























	trial to reduce the incidence of lymphedema for patients undergoing lymph node surgery.
4.	She was awarded the best abstract in 2019 by the Association for Academic Surgery.
3.	Dr. Gallagher loves teaching students, residents, and fellows.
2.	She is a surgical coach and helps train other surgeons nationally in oncoplastic surgical techniques.



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Breast cancer surgery is a common treatment that can involve removing the car the breast.	icer, removing lymph nodes, or reconstructing
(A) True	
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RTC Comparing Local Recurrence Rates After BCT with/without XRT



Figure 1: Effect of radiotherapy (RT) after breast-conserving surgery (BCS) on 10-year risk of any (locoregional or distant) first recurrence and on 15-year risks of breast cancer death and death from any cause in 10 801 women (67% with pathologically node-negative disease) in 17 trials Further details are in webappendix p 5. RR=rate ratio. Rate ratios in this figure include all available years of follow-up.

Years 1976-1999

EBCTCG meta-analysis. Lancet 2011

Modern LRR Risk after BCT Modern series showed that with multimodal management of early-stage breast cancer resulted in a much lower **5-15%** (compared to 19-35%) ipsilateral breast tumor recurrence (IBTR)^{1,2,3} Several factors associated with risk of IBTR^{1,2,3,4} % Incidence Age at diagnosis 35-40 40 Tumor grade (high grade) 60 30 P = 000 Receptor Status (TNBC, HER2+) Cumulative 20 FIC 10 Adjuvant therapy (RT, ET, Chemo, Targeted tx) 12 18 8 10 14 Time (years) at risk 88 189 936 1347 0 34 53 140 No. 127 252 1201 Age ≤ 35 35-40 40-50 154 295 1334 101 221 6 13 62 64 167 840 1191 127 574 56 271 351 ¹Brewster eat al. JNCI 2008, ²Bosma et al. BCRT 2016, ³Vrieling et al. JAMA Onc 2017, ⁴van der Leij et al. Semin Radiat Onc 2012.



Traditionally

- Lumpectomy = Mastectomy in terms of overall survival (OS)
- Mastectomy had a lower risk of local-regional recurrence (LRR)



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Which is Better: Lumpectomy or Mastectomy?

Traditionally

- Lumpectomy = Mastectomy in terms of overall survival (OS)
- Mastectomy had a lower risk of local-regional recurrence (LRR)



Overview

- Retrospective review of a prospectively maintained database
- 2006-2016
- cT1-3, cN0-3 breast cancer
- Excluded
 - Women >70 yo (d/t possible omission of XRT with BCS)
 - Bilateral breast cancer
 - Multiple synchronous ipsilateral cancers
 - Neoadjuvant chemotherapy
 - BCS alone
 - De novo stage IV disease
- N=13,914 (BCS: 8,228 and Mastectomy: 5,686)

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T1 Patients: Surgical Overtreatment?

- Should be amenable to BCS
- In this series, 50% of T1N+ and 30.5% pts had a Mastectomy
- BCSS and OS favored BCS
- No difference in local control
- Important to counsel LRR still possible after a Mastectomy

Conclusion:

 In an era of contemporary systemic treatment, BCT was associated with better BCSS and OS and equivalent LRR compared to mastectomy

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Integrating These Findings into Everyday Practice

- The seminal RCT demonstrated that BCT was equivalent to mastectomy but had an increased incidence of local recurrence old data
- Multiple recent studies have shown that BCT improves survival including
 - Young patients
 - High-risk tumors
 - N0 and N+ cohorts

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Integrating These Findings into Everyday Practice

- Possible Explanations (survival)
 - Mastectomy induces a larger inflammatory response
 - Mastectomy may delay the initiation of adjuvant treatment
- Possible Explanations (LRR)
 - Better diagnostic imaging delineating extent of disease
 - Better margin assessment
 - More precise XRT
 - Significantly improved systemic treatment
- · Again demonstrates that tumor biology and not the extent of surgery is important
- It's time to update our counseling!

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RCTs defining low-risk patient subgroups

ET ^a	Et ^a <t< th=""><th></th><th>Years</th><th>No. Of patients</th><th>Age (years)</th><th>Median follow-up (years)</th><th colspan="3">Local recurrence (%)</th></t<>		Years	No. Of patients	Age (years)	Median follow-up (years)	Local recurrence (%)		
Kunkler et al. [10]2003-20091326 ≥ 65 9.19.50.9Hughes et al. [11]1994-1999636 ≥ 70 12.610.02.0Blamey et al. [12]1992-20001172<7010.24.81.1Fastner et al. [13]1996-2004869Postmenopausal9.97.62.5Fyles et al. [14]1992-2000769 ≥ 50 5.67.70.6Fisher et al. [15]1889-19981009 ≥ 18 8.016.52.8Winzer et al. [16]1991-1998347 > 45.75 9.920.06.0Forrest et al. [17]1985-1991585<705.724.55.8 ET , endocrine therapy.	Kunkler et al. [10] 2003–2009 1326 ≥ 65 9.1 9.5 0.9 Hughes et al. [11] 1994–1999 636 ≥ 70 12.6 10.0 2.0 Blamey et al. [12] 1992–2000 1172 <70 10.2 4.8 1.1 Fastner et al. [13] 1996–2004 869 Postmenopausal 9.9 7.6 2.5 Fyles et al. [14] 1992–2000 769 >50 5.6 7.7 0.6 Fisher et al. [15] 1889–1998 1009 ≥ 18 8.0 16.5 2.8 Winzer et al. [16] 1991–1998 347 >45.75 9.9 20.0 6.0 Forrest et al. [17] 1985–1991 585 <70 5.7 24.5 5.8 * ET, endocrine therapy. * * * * * * * * RT, radiation therapy. * * * * * * *						ETa	$ET^a + RT$	
Hughes et al. [11] 1994–1999 636 ≥ 70 12.6 10.0 2.0 Blamey et al. [12] 1992–2000 1172 <70 10.2 4.8 1.1 Fastner et al. [13] 1996–2004 869 Postmenopausal 9.9 7.6 2.5 Fyles et al. [14] 1992–2000 769 >50 5.6 7.7 0.6 Fisher et al. [15] 1889–1998 1009 ≥ 18 8.0 16.5 2.8 Winzer et al. [16] 1991–1998 347 >45-75 9.9 20.0 6.0 Orrest et al. [17] 1985–1991 585 <70	Hughes et al. [11] 1994-1999 636 ≥70 12.6 10.0 2.0 Blamey et al. [12] 1992-2000 1172 <70	Kunkler et al. [10]	2003-2009	1326	≥65	9.1	9.5	0.9	
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¹ ET, endocrine therapy.	¹ ET, endocrine therapy. ² RT, radiation therapy.	Forrest et al. [17]	1985-1991	585	<70	5.7	24.5	5.8	
'RT, radiation therapy.		^o ET, endocrine therap ^o RT, radiation therap	у. y.						

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12.0 10.0 10.2 4.8 9.9 7.6 5.6 7.7

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Forrest et al. [17] ET, endocrine therap RT, radiation therap	1985–1991 y.	585	<70	5.7	24.5	5.8	





















Kunkler et al. NEJM 2023. DOI: 10.1056/NEJMoa2207586.

Improving Prognostic Precision

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Me	eta	1-	Α	'n	alys	is		ORIGINAL ARTICLE – BREAST ONCOLOGY A Systematic Review and Meta-Analysis on the Role of Repe Breast-Conserving Surgery for the Management of Ipsilatera Breast Cancer Recurrence Cure Jouphin Talin, ND ² , Edui Paulur, ND ² , Atomin Valashi, ND ² , Andrem Karakain FER ⁹ , and Marien Konstantion Tasonlin, ND, ND, FER, PECX ²⁴
Study	rBC Non-Event	S S Event	šalvage Ma Non-Event	stectomy t Event		Risk ratio with 95% Cl	Weight (%)	 42 observational studies
Kurtz et al	41	11	45	21		1.16 [0.93, 1.44]	2.25	
Salvadori et al	49	8	93	40		1.23 [1.05, 1.43]	3.80	 Second LR rate
Alpert et al	17	13	26	40 -		0.86 [0.62, 1.21]	1.03	
Komouke et al	46	50	61	20		0.8610.77.0.963	3.25	 After rBCS: 15.7%
Fodor et al	24	8	18	14		- 1.33 (0.93, 1.92)	0.90	
Panet-Raymond et al	22	26	119	96 -	_	0.83 [0.60, 1.15]	1.09	 After salvage mastectomy: 10.3%
Shah et al	4	0	13	0		0.93 [0.69, 1.27]	1.23	
Kolben et al	40	7	75	29		1.18 [1.00, 1.40]	3.30	 Risk ratio: 2.103 (95% CI 1.535-2.883; p<0.00)
Lee et al	21	2	93	15		1.06 [0.92, 1.23]	4.01	
Yoshida et al	48	3	47	4		1.02 [0.92, 1.13]	5.92	Paneat PT had a protective affect for second l
Houvenaeghel et al	100	16	190	42		1.05 [0.96, 1.16]	6.57	Repeat INT had a protective effect for second i
Sellam et al	47	0	73	1		1.01 [0.97, 1.05]	10.19	
Smanyoko et al	32	7	103	53	-	1.24 [1.03, 1.50]	2.89	Pooled 5 yr OS
Wu et al	164	38	159	-90	-	1.03/0.91.1.171	4.72	
Gentile et al	100	8	74	34		1.35 (1.18, 1.55)	434	 rBCS: 86.8%
Back et al	81	9	75	15		1.08 [0.96, 1.21]	5.39	
Li et al	1,007	157	1,013	151	-	0.99 [0.96, 1.03]	10.94	 Salvage mastectomy: 79.8%
Wang et al	695	78	4,096	544		1.02 [0.99, 1.05]	11.26	
Overall						1.04 [1.00, 1.08]		 Conclusion: rBCS could be considered for IBTR
Heterogeneity: $t^2 \approx 0.0$	0, 12 = 70.825	6, H ² = 3,4	43					Conclusion. Thes could be considered for infi
Test of $\theta_j = \theta_j \cdot Q(19) =$	65.11, p = 0.0	90						Shared decision making appropriate patient
Test of 0 = 0; z = 2.15,	p = 0.03					-		onarea accision making, appropriate patient
				0.60		1.92		selection and individualized approach are
andom-effects DerSim	onian TLaird n	sodel						immentant for outlined outcomes
								important for ontimal outcomes

Tollan CJ et al. Ann Surg Oncol. 2022;29(10):6440-6453.

Ann Surg Oscol (2022) 29:6440-6453 https://doi.org/10.12455.10434-022-12197-6









 Remove the cancer and reshape the breast into a normal appearing breast



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Why is Oncoplastic Surgery Important?

- BCT is the standard of care in management of early-stage breast cancer
- Goal of BCT is tumor-free resection margins and local control
- Secondary goal: satisfactory cosmetic outcome
- Cosmetic outcomes are associated with patient satisfaction and improved QOL
 - Poor outcomes affect up to 40% patients undergoing BCT
 - Direct correlation between cosmetic outcome and patient's anxiety and depression score, body image, sexuality and self-esteem.¹



Cochrane RA et al. Br J Surg. 2003;90(12):1505-1509.



Factors influencing cosmesis

Surgery

- Incision placement
- Amount/Volume of tissue excised
- Tissue rearrangement
- Tumor location
- Adjuvant treatment
 - Radiation
 - Systemic therapies

Cochrane RA et al. Br J Surg. 2003;90(12):1505-1509.



Incision Placement

- Periareolar
- Inframammary fold
- Curvilinear in the superior pole of the breast
- Parallellogram if you need to remove skin
- Radial in the inferior pole of the breast
- Try to avoid the V-line



Incision placement

Radial incision within the areola







Lumpectomy with Breast Reduction





Oncoplastic Mastopexy



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The aesthetically flat closure









"Going Flat" After Mastectomy: PRO by Online Survey

- 931 women with uni- or bilateral mastectomy for treatment of breast cancer or elevated breast cancer risk
- The top two reasons for going flat were avoidance of a foreign body placement and a desire for a faster recovery



Baker JL, Dizon DS... Attai DJ. "Going Flat After Mastectomy: Patient-Reported Outcomes by Online Survey. Ann Surg Onc 2021. 28:2493-2505. https://doi.org/10.1245/s10434-020-09448-9.

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"Going Flat" After Mastectomy: PRO by Online Survey

- 931 women with uni or bilateral mastectomy for treatment of breast cancer or elevated breast cancer risk
- The top two reasons for going flat were avoidance of a foreign body placement and a desire for a faster recovery
- 65% of respondents felt they received adequate information about surgical options so they could make the right decision
- 20.7% of respondents felt that their surgeon did not respect or support their decision to go flat

Baker JL, Dizon DS... Attai DJ. "Going Flat After Mastectomy: Patient-Reported Outcomes by Online Survey. Ann Surg Onc 2021. 28:2493-2505. https://doi.org/10.1245/s10434-020-09448-9.

"Going Flat" After Mastectomy: PRO by Online Survey

- In a multivariant analysis, low level of surgeon support for the decision to go flat was the strongest predictor of low satisfaction score
- Greater satisfaction was associated with receiving adequate information about surgical options



Baker JL, Dizon DS... Attai DJ. "Going Flat After Mastectomy: Patient-Reported Outcomes by Online Survey. Ann Surg Onc 2021. 28:2493-2505. https://doi.org/10.1245/s10434-020-09448-9.

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Flat Mastectomy in Small Breast









Angel Wing Technique





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Skin Sparing Mastectomies



Surgical Management of the Axilla



Clinically Node Negative (cN0)

Pathological Node-Positive (pN+)



Clinically Node positive (cN+)

Down-stages to pN0 after chemotherapy Still node-positive after chemotherapy



• You are seeing a 41 year old patient in your clinic who has a 2.5 cm invasive ductal carcinoma (IDC), grade 3, hormone receptor-positive (ER+, PR+) and HER2 receptor negative. She is planning breast conservation with a lumpectomy. On exam, you do not feel any axillary adenopathy.

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Clinically Negative Axilla





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Axillary Management

 1996: Sentinel lymph node biopsy established as a standard method for axillary staging in clinically node-negative patients





With 10 year follow up, there is no role for ALND for patients with +SLN and otherwise meeting Z11 criteria (< 3 +nodes, XRT, adjuvant Rx)



Poll Everywhere

 You are seeing a 52 year old patient who initially presented with a 4 cm triple negative (ER-, PR-, HER2-) IDC with a positive lymph node. She has now completed neoadjuvant chemotherapy and had an excellent response. On imaging her breast cancer is no longer visible and the lymph node now has normal appearance. She is planning to undergo lumpectomy.





Node Positive Patients after NAC

- ACOSOG Z1071¹
- SENTINA²
- SN FNAC³
- Design: cT1-4 N1-2 underwent NAC followed by SLN and ALND.
- Compared SLN pathology to the remaining axillary nodes (FNR)

¹Boughey et al. JAMA 2013 Oct 9;310(14):1455-61. ²Kuehn et al. Lancet Oncol. 2013 Jun;14(7):609-18. ³Boileau et al. J Clin Oncol. 2015 Jan 20;33(3):258-64

		ACOSOG Z1071 ¹	SENTINA ²	SN FNAC
Node	SLN Identification Rate	92.7%	87.8%	87.6%
Positive Patients after	Overall FNR	12.6%	14.2%	13.4%
NAC	FNR			
	Mapping Agents			
	One Agent	20.3%	16%	16%
	Dual Agent	10.8%	8.6%	5.2%
	Number SLN			
	1 SLN	31%	24.3%	18.2%
	2 SLN	21.1%	18.5%	
	<u>></u> 3 SLN	9.1%	4.9%	4.9%
	IHC	8.7%	NR	8.4%

ACOSOG 1071

- Subgroup with clipped positive node
- When clipped node was in SLN FNR dropped to 6.8%

Boughey et al. JAMA 2013 Oct 9;310(14):1455-61.





90%

RLR Placed Post-NST

All underwent radar localized reflector (RLR) TAD followed by axillary lymph node dissection

Gallagher et al. J Am Coll Surg, April 2022

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JAC



What surgery should she have next?	1
No additional surgery	0%
Completion axillary lymph node dissection	0%
Start the presentation to see live content. For screen share software, share the entire screen. Get help at pollev.com/app	

What to do with N+ After NACT

• Currently: Axillary lymph node dissection

Axillary Reverse Mapping

 Hypothesis: Mapping the drainage of the arm with blue dye: *Axillary Reverse Mapping* (*ARM*) and sparing or reapproximating the lymphatics draining the upper extremity during SLNB or ALND would decrease the subsequent development of lymphedema as compared to SLNB or ALND without sparing the upper extremity lymphatics.

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The Teleh	ealth Team
Tim P	0e – Director
Veneranda Ubure – Technology Support Specialist	Andrew Dodgson, DPT – Continuing Education Specialist Patrick Muscarella – Jechnology Support Jechnician
Oliver Marth – Technology Support Technician	Lindsey Reich, MA – Public Communication Specialist
Barbara Walsh, DM	P, MPH, MSN, RN – Nurse Planner

