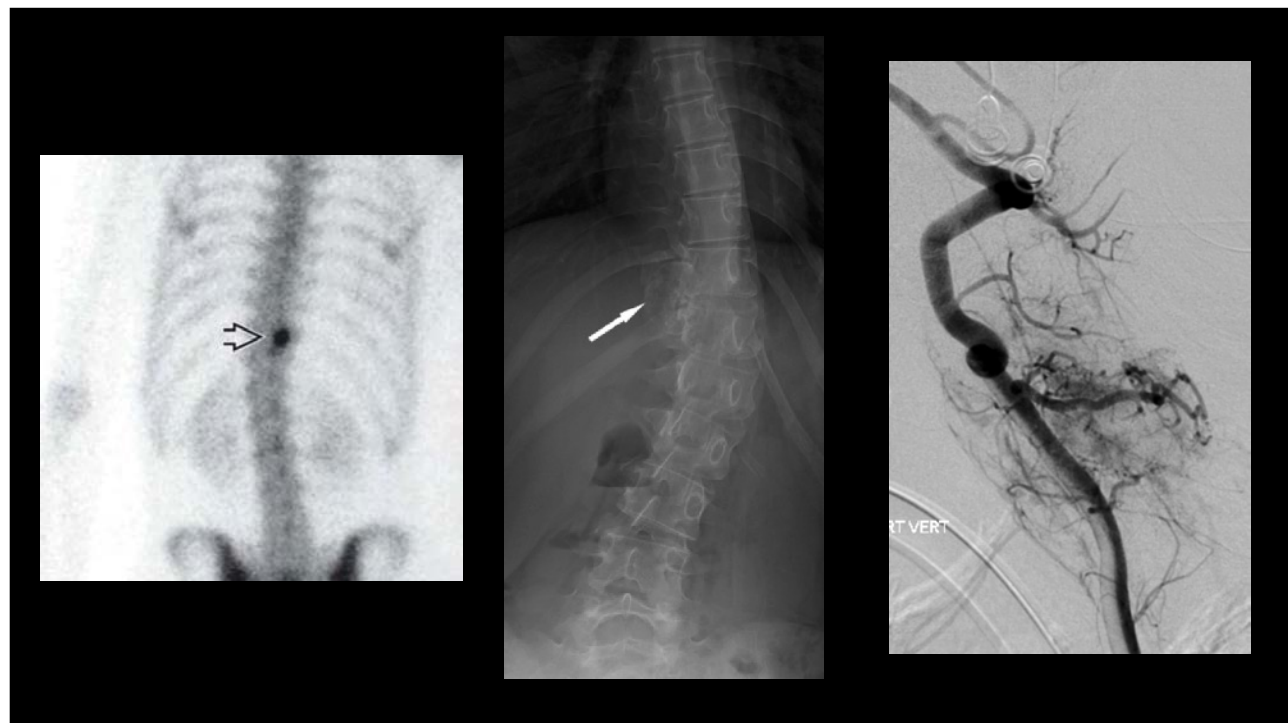
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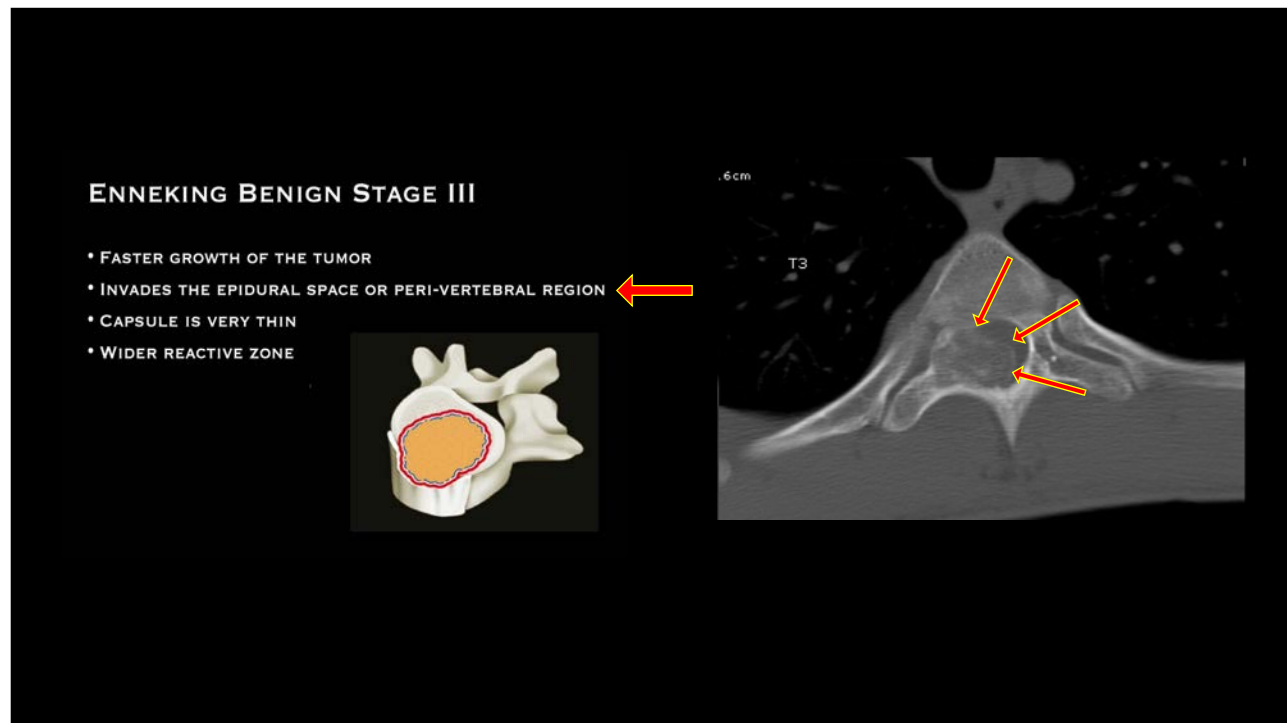
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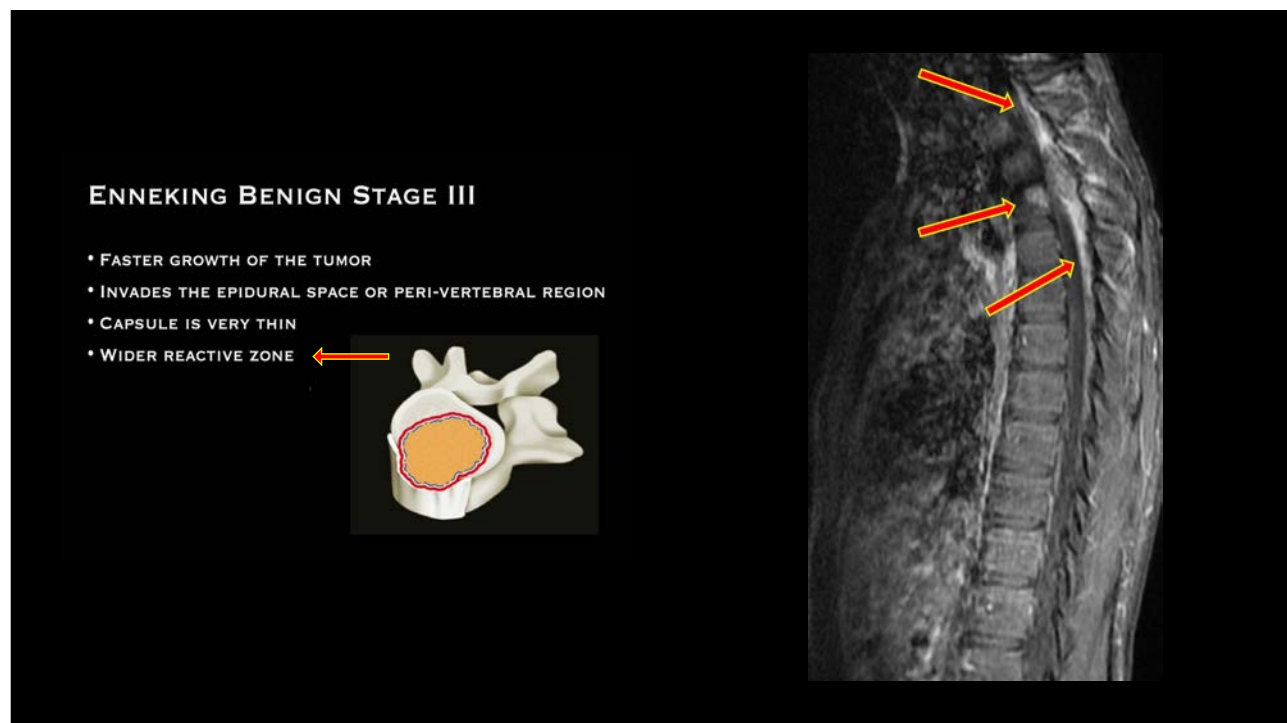
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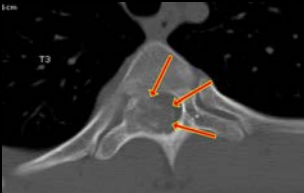



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ENNEKING BENIGN STAGE III

- FASTER GROWTH OF THE TUMOR
- INVADES THE EPIDURAL SPACE OR PERI-VERTEBRAL REGION
- CAPSULE IS VERY THIN
- WIDER REACTIVE ZONE





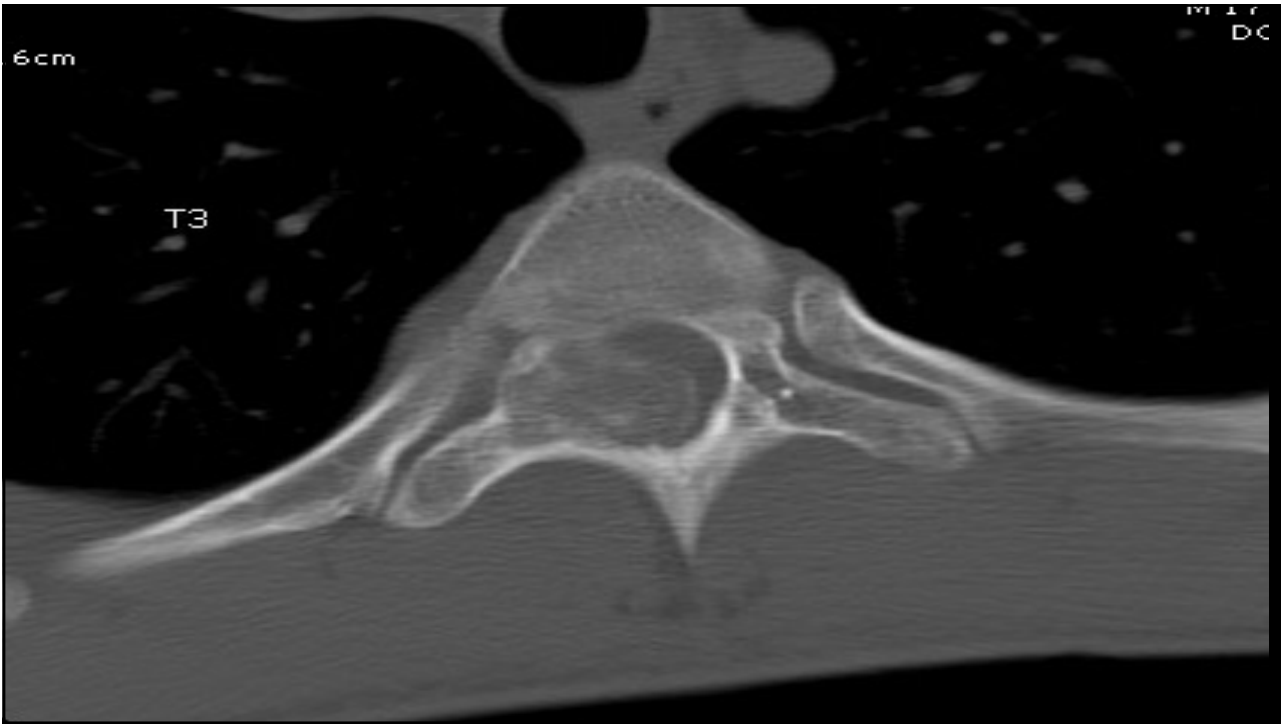
Osteoblastomas of the spine: a comprehensive review

tion. This was later followed by a total resection of the remaining lesion via an approach using the natural corridor between the sternocleidomastoid muscle and the carotid sheath. An expandable cage was used for anterior column support.³⁹

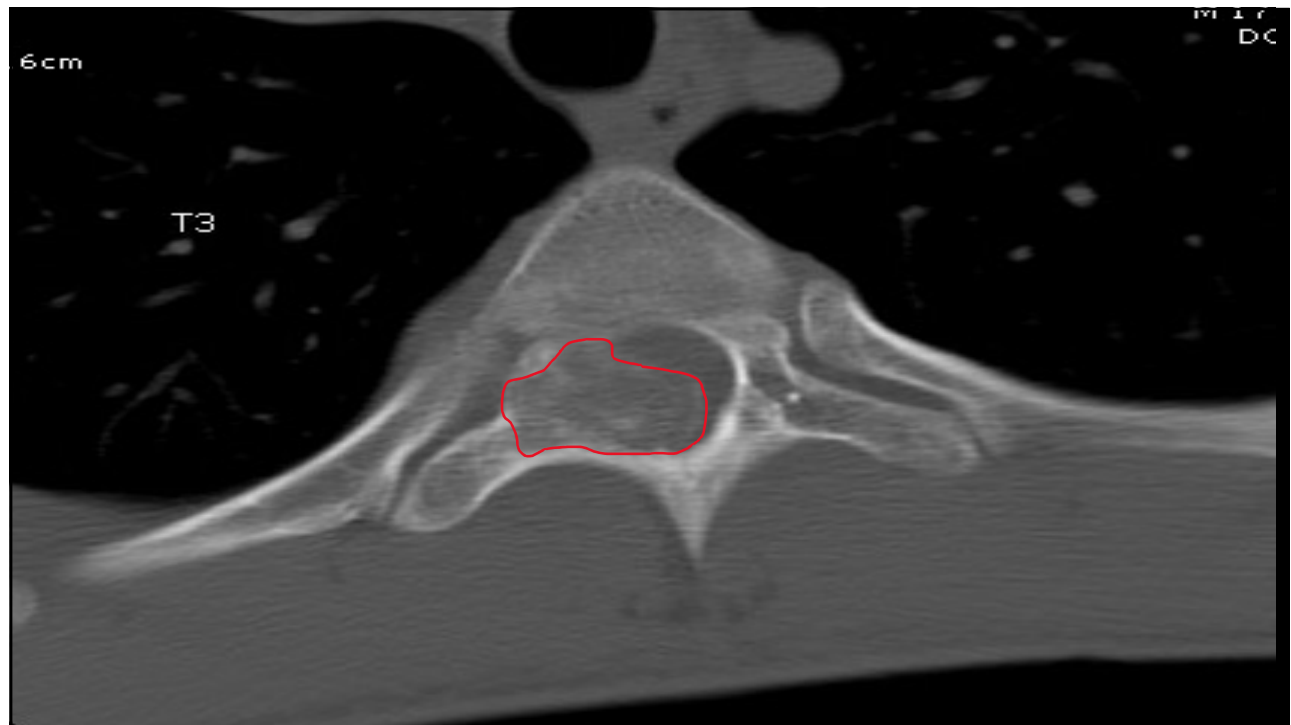
The Enneking system for benign osseous tumors has been used for staging osteoblastomas.⁴⁴ The radiographic appearance of the tumor margins is the basis of this classification scheme. The 3 stages are defined as latent, active, and aggressive. In 2012, Boriani et al. described a more detailed staging system specifically for spinal osteoblastomas, which used the Enneking classification system as a foundation.⁹ Boriani et al. described Stage 2 osteoblastomas as displaying a combination of lytic and sclerotic changes, with well-defined borders. These osteoblastomas resemble osteoid osteomas, with the lytic region on the periphery of an ossified core. Stage 2 osteoblastomas do not invade the surrounding soft tissues. Stage 3 lesions are entirely osteolytic. They erode the cortical bone margins, can enter the spinal canal, and infiltrate soft tissues. The stage of the tumor plays a significant role in the surgical decision-making process. Complete marginal resection should be undertaken for Enneking Stage 1 and 2 lesions. Stage 3 lesions generally require a more extensive resection to ensure that any soft-tissue involvement is excised.^{18,21,77} Preoperative embolization of feeding vessels may be necessitated for hypervascular osteoblastomas (Fig. 5). An intraoperative bone scan can be used to ensure that total excision of the lesion has taken place.⁸⁹

Galgano, Michael A., et al. "Osteoblastomas of the spine: a comprehensive review." *Neurosurgical focus*. 2016 Aug;41(2):E4. doi: 10.3171/2016.5.FOCUS16122. <https://pubmed.ncbi.nlm.nih.gov/27476846/>

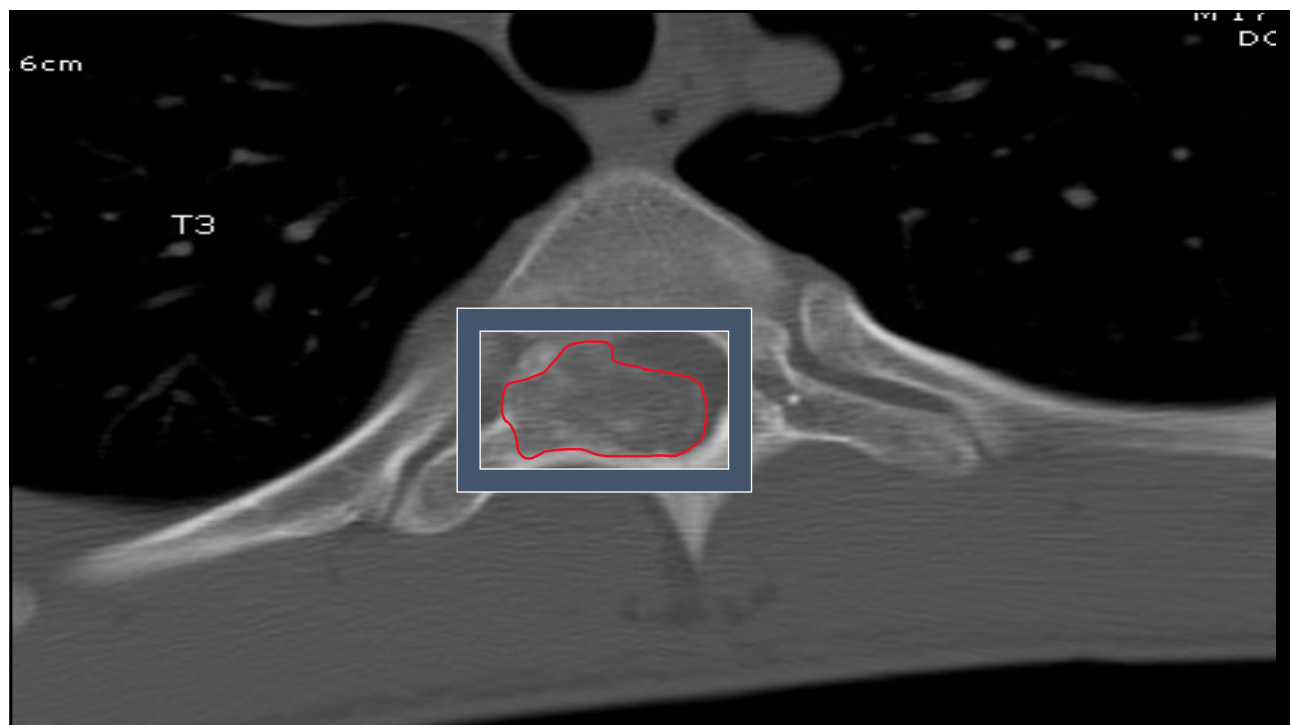
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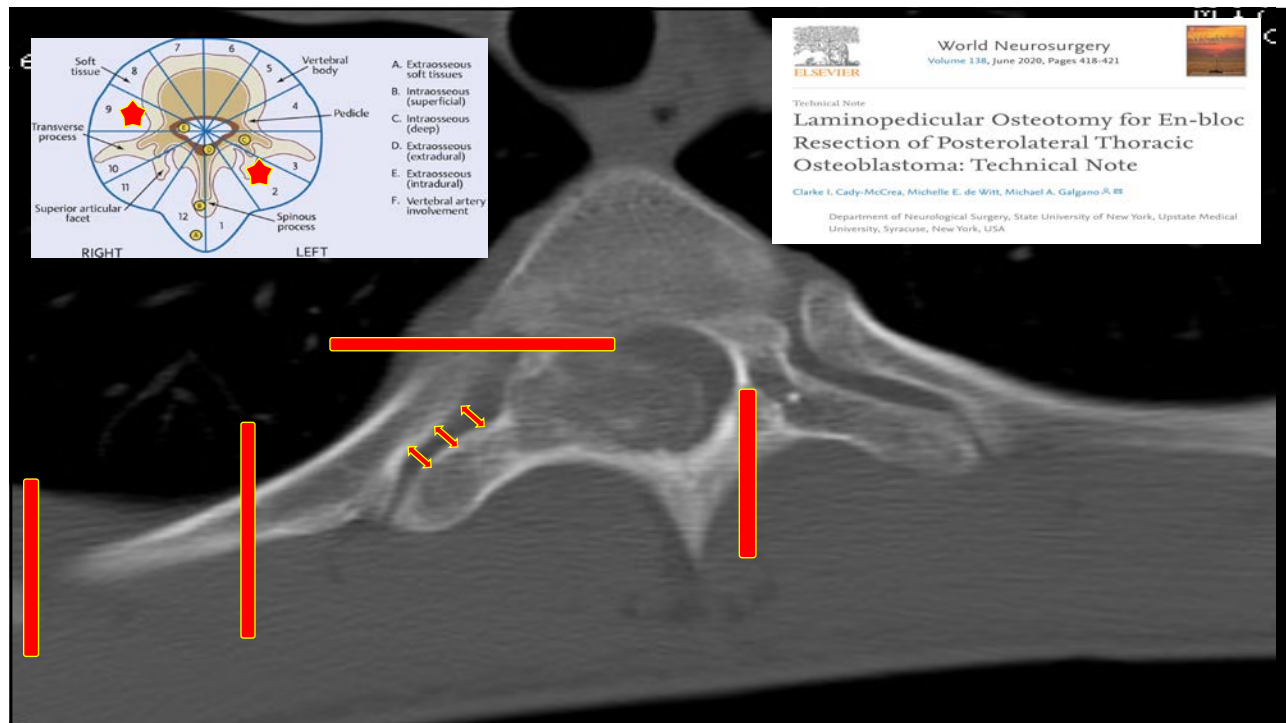
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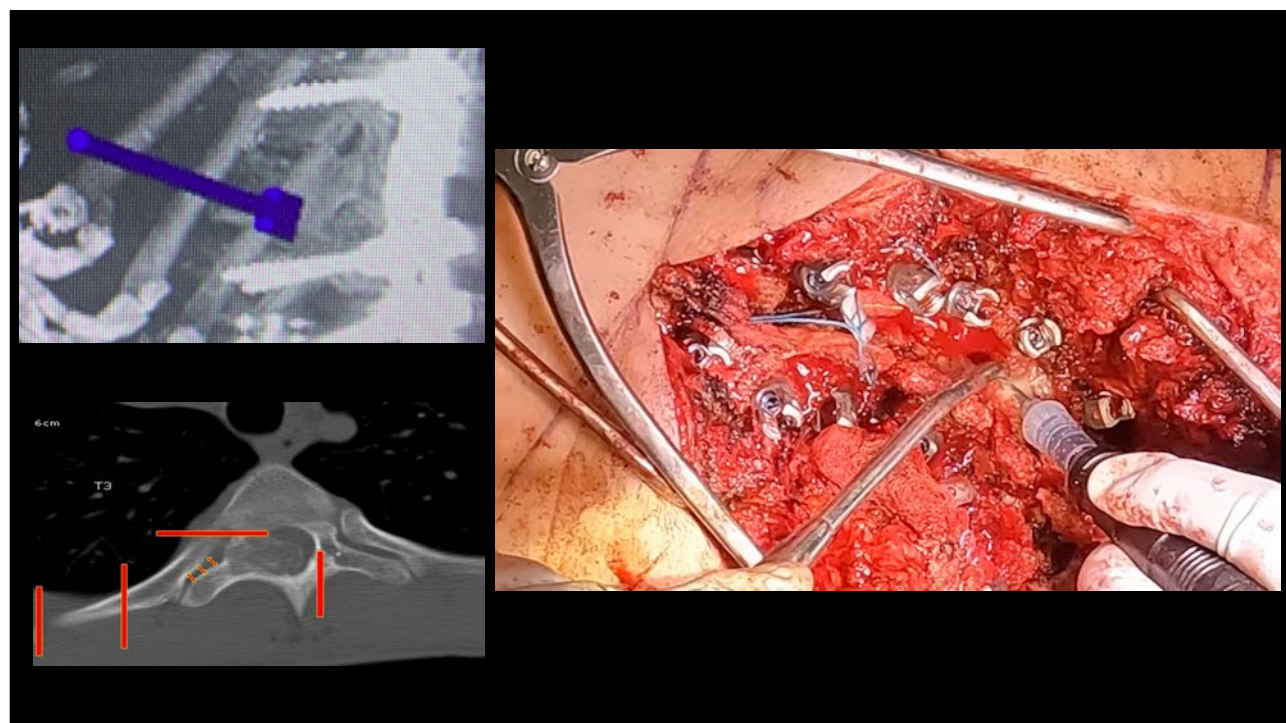
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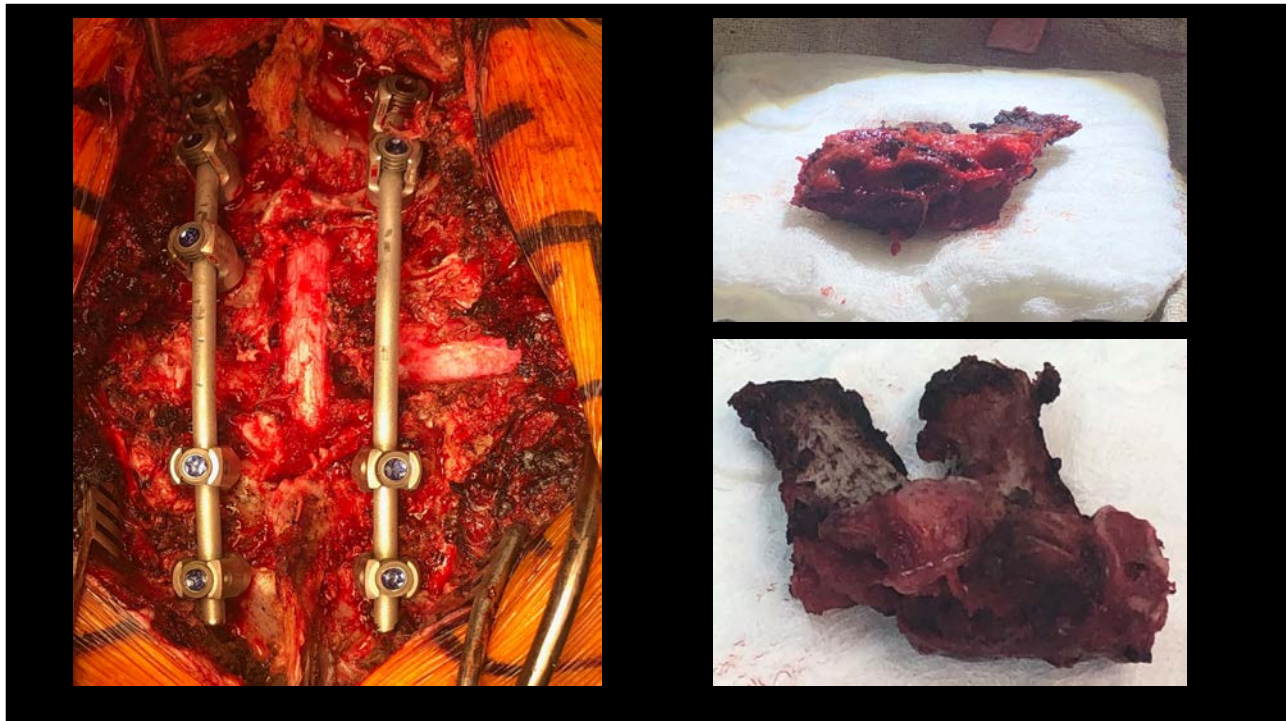
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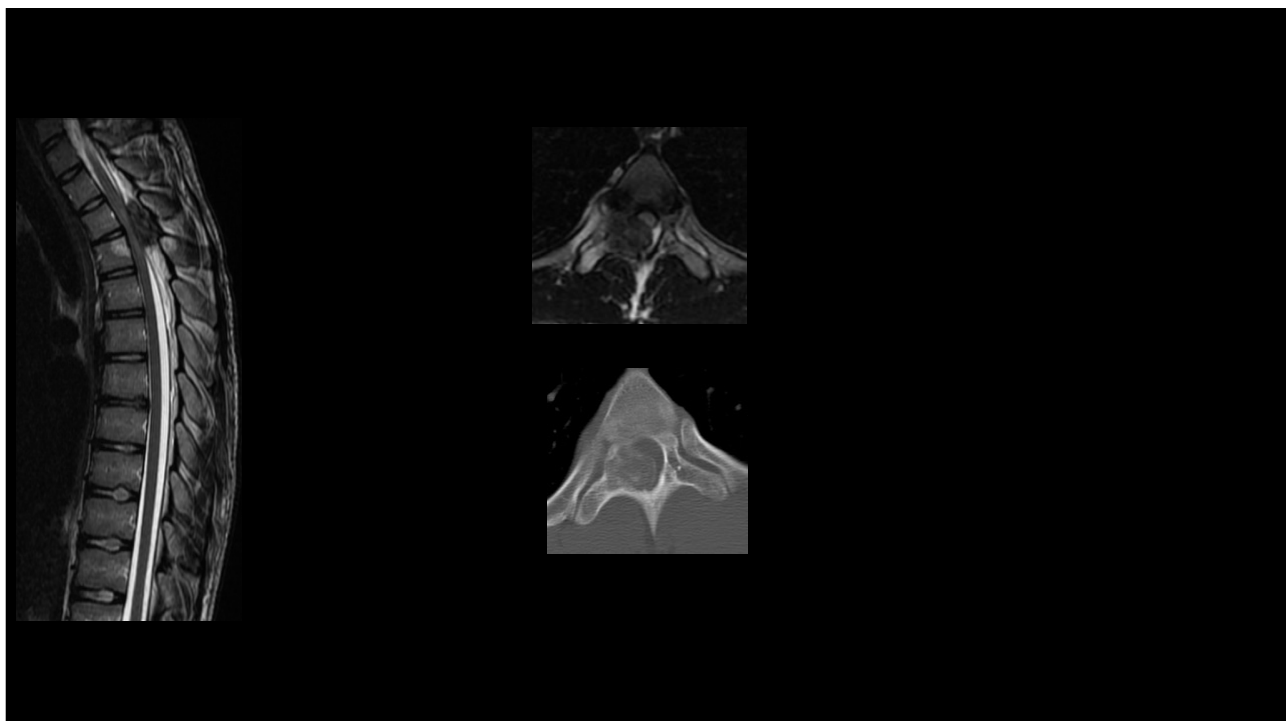
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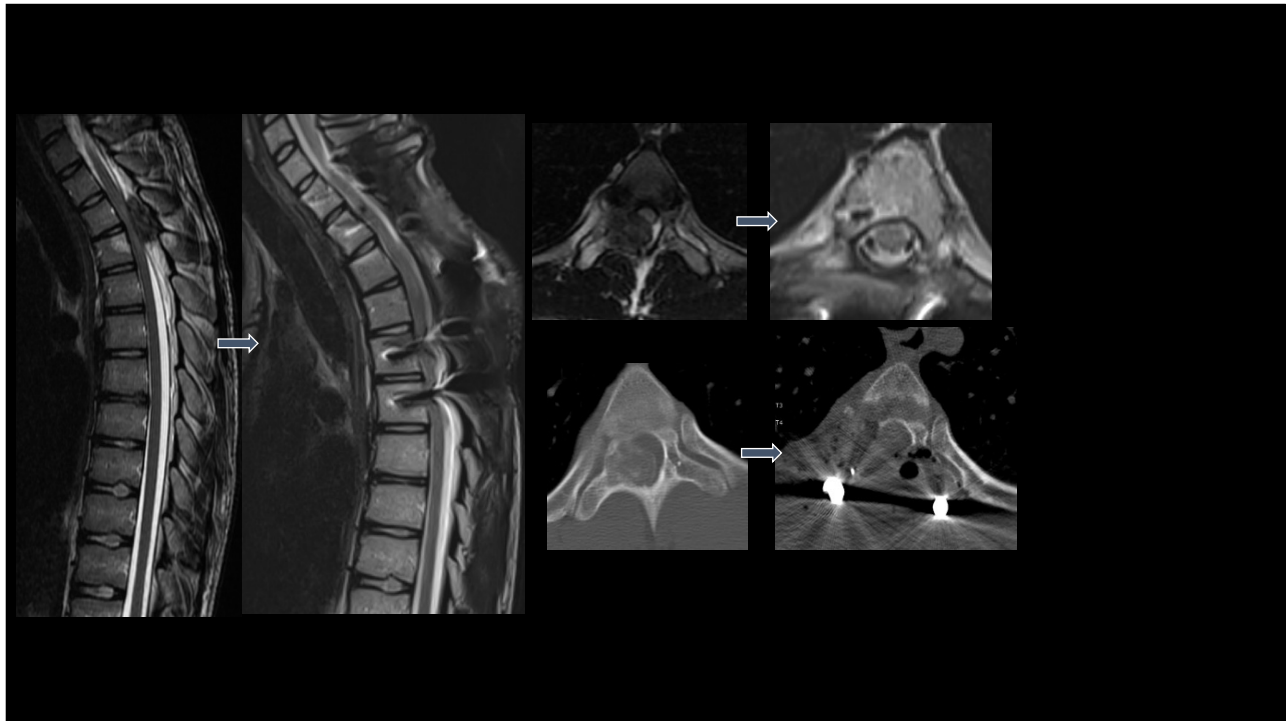
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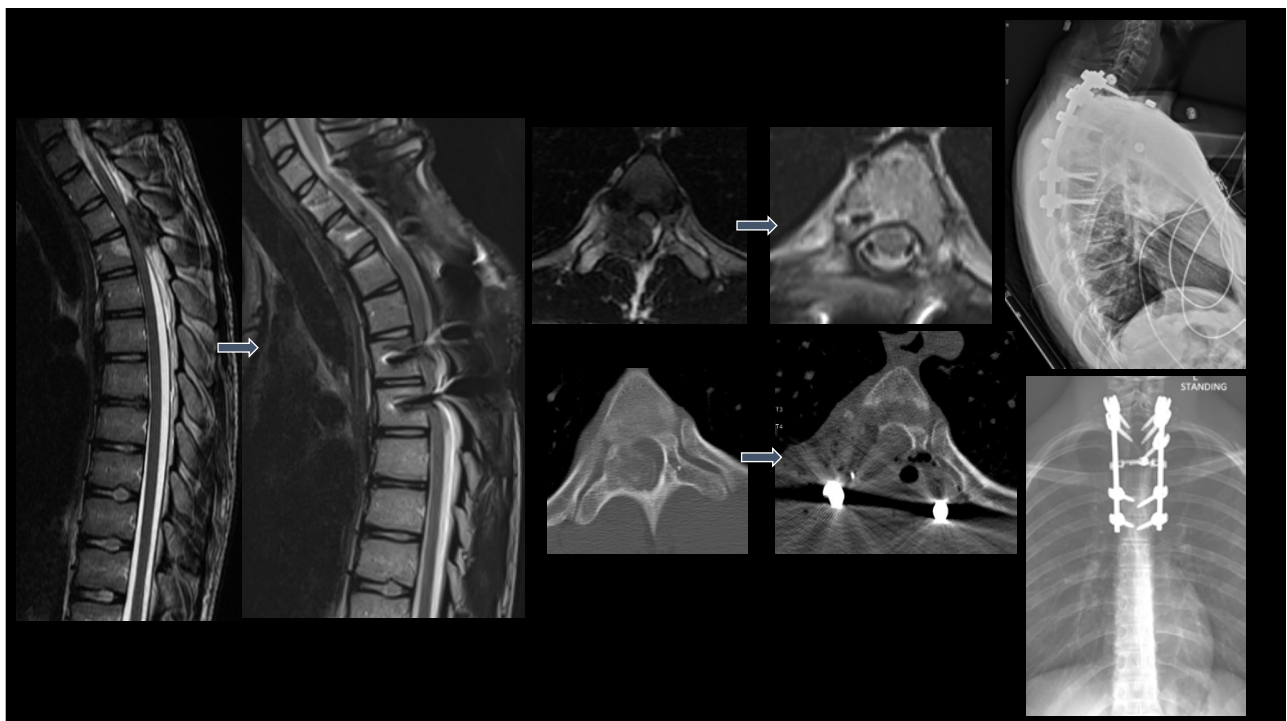
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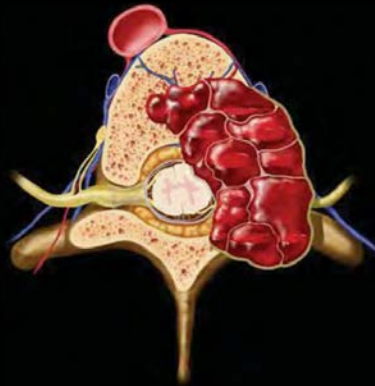


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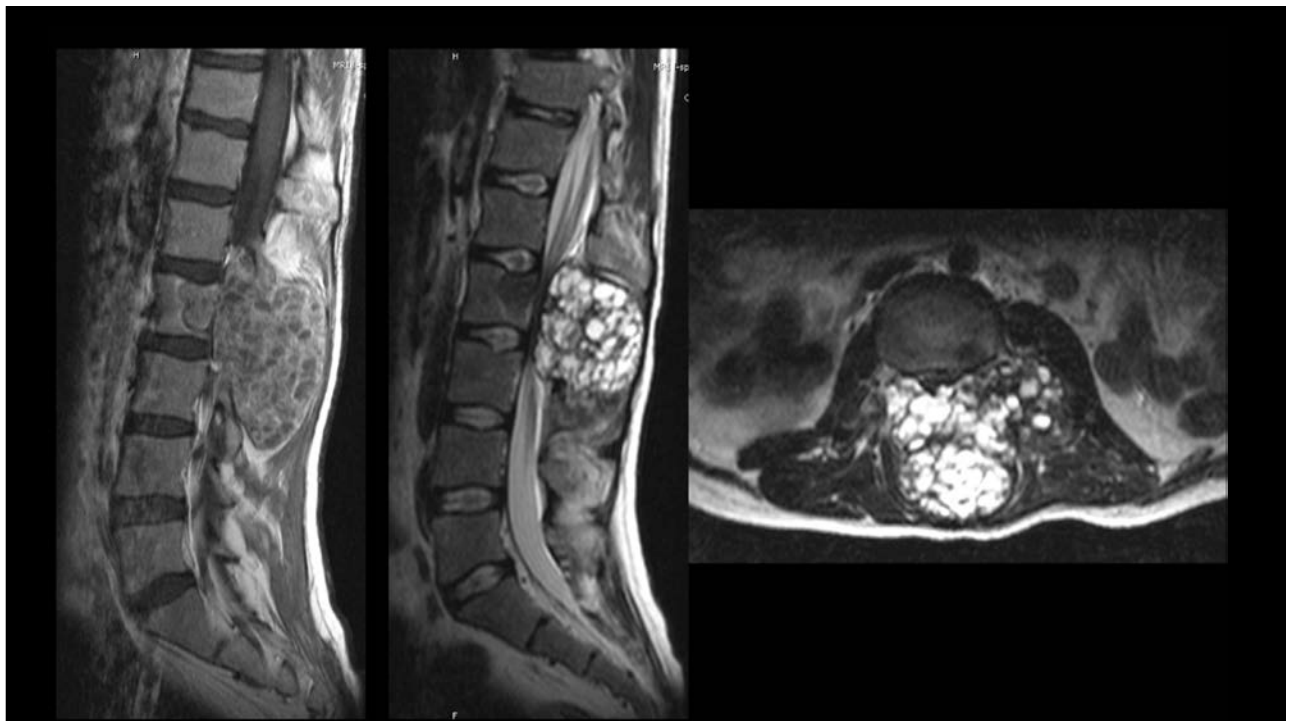


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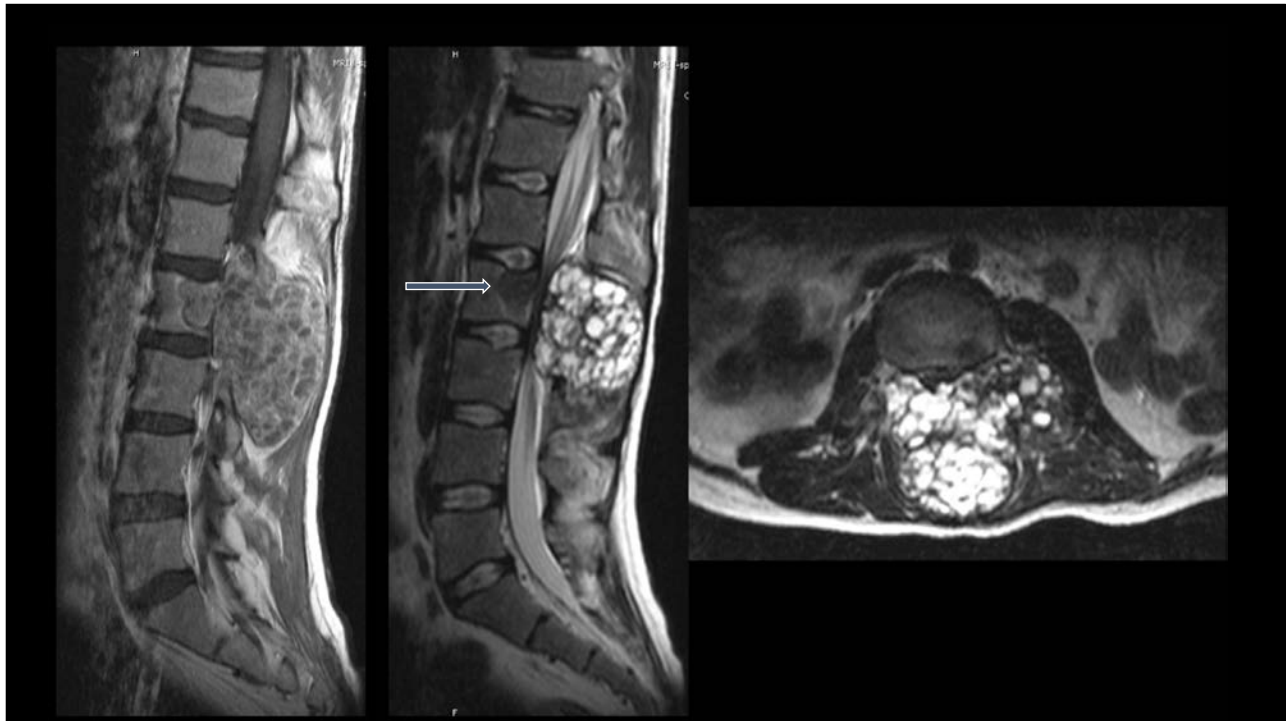
ANEURYSMAL BONE CYST (ABC)



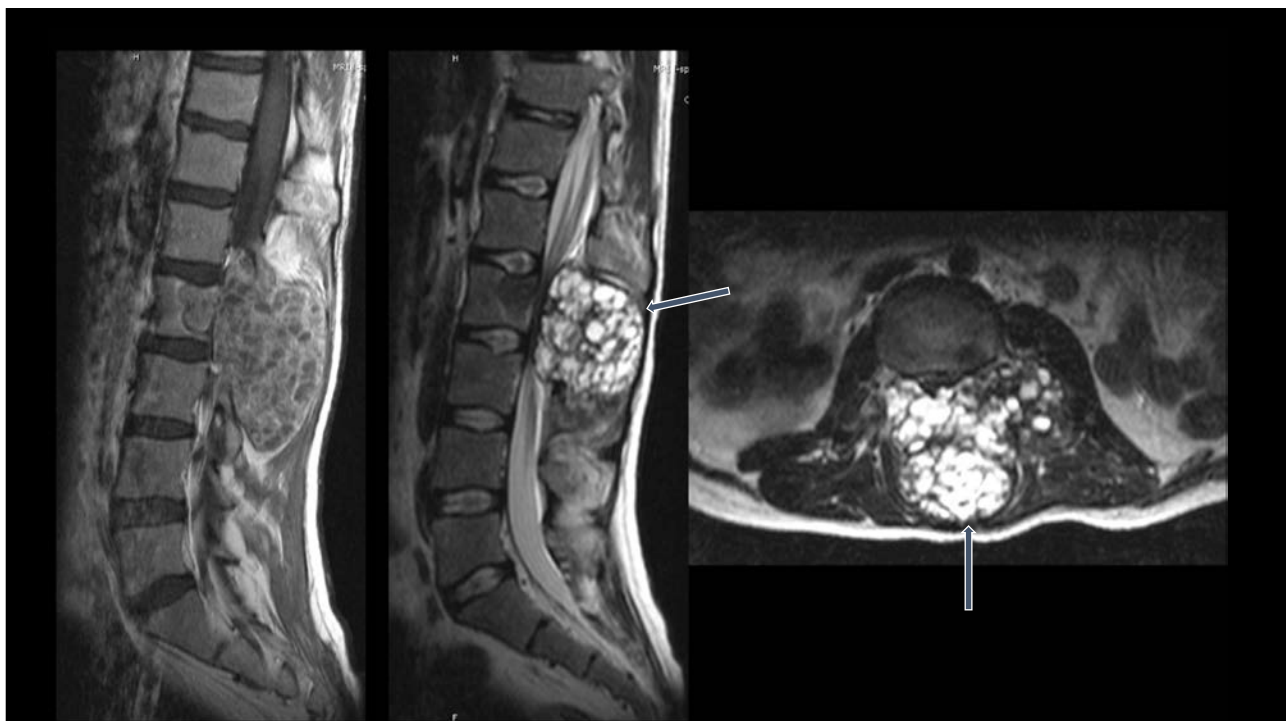
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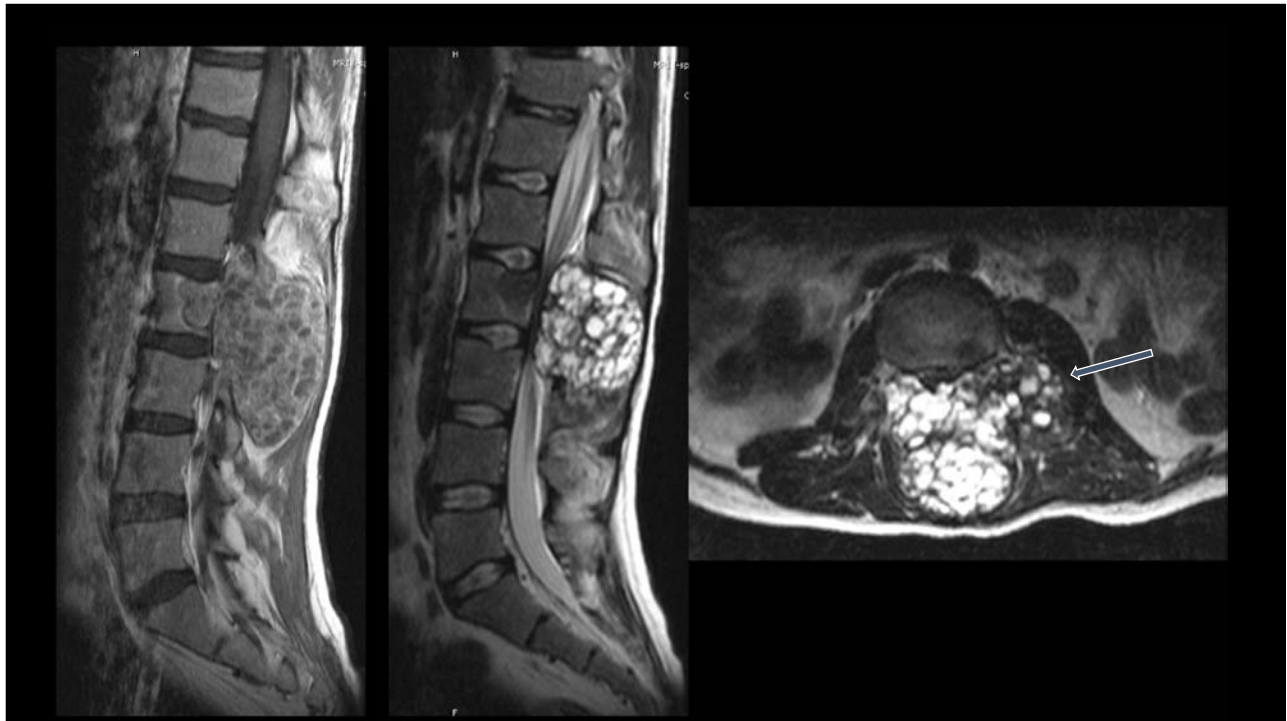
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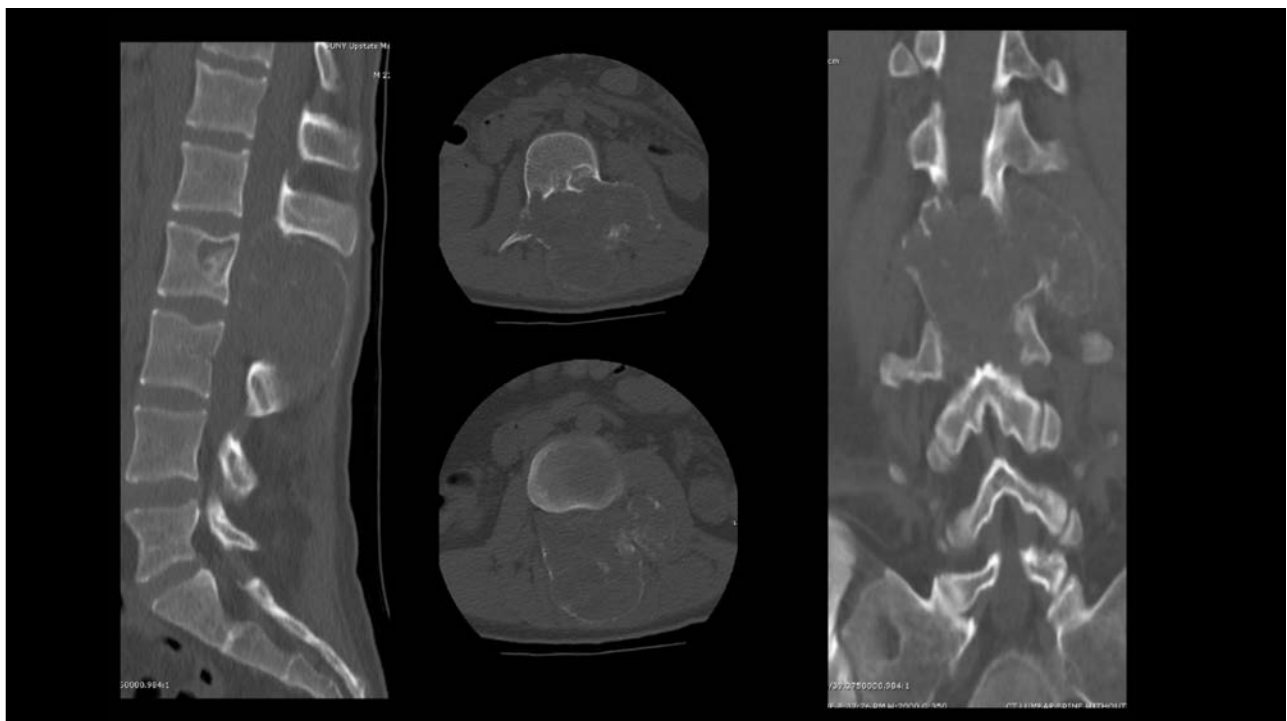
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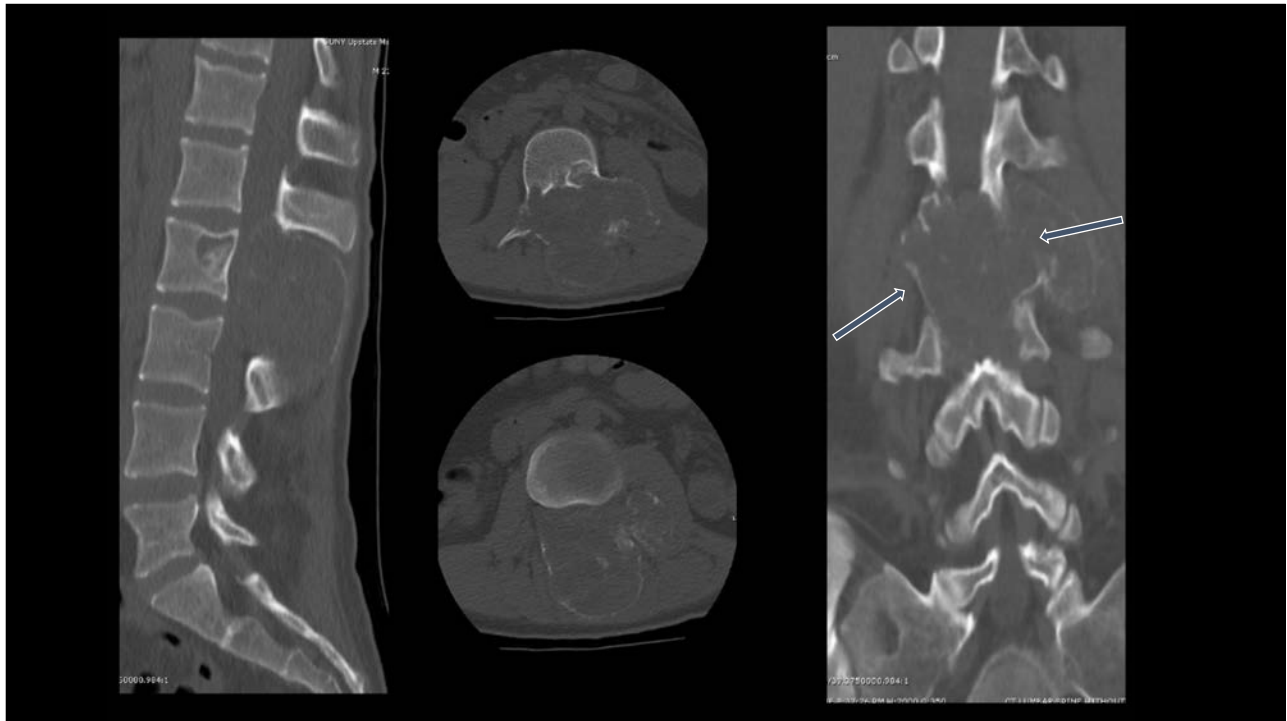
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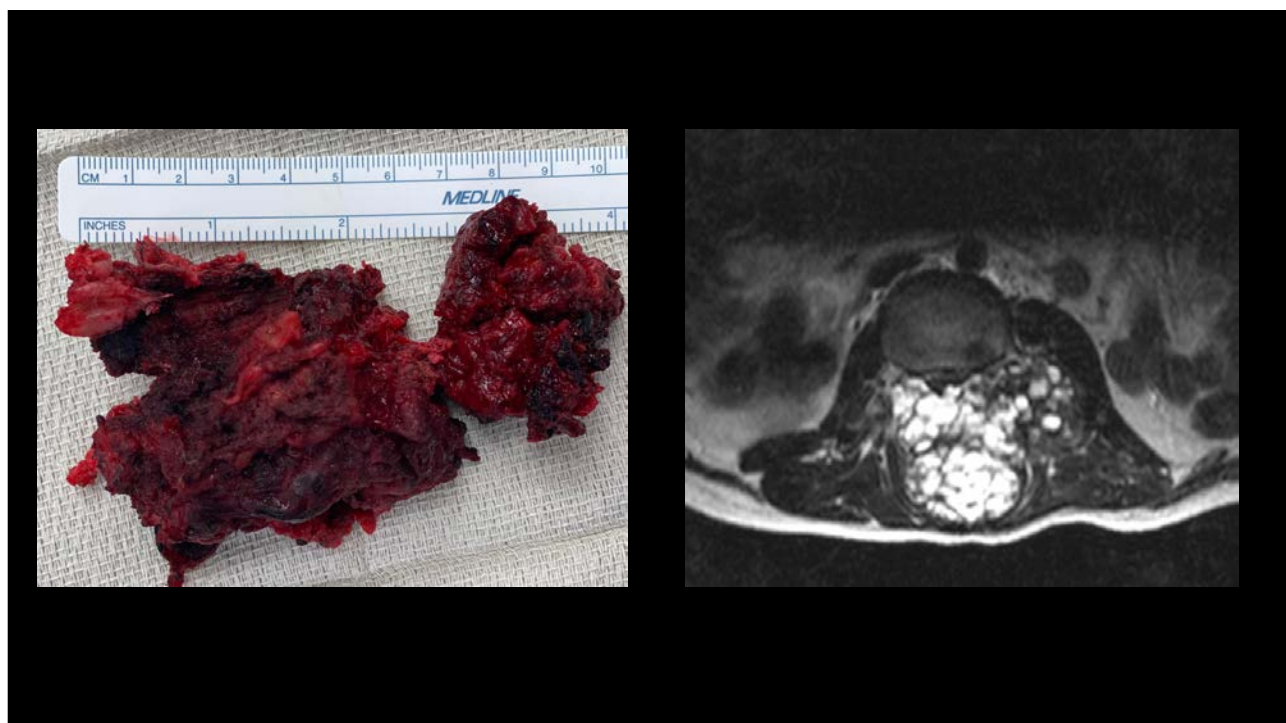
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CONCEPTS, INNOVATIONS AND TECHNIQUES

Applications of Carbon Fiber Instrumentation in Spinal Oncology: Recent Innovations in Spinal Instrumentation and 2-Dimensional Illustrative Operative Video

Justin OH, MD^{*}

Zachary R. Viven, MD^{*}

Shay L. Ojkins, MD, MBA, MPH^{1,2}

Michael A. Galsano, MD^{3,4}

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BACKGROUND: The management of spinal oncology necessitates a multimodal approach, with surgical intervention, radiation-based therapy, and postoperative advanced imaging. These systems must work well together to provide optimal patient outcomes. Traditional metallic spinal implants produce image artifacts and lead to radiation dose attenuation, which inhibit both disease monitoring and disease treatment, respectively.

OBJECTIVE: To demonstrate the feasibility of an improved biomaterial implant that provides structural stability, while also allowing for disease monitoring and treatment in spinal oncology patients.

METHODS: From February 2021 to September 2021, 3 patients with spinal oncologic deformity requiring resection and posterior spinal stabilization underwent fixation with polyether ether ketone-carbon fiber implants at a single academic institution.

RESULTS: Patient ages ranged from 21 to 74 years (mean: 48.7 years). All patients underwent posterior spinal fixation using standard approaches. They each received polyether ether ketone-carbon fiber pedicle screw and rod implants, placed in standard fashion. There were no dual tears, postoperative wound infections, or other complications related to their treatment. Postoperative surveillance revealed gross total resection of the targeted tumor on postoperative radiographic imaging.

CONCLUSION: Polyether ether ketone-carbon fiber implants are a safe and effective option for the treatment of thoracolumbar posterior spinal pathology. The utilization of this novel type of instrumentation in posterior spinal approaches may provide benefit to patients with spinal tumors over existing forms of posterior spinal instrumentation.

KEY WORDS: Carbon fiber, Innovation, Pedicle screws, Spinal oncology, Spinal tumor, Surgical video

Operative Neurosurgery 85:1-12, 2022
https://doi.org/10.1226/00006123.2022.0000000000000001

Standard management of spinal oncology involves the use of surgical intervention, radiation-based therapy, and postoperative advanced imaging monitoring.¹⁻³ The results of spinal resection include oncologic eradication and spinal stabilization, when necessary. Radiation-based therapy and advanced imaging are used for local control and monitoring purposes, respectively.

These combined modalities have allowed patients to live longer, and with greater functional outcomes.⁴ However, their utility is limited by the materials that have traditionally been used in surgical management.⁵⁻⁷ Traditional titanium metallic implants produce signal artifacts on computed tomography (CT) and magnetic resonance imaging (MRI) due to the ability to accurately map disease and prevent monitoring of long-term implant stability.⁸⁻¹² These artifacts not only make surveillance imaging challenging, but also obscure tumor and vascular origins, which can alter postoperative radiation field planning.¹³ Furthermore, traditional titanium implants lead to dose attenuation and back scars, which limit treatment efficacy and damage surrounding tissues.

Applications of Carbon Fiber Instrumentation in Spinal Oncology: Recent Innovations in Spinal Instrumentation and 2-Dimensional Illustrative Operative Video

Background

Traditional metallic spinal hardware emits radiographic artifact, limiting postoperative radiation planning & surveillance of tumor recurrence.

Radiolucent carbon fiber hardware has become an alternative option for stabilization within the spinal oncology population.

Methods

Radiolucent Polyether ether ketone-carbon fiber hardware was used in 3 spinal tumor cases.

1. L4 metastatic renal cell carcinoma
2. T10/T11 metastatic meningioma
3. L2 aneurysmal bone cyst

Conclusion

Carbon fiber hardware is a safe & effective option for stabilization in thoracolumbar spinal oncology cases.

Superior postoperative radiographic imaging of the index level was demonstrated without hardware artifact in each case.

All constructs maintained biomechanical integrity at follow-up.

OPERATIVE NEUROSURGERY

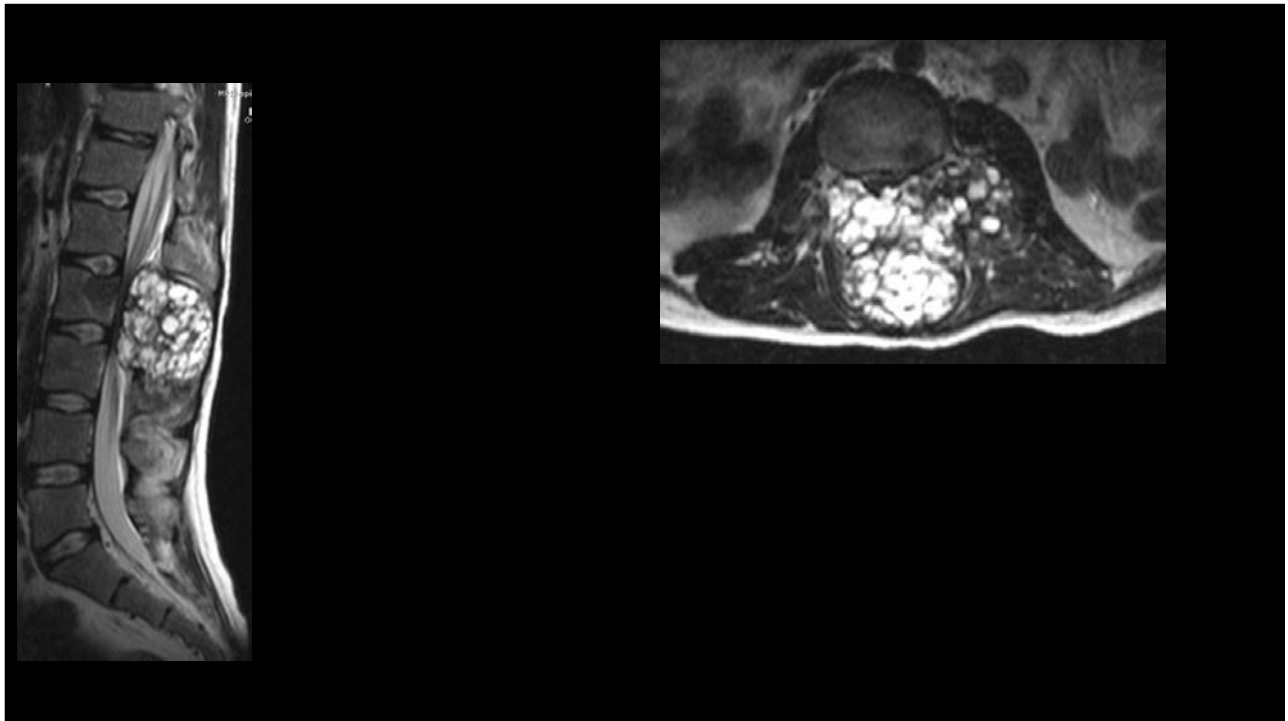
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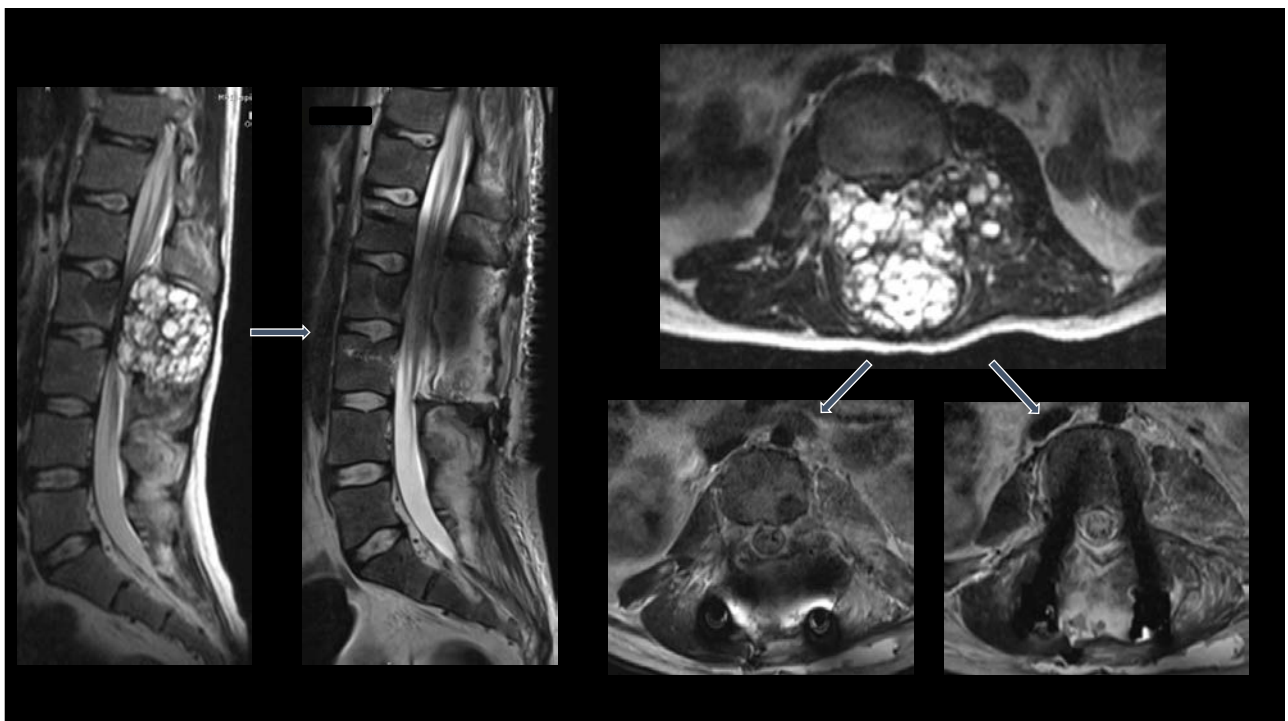
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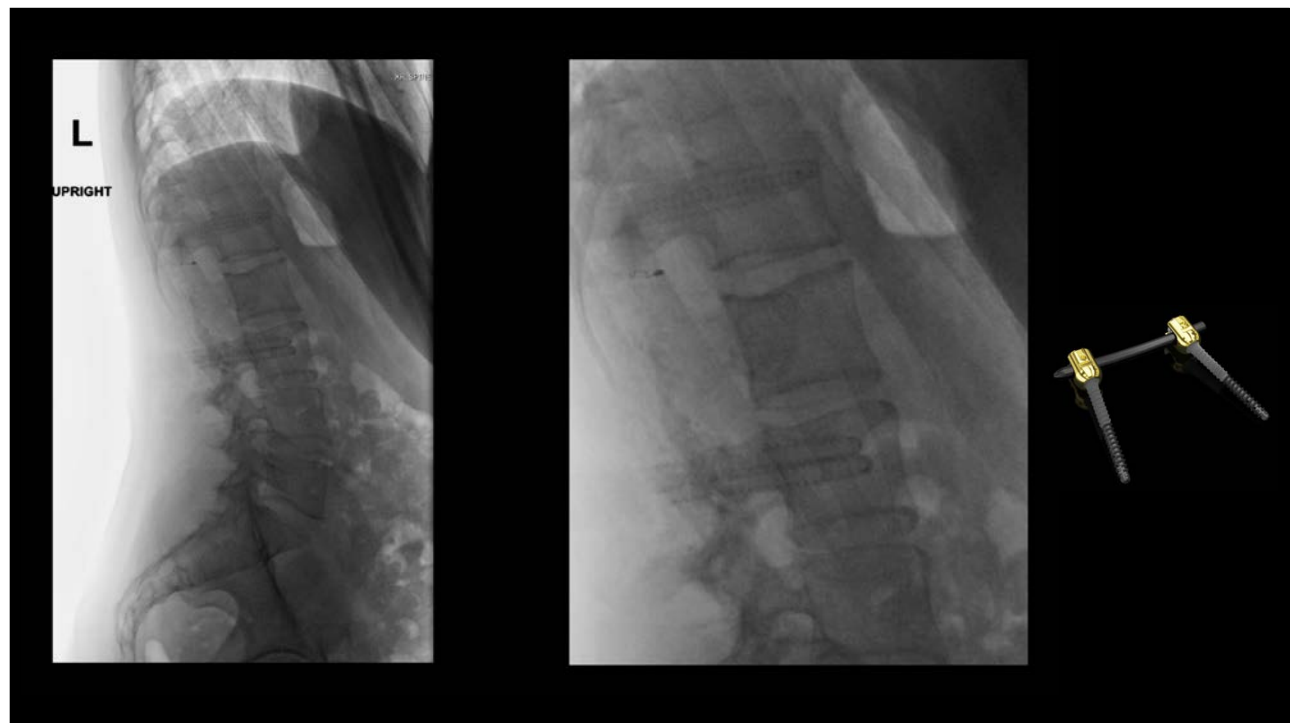
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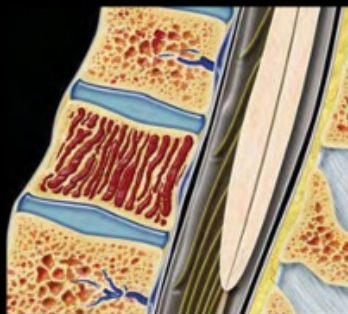


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HEMANGIOMAS



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“NEURO-AGGRESSIVE” HEMANGIOMA

NEUROSURGICAL FOCUS

Neurosurgery Focus 41 (2):E7, 2018

Surgical treatment of aggressive vertebral hemangiomas

Viren S. Vasudeva, MD¹, John H. Chi, MD, MPH,^{1,2} and Michael W. Groff, MD^{1,2}

¹Brigham and Women's Hospital, Harvard Medical School, and ²Center for Neuro-Oncology, Dana-Farber Cancer Institute, Boston, Massachusetts

OBJECTIVE: Vertebral hemangiomas are common tumors that are benign and generally asymptomatic. Occasionally these lesions can exhibit aggressive features such as bony expansion and erosion into the epidural space resulting in neurological symptoms. Surgery is often recommended in these cases, especially if symptoms are severe or rapidly progressive. Some surgeons perform decompression alone, others perform gross-total resection, while others perform en bloc resection. Radiation, embolization, vertebroplasty, and ethanol injection have also been used in combination with surgery. Despite the variety of available treatment options, the optimal management strategy is unclear because aggressive vertebral hemangiomas are uncommon lesions, making it difficult to perform large trials. For this reason, the authors chose instead to report their institutional experience along with a comprehensive review of the literature.

METHODS: A departmental database was searched for patients with a pathological diagnosis of “hemangioma” between 2003 and 2015. Medical records were reviewed to identify patients with aggressive vertebral hemangiomas, and these cases were reviewed in detail.

RESULTS: Five patients were identified who underwent surgery for treatment of aggressive vertebral hemangiomas during the specified time period. There were 2 lumbar and 3 thoracic lesions. One patient underwent en bloc spondylectomy, 2 patients had piecemeal gross-total resection, and the remaining 2 had subtotal tumor resection. Intraoperative vertebroplasty was used in 3 cases to augment the anterior column or to obliterate residual tumor. Adjuvant radiation was used in 1 case where there was residual tumor as well. The patient who underwent en bloc spondylectomy experienced several postoperative complications requiring additional medical care and reoperation. At an average follow-up of 31 months (range 3–65 months), no patient had any recurrence of disease and all were clinically asymptomatic, except the patient who underwent en bloc resection who continued to have back pain.

CONCLUSIONS: Gross-total resection or subtotal resection in combination with vertebroplasty or adjuvant radiation therapy to treat residual tumor seems sufficient in the treatment of aggressive vertebral hemangiomas. En bloc resection appears to provide a similar oncological benefit, but it carries higher morbidity to the patient.

<http://www.elsevier.com/locate/S01912018.5.FOCUS16189>

KEY WORDS: aggressive vertebral hemangioma, vertebral hemangioma, cavernous hemangioma, vertebral angioma, primary spinal column tumor

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Review Article

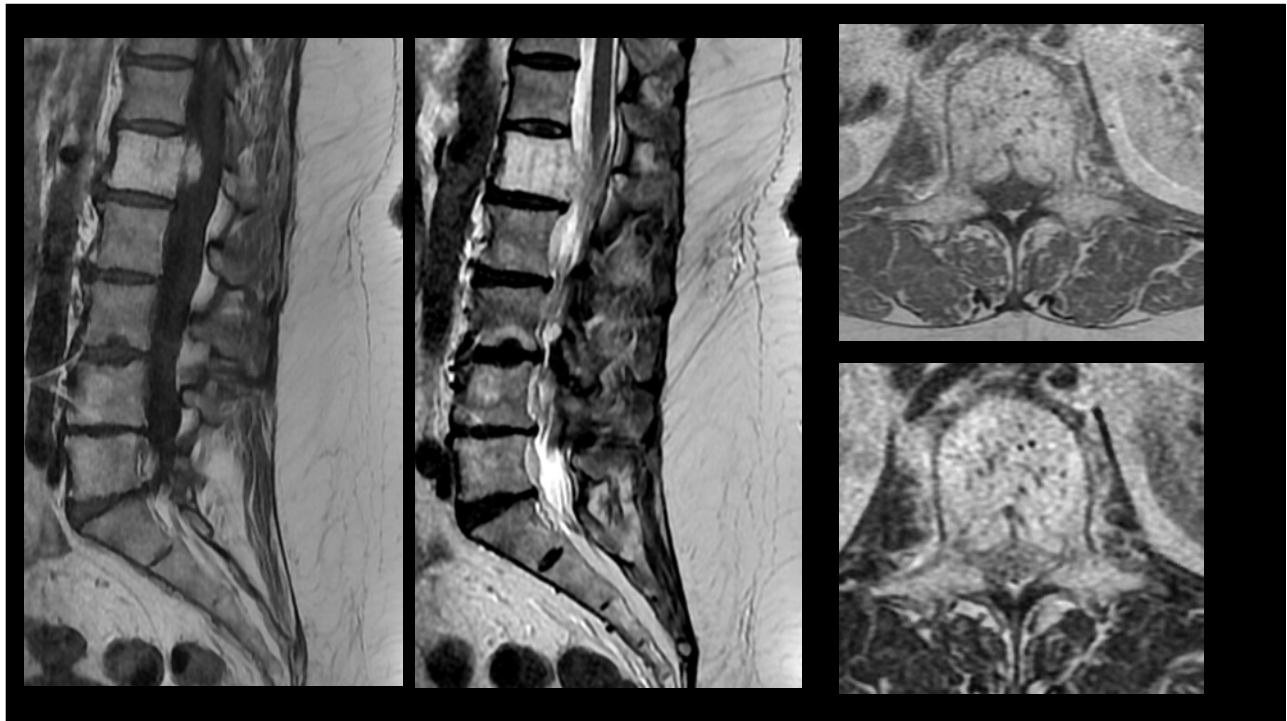
Surgical management of symptomatic vertebral hemangiomas: A case report and literature review

Harman Chopra¹, Haydn Hoffman¹, Timothy E. Richardson², Michael A. Galgano¹

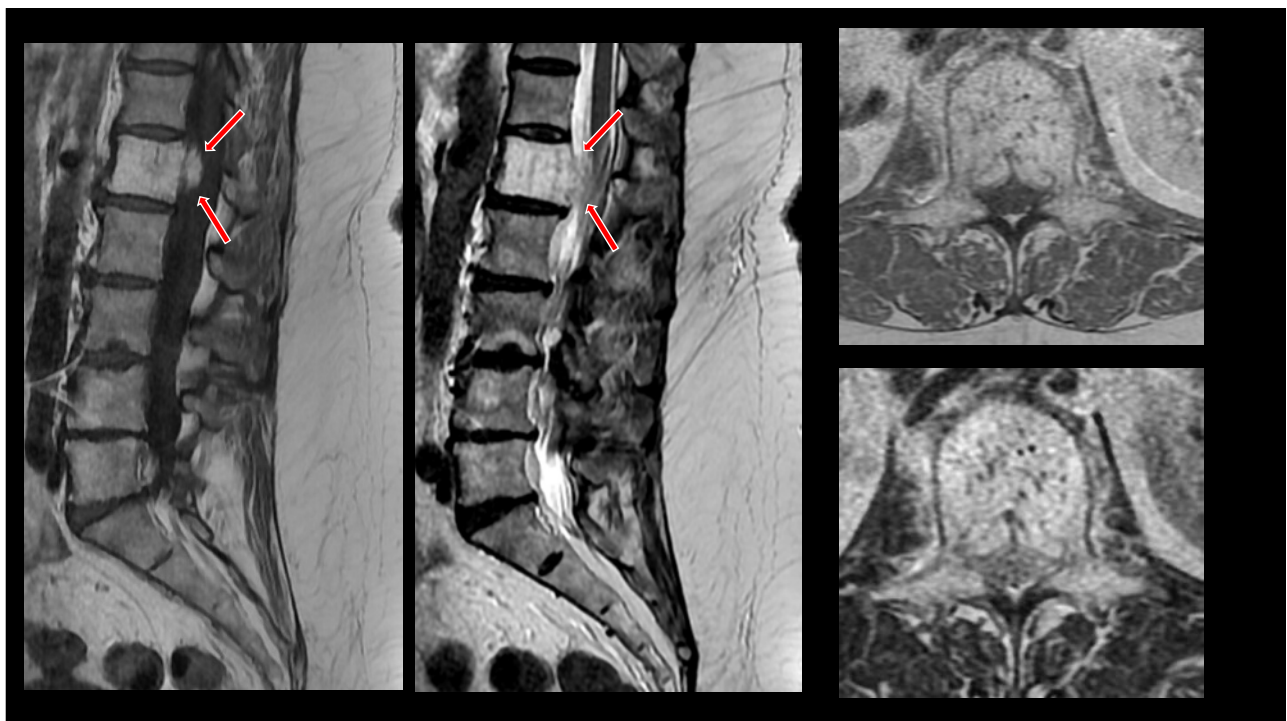
Departments of ¹Neurosurgery, ²Pathology, SUNY Upstate, Syracuse, New York, United States.

E-mail: Harman Chopra - choprah@upstate.edu; Haydn Hoffman - hoffmanh@upstate.edu; Timothy E. Richardson - richardtim@upstate.edu; Michael A. Galgano - galganom@upstate.edu

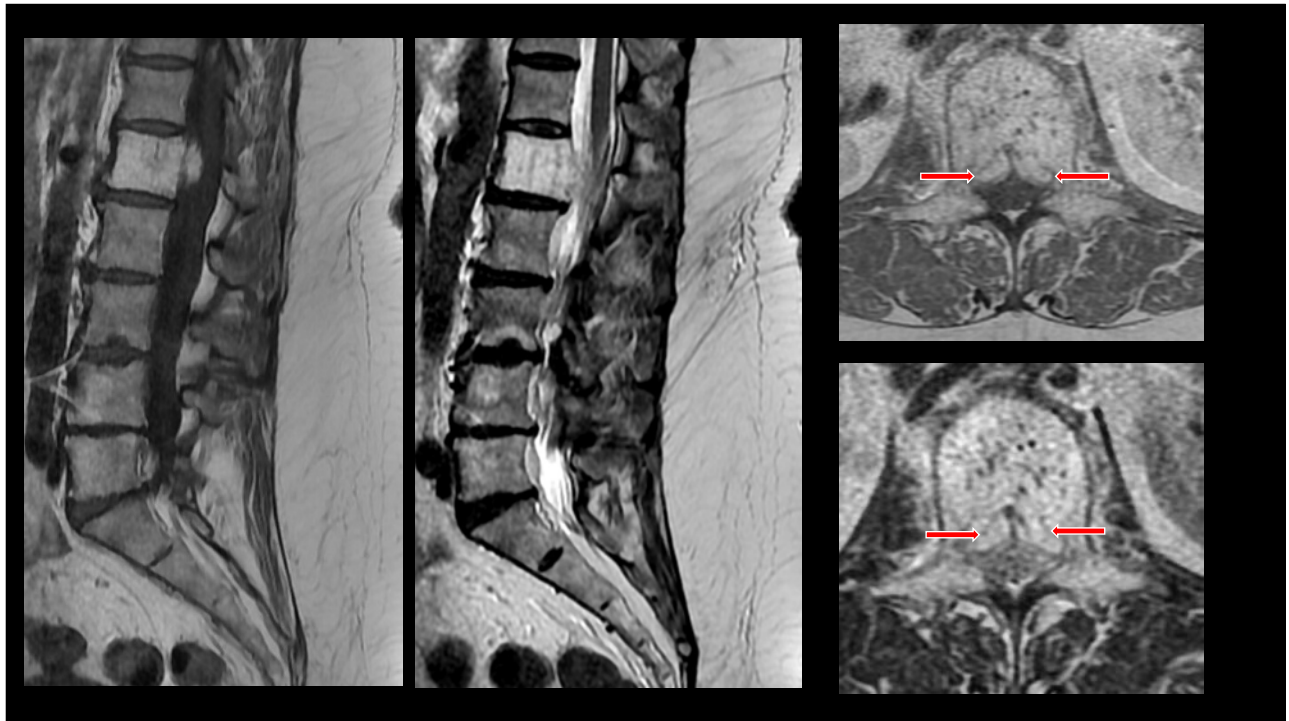
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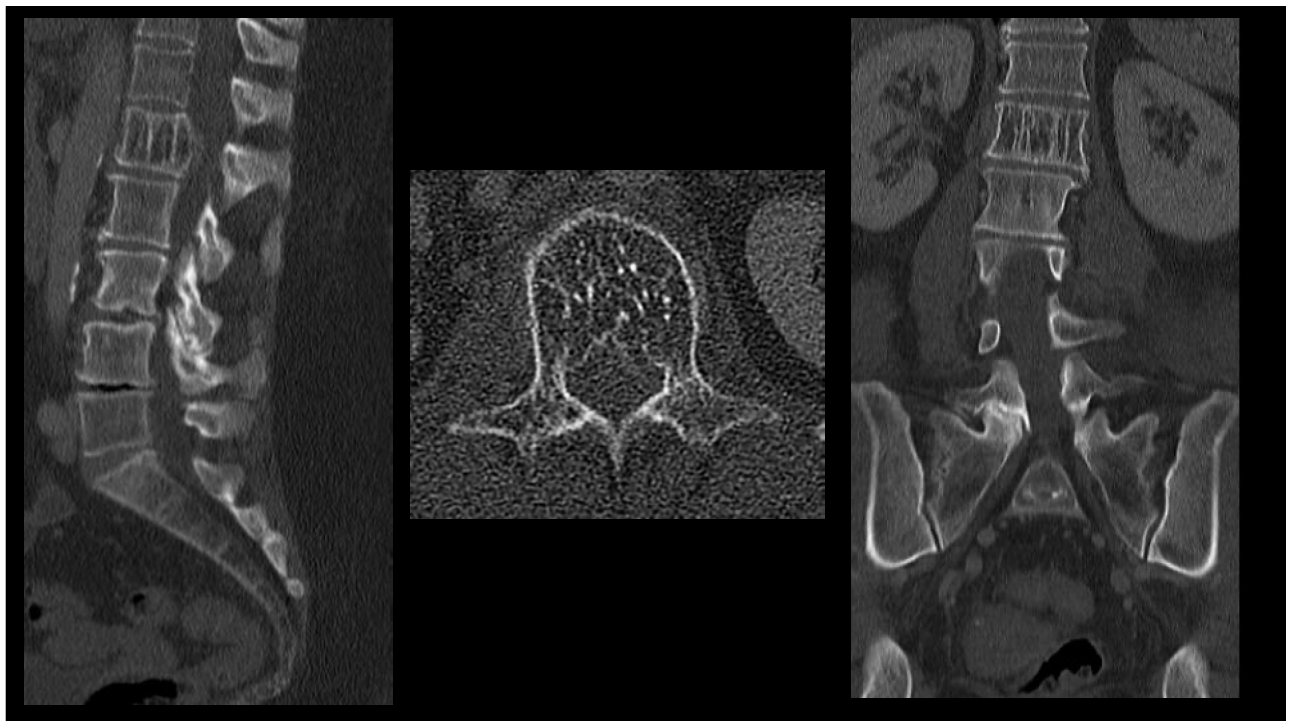
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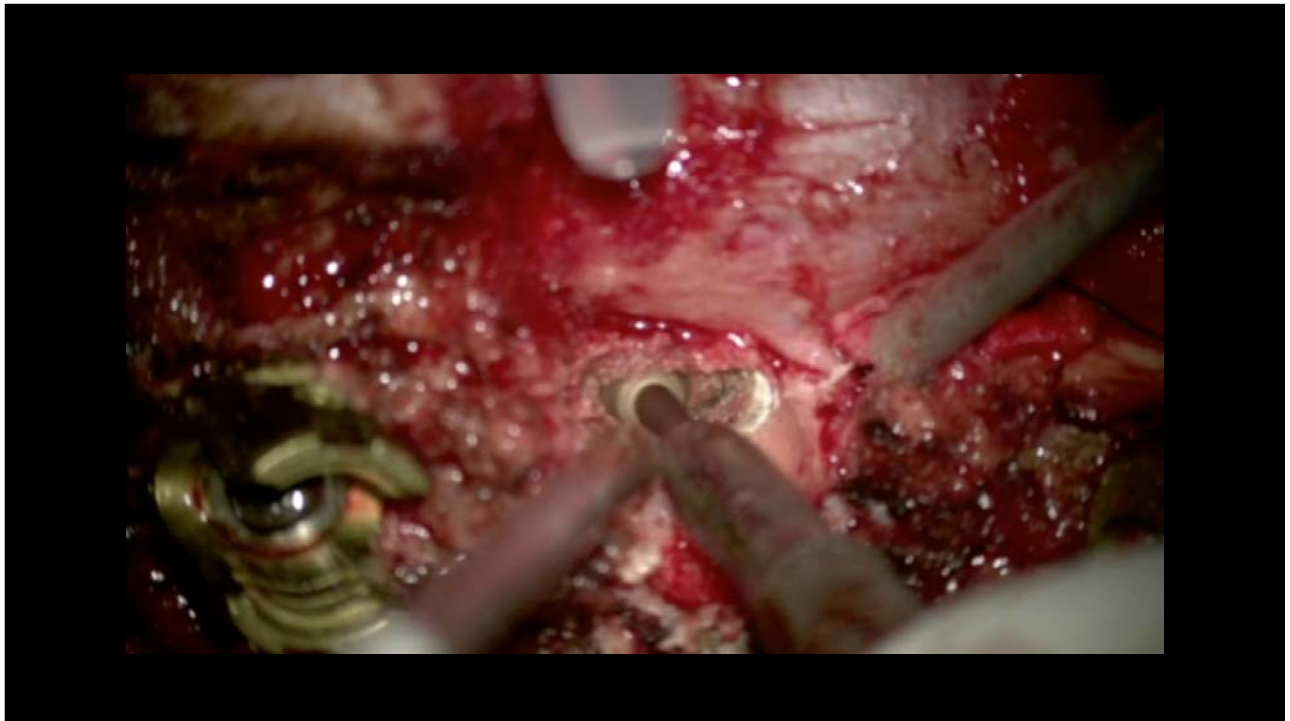
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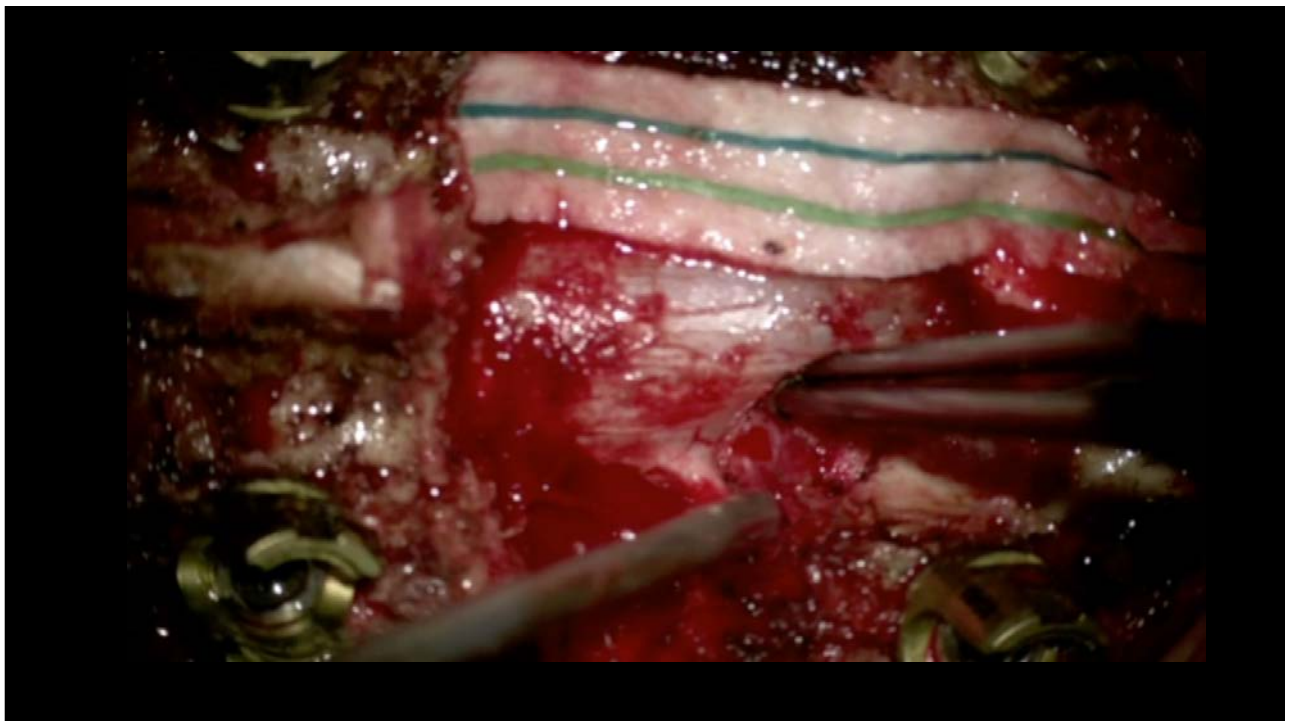
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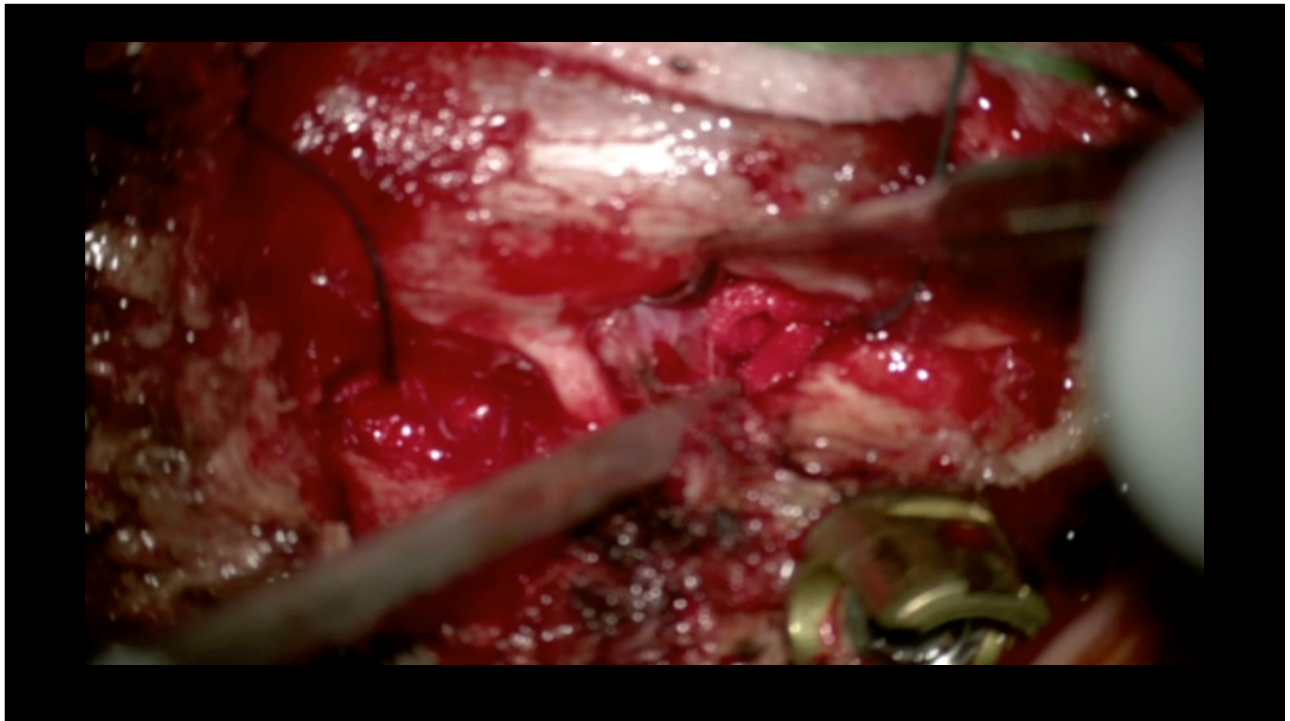
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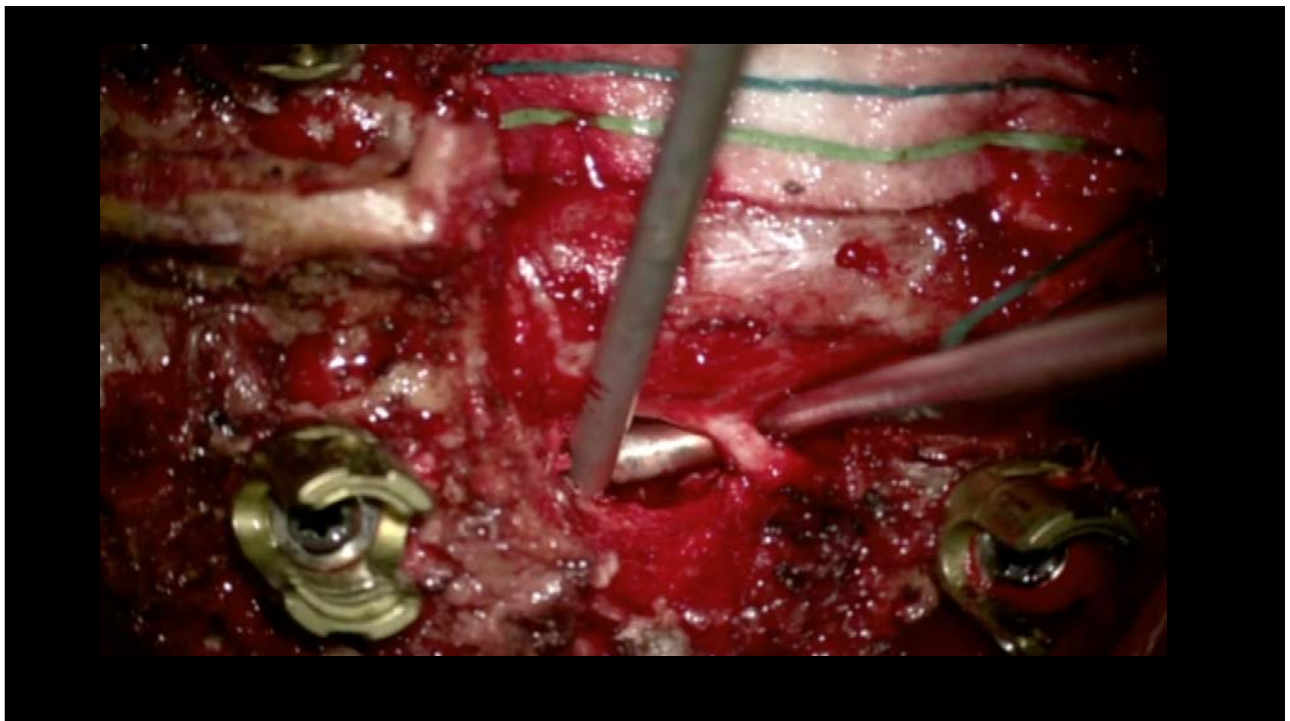
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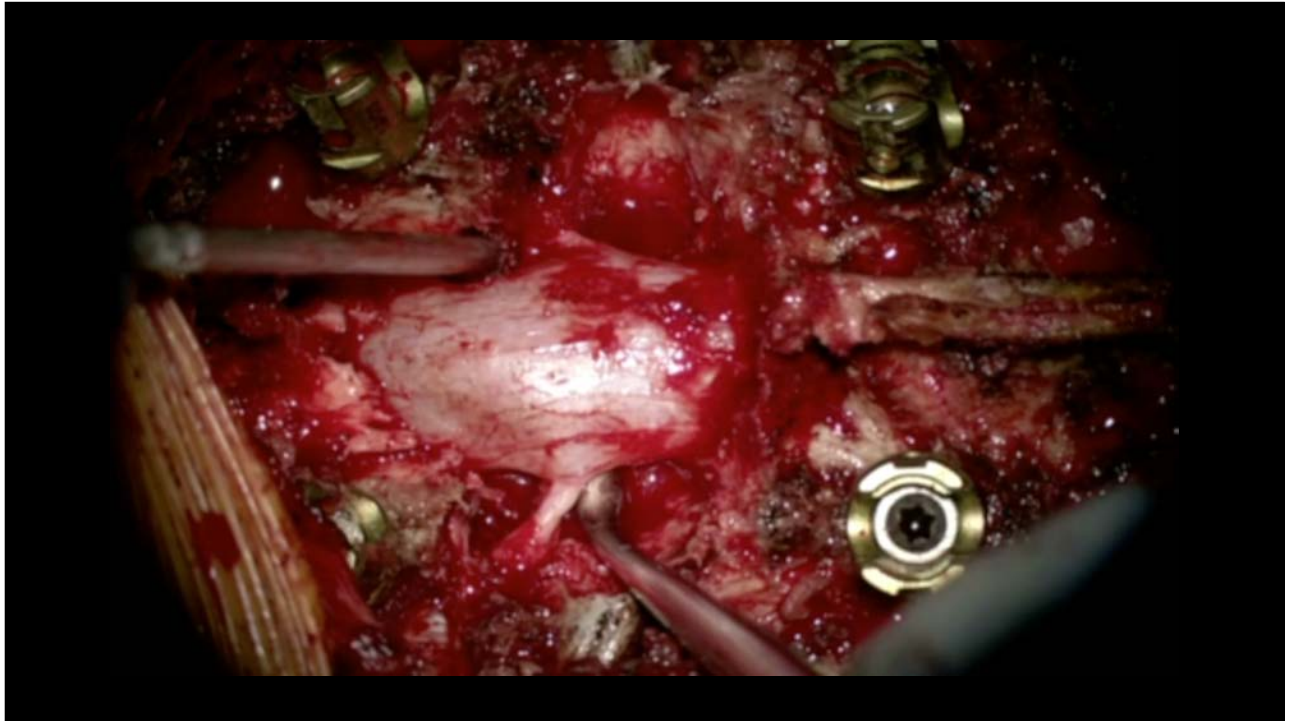
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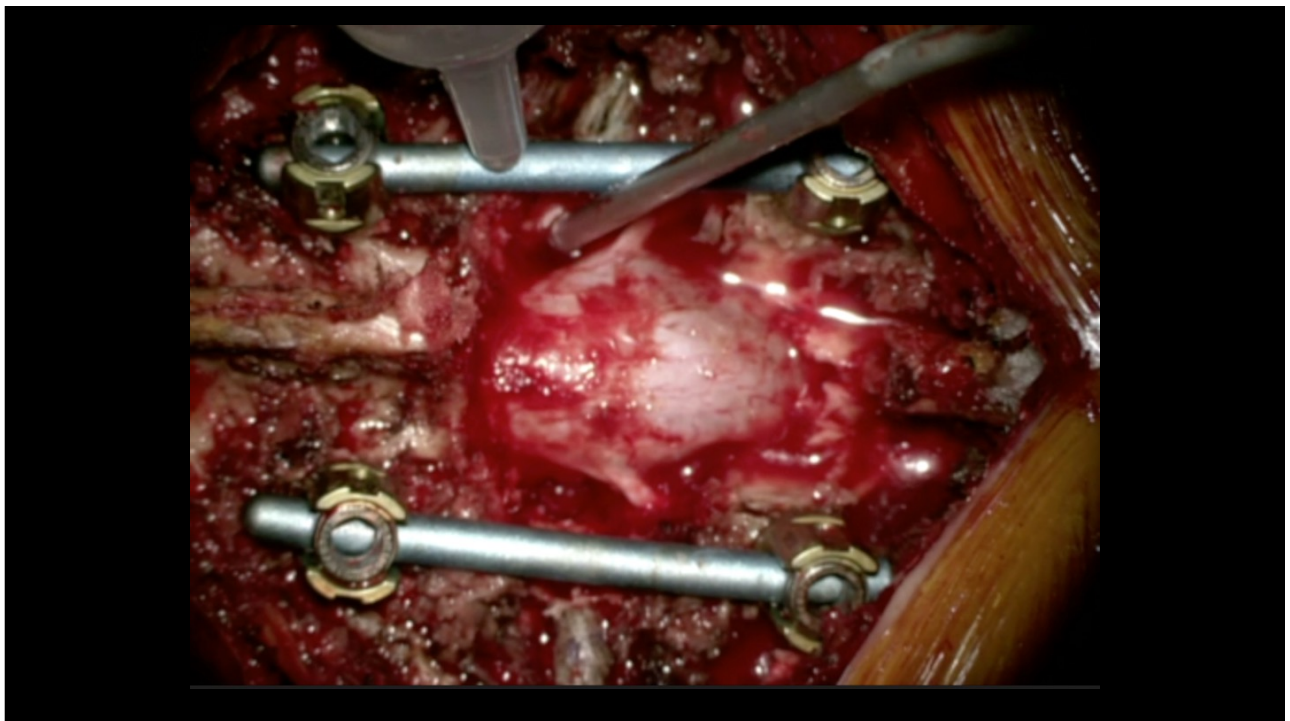
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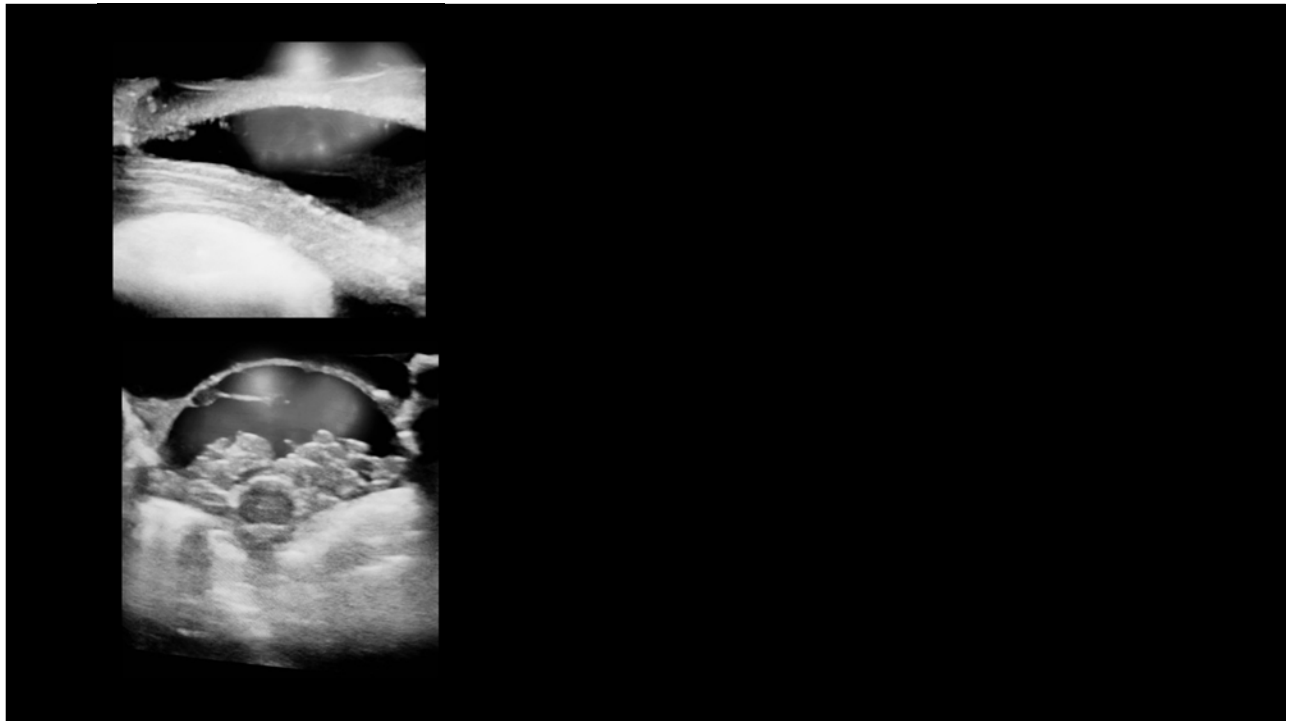
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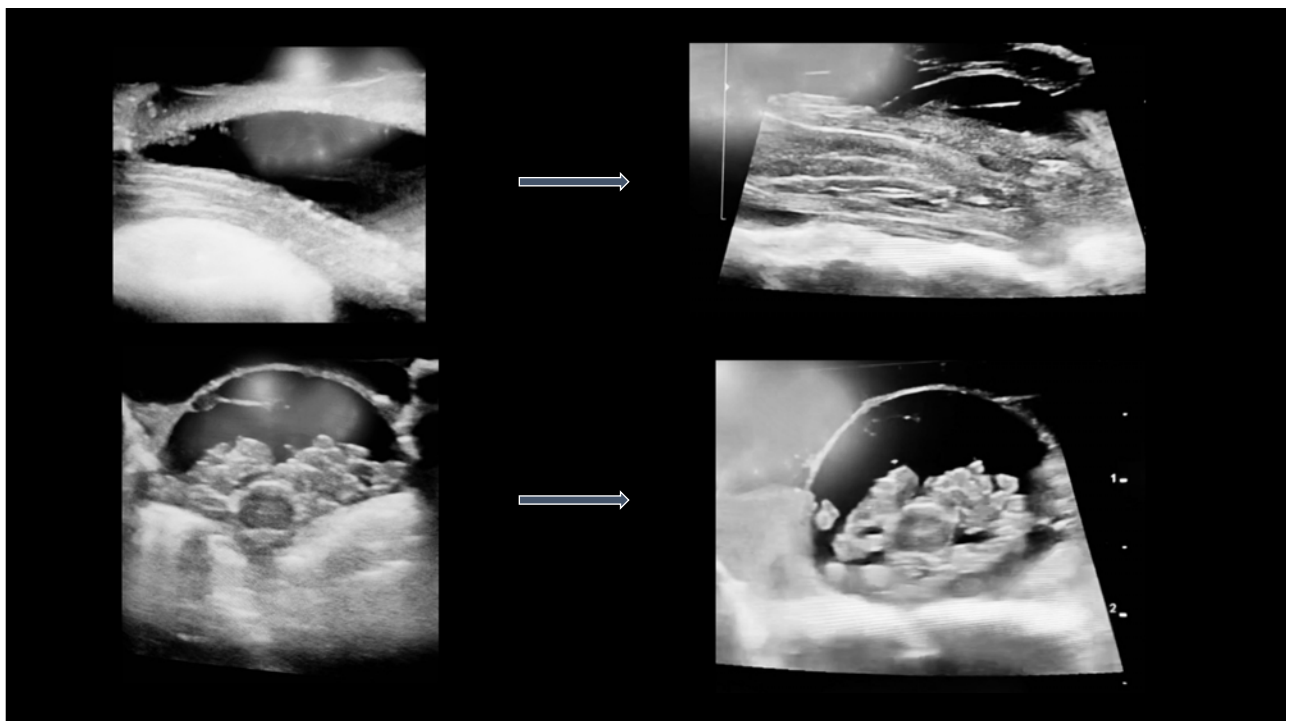
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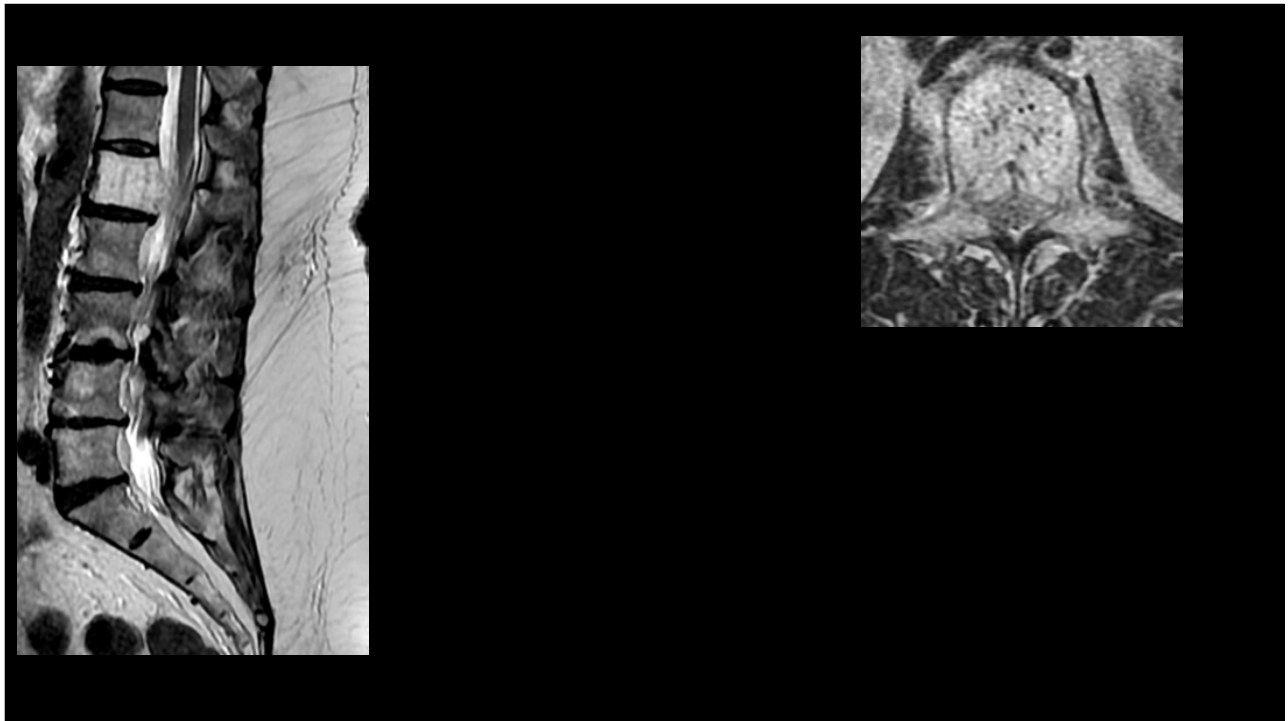
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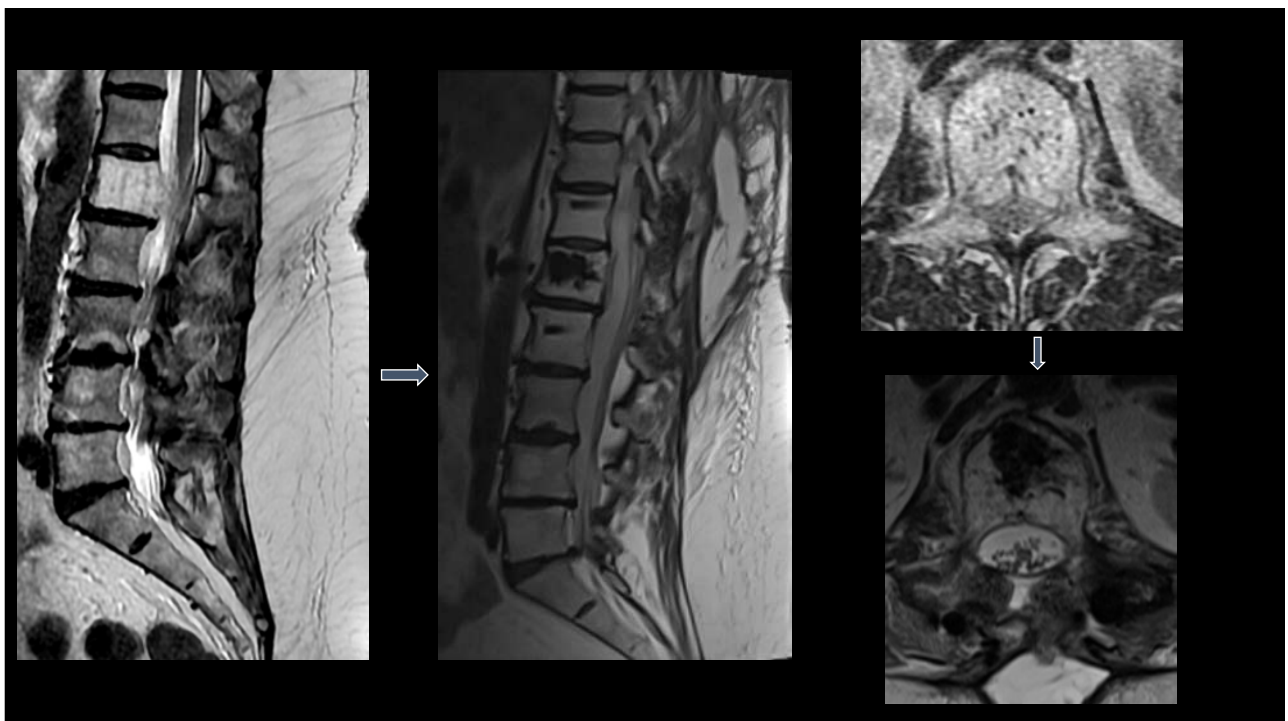
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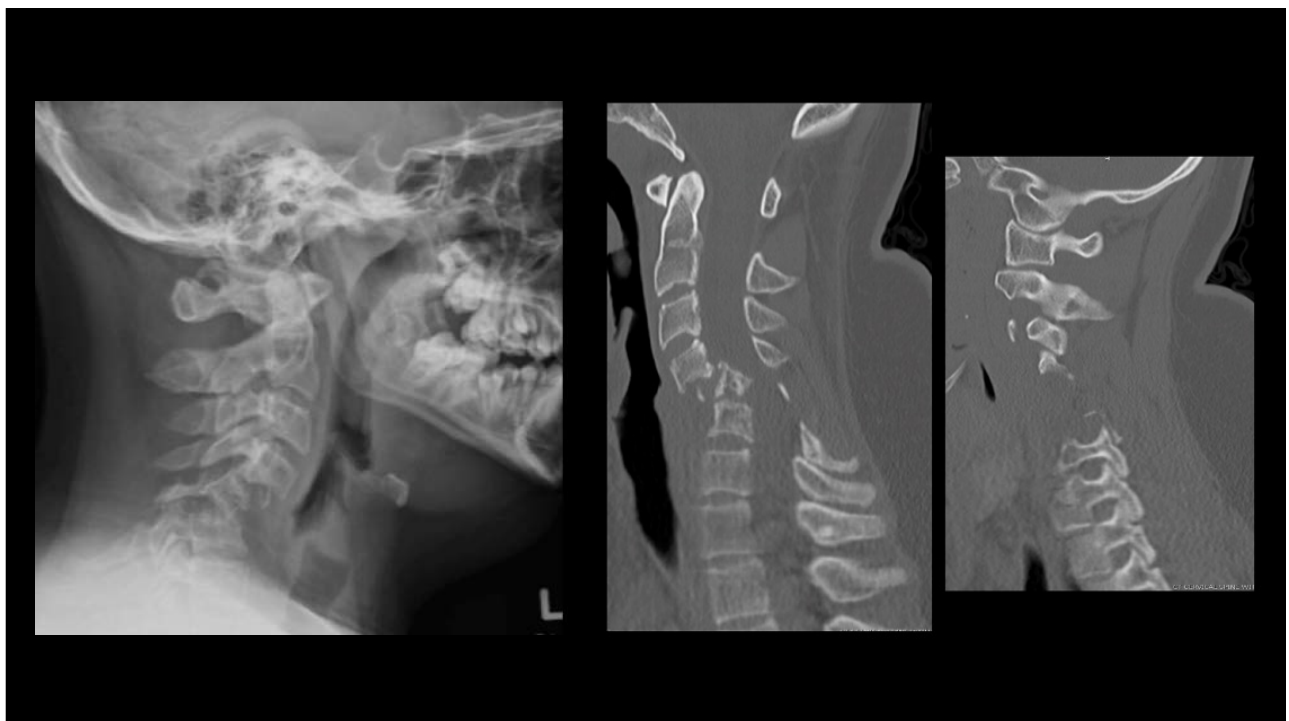
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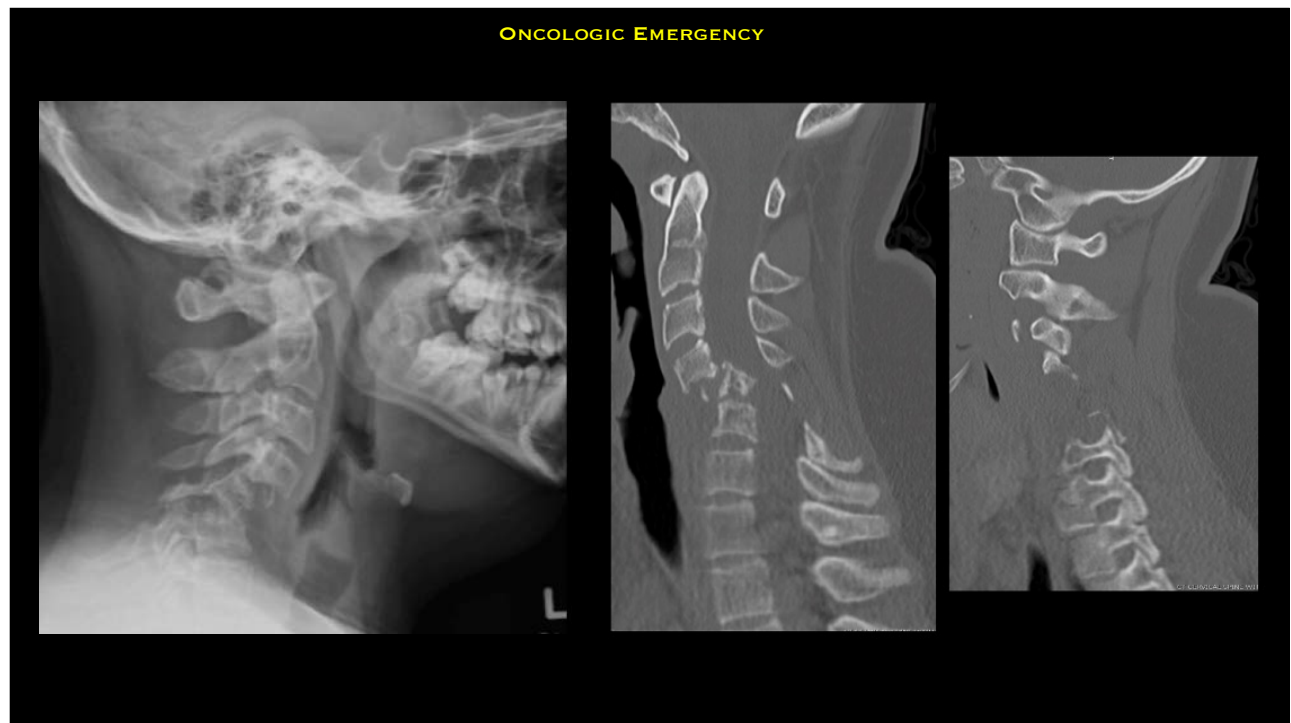
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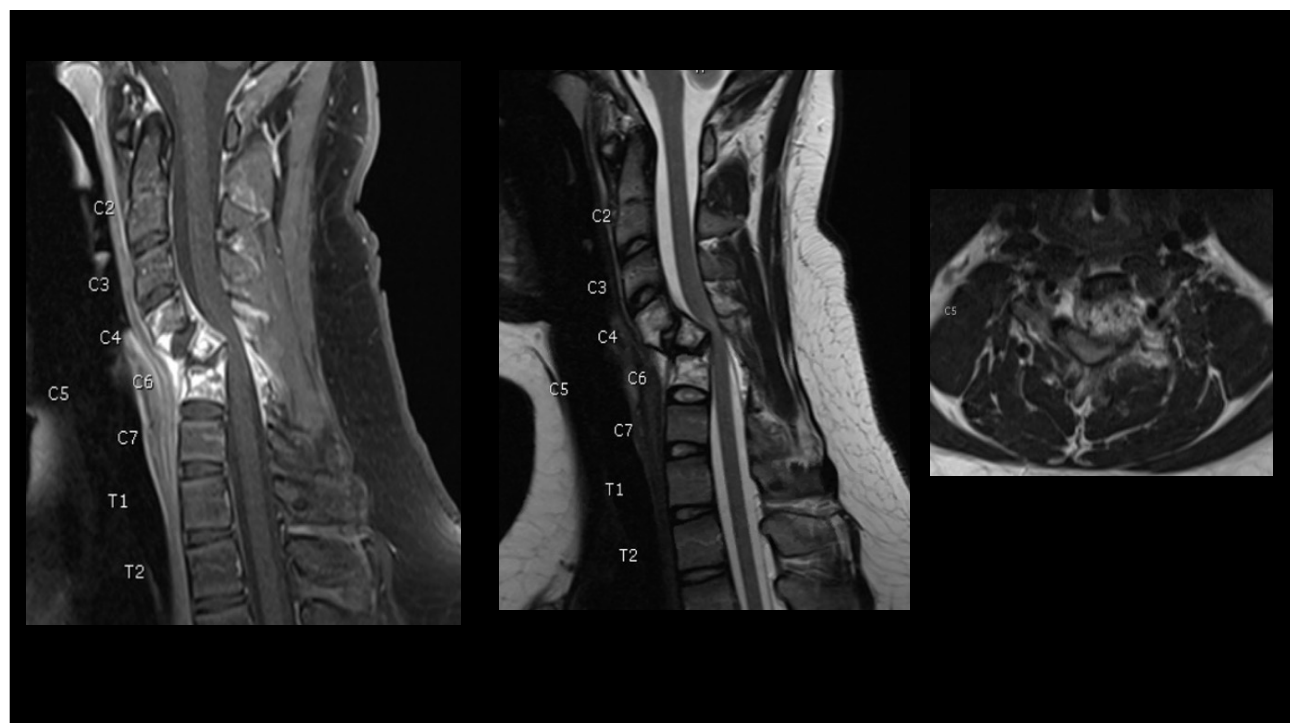
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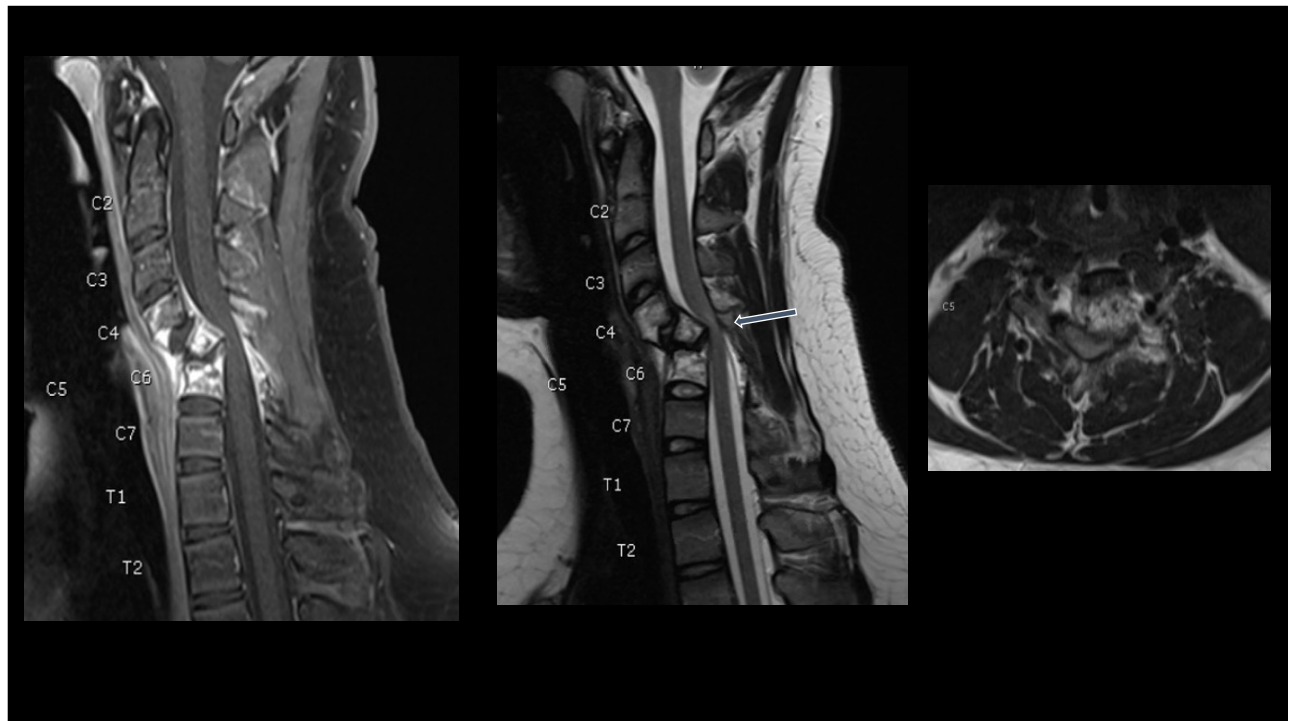
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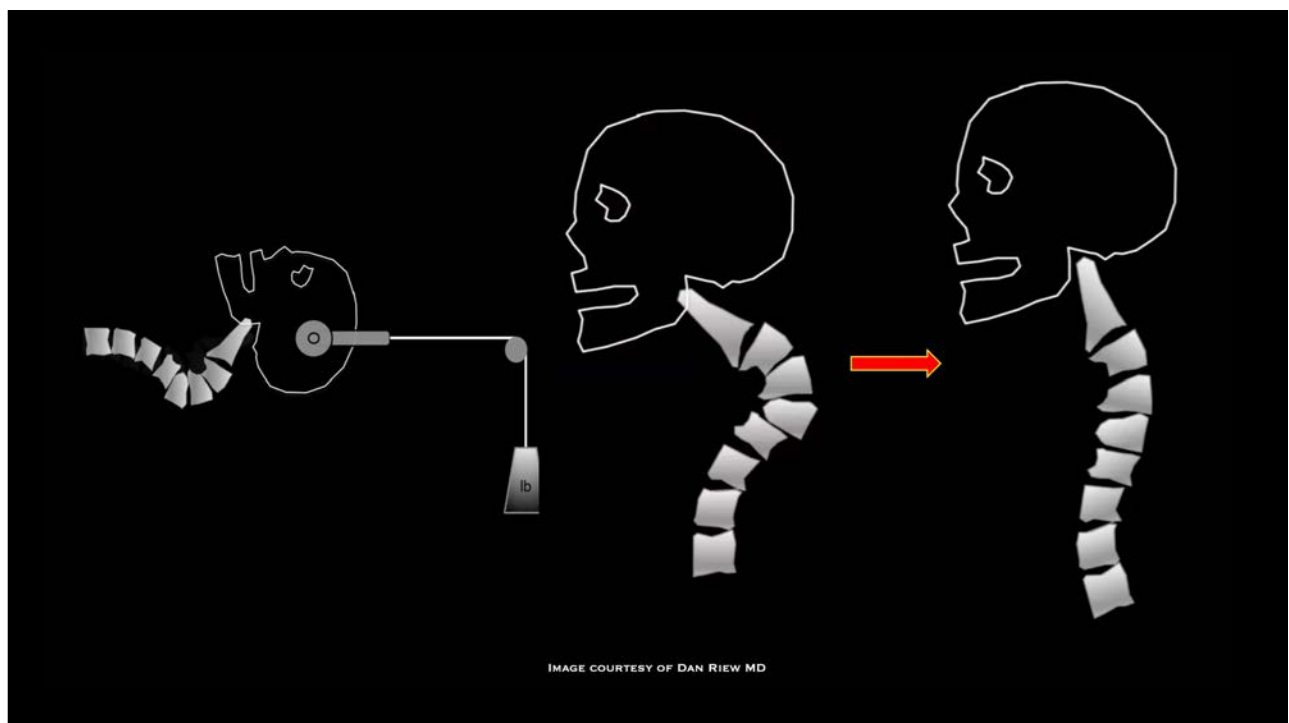
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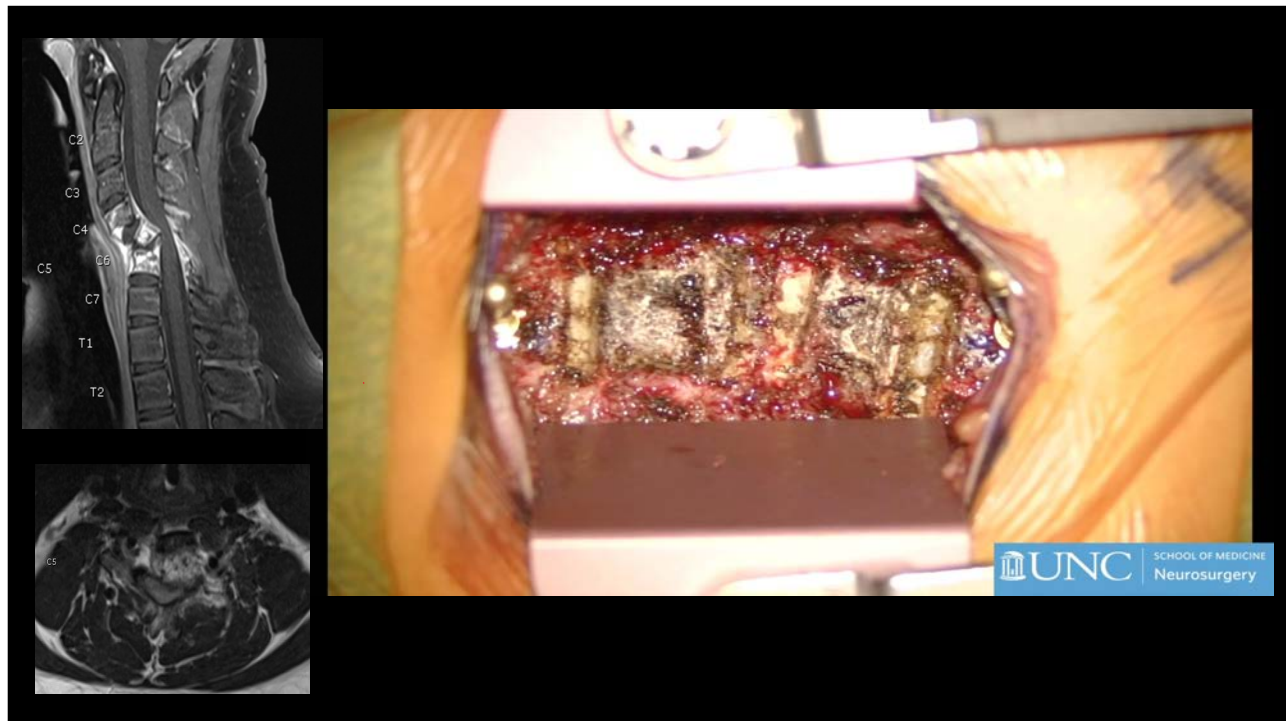
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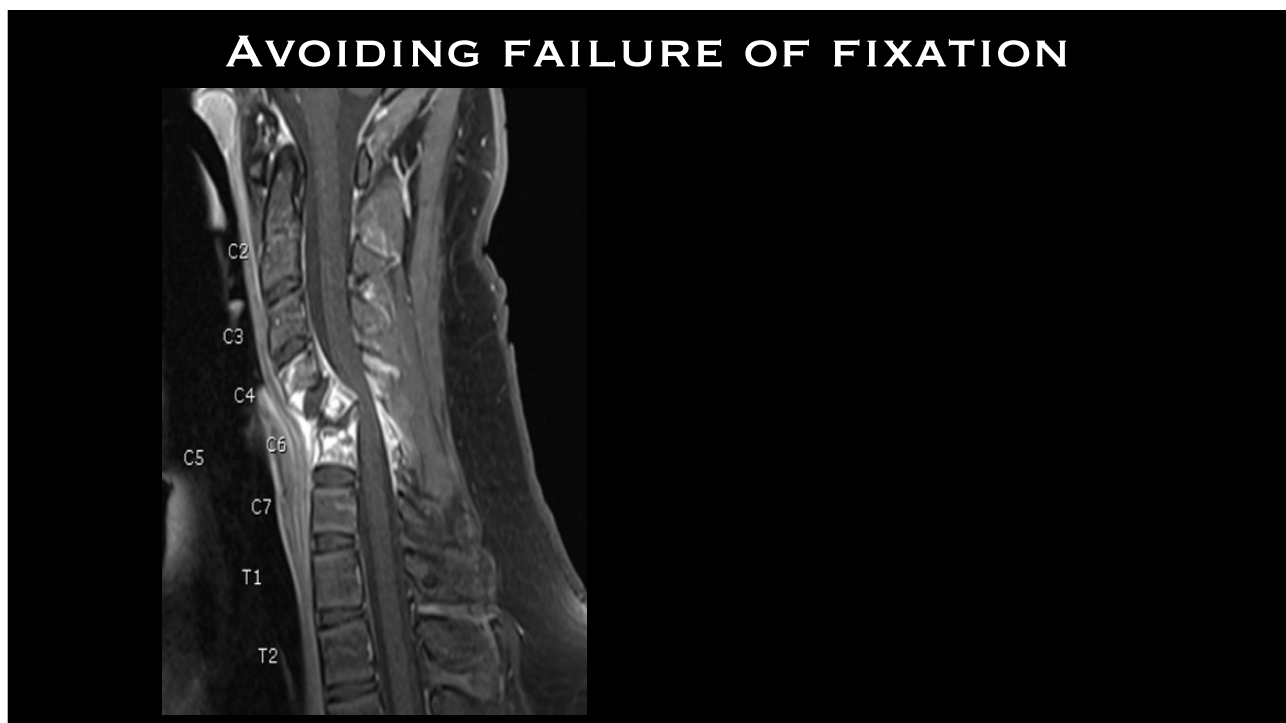
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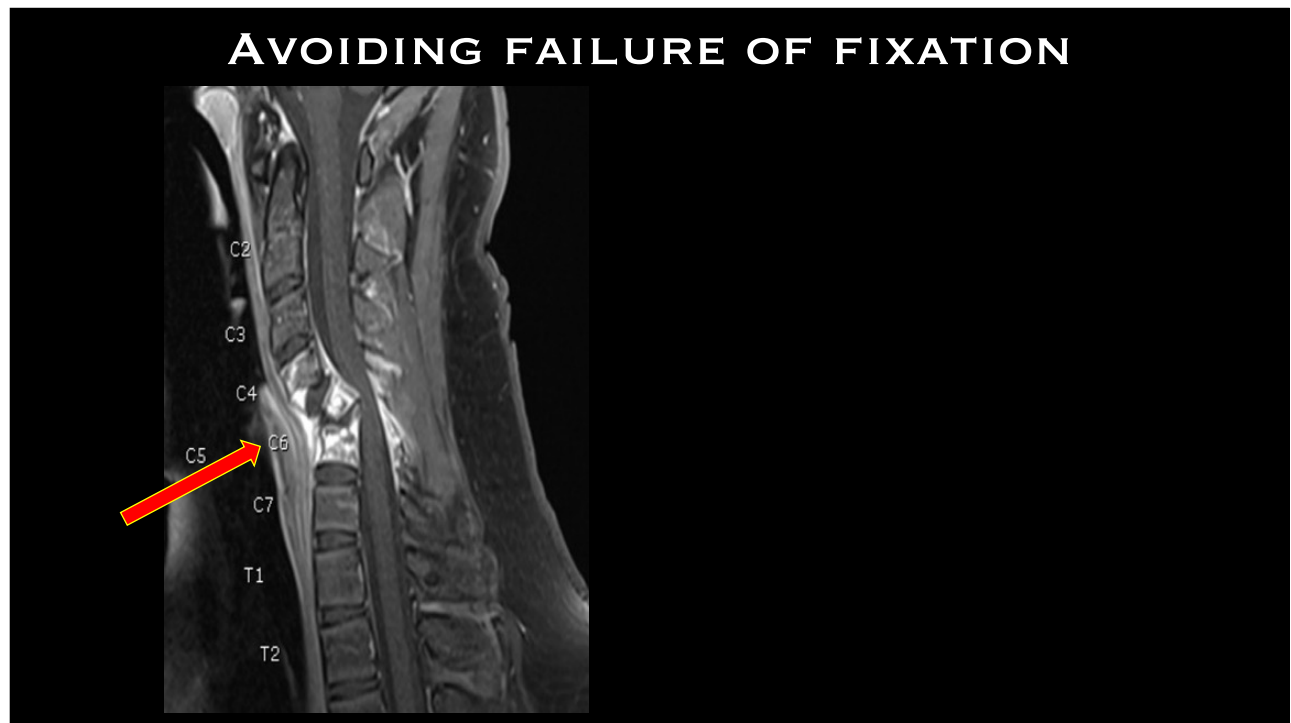
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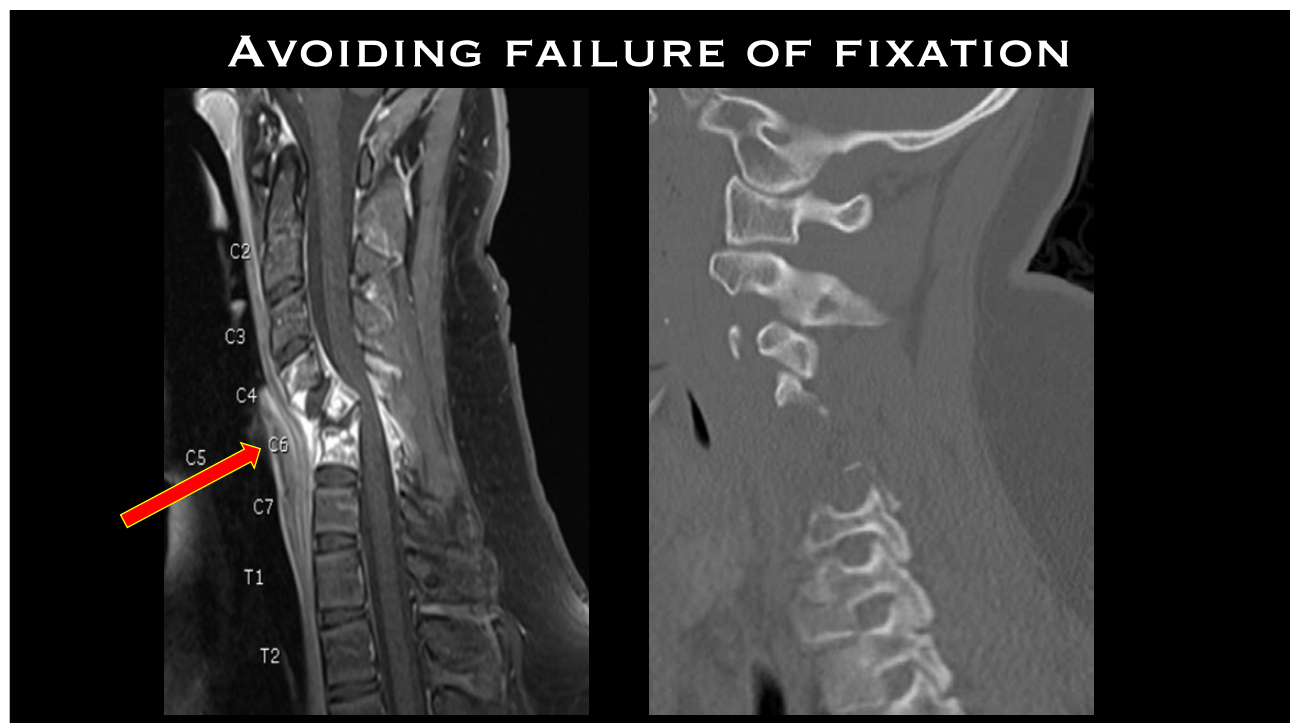
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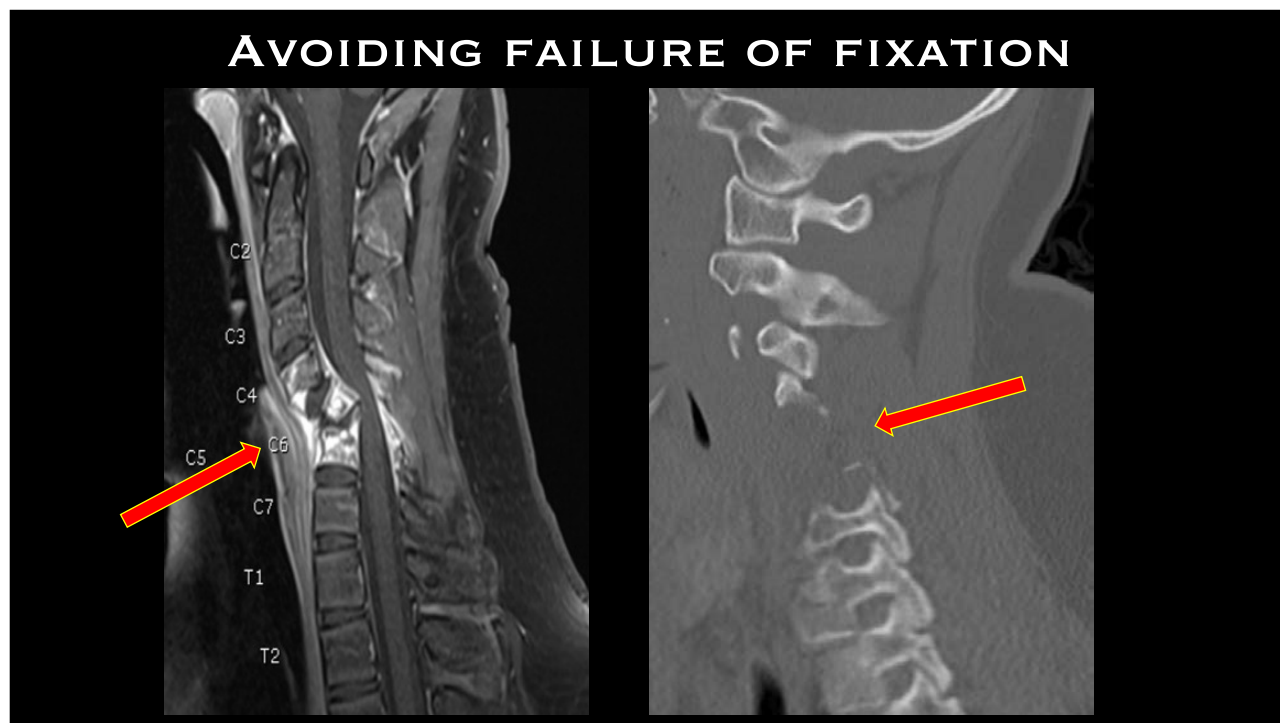
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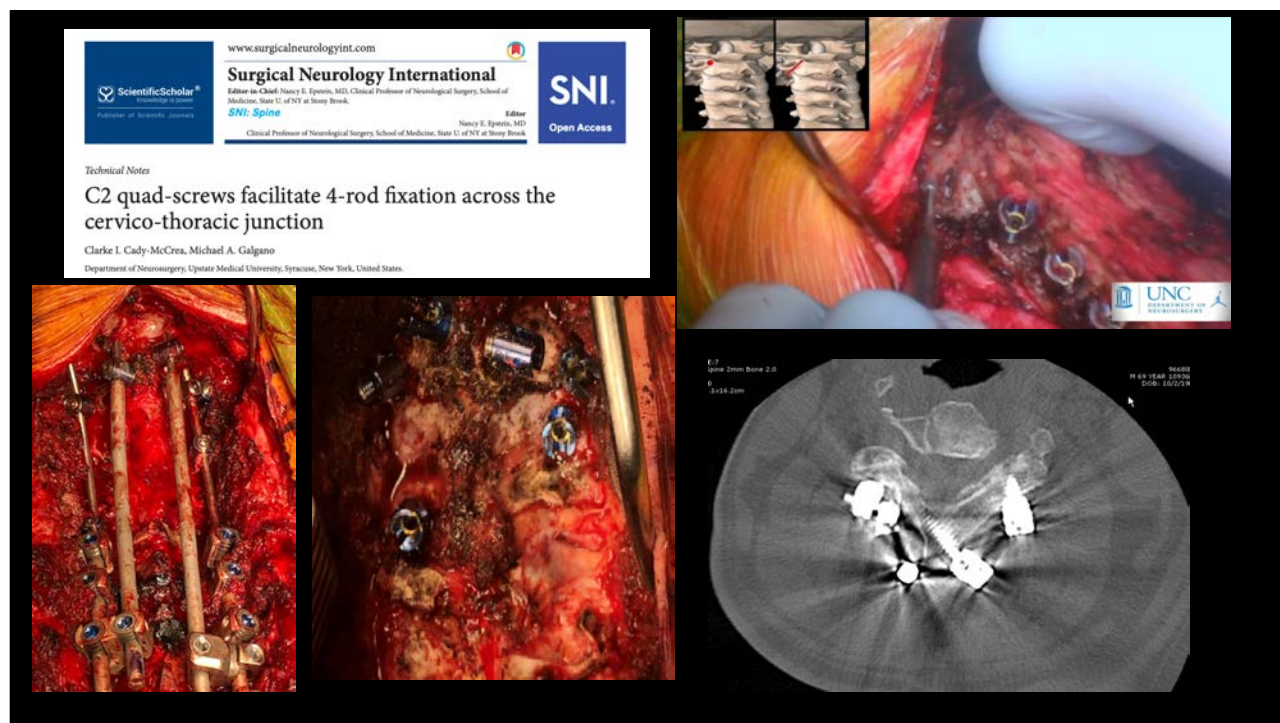
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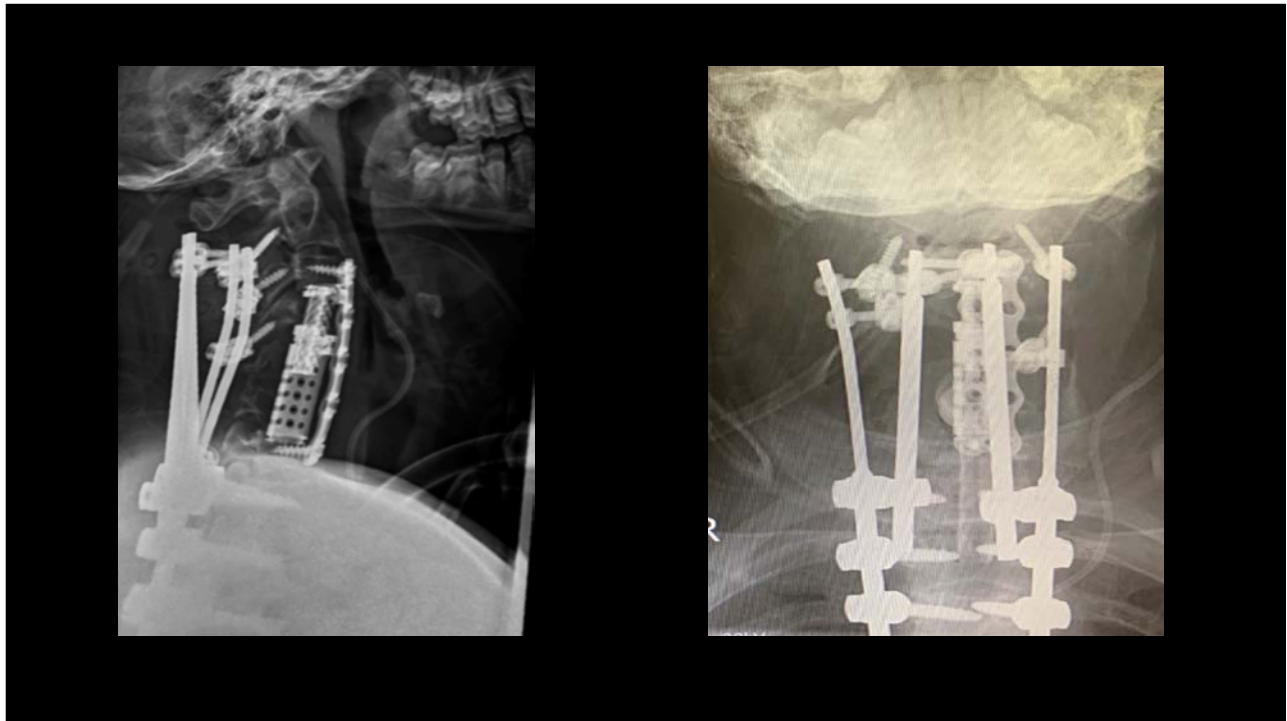
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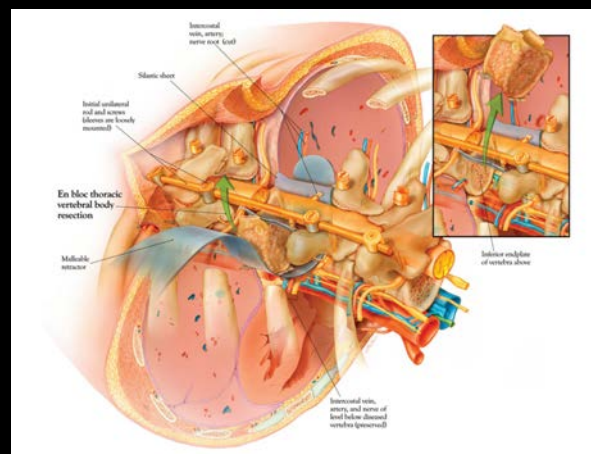
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PRIMARY VERTEBRAL COLUMN TUMORS

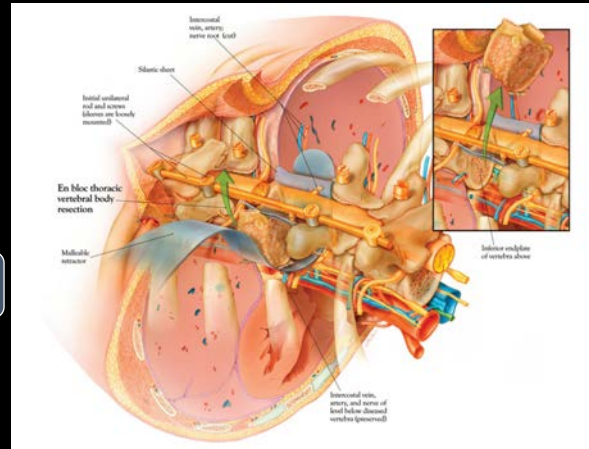
- Osteochondroma
- Aneurysmal Bone Cyst (ABC)
- Hemangioma
- Osteoid osteoma
- Osteoblastoma
- Chondromyxoid fibroma
- *Giant Cell Tumor*
- Osteogenic sarcoma
- Ewing's sarcoma
- Plasmacytoma / Myeloma
- Chordoma
- Chondrosarcoma



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PRIMARY VERTEBRAL COLUMN TUMORS

- Osteochondroma
- Aneurysmal Bone Cyst (ABC)
- Hemangioma
- Osteoid osteoma
- Osteoblastoma
- Chondromyxoid fibroma
- **Giant Cell Tumor**
- **Osteogenic sarcoma** *Metastatic Potential*
- Ewing's sarcoma
- Plasmacytoma / Myeloma
- Chordoma
- Chondrosarcoma



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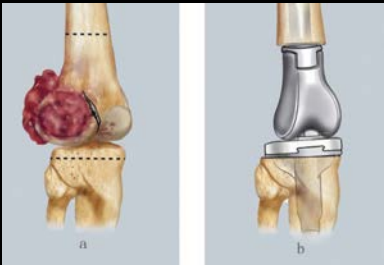
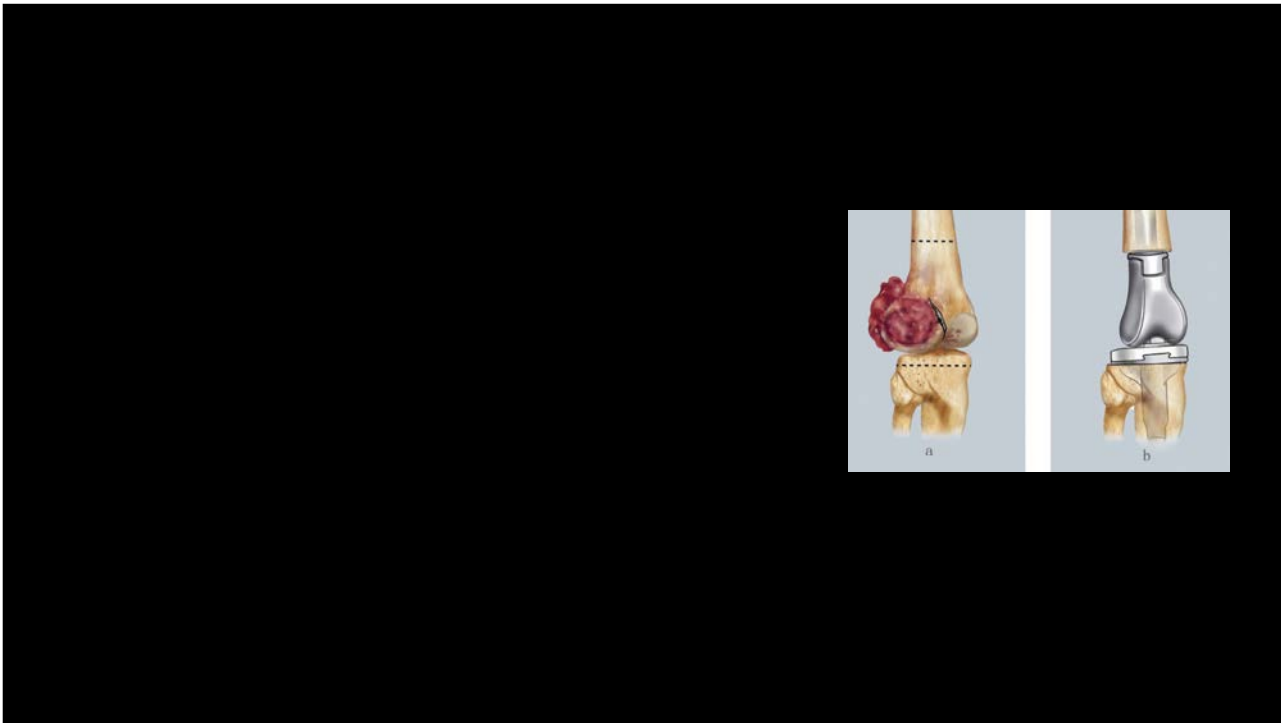
What is the ideal treatment to induce an oncological cure or prolonged disease-free intervals in patients with malignant primary bone tumors (ie. sacral chordoma)?

Nobody has responded yet.

Hang tight! Responses are coming in.

Start the presentation to see live content. For screen share software, share the entire screen. Get help at pollev.com/app

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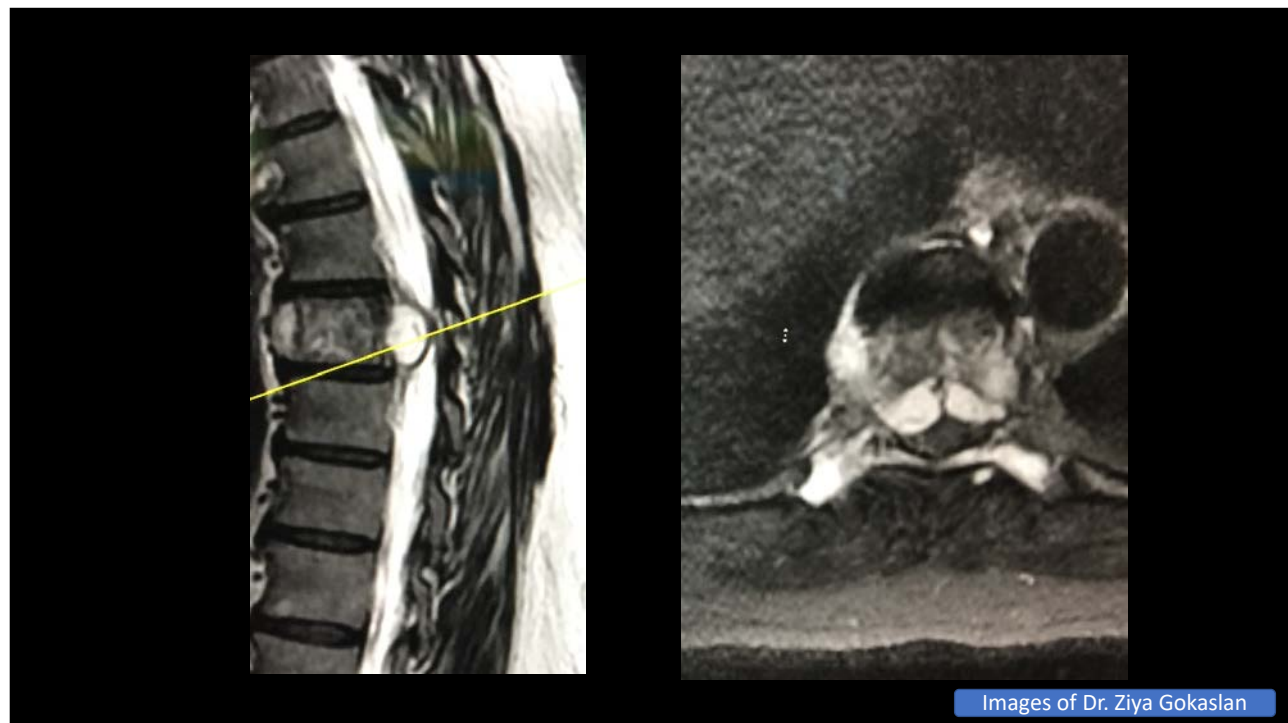
Method of Resection Correlates Strongly with Disease-Free Survival

Boriani et al, SPINE 21:1569-1577, 1996

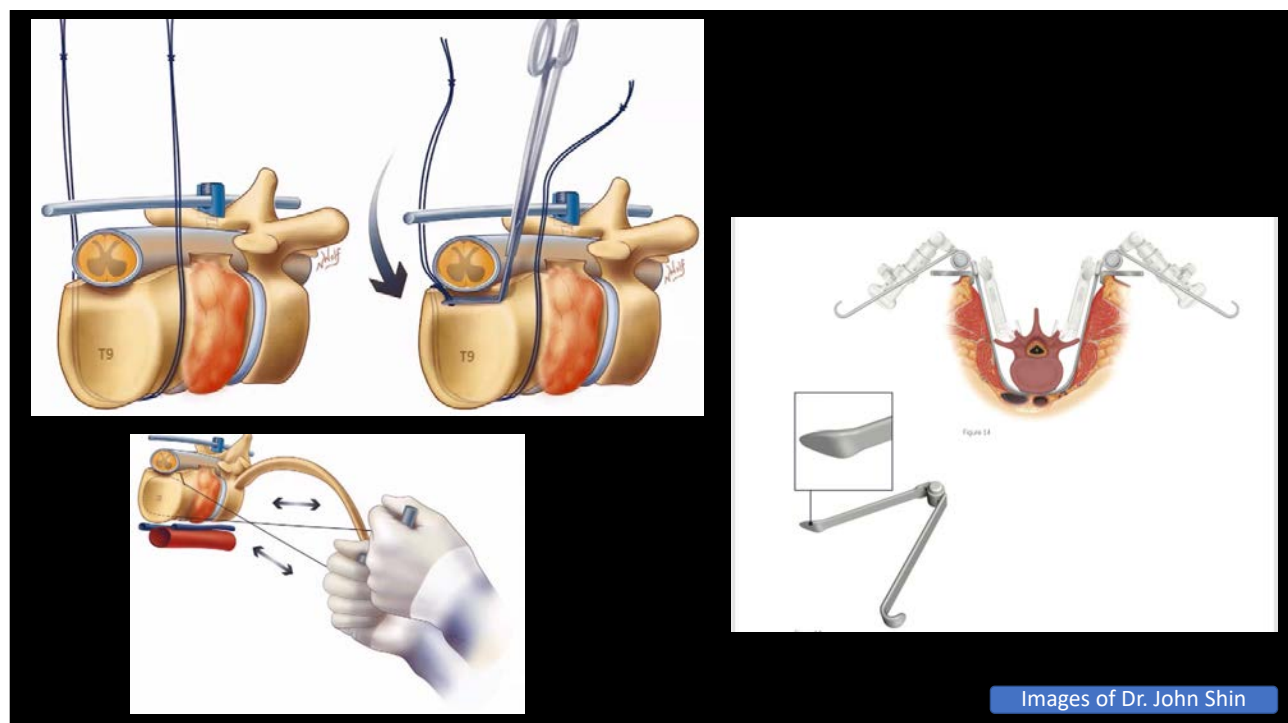
Treatment	No. of Cases	Progression		No. of Deaths
		Local	Recurrence	
RTR + palliative surgery	9	8	0-26 mo	7 (1-125 mo; avg 57)
Intralesional excision	2	2	(18-41 mo)	1 (72 mo)
Intralesional excision + RTR	8	4	(7-119 mo; avg 60 mo)	7 (15-129 mo)
Marginal resection + RTR	2	0	(68-108 mo)	
Marginal resection + RTR	2	0	(29-112 mo)	

RTR = conventional radiation therapy 4500c, 30-60 Gy; avg = average.

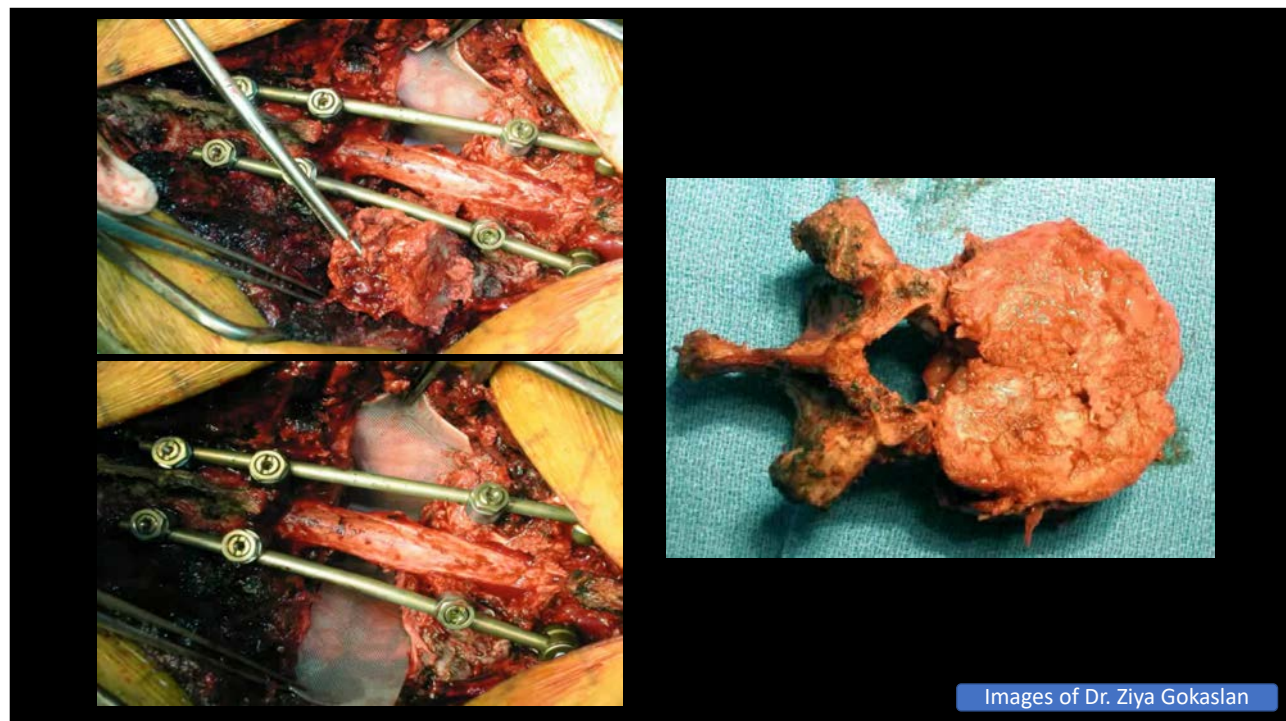
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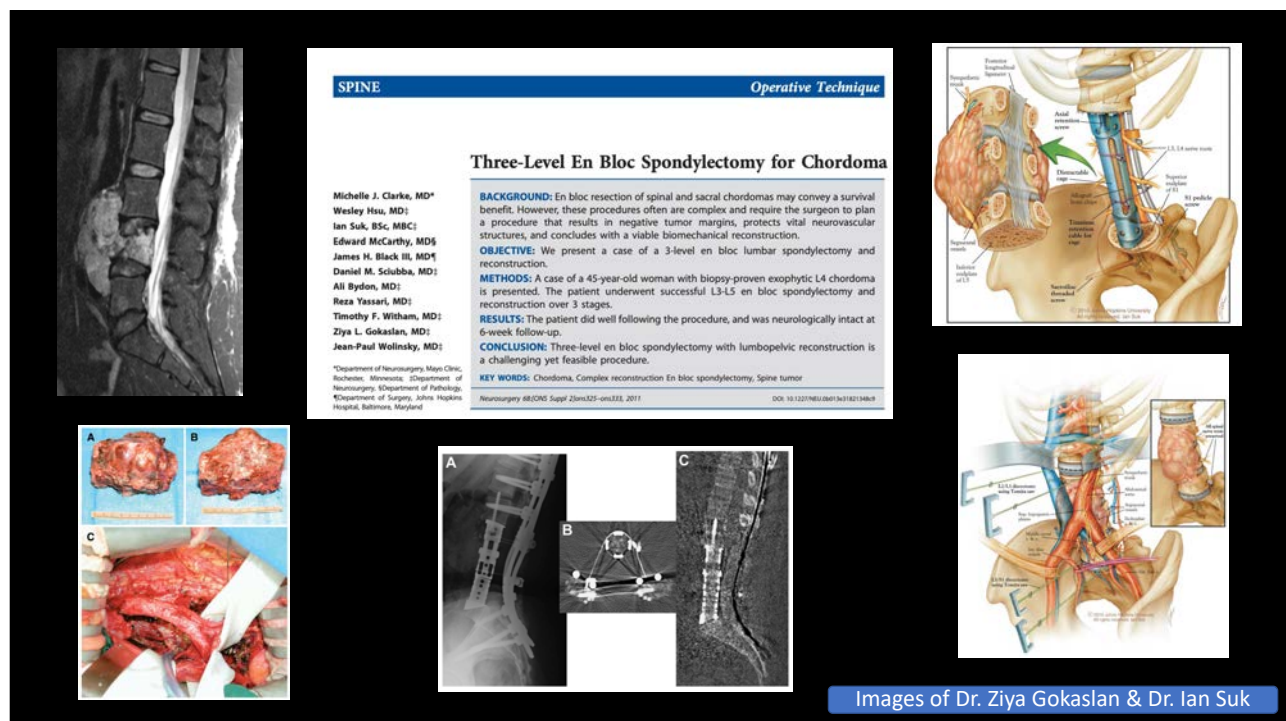
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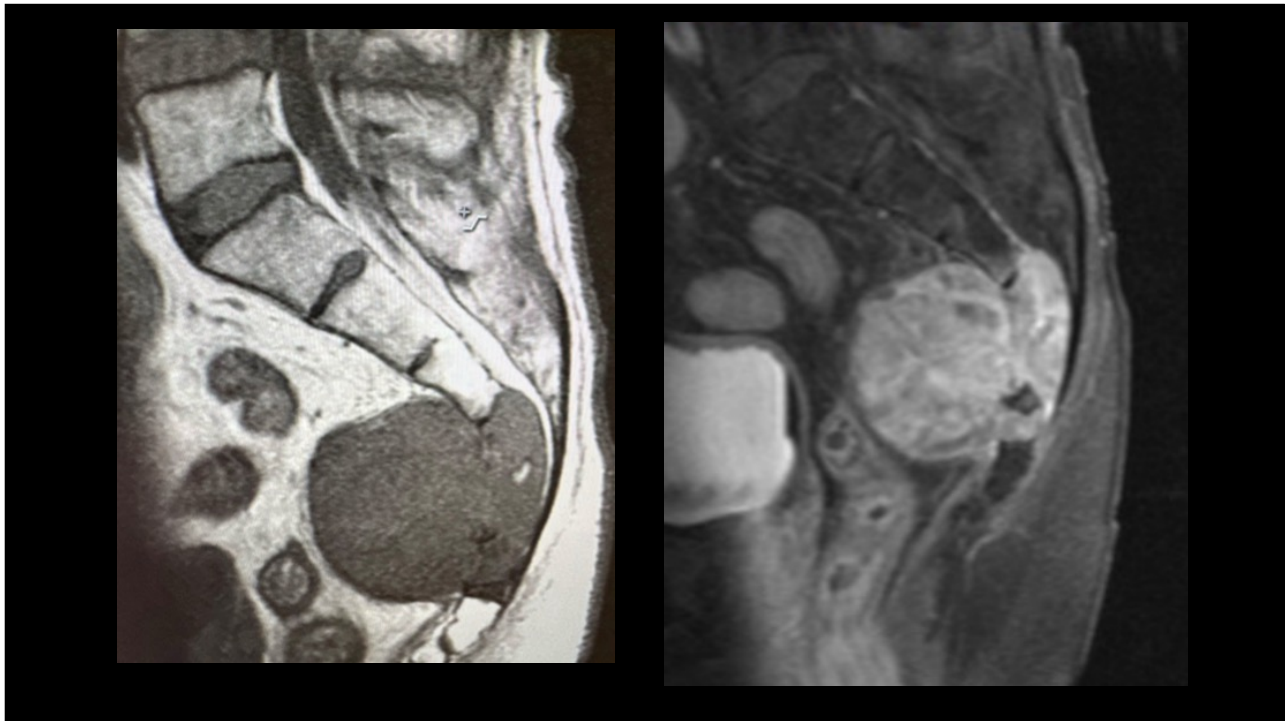
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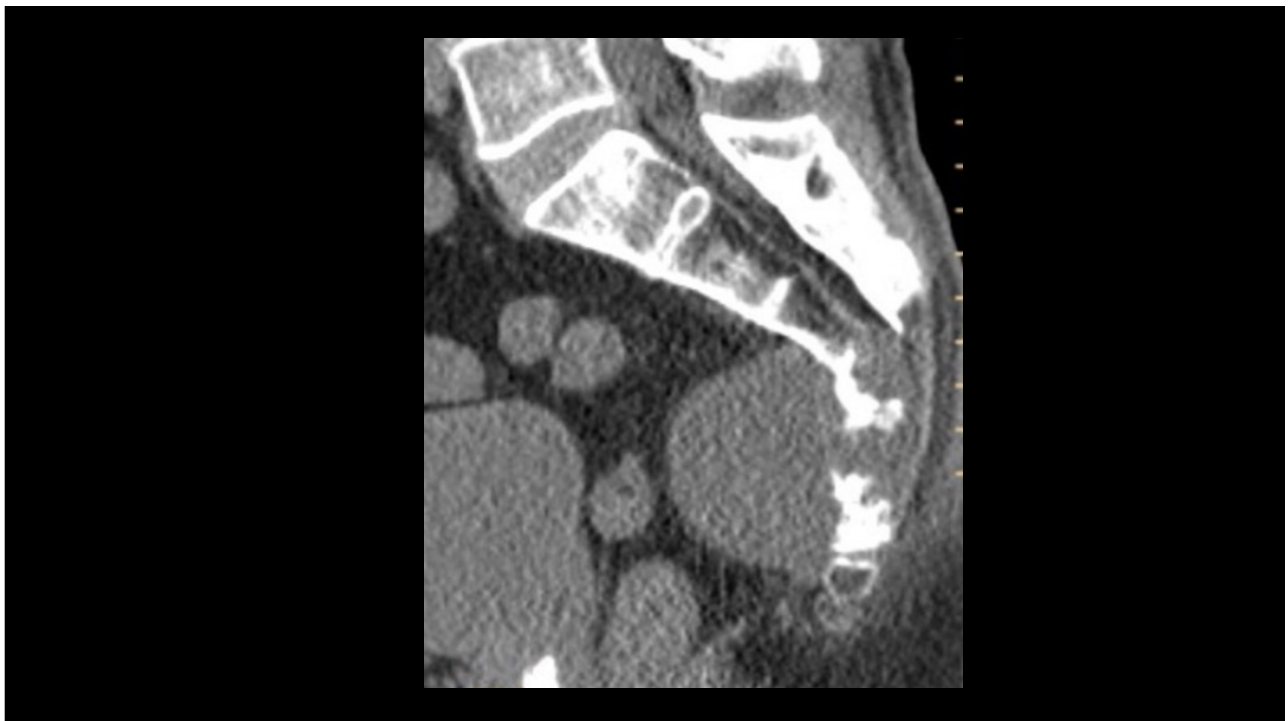
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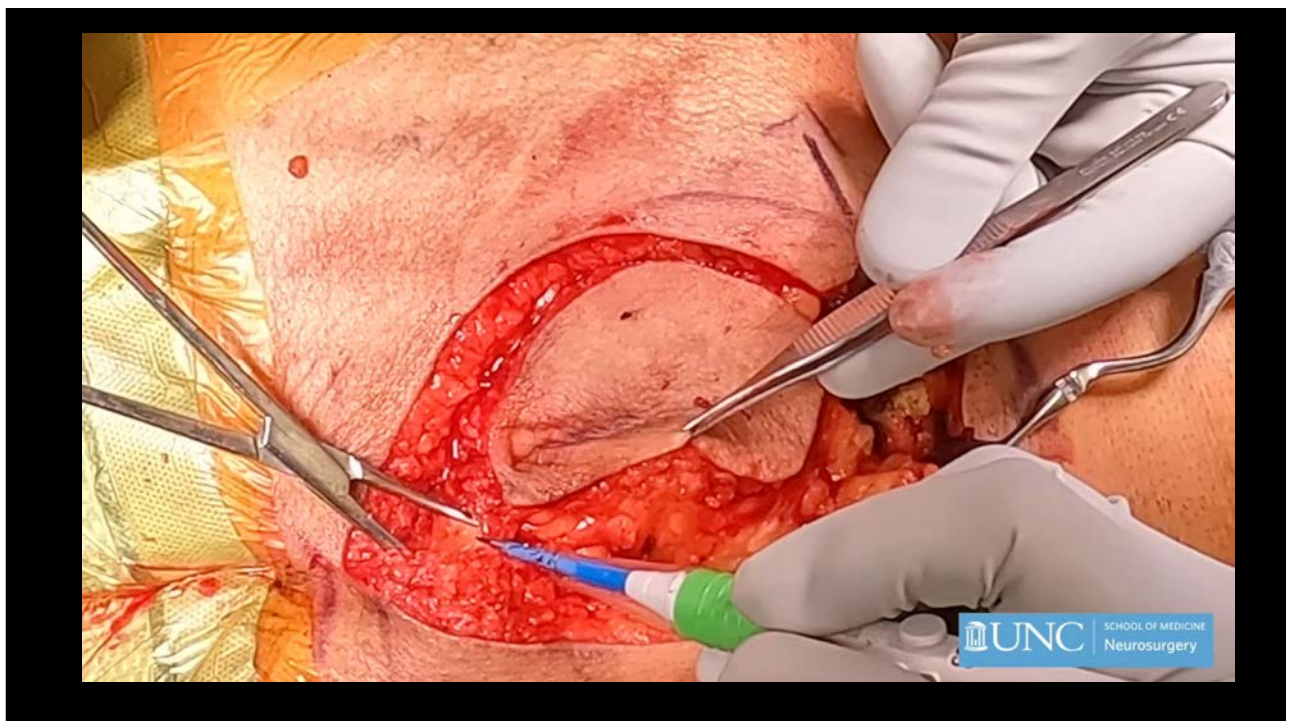
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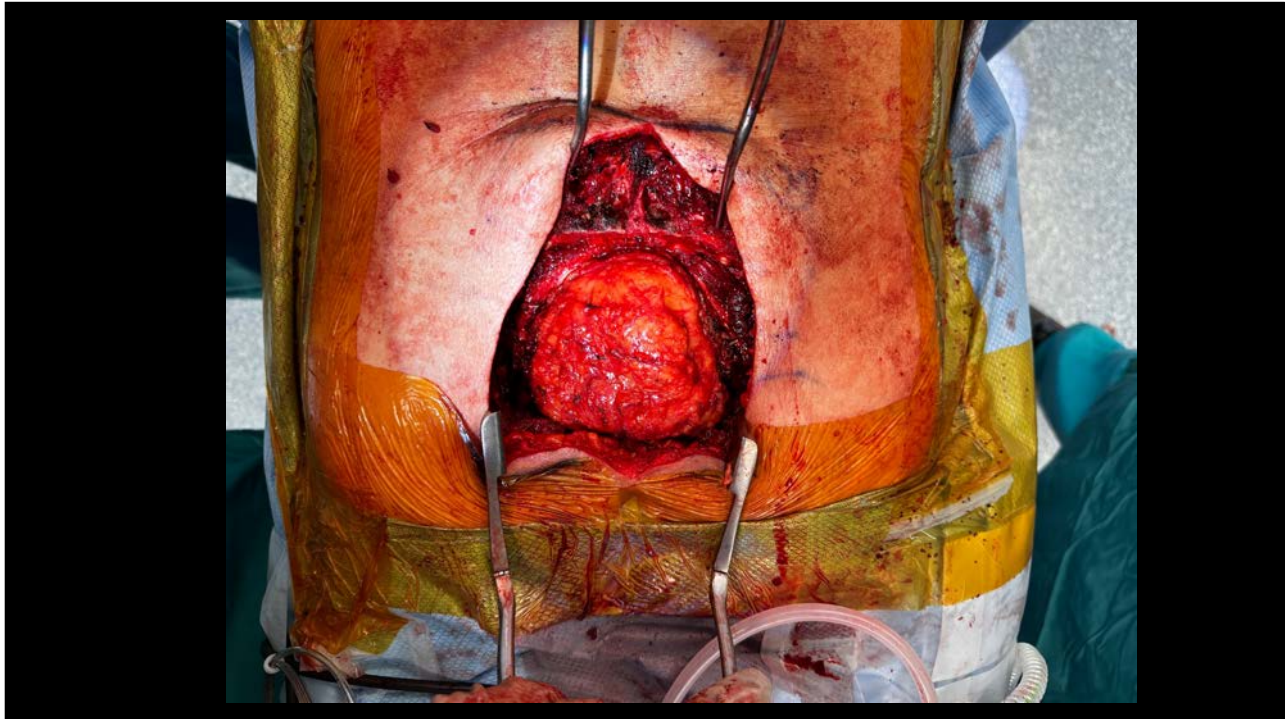
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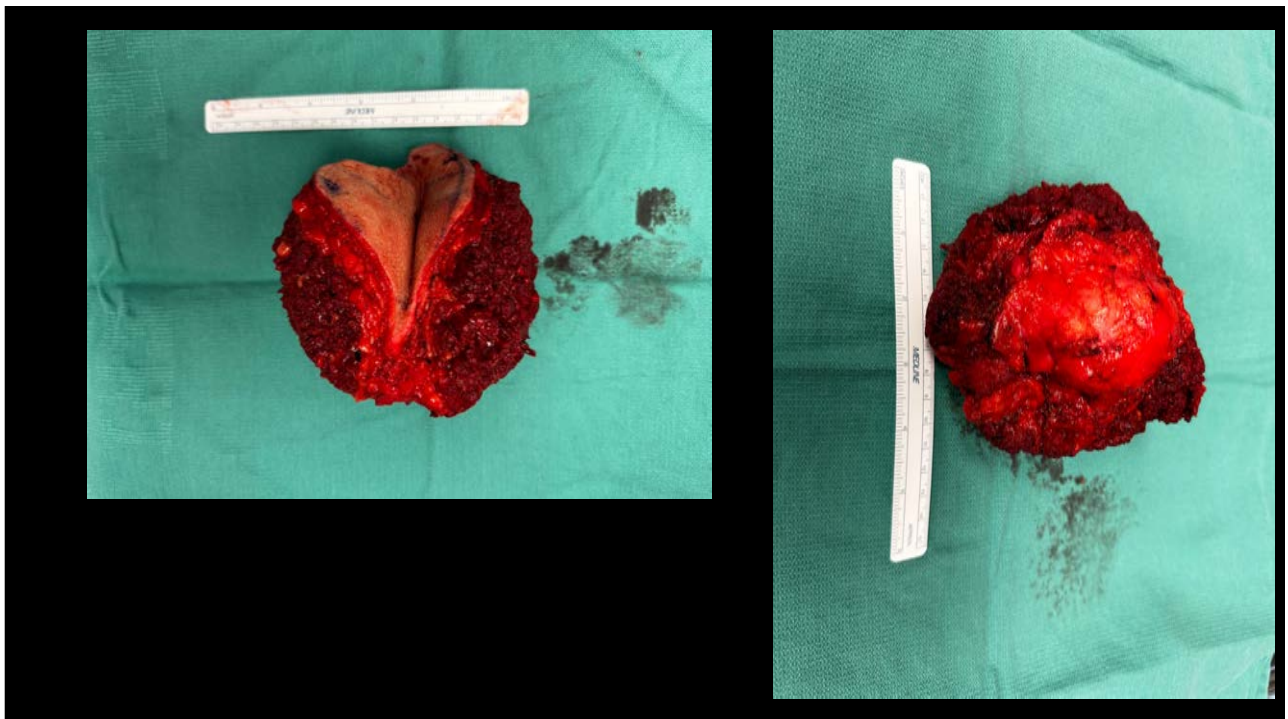
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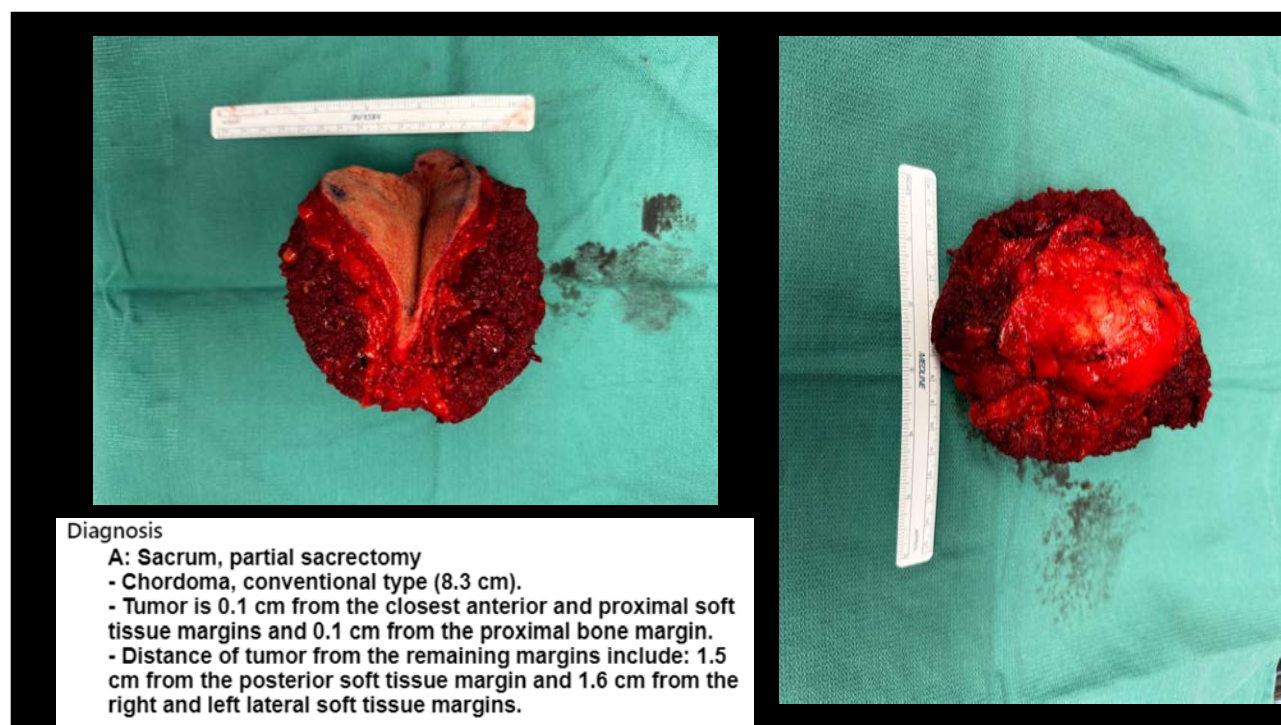
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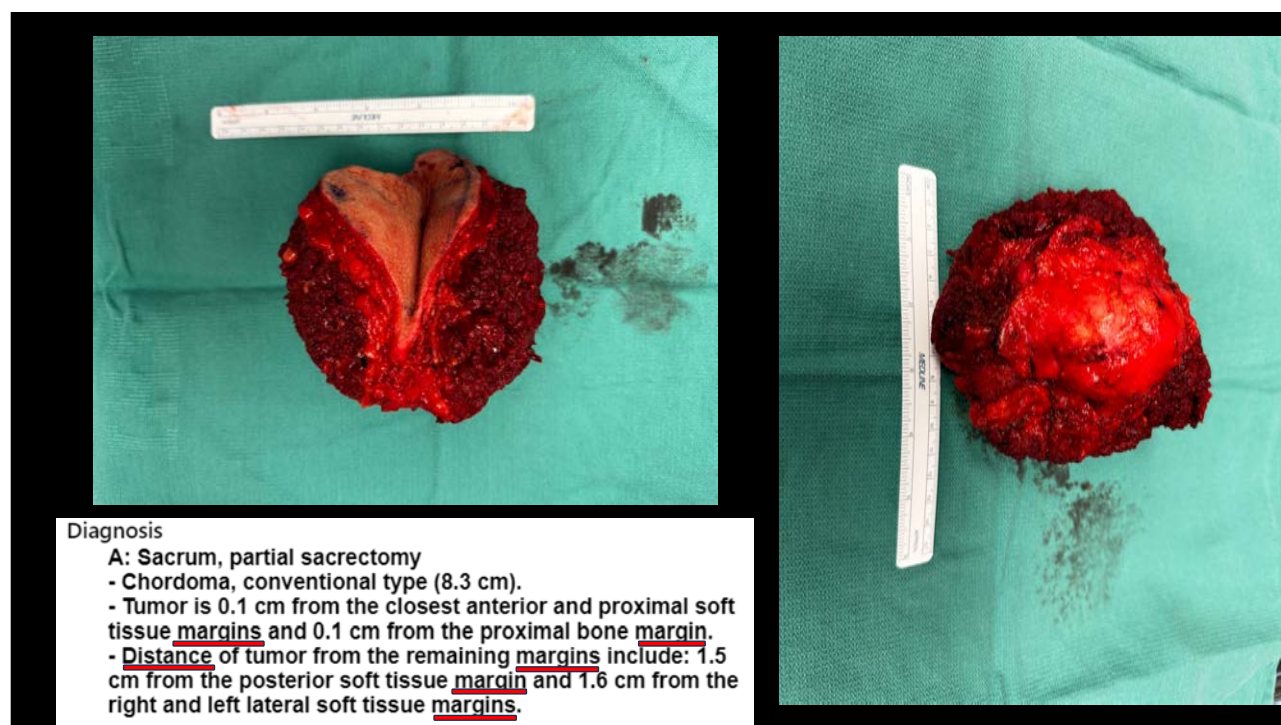
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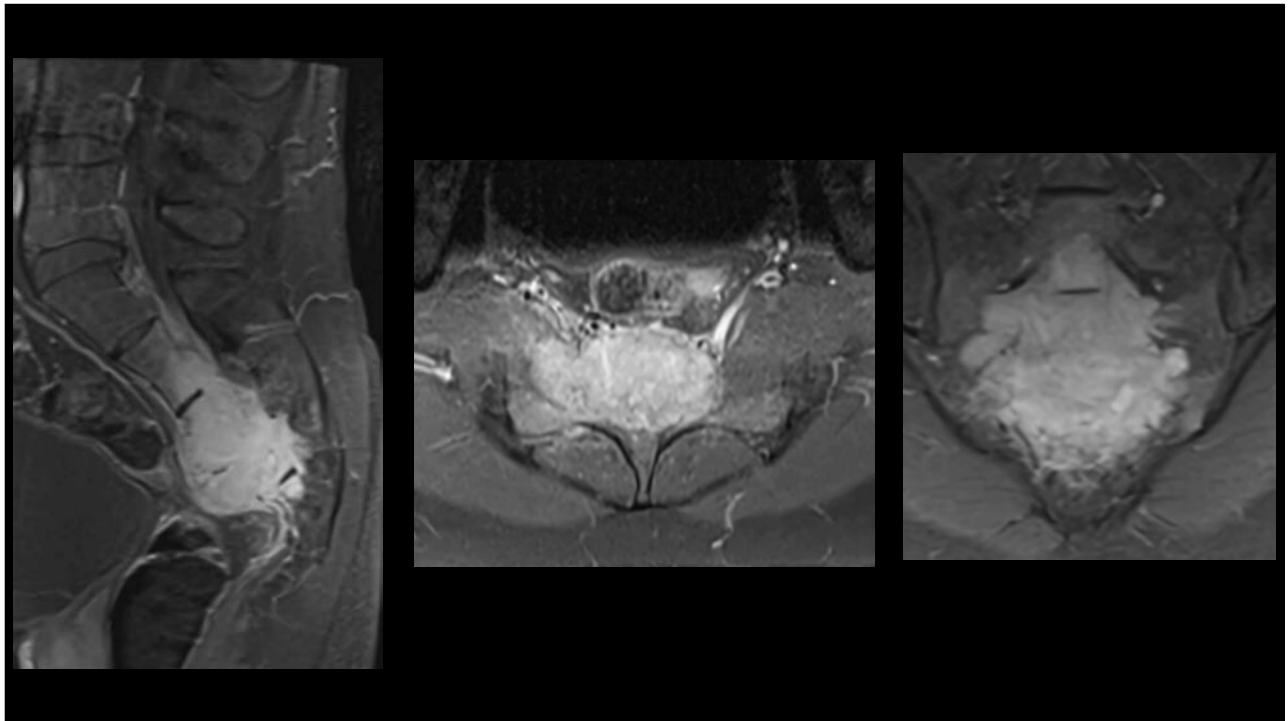
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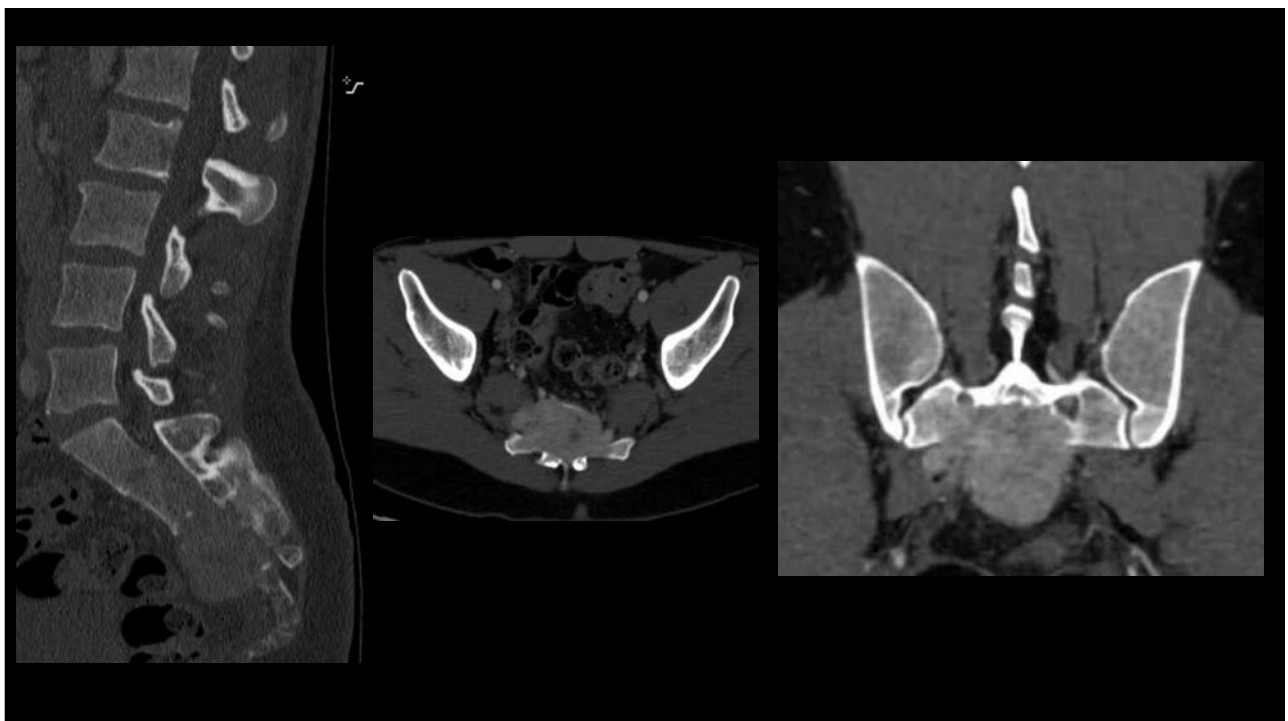
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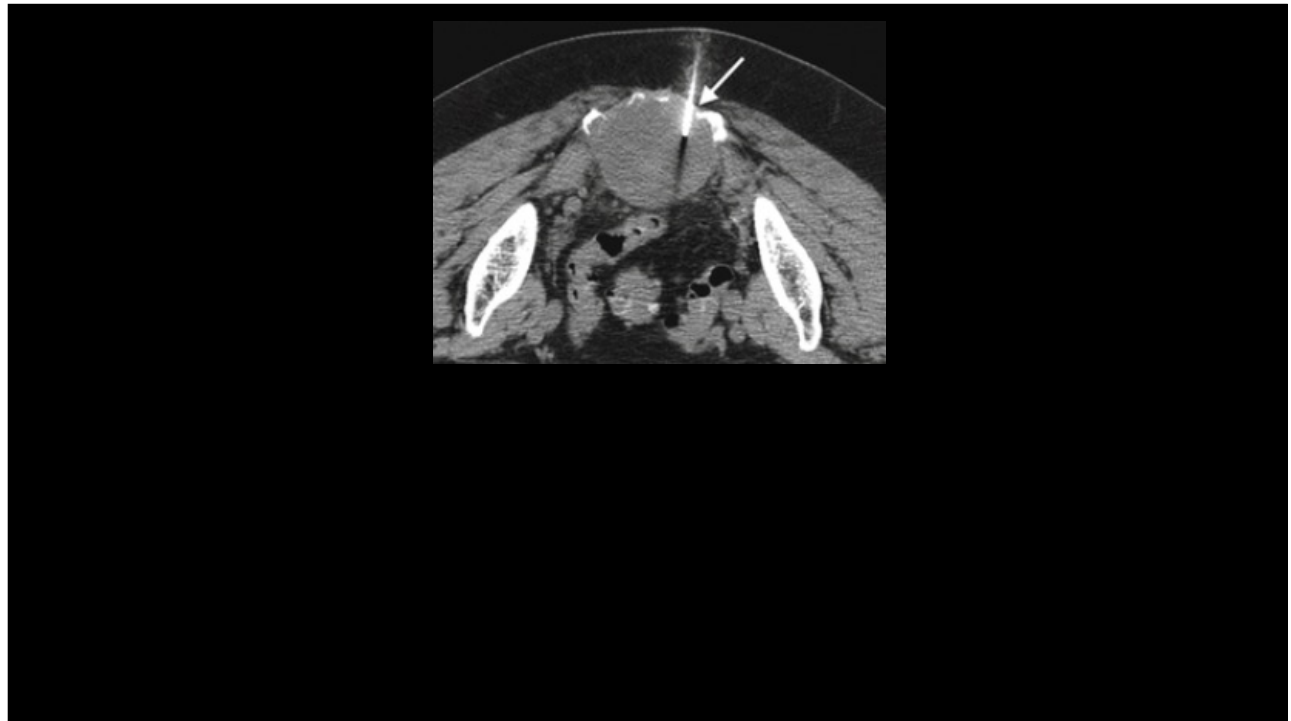
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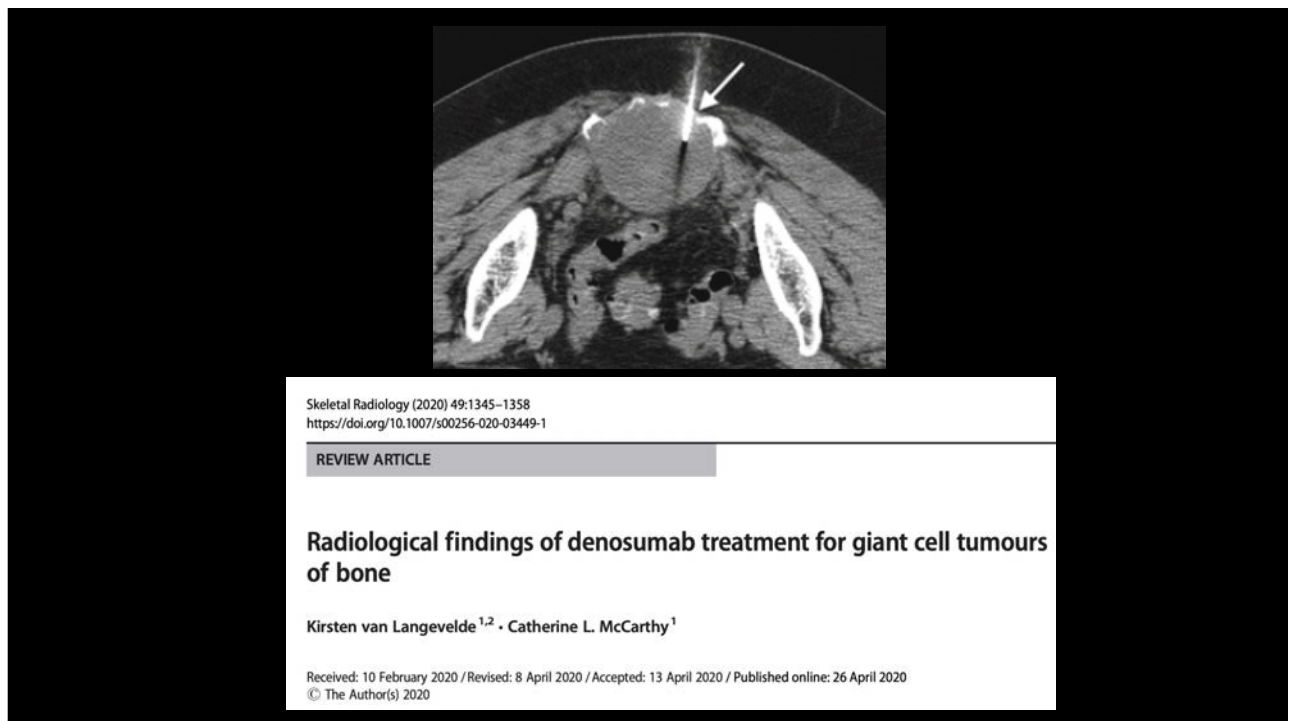
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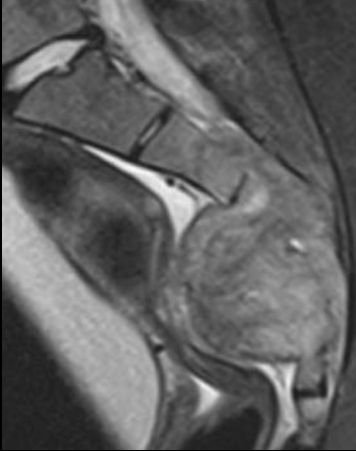


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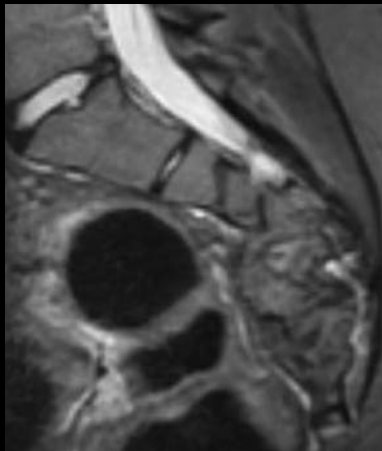
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DENOSUMAB TREATMENT



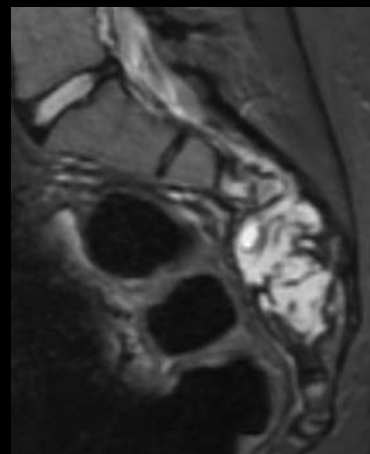
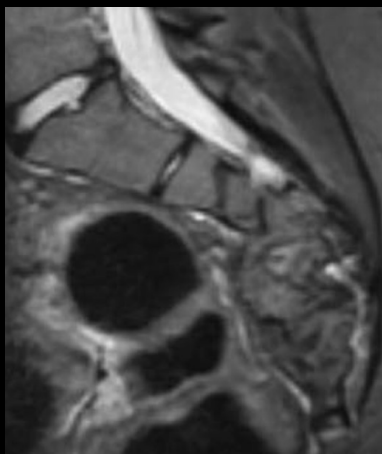
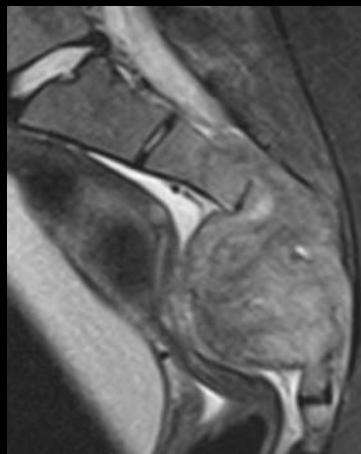
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DENOSUMAB TREATMENT



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DENOSUMAB TREATMENT

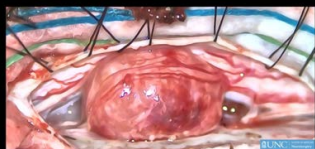


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INTRADURAL SPINAL TUMORS

INTRADURAL EXTRAMEDULLARY

- Meningioma
- Schwannoma
- Neurofibroma
- Dermoid / Epidermoid



INTRADURAL INTRAMEDULLARY

- Ependymoma
- Pilocytic Astrocytoma
- Hemangioblastoma
- Cavernoma



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INTRADURAL EXTRAMEDULLARY

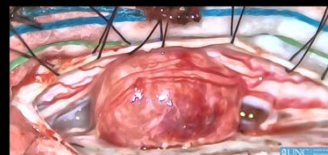
- Meningioma
- Schwannoma
- Neurofibroma
- Dermoid / Epidermoid



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INTRADURAL EXTRAMEDULLARY

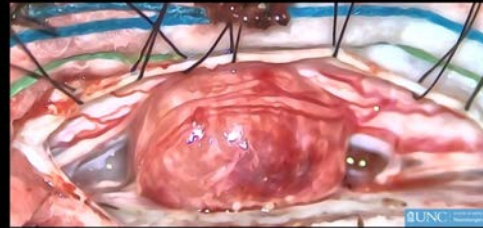
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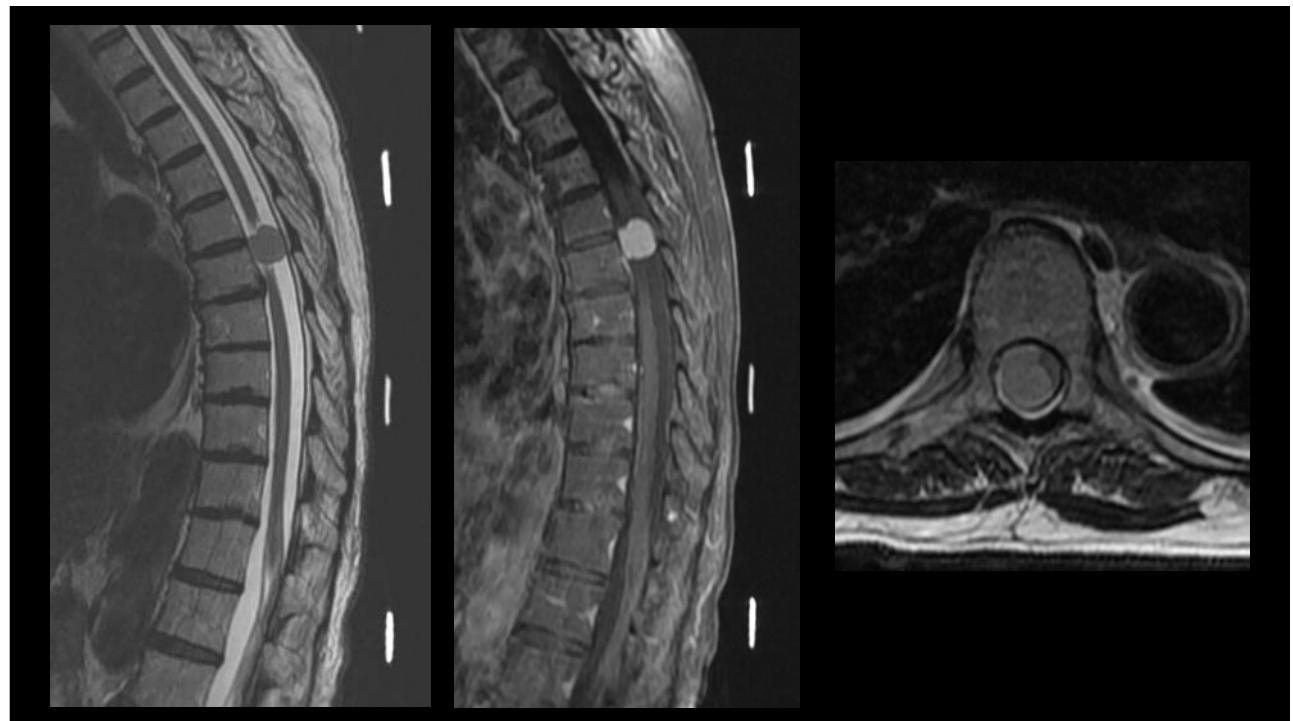
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INTRADURAL EXTRAMEDULLARY

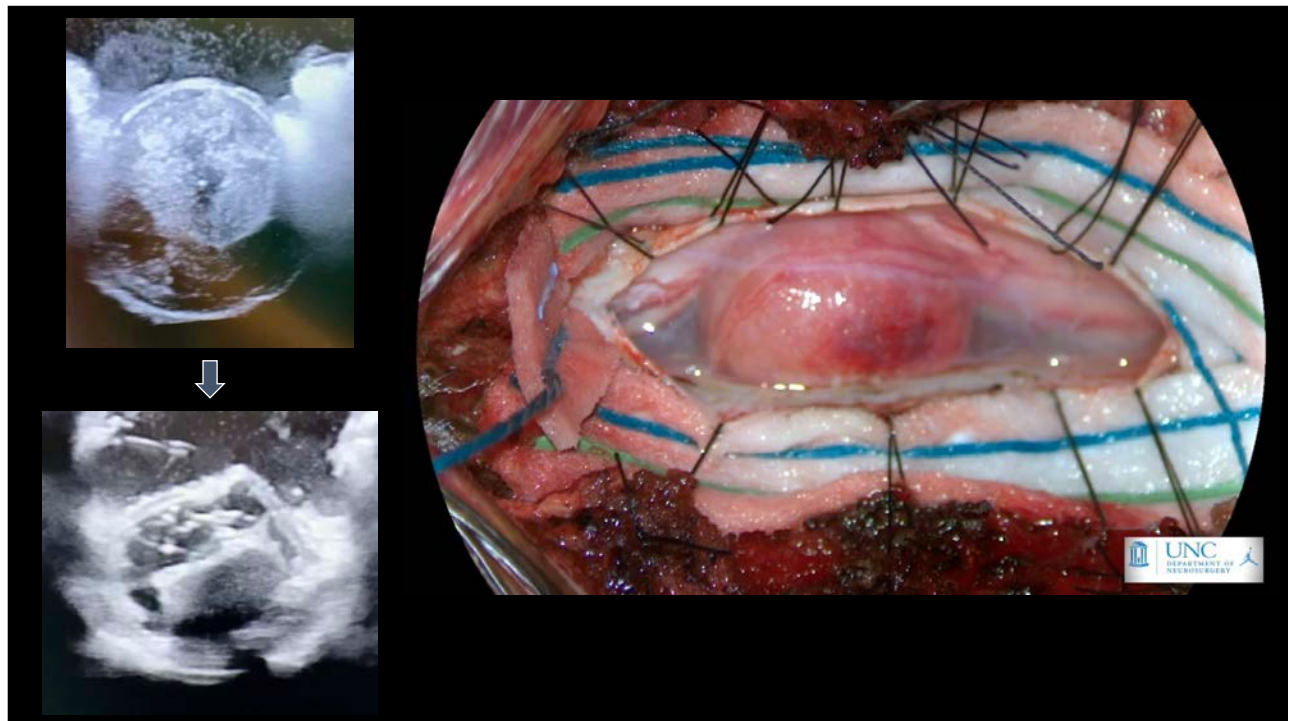
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- Meningioma
 - Schwannoma
 - Neurofibroma
 - Dermoid / Epidermoid



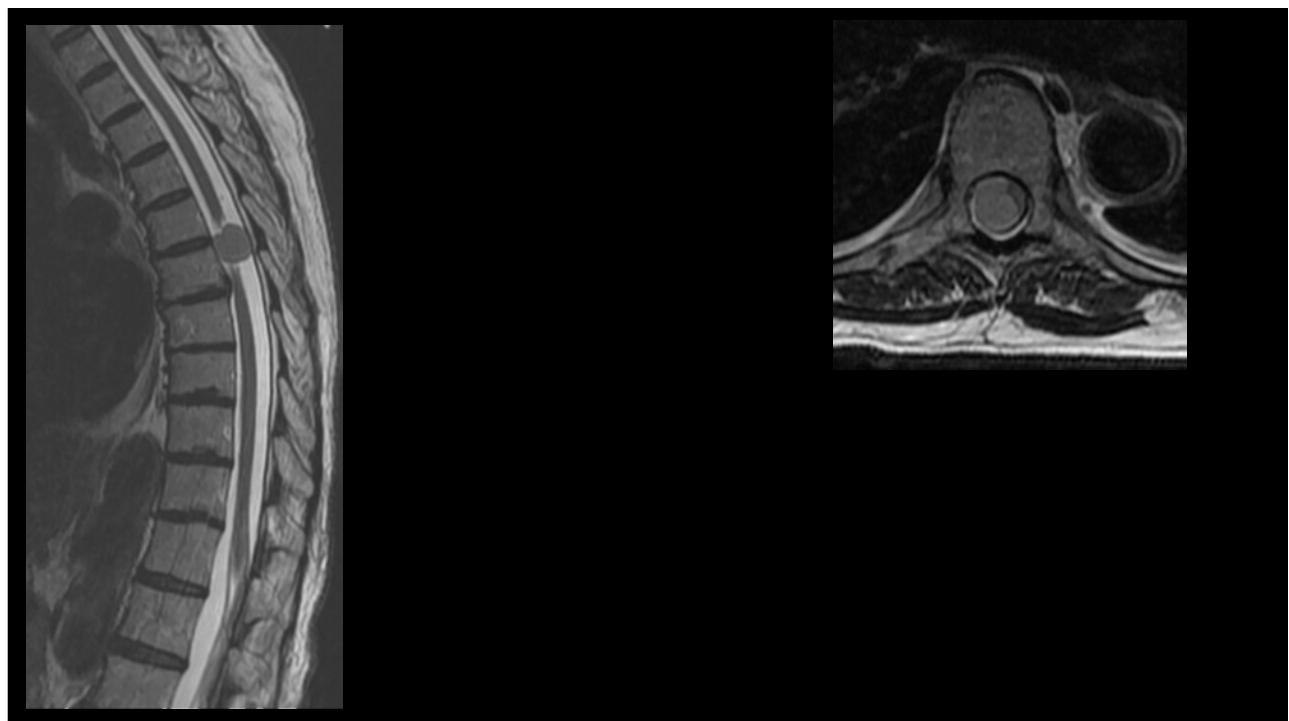
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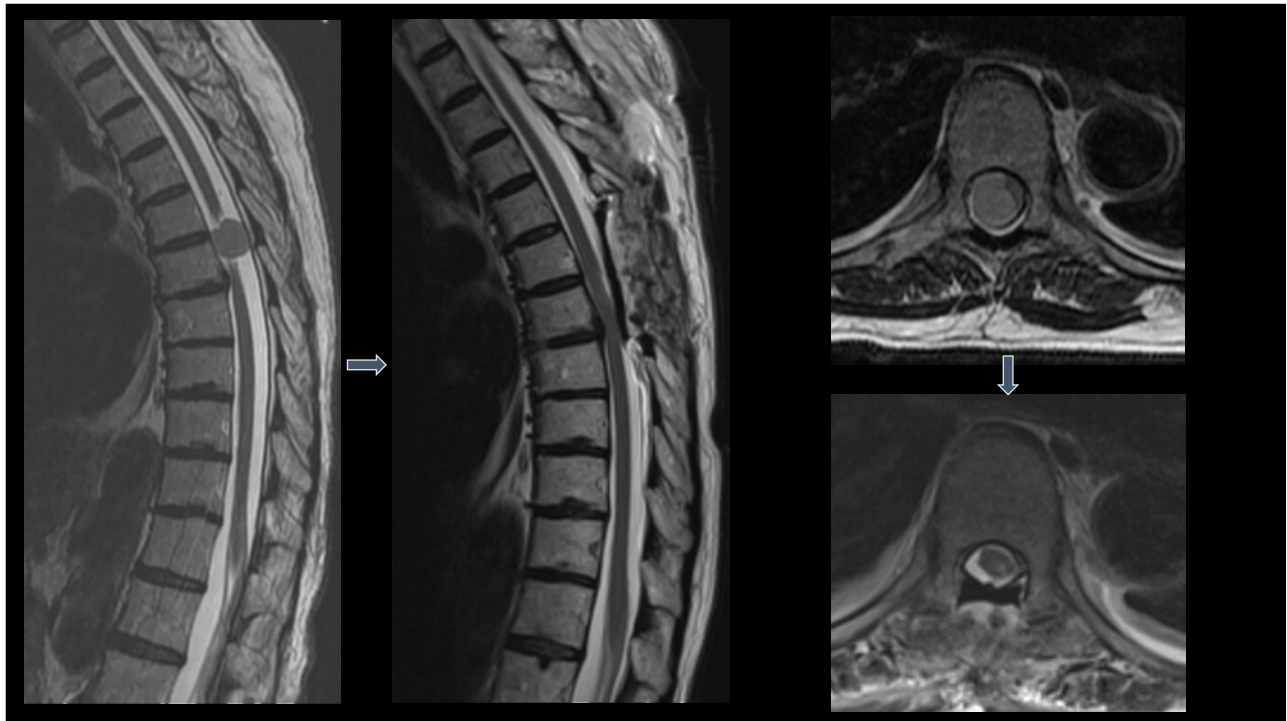
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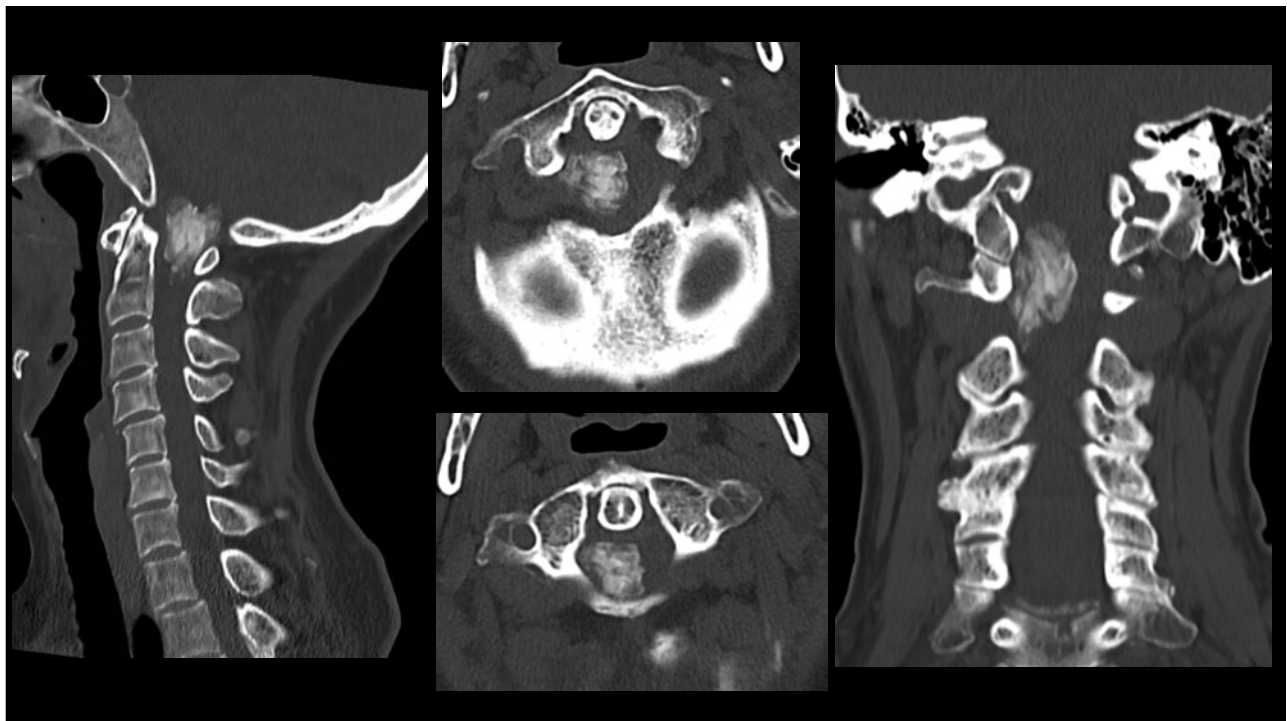
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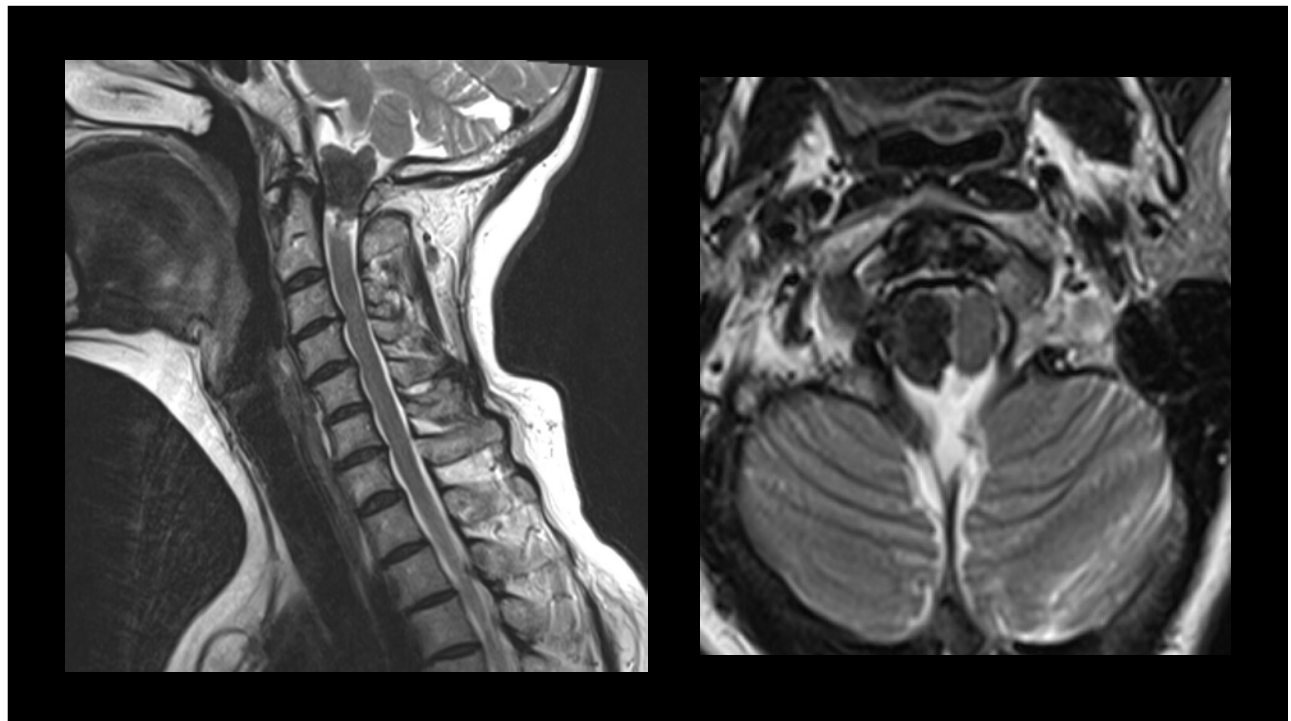
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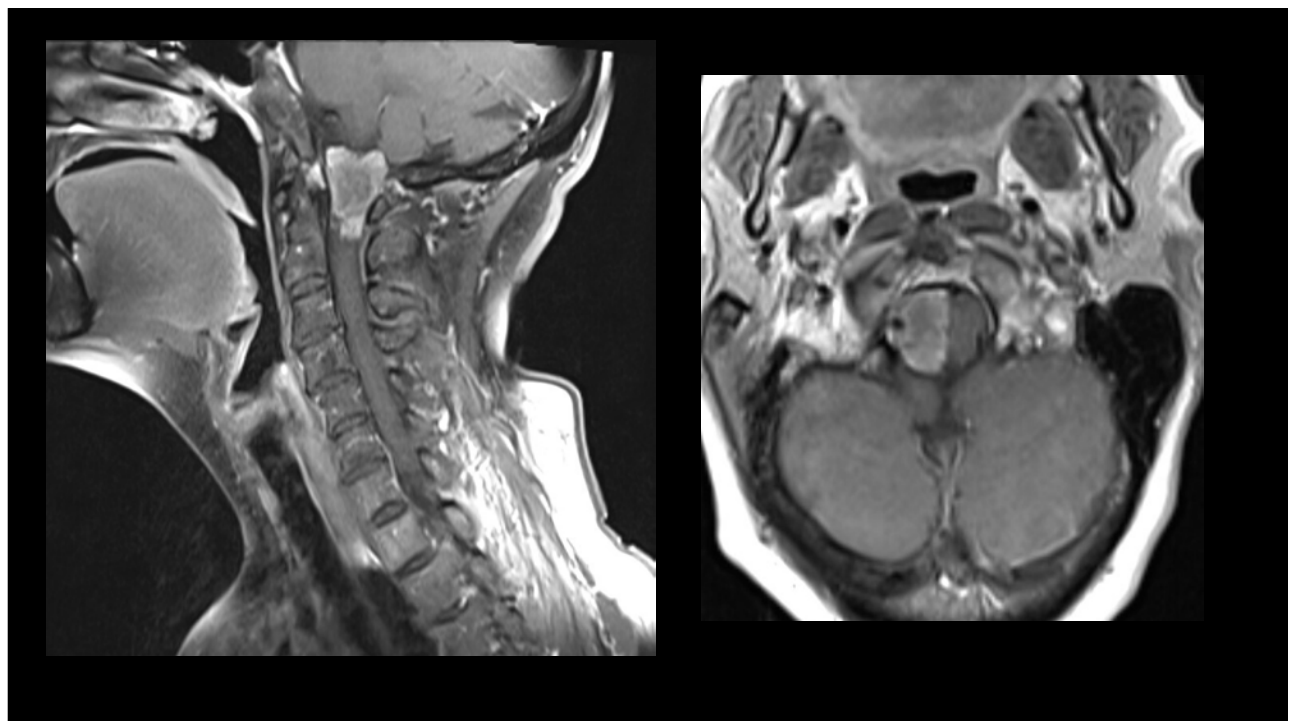
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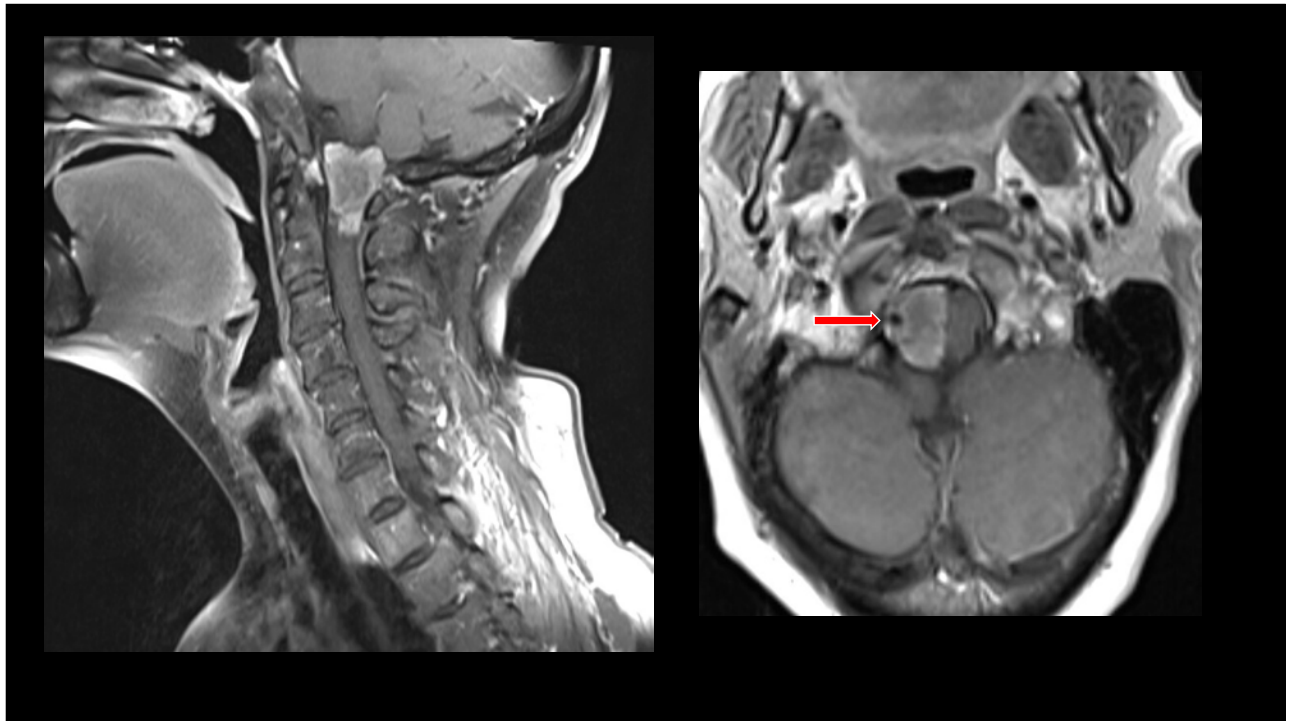
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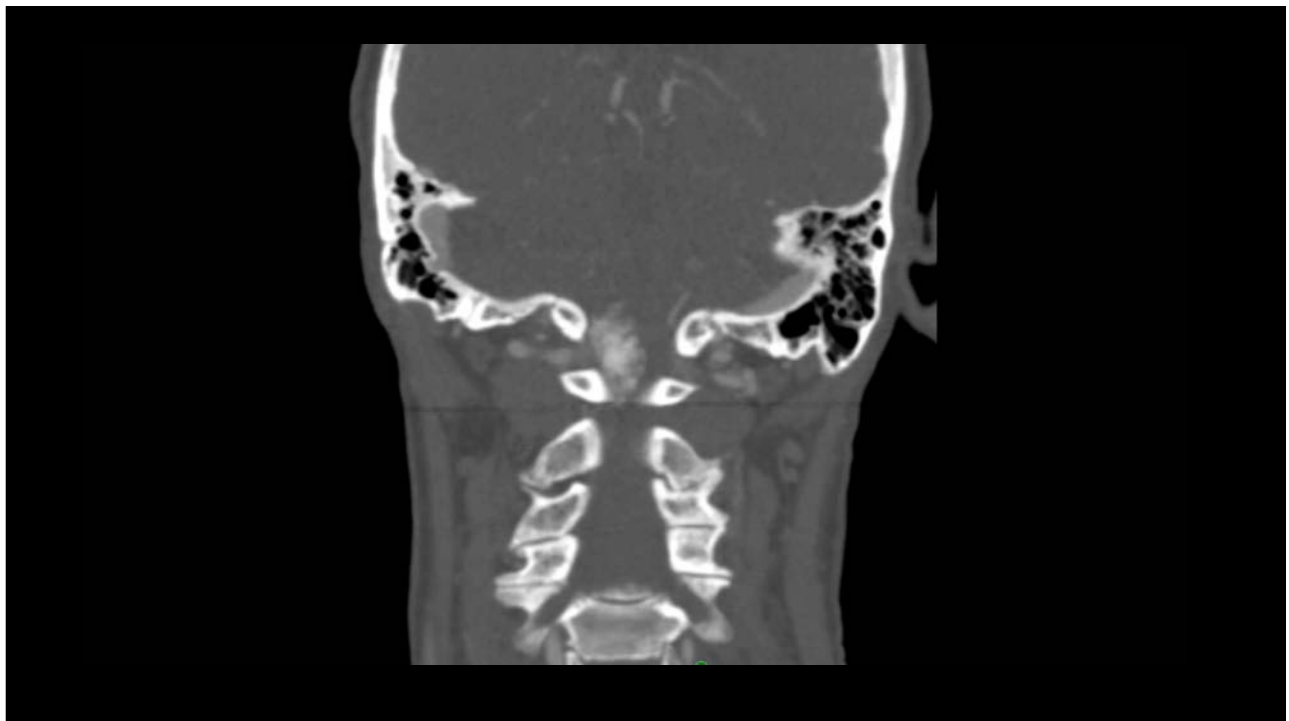
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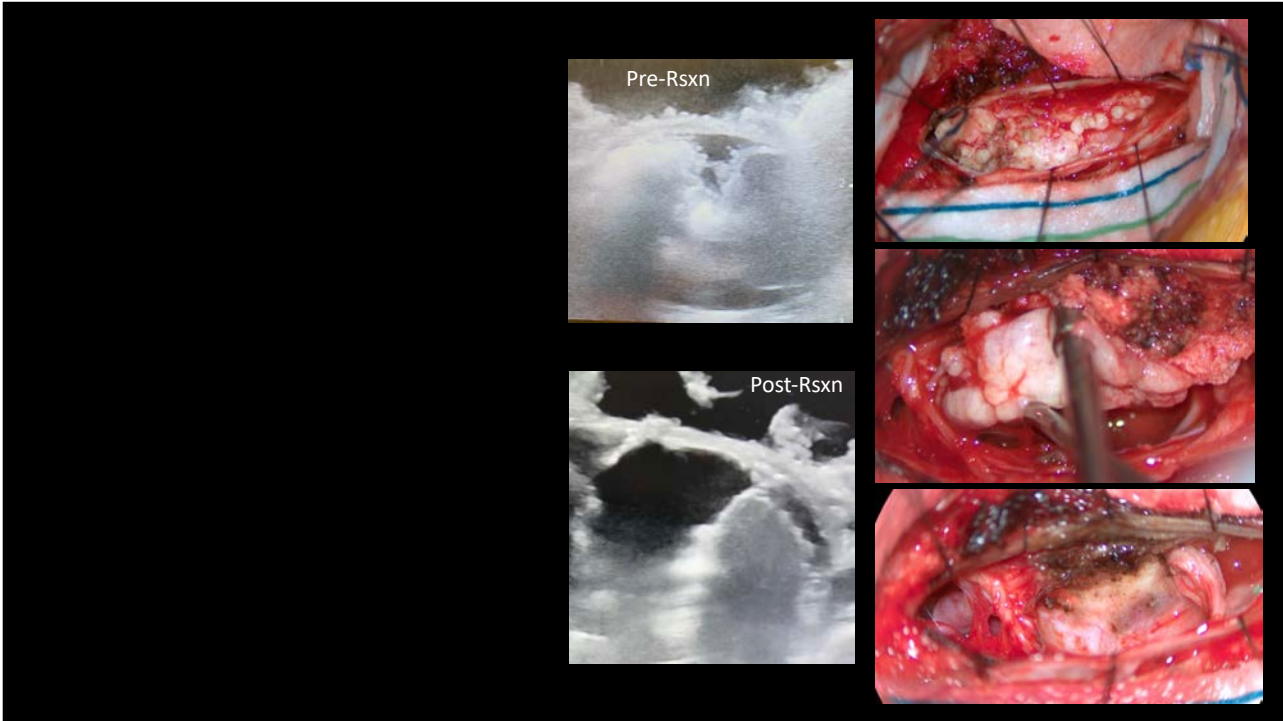
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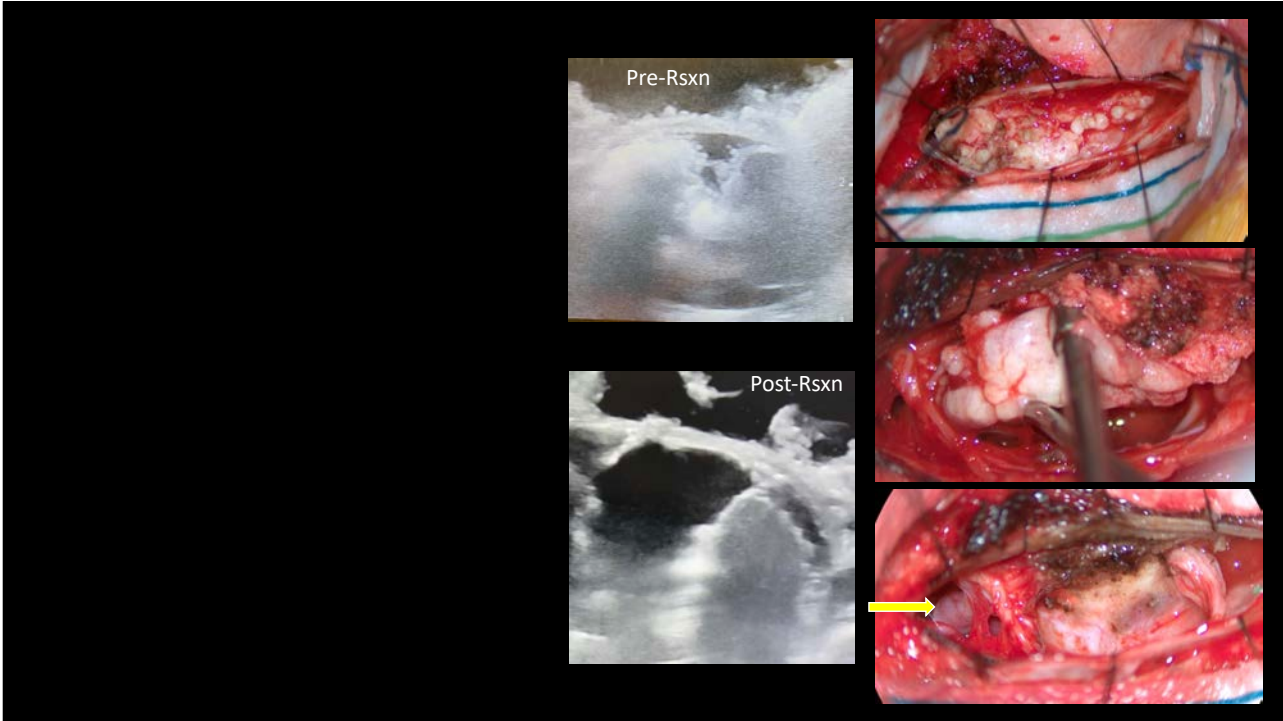
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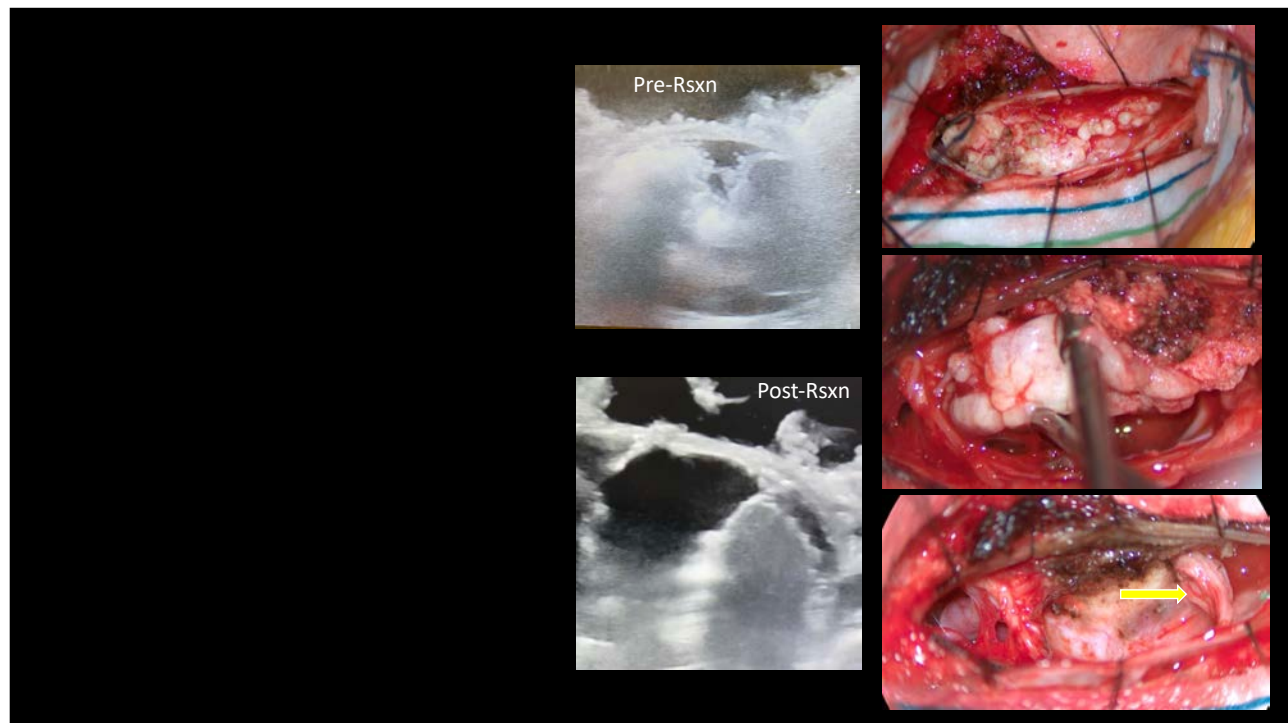
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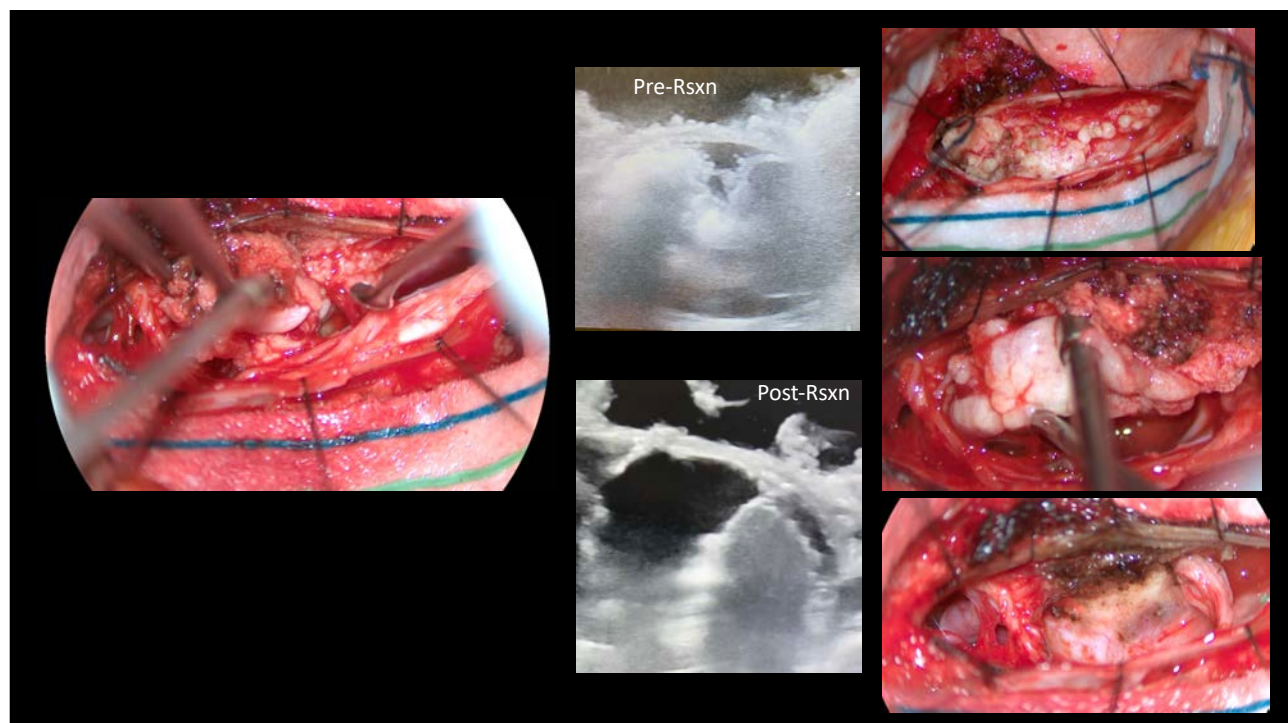
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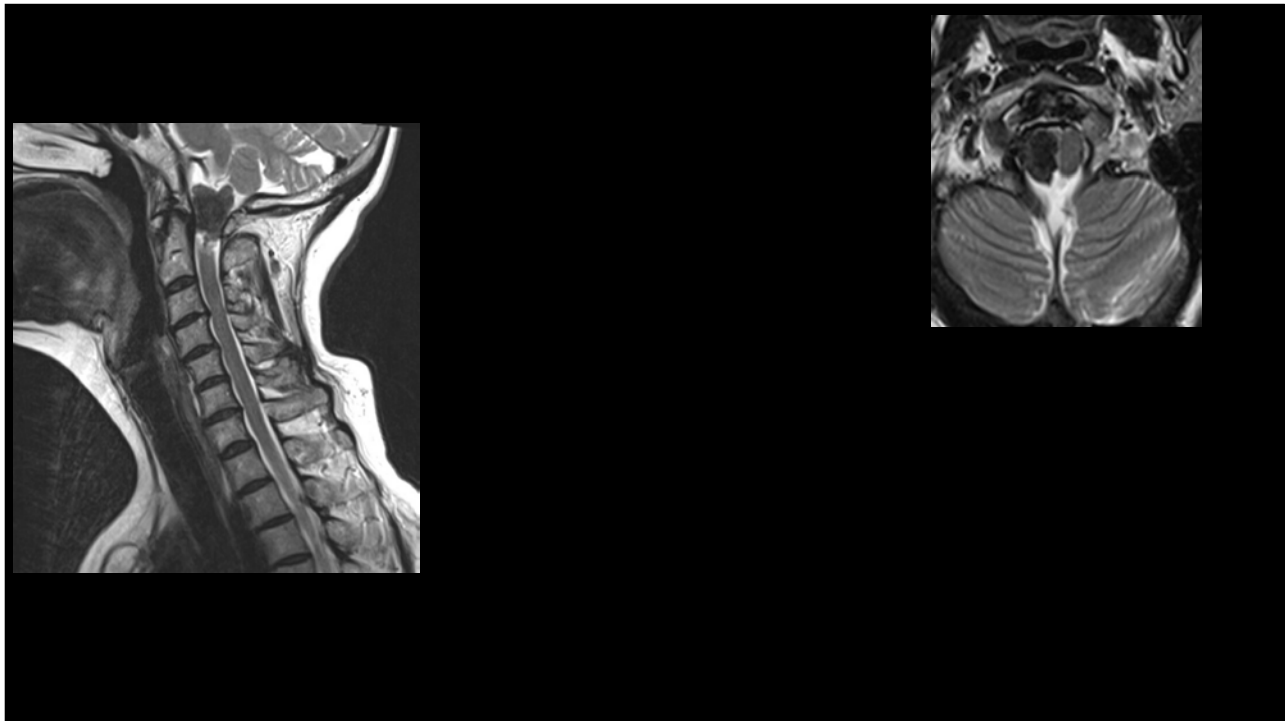
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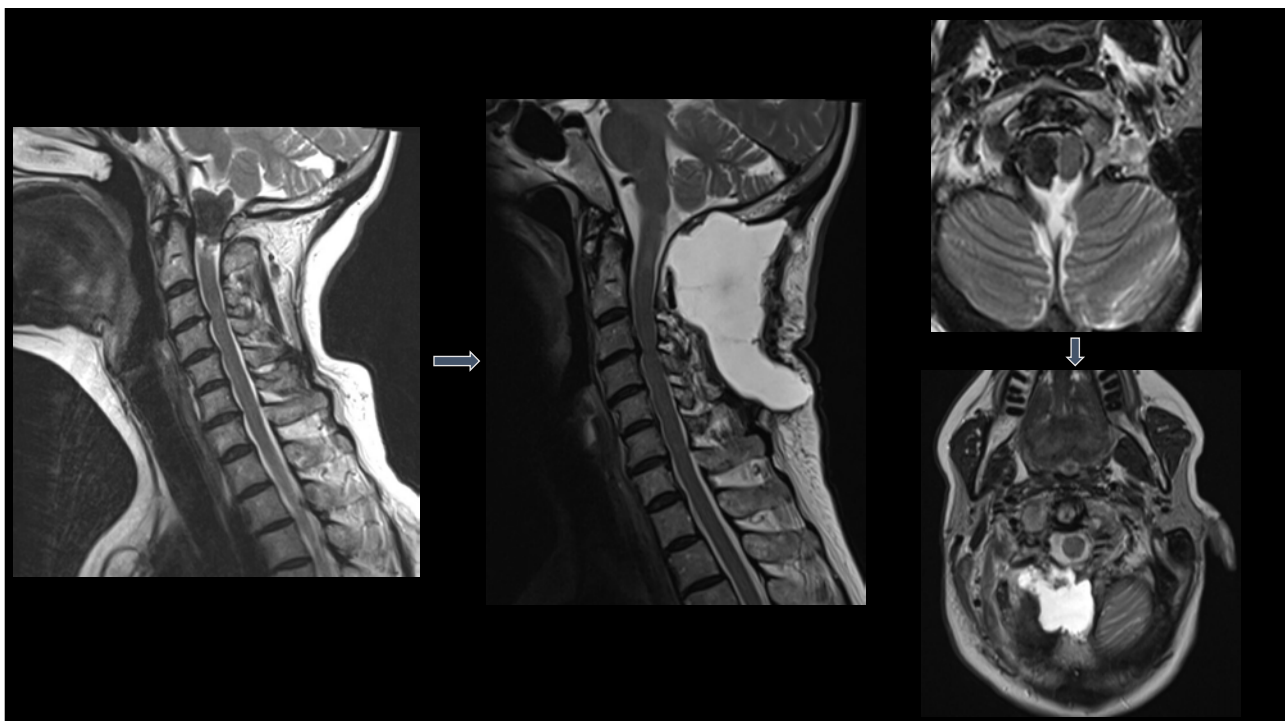
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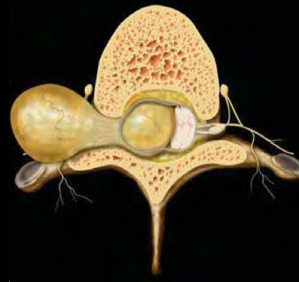
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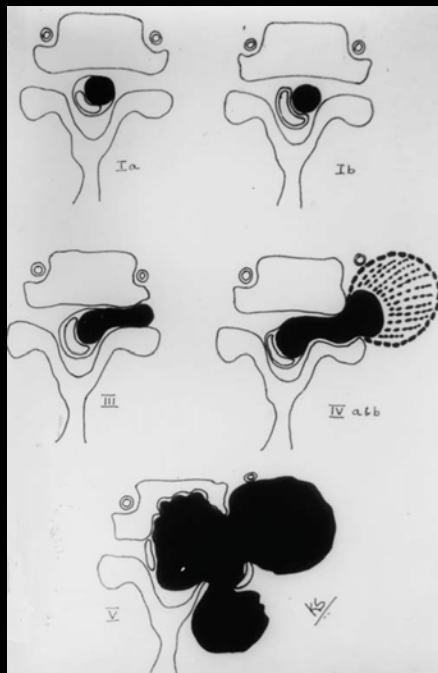
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INTRADURAL EXTRAMEDULLARY

- Meningioma
- Schwannoma
- Neurofibroma
- Dermoid / Epidermoid



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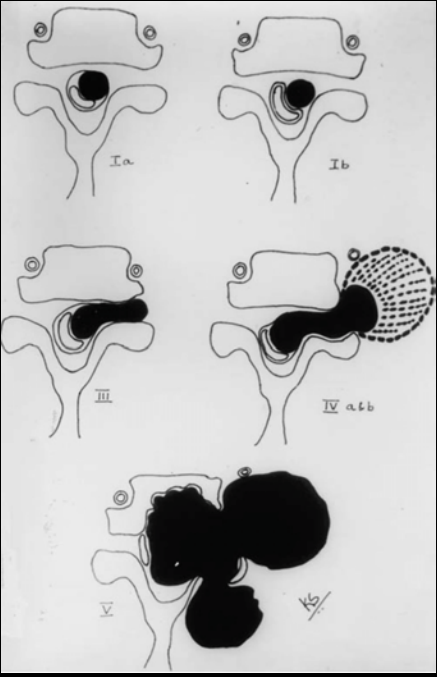


TABLE 1
Classification of benign nerve sheath tumors

Classification	
Type I	intraspinous tumor, < 2 vertebral segments in length; a: intradural; b: extradural.
Type II	intraspinous tumor > 2 vertebral segments in length (giant tumor)
Type III	intraspinous tumor w/ extension into nerve root foramen
Type IV	intraspinous tumor w/ extraspinal extension (dumbbell tumors); a: extraspinal component < 2.5 cm; b: extraspinal component > 2.5 cm (giant tumor)
Type V	tumor w/ erosion into the VBs (giant invasive tumor), lat & posterior extensions into myofascial planes

Togral, Guray, et al. "Incidentally diagnosed giant invasive sacral schwannoma: Its clinical features and surgical management without stability." *Neurosciences Journal* July 2014, 19 (3) 224-228.
<https://nsj.org.sa/content/19/3/224/tab-figures-data>

357

SCHWANNOMAS

- PURE EXTRADURAL
- PURE INTRADURAL
- HYBRID (IE. DUMBBELL)

358

SCHWANNOMAS

- **PURE EXTRADURAL**
- PURE INTRADURAL
- HYBRID (IE. DUMBBELL)

359

SCHWANNOMAS

- PURE EXTRADURAL
- **PURE INTRADURAL**
- HYBRID (IE. DUMBBELL)

360

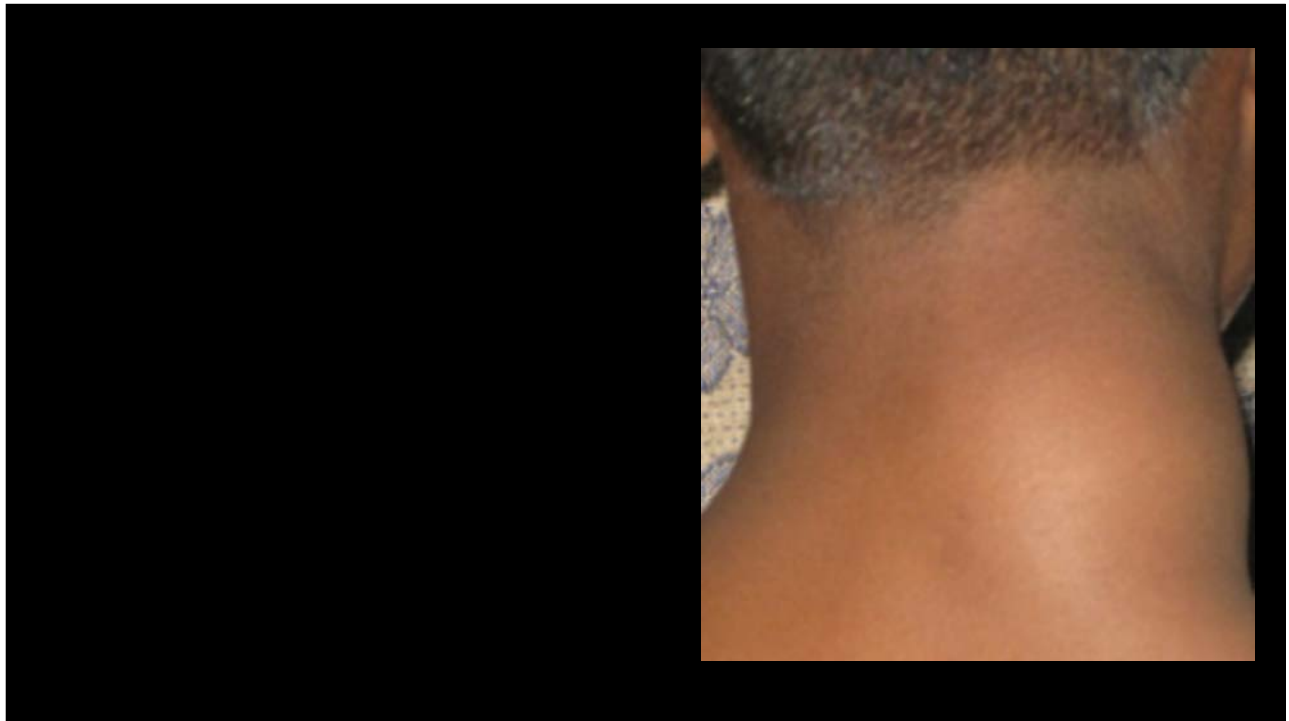
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- PURE EXTRADURAL
- PURE INTRADURAL
- HYBRID (IE. DUMBBELL)

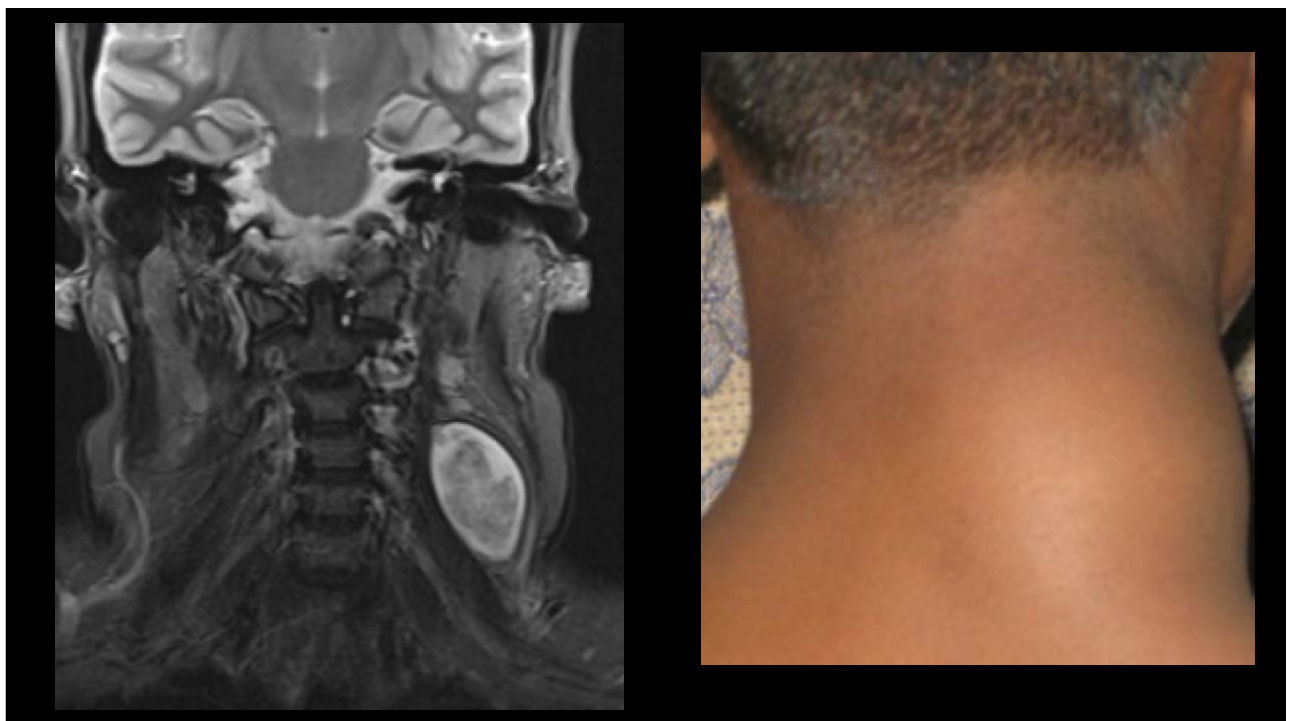
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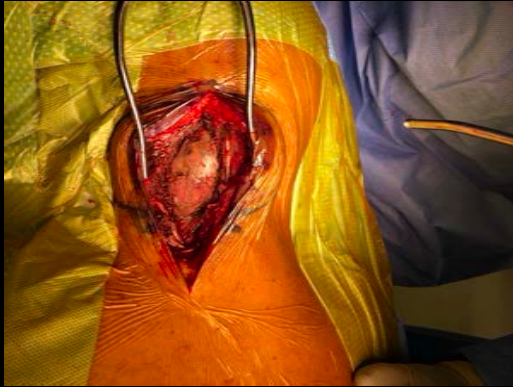
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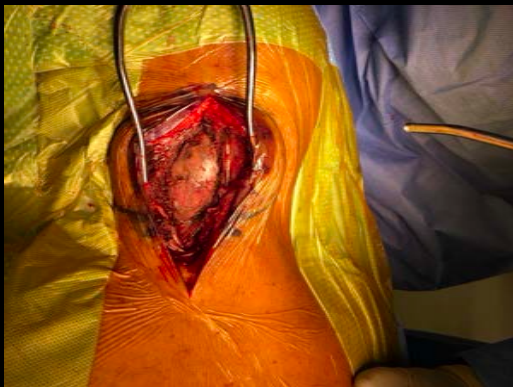
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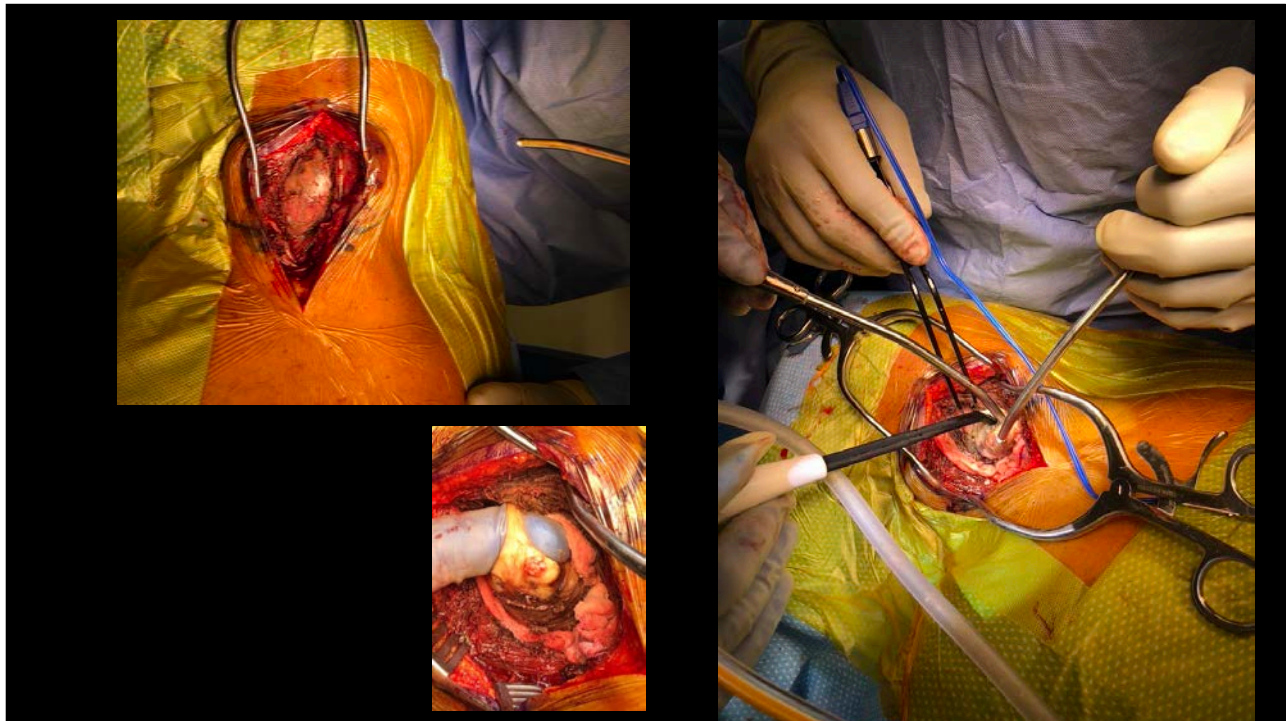
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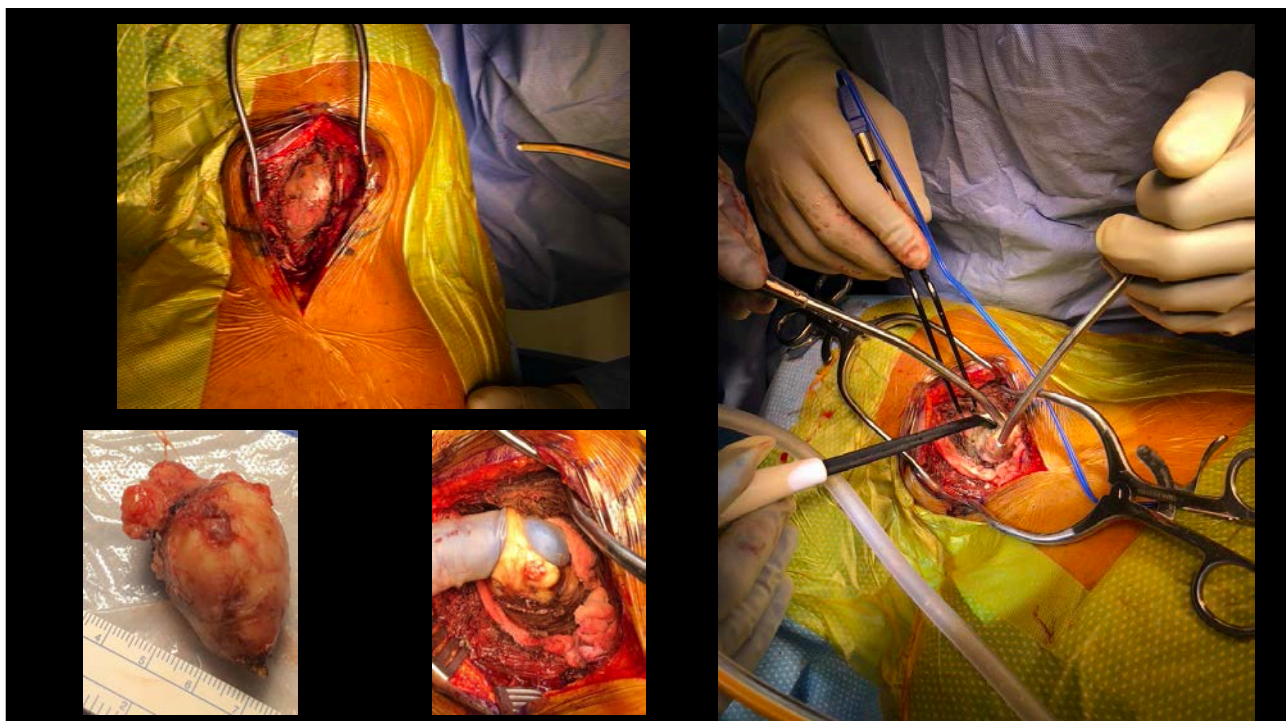
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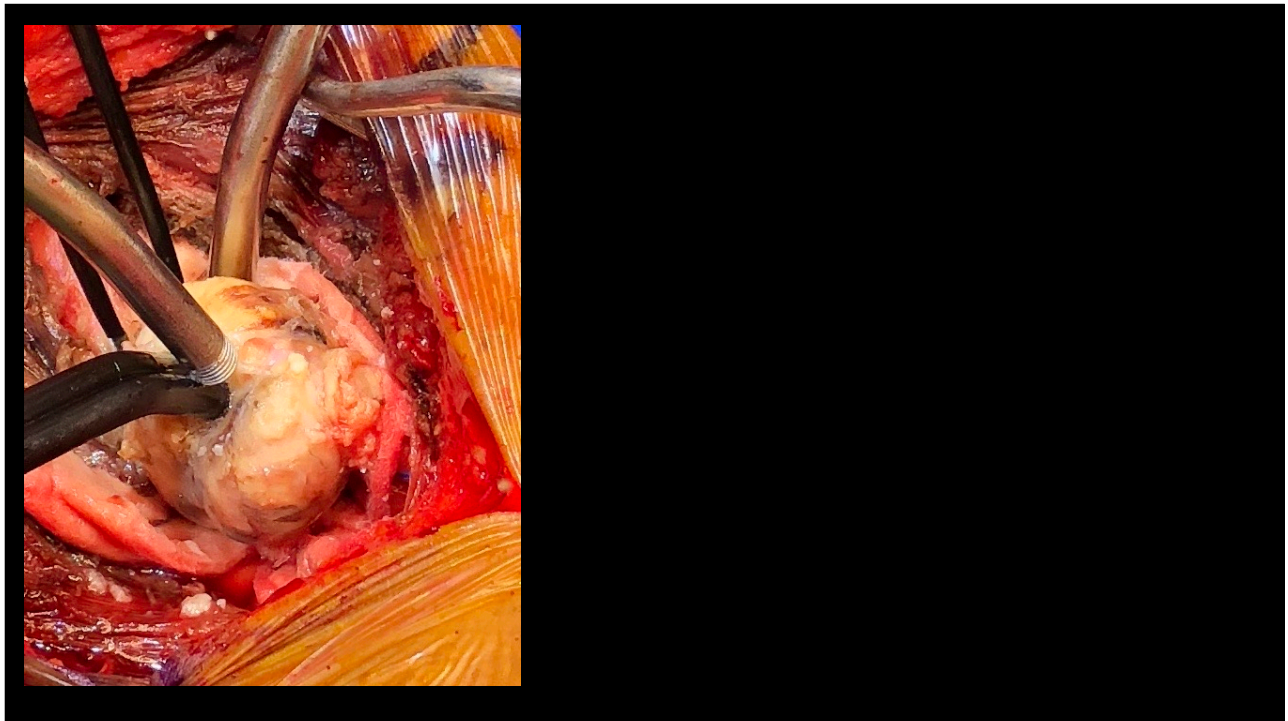
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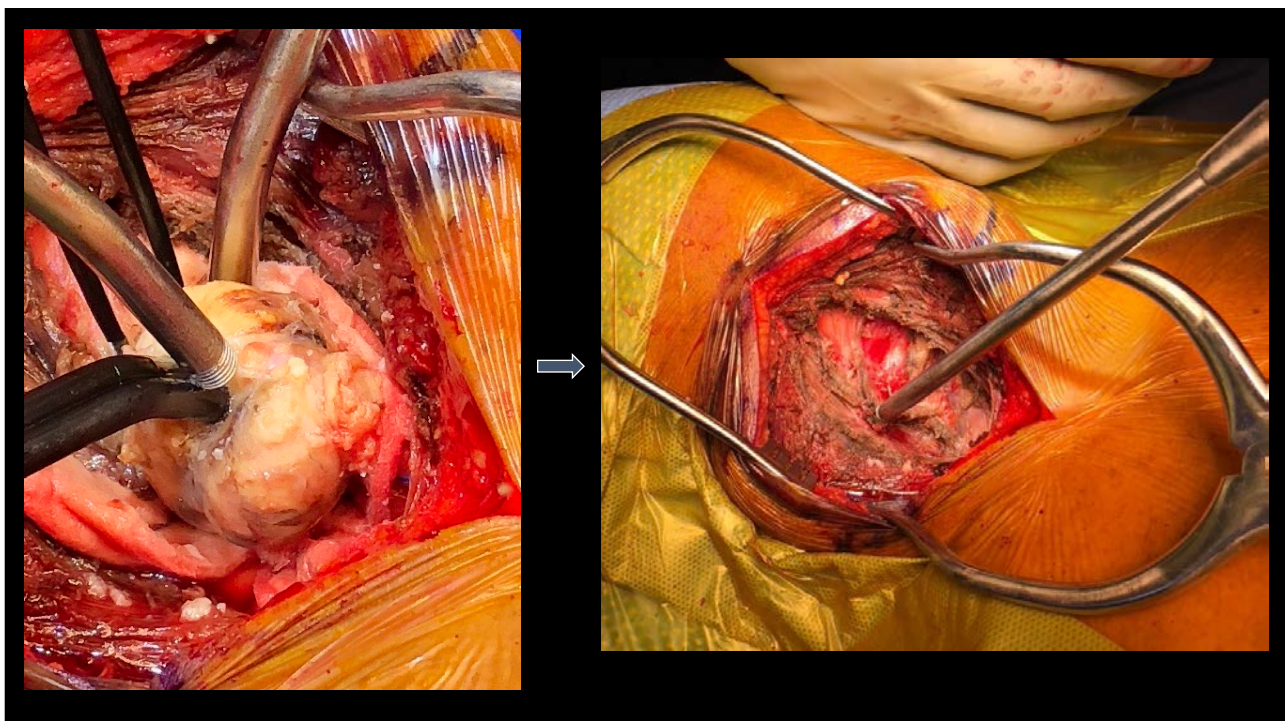
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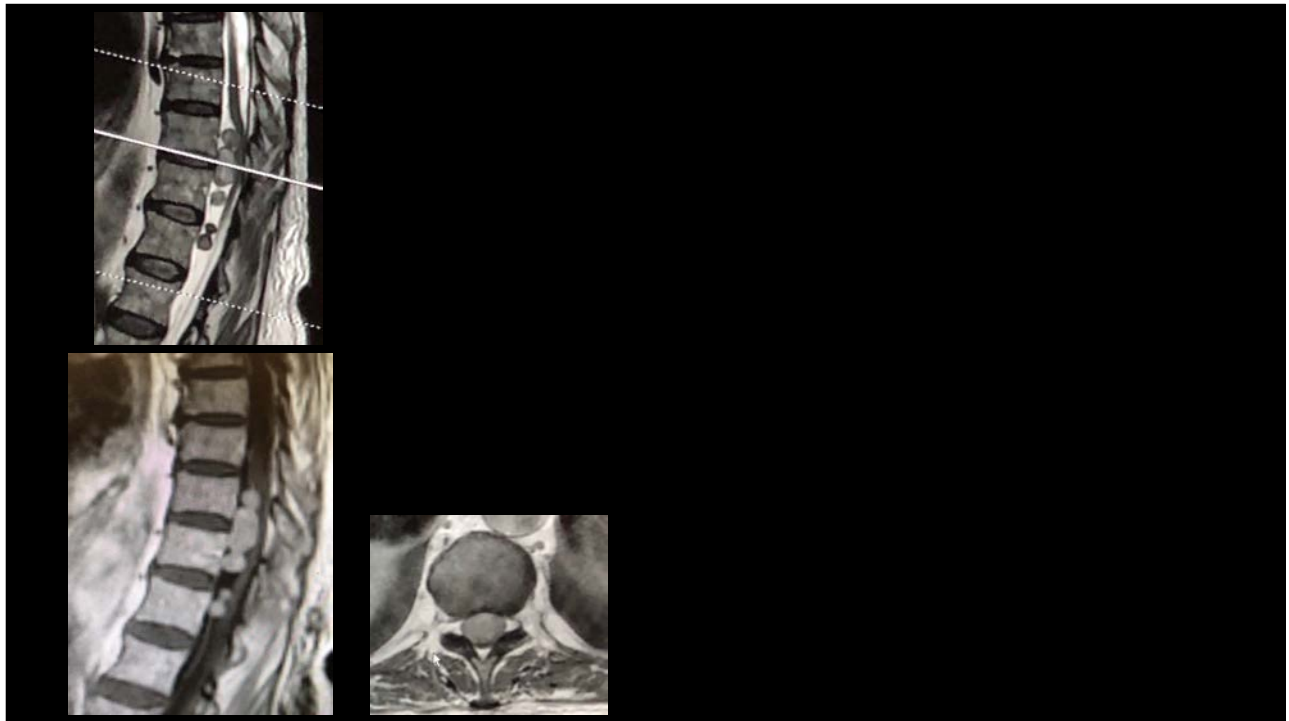
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PURE INTRADURAL

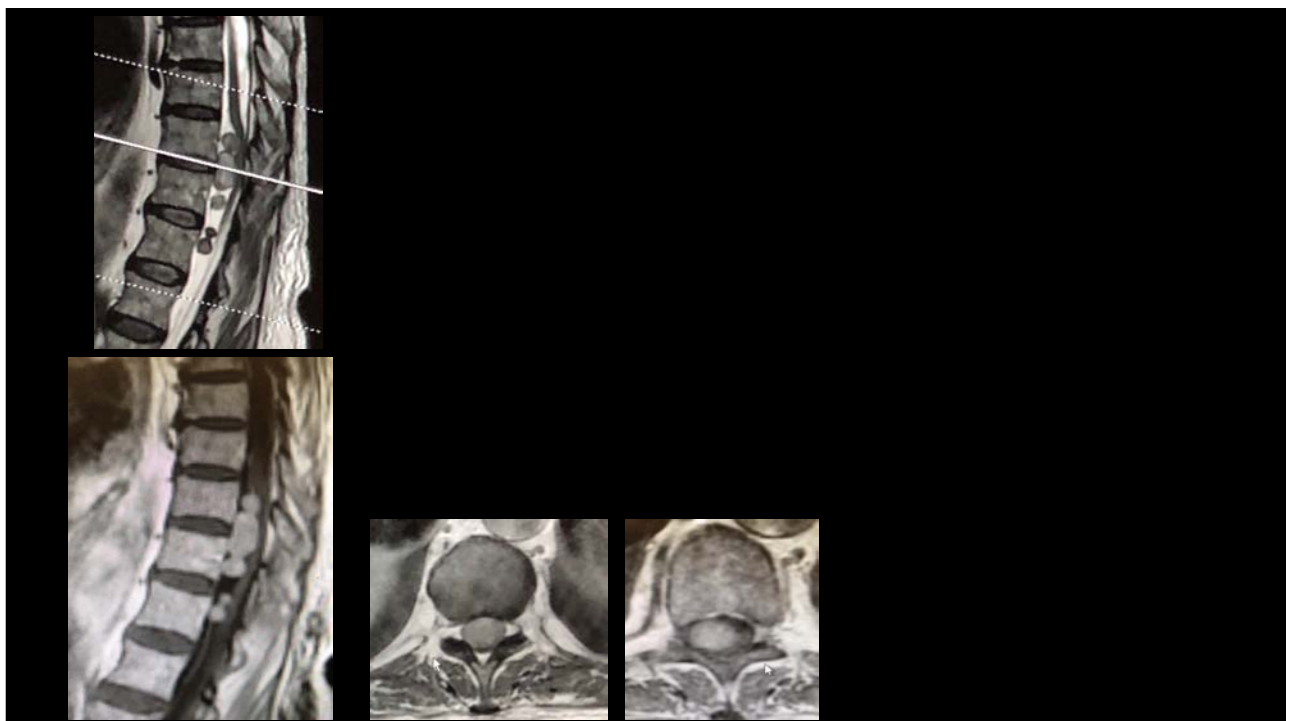
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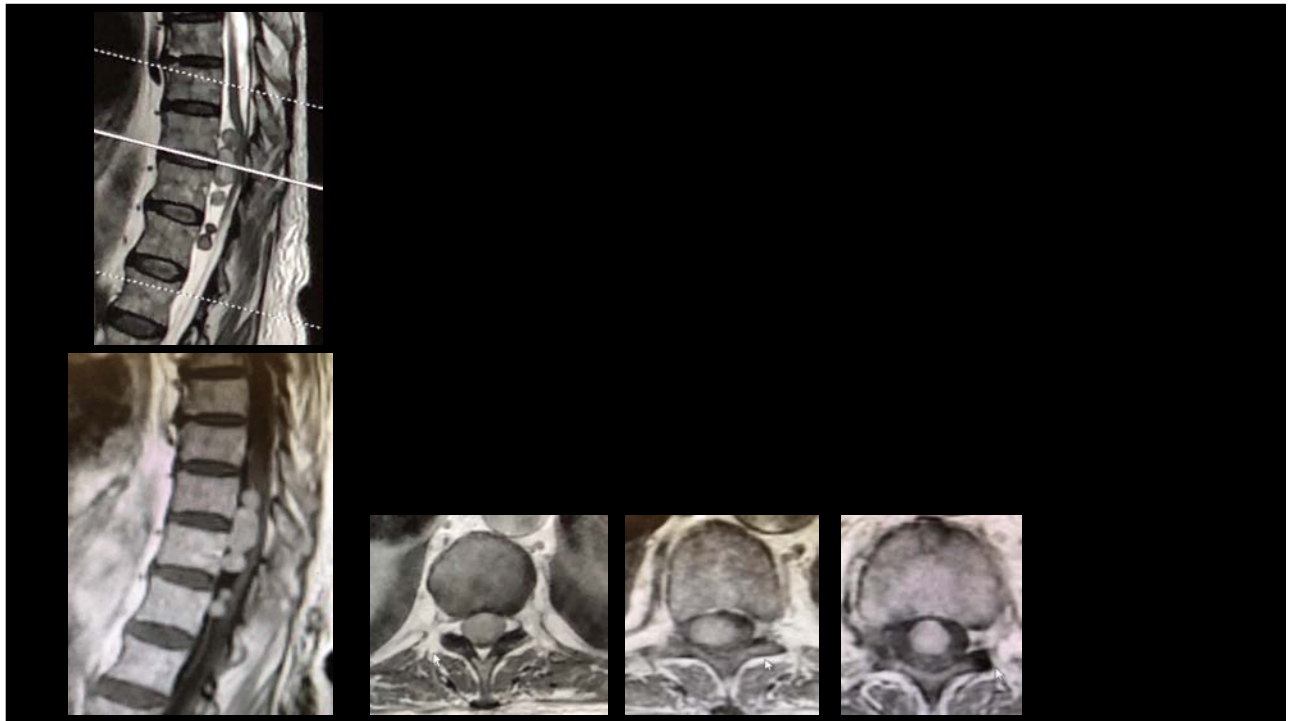
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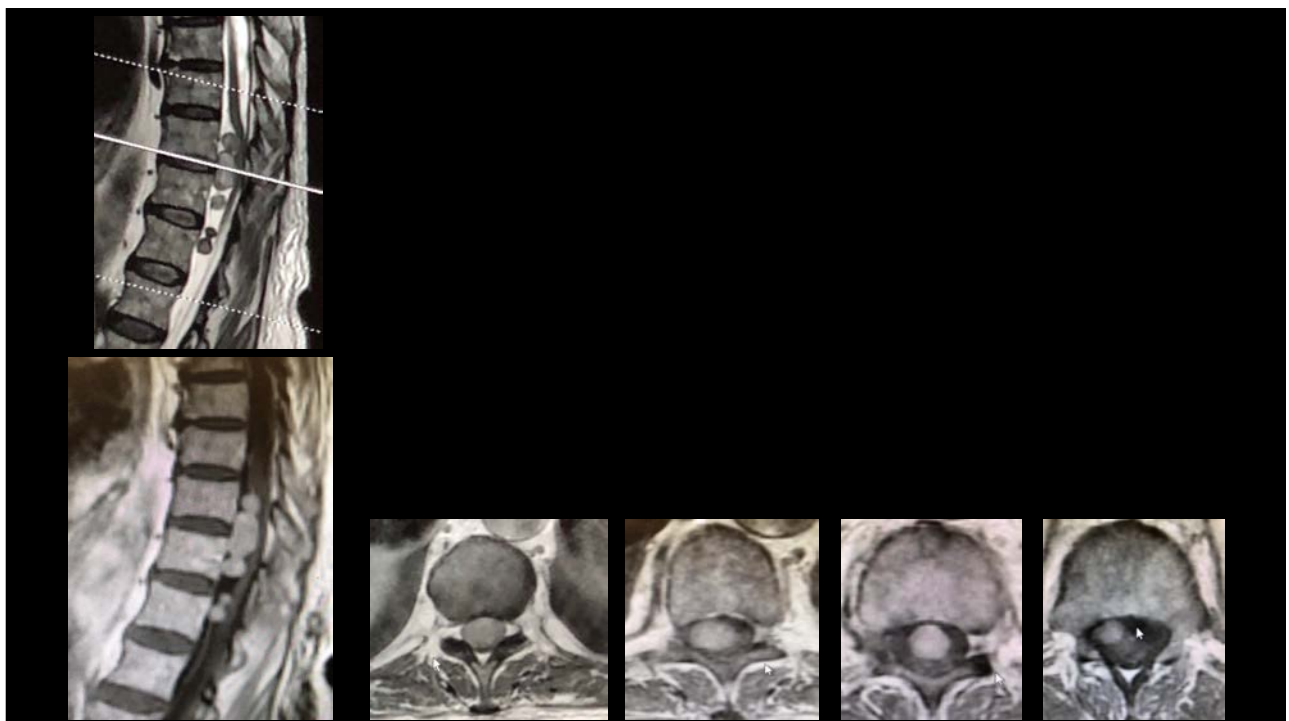
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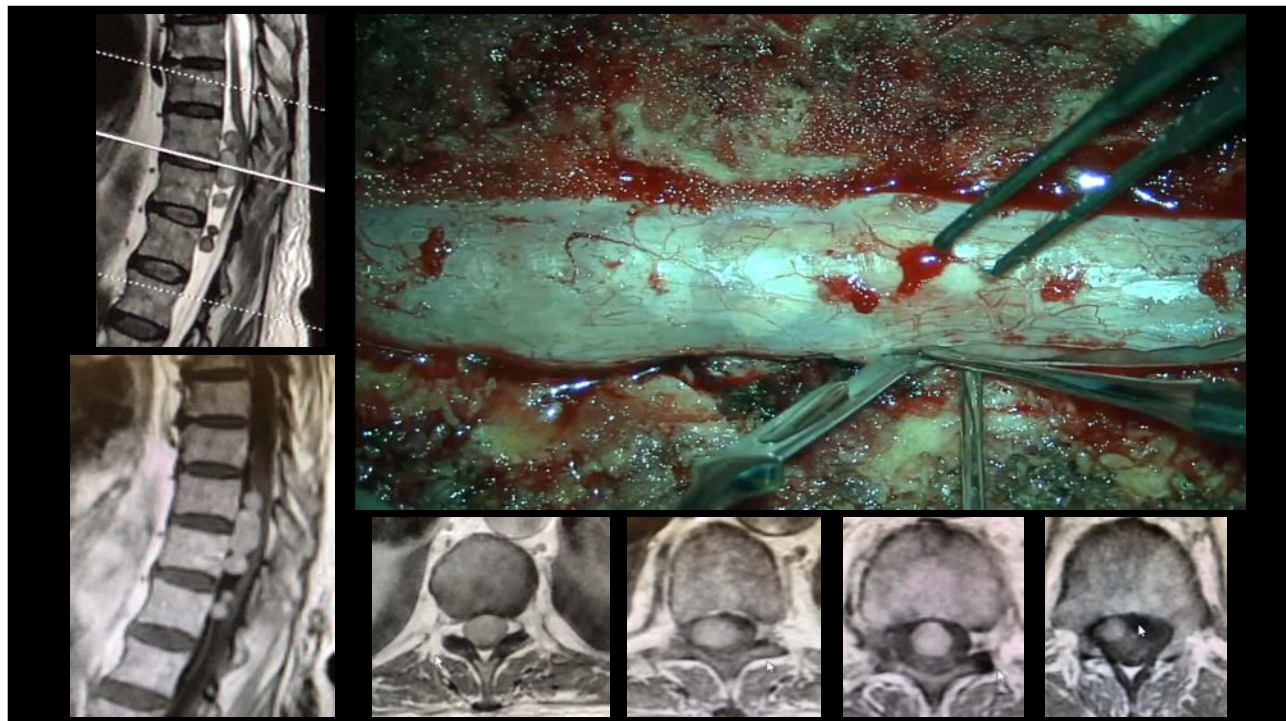
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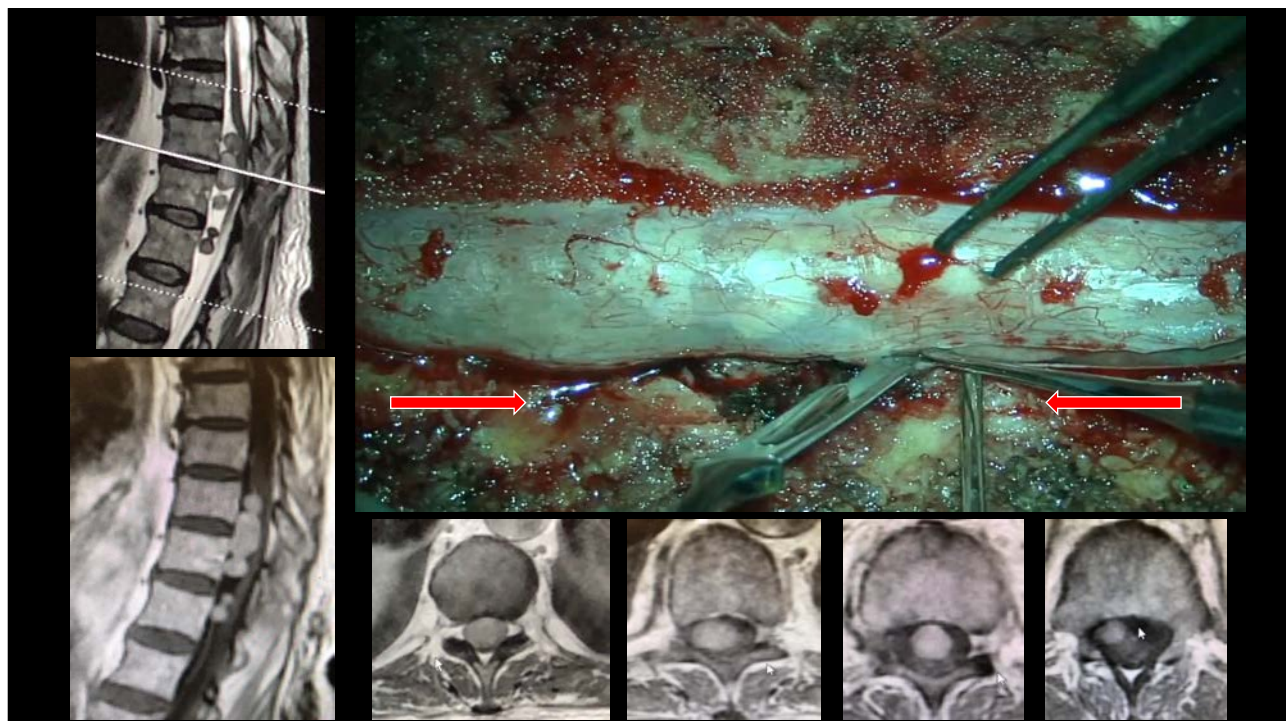
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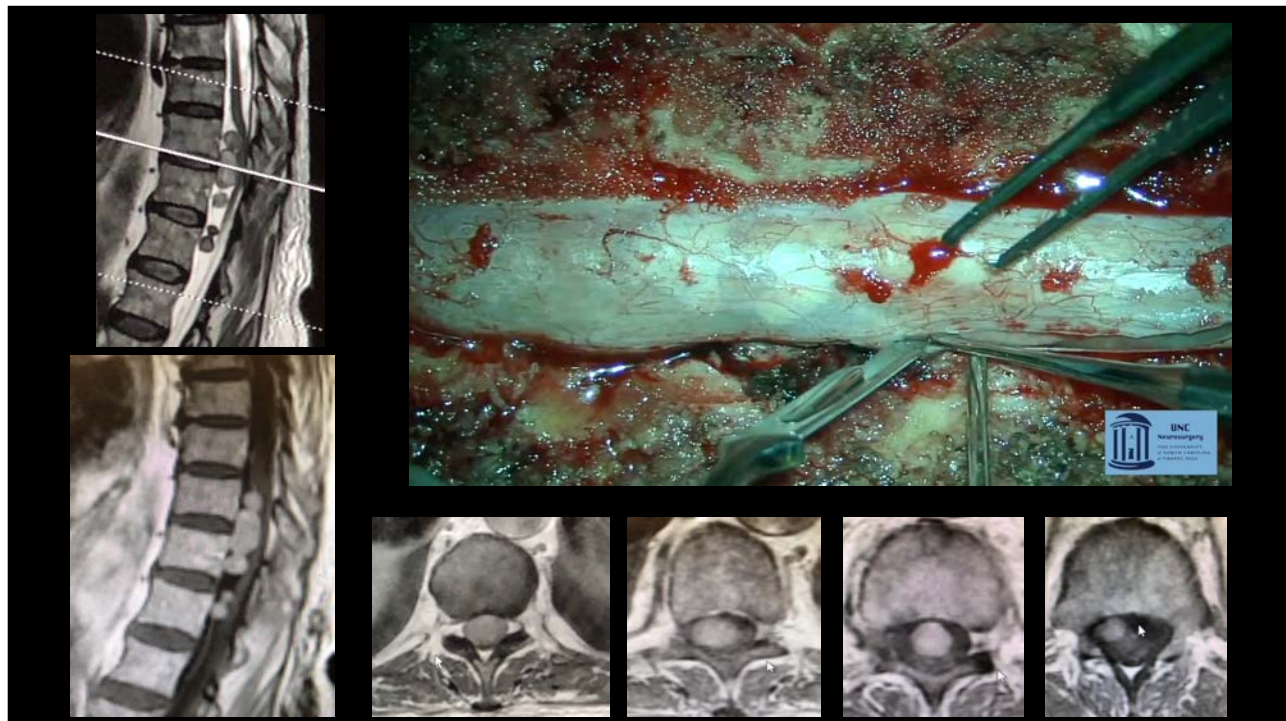
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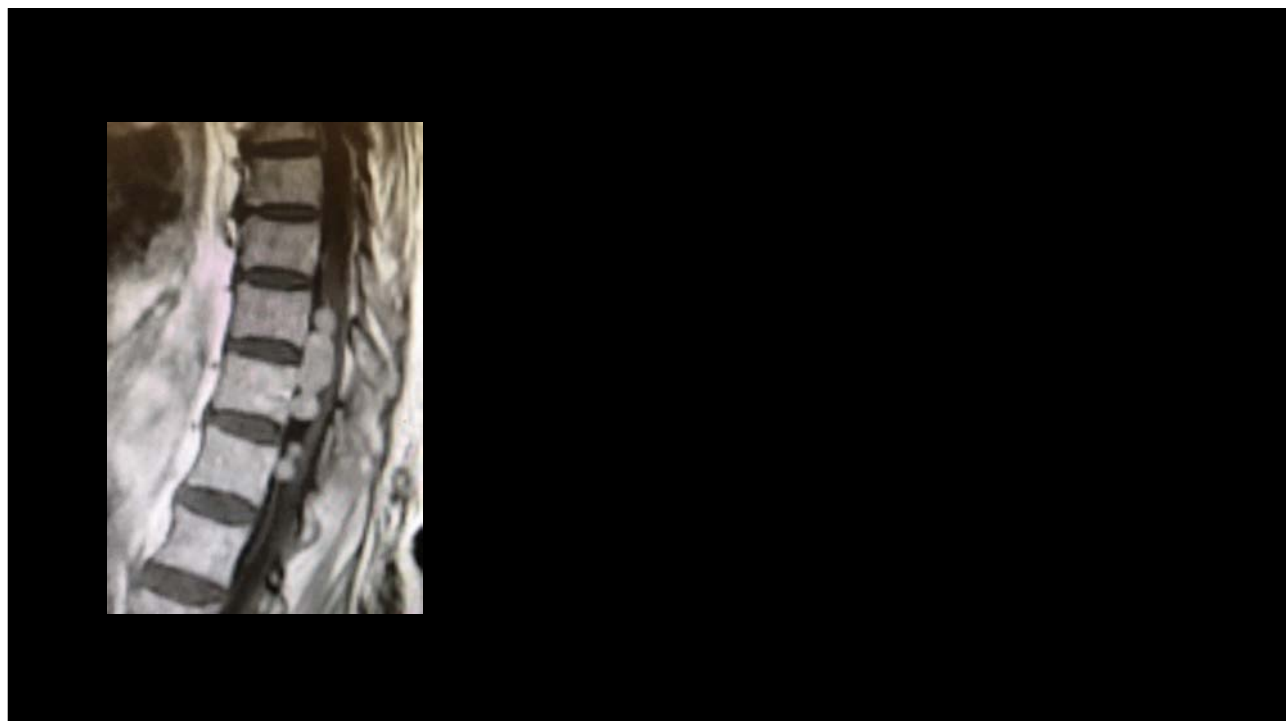
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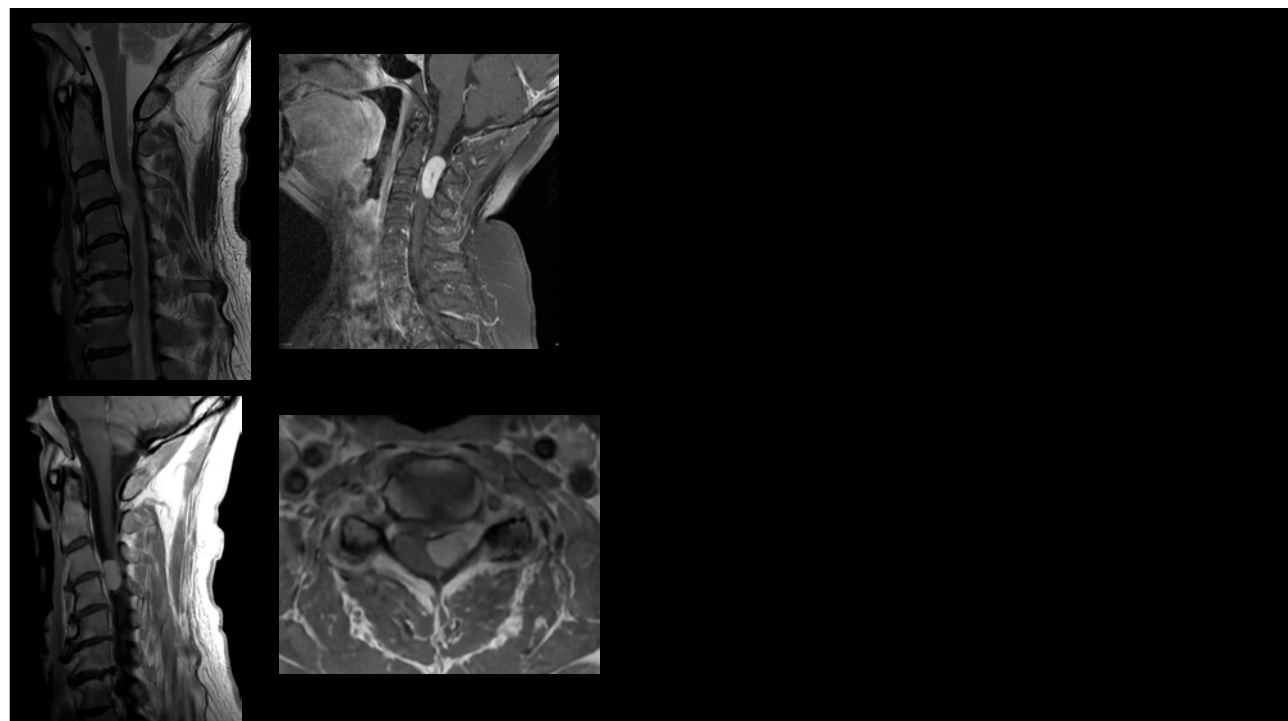
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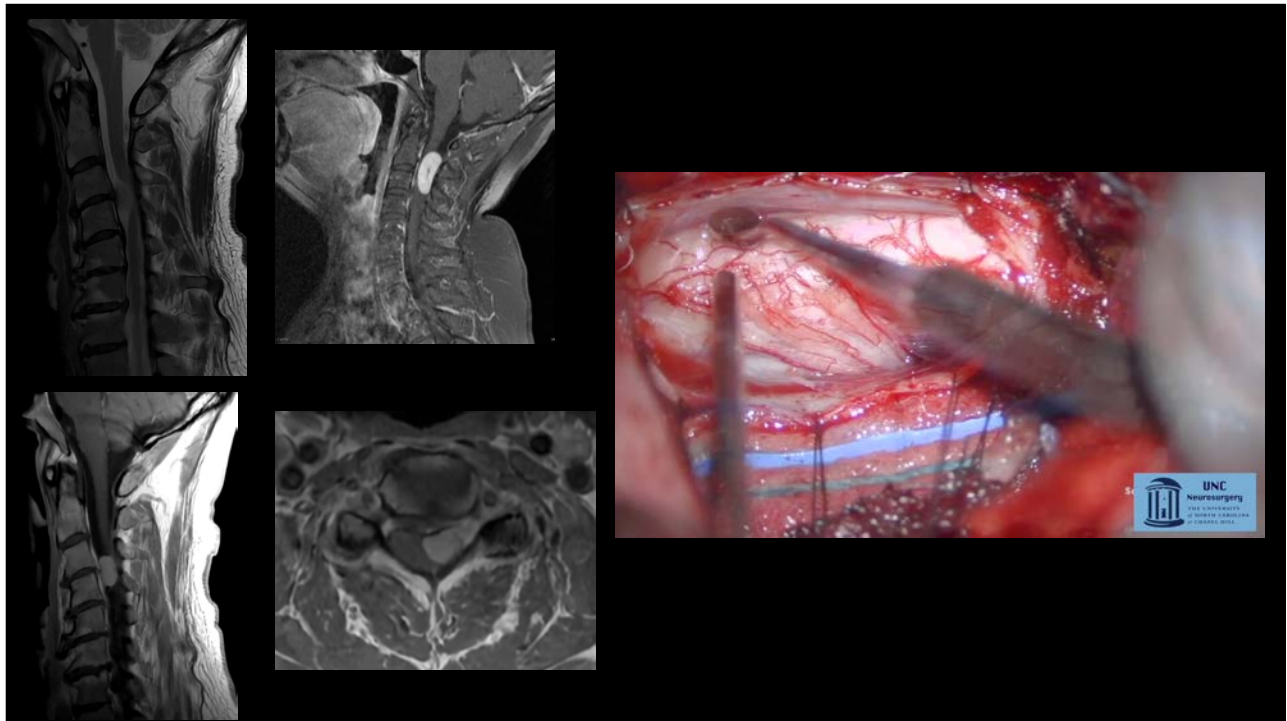
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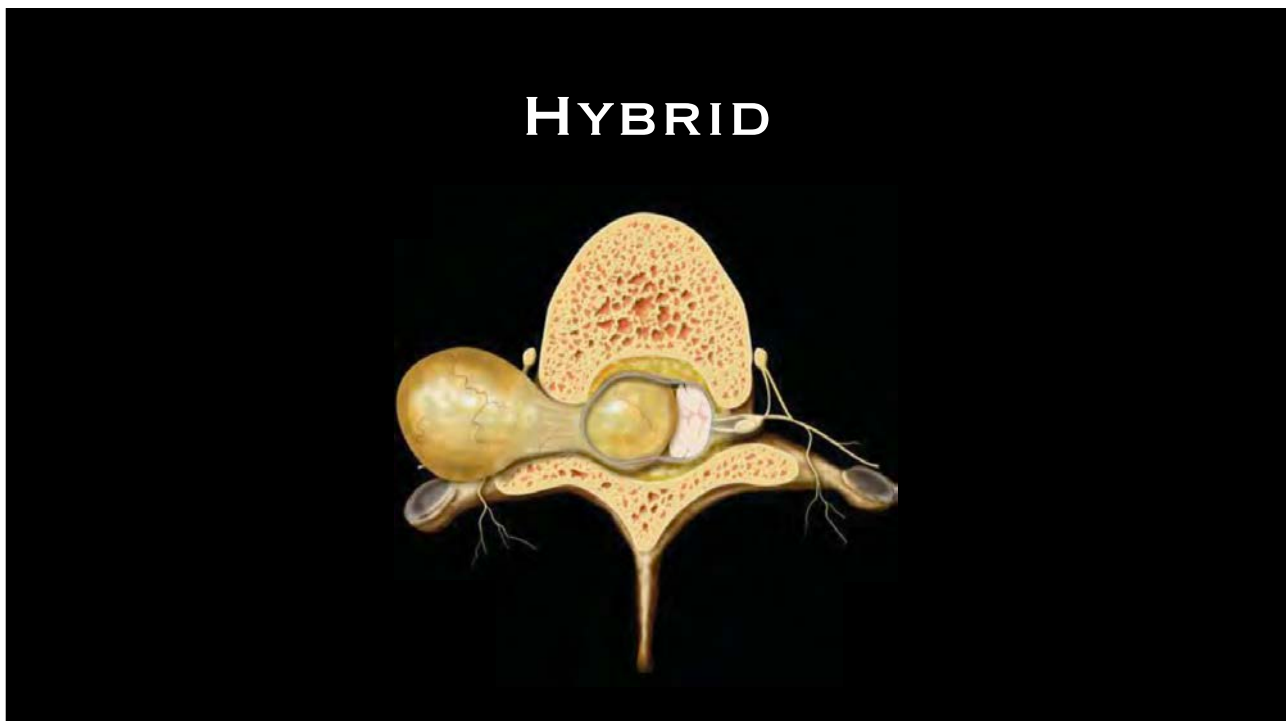
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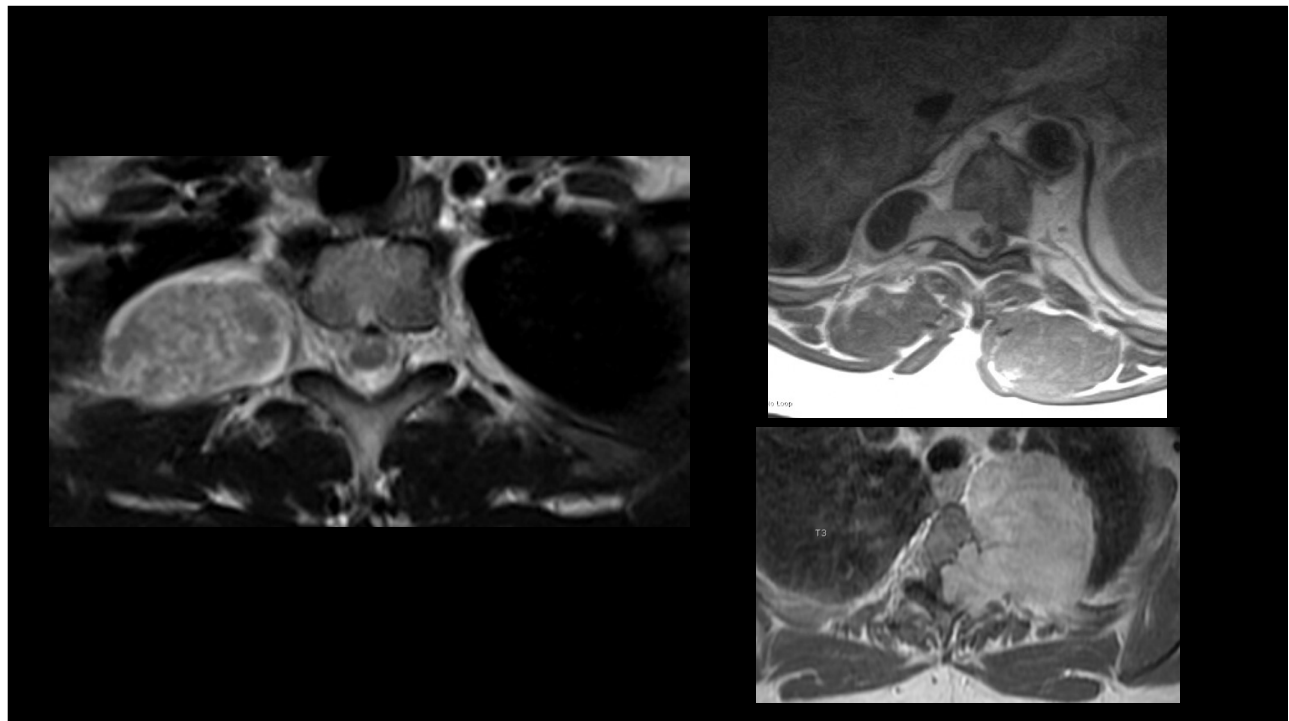


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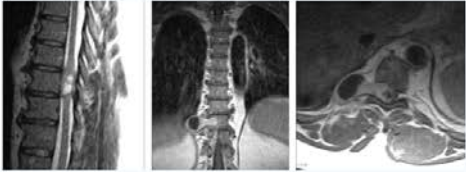
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UNC Lineberger Cancer Network

This tumor is located in 3 different anatomic compartments:

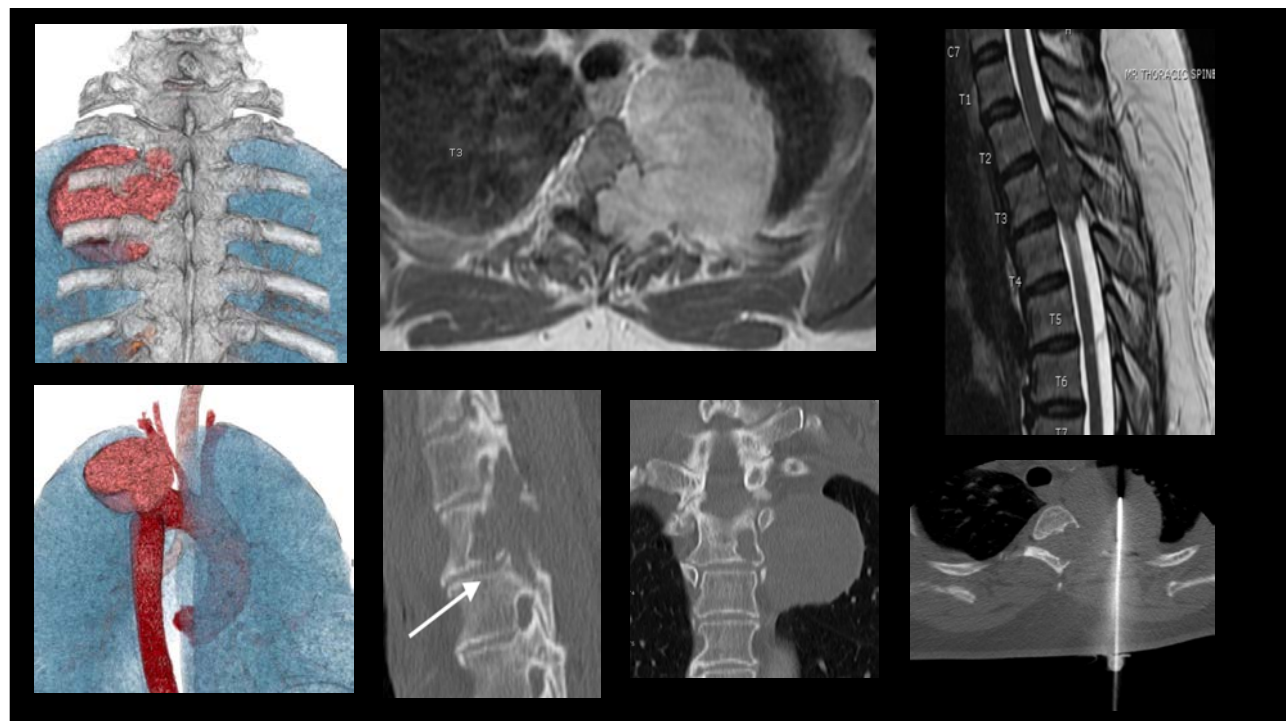
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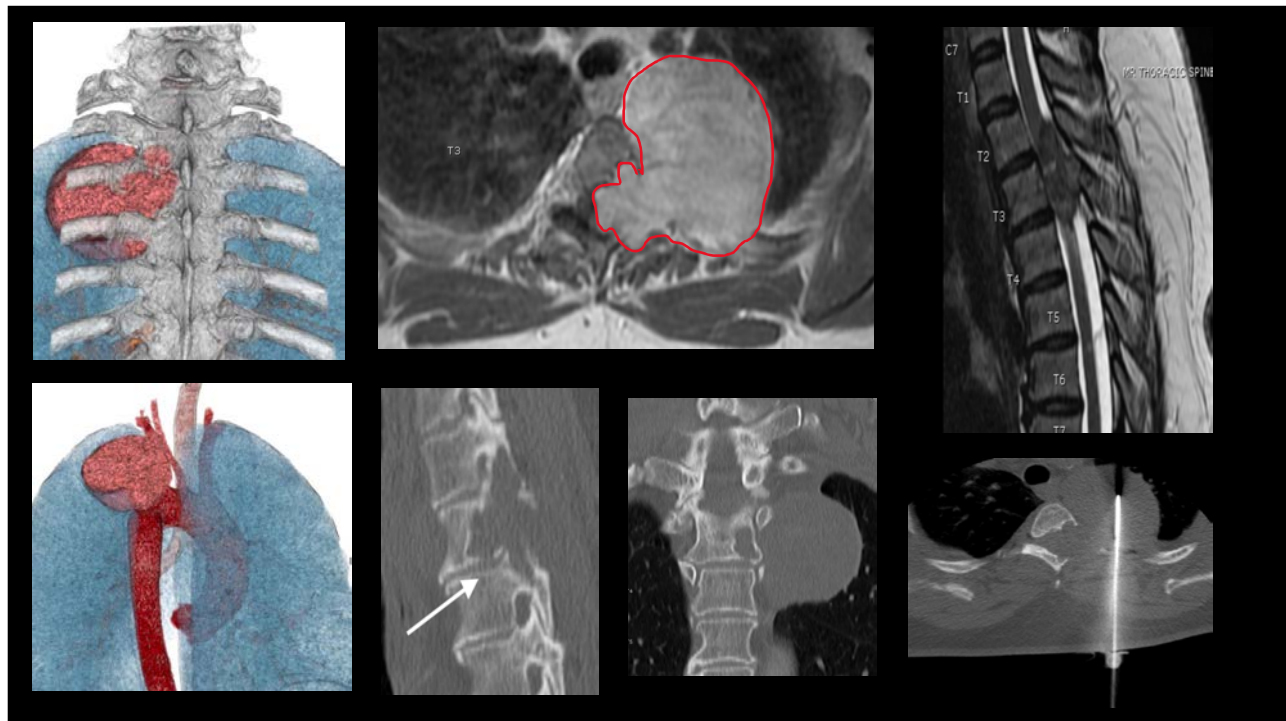


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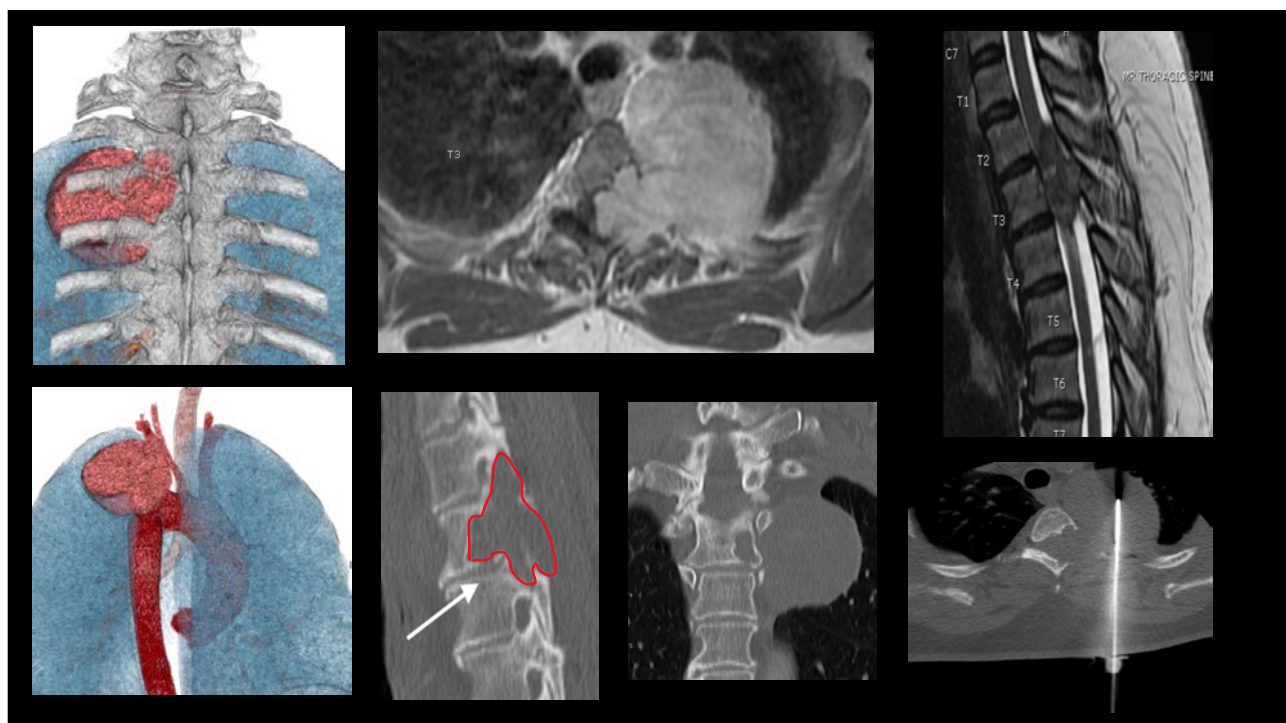
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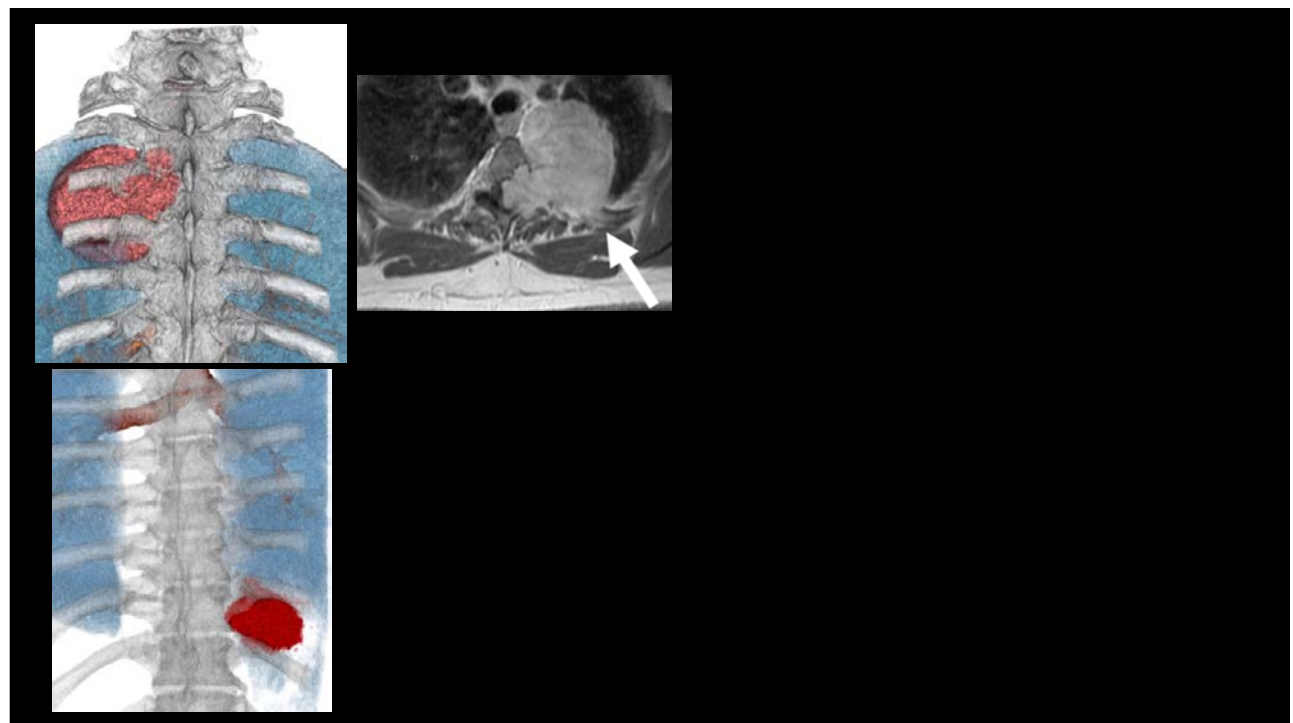
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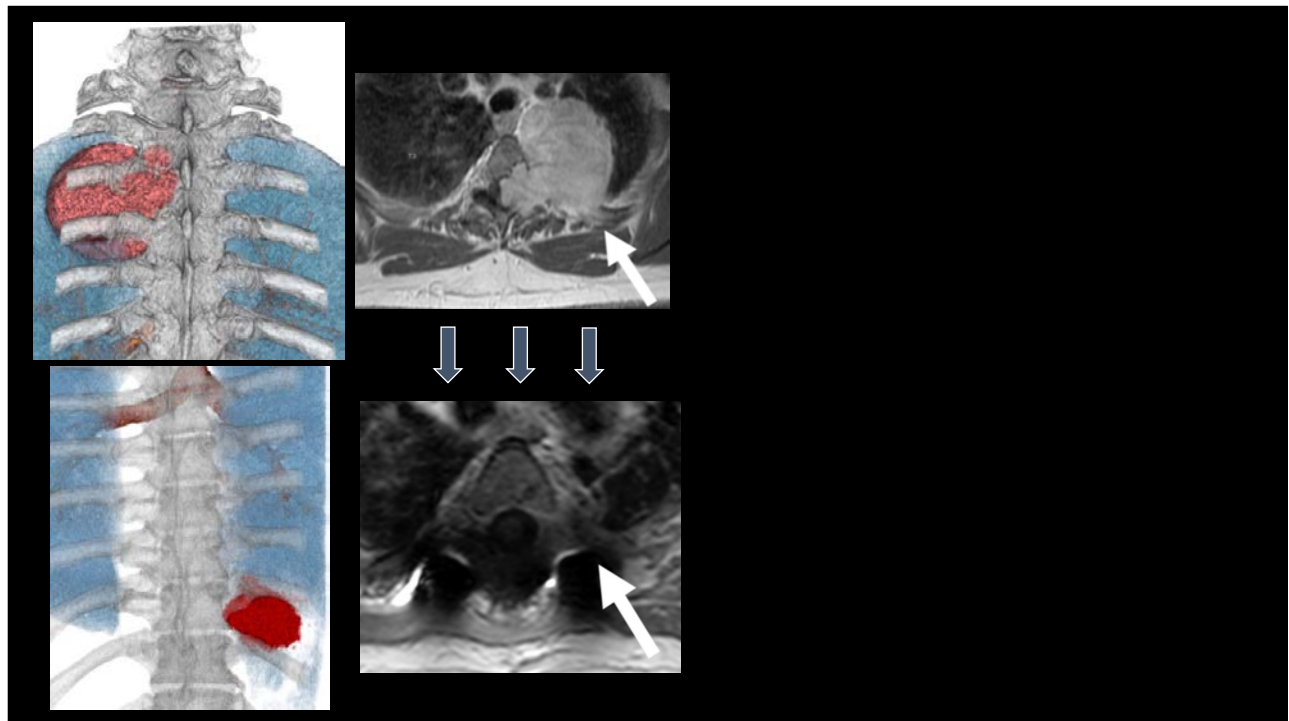
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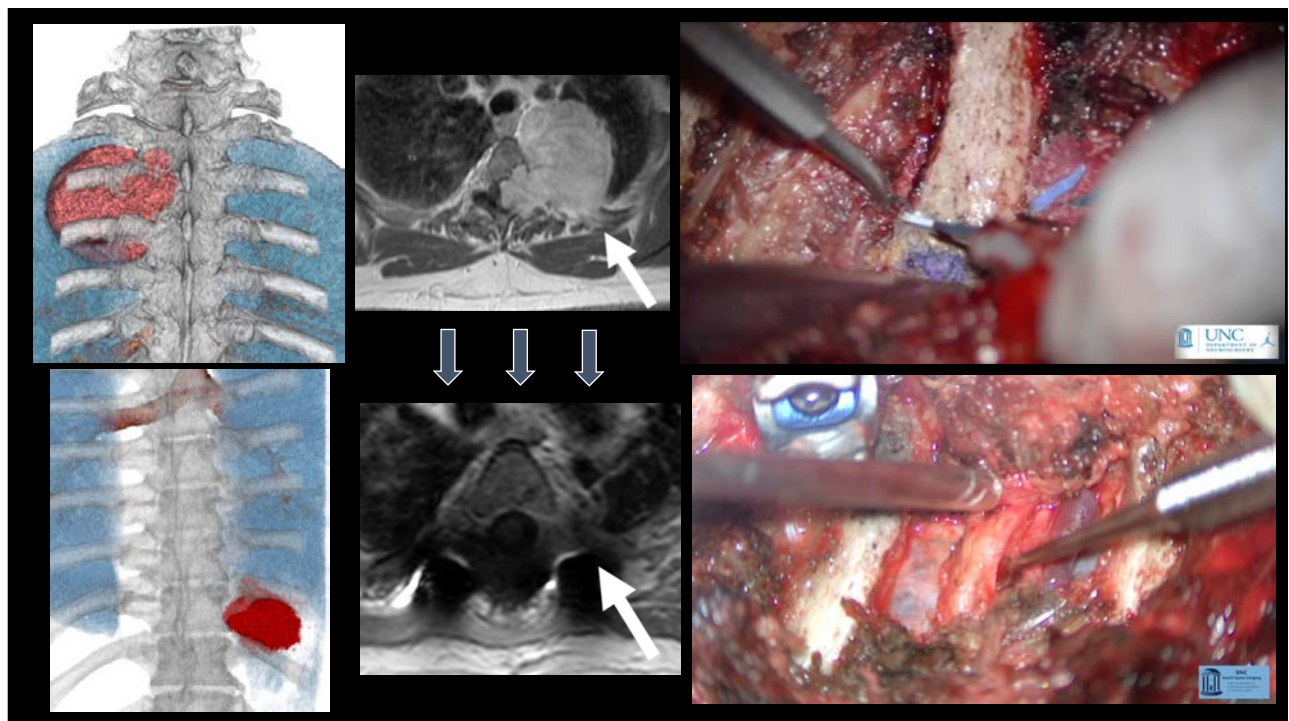
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**NEUROSURGICAL
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VIDEO**

Neurosurg Focus Video 9(2):V14, 2023

Technical nuances for the resection of cervical dumbbell schwannomas

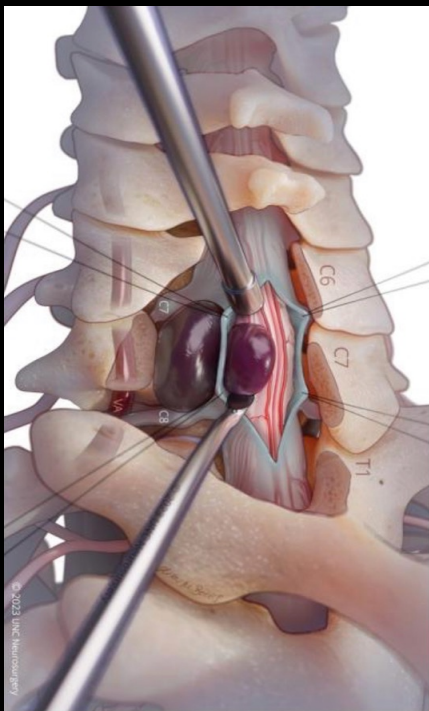
Brandon M. Wilkinson, MD;¹ Discep I. Ojukwu, MD, MBA, MPH;² Timothy Dawson II, BS;² Cheerag Upadhyaya, MD, MBA, MSc;³ and Michael A. Galgano, MD^{1,3}

¹Department of Neurosurgery, SUNY Upstate Medical University, Syracuse, New York; ²St. George's University, School of Medicine, Great River, New York; and ³Department of Neurosurgery, University of North Carolina, Chapel Hill, North Carolina

The majority of spinal nerve sheath tumors are within the intradural/extramedullary compartment. A subset of these tumors develop extraforaminal components that gradually expand into potential spaces. Herein, the authors provide a 2D video demonstrating the technical nuances concerning resection of cervical dumbbell schwannomas with extraspinal extension. Although nerve sheath tumors with large extraforaminal extension are often associated with complications and pose unique challenges to surgeons, circumferential exposure with intradural exploration allows for gross-total resection and nerve root preservation, without need for adjuvant treatments. The use of intraoperative ultrasound, neurophysiological monitoring, Doppler imaging, and meticulous surgical techniques aided to circumvent complications.

The video can be found here: <https://stream.cadmore.media/r10.3171/2023.7.FOCVID2361>
<https://thejns.org/doi/abs/10.3171/2023.7.FOCVID2361>

KEYWORDS cervical schwannomas; intradural tumors; intraoperative surgical video; neurosurgery; spine



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FOCUS
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Neurosurg Focus Video 9(2):V14, 2023

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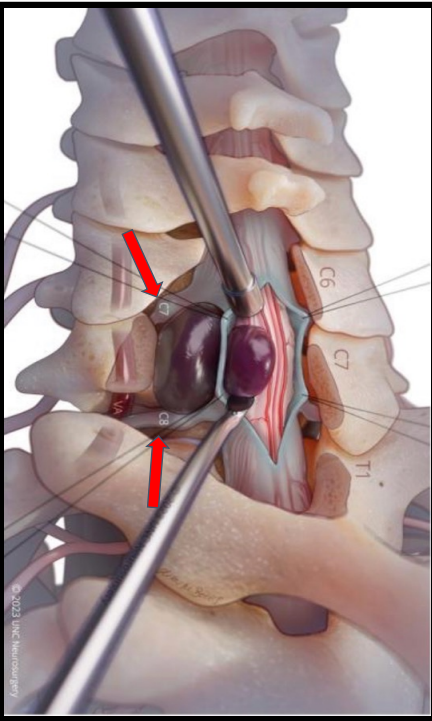
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CASE SERIES

A Case Series of Surgically Treated Spinal Dumbbell Tumors of Critical Parent Nerve Roots: To Cut or Not to Cut?

Vicki Marie Butenschon, MD, MSc,^{1*} Nikolaus Kögler, MD,² Bernhard Mayer, MD,³ Claudius Thomé, MD,³ Maria Westrick, MD,³

¹Department of Neurosurgery, Klinikum rechts der Isar, School of Medicine, Technical University of Munich, Munich, Germany; ²Department of Neurosurgery, Medical University of Innsbruck, Innsbruck, Austria; ³Department of Neurosurgery, Klinikum rechts der Isar, School of Medicine, Technische Universität München, Isar Campus, Munich 8033, Germany. Email: Vicki.Butenschon@tum.de

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Accepted, September 4, 2023
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BACKGROUND: Dumbbell tumors present challenging cases, with either an incomplete tumor resection or a need to sacrifice nerve roots. Published literature suggests encouraging neurological outcomes after nerve root amputation.

OBJECTIVE: To determine the incidence of postoperative neurological deficits after amputating the parent nerve root.

METHODS: A retrospective consecutive analysis of all patients treated for dumbbell nerve sheath tumors with a reported amputation of the functional relevant parent nerve roots C5-T1 and L2-S1.

RESULTS: Among 21 evaluated patients, minor postoperative neurological motor function deterioration occurred in 4 patients (19%). Most patients recovered to the preoperative level at the follow-up examination, and only one patient retained a new Medical Research Council (MRC) scale of 4/5 for deltoid weakness. The majority of tumors were resected at the lumbar level (nerve root L3-L5: 66%, L5-S1: 19%). Gross total resection was achieved in 90.5% of patients. Neuropathic pain was reported in one third of the patients during the long-term follow-up.

CONCLUSION: Amputating critical parent nerve roots during the dumbbell tumor resections seems to result in a low incidence of postoperative motor deficits and may offer an acceptable sacrifice to otherwise only incompletely resectable dumbbell tumors. The cross-innervation of neighboring nerve roots and its, probably, per-se-reduced functionality may be a possible mechanism for maintaining motor function.

KEY WORDS: Functional relevant nerve root, Schwannoma, Dumbbell tumor

Operative Neurosurgery 01-6, 2023 DOI: 10.1093/ons/onw016

Schwannomas are benign tumors and present the most common primary neoplasms of the spinal chord.¹⁻³ Standard treatment includes a gross total resection (GTR) in cases of nonredundant schwannomas while preserving neurological function.⁴ Although most schwannomas grow intradural/extradural, they can extend via intradural and extradural components then called dumbbell schwannomas, or "hourglass tumors."⁵ Seidner et al⁶ characterize spinal schwannomas according to their size and extensions in type I (intraspinal tumor) to V (giant invasive dumbbell schwannoma). Dumbbell tumors are classified as type IV tumors,⁶ and tumors that reach the nerve root foramen but do not exit it are defined as type III tumors.

As most schwannomas are benign tumors, a complete tumor resection remains the gold standard of surgical treatment.^{6,7} In some cases, the tumor is close to important neural structures (such as dumbbell tumors of relevant nerve roots) comprising the nerve roots of the brachial plexus for the upper limb (C5 to T1) and the nerve roots of the lumbosacral plexus for the lower limb (L5 to S1).⁷⁻¹⁰ Whether sacrificing the parent nerve root is necessary to achieve a GTR and to reduce the risk of tumor recurrence remains debatable, as does the risk of a postoperative permanent deficit.^{1,11-12}

NEUROSURGICAL
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Neurosurg Focus Video 9(2):V15, 2023

Technical nuances for the resection of cervical dumbbell schwannomas

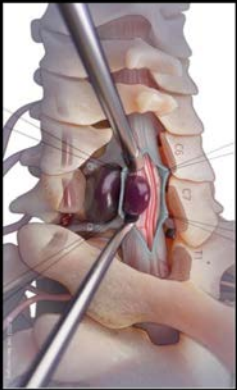
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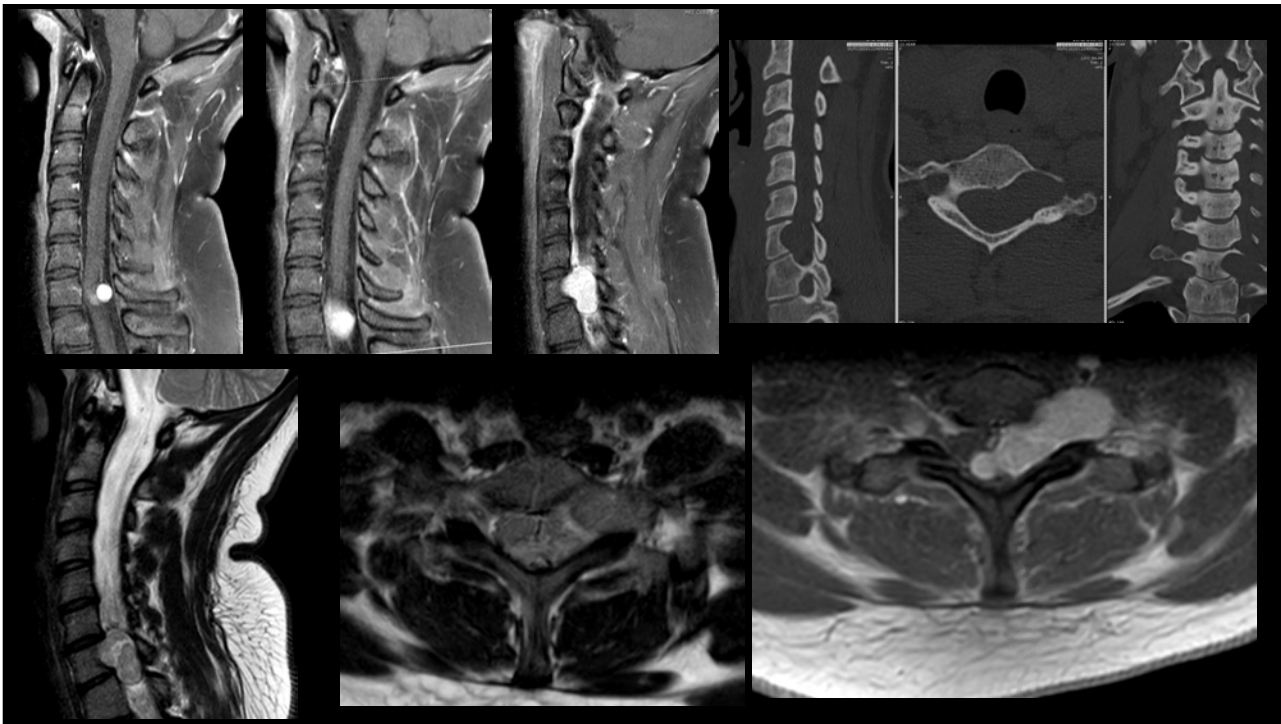
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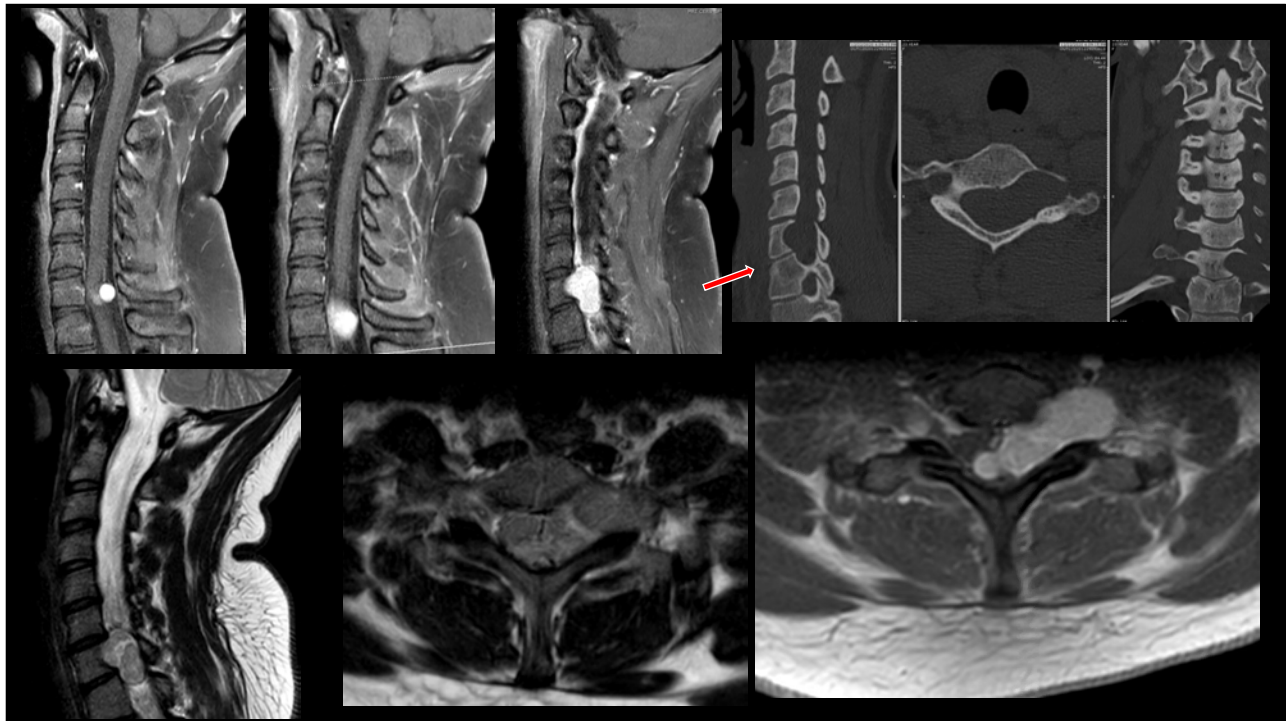
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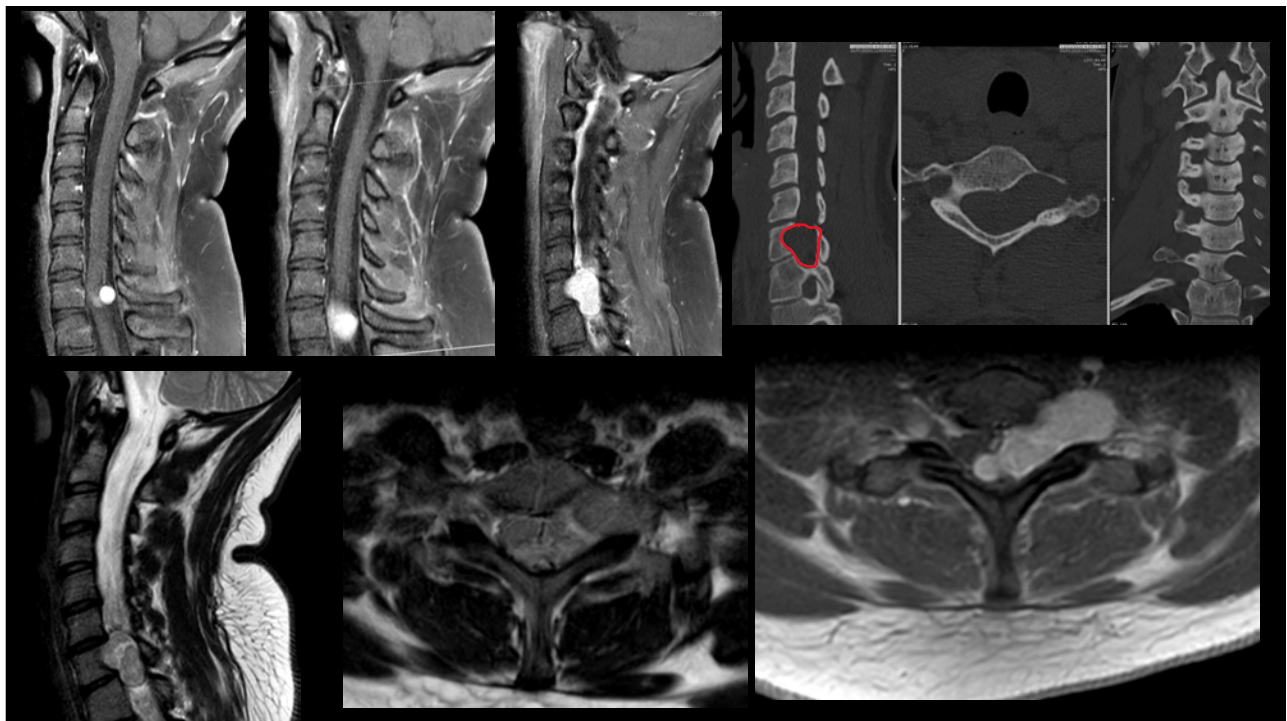
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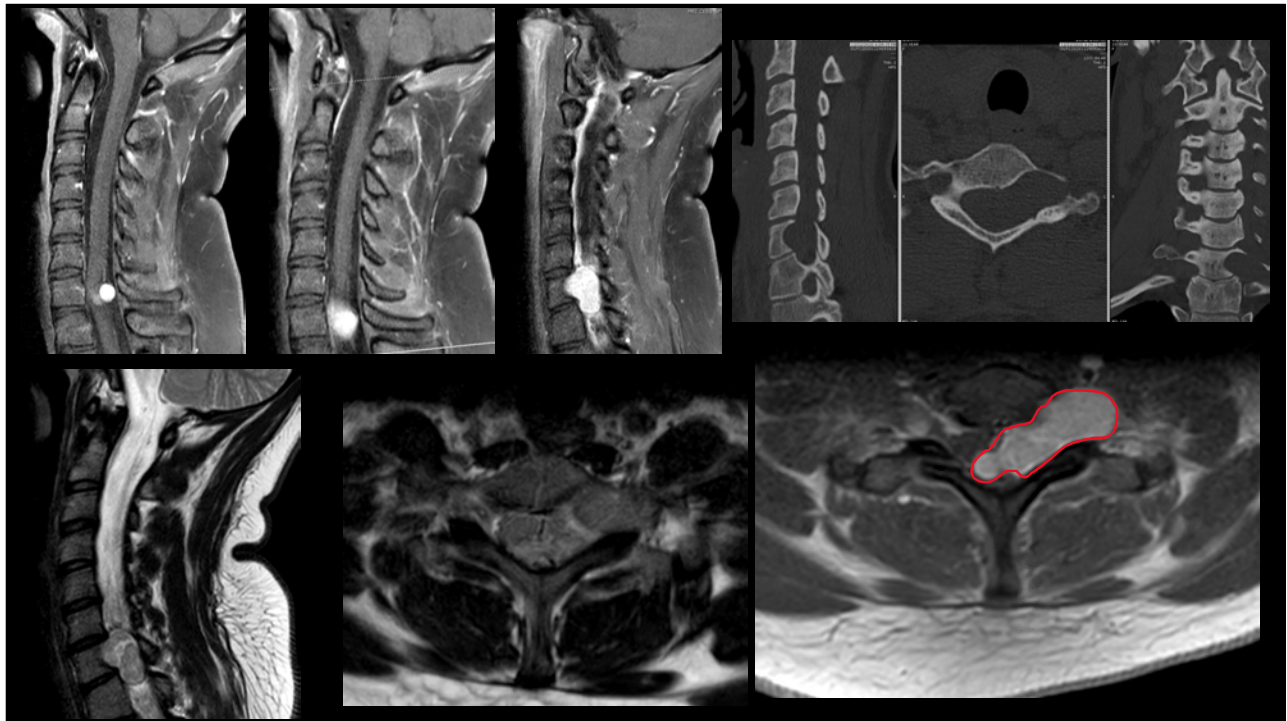
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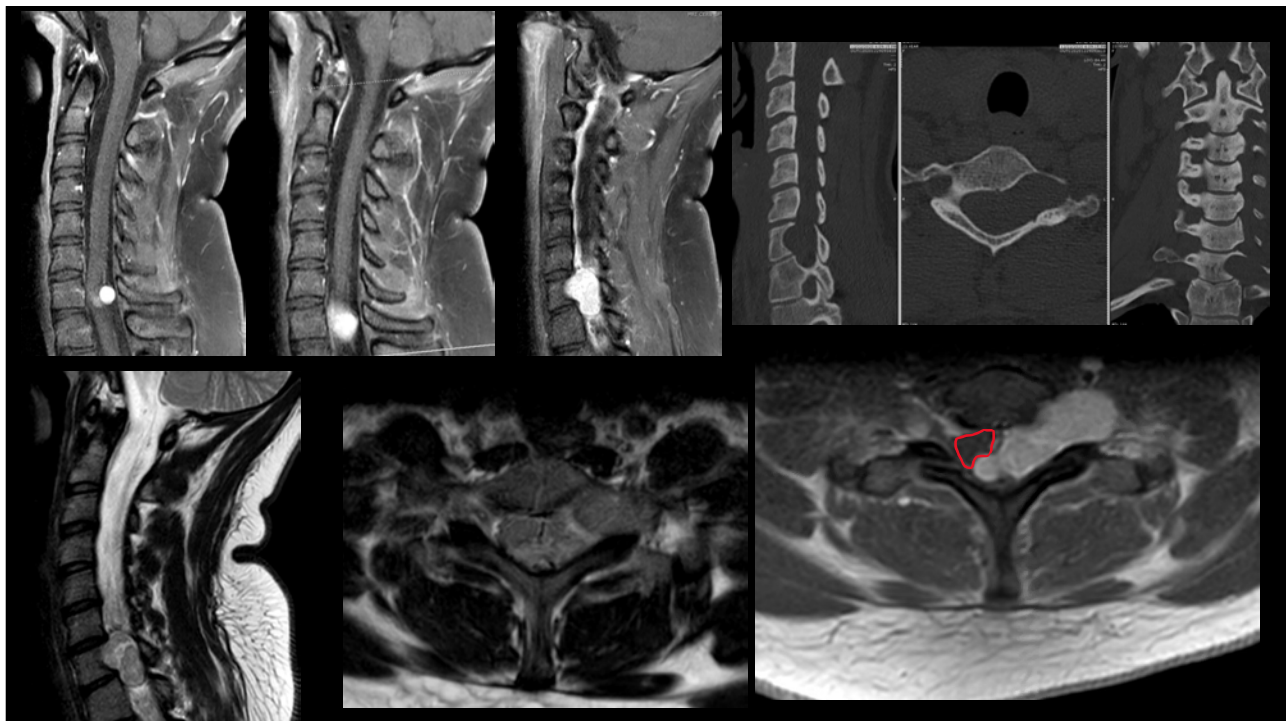
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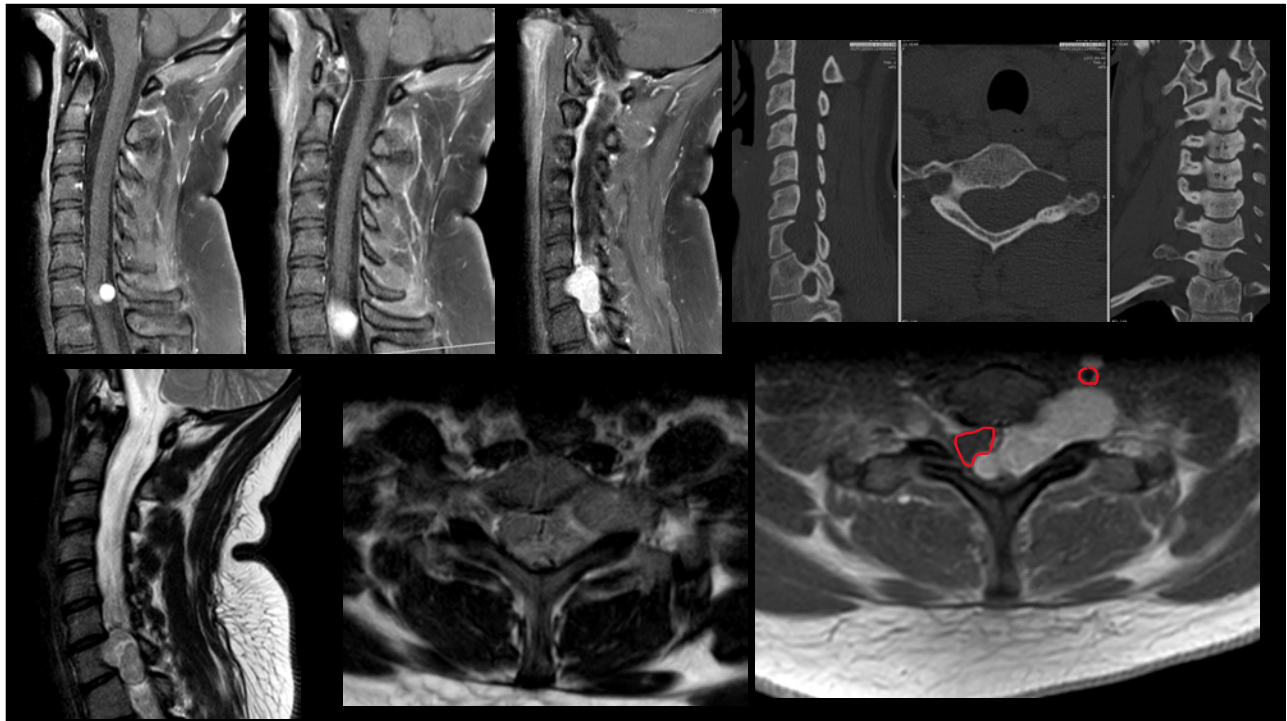
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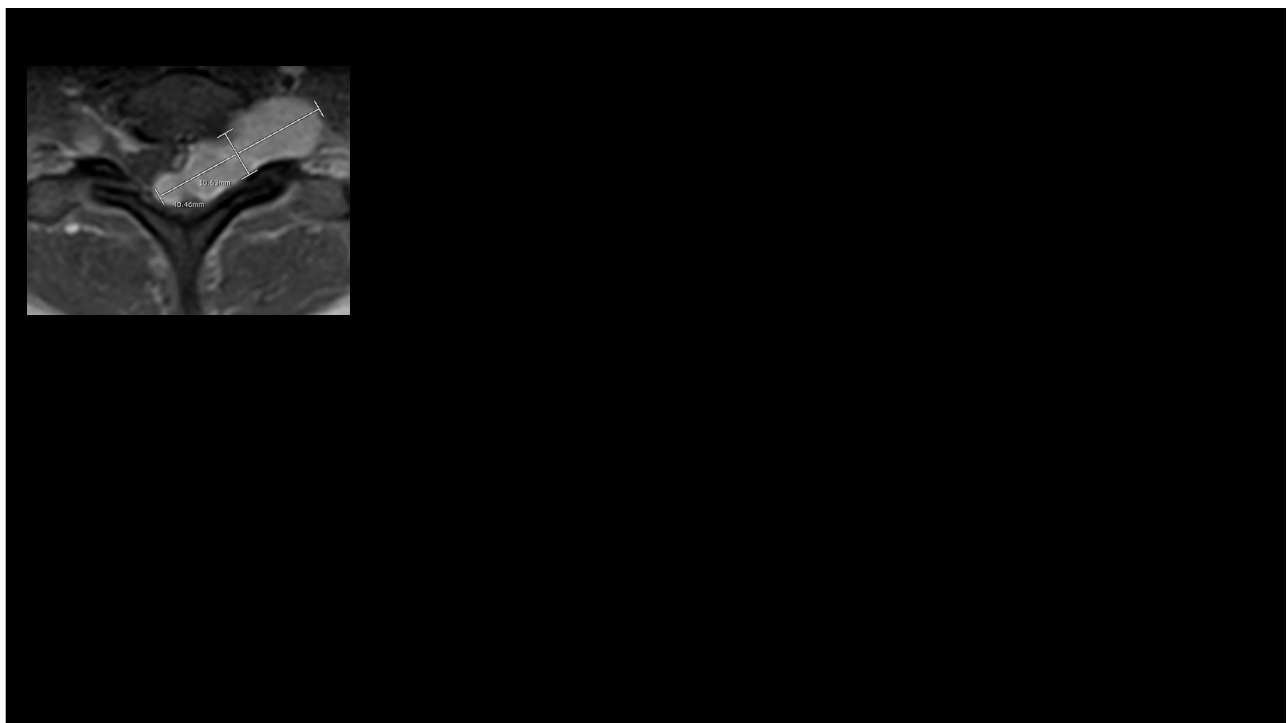
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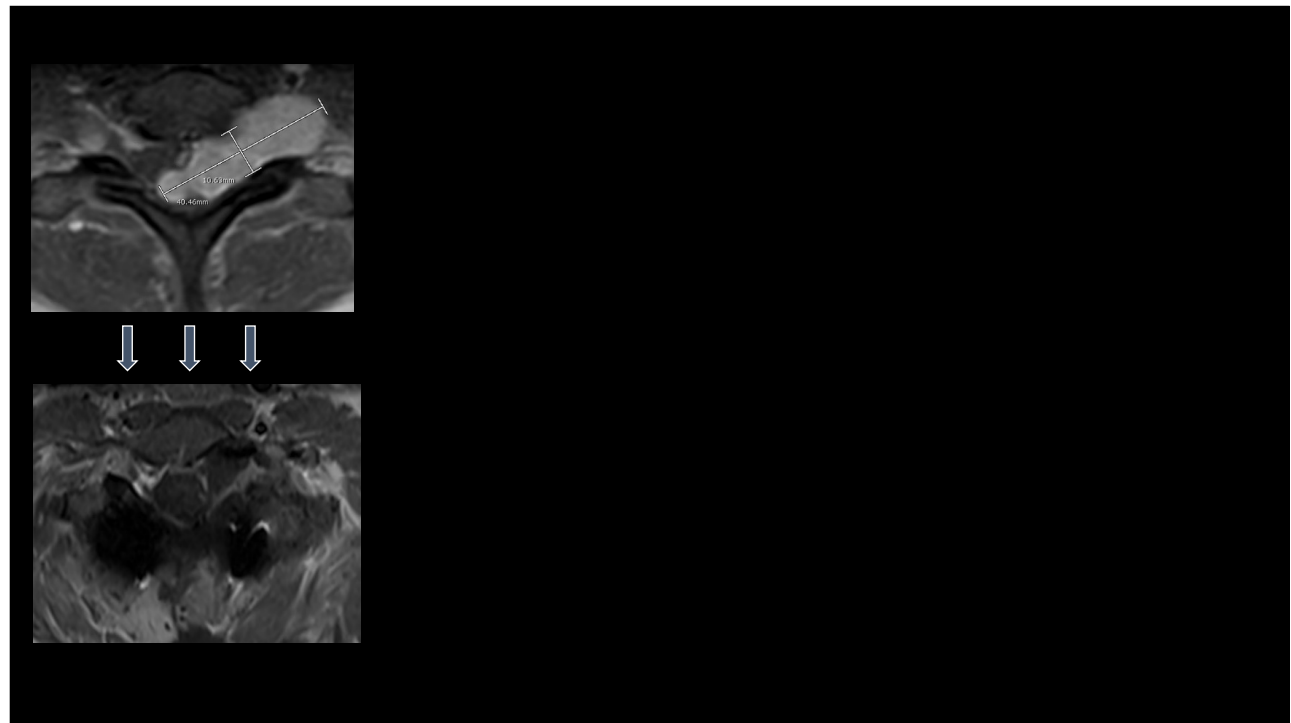
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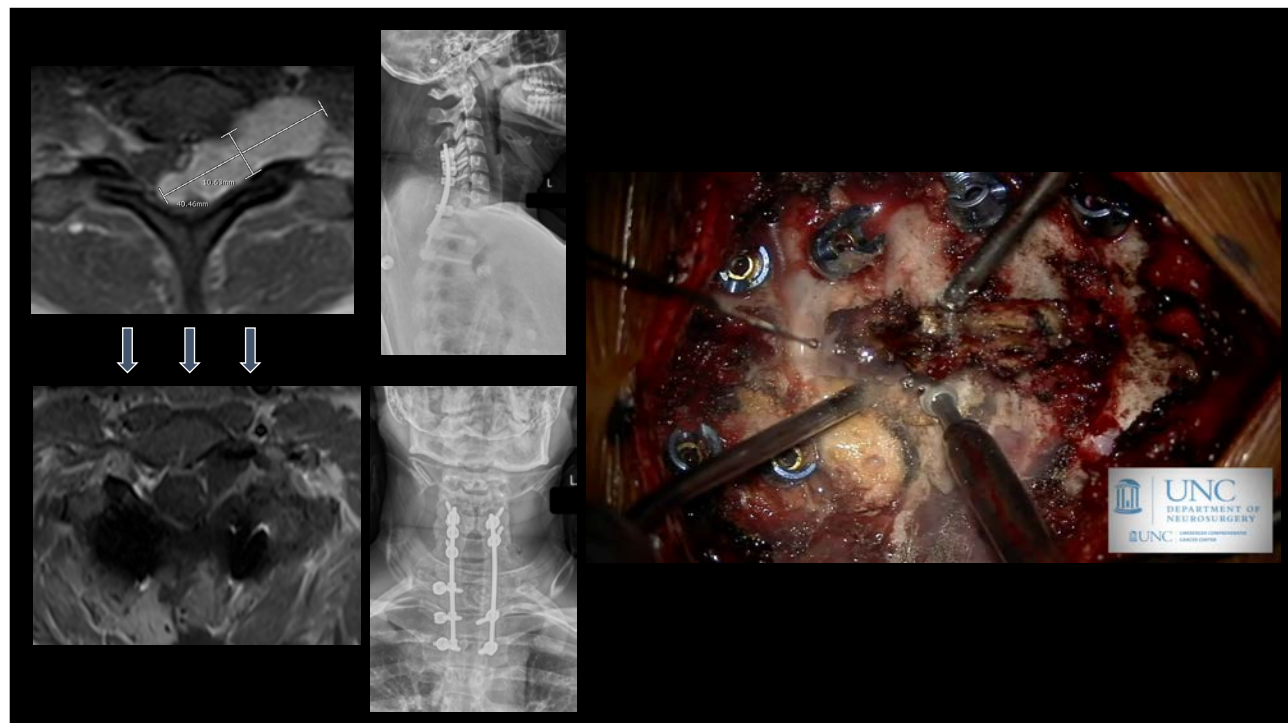
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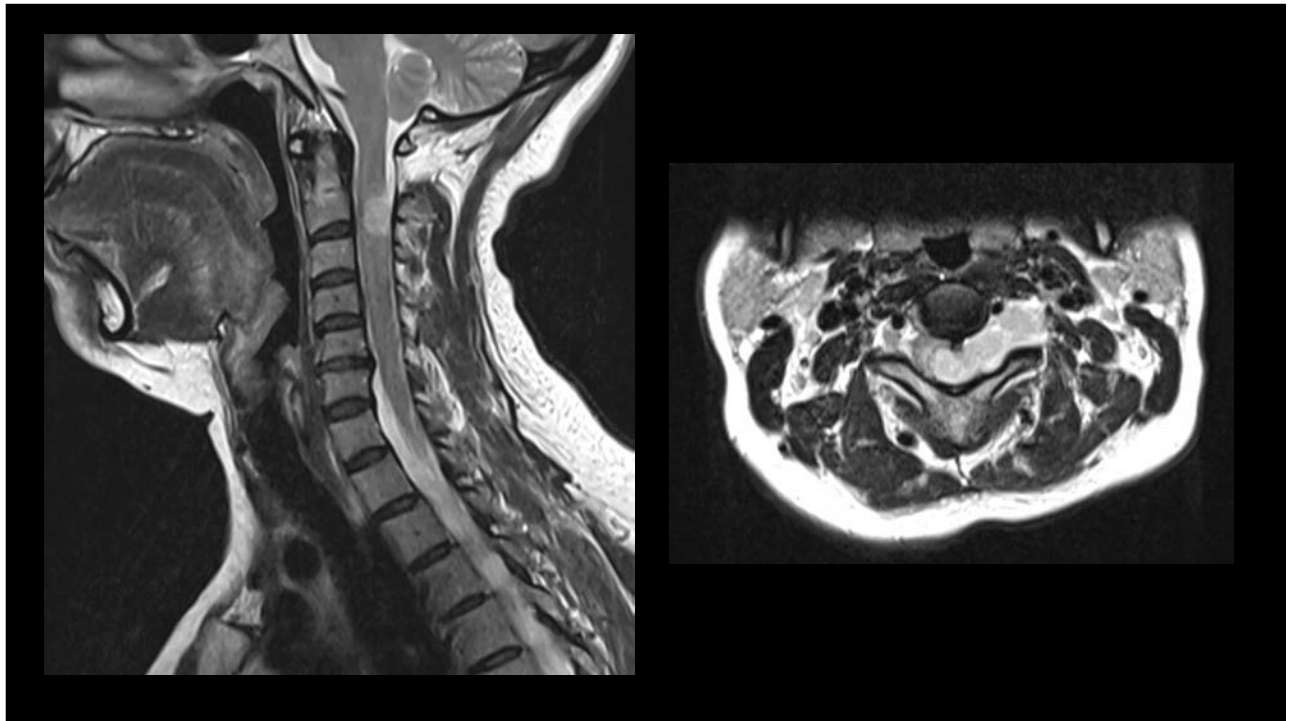
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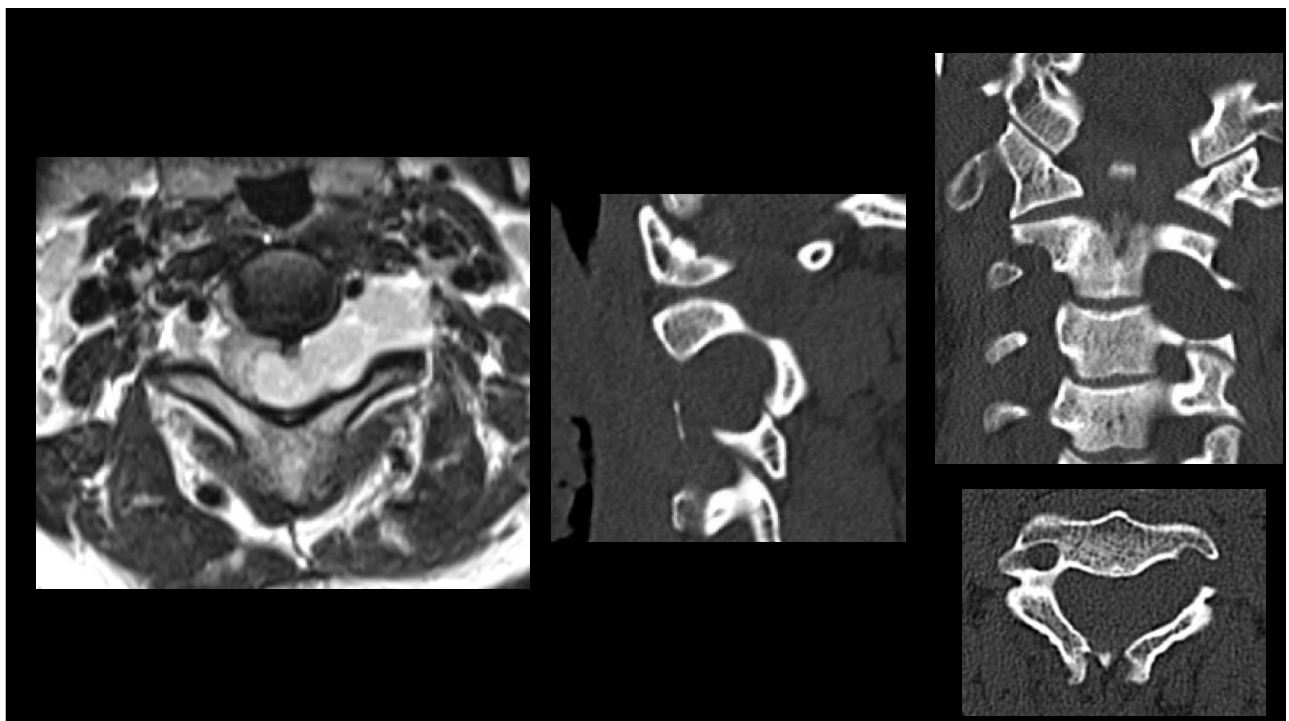
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PRESERVATION OF BIOMECHANICALLY RELEVANT STRUCTURES
WITHOUT
COMPROMISING THE EXTENT OF TUMOR RESECTION

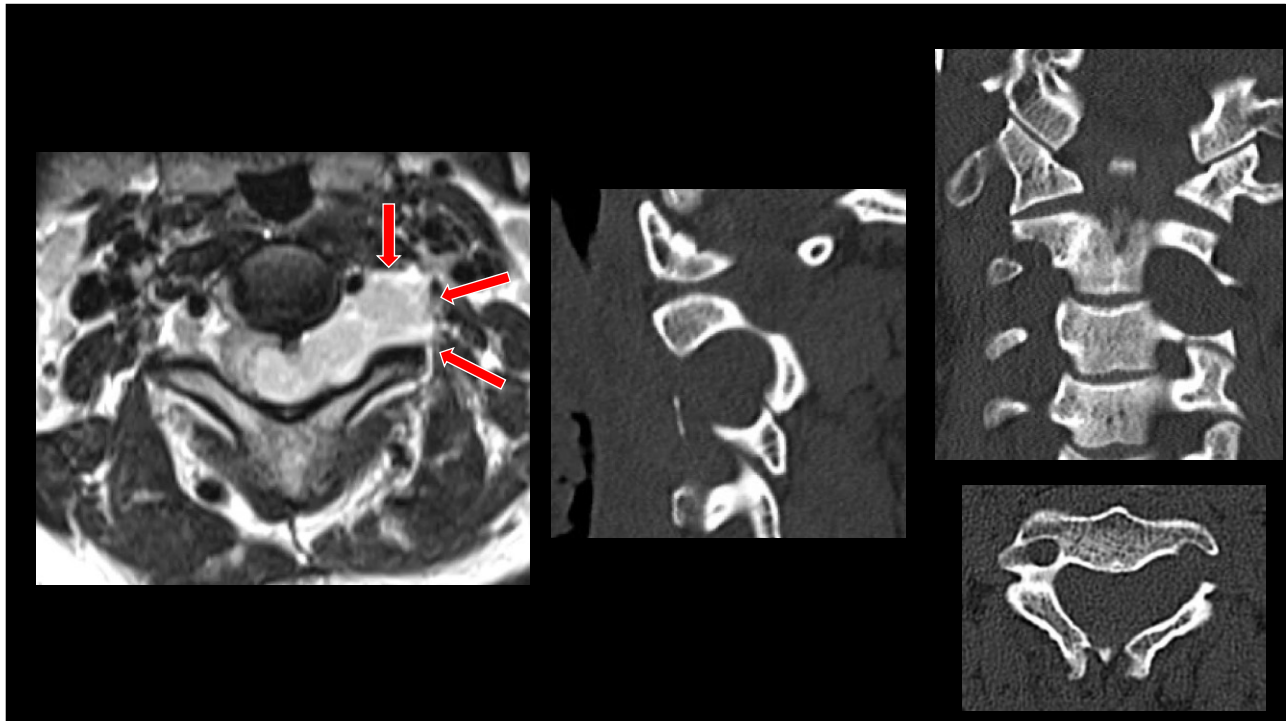
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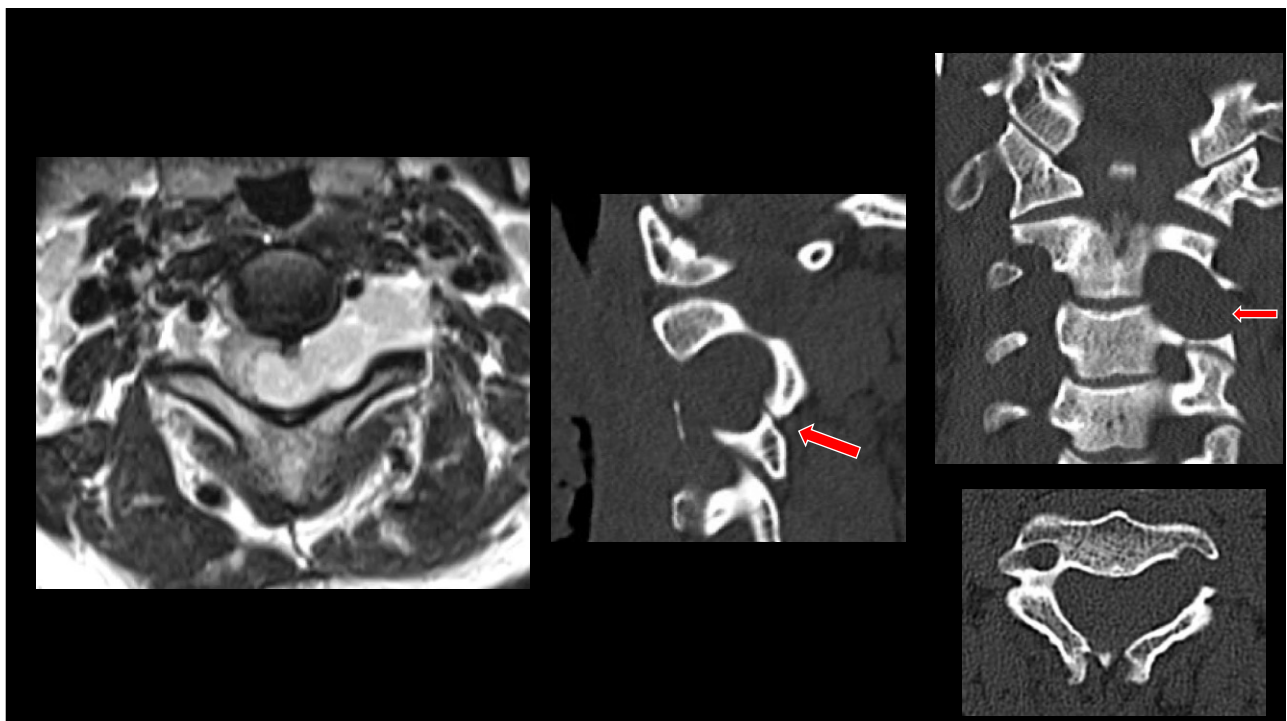
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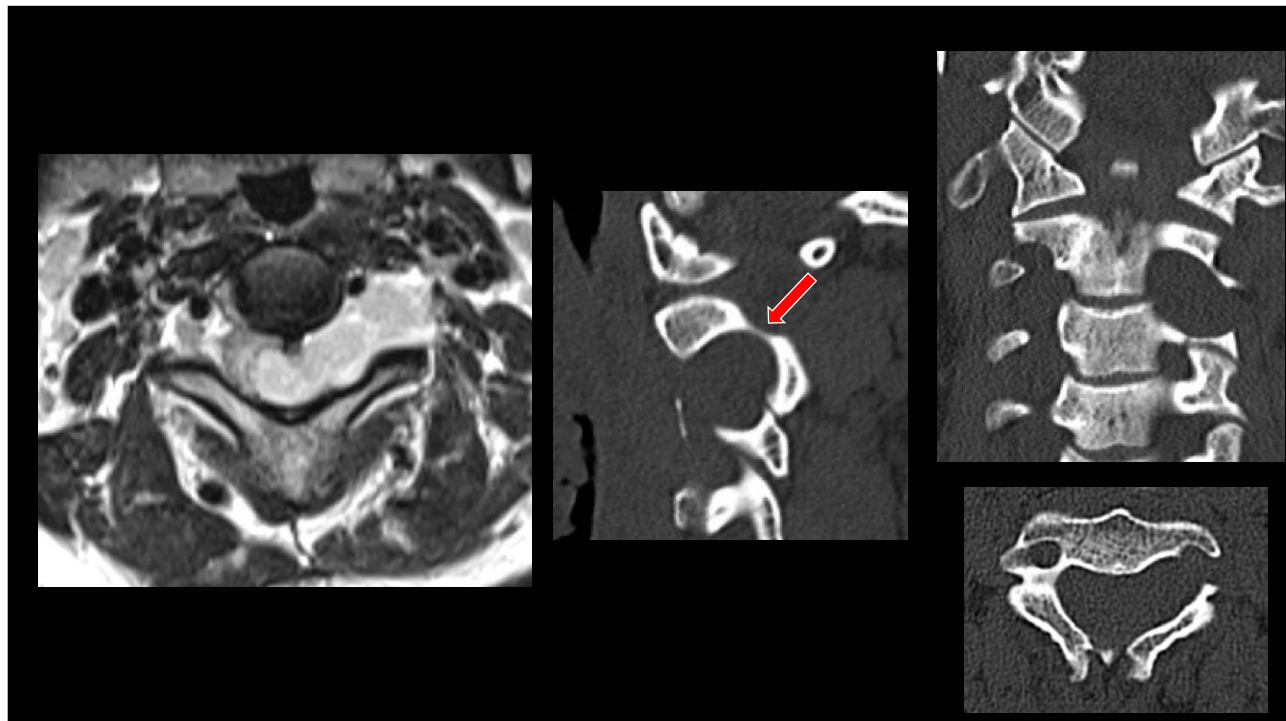
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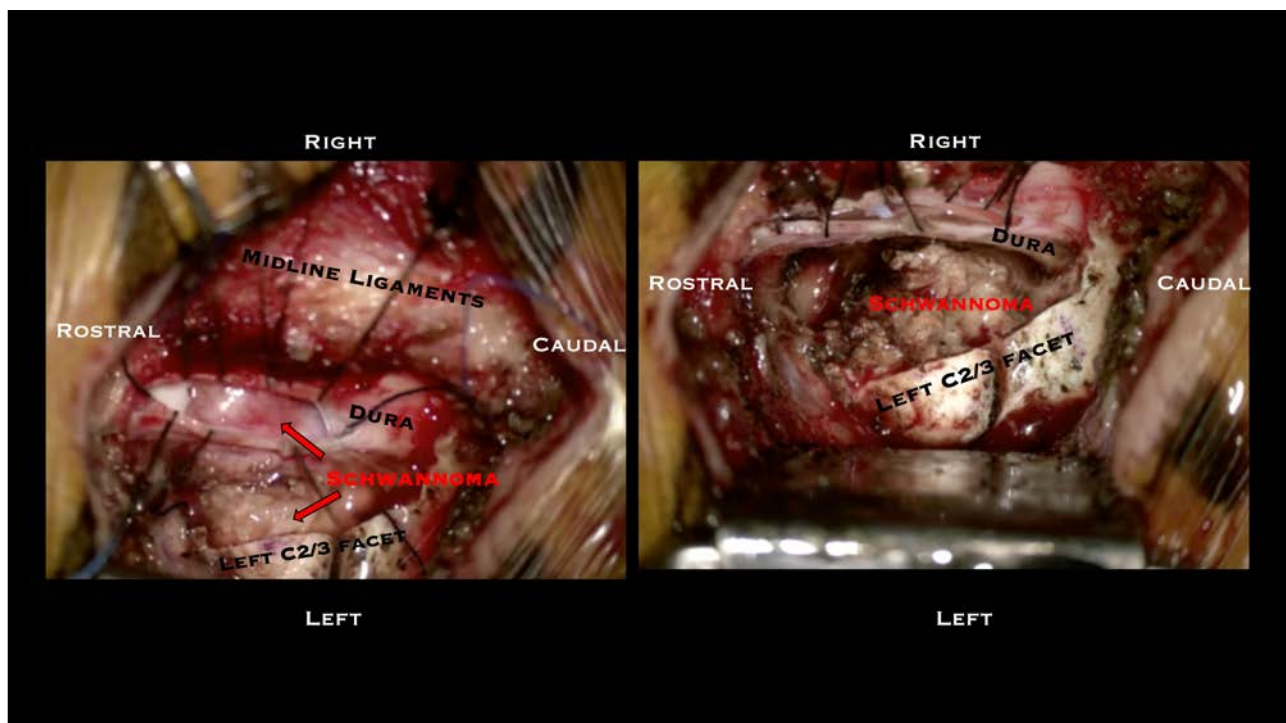
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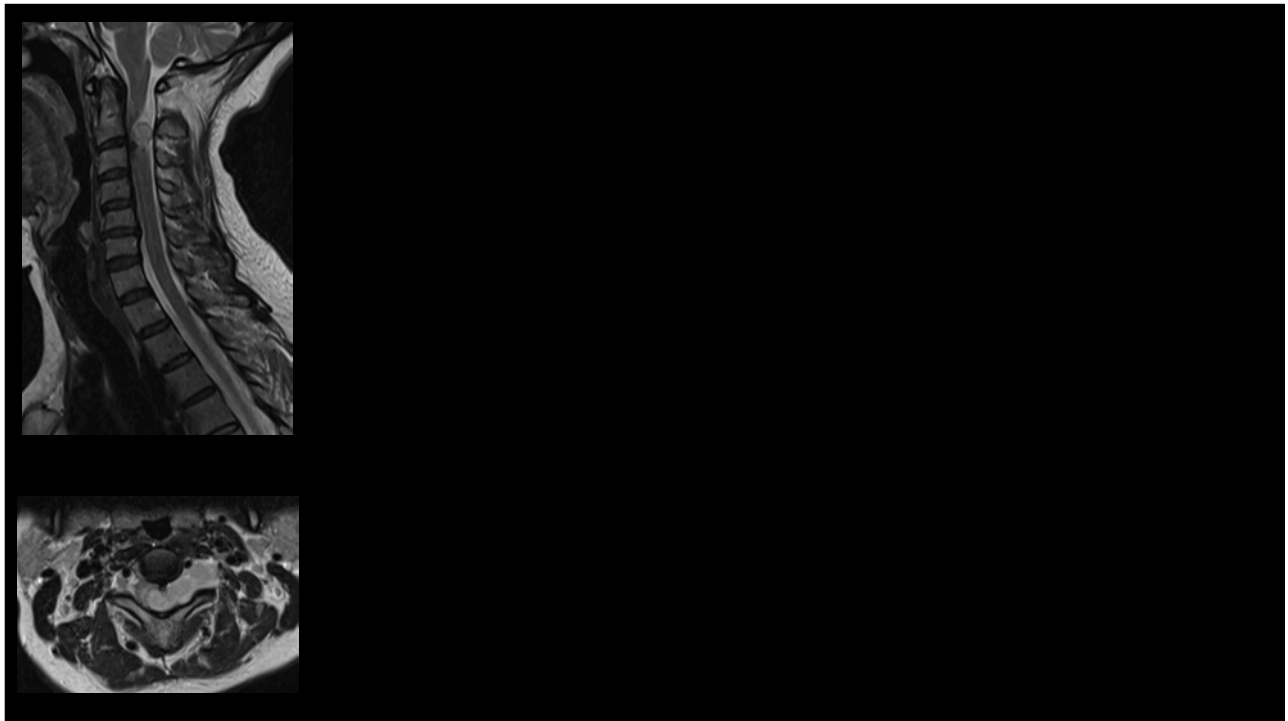
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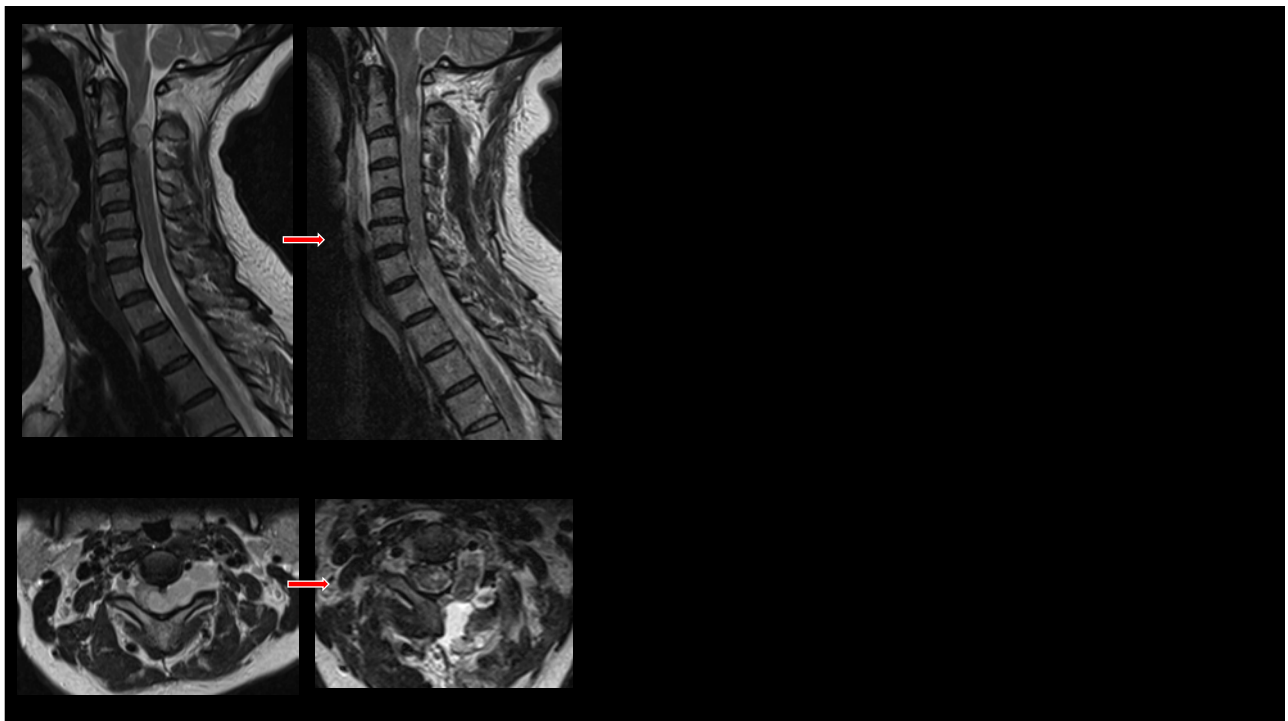
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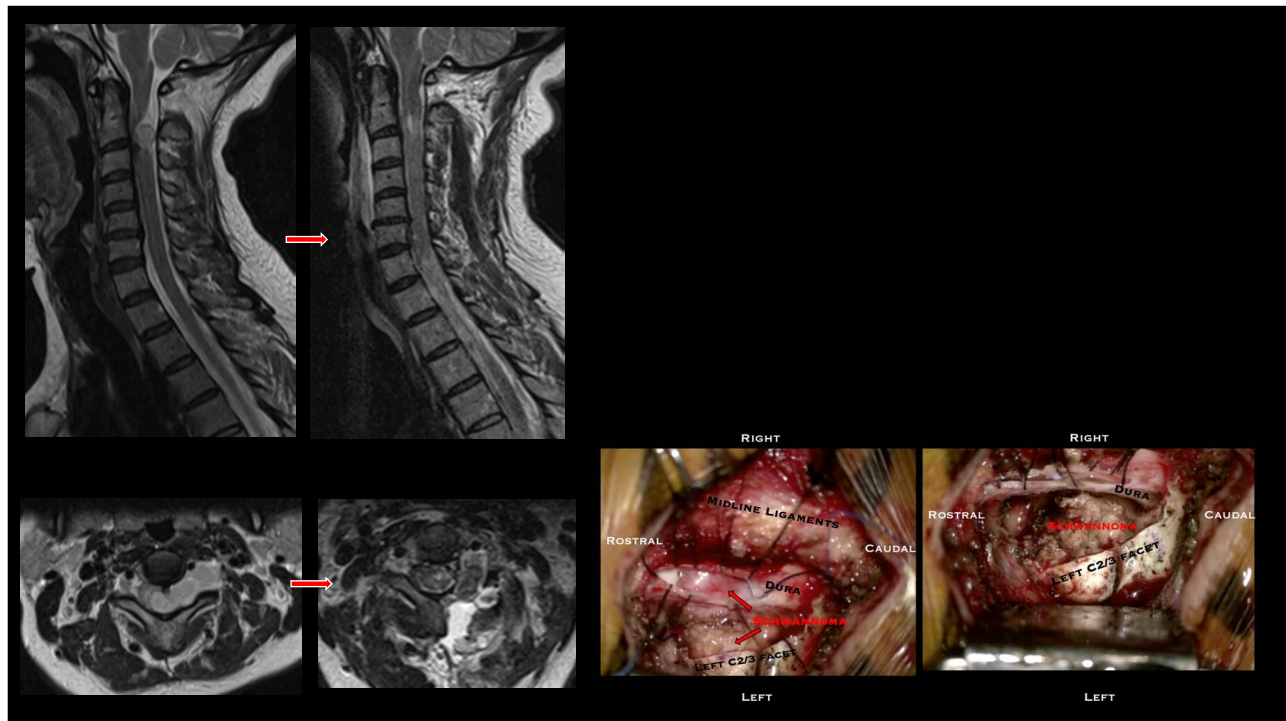
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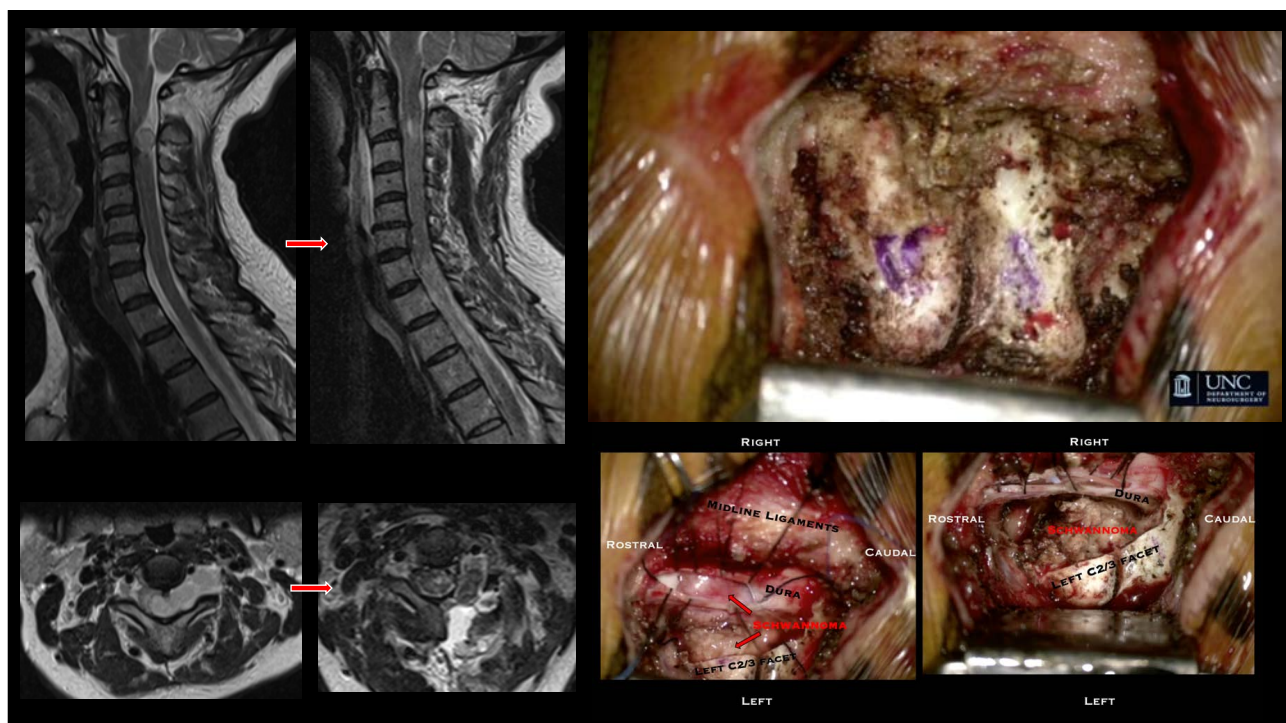
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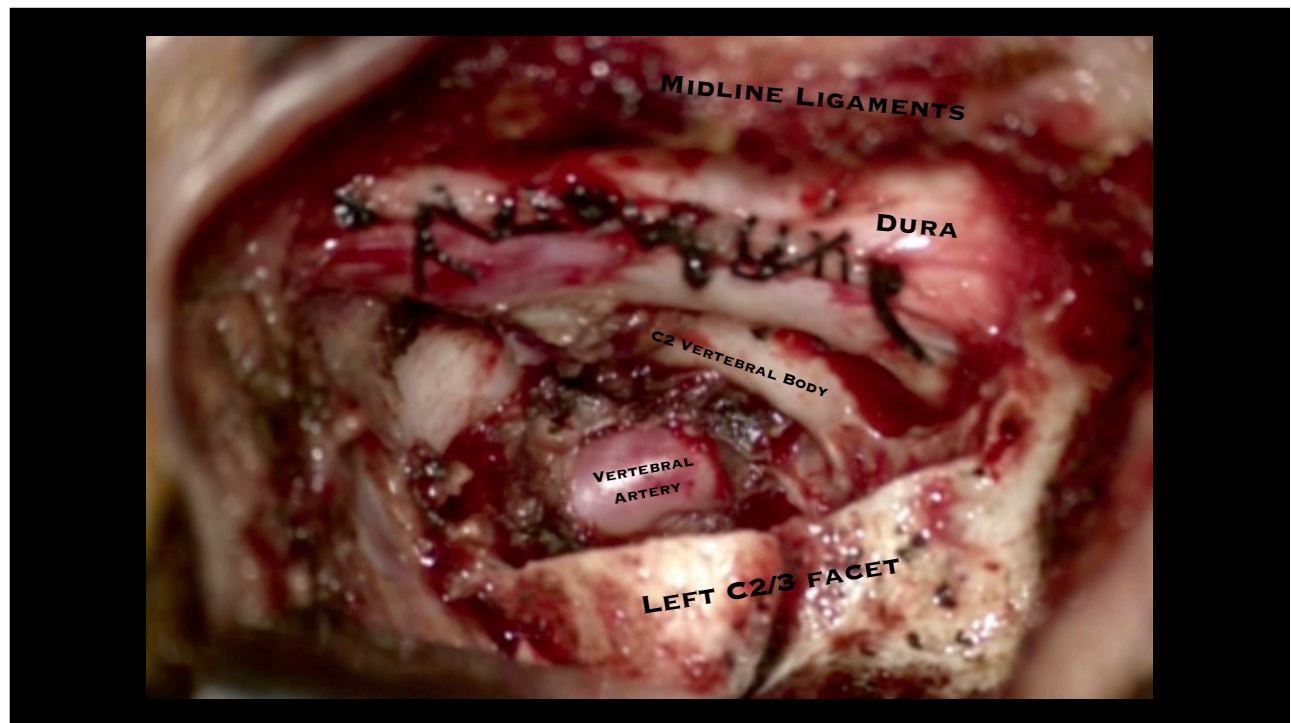
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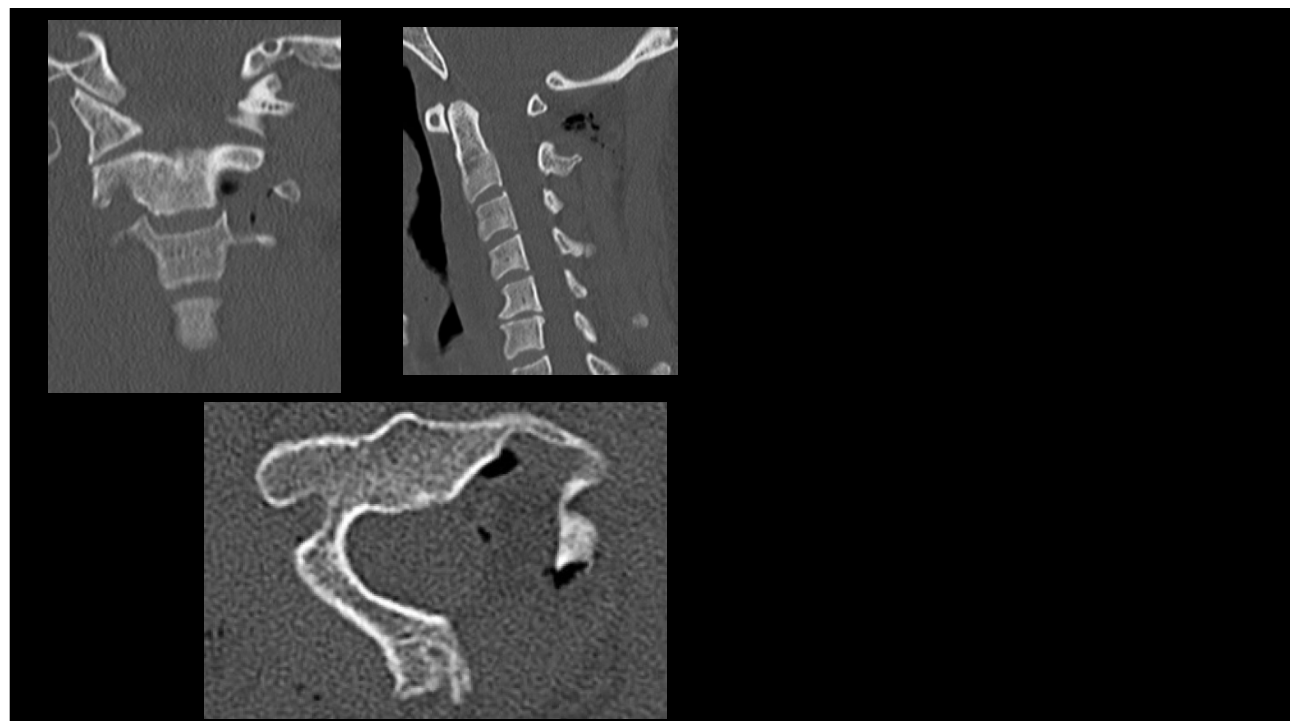
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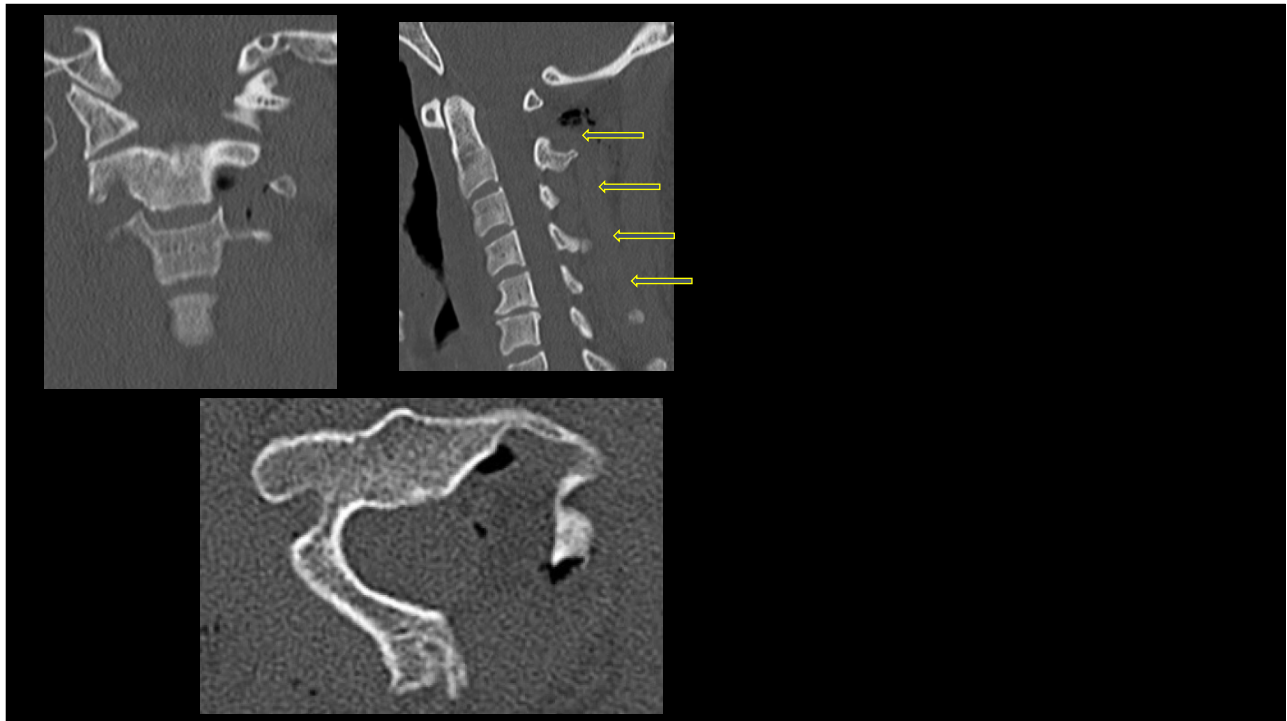
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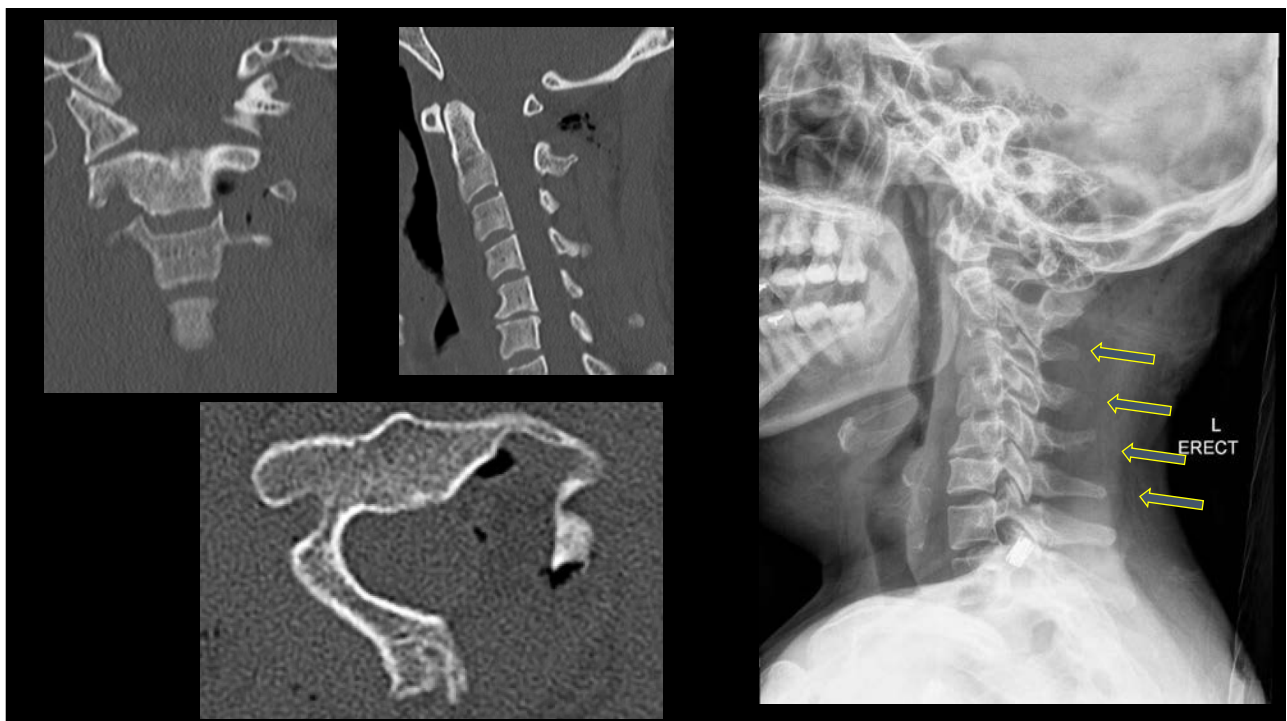
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432

INTRADURAL INTRAMEDULLARY

- Ependymoma
- Pilocytic Astrocytoma
- Hemangioblastoma
- Cavernoma

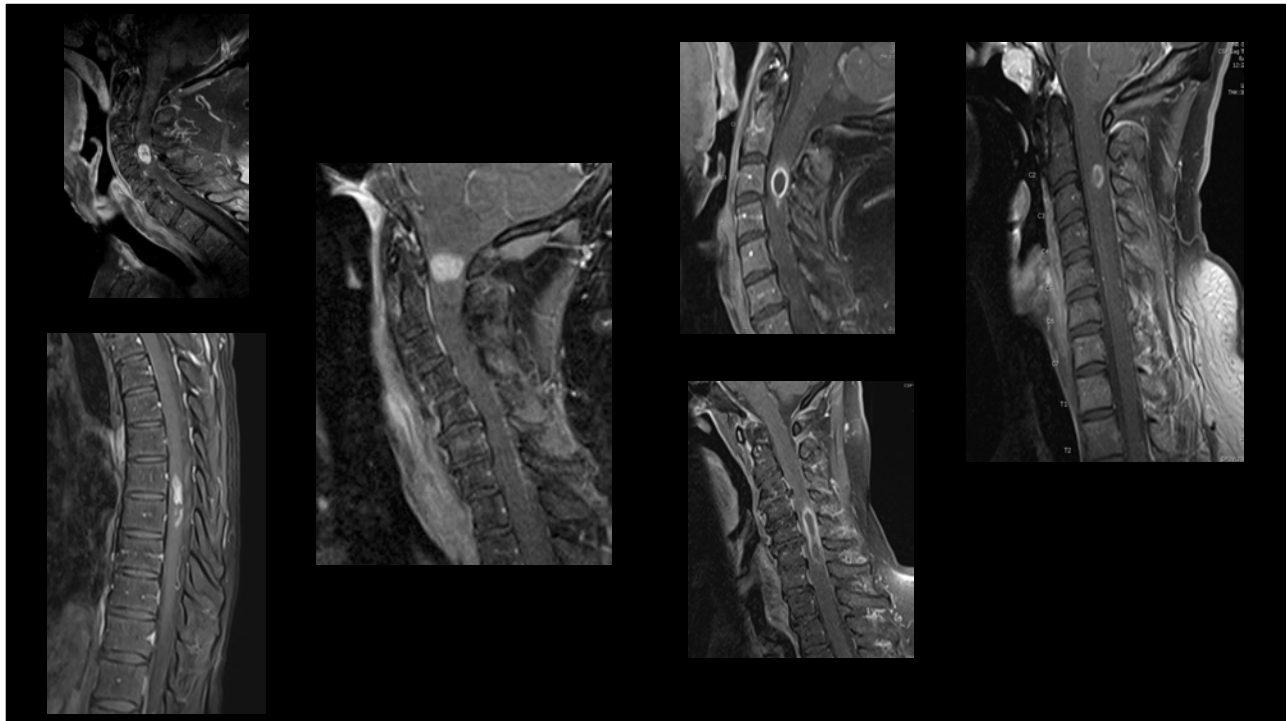


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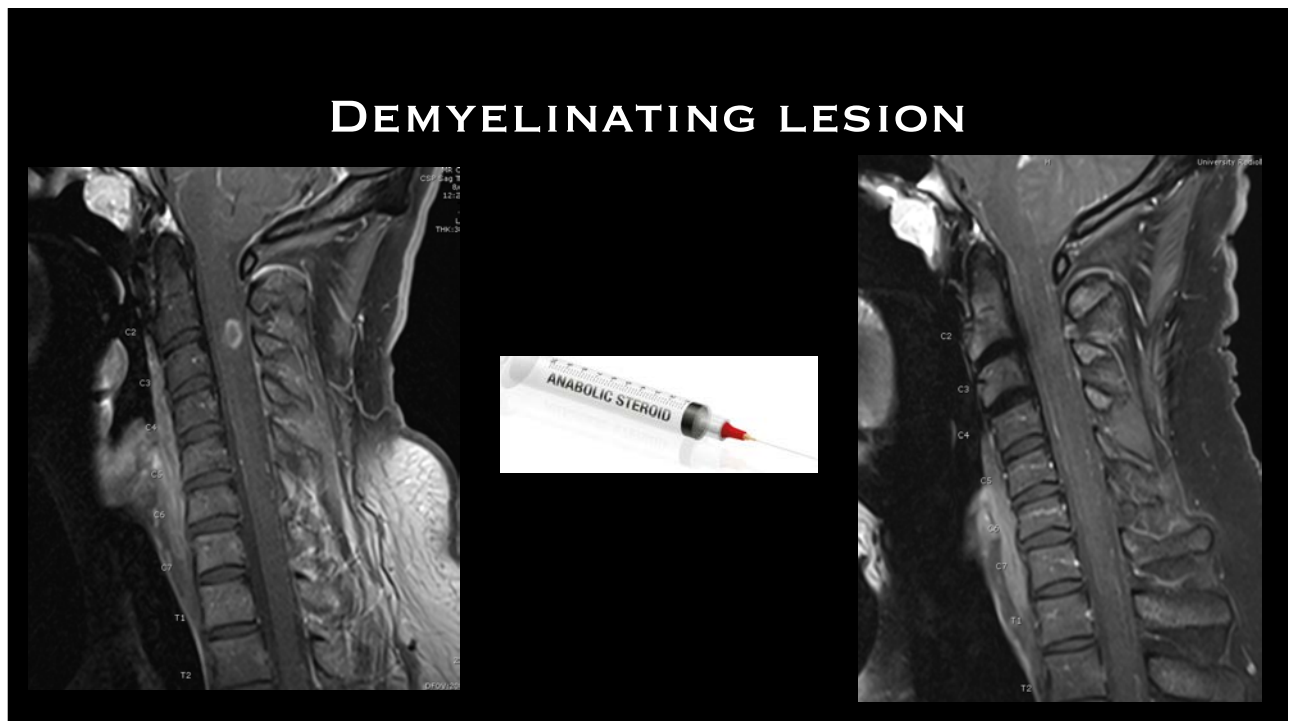
INTRAMEDULLARY TUMORS

**CERTAINTY OF A
NEOPLASTIC PROCESS?**

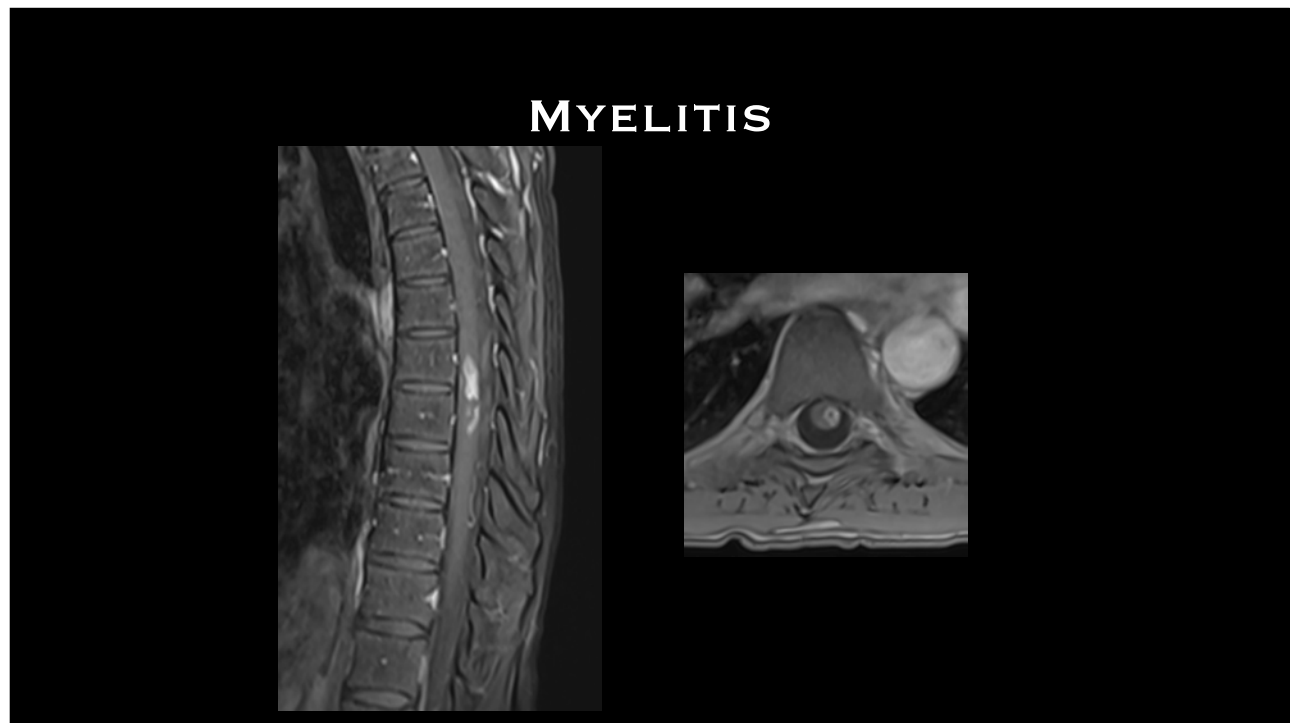
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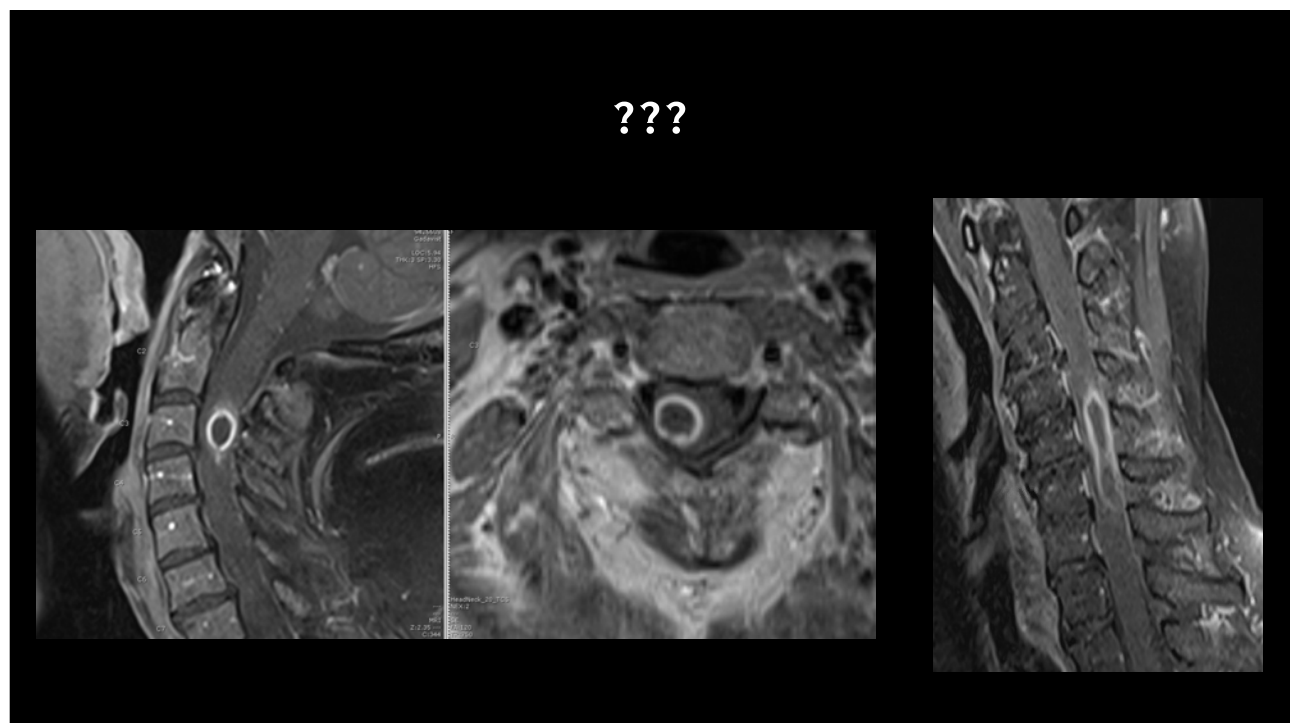
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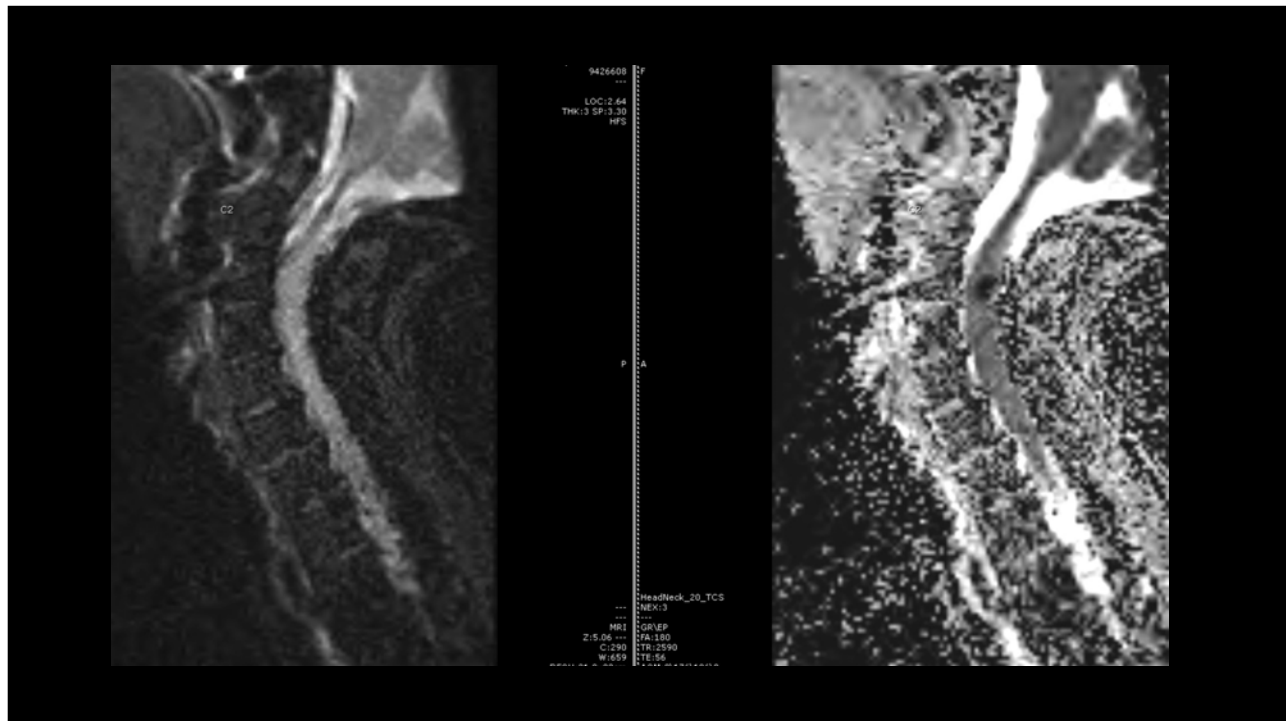
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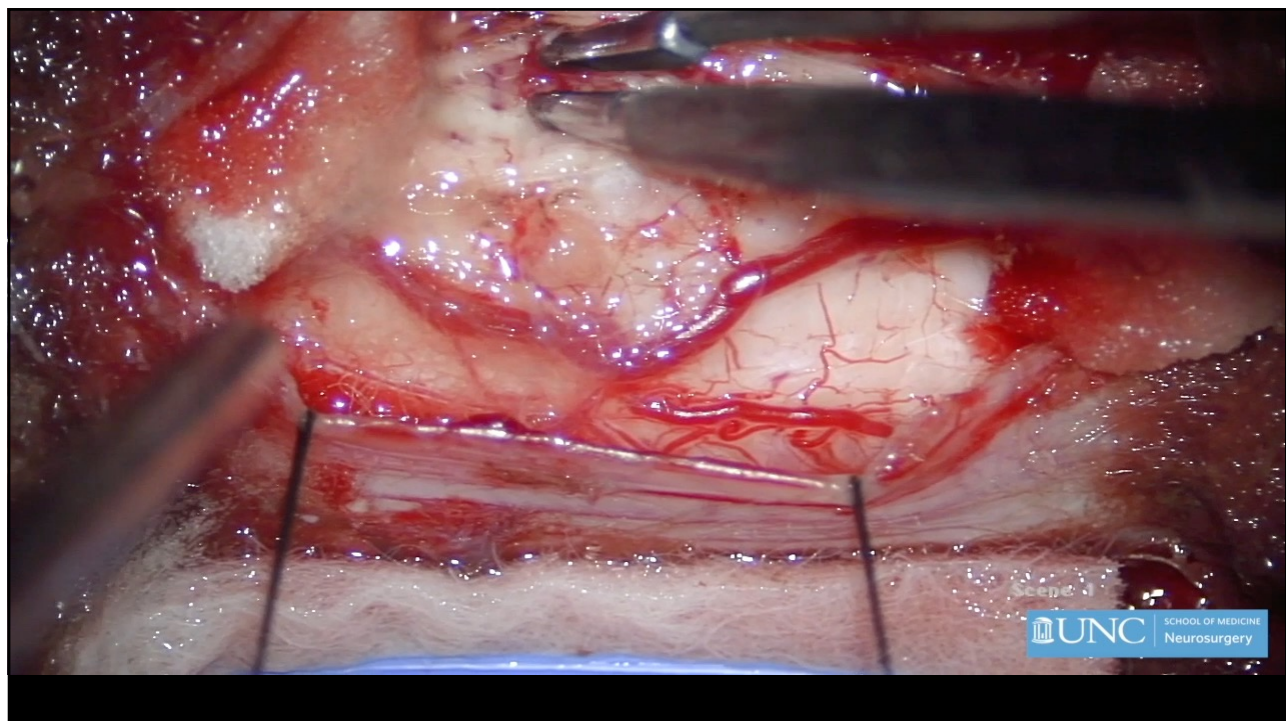
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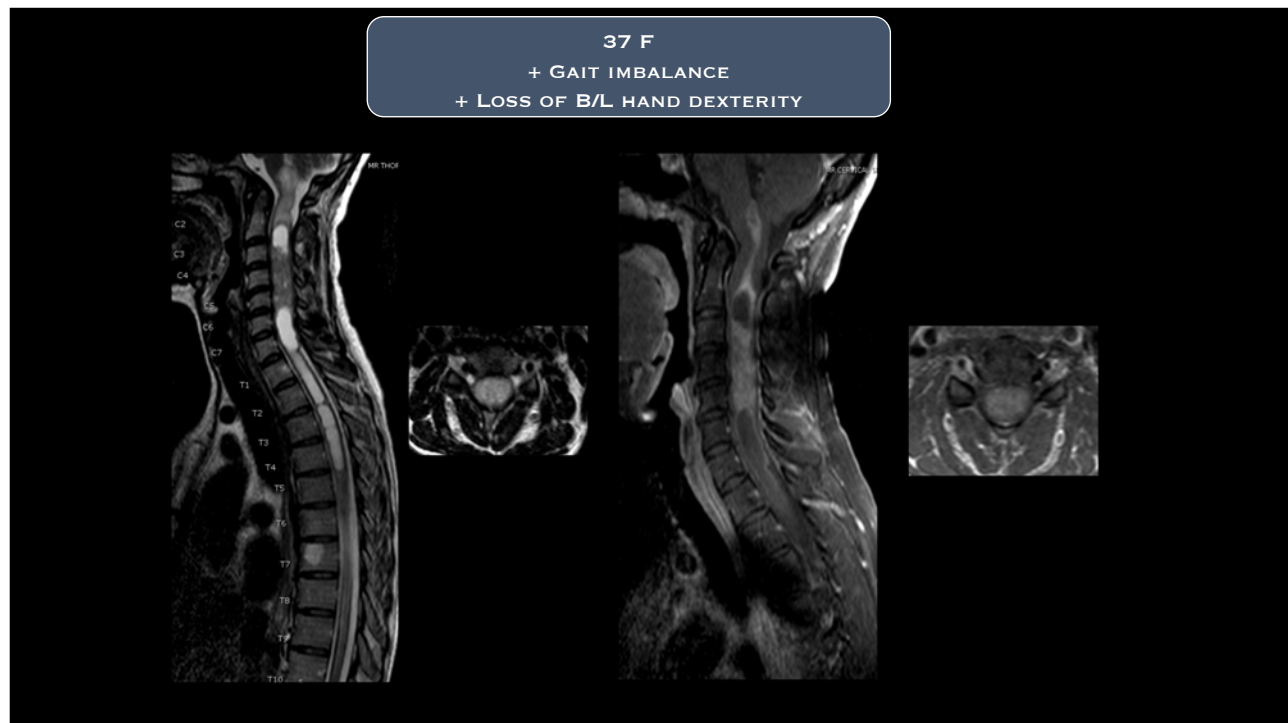
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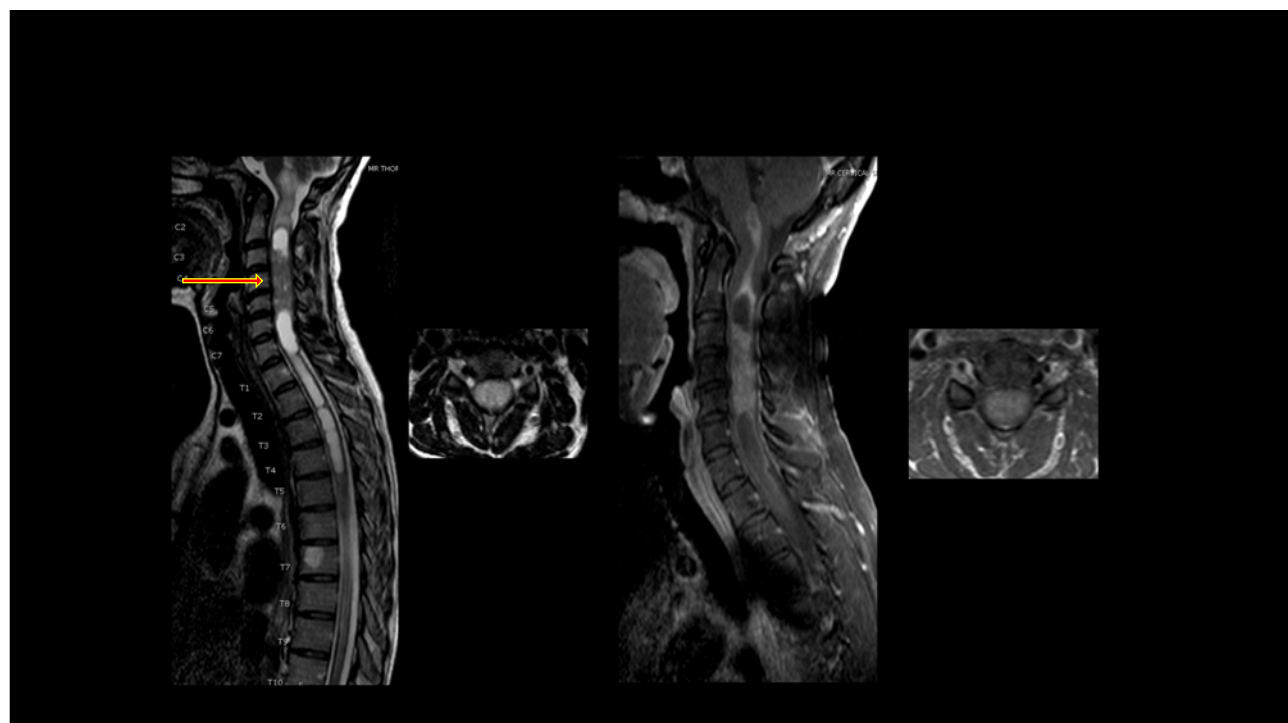
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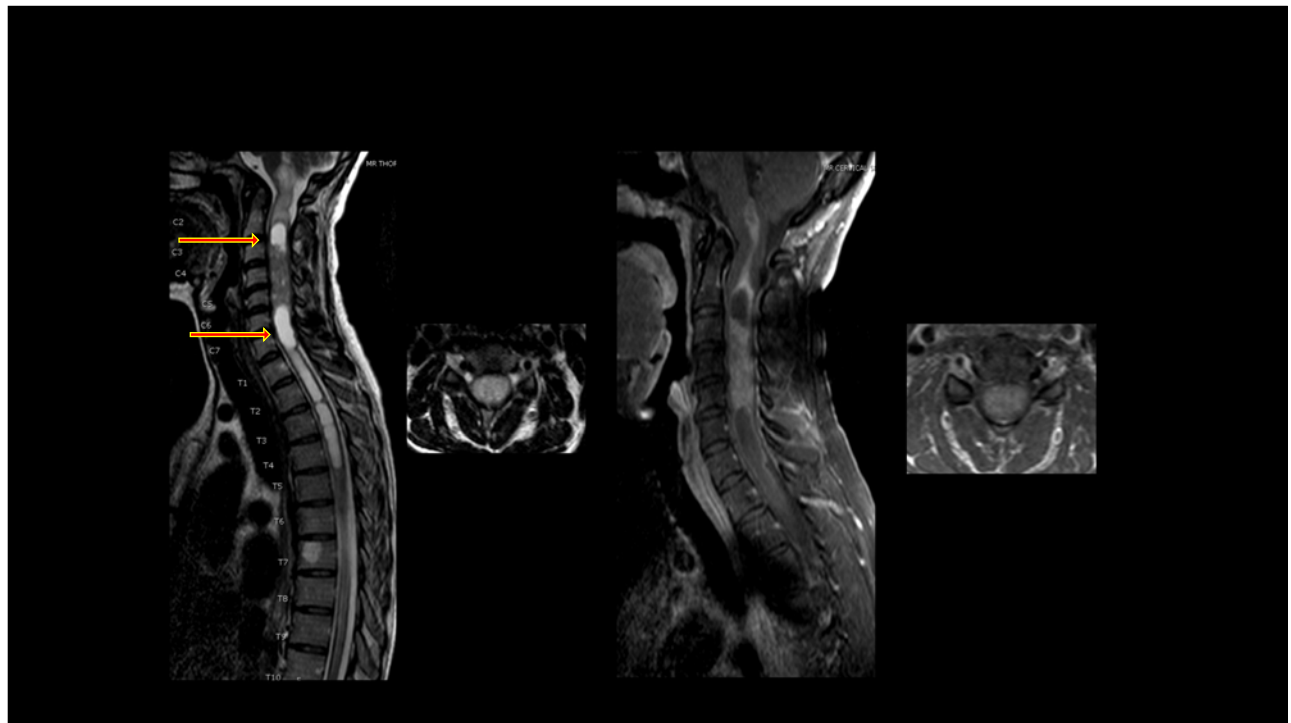
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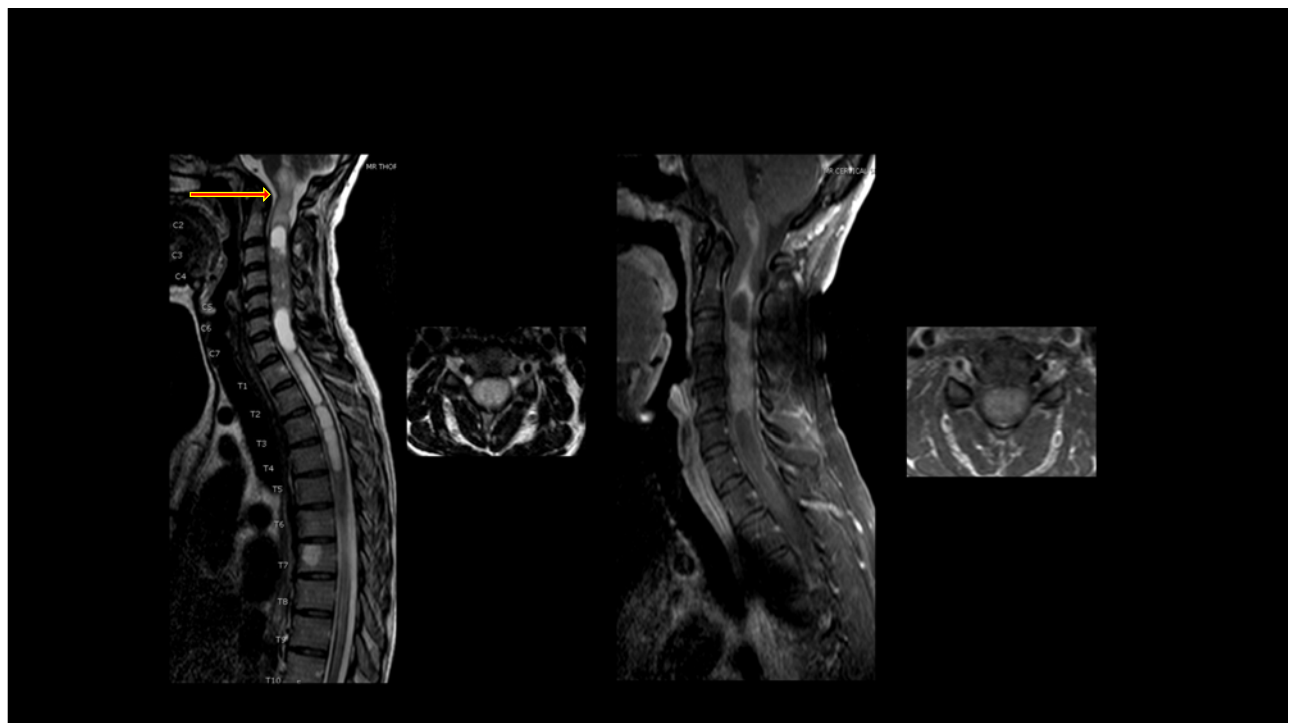
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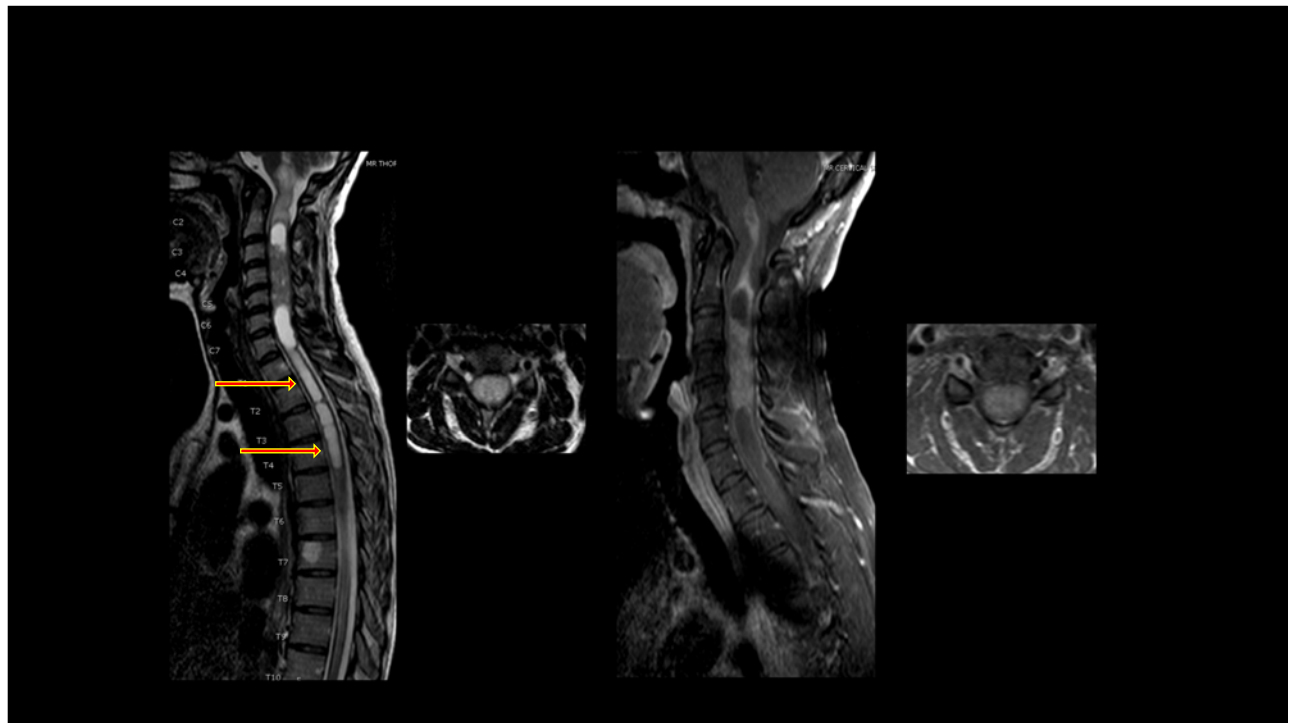
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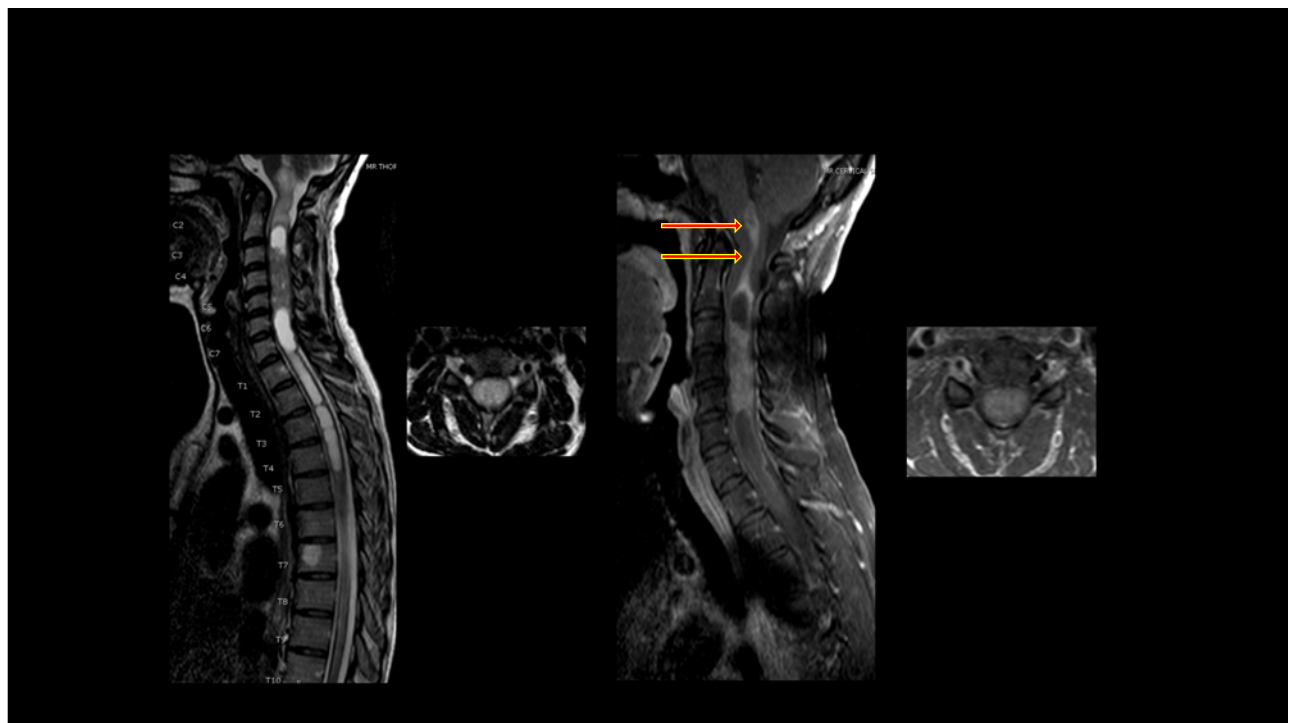
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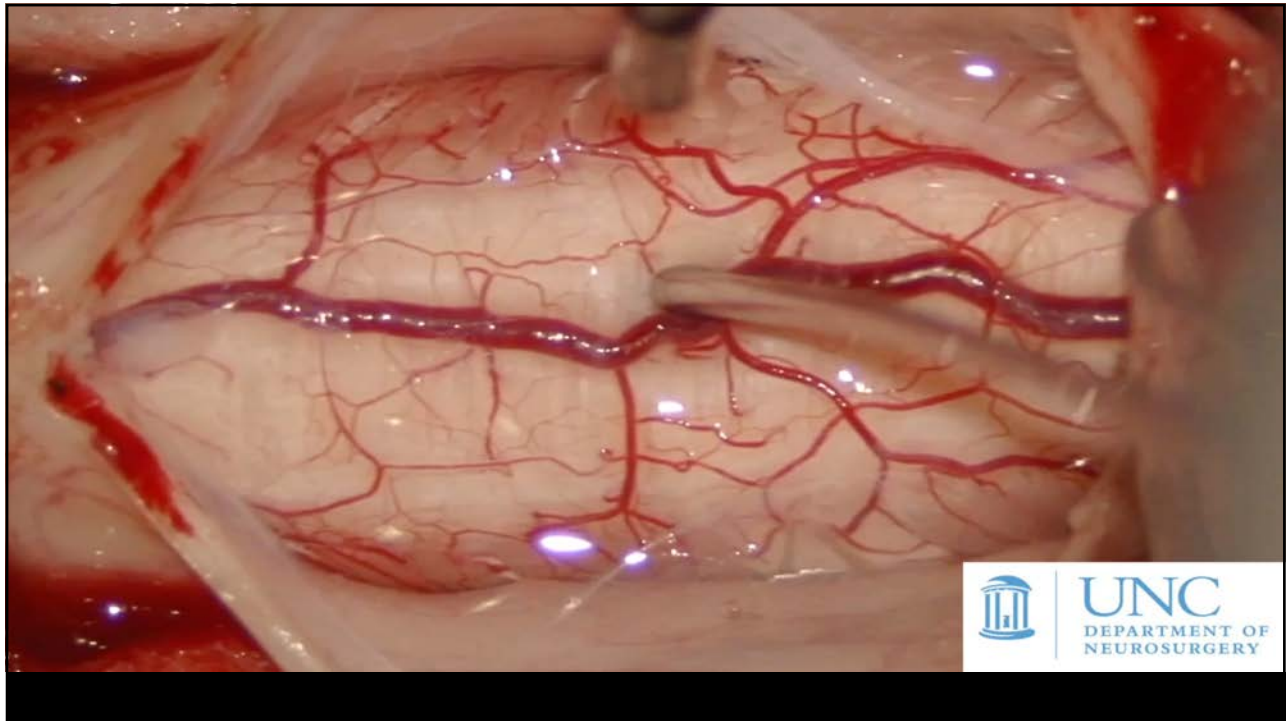
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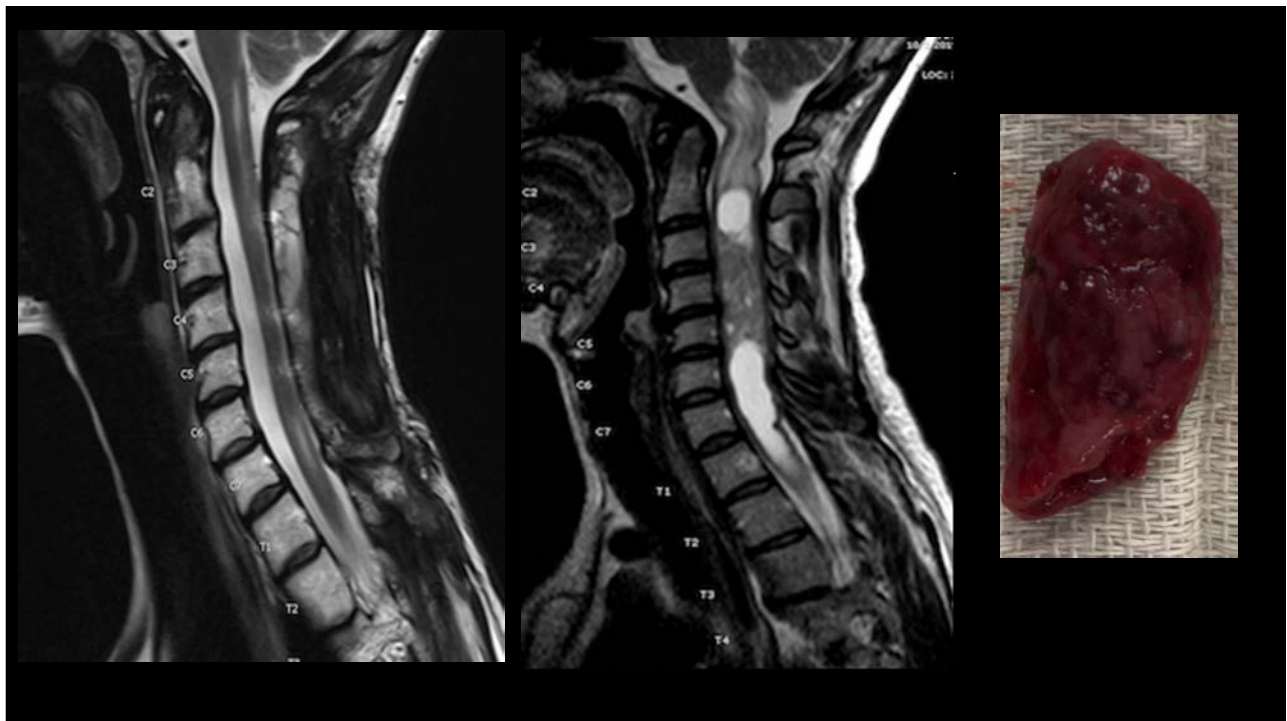
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447



448

CONCLUSION

449

CONCLUSION



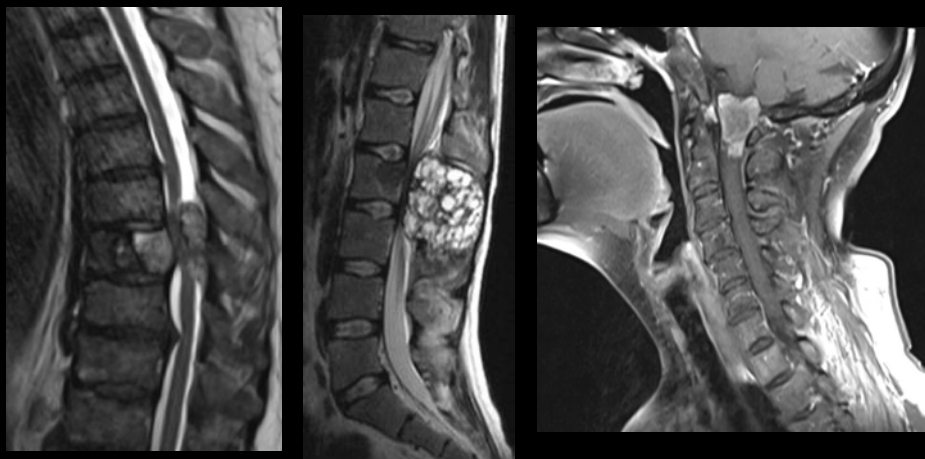
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CONCLUSION



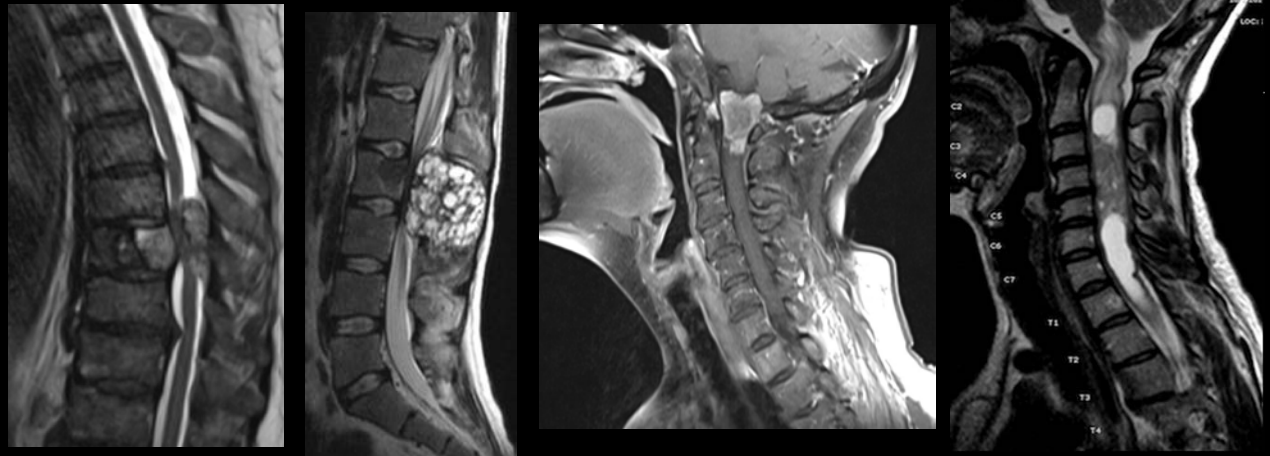
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CONCLUSION



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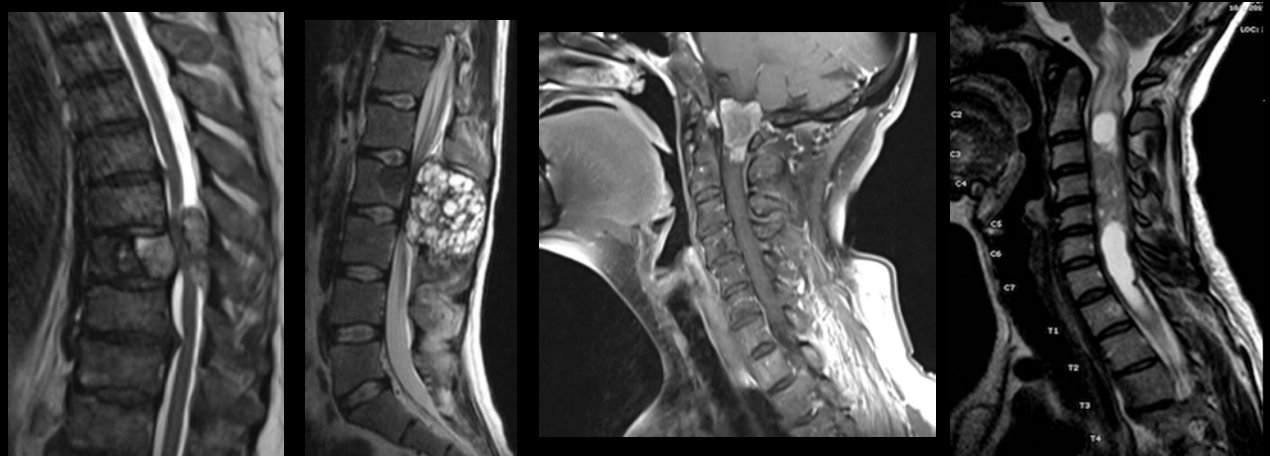
CONCLUSION



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CONCLUSION

COMPLEX PATIENTS

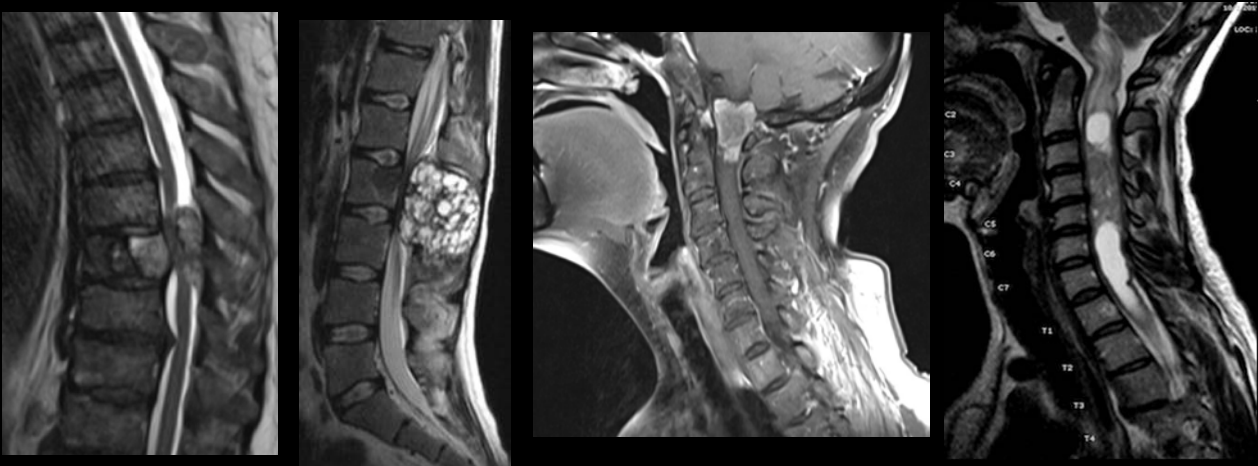


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CONCLUSION

COMPLEX PATIENTS

INDIVIDUALIZED
TREATMENT PLAN



The image displays four MRI scans of the spine. From left to right: 1) A sagittal T2-weighted scan of the thoracic spine. 2) A sagittal T2-weighted scan of the thoracic spine showing a large, hyperintense, heterogeneous lesion in the vertebral body of a mid-thoracic vertebra. 3) A sagittal T1-weighted scan of the thoracic spine. 4) A sagittal T2-weighted scan of the cervical spine with labels C2, C3, C4, C5, C6, C7, T1, T2, T3, and T4. A large, hyperintense lesion is visible in the vertebral body of a mid-cervical vertebra.

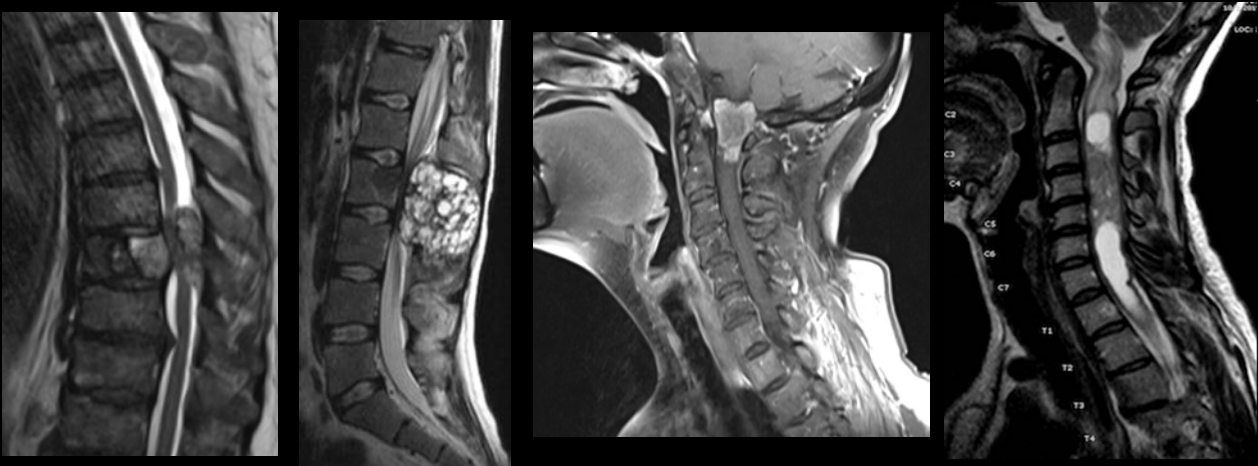
455

CONCLUSION

COMPLEX PATIENTS

INDIVIDUALIZED
TREATMENT PLAN

MULTIDISCIPLINARY
TEAM APPROACH



The image displays four MRI scans of the spine, identical to the ones in slide 455. From left to right: 1) A sagittal T2-weighted scan of the thoracic spine. 2) A sagittal T2-weighted scan of the thoracic spine showing a large, hyperintense, heterogeneous lesion in the vertebral body of a mid-thoracic vertebra. 3) A sagittal T1-weighted scan of the thoracic spine. 4) A sagittal T2-weighted scan of the cervical spine with labels C2, C3, C4, C5, C6, C7, T1, T2, T3, and T4. A large, hyperintense lesion is visible in the vertebral body of a mid-cervical vertebra.

456

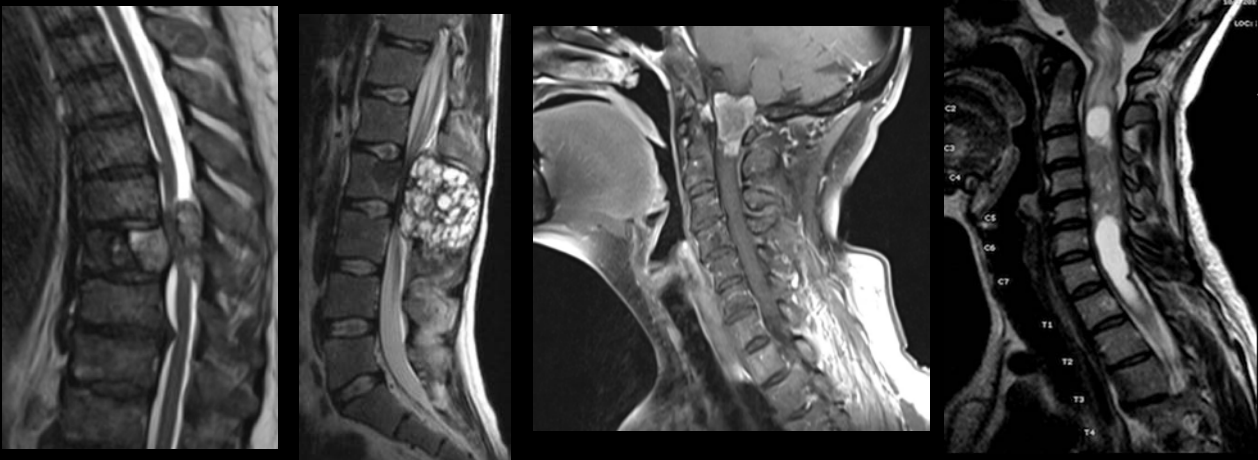
CONCLUSION

COMPLEX PATIENTS

INDIVIDUALIZED TREATMENT PLAN

MULTIDISCIPLINARY TEAM APPROACH

SPECIALIZED CENTERS



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Scan the QR code to visit the spine tumor program's page on our website. Learn about our multidisciplinary team, read about spine tumors, and watch our spine tumor program video that was created by the program's director, Dr. Michael Galgano.



Questions? Call our spine surgery nurse coordinator, Katie McDaniel, at 984-974-6225.



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