

# CLINICAL TRIALS & YOU

## 6 THINGS TO KNOW



### 1) WHAT IS A CLINICAL TRIAL?

A clinical trial is type of research study that tests how well new medical approaches work in people. These studies test new methods of screening, prevention, diagnosis, or treatment of a disease.

### 2) YOU ARE YOUR BEST ADVOCATE

Speak up early and ask your doctor if taking part in a clinical trial is a good option for you.



### 3) DIVERSITY IS CRITICAL FOR CLINICAL TRIALS

People who take part in clinical trials should reflect the community affected by cancer. This ensures the results from the clinical trials could be useful for everyone with the same health condition someday.

### 4) CLINICAL TRIALS PUT YOUR SAFETY FIRST

New interventions or drugs are tested through a series (phases) of clinical trials. Each phase helps researchers make sure the intervention or drug is safe and effective. This helps researchers learn more about how to best treat patients.



### 5) THERE ARE MANY REASONS TO TAKE PART IN A TRIAL

You may consider taking part in a clinical trial if this is your first treatment or you are looking for new treatment options. You might choose to take part in a clinical trial at many stages of your treatment plan.

### 6) THERE ARE RESOURCES AVAILABLE TO HELP YOU

A Clinical Trial Patient Navigator can work with you to help make taking part in a clinical trial easier and more possible for you. They can connect you to resources and programs within our hospital and community.







# CREATE


CANCER RESEARCH EQUITY & ADVOCACY THROUGH ENGAGEMENT


## WHO WE ARE & WHAT WE DO

 The C.R.E.A.T.E Initiative is part of UNC Lineberger Comprehensive Cancer Center. We partner with researchers and community members to increase awareness of clinical trials & address challenges to joining a clinical trial for people with cancer.



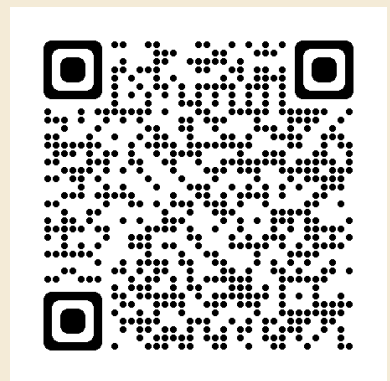
 We focus our efforts on patients who are not fairly represented in clinical trials.

 We answer your questions about taking part in clinical trials, and we can help you speak with your doctors about them.

 We want to learn from you and can provide support and resources for you. We are here to help make taking part in a clinical trial easier.

## LEARN ABOUT AND JOIN A CLINICAL TRIAL

Scan to learn more about clinical trials, or find one to take part in at UNC-Chapel Hill, UNC Health, and across North Carolina.



## HAVE ADDITIONAL QUESTIONS?

We are here to help! Contact us at: [✉ create@med.unc.edu](mailto:create@med.unc.edu)

Supported by:  

