

FREE Lunch

Nutrition and cancer prevention go hand in hand. Learn how growing and cooking your own food is fun, easy, and

WHAT: Join oncology Registered Dietitians Meredith Moyers and Jennifer Spring for a cancer-fighting cooking demonstration filled with home gardening tips, followed by free lunch. As a bonus, all participants will take home their very own potted herb plant and a copy of “Grow, Cook, Eat: A Food Lover’s Guide to Vegetable Gardening”.

WHO: All cancer patients, caregivers, and Family House guests are invited. Space is limited and you must **reserve your seat at the table by JUNE 21st.**

Call 984-974-8232 to RSVP.

WHERE: This event will take place outside, at Zeny’s Garden (by the gazebo), at the SECU Family House (123 Old Mason Farm Rd, Chapel Hill). Parking is free.

WHEN: June 26th @ 12:00 pm

