

## Resources

### UNC Palliative Care

Offers a variety of palliative care services.

[www.med.unc.edu/pcare](http://www.med.unc.edu/pcare)

984-215-5370

### Get Palliative Care

[www.getpalliativecare.org/](http://www.getpalliativecare.org/)

### UNC Lineberger

#### Comprehensive Cancer Support Program

Offers support for cancer patients and their families. Services include a resource and education center, the Cancer Pro Bono Legal Clinic, caregiver support programs, counseling & mental health, integrative medicine, and nutrition.

[www.unclineberger.org/patientcare/support](http://www.unclineberger.org/patientcare/support)

(984) 974-8100

## How to Contribute

### UNC Palliative Care

Charitable gifts help us continue to assist patients and families during times of need. Please contact our office at 984-215-5370 or online at

[www.med.unc.edu/pcare](http://www.med.unc.edu/pcare)

to make a one-time or reoccurring contribution.

We also welcome corporate matching contributions as well as planned or deferred gifts.

The mission of UNC Outpatient Oncology Palliative Care is to partner with cancer care teams to enhance care quality through symptom management, support, and communication so that UNC oncology patients live as fully and comfortably as possible from diagnosis through treatment.

### UNC Outpatient Oncology Palliative Care

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### UNC Outpatient Oncology Palliative Care

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Chapel Hill, NC 27599-7218

984-215-5370

# UNC Outpatient Oncology Palliative Care



Caring. Compassion. Communication.



## What is Palliative Care?

**Palliative Care** is medical care that helps improve quality of life for patients and their families. Our focus is managing symptoms that may occur during or after cancer treatment to make patients feel better.

Palliative care providers also help patients talk about values, goals, and medical decisions with their family and cancer care team.

Palliative Care may be requested the first time a patient learns that he/she has cancer. Our services are best integrated with all types of cancer treatment. We also provide care after the completion of cancer-directed treatments, with transition to survivorship services.

## Will my Insurance Cover Palliative Care?

Most insurance plans, including Medicare and Medicaid, cover palliative care.

## What Services are Offered?

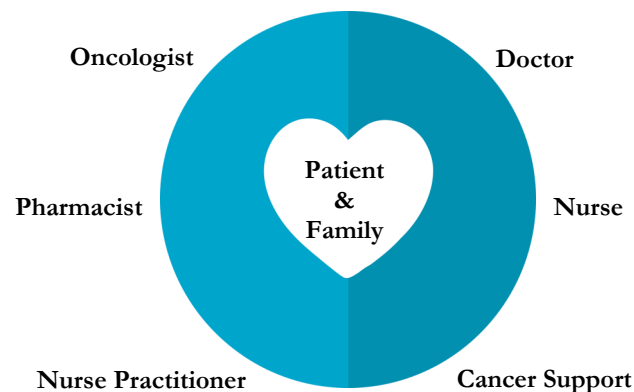
The Palliative CARE team will help you:

**C:** Communicate your values, goals, and treatment preferences with your family and cancer care team members. This will guide you with advance care planning and cancer care decision making.

**A:** Address and manage symptoms from cancer and treatment side effects such as pain, fatigue, nausea, weight loss, or trouble sleeping.

**R:** Recognize, address, and cope with psychosocial distress that may include anxiety, depression, fears and spiritual concerns.

**E:** Emphasize YOU and your family as the central part of your healthcare.



## Who is the Palliative Care Team?

The UNC Outpatient Oncology Palliative Care team has doctors, a nurse practitioner, pharmacist, nurse, and support staff. Our team partners with your cancer care team to treat and manage your symptoms.

The Palliative Care team works closely with dietitians, chaplains, and social workers to create a care plan in partnership with your oncologist. We use this plan to treat your symptoms, improve communication, and make your quality of life better.

The UNC Outpatient Oncology Palliative Care team is available to all adult patients across our outpatient oncology clinics. This includes medical and hematologic oncology, surgery, radiation oncology, and gynecology. Ask your cancer care team for a referral.