

ADVANCED PRACTICE PROVIDER



Using Acceptance and Commitment Therapy (ACT) to Help Cancer Survivors Move Forward After Treatment

May 15

Wednesday

4:00 – 5:00 PM EST/EDT

learn.unclcn.org/05152024



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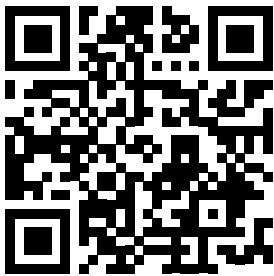


Lisa Kanser,

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Clinical Psychologist

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Self-Paced, Online Course

Available in one month

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Webinar Description

Cancer survivors may face many unique psychosocial challenges. Acceptance and Commitment Therapy (ACT) is an evidence-based psychotherapeutic approach that can effectively teach patients skills to manage these challenges after completing cancer treatment. We will take you through case vignettes to show you how ACT can be applied to this patient population.

Learning Objectives

- Describe the psychosocial challenges faced by cancer survivors
- Identify core concepts of Acceptance and Commitment Therapy (ACT)
- Explain how ACT can be used to address psychosocial concerns in cancer survivorship

This program co-provided with **UNC Health**



Advanced Practice Provider webinars created and coordinated by **Tammy Triglianos, DNP, ANP-BC, AOCNP**, in partnership with **UNC Lineberger Cancer Network**.

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